

## NSW Masters Championships - 16/03/2013 to 17/03/2013

## Athletics NSW

## Sydney Olympic Park Athletic Centre

## Performance List

**Event 270 Women 60 Meter Dash 30-34**

Sunday 17/03/2013 - 10:16 AM

Name	Age	Team	Seed Time
1 178 Ros, Montse	W34	Athletics Wo	
2 725 Surmon, Laura	W31	Camden Athle	
3 672 Westcott, Belinda	W32	Nepean Distr	

**Event 33 Women 100 Meter Dash 30-34**

Saturday 16/03/2013 - 10:46 AM

Name	Age	Team	Seed Time
1 178 Ros, Montse	W34	Athletics Wo	
2 725 Surmon, Laura	W31	Camden Athle	
3 672 Westcott, Belinda	W32	Nepean Distr	

**Event 105 Women 200 Meter Dash 30-34**

Saturday 16/03/2013 - 3:20 PM

Name	Age	Team	Seed Time
1 4569 Diloi, Viola	W32	South Sydney	
2 2760 Fletcher, Kimberley	W34	Maitland Sen	
3 672 Westcott, Belinda	W32	Nepean Distr	

**Event 334 Women 400 Meter Dash 30-34**

Sunday 17/03/2013 - 3:15 PM

Name	Age	Team	Seed Time
1 2760 Fletcher, Kimberley	W34	Maitland Sen	
2 672 Westcott, Belinda	W32	Nepean Distr	

**Event 81 Women 800 Meter Run 30-34**

Saturday 16/03/2013 - 1:51 PM

Name	Age	Team	Seed Time
1 2760 Fletcher, Kimberley	W34	Maitland Sen	

**Event 292 Women 1500 Meter Run 30-34**

Sunday 17/03/2013 - 11:27 AM

Name	Age	Team	Seed Time
1 4562 Macniven, Rona	W31	Athletics Ea	

**Event 393 Women High Jump 30-34**

Sunday 17/03/2013 - 11:00 AM

Name	Age	Team	Seed Mark
1 2760 Fletcher, Kimberley	W34	Maitland Sen	
2 178 Ros, Montse	W34	Athletics Wo	

**Event 171 Women Pole Vault 30-34**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 178 Ros, Montse	W34	Athletics Wo	

**Event 208 Women Long Jump 30-34**

Saturday 16/03/2013 - 2:00 PM

Name	Age	Team	Seed Mark
1 2760 Fletcher, Kimberley	W34	Maitland Sen	
2 178 Ros, Montse	W34	Athletics Wo	
3 672 Westcott, Belinda	W32	Nepean Distr	

**Event 368 Women Triple Jump 30-34**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 2760 Fletcher, Kimberley	W34	Maitland Sen	

2	178 Ros, Montse	W34	Athletics Wo
3	672 Westcott, Belinda	W32	Nepean Distr

**Event 212 Women Shot Put 4kg 30-34**

Saturday 16/03/2013 - 2:15 PM

Name	Age	Team	Seed Mark
1 672 Westcott, Belinda	W32	Nepean Distr	

**Event 149 Women Discus Throw 1kg 30-34**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 672 Westcott, Belinda	W32	Nepean Distr	

**Event 426 Women Hammer Throw 4kg 30-34**

Sunday 17/03/2013 - 3:00 PM

Name	Age	Team	Seed Mark
1 672 Westcott, Belinda	W32	Nepean Distr	

**Event 415 Women Weight Throw 9.080kg 30-34**

Sunday 17/03/2013 - 2:00 PM

Name	Age	Team	Seed Mark
1 672 Westcott, Belinda	W32	Nepean Distr	

**Event 269 Women 60 Meter Dash 35-39**

Sunday 17/03/2013 - 10:16 AM

Name	Age	Team	Seed Time
1 1704 Beddie, Vanessa	W36	Nepean Distr	
2 1808 Brady, Kay	W39	Campbelltown	
3 735 Cull, Michelle	W39	Camden Athle	
4 2075 Grozdanis, Tracey	W35	Macquarie Hu	
5 1976 Tucker, Allison	W38	Mingara Athl	

**Event 32 Women 100 Meter Dash 35-39**

Saturday 16/03/2013 - 10:46 AM

Name	Age	Team	Seed Time
1 1808 Brady, Kay	W39	Campbelltown	
2 735 Cull, Michelle	W39	Camden Athle	
3 2075 Grozdanis, Tracey	W35	Macquarie Hu	
4 1976 Tucker, Allison	W38	Mingara Athl	
5 4275 Wynn, Selina	W37	Coffs Harbou	

**Event 104 Women 200 Meter Dash 35-39**

Saturday 16/03/2013 - 3:20 PM

Name	Age	Team	Seed Time
1 1808 Brady, Kay	W39	Campbelltown	
2 735 Cull, Michelle	W39	Camden Athle	
3 2075 Grozdanis, Tracey	W35	Macquarie Hu	
4 1976 Tucker, Allison	W38	Mingara Athl	
5 4275 Wynn, Selina	W37	Coffs Harbou	

**Event 333 Women 400 Meter Dash 35-39**

Sunday 17/03/2013 - 3:15 PM

Name	Age	Team	Seed Time
1 1976 Tucker, Allison	W38	Mingara Athl	

**Event 80 Women 800 Meter Run 35-39**

Saturday 16/03/2013 - 1:51 PM

Name	Age	Team	Seed Time
1 567 Stanley, Larissa	W38	Sydney Unive	

## NSW Masters Championships - 16/03/2013 to 17/03/2013

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## Performance List

**Event 291 Women 1500 Meter Run 35-39**

Sunday 17/03/2013 - 11:27 AM

Name	Age	Team	Seed Time
1 164 Heywood, Natalie	W38	Athletics Wo	
2 567 Stanley, Larissa	W38	Sydney Unive	

**Event 10 Women 5000 Meter Run 35-39**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Time
1 Tancred, Naomi	W39	Athletics Ea	

**Event 392 Women High Jump 35-39**

Sunday 17/03/2013 - 11:00 AM

Name	Age	Team	Seed Mark
1 164 Heywood, Natalie	W38	Athletics Wo	

**Event 207 Women Long Jump 35-39**

Saturday 16/03/2013 - 2:00 PM

Name	Age	Team	Seed Mark
1 1808 Brady, Kay	W39	Campbelltown	
2 2075 Grozdanis, Tracey	W35	Macquarie Hu	
3 164 Heywood, Natalie	W38	Athletics Wo	
4 1976 Tucker, Allison	W38	Mingara Athl	
5 4352 Watson, Kellie	W39	Woolgoolga A	
6 4275 Wynn, Selina	W37	Coffs Harbou	

**Event 367 Women Triple Jump 35-39**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 164 Heywood, Natalie	W38	Athletics Wo	
2 1976 Tucker, Allison	W38	Mingara Athl	
3 4352 Watson, Kellie	W39	Woolgoolga A	

**Event 211 Women Shot Put 4kg 35-39**

Saturday 16/03/2013 - 2:15 PM

Name	Age	Team	Seed Mark
1 1704 Beddie, Vanessa	W36	Nepean Distr	
2 164 Heywood, Natalie	W38	Athletics Wo	
3 Sudarikova, Tatiana	W39	Nsw Masters	
4 1976 Tucker, Allison	W38	Mingara Athl	
5 4352 Watson, Kellie	W39	Woolgoolga A	
6 4275 Wynn, Selina	W37	Coffs Harbou	

**Event 148 Women Discus Throw 1kg 35-39**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 1704 Beddie, Vanessa	W36	Nepean Distr	
2 164 Heywood, Natalie	W38	Athletics Wo	
3 Sudarikova, Tatiana	W39	Nsw Masters	
4 1976 Tucker, Allison	W38	Mingara Athl	
5 4352 Watson, Kellie	W39	Woolgoolga A	
6 4275 Wynn, Selina	W37	Coffs Harbou	

**Event 425 Women Hammer Throw 4kg 35-39**

Sunday 17/03/2013 - 3:00 PM

Name	Age	Team	Seed Mark
1 1704 Beddie, Vanessa	W36	Nepean Distr	
2 164 Heywood, Natalie	W38	Athletics Wo	

3 1674 Knowles, Renae	W38	Nsw Masters
4 Sudarikova, Tatiana	W39	Nsw Masters
5 4352 Watson, Kellie	W39	Woolgoolga A

**Event 355 Women Javelin Throw 600g 35-39**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 1704 Beddie, Vanessa	W36	Nepean Distr	
2 164 Heywood, Natalie	W38	Athletics Wo	
3 1674 Knowles, Renae	W38	Nsw Masters	
4 Sudarikova, Tatiana	W39	Nsw Masters	
5 4352 Watson, Kellie	W39	Woolgoolga A	

**Event 414 Women Weight Throw 9.080kg 35-39**

Sunday 17/03/2013 - 2:00 PM

Name	Age	Team	Seed Mark
1 1704 Beddie, Vanessa	W36	Nepean Distr	
2 164 Heywood, Natalie	W38	Athletics Wo	
3 Sudarikova, Tatiana	W39	Nsw Masters	
4 4352 Watson, Kellie	W39	Woolgoolga A	

**Event 268 Women 60 Meter Dash 40-44**

Sunday 17/03/2013 - 10:12 AM

Name	Age	Team	Seed Time
1 120 Connell, Cathy	W42	Athletics Wo	
2 1484 Hobson, Ranell	W40	Blue Mountai	
3 3134 Ingram, Richelle	W43	Mingara Athl	
4 2695 Lambert, Lenore	W43	Sydney Pacif	

**Event 31 Women 100 Meter Dash 40-44**

Saturday 16/03/2013 - 10:42 AM

Name	Age	Team	Seed Time
1 120 Connell, Cathy	W42	Athletics Wo	
2 1484 Hobson, Ranell	W40	Blue Mountai	
3 3134 Ingram, Richelle	W43	Mingara Athl	
4 2695 Lambert, Lenore	W43	Sydney Pacif	

**Event 103 Women 200 Meter Dash 40-44**

Saturday 16/03/2013 - 3:15 PM

Name	Age	Team	Seed Time
1 120 Connell, Cathy	W42	Athletics Wo	
2 2640 Delaney, Janelle	W43	Sydney Pacif	
3 1484 Hobson, Ranell	W40	Blue Mountai	
4 3134 Ingram, Richelle	W43	Mingara Athl	
5 3077 Kelly, Nicky	W40	Mingara Athl	
6 2695 Lambert, Lenore	W43	Sydney Pacif	

**Event 331 Women 400 Meter Dash 40-44**

Sunday 17/03/2013 - 3:10 PM

Name	Age	Team	Seed Time
1 1469 Carter, Janie	W43	Blue Mountai	
2 1604 Crosson, Susan	W41	Blacktown Ci	
3 2640 Delaney, Janelle	W43	Sydney Pacif	
4 401 Ellis, Selina	W44	Hills Distri	
5 1484 Hobson, Ranell	W40	Blue Mountai	
6 3134 Ingram, Richelle	W43	Mingara Athl	
7 3077 Kelly, Nicky	W40	Mingara Athl	
8 2695 Lambert, Lenore	W43	Sydney Pacif	
9 1047 Liston, Belinda	W42	Illawong and	

## NSW Masters Championships - 16/03/2013 to 17/03/2013

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Sydney Olympic Park Athletic Centre

Performance List

**Event 79 Women 800 Meter Run 40-44**

Saturday 16/03/2013 - 1:51 PM

Name	Age	Team	Seed Time
1 1469 Carter, Janie	W43	Blue Mountai	
2 3077 Kelly, Nicky	W40	Mingara Athl	
3 1047 Liston, Belinda	W42	Illawong and	

**Event 290 Women 1500 Meter Run 40-44**

Sunday 17/03/2013 - 11:27 AM

Name	Age	Team	Seed Time
1 2414 Jones, Elizabeth	W43	Cherrybrook	
2 3077 Kelly, Nicky	W40	Mingara Athl	
3 1047 Liston, Belinda	W42	Illawong and	

**Event 9 Women 5000 Meter Run 40-44**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Time
1 4763 Hannah, Sally	W40	Athletics Ea	
2 418 Jerath, Naina	W43	Hills Distri	
3 2884 Sohun, Gillian	W42	Athletics Ea	
4 890 Suffolk, Cristine	W43	Nowra Athlet	

**Event 319 Women 80 Short Hurdles 76.2cm 40-44**

Sunday 17/03/2013 - 1:15 PM

Name	Age	Team	Seed Time
1 1484 Hobson, Ranell	W40	Blue Mountai	
2 3134 Ingram, Richelle	W43	Mingara Athl	
3 2414 Jones, Elizabeth	W43	Cherrybrook	

**Event 52 Women 400 Long Hurdles 76.2cm 40-44**

Saturday 16/03/2013 - 12:15 PM

Name	Age	Team	Seed Time
1 2414 Jones, Elizabeth	W43	Cherrybrook	

**Event 391 Women High Jump 40-44**

Sunday 17/03/2013 - 11:00 AM

Name	Age	Team	Seed Mark
1 120 Connell, Cathy	W42	Athletics Wo	
2 1484 Hobson, Ranell	W40	Blue Mountai	
3 2414 Jones, Elizabeth	W43	Cherrybrook	
4 4581 Smith, Lynette	W42	Girraween At	

**Event 169 Women Pole Vault 40-44**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 401 Ellis, Selina	W44	Hills Distri	

**Event 206 Women Long Jump 40-44**

Saturday 16/03/2013 - 2:00 PM

Name	Age	Team	Seed Mark
1 1469 Carter, Janie	W43	Blue Mountai	
2 120 Connell, Cathy	W42	Athletics Wo	
3 401 Ellis, Selina	W44	Hills Distri	
4 1484 Hobson, Ranell	W40	Blue Mountai	
5 3134 Ingram, Richelle	W43	Mingara Athl	
6 2414 Jones, Elizabeth	W43	Cherrybrook	

**Event 366 Women Triple Jump 40-44**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 120 Connell, Cathy	W42	Athletics Wo	
2 401 Ellis, Selina	W44	Hills Distri	
3 2414 Jones, Elizabeth	W43	Cherrybrook	

**Event 210 Women Shot Put 4kg 40-44**

Saturday 16/03/2013 - 2:15 PM

Name	Age	Team	Seed Mark
1 1469 Carter, Janie	W43	Blue Mountai	
2 2640 Delaney, Janelle	W43	Sydney Pacif	
3 401 Ellis, Selina	W44	Hills Distri	
4 4581 Smith, Lynette	W42	Girraween At	

**Event 147 Women Discus Throw 1kg 40-44**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 1469 Carter, Janie	W43	Blue Mountai	
2 120 Connell, Cathy	W42	Athletics Wo	
3 401 Ellis, Selina	W44	Hills Distri	
4 4581 Smith, Lynette	W42	Girraween At	

**Event 424 Women Hammer Throw 4kg 40-44**

Sunday 17/03/2013 - 3:00 PM

Name	Age	Team	Seed Mark
1 401 Ellis, Selina	W44	Hills Distri	

**Event 354 Women Javelin Throw 600g 40-44**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 1469 Carter, Janie	W43	Blue Mountai	
2 401 Ellis, Selina	W44	Hills Distri	
3 3134 Ingram, Richelle	W43	Mingara Athl	
4 4581 Smith, Lynette	W42	Girraween At	

**Event 413 Women Weight Throw 9.080kg 40-44**

Sunday 17/03/2013 - 2:00 PM

Name	Age	Team	Seed Mark
1 401 Ellis, Selina	W44	Hills Distri	

**Event 246 Women 5000 Meter Race Walk 40-44**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Time
1 1727 Brown, Kylie	W41	Nepean Distr	

**Event 267 Women 60 Meter Dash 45-49**

Sunday 17/03/2013 - 10:08 AM

Name	Age	Team	Seed Time
1 1973 Angell, Karen	W45	Mingara Athl	
2 2932 Bezuidenhout, Jaqualine	W46	U.T.S. North	
3 1669 Collett, Donna	W45	Nsw Masters	
4 346 Mogentale, Gianna	W49	Illawarra Bl	
5 2964 Naylor, Janet	W46	U.T.S. North	
6 1661 Strong, Kylie	W45	Nsw Masters	
7 1683 Townsend, Vicki	W48	Nsw Masters	
8 1023 Whatley, Susan	W49	Illawong and	

## NSW Masters Championships - 16/03/2013 to 17/03/2013

Athletics NSW

Sydney Olympic Park Athletic Centre

Performance List

**Event 30 Women 100 Meter Dash 45-49****Saturday 16/03/2013 - 10:38 AM**

Name	Age	Team	Seed Time
1 2932 Bezuidenhout, Jaqualine	W46	U.T.S. North	
2 1101 Blair, Nicole	W45	U.T.S. North	
3 1669 Collett, Donna	W45	Nsw Masters	
4 346 Mogentale, Gianna	W49	Illawarra Bl	
5 2964 Naylor, Janet	W46	U.T.S. North	
6 1661 Strong, Kylie	W45	Nsw Masters	
7 1683 Townsend, Vicki	W48	Nsw Masters	
8 2697 Wight, Philippa	W49	Sydney Pacif	

**Event 102 Women 200 Meter Dash 45-49****Saturday 16/03/2013 - 3:10 PM**

Name	Age	Team	Seed Time
1 2932 Bezuidenhout, Jaqualine	W46	U.T.S. North	
2 2265 Harrison, Lisa	W46	Hills Distri	
3 346 Mogentale, Gianna	W49	Illawarra Bl	
4 1661 Strong, Kylie	W45	Nsw Masters	
5 1683 Townsend, Vicki	W48	Nsw Masters	
6 2697 Wight, Philippa	W49	Sydney Pacif	

**Event 332 Women 400 Meter Dash 45-49****Sunday 17/03/2013 - 3:15 PM**

Name	Age	Team	Seed Time
1 1973 Angell, Karen	W45	Mingara Athl	
2 2637 Coombe, Amanda	W45	Sydney Pacif	
3 2265 Harrison, Lisa	W46	Hills Distri	
4 346 Mogentale, Gianna	W49	Illawarra Bl	
5 2855 Smith, Robyn	W46	Girraween At	
6 1683 Townsend, Vicki	W48	Nsw Masters	

**Event 78 Women 800 Meter Run 45-49****Saturday 16/03/2013 - 1:51 PM**

Name	Age	Team	Seed Time
1 3238 Boyd, Jane	W49	Athletics Ea	
2 2637 Coombe, Amanda	W45	Sydney Pacif	
3 2265 Harrison, Lisa	W46	Hills Distri	
4 3088 Hunt, Sally	W49	Mingara Athl	
5 2855 Smith, Robyn	W46	Girraween At	
6 1683 Townsend, Vicki	W48	Nsw Masters	

**Event 289 Women 1500 Meter Run 45-49****Sunday 17/03/2013 - 11:27 AM**

Name	Age	Team	Seed Time
1 3238 Boyd, Jane	W49	Athletics Ea	
2 2637 Coombe, Amanda	W45	Sydney Pacif	
3 3088 Hunt, Sally	W49	Mingara Athl	
4 2855 Smith, Robyn	W46	Girraween At	
5 3578 Weatherill, Linda	W49	Nowra Athlet	

**Event 8 Women 5000 Meter Run 45-49****Saturday 16/03/2013 - 9:00 AM**

Name	Age	Team	Seed Time
1 3088 Hunt, Sally	W49	Mingara Athl	

**Event 318 Women 80 Short Hurdles 76.2cm 45-49****Sunday 17/03/2013 - 1:15 PM**

Name	Age	Team	Seed Time
1 1683 Townsend, Vicki	W48	Nsw Masters	

**Event 135 Women 2000 Meter Steeplechase 76.2cm 45-49****Saturday 16/03/2013 - 4:30 PM**

Name	Age	Team	Seed Time
1 2855 Smith, Robyn	W46	Girraween At	

**Event 390 Women High Jump 45-49****Sunday 17/03/2013 - 11:00 AM**

Name	Age	Team	Seed Mark
1 2932 Bezuidenhout, Jaqualine	W46	U.T.S. North	
2 2855 Smith, Robyn	W46	Girraween At	
3 1683 Townsend, Vicki	W48	Nsw Masters	

**Event 231 Women Long Jump 45-49****Saturday 16/03/2013 - 4:00 PM**

Name	Age	Team	Seed Mark
1 2932 Bezuidenhout, Jaqualine	W46	U.T.S. North	
2 1101 Blair, Nicole	W45	U.T.S. North	
3 2964 Naylor, Janet	W46	U.T.S. North	
4 1661 Strong, Kylie	W45	Nsw Masters	

**Event 365 Women Triple Jump 45-49****Sunday 17/03/2013 - 9:00 AM**

Name	Age	Team	Seed Mark
1 2855 Smith, Robyn	W46	Girraween At	
2 1661 Strong, Kylie	W45	Nsw Masters	
3 1023 Whatley, Susan	W49	Illawong and	

**Event 209 Women Shot Put 4kg 45-49****Saturday 16/03/2013 - 2:15 PM**

Name	Age	Team	Seed Mark
1 1101 Blair, Nicole	W45	U.T.S. North	
2 1218 Layt, Caroline	W47	U.T.S. North	
3 2855 Smith, Robyn	W46	Girraween At	
4 1683 Townsend, Vicki	W48	Nsw Masters	
5 708 Watts, Gabriele	W47	Nepean Distr	
6 1152 Whitehead, Glenys	W48	U.T.S. North	

**Event 146 Women Discus Throw 1kg 45-49****Saturday 16/03/2013 - 9:00 AM**

Name	Age	Team	Seed Mark
1 1218 Layt, Caroline	W47	U.T.S. North	
2 2855 Smith, Robyn	W46	Girraween At	
3 1683 Townsend, Vicki	W48	Nsw Masters	
4 708 Watts, Gabriele	W47	Nepean Distr	
5 1152 Whitehead, Glenys	W48	U.T.S. North	

**Event 423 Women Hammer Throw 4kg 45-49****Sunday 17/03/2013 - 3:00 PM**

Name	Age	Team	Seed Mark
1 1683 Townsend, Vicki	W48	Nsw Masters	
2 708 Watts, Gabriele	W47	Nepean Distr	
3 1152 Whitehead, Glenys	W48	U.T.S. North	

## NSW Masters Championships - 16/03/2013 to 17/03/2013

## Athletics NSW

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## Performance List

**Event 353 Women Javelin Throw 600g 45-49**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 2932 Bezuidenhout, Jaqualine	W46	U.T.S. North	
2 1101 Blair, Nicole	W45	U.T.S. North	
3 1683 Townsend, Vicki	W48	Nsw Masters	
4 1023 Whatley, Susan	W49	Illawong and	
5 1152 Whitehead, Glenys	W48	U.T.S. North	

**Event 412 Women Weight Throw 9.080kg 45-49**

Sunday 17/03/2013 - 2:00 PM

Name	Age	Team	Seed Mark
1 708 Watts, Gabriele	W47	Nepean Distr	
2 1152 Whitehead, Glenys	W48	U.T.S. North	

**Event 245 Women 5000 Meter Race Walk 45-49**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Time
1 1089 Brown, Suzanne	W47	U.T.S. North	

**Event 266 Women 60 Meter Dash 50-54**

Sunday 17/03/2013 - 10:04 AM

Name	Age	Team	Seed Time
1 930 Douglass, Lynda	W51	Nowra Athlet	
2 1962 Forster, Julie	W51	Randwick Bot	
3 2948 Schell, Jenny	W50	U.T.S. North	
4 134 Shaw, Christine	W53	Athletics Wo	
5 2325 Stagles, Sally	W52	Cherrybrook	
6 2452 Suttor, Robyn	W54	Mt Pritchard	

**Event 29 Women 100 Meter Dash 50-54**

Saturday 16/03/2013 - 10:34 AM

Name	Age	Team	Seed Time
1 930 Douglass, Lynda	W51	Nowra Athlet	
2 1962 Forster, Julie	W51	Randwick Bot	
3 2948 Schell, Jenny	W50	U.T.S. North	
4 134 Shaw, Christine	W53	Athletics Wo	
5 2325 Stagles, Sally	W52	Cherrybrook	
6 2452 Suttor, Robyn	W54	Mt Pritchard	

**Event 101 Women 200 Meter Dash 50-54**

Saturday 16/03/2013 - 3:05 PM

Name	Age	Team	Seed Time
1 930 Douglass, Lynda	W51	Nowra Athlet	
2 1962 Forster, Julie	W51	Randwick Bot	
3 2554 Gore, Suzanne	W50	Ryde Athleti	
4 2948 Schell, Jenny	W50	U.T.S. North	
5 134 Shaw, Christine	W53	Athletics Wo	
6 2325 Stagles, Sally	W52	Cherrybrook	
7 2452 Suttor, Robyn	W54	Mt Pritchard	
8 2618 Walker, Margaret	W53	Epping Distr	

**Event 330 Women 400 Meter Dash 50-54**

Sunday 17/03/2013 - 3:05 PM

Name	Age	Team	Seed Time
1 930 Douglass, Lynda	W51	Nowra Athlet	
2 1216 Drennan, Deborah	W54	U.T.S. North	
3 1962 Forster, Julie	W51	Randwick Bot	

4 2554 Gore, Suzanne	W50	Ryde Athleti	
5 3065 Peksis, Julie	W53	Mingara Athl	
6 2948 Schell, Jenny	W50	U.T.S. North	
7 2452 Suttor, Robyn	W54	Mt Pritchard	
8 2618 Walker, Margaret	W53	Epping Distr	
9 1164 Whelan, Gabrielle	W52	U.T.S. North	

**Event 77 Women 800 Meter Run 50-54**

Saturday 16/03/2013 - 1:45 PM

Name	Age	Team	Seed Time
1 1216 Drennan, Deborah	W54	U.T.S. North	
2 2554 Gore, Suzanne	W50	Ryde Athleti	
3 3065 Peksis, Julie	W53	Mingara Athl	
4 1665 Penn, Cris	W54	Nsw Masters	
5 309 Steele, Julie	W52	Illawarra Bl	

**Event 288 Women 1500 Meter Run 50-54**

Sunday 17/03/2013 - 11:20 AM

Name	Age	Team	Seed Time
1 2298 Carpini, Angela	W50	Hills Distri	
2 1216 Drennan, Deborah	W54	U.T.S. North	
3 3065 Peksis, Julie	W53	Mingara Athl	
4 309 Steele, Julie	W52	Illawarra Bl	

**Event 7 Women 5000 Meter Run 50-54**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Time
1 1303 Basman, Robyn	W54	St. George D	
2 1969 Beardslee, Margaret	W54	Mingara Athl	
3 2298 Carpini, Angela	W50	Hills Distri	
4 393 Petley, Karen	W53	Hills Distri	

**Event 323 Women 80 Short Hurdles 76.2cm 50-54**

Sunday 17/03/2013 - 1:30 PM

Name	Age	Team	Seed Time
1 2325 Stagles, Sally	W52	Cherrybrook	
2 2618 Walker, Margaret	W53	Epping Distr	

**Event 57 Women 300 Long Hurdles 76.2cm 50-54**

Saturday 16/03/2013 - 12:20 PM

Name	Age	Team	Seed Time
1 2325 Stagles, Sally	W52	Cherrybrook	
2 2618 Walker, Margaret	W53	Epping Distr	

**Event 134 Women 2000 Meter Steeplechase 76.2cm 50-54**

Saturday 16/03/2013 - 4:30 PM

Name	Age	Team	Seed Time
1 309 Steele, Julie	W52	Illawarra Bl	
2 2149 Yarnell, Caroline	W52	Sydney Strid	

**Event 389 Women High Jump 50-54**

Sunday 17/03/2013 - 11:00 AM

Name	Age	Team	Seed Mark
1 134 Shaw, Christine	W53	Athletics Wo	
2 2325 Stagles, Sally	W52	Cherrybrook	
3 2618 Walker, Margaret	W53	Epping Distr	

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**Event 230 Women Long Jump 50-54****Saturday 16/03/2013 - 4:00 PM**

Name	Age	Team	Seed Mark
1 134 Shaw, Christine	W53	Athletics Wo	
2 2325 Stagles, Sally	W52	Cherrybrook	

**Event 364 Women Triple Jump 50-54****Sunday 17/03/2013 - 9:00 AM**

Name	Age	Team	Seed Mark
1 134 Shaw, Christine	W53	Athletics Wo	

**Event 178 Women Shot Put 3kg 50-54****Saturday 16/03/2013 - 10:15 AM**

Name	Age	Team	Seed Mark
1 1620 Hord, Wendy	W52	Blacktown Ci	
2 134 Shaw, Christine	W53	Athletics Wo	
3 2325 Stagles, Sally	W52	Cherrybrook	
4 656 Tillman, Annette	W52	Nepean Distr	
5 2618 Walker, Margaret	W53	Epping Distr	

**Event 223 Women Discus Throw 1kg 50-54****Saturday 16/03/2013 - 4:00 PM**

Name	Age	Team	Seed Mark
1 134 Shaw, Christine	W53	Athletics Wo	
2 656 Tillman, Annette	W52	Nepean Distr	

**Event 375 Women Hammer Throw 3kg 50-54****Sunday 17/03/2013 - 10:15 AM**

Name	Age	Team	Seed Mark
1 1620 Hord, Wendy	W52	Blacktown Ci	
2 656 Tillman, Annette	W52	Nepean Distr	

**Event 437 Women Javelin Throw 500g 50-54****Sunday 17/03/2013 - 3:30 PM**

Name	Age	Team	Seed Mark
1 1620 Hord, Wendy	W52	Blacktown Ci	
2 134 Shaw, Christine	W53	Athletics Wo	
3 656 Tillman, Annette	W52	Nepean Distr	

**Event 349 Women Weight Throw 7.260kg 50-54****Sunday 17/03/2013 - 9:00 AM**

Name	Age	Team	Seed Mark
1 1620 Hord, Wendy	W52	Blacktown Ci	
2 656 Tillman, Annette	W52	Nepean Distr	

**Event 244 Women 5000 Meter Race Walk 50-54****Sunday 17/03/2013 - 9:00 AM**

Name	Age	Team	Seed Time
1 656 Tillman, Annette	W52	Nepean Distr	

**Event 265 Women 60 Meter Dash 55-59****Sunday 17/03/2013 - 10:00 AM**

Name	Age	Team	Seed Time
1 3231 Clark, Lynette	W59	Girraween At	
2 2824 Cubban, Ellena	W55	Epping Distr	
3 1989 Fowler, Margaret	W59	Mingara Athl	
4 3651 Lowe, June	W58	Illawarra Bl	
5 3113 Williams, Margaret	W56	Mingara Athl	

**Event 28 Women 100 Meter Dash 55-59****Saturday 16/03/2013 - 10:30 AM**

Name	Age	Team	Seed Time
1 3231 Clark, Lynette	W59	Girraween At	
2 2824 Cubban, Ellena	W55	Epping Distr	
3 1989 Fowler, Margaret	W59	Mingara Athl	
4 3651 Lowe, June	W58	Illawarra Bl	
5 2694 McDowell, Linda	W55	Sydney Pacif	
6 3113 Williams, Margaret	W56	Mingara Athl	

**Event 100 Women 200 Meter Dash 55-59****Saturday 16/03/2013 - 3:00 PM**

Name	Age	Team	Seed Time
1 3231 Clark, Lynette	W59	Girraween At	
2 2824 Cubban, Ellena	W55	Epping Distr	
3 2694 McDowell, Linda	W55	Sydney Pacif	
4 3113 Williams, Margaret	W56	Mingara Athl	

**Event 329 Women 400 Meter Dash 55-59****Sunday 17/03/2013 - 3:00 PM**

Name	Age	Team	Seed Time
1 2914 Thomas, Margaret	W56	U.T.S. North	

**Event 76 Women 800 Meter Run 55-59****Saturday 16/03/2013 - 1:45 PM**

Name	Age	Team	Seed Time
1 1686 Bunker, Erika	W56	Nsw Masters	
2 2914 Thomas, Margaret	W56	U.T.S. North	

**Event 287 Women 1500 Meter Run 55-59****Sunday 17/03/2013 - 11:20 AM**

Name	Age	Team	Seed Time
1 1686 Bunker, Erika	W56	Nsw Masters	

**Event 322 Women 80 Short Hurdles 76.2cm 55-59****Sunday 17/03/2013 - 1:30 PM**

Name	Age	Team	Seed Time
1 3651 Lowe, June	W58	Illawarra Bl	

**Event 388 Women High Jump 55-59****Sunday 17/03/2013 - 11:00 AM**

Name	Age	Team	Seed Mark
1 3651 Lowe, June	W58	Illawarra Bl	
2 1855 Macey, Kerrie	W58	Campbelltown	

**Event 229 Women Long Jump 55-59****Saturday 16/03/2013 - 4:00 PM**

Name	Age	Team	Seed Mark
1 3231 Clark, Lynette	W59	Girraween At	
2 2824 Cubban, Ellena	W55	Epping Distr	
3 3651 Lowe, June	W58	Illawarra Bl	
4 1855 Macey, Kerrie	W58	Campbelltown	

**Event 177 Women Shot Put 3kg 55-59****Saturday 16/03/2013 - 10:15 AM**

Name	Age	Team	Seed Mark
1 2824 Cubban, Ellena	W55	Epping Distr	
2 1646 Jones, Kerrie	W59	Nsw Masters	

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**Event 177 ... (Women Shot Put 3kg 55-59)**

Name	Age	Team	Seed Mark
3 3651 Lowe, June	W58	Illawarra Bl	
4 2413 Taylor, Jill	W57	Cherrybrook	

**Event 222 Women Discus Throw 1kg 55-59**

Saturday 16/03/2013 - 4:00 PM			
Name	Age	Team	Seed Mark
1 2824 Cubban, Ellena	W55	Epping Distr	
2 1646 Jones, Kerrie	W59	Nsw Masters	
3 3651 Lowe, June	W58	Illawarra Bl	
4 2413 Taylor, Jill	W57	Cherrybrook	
5 2914 Thomas, Margaret	W56	U.T.S. North	

**Event 374 Women Hammer Throw 3kg 55-59**

Sunday 17/03/2013 - 10:15 AM			
Name	Age	Team	Seed Mark
1 2824 Cubban, Ellena	W55	Epping Distr	
2 1646 Jones, Kerrie	W59	Nsw Masters	
3 3651 Lowe, June	W58	Illawarra Bl	
4 2413 Taylor, Jill	W57	Cherrybrook	

**Event 436 Women Javelin Throw 500g 55-59**

Sunday 17/03/2013 - 3:30 PM			
Name	Age	Team	Seed Mark
1 2824 Cubban, Ellena	W55	Epping Distr	
2 1646 Jones, Kerrie	W59	Nsw Masters	
3 3651 Lowe, June	W58	Illawarra Bl	
4 1855 Macey, Kerrie	W58	Campbelltown	
5 2413 Taylor, Jill	W57	Cherrybrook	
6 2914 Thomas, Margaret	W56	U.T.S. North	

**Event 348 Women Weight Throw 7.260kg 55-59**

Sunday 17/03/2013 - 9:00 AM			
Name	Age	Team	Seed Mark
1 2824 Cubban, Ellena	W55	Epping Distr	
2 1646 Jones, Kerrie	W59	Nsw Masters	
3 3651 Lowe, June	W58	Illawarra Bl	
4 2413 Taylor, Jill	W57	Cherrybrook	

**Event 243 Women 5000 Meter Race Walk 55-59**

Sunday 17/03/2013 - 9:00 AM			
Name	Age	Team	Seed Time
1 1160 Lloyd, Nancy	W59	U.T.S. North	

**Event 264 Women 60 Meter Dash 60-64**

Sunday 17/03/2013 - 10:00 AM			
Name	Age	Team	Seed Time
1 1110 Senior, Jillian	W61	U.T.S. North	
2 2696 Smallwood, Louise	W63	Sydney Pacif	

**Event 27 Women 100 Meter Dash 60-64**

Saturday 16/03/2013 - 10:30 AM			
Name	Age	Team	Seed Time
1 1110 Senior, Jillian	W61	U.T.S. North	
2 2696 Smallwood, Louise	W63	Sydney Pacif	

**Event 99 Women 200 Meter Dash 60-64**

Saturday 16/03/2013 - 3:00 PM			
Name	Age	Team	Seed Time
1 2691 Moorhouse, Paula	W64	Sydney Pacif	
2 2696 Smallwood, Louise	W63	Sydney Pacif	

**Event 328 Women 400 Meter Dash 60-64**

Sunday 17/03/2013 - 3:00 PM			
Name	Age	Team	Seed Time
1 2691 Moorhouse, Paula	W64	Sydney Pacif	
2 2696 Smallwood, Louise	W63	Sydney Pacif	

**Event 75 Women 800 Meter Run 60-64**

Saturday 16/03/2013 - 1:45 PM			
Name	Age	Team	Seed Time
1 2691 Moorhouse, Paula	W64	Sydney Pacif	

**Event 286 Women 1500 Meter Run 60-64**

Sunday 17/03/2013 - 11:20 AM			
Name	Age	Team	Seed Time
1 2691 Moorhouse, Paula	W64	Sydney Pacif	

**Event 228 Women Long Jump 60-64**

Saturday 16/03/2013 - 4:00 PM			
Name	Age	Team	Seed Mark
1 1110 Senior, Jillian	W61	U.T.S. North	

**Event 362 Women Triple Jump 60-64**

Sunday 17/03/2013 - 9:00 AM			
Name	Age	Team	Seed Mark
1 1110 Senior, Jillian	W61	U.T.S. North	

**Event 176 Women Shot Put 3kg 60-64**

Saturday 16/03/2013 - 10:15 AM			
Name	Age	Team	Seed Mark
1 1671 Clarke, Kate	W60	Nsw Masters	
2 1077 Jones, Karen	W60	U.T.S. North	
3 1110 Senior, Jillian	W61	U.T.S. North	
4 160 van Bockel, Adriana	W61	Athletics Wo	

**Event 221 Women Discus Throw 1kg 60-64**

Saturday 16/03/2013 - 4:00 PM			
Name	Age	Team	Seed Mark
1 1671 Clarke, Kate	W60	Nsw Masters	
2 1077 Jones, Karen	W60	U.T.S. North	
3 160 van Bockel, Adriana	W61	Athletics Wo	

**Event 373 Women Hammer Throw 3kg 60-64**

Sunday 17/03/2013 - 10:15 AM			
Name	Age	Team	Seed Mark
1 1671 Clarke, Kate	W60	Nsw Masters	
2 1077 Jones, Karen	W60	U.T.S. North	
3 1110 Senior, Jillian	W61	U.T.S. North	
4 160 van Bockel, Adriana	W61	Athletics Wo	

**Event 435 Women Javelin Throw 400g 60-64**

Sunday 17/03/2013 - 3:30 PM			
Name	Age	Team	Seed Mark
1 1671 Clarke, Kate	W60	Nsw Masters	

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**Event 435 ... (Women Javelin Throw 400g 60-64)**

Name	Age	Team	Seed Mark
2 1077 Jones, Karen	W60	U.T.S. North	
3 160 van Bockel, Adriana	W61	Athletics Wo	

**Event 352 Women Weight Throw 5.450kg 60-64**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 1671 Clarke, Kate	W60	Nsw Masters	
2 1077 Jones, Karen	W60	U.T.S. North	
3 1110 Senior, Jillian	W61	U.T.S. North	
4 160 van Bockel, Adriana	W61	Athletics Wo	

**Event 98 Women 200 Meter Dash 65-69**

Saturday 16/03/2013 - 3:00 PM

Name	Age	Team	Seed Time
1 1112 Eller, Lesley	W69	U.T.S. North	

**Event 327 Women 400 Meter Dash 65-69**

Sunday 17/03/2013 - 3:00 PM

Name	Age	Team	Seed Time
1 1112 Eller, Lesley	W69	U.T.S. North	

**Event 74 Women 800 Meter Run 65-69**

Saturday 16/03/2013 - 1:45 PM

Name	Age	Team	Seed Time
1 1112 Eller, Lesley	W69	U.T.S. North	
2 1243 Siepmann, Dorothy	W69	Bankstown Sp	

**Event 4 Women 5000 Meter Run 65-69**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Time
1 1243 Siepmann, Dorothy	W69	Bankstown Sp	

**Event 175 Women Shot Put 3kg 65-69**

Saturday 16/03/2013 - 10:15 AM

Name	Age	Team	Seed Mark
1 3656 Thomas, Mary	W68	Illawarra Bl	

**Event 220 Women Discus Throw 1kg 65-69**

Saturday 16/03/2013 - 4:00 PM

Name	Age	Team	Seed Mark
1 3656 Thomas, Mary	W68	Illawarra Bl	

**Event 434 Women Javelin Throw 400g 65-69**

Sunday 17/03/2013 - 3:30 PM

Name	Age	Team	Seed Mark
1 3656 Thomas, Mary	W68	Illawarra Bl	

**Event 240 Women 5000 Meter Race Walk 70-74**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Time
1 1424 Purcell, Joan	W71	Asics Wests	

**Event 261 Women 60 Meter Dash 75-79**

Sunday 17/03/2013 - 10:00 AM

Name	Age	Team	Seed Time
1 3133 Cook, Kathleen	W75	Mingara Athl	

**Event 24 Women 100 Meter Dash 75-79**

Saturday 16/03/2013 - 10:30 AM

Name	Age	Team	Seed Time
1 3133 Cook, Kathleen	W75	Mingara Athl	

**Event 96 Women 200 Meter Dash 75-79**

Saturday 16/03/2013 - 3:00 PM

Name	Age	Team	Seed Time
1 3133 Cook, Kathleen	W75	Mingara Athl	

**Event 281 Men 60 Meter Dash 30-34**

Sunday 17/03/2013 - 11:08 AM

Name	Age	Team	Seed Time
1 3395 Dunne, Michael	M30	Mt Pritchard	
2 13 Eyears, Gregory	M31	Bankstown Sp	
3 1494 Laws, Michael	M30	Blue Mountai	
4 4041 Stone, Jay	M33	Armidale Ath	

**Event 44 Men 100 Meter Dash 30-34**

Saturday 16/03/2013 - 11:34 AM

Name	Age	Team	Seed Time
1 3662 Cupac, Zeljko	M32	Illawarra Bl	
2 3395 Dunne, Michael	M30	Mt Pritchard	
3 561 Kumar, Piyush	M32	Sydney Unive	
4 2343 Kunwar, Sameer	M30	Mt Pritchard	
5 4290 Laird, Mark	M25	Girraween At	
6 1494 Laws, Michael	M30	Blue Mountai	

**Event 116 Men 200 Meter Dash 30-34**

Saturday 16/03/2013 - 4:00 PM

Name	Age	Team	Seed Time
1 3395 Dunne, Michael	M30	Mt Pritchard	
2 2343 Kunwar, Sameer	M30	Mt Pritchard	
3 1494 Laws, Michael	M30	Blue Mountai	
4 4041 Stone, Jay	M33	Armidale Ath	

**Event 345 Men 400 Meter Dash 30-34**

Sunday 17/03/2013 - 3:55 PM

Name	Age	Team	Seed Time
1 4290 Laird, Mark	M25	Girraween At	
2 1494 Laws, Michael	M30	Blue Mountai	
3 4041 Stone, Jay	M33	Armidale Ath	
4 3344 Turner, Nick	M30	Campbelltown	

**Event 92 Men 800 Meter Run 30-34**

Saturday 16/03/2013 - 2:27 PM

Name	Age	Team	Seed Time
1 519 Polson, James	M30	Sydney Unive	

**Event 303 Men 1500 Meter Run 30-34**

Sunday 17/03/2013 - 11:54 AM

Name	Age	Team	Seed Time
1 5500 Dowling, Frazer	M33	U.T.S. North	

**Event 22 Men 5000 Meter Run 30-34**

Saturday 16/03/2013 - 9:55 AM

Name	Age	Team	Seed Time
1 5500 Dowling, Frazer	M33	U.T.S. North	



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**Event 310 Men 110 Short Hurdles 99.1cm 30-34**

Sunday 17/03/2013 - 12:30 PM

Name	Age	Team	Seed Time
1 13 Eyears, Gregory	M31	Bankstown Sp	

**Event 47 Men 400 Long Hurdles 91.4cm 30-34**

Saturday 16/03/2013 - 11:45 AM

Name	Age	Team	Seed Time
1 2642 Fuller, Nick	M31	Sydney Pacif	

**Event 430 Men High Jump 30-34**

Sunday 17/03/2013 - 3:15 PM

Name	Age	Team	Seed Mark
1 1494 Laws, Michael	M30	Blue Mountai	
2 2055 Taylor, Mark	M32	Macquarie Hu	

**Event 214 Men Long Jump 30-34**

Saturday 16/03/2013 - 2:45 PM

Name	Age	Team	Seed Mark
1 1668 Kirievsky, Anatoly	M34	Ryde Athleti	
2 1494 Laws, Michael	M30	Blue Mountai	

**Event 439 Men Triple Jump 30-34**

Sunday 17/03/2013 - 4:00 PM

Name	Age	Team	Seed Mark
1 1668 Kirievsky, Anatoly	M34	Ryde Athleti	
2 1494 Laws, Michael	M30	Blue Mountai	

**Event 382 Men Shot Put 7.26kg 30-34**

Sunday 17/03/2013 - 11:00 AM

Name	Age	Team	Seed Mark
1 1076 Jones, Warren	M33	U.T.S. North	
2 1668 Kirievsky, Anatoly	M34	Ryde Athleti	
3 1494 Laws, Michael	M30	Blue Mountai	

**Event 378 Men Discus Throw 2kg 30-34**

Sunday 17/03/2013 - 10:15 AM

Name	Age	Team	Seed Mark
1 13 Eyears, Gregory	M31	Bankstown Sp	
2 1076 Jones, Warren	M33	U.T.S. North	
3 1668 Kirievsky, Anatoly	M34	Ryde Athleti	
4 1494 Laws, Michael	M30	Blue Mountai	

**Event 205 Men Hammer Throw 7.26kg 30-34**

Saturday 16/03/2013 - 1:15 PM

Name	Age	Team	Seed Mark
1 1076 Jones, Warren	M33	U.T.S. North	
2 1668 Kirievsky, Anatoly	M34	Ryde Athleti	
3 1494 Laws, Michael	M30	Blue Mountai	

**Event 180 Men Javelin Throw 800g 30-34**

Saturday 16/03/2013 - 10:30 AM

Name	Age	Team	Seed Mark
1 1076 Jones, Warren	M33	U.T.S. North	
2 1668 Kirievsky, Anatoly	M34	Ryde Athleti	

**Event 191 Men Weight Throw 15.880kg 30-34**

Saturday 16/03/2013 - 11:45 AM

Name	Age	Team	Seed Mark
1 1076 Jones, Warren	M33	U.T.S. North	
2 1668 Kirievsky, Anatoly	M34	Ryde Athleti	
3 1494 Laws, Michael	M30	Blue Mountai	

**Event 280 Men 60 Meter Dash 35-39 Prelims**

Sunday 17/03/2013 - 11:00 AM

Name	Age	Team	Seed Time
1 1815 Bruce, Gregory	M35	Campbelltown	
2 4351 Dare, Michael	M35	Koorungal -W	
3 3244 Makakaufaki, Paul	M36	Mt Pritchard	
4 3396 Martin, Christopher	M38	Mt Pritchard	
5 McGrory, Peter	M36	Nsw Masters	
6 3193 McMahan, Ashley	M37	U.T.S. North	
7 2412 Murray, Caerl	M37	Cherrybrook	
8 1039 Muscat, Jamie	M36	Illawong and	
9 2653 Odede, Samuel	M39	Sydney Pacif	
10 1648 Sprange, Dan	M38	Nsw Masters	
11 1883 Turner, Dean	M36	Campbelltown	
12 4353 Watson, Rodney	M39	Woolgoolga A	

**Event 43 Men 100 Meter Dash 35-39 Prelims**

Saturday 16/03/2013 - 11:26 AM

Name	Age	Team	Seed Time
1 1815 Bruce, Gregory	M35	Campbelltown	
2 Cox, Spencer	M35	Interstate	
3 4351 Dare, Michael	M35	Koorungal -W	
4 3244 Makakaufaki, Paul	M36	Mt Pritchard	
5 3396 Martin, Christopher	M38	Mt Pritchard	
6 McGrory, Peter	M36	Nsw Masters	
7 3193 McMahan, Ashley	M37	U.T.S. North	
8 2412 Murray, Caerl	M37	Cherrybrook	
9 1039 Muscat, Jamie	M36	Illawong and	
10 2653 Odede, Samuel	M39	Sydney Pacif	
11 1648 Sprange, Dan	M38	Nsw Masters	
12 1883 Turner, Dean	M36	Campbelltown	
13 2628 White, Ed	M39	Sydney Pacif	

**Event 115 Men 200 Meter Dash 35-39**

Saturday 16/03/2013 - 4:00 PM

Name	Age	Team	Seed Time
1 4351 Dare, Michael	M35	Koorungal -W	
2 3193 McMahan, Ashley	M37	U.T.S. North	
3 2412 Murray, Caerl	M37	Cherrybrook	
4 2653 Odede, Samuel	M39	Sydney Pacif	
5 3099 Papalexion, Nicholas	M38	Mingara Athl	
6 1648 Sprange, Dan	M38	Nsw Masters	

**Event 344 Men 400 Meter Dash 35-39**

Sunday 17/03/2013 - 3:55 PM

Name	Age	Team	Seed Time
1 3193 McMahan, Ashley	M37	U.T.S. North	
2 3099 Papalexion, Nicholas	M38	Mingara Athl	
3 208 Veerhuis, Peter	M37	Athletics Wo	

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**Event 91 Men 800 Meter Run 35-39**

Saturday 16/03/2013 - 2:27 PM

Name	Age	Team	Seed Time
1 437 Archer, Stephen	M35	Hills Distri	
2 1373 Doggett, Michael	M39	Asics Wests	
3 599 Halls, Brett	M35	Sydney Unive	
4 505 Heil, Andrew	M36	Sydney Unive	
5 3718 Sarah, Cain	M38	Independent	

**Event 302 Men 1500 Meter Run 35-39**

Sunday 17/03/2013 - 11:54 AM

Name	Age	Team	Seed Time
1 437 Archer, Stephen	M35	Hills Distri	
2 1373 Doggett, Michael	M39	Asics Wests	
3 295 Gibbs, Malcolm	M36	Illawarra Bl	
4 599 Halls, Brett	M35	Sydney Unive	
5 690 Keane, Justin	M39	Nepean Distr	
6 2 Meyer, Damien	M36	Mingara Athl	
7 3718 Sarah, Cain	M38	Independent	
8 1447 White, Simon	M37	Asics Wests	
9 980 Zubko, Vladimir	M38	Illawong and	

**Event 21 Men 5000 Meter Run 35-39**

Saturday 16/03/2013 - 9:55 AM

Name	Age	Team	Seed Time
1 2 Meyer, Damien	M36	Mingara Athl	
2 3491 Palethorpe, James	M37	Epping Distr	
3 3718 Sarah, Cain	M38	Independent	

**Event 309 Men 110 Short Hurdles 99.1cm 35-39**

Sunday 17/03/2013 - 12:30 PM

Name	Age	Team	Seed Time
1 3193 McMahon, Ashley	M37	U.T.S. North	

**Event 121 Men 3000 Meter Steeplechase 91.4cm 35-39**

Saturday 16/03/2013 - 4:10 PM

Name	Age	Team	Seed Time
1 2 Meyer, Damien	M36	Mingara Athl	
2 1447 White, Simon	M37	Asics Wests	

**Event 429 Men High Jump 35-39**

Sunday 17/03/2013 - 3:15 PM

Name	Age	Team	Seed Mark
1 3193 McMahon, Ashley	M37	U.T.S. North	
2 1039 Muscat, Jamie	M36	Illawong and	
3 3718 Sarah, Cain	M38	Independent	

**Event 213 Men Long Jump 35-39**

Saturday 16/03/2013 - 2:45 PM

Name	Age	Team	Seed Mark
1 McGrory, Peter	M36	Nsw Masters	
2 3193 McMahon, Ashley	M37	U.T.S. North	
3 1039 Muscat, Jamie	M36	Illawong and	
4 3718 Sarah, Cain	M38	Independent	
5 1648 Sprange, Dan	M38	Nsw Masters	
6 1883 Turner, Dean	M36	Campbelltown	
7 4353 Watson, Rodney	M39	Woolgoolga A	

**Event 438 Men Triple Jump 35-39**

Sunday 17/03/2013 - 4:00 PM

Name	Age	Team	Seed Mark
1 2098 Kellett, David	M39	Macquarie Hu	
2 3193 McMahon, Ashley	M37	U.T.S. North	
3 1039 Muscat, Jamie	M36	Illawong and	
4 3718 Sarah, Cain	M38	Independent	
5 4353 Watson, Rodney	M39	Woolgoolga A	

**Event 381 Men Shot Put 7.26kg 35-39**

Sunday 17/03/2013 - 11:00 AM

Name	Age	Team	Seed Mark
1 3193 McMahon, Ashley	M37	U.T.S. North	
2 1039 Muscat, Jamie	M36	Illawong and	
3 4353 Watson, Rodney	M39	Woolgoolga A	

**Event 377 Men Discus Throw 2kg 35-39**

Sunday 17/03/2013 - 10:15 AM

Name	Age	Team	Seed Mark
1 3193 McMahon, Ashley	M37	U.T.S. North	
2 1039 Muscat, Jamie	M36	Illawong and	
3 4353 Watson, Rodney	M39	Woolgoolga A	

**Event 204 Men Hammer Throw 7.26kg 35-39**

Saturday 16/03/2013 - 1:15 PM

Name	Age	Team	Seed Mark
1 4628 Meiring, Ricard	M38	Independent	
2 2 Meyer, Damien	M36	Mingara Athl	
3 1039 Muscat, Jamie	M36	Illawong and	
4 4353 Watson, Rodney	M39	Woolgoolga A	

**Event 140 Men Javelin Throw 800g 35-39**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 1039 Muscat, Jamie	M36	Illawong and	
2 4353 Watson, Rodney	M39	Woolgoolga A	

**Event 190 Men Weight Throw 15.880kg 35-39**

Saturday 16/03/2013 - 11:45 AM

Name	Age	Team	Seed Mark
1 4628 Meiring, Ricard	M38	Independent	
2 1039 Muscat, Jamie	M36	Illawong and	
3 4353 Watson, Rodney	M39	Woolgoolga A	

**Event 279 Men 60 Meter Dash 40-44 Prelims**

Sunday 17/03/2013 - 10:52 AM

Name	Age	Team	Seed Time
1 1647 Cassin, Andrew	M41	Nsw Masters	
2 1627 Currie, Darren	M44	Blacktown Ci	
3 4342 Davie, EJ	M42	Sydney Strid	
4 Lincoln, Jason	M42	South Sydney	
5 Melton-Agbohlah, Keith	M43	Nsw Masters	
6 3067 Papalexion, George	M44	Mingara Athl	
7 1659 Skala, David	M43	Nsw Masters	
8 3245 Smith, Gregory	M41	Mt Pritchard	
9 714 Speed, Brian	M44	Camden Athle	
10 1681 Stinson, Paul	M41	Nsw Masters	
11 2692 Wardecki, Krzysztof	M44	Sydney Pacif	

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**Event 279 ... (Men 60 Meter Dash 40-44 Prelims)**

Name	Age	Team	Seed Time
12 3717 Watson, Andrew	M44	Balmain Athl	

**Event 42 Men 100 Meter Dash 40-44 Prelims****Saturday 16/03/2013 - 11:18 AM**

Name	Age	Team	Seed Time
1 1647 Cassin, Andrew	M41	Nsw Masters	
2 1627 Currie, Darren	M44	Blacktown Ci	
3 4342 Davie, EJ	M42	Sydney Strid	
4 680 Ferguson, Craig	M44	Nepean Distr	
5 680 Ferguson, Craig	M44	Nepean Distr	
6 Lincoln, Jason	M42	South Sydney	
7 Melton-Agbohlah, Keith	M43	Nsw Masters	
8 3067 Papalexion, George	M44	Mingara Athl	
9 1659 Skala, David	M43	Nsw Masters	
10 3245 Smith, Gregory	M41	Mt Pritchard	
11 1681 Stinson, Paul	M41	Nsw Masters	
12 2692 Wardecki, Krzysztof	M44	Sydney Pacif	
13 3717 Watson, Andrew	M44	Balmain Athl	

**Event 114 Men 200 Meter Dash 40-44****Saturday 16/03/2013 - 3:55 PM**

Name	Age	Team	Seed Time
1 1627 Currie, Darren	M44	Blacktown Ci	
2 4342 Davie, EJ	M42	Sydney Strid	
3 680 Ferguson, Craig	M44	Nepean Distr	
4 680 Ferguson, Craig	M44	Nepean Distr	
5 Melton-Agbohlah, Keith	M43	Nsw Masters	
6 3067 Papalexion, George	M44	Mingara Athl	
7 1659 Skala, David	M43	Nsw Masters	
8 3245 Smith, Gregory	M41	Mt Pritchard	
9 2692 Wardecki, Krzysztof	M44	Sydney Pacif	

**Event 343 Men 400 Meter Dash 40-44****Sunday 17/03/2013 - 3:50 PM**

Name	Age	Team	Seed Time
1 4342 Davie, EJ	M42	Sydney Strid	
2 2263 Everett, Michael	M41	Hills Distri	
3 3083 Kelaher, Paul	M44	Mingara Athl	
4 1569 Martinoski, Done	M42	Kembla Jogge	
5 Melton-Agbohlah, Keith	M43	Nsw Masters	
6 4430 Pickering, Michael	M42	Newcastle Ve	
7 2692 Wardecki, Krzysztof	M44	Sydney Pacif	

**Event 90 Men 800 Meter Run 40-44****Saturday 16/03/2013 - 2:21 PM**

Name	Age	Team	Seed Time
1 4342 Davie, EJ	M42	Sydney Strid	
2 2263 Everett, Michael	M41	Hills Distri	
3 3083 Kelaher, Paul	M44	Mingara Athl	
4 1569 Martinoski, Done	M42	Kembla Jogge	
5 Melton-Agbohlah, Keith	M43	Nsw Masters	
6 4430 Pickering, Michael	M42	Newcastle Ve	

**Event 301 Men 1500 Meter Run 40-44****Sunday 17/03/2013 - 11:54 AM**

Name	Age	Team	Seed Time
1 4342 Davie, EJ	M42	Sydney Strid	

2 731 Dunn, Robert	M44	Camden Athle	
3 1569 Martinoski, Done	M42	Kembla Jogge	
4 4430 Pickering, Michael	M42	Newcastle Ve	

**Event 20 Men 5000 Meter Run 40-44****Saturday 16/03/2013 - 9:55 AM**

Name	Age	Team	Seed Time
1 4342 Davie, EJ	M42	Sydney Strid	
2 3802 Kistle, David	M43	St. George D	
3 3736 McIntosh, Jason	M43	Sydney Strid	
4 3970 Pohl, Colin	M41	Randwick Bot	

**Event 311 Men 110 Short Hurdles 99.1cm 40-44****Sunday 17/03/2013 - 12:35 PM**

Name	Age	Team	Seed Time
1 2263 Everett, Michael	M41	Hills Distri	
2 3206 Murphy, David	M44	Balmain Athl	
3 1659 Skala, David	M43	Nsw Masters	
4 714 Speed, Brian	M44	Camden Athle	

**Event 48 Men 400 Long Hurdles 91.4cm 40-44****Saturday 16/03/2013 - 11:50 AM**

Name	Age	Team	Seed Time
1 2263 Everett, Michael	M41	Hills Distri	
2 3206 Murphy, David	M44	Balmain Athl	
3 2705 Scanlon, Sean	M42	Wallsend Rsl	
4 2692 Wardecki, Krzysztof	M44	Sydney Pacif	

**Event 120 Men 3000 Meter Steeplechase 91.4cm 40-44****Saturday 16/03/2013 - 4:10 PM**

Name	Age	Team	Seed Time
1 4342 Davie, EJ	M42	Sydney Strid	
2 299 Hynoski, Geoff	M44	Illawarra Bl	
3 Melton-Agbohlah, Keith	M43	Nsw Masters	

**Event 428 Men High Jump 40-44****Sunday 17/03/2013 - 3:15 PM**

Name	Age	Team	Seed Mark
1 2263 Everett, Michael	M41	Hills Distri	
2 Melton-Agbohlah, Keith	M43	Nsw Masters	
3 3206 Murphy, David	M44	Balmain Athl	
4 714 Speed, Brian	M44	Camden Athle	
5 3717 Watson, Andrew	M44	Balmain Athl	

**Event 158 Men Pole Vault 40-44****Saturday 16/03/2013 - 9:00 AM**

Name	Age	Team	Seed Mark
1 3206 Murphy, David	M44	Balmain Athl	
2 2705 Scanlon, Sean	M42	Wallsend Rsl	
3 3717 Watson, Andrew	M44	Balmain Athl	

**Event 237 Men Long Jump 40-44****Saturday 16/03/2013 - 4:45 PM**

Name	Age	Team	Seed Mark
1 1647 Cassin, Andrew	M41	Nsw Masters	
2 4342 Davie, EJ	M42	Sydney Strid	
3 2263 Everett, Michael	M41	Hills Distri	
4 4145 Lee, Alan	M44	U.T.S. North	
5 Melton-Agbohlah, Keith	M43	Nsw Masters	

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**Event 237 ... (Men Long Jump 40-44)**

Name	Age	Team	Seed Mark
6 2692 Wardecki, Krzysztof	M44	Sydney Pacif	
7 3717 Watson, Andrew	M44	Balmmain Athl	

**Event 417 Men Triple Jump 40-44**

Sunday 17/03/2013 - 2:15 PM			
Name	Age	Team	Seed Mark
1 4342 Davie, EJ	M42	Sydney Strid	
2 2263 Everett, Michael	M41	Hills Distri	
3 4145 Lee, Alan	M44	U.T.S. North	
4 Melton-Agbohlah, Keith	M43	Nsw Masters	
5 3206 Murphy, David	M44	Balmmain Athl	

**Event 380 Men Shot Put 7.26kg 40-44**

Sunday 17/03/2013 - 11:00 AM			
Name	Age	Team	Seed Mark
1 722 Campbell, Peter	M40	Camden Athle	
2 4342 Davie, EJ	M42	Sydney Strid	
3 729 Lindsay, Simon	M42	Camden Athle	
4 Melton-Agbohlah, Keith	M43	Nsw Masters	
5 3206 Murphy, David	M44	Balmmain Athl	
6 2705 Scanlon, Sean	M42	Wallsend Rsl	
7 1975 Sutton, Stuart	M44	Mingara Athl	
8 3717 Watson, Andrew	M44	Balmmain Athl	

**Event 357 Men Discus Throw 2kg 40-44**

Sunday 17/03/2013 - 9:00 AM			
Name	Age	Team	Seed Mark
1 722 Campbell, Peter	M40	Camden Athle	
2 4342 Davie, EJ	M42	Sydney Strid	
3 2263 Everett, Michael	M41	Hills Distri	
4 729 Lindsay, Simon	M42	Camden Athle	
5 Melton-Agbohlah, Keith	M43	Nsw Masters	
6 3206 Murphy, David	M44	Balmmain Athl	
7 3526 Newey, Grant	M44	Asics Wests	
8 2705 Scanlon, Sean	M42	Wallsend Rsl	
9 1975 Sutton, Stuart	M44	Mingara Athl	
10 3717 Watson, Andrew	M44	Balmmain Athl	

**Event 203 Men Hammer Throw 7.26kg 40-44**

Saturday 16/03/2013 - 1:15 PM			
Name	Age	Team	Seed Mark
1 Melton-Agbohlah, Keith	M43	Nsw Masters	
2 3206 Murphy, David	M44	Balmmain Athl	
3 3067 Papalexion, George	M44	Mingara Athl	
4 3717 Watson, Andrew	M44	Balmmain Athl	

**Event 179 Men Javelin Throw 800g 40-44**

Saturday 16/03/2013 - 10:30 AM			
Name	Age	Team	Seed Mark
1 722 Campbell, Peter	M40	Camden Athle	
2 4342 Davie, EJ	M42	Sydney Strid	
3 2263 Everett, Michael	M41	Hills Distri	
4 729 Lindsay, Simon	M42	Camden Athle	
5 Melton-Agbohlah, Keith	M43	Nsw Masters	
6 3206 Murphy, David	M44	Balmmain Athl	
7 3526 Newey, Grant	M44	Asics Wests	
8 3067 Papalexion, George	M44	Mingara Athl	

9 2705 Scanlon, Sean	M42	Wallsend Rsl
10 3717 Watson, Andrew	M44	Balmmain Athl

**Event 189 Men Weight Throw 15.880kg 40-44**

Saturday 16/03/2013 - 11:45 AM			
Name	Age	Team	Seed Mark
1 4342 Davie, EJ	M42	Sydney Strid	
2 Melton-Agbohlah, Keith	M43	Nsw Masters	
3 3206 Murphy, David	M44	Balmmain Athl	
4 3067 Papalexion, George	M44	Mingara Athl	
5 3717 Watson, Andrew	M44	Balmmain Athl	

**Event 257 Men 5000 Meter Race Walk 40-44**

Sunday 17/03/2013 - 9:00 AM			
Name	Age	Team	Seed Time
1 1675 Jessurun, Ian	M45	Nsw Masters	

**Event 278 Men 60 Meter Dash 45-49 Prelims**

Sunday 17/03/2013 - 10:44 AM			
Name	Age	Team	Seed Time
1 3409 Brack, Christopher	M47	Sydney Pacif	
2 1470 Carter, Geoff	M46	Blue Mountai	
3 4103 Clark, Gary	M47	U.T.S. North	
4 3932 Gedz, Michael	M47	Sydney Pacif	
5 1672 Kotis, Con	M47	Nsw Masters	
6 3129 Marshall, Gary	M46	Mingara Athl	
7 2128 McCarthy, John	M46	Mingara Athl	
8 825 McDonald, Neil	M45	Parramatta C	
9 1098 Parsonage, Adam	M46	U.T.S. North	
10 3086 Reid, Brett	M49	Mingara Athl	
11 1655 Van der Jagt, Edward	M46	Nsw Masters	

**Event 41 Men 100 Meter Dash 45-49 Prelims**

Saturday 16/03/2013 - 11:10 AM			
Name	Age	Team	Seed Time
1 3409 Brack, Christopher	M47	Sydney Pacif	
2 1470 Carter, Geoff	M46	Blue Mountai	
3 4103 Clark, Gary	M47	U.T.S. North	
4 4753 France, Anthony	M45	Wallsend Rsl	
5 3932 Gedz, Michael	M47	Sydney Pacif	
6 4045 Kelly, John	M46	Epping Distr	
7 3724 Kohlrusch, Andrew	M47	Balmmain Athl	
8 1672 Kotis, Con	M47	Nsw Masters	
9 2128 McCarthy, John	M46	Mingara Athl	
10 825 McDonald, Neil	M45	Parramatta C	
11 1098 Parsonage, Adam	M46	U.T.S. North	
12 1650 Provenzano, Alan	M49	Nsw Masters	
13 3086 Reid, Brett	M49	Mingara Athl	
14 Vella, Anthony	M46	Nsw Masters	

**Event 94 Men 200 Meter Dash 45-49 Prelims**

Saturday 16/03/2013 - 2:50 PM			
Name	Age	Team	Seed Time
1 3409 Brack, Christopher	M47	Sydney Pacif	
2 1470 Carter, Geoff	M46	Blue Mountai	
3 4753 France, Anthony	M45	Wallsend Rsl	
4 289 James, Darrin	M47	Illawarra Bl	
5 4045 Kelly, John	M46	Epping Distr	
6 3424 Lynch, Michael	M45	Sydney Pacif	

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**Event 94 ... (Men 200 Meter Dash 45-49 Prelims)**

Name	Age	Team	Seed Time
7 657 Mather, Greg	M47	Nepean Distr	
8 2128 McCarthy, John	M46	Mingara Athl	
9 825 McDonald, Neil	M45	Parramatta C	
10 1098 Parsonage, Adam	M46	U.T.S. North	
11 1650 Provenzano, Alan	M49	Nsw Masters	
12 3086 Reid, Brett	M49	Mingara Athl	

**Event 342 Men 400 Meter Dash 45-49**

Sunday 17/03/2013 - 3:45 PM

Name	Age	Team	Seed Time
1 3409 Brack, Christopher	M47	Sydney Pacif	
2 1470 Carter, Geoff	M46	Blue Mountai	
3 1220 Culhane, Jim	M46	U.T.S. North	
4 289 James, Darrin	M47	Illawarra Bl	
5 4045 Kelly, John	M46	Epping Distr	
6 3424 Lynch, Michael	M45	Sydney Pacif	
7 657 Mather, Greg	M47	Nepean Distr	
8 1098 Parsonage, Adam	M46	U.T.S. North	
9 Vella, Anthony	M46	Nsw Masters	
10 1105 West, Andy	M45	U.T.S. North	

**Event 89 Men 800 Meter Run 45-49**

Saturday 16/03/2013 - 2:15 PM

Name	Age	Team	Seed Time
1 332 Gibbins, Jodie	M46	Illawarra Bl	
2 1172 Ingram, Nicholas	M46	U.T.S. North	
3 289 James, Darrin	M47	Illawarra Bl	
4 3424 Lynch, Michael	M45	Sydney Pacif	
5 1389 Mason, Robert	M47	Asics Wests	
6 591 McAuliffe, Brett	M46	Sydney Unive	
7 3038 Trainor, Paul	M48	Sydney Strid	
8 1105 West, Andy	M45	U.T.S. North	

**Event 300 Men 1500 Meter Run 45-49**

Sunday 17/03/2013 - 11:48 AM

Name	Age	Team	Seed Time
1 332 Gibbins, Jodie	M46	Illawarra Bl	
2 1172 Ingram, Nicholas	M46	U.T.S. North	
3 4040 Kaley, Mathew	M45	Sydney Strid	
4 1389 Mason, Robert	M47	Asics Wests	
5 3038 Trainor, Paul	M48	Sydney Strid	
6 1105 West, Andy	M45	U.T.S. North	
7 433 Womsley, Garry	M49	Hills Distri	

**Event 19 Men 5000 Meter Run 45-49**

Saturday 16/03/2013 - 9:55 AM

Name	Age	Team	Seed Time
1 332 Gibbins, Jodie	M46	Illawarra Bl	
2 1389 Mason, Robert	M47	Asics Wests	
3 1105 West, Andy	M45	U.T.S. North	

**Event 308 Men 110 Short Hurdles 99.1cm 45-49**

Sunday 17/03/2013 - 12:30 PM

Name	Age	Team	Seed Time
1 3724 Kohlrusch, Andrew	M47	Balmmain Athl	
2 1389 Mason, Robert	M47	Asics Wests	
3 433 Womsley, Garry	M49	Hills Distri	

**Event 45 Men 400 Long Hurdles 91.4cm 45-49**

Saturday 16/03/2013 - 11:45 AM

Name	Age	Team	Seed Time
1 3724 Kohlrusch, Andrew	M47	Balmmain Athl	
2 1389 Mason, Robert	M47	Asics Wests	

**Event 119 Men 3000 Meter Steeplechase 91.4cm 45-49**

Saturday 16/03/2013 - 4:10 PM

Name	Age	Team	Seed Time
1 332 Gibbins, Jodie	M46	Illawarra Bl	
2 1389 Mason, Robert	M47	Asics Wests	
3 1105 West, Andy	M45	U.T.S. North	
4 433 Womsley, Garry	M49	Hills Distri	

**Event 427 Men High Jump 45-49**

Sunday 17/03/2013 - 3:15 PM

Name	Age	Team	Seed Mark
1 1814 Bacon, Rick	M47	Campbelltown	
2 1920 Blair, Michael	M45	Randwick Bot	
3 1389 Mason, Robert	M47	Asics Wests	

**Event 157 Men Pole Vault 45-49**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 3724 Kohlrusch, Andrew	M47	Balmmain Athl	

**Event 182 Men Long Jump 45-49**

Saturday 16/03/2013 - 11:00 AM

Name	Age	Team	Seed Mark
1 4753 France, Anthony	M45	Wallsend Rsl	
2 1389 Mason, Robert	M47	Asics Wests	
3 1098 Parsonage, Adam	M46	U.T.S. North	
4 1650 Provenzano, Alan	M49	Nsw Masters	
5 1655 Van der Jagt, Edward	M46	Nsw Masters	

**Event 416 Men Triple Jump 45-49**

Sunday 17/03/2013 - 2:15 PM

Name	Age	Team	Seed Mark
1 4045 Kelly, John	M46	Epping Distr	
2 1389 Mason, Robert	M47	Asics Wests	
3 1098 Parsonage, Adam	M46	U.T.S. North	

**Event 379 Men Shot Put 7.26kg 45-49**

Sunday 17/03/2013 - 11:00 AM

Name	Age	Team	Seed Mark
1 1875 Fassolis, Jim	M47	Campbelltown	
2 149 Gyngell, Stuart	M49	Athletics Wo	
3 3724 Kohlrusch, Andrew	M47	Balmmain Athl	
4 2858 Stenning, Matthew	M46	Girraween At	

**Event 376 Men Discus Throw 2kg 45-49**

Sunday 17/03/2013 - 10:15 AM

Name	Age	Team	Seed Mark
1 1875 Fassolis, Jim	M47	Campbelltown	
2 332 Gibbins, Jodie	M46	Illawarra Bl	
3 149 Gyngell, Stuart	M49	Athletics Wo	
4 3724 Kohlrusch, Andrew	M47	Balmmain Athl	
5 2858 Stenning, Matthew	M46	Girraween At	

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**Event 202 Men Hammer Throw 7.26kg 45-49**

Saturday 16/03/2013 - 1:15 PM

Name	Age	Team	Seed Mark
1 1875 Fassolis, Jim	M47	Campbelltown	
2 332 Gibbins, Jodie	M46	Illawarra Bl	
3 149 Gyngell, Stuart	M49	Athletics Wo	
4 2858 Stenning, Matthew	M46	Girraween At	

**Event 139 Men Javelin Throw 800g 45-49**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 1470 Carter, Geoff	M46	Blue Mountai	
2 1875 Fassolis, Jim	M47	Campbelltown	
3 4753 France, Anthony	M45	Wallsend Rsl	
4 332 Gibbins, Jodie	M46	Illawarra Bl	
5 3724 Kohlrusch, Andrew	M47	Balmain Athl	
6 4144 Pittman, Martin	M49	U.T.S. North	
7 1650 Provenzano, Alan	M49	Nsw Masters	
8 183 Ravenscroft, Andrew	M47	Athletics Wo	
9 433 Womsley, Garry	M49	Hills Distri	

**Event 188 Men Weight Throw 15.880kg 45-49**

Saturday 16/03/2013 - 11:45 AM

Name	Age	Team	Seed Mark
1 1875 Fassolis, Jim	M47	Campbelltown	
2 332 Gibbins, Jodie	M46	Illawarra Bl	
3 149 Gyngell, Stuart	M49	Athletics Wo	
4 2858 Stenning, Matthew	M46	Girraween At	

**Event 277 Men 60 Meter Dash 50-54 Prelims**

Sunday 17/03/2013 - 10:36 AM

Name	Age	Team	Seed Time
1 1971 Carr, Paul	M54	Mingara Athl	
2 1210 Crimi, Anthony	M51	U.T.S. North	
3 3101 Daly, Mick	M51	Mingara Athl	
4 2830 Giesler, Rob	M53	Girraween At	
5 833 Hughes, Darren	M50	Parramatta C	
6 3413 Isackson, Dave	M51	Sydney Pacif	
7 2138 James, Craig	M51	Sutherland D	
8 1015 Luck, David	M53	Illawong and	
9 2371 McArthur, Don	M51	Cherrybrook	
10 1150 McGrath, Tim	M50	U.T.S. North	
11 1667 Murray, Peter	M52	Nsw Masters	
12 1088 Novicic, Zoran	M52	U.T.S. North	
13 350 Shepherd, Peter	M53	Illawarra Bl	
14 1377 Walsh, Mark	M52	Asics Wests	

**Event 40 Men 100 Meter Dash 50-54 Prelims**

Saturday 16/03/2013 - 11:02 AM

Name	Age	Team	Seed Time
1 1972 Bournnell, David	M51	Mingara Athl	
2 1971 Carr, Paul	M54	Mingara Athl	
3 1210 Crimi, Anthony	M51	U.T.S. North	
4 3101 Daly, Mick	M51	Mingara Athl	
5 1581 Frater, Ian	M52	Blacktown Ci	
6 2830 Giesler, Rob	M53	Girraween At	
7 1660 Holmes, Neil	M51	Nsw Masters	
8 833 Hughes, Darren	M50	Parramatta C	

9 3413 Isackson, Dave	M51	Sydney Pacif
10 2701 Izzo, Herman	M52	Sydney Pacif
11 3140 Jackson, Graham	M50	Mingara Athl
12 2138 James, Craig	M51	Sutherland D
13 1015 Luck, David	M53	Illawong and
14 2371 McArthur, Don	M51	Cherrybrook
15 1150 McGrath, Tim	M50	U.T.S. North
16 1667 Murray, Peter	M52	Nsw Masters
17 350 Shepherd, Peter	M53	Illawarra Bl
18 1377 Walsh, Mark	M52	Asics Wests

**Event 93 Men 200 Meter Dash 50-54 Prelims**

Saturday 16/03/2013 - 2:40 PM

Name	Age	Team	Seed Time
1 1972 Bournnell, David	M51	Mingara Athl	
2 1971 Carr, Paul	M54	Mingara Athl	
3 1210 Crimi, Anthony	M51	U.T.S. North	
4 3101 Daly, Mick	M51	Mingara Athl	
5 1516 Devery, Todd	M52	Blue Mountai	
6 1581 Frater, Ian	M52	Blacktown Ci	
7 2830 Giesler, Rob	M53	Girraween At	
8 1660 Holmes, Neil	M51	Nsw Masters	
9 833 Hughes, Darren	M50	Parramatta C	
10 3413 Isackson, Dave	M51	Sydney Pacif	
11 2701 Izzo, Herman	M52	Sydney Pacif	
12 3140 Jackson, Graham	M50	Mingara Athl	
13 1015 Luck, David	M53	Illawong and	
14 2559 Macpherson, Craig	M53	Ryde Athleti	
15 2371 McArthur, Don	M51	Cherrybrook	
16 1150 McGrath, Tim	M50	U.T.S. North	
17 1497 Perrett, David	M54	Blue Mountai	
18 350 Shepherd, Peter	M53	Illawarra Bl	

**Event 341 Men 400 Meter Dash 50-54**

Sunday 17/03/2013 - 3:35 PM

Name	Age	Team	Seed Time
1 292 Baker, James	M51	Illawarra Bl	
2 1972 Bournnell, David	M51	Mingara Athl	
3 1971 Carr, Paul	M54	Mingara Athl	
4 1516 Devery, Todd	M52	Blue Mountai	
5 3304 Gallagher, Anthony	M50	Sutherland D	
6 2830 Giesler, Rob	M53	Girraween At	
7 833 Hughes, Darren	M50	Parramatta C	
8 2559 Macpherson, Craig	M53	Ryde Athleti	
9 2371 McArthur, Don	M51	Cherrybrook	
10 1497 Perrett, David	M54	Blue Mountai	

**Event 88 Men 800 Meter Run 50-54**

Saturday 16/03/2013 - 2:09 PM

Name	Age	Team	Seed Time
1 292 Baker, James	M51	Illawarra Bl	
2 1516 Devery, Todd	M52	Blue Mountai	
3 3304 Gallagher, Anthony	M50	Sutherland D	
4 2305 Mayo, Barry	M53	Hills Distri	
5 1088 Novicic, Zoran	M52	U.T.S. North	
6 1987 Omura, Toyokazu	M52	Mingara Athl	
7 1497 Perrett, David	M54	Blue Mountai	
8 4760 Sevier, John	M51	Athletics Ea	
9 1215 Sharpe, Bradley	M52	U.T.S. North	

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**Event 88 ... (Men 800 Meter Run 50-54)**

Name	Age	Team	Seed Time
10 3318 Sheringham, Paul	M50	Sutherland D	
11 999 Thompson, John	M50	Illawong and	

**Event 299 Men 1500 Meter Run 50-54**

Sunday 17/03/2013 - 11:48 AM			
Name	Age	Team	Seed Time
1 428 Byrne, Peter	M53	Hills Distri	
2 4620 Maher, Chris	M51	Sydney Strid	
3 2305 Mayo, Barry	M53	Hills Distri	
4 1987 Omura, Toyokazu	M52	Mingara Athl	
5 402 Rose, Ian	M54	Hills Distri	
6 1215 Sharpe, Bradley	M52	U.T.S. North	
7 3318 Sheringham, Paul	M50	Sutherland D	
8 999 Thompson, John	M50	Illawong and	

**Event 18 Men 5000 Meter Run 50-54**

Saturday 16/03/2013 - 9:55 AM			
Name	Age	Team	Seed Time
1 428 Byrne, Peter	M53	Hills Distri	
2 4620 Maher, Chris	M51	Sydney Strid	
3 402 Rose, Ian	M54	Hills Distri	
4 3318 Sheringham, Paul	M50	Sutherland D	

**Event 313 Men 100 Short Hurdles 91.4cm 50-54**

Sunday 17/03/2013 - 12:50 PM			
Name	Age	Team	Seed Time
1 1971 Carr, Paul	M54	Mingara Athl	
2 Jankowski, George	M50	Hills Distri	
3 2371 McArthur, Don	M51	Cherrybrook	
4 1150 McGrath, Tim	M50	U.T.S. North	
5 1088 Novicic, Zoran	M52	U.T.S. North	

**Event 50 Men 400 Long Hurdles 84.0cm 50-54**

Saturday 16/03/2013 - 12:05 PM			
Name	Age	Team	Seed Time
1 1971 Carr, Paul	M54	Mingara Athl	
2 Jankowski, George	M50	Hills Distri	

**Event 118 Men 3000 Meter Steeplechase 91.4cm 50-54**

Saturday 16/03/2013 - 4:10 PM			
Name	Age	Team	Seed Time
1 3566 Pomplun, Bill	M53	Nowra Athlet	

**Event 411 Men High Jump 50-54**

Sunday 17/03/2013 - 1:15 PM			
Name	Age	Team	Seed Mark
1 2371 McArthur, Don	M51	Cherrybrook	
2 1150 McGrath, Tim	M50	U.T.S. North	
3 1667 Murray, Peter	M52	Nsw Masters	
4 1088 Novicic, Zoran	M52	U.T.S. North	
5 1255 Shelever, Volodymyr	M51	Bankstown Sp	

**Event 156 Men Pole Vault 50-54**

Saturday 16/03/2013 - 9:00 AM			
Name	Age	Team	Seed Mark
1 Jankowski, George	M50	Hills Distri	
2 1150 McGrath, Tim	M50	U.T.S. North	

**Event 181 Men Long Jump 50-54**

Saturday 16/03/2013 - 11:00 AM			
Name	Age	Team	Seed Mark
1 2553 Butler-White, Simon	M53	Ryde Athleti	
2 1581 Frater, Ian	M52	Blacktown Ci	
3 2830 Giesler, Rob	M53	Girraween At	
4 Jankowski, George	M50	Hills Distri	
5 1150 McGrath, Tim	M50	U.T.S. North	
6 1667 Murray, Peter	M52	Nsw Masters	
7 1088 Novicic, Zoran	M52	U.T.S. North	

**Event 400 Men Triple Jump 50-54**

Sunday 17/03/2013 - 11:45 AM			
Name	Age	Team	Seed Mark
1 2553 Butler-White, Simon	M53	Ryde Athleti	
2 717 Campbell, Norman	M54	Camden Athle	
3 2830 Giesler, Rob	M53	Girraween At	
4 Jankowski, George	M50	Hills Distri	
5 1150 McGrath, Tim	M50	U.T.S. North	
6 1088 Novicic, Zoran	M52	U.T.S. North	

**Event 404 Men Shot Put 6kg 50-54**

Sunday 17/03/2013 - 12:45 PM			
Name	Age	Team	Seed Mark
1 2553 Butler-White, Simon	M53	Ryde Athleti	
2 Jankowski, George	M50	Hills Distri	
3 1150 McGrath, Tim	M50	U.T.S. North	
4 1667 Murray, Peter	M52	Nsw Masters	
5 3566 Pomplun, Bill	M53	Nowra Athlet	

**Event 402 Men Discus Throw 1.5kg 50-54**

Sunday 17/03/2013 - 12:00 PM			
Name	Age	Team	Seed Mark
1 2553 Butler-White, Simon	M53	Ryde Athleti	
2 Jankowski, George	M50	Hills Distri	
3 2559 Macpherson, Craig	M53	Ryde Athleti	
4 1150 McGrath, Tim	M50	U.T.S. North	
5 1667 Murray, Peter	M52	Nsw Masters	
6 1088 Novicic, Zoran	M52	U.T.S. North	

**Event 216 Men Hammer Throw 6kg 50-54**

Saturday 16/03/2013 - 3:15 PM			
Name	Age	Team	Seed Mark
1 2553 Butler-White, Simon	M53	Ryde Athleti	
2 Jankowski, George	M50	Hills Distri	
3 1150 McGrath, Tim	M50	U.T.S. North	

**Event 193 Men Javelin Throw 700g 50-54**

Saturday 16/03/2013 - 12:00 PM			
Name	Age	Team	Seed Mark
1 2553 Butler-White, Simon	M53	Ryde Athleti	
2 800 Fisher, Kevin	M54	Parramatta C	
3 Jankowski, George	M50	Hills Distri	
4 2371 McArthur, Don	M51	Cherrybrook	
5 1150 McGrath, Tim	M50	U.T.S. North	
6 1667 Murray, Peter	M52	Nsw Masters	
7 1088 Novicic, Zoran	M52	U.T.S. North	

## NSW Masters Championships - 16/03/2013 to 17/03/2013

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## Performance List

**Event 201 Men Weight Throw 11.340kg 50-54****Saturday 16/03/2013 - 1:15 PM**

Name	Age	Team	Seed Mark
1 2553 Butler-White, Simon	M53	Ryde Athleti	
2 1150 McGrath, Tim	M50	U.T.S. North	

**Event 255 Men 5000 Meter Race Walk 50-54****Sunday 17/03/2013 - 9:00 AM**

Name	Age	Team	Seed Time
1 3566 Pomplun, Bill	M53	Nowra Athlet	

**Event 276 Men 60 Meter Dash 55-59****Sunday 17/03/2013 - 10:32 AM**

Name	Age	Team	Seed Time
1 3925 Fienieg, John	M58	Sydney Pacif	
2 3346 Hepburn, Greg	M58	Campbelltown	
3 2645 Marriott, Wayne	M58	Sydney Pacif	
4 1823 Percival, Drew	M58	Campbelltown	
5 1728 Porter, Ken	M59	Nepean Distr	
6 1234 Sagar, Jeff	M58	U.T.S. North	
7 2930 Smith, David	M57	U.T.S. North	
8 3114 Williams, Peter	M57	Mingara Athl	

**Event 39 Men 100 Meter Dash 55-59****Saturday 16/03/2013 - 10:58 AM**

Name	Age	Team	Seed Time
1 3925 Fienieg, John	M58	Sydney Pacif	
2 397 Harrison, Bob	M56	Hills Distri	
3 3346 Hepburn, Greg	M58	Campbelltown	
4 2645 Marriott, Wayne	M58	Sydney Pacif	
5 4557 Mitchell, David	M57	Wallsend Rsl	
6 1823 Percival, Drew	M58	Campbelltown	
7 1728 Porter, Ken	M59	Nepean Distr	
8 1234 Sagar, Jeff	M58	U.T.S. North	
9 2930 Smith, David	M57	U.T.S. North	
10 3114 Williams, Peter	M57	Mingara Athl	

**Event 111 Men 200 Meter Dash 55-59****Saturday 16/03/2013 - 3:40 PM**

Name	Age	Team	Seed Time
1 3925 Fienieg, John	M58	Sydney Pacif	
2 397 Harrison, Bob	M56	Hills Distri	
3 3346 Hepburn, Greg	M58	Campbelltown	
4 2645 Marriott, Wayne	M58	Sydney Pacif	
5 4557 Mitchell, David	M57	Wallsend Rsl	
6 1823 Percival, Drew	M58	Campbelltown	
7 1728 Porter, Ken	M59	Nepean Distr	
8 3114 Williams, Peter	M57	Mingara Athl	

**Event 340 Men 400 Meter Dash 55-59****Sunday 17/03/2013 - 3:30 PM**

Name	Age	Team	Seed Time
1 Dwyer, Brendan	M55	Nsw Masters	
2 3925 Fienieg, John	M58	Sydney Pacif	
3 397 Harrison, Bob	M56	Hills Distri	
4 1331 Jones, Dale	M57	St. George D	
5 2645 Marriott, Wayne	M58	Sydney Pacif	
6 4557 Mitchell, David	M57	Wallsend Rsl	

7 1728 Porter, Ken	M59	Nepean Distr	
8 411 Terranova, Nicolas	M55	Hills Distri	
9 3114 Williams, Peter	M57	Mingara Athl	

**Event 87 Men 800 Meter Run 55-59****Saturday 16/03/2013 - 2:03 PM**

Name	Age	Team	Seed Time
1 420 Beirne, Greg	M56	Hills Distri	
2 Dwyer, Brendan	M55	Nsw Masters	
3 3925 Fienieg, John	M58	Sydney Pacif	
4 397 Harrison, Bob	M56	Hills Distri	
5 3312 Helmich, Steven	M57	Sutherland D	
6 1331 Jones, Dale	M57	St. George D	
7 2965 Paterson, Stuart	M56	U.T.S. North	
8 411 Terranova, Nicolas	M55	Hills Distri	

**Event 298 Men 1500 Meter Run 55-59****Sunday 17/03/2013 - 11:41 AM**

Name	Age	Team	Seed Time
1 420 Beirne, Greg	M56	Hills Distri	
2 3874 Conyers, Mark	M57	Koorngal -W	
3 397 Harrison, Bob	M56	Hills Distri	
4 3312 Helmich, Steven	M57	Sutherland D	
5 1331 Jones, Dale	M57	St. George D	
6 2965 Paterson, Stuart	M56	U.T.S. North	
7 411 Terranova, Nicolas	M55	Hills Distri	

**Event 17 Men 5000 Meter Run 55-59****Saturday 16/03/2013 - 9:30 AM**

Name	Age	Team	Seed Time
1 420 Beirne, Greg	M56	Hills Distri	
2 4632 Bennett, Rodney	M58	Sydney Strid	
3 3874 Conyers, Mark	M57	Koorngal -W	
4 664 Osborne, Robert	M57	Nepean Distr	

**Event 312 Men 100 Short Hurdles 91.4cm 55-59****Sunday 17/03/2013 - 12:45 PM**

Name	Age	Team	Seed Time
1 Dwyer, Brendan	M55	Nsw Masters	
2 2645 Marriott, Wayne	M58	Sydney Pacif	

**Event 49 Men 400 Long Hurdles 84.0cm 55-59****Saturday 16/03/2013 - 12:00 PM**

Name	Age	Team	Seed Time
1 Dwyer, Brendan	M55	Nsw Masters	
2 3925 Fienieg, John	M58	Sydney Pacif	
3 2645 Marriott, Wayne	M58	Sydney Pacif	
4 411 Terranova, Nicolas	M55	Hills Distri	
5 3114 Williams, Peter	M57	Mingara Athl	

**Event 117 Men 3000 Meter Steeplechase 91.4cm 55-59****Saturday 16/03/2013 - 4:10 PM**

Name	Age	Team	Seed Time
1 4286 Gonye, Leslie	M55	University o	
2 411 Terranova, Nicolas	M55	Hills Distri	



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## Performance List

**Event 410 Men High Jump 55-59**

Sunday 17/03/2013 - 1:15 PM

Name	Age	Team	Seed Mark
1 3925 Fienieg, John	M58	Sydney Pacif	
2 2556 Hanbury-Brown, Robert	M56	Ryde Athleti	

**Event 155 Men Pole Vault 55-59**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 1824 Chapman, Frank	M57	Campbelltown	

**Event 199 Men Long Jump 55-59**

Saturday 16/03/2013 - 12:45 PM

Name	Age	Team	Seed Mark
1 3925 Fienieg, John	M58	Sydney Pacif	
2 2645 Marriott, Wayne	M58	Sydney Pacif	
3 4557 Mitchell, David	M57	Wallsend Rsl	

**Event 399 Men Triple Jump 55-59**

Sunday 17/03/2013 - 11:45 AM

Name	Age	Team	Seed Mark
1 2645 Marriott, Wayne	M58	Sydney Pacif	
2 4557 Mitchell, David	M57	Wallsend Rsl	
3 1670 Murray, Gavin	M58	Nsw Masters	

**Event 403 Men Shot Put 6kg 55-59**

Sunday 17/03/2013 - 12:45 PM

Name	Age	Team	Seed Mark
1 4396 Crumpton, Geoff	M58	Girraween At	
2 2227 Denning, Steven	M58	Hills Distri	
3 2556 Hanbury-Brown, Robert	M56	Ryde Athleti	
4 3105 Horsnell, Matthew	M55	Mingara Athl	
5 2555 Joni, Lajos	M57	Ryde Athleti	
6 1663 Martin, Wayne	M58	Nsw Masters	
7 1670 Murray, Gavin	M58	Nsw Masters	
8 3114 Williams, Peter	M57	Mingara Athl	

**Event 401 Men Discus Throw 1.5kg 55-59**

Sunday 17/03/2013 - 12:00 PM

Name	Age	Team	Seed Mark
1 2557 Atkinson-Howatt, Andre	M56	Ryde Athleti	
2 4396 Crumpton, Geoff	M58	Girraween At	
3 2227 Denning, Steven	M58	Hills Distri	
4 2556 Hanbury-Brown, Robert	M56	Ryde Athleti	
5 3105 Horsnell, Matthew	M55	Mingara Athl	
6 2555 Joni, Lajos	M57	Ryde Athleti	
7 2558 Klimiuk, Voitek	M56	Ryde Athleti	
8 1663 Martin, Wayne	M58	Nsw Masters	
9 1670 Murray, Gavin	M58	Nsw Masters	
10 3114 Williams, Peter	M57	Mingara Athl	

**Event 215 Men Hammer Throw 6kg 55-59**

Saturday 16/03/2013 - 3:15 PM

Name	Age	Team	Seed Mark
1 4396 Crumpton, Geoff	M58	Girraween At	
2 2227 Denning, Steven	M58	Hills Distri	
3 3207 Guthrie, Ian	M58	Balmmain Athl	
4 2556 Hanbury-Brown, Robert	M56	Ryde Athleti	

5 3105 Horsnell, Matthew	M55	Mingara Athl	
6 2555 Joni, Lajos	M57	Ryde Athleti	
7 1670 Murray, Gavin	M58	Nsw Masters	

**Event 192 Men Javelin Throw 700g 55-59**

Saturday 16/03/2013 - 12:00 PM

Name	Age	Team	Seed Mark
1 2557 Atkinson-Howatt, Andre	M56	Ryde Athleti	
2 4396 Crumpton, Geoff	M58	Girraween At	
3 2227 Denning, Steven	M58	Hills Distri	
4 2556 Hanbury-Brown, Robert	M56	Ryde Athleti	
5 3105 Horsnell, Matthew	M55	Mingara Athl	
6 2558 Klimiuk, Voitek	M56	Ryde Athleti	
7 1670 Murray, Gavin	M58	Nsw Masters	

**Event 200 Men Weight Throw 11.340kg 55-59**

Saturday 16/03/2013 - 1:15 PM

Name	Age	Team	Seed Mark
1 4396 Crumpton, Geoff	M58	Girraween At	
2 3207 Guthrie, Ian	M58	Balmmain Athl	
3 2556 Hanbury-Brown, Robert	M56	Ryde Athleti	
4 3105 Horsnell, Matthew	M55	Mingara Athl	
5 2555 Joni, Lajos	M57	Ryde Athleti	
6 1670 Murray, Gavin	M58	Nsw Masters	

**Event 254 Men 5000 Meter Race Walk 55-59**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Time
1 4632 Bennett, Rodney	M58	Sydney Strid	
2 664 Osborne, Robert	M57	Nepean Distr	

**Event 275 Men 60 Meter Dash 60-64**

Sunday 17/03/2013 - 10:28 AM

Name	Age	Team	Seed Time
1 291 Lamb, John	M63	Illawarra Bl	
2 3407 Lynch, Martin	M61	Sydney Pacif	
3 1482 Martyn, Robert	M63	Blue Mountai	
4 3640 Van Stappen, John	M62	Illawarra Bl	

**Event 38 Men 100 Meter Dash 60-64**

Saturday 16/03/2013 - 10:54 AM

Name	Age	Team	Seed Time
1 3407 Lynch, Martin	M61	Sydney Pacif	
2 1482 Martyn, Robert	M63	Blue Mountai	
3 3926 Morphis, Antony	M60	Sydney Pacif	
4 3640 Van Stappen, John	M62	Illawarra Bl	

**Event 110 Men 200 Meter Dash 60-64**

Saturday 16/03/2013 - 3:35 PM

Name	Age	Team	Seed Time
1 291 Lamb, John	M63	Illawarra Bl	
2 1482 Martyn, Robert	M63	Blue Mountai	
3 3926 Morphis, Antony	M60	Sydney Pacif	
4 1102 Swiney, Bill	M63	U.T.S. North	
5 3640 Van Stappen, John	M62	Illawarra Bl	

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**Event 339 Men 400 Meter Dash 60-64**

Sunday 17/03/2013 - 3:25 PM

Name	Age	Team	Seed Time
1 2826 Hayward, Stuart	M63	Toukley Athl	
2 1482 Martyn, Robert	M63	Blue Mountai	
3 3926 Morphis, Antony	M60	Sydney Pacif	

**Event 86 Men 800 Meter Run 60-64**

Saturday 16/03/2013 - 2:03 PM

Name	Age	Team	Seed Time
1 2826 Hayward, Stuart	M63	Toukley Athl	
2 422 Wylie, Dennis	M60	Hills Distri	

**Event 297 Men 1500 Meter Run 60-64**

Sunday 17/03/2013 - 11:41 AM

Name	Age	Team	Seed Time
1 4284 Schwebel, Ron	M61	Sydney Strid	
2 422 Wylie, Dennis	M60	Hills Distri	

**Event 16 Men 5000 Meter Run 60-64**

Saturday 16/03/2013 - 9:30 AM

Name	Age	Team	Seed Time
1 4173 Krajewski, Witold	M63	Kembla Jogge	
2 4284 Schwebel, Ron	M61	Sydney Strid	

**Event 317 Men 100 Short Hurdles 84.0cm 60-64**

Sunday 17/03/2013 - 1:00 PM

Name	Age	Team	Seed Time
1 291 Lamb, John	M63	Illawarra Bl	

**Event 56 Men 300 Long Hurdles 76.0cm 60-64**

Saturday 16/03/2013 - 12:20 PM

Name	Age	Team	Seed Time
1 291 Lamb, John	M63	Illawarra Bl	
2 3926 Morphis, Antony	M60	Sydney Pacif	

**Event 127 Men 2000 Meter Steeplechase 76.2cm 60-64**

Saturday 16/03/2013 - 4:30 PM

Name	Age	Team	Seed Time
1 4284 Schwebel, Ron	M61	Sydney Strid	
2 422 Wylie, Dennis	M60	Hills Distri	

**Event 409 Men High Jump 60-64**

Sunday 17/03/2013 - 1:15 PM

Name	Age	Team	Seed Mark
1 1135 Tompkins, Clay	M60	U.T.S. North	

**Event 154 Men Pole Vault 60-64**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 1275 Carrero, Phillip	M61	Bankstown Sp	

**Event 198 Men Long Jump 60-64**

Saturday 16/03/2013 - 12:45 PM

Name	Age	Team	Seed Mark
1 1482 Martyn, Robert	M63	Blue Mountai	
2 1102 Swiney, Bill	M63	U.T.S. North	
3 1135 Tompkins, Clay	M60	U.T.S. North	

**Event 398 Men Triple Jump 60-64**

Sunday 17/03/2013 - 11:45 AM

Name	Age	Team	Seed Mark
1 1482 Martyn, Robert	M63	Blue Mountai	
2 1135 Tompkins, Clay	M60	U.T.S. North	

**Event 444 Men Shot Put 5kg 60-64**

Sunday 17/03/2013 - 4:30 PM

Name	Age	Team	Seed Mark
1 952 Hinton, Neil	M60	Wyong Athlet	
2 155 Ross, Dave	M62	Athletics Wo	
3 1687 West, John	M62	Nsw Masters	

**Event 422 Men Discus Throw 1kg 60-64**

Sunday 17/03/2013 - 2:15 PM

Name	Age	Team	Seed Mark
1 155 Ross, Dave	M62	Athletics Wo	
2 1687 West, John	M62	Nsw Masters	

**Event 186 Men Hammer Throw 5kg 60-64**

Saturday 16/03/2013 - 11:15 AM

Name	Age	Team	Seed Mark
1 2951 Farmer, Peter	M60	U.T.S. North	
2 155 Ross, Dave	M62	Athletics Wo	
3 1102 Swiney, Bill	M63	U.T.S. North	
4 1687 West, John	M62	Nsw Masters	

**Event 235 Men Javelin Throw 600g 60-64**

Saturday 16/03/2013 - 4:15 PM

Name	Age	Team	Seed Mark
1 1102 Swiney, Bill	M63	U.T.S. North	
2 1687 West, John	M62	Nsw Masters	

**Event 144 Men Weight Throw 9.080kg 60-64**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 155 Ross, Dave	M62	Athletics Wo	
2 1102 Swiney, Bill	M63	U.T.S. North	
3 1687 West, John	M62	Nsw Masters	

**Event 253 Men 5000 Meter Race Walk 60-64**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Time
1 1687 West, John	M62	Nsw Masters	

**Event 274 Men 60 Meter Dash 65-69**

Sunday 17/03/2013 - 10:28 AM

Name	Age	Team	Seed Time
1 2144 Bradley, David	M65	Sutherland D	
2 2634 Crombie, Peter	M68	Sydney Pacif	
3 1643 Edwards, George	M68	Nsw Masters	
4 2854 Singh, Raminder	M66	Girraween At	

**Event 37 Men 100 Meter Dash 65-69**

Saturday 16/03/2013 - 10:54 AM

Name	Age	Team	Seed Time
1 2144 Bradley, David	M65	Sutherland D	
2 2634 Crombie, Peter	M68	Sydney Pacif	

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**Event 37 ... (Men 100 Meter Dash 65-69)**

Name	Age	Team	Seed Time
3 1643 Edwards, George	M68	Nsw Masters	
4 2854 Singh, Raminder	M66	Girraween At	

**Event 109 Men 200 Meter Dash 65-69**

Saturday 16/03/2013 - 3:30 PM

Name	Age	Team	Seed Time
1 2621 Allomes, Graham	M69	Sydney Pacif	
2 2144 Bradley, David	M65	Sutherland D	
3 1163 Colburn, Hugh	M66	U.T.S. North	
4 2634 Crombie, Peter	M68	Sydney Pacif	
5 1643 Edwards, George	M68	Nsw Masters	
6 2854 Singh, Raminder	M66	Girraween At	

**Event 338 Men 400 Meter Dash 65-69**

Sunday 17/03/2013 - 3:25 PM

Name	Age	Team	Seed Time
1 7934 Auster, Martin	M67	Armidale Ath	
2 2144 Bradley, David	M65	Sutherland D	
3 8 Connolley, Robert	M65	Sydney Strid	
4 2634 Crombie, Peter	M68	Sydney Pacif	
5 2854 Singh, Raminder	M66	Girraween At	

**Event 85 Men 800 Meter Run 65-69**

Saturday 16/03/2013 - 1:57 PM

Name	Age	Team	Seed Time
1 2621 Allomes, Graham	M69	Sydney Pacif	
2 7934 Auster, Martin	M67	Armidale Ath	
3 8 Connolley, Robert	M65	Sydney Strid	
4 392 Mathewson, Donald	M68	Hills Distri	

**Event 296 Men 1500 Meter Run 65-69**

Sunday 17/03/2013 - 11:34 AM

Name	Age	Team	Seed Time
1 7934 Auster, Martin	M67	Armidale Ath	
2 8 Connolley, Robert	M65	Sydney Strid	
3 1233 Elms, Elwyn	M70	Bankstown Sp	
4 403 Napper, Stephen	M66	Hills Distri	
5 2854 Singh, Raminder	M66	Girraween At	
6 3143 Stubbs, Kenneth	M68	Mingara Athl	
7 2231 Wright, Noel	M66	Hills Distri	

**Event 15 Men 5000 Meter Run 65-69**

Saturday 16/03/2013 - 9:30 AM

Name	Age	Team	Seed Time
1 8 Connolley, Robert	M65	Sydney Strid	
2 392 Mathewson, Donald	M68	Hills Distri	
3 403 Napper, Stephen	M66	Hills Distri	
4 1168 Scorzelli, Frank	M66	St. George D	
5 3143 Stubbs, Kenneth	M68	Mingara Athl	

**Event 408 Men High Jump 65-69**

Sunday 17/03/2013 - 1:15 PM

Name	Age	Team	Seed Mark
1 2655 Searle, John	M65	Sydney Pacif	
2 2854 Singh, Raminder	M66	Girraween At	

**Event 153 Men Pole Vault 65-69**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 2258 Barber, Tom	M65	Hills Distri	

**Event 197 Men Long Jump 65-69**

Saturday 16/03/2013 - 12:45 PM

Name	Age	Team	Seed Mark
1 2258 Barber, Tom	M65	Hills Distri	
2 2655 Searle, John	M65	Sydney Pacif	
3 2854 Singh, Raminder	M66	Girraween At	

**Event 397 Men Triple Jump 65-69**

Sunday 17/03/2013 - 11:45 AM

Name	Age	Team	Seed Mark
1 2655 Searle, John	M65	Sydney Pacif	
2 2854 Singh, Raminder	M66	Girraween At	

**Event 443 Men Shot Put 5kg 65-69**

Sunday 17/03/2013 - 4:30 PM

Name	Age	Team	Seed Mark
1 2258 Barber, Tom	M65	Hills Distri	
2 2854 Singh, Raminder	M66	Girraween At	

**Event 421 Men Discus Throw 1kg 65-69**

Sunday 17/03/2013 - 2:15 PM

Name	Age	Team	Seed Mark
1 2258 Barber, Tom	M65	Hills Distri	
2 2854 Singh, Raminder	M66	Girraween At	

**Event 187 Men Hammer Throw 5kg 65-69**

Saturday 16/03/2013 - 11:15 AM

Name	Age	Team	Seed Mark
1 2621 Allomes, Graham	M69	Sydney Pacif	
2 2258 Barber, Tom	M65	Hills Distri	
3 2854 Singh, Raminder	M66	Girraween At	
4 2812 Stammers, James	M65	Brunswick By	

**Event 236 Men Javelin Throw 600g 65-69**

Saturday 16/03/2013 - 4:15 PM

Name	Age	Team	Seed Mark
1 2621 Allomes, Graham	M69	Sydney Pacif	
2 2258 Barber, Tom	M65	Hills Distri	
3 2854 Singh, Raminder	M66	Girraween At	

**Event 145 Men Weight Throw 9.080kg 65-69**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 2258 Barber, Tom	M65	Hills Distri	
2 2854 Singh, Raminder	M66	Girraween At	
3 2812 Stammers, James	M65	Brunswick By	

**Event 252 Men 5000 Meter Race Walk 65-69**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Time
1 1096 Connors, Robert	M65	U.T.S. North	
2 504 Hyde, Brendon	M68	Sydney Unive	

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## Performance List

**Event 273 Men 60 Meter Dash 70-74**

Sunday 17/03/2013 - 10:24 AM

Name	Age	Team	Seed Time
1 1111 Bastas, Nicholas	M74	U.T.S. North	
2 1882 Gay, Albert	M71	Campbelltown	
3 4659 Green, Bruce	M70	Nsw Masters	
4 3213 McIntyre, Neville	M70	Athletics Gl	
5 1931 Ryan, Graham	M70	Randwick Bot	

**Event 36 Men 100 Meter Dash 70-74**

Saturday 16/03/2013 - 10:50 AM

Name	Age	Team	Seed Time
1 1111 Bastas, Nicholas	M74	U.T.S. North	
2 727 Carroll, David	M74	Camden Athle	
3 1882 Gay, Albert	M71	Campbelltown	
4 4659 Green, Bruce	M70	Nsw Masters	
5 3213 McIntyre, Neville	M70	Athletics Gl	
6 1931 Ryan, Graham	M70	Randwick Bot	

**Event 108 Men 200 Meter Dash 70-74**

Saturday 16/03/2013 - 3:25 PM

Name	Age	Team	Seed Time
1 1111 Bastas, Nicholas	M74	U.T.S. North	
2 727 Carroll, David	M74	Camden Athle	
3 4659 Green, Bruce	M70	Nsw Masters	
4 3213 McIntyre, Neville	M70	Athletics Gl	
5 1931 Ryan, Graham	M70	Randwick Bot	

**Event 337 Men 400 Meter Dash 70-74**

Sunday 17/03/2013 - 3:20 PM

Name	Age	Team	Seed Time
1 727 Carroll, David	M74	Camden Athle	
2 3213 McIntyre, Neville	M70	Athletics Gl	
3 1931 Ryan, Graham	M70	Randwick Bot	
4 2248 Warmoll, Bob	M70	Hills Distri	

**Event 84 Men 800 Meter Run 70-74**

Saturday 16/03/2013 - 1:57 PM

Name	Age	Team	Seed Time
1 1286 Gravitis, Vilis	M70	St. George D	
2 1474 Spinney, John	M73	Blue Mountai	
3 2248 Warmoll, Bob	M70	Hills Distri	
4 2552 Wills, Ron	M73	Ryde Athleti	

**Event 295 Men 1500 Meter Run 70-74**

Sunday 17/03/2013 - 11:34 AM

Name	Age	Team	Seed Time
1 1233 Elms, Elwyn	M70	Bankstown Sp	
2 1277 Re, Tony	M74	Armidale Ath	
3 2552 Wills, Ron	M73	Ryde Athleti	

**Event 14 Men 5000 Meter Run 70-74**

Saturday 16/03/2013 - 9:30 AM

Name	Age	Team	Seed Time
1 1233 Elms, Elwyn	M70	Bankstown Sp	
2 1234 Hillsdon, Roger	M73	Bankstown Sp	
3 1277 Re, Tony	M74	Armidale Ath	
4 1474 Spinney, John	M73	Blue Mountai	

5 3697 Ulloa, Abdon M74 Bankstown Sp

**Event 321 Men 80 Short Hurdles 76.2cm 70-74**

Sunday 17/03/2013 - 1:30 PM

Name	Age	Team	Seed Time
1 1111 Bastas, Nicholas	M74	U.T.S. North	
2 1882 Gay, Albert	M71	Campbelltown	

**Event 60 Men 300 Long Hurdles 68.6cm 70-74**

Saturday 16/03/2013 - 12:30 PM

Name	Age	Team	Seed Time
1 1931 Ryan, Graham	M70	Randwick Bot	

**Event 407 Men High Jump 70-74**

Sunday 17/03/2013 - 1:15 PM

Name	Age	Team	Seed Mark
1 1882 Gay, Albert	M71	Campbelltown	

**Event 152 Men Pole Vault 70-74**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 1882 Gay, Albert	M71	Campbelltown	

**Event 196 Men Long Jump 70-74**

Saturday 16/03/2013 - 12:45 PM

Name	Age	Team	Seed Mark
1 1111 Bastas, Nicholas	M74	U.T.S. North	
2 1882 Gay, Albert	M71	Campbelltown	
3 1931 Ryan, Graham	M70	Randwick Bot	

**Event 396 Men Triple Jump 70-74**

Sunday 17/03/2013 - 11:45 AM

Name	Age	Team	Seed Mark
1 1111 Bastas, Nicholas	M74	U.T.S. North	
2 1931 Ryan, Graham	M70	Randwick Bot	

**Event 442 Men Shot Put 4kg 70-74**

Sunday 17/03/2013 - 4:30 PM

Name	Age	Team	Seed Mark
1 181 Bragg, Ronald	M73	Athletics Wo	
2 4029 Christopher, Leo	M70	Nsw Masters	
3 3274 Sowerby, Brett	M73	Blue Mountai	
4 2236 Wiggins, Bruce	M71	Nsw Masters	

**Event 420 Men Discus Throw 1kg 70-74**

Sunday 17/03/2013 - 2:15 PM

Name	Age	Team	Seed Mark
1 181 Bragg, Ronald	M73	Athletics Wo	
2 4029 Christopher, Leo	M70	Nsw Masters	
3 1882 Gay, Albert	M71	Campbelltown	
4 3274 Sowerby, Brett	M73	Blue Mountai	
5 2236 Wiggins, Bruce	M71	Nsw Masters	

**Event 184 Men Hammer Throw 4kg 70-74**

Saturday 16/03/2013 - 11:15 AM

Name	Age	Team	Seed Mark
1 181 Bragg, Ronald	M73	Athletics Wo	
2 3274 Sowerby, Brett	M73	Blue Mountai	
3 2236 Wiggins, Bruce	M71	Nsw Masters	

## NSW Masters Championships - 16/03/2013 to 17/03/2013

## Athletics NSW

## Sydney Olympic Park Athletic Centre

## Performance List

**Event 233 Men Javelin Throw 500g 70-74**

Saturday 16/03/2013 - 4:15 PM

Name	Age	Team	Seed Mark
1 181 Bragg, Ronald	M73	Athletics Wo	
2 1882 Gay, Albert	M71	Campbelltown	
3 3274 Sowerby, Brett	M73	Blue Mountai	
4 2236 Wiggins, Bruce	M71	Nsw Masters	

**Event 142 Men Weight Throw 7.260kg 70-74**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 181 Bragg, Ronald	M73	Athletics Wo	
2 3274 Sowerby, Brett	M73	Blue Mountai	
3 2236 Wiggins, Bruce	M71	Nsw Masters	

**Event 251 Men 5000 Meter Race Walk 70-74**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Time
1 1737 Biggs, Kevin	M74	Nsw Masters	

**Event 272 Men 60 Meter Dash 75-79**

Sunday 17/03/2013 - 10:20 AM

Name	Age	Team	Seed Time
1 1664 David, Morris	M76	Nsw Masters	

**Event 35 Men 100 Meter Dash 75-79**

Saturday 16/03/2013 - 10:50 AM

Name	Age	Team	Seed Time
1 1664 David, Morris	M76	Nsw Masters	

**Event 107 Men 200 Meter Dash 75-79**

Saturday 16/03/2013 - 3:25 PM

Name	Age	Team	Seed Time
1 1664 David, Morris	M76	Nsw Masters	

**Event 13 Men 5000 Meter Run 75-79**

Saturday 16/03/2013 - 9:30 AM

Name	Age	Team	Seed Time
1 2857 Butler, joseph	M76	Girraween At	

**Event 406 Men High Jump 75-79**

Sunday 17/03/2013 - 1:15 PM

Name	Age	Team	Seed Mark
1 1980 Simcock, Ron	M77	Athletics Wo	

**Event 195 Men Long Jump 75-79**

Saturday 16/03/2013 - 12:45 PM

Name	Age	Team	Seed Mark
1 1664 David, Morris	M76	Nsw Masters	

**Event 395 Men Triple Jump 75-79**

Sunday 17/03/2013 - 11:45 AM

Name	Age	Team	Seed Mark
1 1664 David, Morris	M76	Nsw Masters	

**Event 441 Men Shot Put 4kg 75-79**

Sunday 17/03/2013 - 4:30 PM

Name	Age	Team	Seed Mark
1 1980 Simcock, Ron	M77	Athletics Wo	

**Event 419 Men Discus Throw 1kg 75-79**

Sunday 17/03/2013 - 2:15 PM

Name	Age	Team	Seed Mark
1 1980 Simcock, Ron	M77	Athletics Wo	

**Event 185 Men Hammer Throw 4kg 75-79**

Saturday 16/03/2013 - 11:15 AM

Name	Age	Team	Seed Mark
1 1980 Simcock, Ron	M77	Athletics Wo	

**Event 234 Men Javelin Throw 500g 75-79**

Saturday 16/03/2013 - 4:15 PM

Name	Age	Team	Seed Mark
1 1980 Simcock, Ron	M77	Athletics Wo	

**Event 143 Men Weight Throw 7.260kg 75-79**

Saturday 16/03/2013 - 9:00 AM

Name	Age	Team	Seed Mark
1 1980 Simcock, Ron	M77	Athletics Wo	

**Event 250 Men 5000 Meter Race Walk 75-79**

Sunday 17/03/2013 - 9:00 AM

Name	Age	Team	Seed Time
1 2937 Seymon, Jim	M75	U.T.S. North	

**Event 271 Men 60 Meter Dash 80+**

Sunday 17/03/2013 - 10:20 AM

Name	Age	Team	Seed Time
1 4408 Higgs, Desmond	M85	Nsw Masters	
2 1653 Hughes, Richard	M81	Nsw Masters	
3 3087 Sharpe, Brian	M82	Mingara Athl	
4 2630 Sturzaker, John	M80	Sydney Pacif	

**Event 34 Men 100 Meter Dash 80+**

Saturday 16/03/2013 - 10:50 AM

Name	Age	Team	Seed Time
1 1653 Hughes, Richard	M81	Nsw Masters	
2 3087 Sharpe, Brian	M82	Mingara Athl	

**Event 106 Men 200 Meter Dash 80+**

Saturday 16/03/2013 - 3:25 PM

Name	Age	Team	Seed Time
1 1653 Hughes, Richard	M81	Nsw Masters	
2 3087 Sharpe, Brian	M82	Mingara Athl	

**Event 335 Men 400 Meter Dash 80+**

Sunday 17/03/2013 - 3:20 PM

Name	Age	Team	Seed Time
1 1653 Hughes, Richard	M81	Nsw Masters	
2 3087 Sharpe, Brian	M82	Mingara Athl	

**Event 82 Men 800 Meter Run 80+**

Saturday 16/03/2013 - 1:57 PM

Name	Age	Team	Seed Time
1 1653 Hughes, Richard	M81	Nsw Masters	
2 3087 Sharpe, Brian	M82	Mingara Athl	

## NSW Masters Championships - 16/03/2013 to 17/03/2013

Athletics NSW

Sydney Olympic Park Athletic Centre

Performance List

**Event 63 Men 200 Long Hurdles 68.6cm 80+****Saturday 16/03/2013 - 12:40 PM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	3087 Sharpe, Brian	M82	Mingara Athl	

**Event 405 Men High Jump 80+****Sunday 17/03/2013 - 1:15 PM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Mark</b>
1	2630 Sturzaker, John	M80	Sydney Pacif	

**Event 194 Men Long Jump 80+****Saturday 16/03/2013 - 12:45 PM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Mark</b>
1	2630 Sturzaker, John	M80	Sydney Pacif	

**Event 394 Men Triple Jump 80+****Sunday 17/03/2013 - 11:45 AM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Mark</b>
1	2630 Sturzaker, John	M80	Sydney Pacif	

**Event 440 Men Shot Put 3kg 80+****Sunday 17/03/2013 - 4:30 PM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Mark</b>
1	1927 Torok, Francis	M85	Randwick Bot	

**Event 418 Men Discus Throw 1kg 80+****Sunday 17/03/2013 - 2:15 PM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Mark</b>
1	Bennett, Roy	M81	Australian C	
2	2630 Sturzaker, John	M80	Sydney Pacif	
3	1927 Torok, Francis	M85	Randwick Bot	

**Event 183 Men Hammer Throw 3kg 80+****Saturday 16/03/2013 - 11:15 AM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Mark</b>
1	2630 Sturzaker, John	M80	Sydney Pacif	
2	1927 Torok, Francis	M85	Randwick Bot	

**Event 232 Men Javelin Throw 400g 80+****Saturday 16/03/2013 - 4:15 PM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Mark</b>
1	Bennett, Roy	M81	Australian C	
2	2630 Sturzaker, John	M80	Sydney Pacif	

**Event 141 Men Weight Throw 5.450kg 80+****Saturday 16/03/2013 - 9:00 AM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Mark</b>
1	2630 Sturzaker, John	M80	Sydney Pacif	