



**NSW Combined Event Championships**  
**5/1/2013 to 6/1/2013**  
**Cambelltown Athletics Centre**  
**TIMETABLE**

**Saturday**

9:00 AM	Mixed Hammer Throw 3kg, 5kg, 6kg ANSW Event	Finals
9:00 AM	Sprint Hurdles ANSW Event	Finals
9:30 AM	Mixed Pole Vault 1.80m Start ANSW Event	Finals
10:00 AM	Heptathlon: #1 Women 100 Metre Hurdles 84cm Open	Finals
10:04 AM	Heptathlon: #1 Women 100 Metre Hurdles 84cm U20	Finals
10:08 AM	Heptathlon: #1 Men 100 Metre Hurdles 84cm U16	Finals
10:15 AM	Mens Hammer Throw 7.26kg ANSW Event	Finals
10:17 AM	Heptathlon: #1 Women 100 Metre Hurdles 76.2cm U18	Finals
10:26 AM	Heptathlon: #1 Women 90 Metre Hurdles 76.2cm U16	Finals
10:30 AM	Outdoor Pentathlon: #1 Women 80 Metre Hurdles 76.2 U14	Finals
10:45 AM	Decathlon: #1 Men 100 Metre Run Open	Finals
10:51 AM	Decathlon: #1 Men 100 Metre Run U20	Finals
10:51 AM	Decathlon: #1 Men 100 Metre Run U18	Finals
11:00 AM	Heptathlon: #2 Women High Jump Open	Finals
11:00 AM	Heptathlon: #2 Women High Jump U20	Finals
11:00 AM	Women 100 Metre Run ANSW Event	Finals
11:00 AM	Men 100 Metre Run ANSW Event	Finals
11:15 AM	Heptathlon: #2 Men Shot Put 4kg U16	Finals
11:15 AM	Outdoor Pentathlon: #2 Women Shot Put 3kg U14	Finals
11:25 AM	Decathlon: #2 Men Long Jump Open	Finals
11:25 AM	Decathlon: #2 Men Long Jump U20	Finals
11:25 AM	Decathlon: #2 Men Long Jump U18	Finals
11:25 AM	Outdoor Pentathlon: #1 Men Long Jump U14	Finals
11:45 AM	Women 1500 Metre Run ANSW Event	Finals
11:45 AM	Men 1500 Metre Run ANSW Event	Finals
12:20 PM	Mixed 400 Metre Hurdles 91.4cm ANSW Event	Finals
12:20 PM	Mixed 400 Metre Hurdles 84.0cm ANSW Event	Finals
12:20 PM	Mixed 400 Metre Hurdles 76.2cm ANSW Event	Finals
12:30 PM	Heptathlon: #3 Men High Jump U16	Finals
12:30 PM	Heptathlon: #2 Women High Jump U16	Finals
1:00 PM	Decathlon: #3 Men Shot Put 7.26kg Open	Finals
1:00 PM	Decathlon: #3 Men Shot Put 6kg U20	Finals
1:00 PM	Decathlon: #3 Men Shot Put 5kg U18	Finals
1:20 PM	Outdoor Pentathlon: #2 Men Javelin Throw 600g U14	Finals
1:25 PM	Heptathlon: #2 Women High Jump U18	Finals
1:25 PM	Outdoor Pentathlon: #3 Women High Jump U14	Finals
2:00 PM	Heptathlon: #4 Men 200 Metre Run U16	Finals
2:20 PM	Heptathlon: #3 Women Shot Put 4kg Open	Finals
2:20 PM	Heptathlon: #3 Women Shot Put 4kg U20	Finals

2:20 PM	Outdoor Pentathlon: #3 Men 200 Metre Run U14	Finals
2:30 PM	Outdoor Pentathlon: #4 Women Long Jump U14	Finals
2:30 PM	Decathlon: #4 Men High Jump Open	Finals
2:30 PM	Decathlon: #4 Men High Jump U20	Finals
2:30 PM	Decathlon: #4 Men High Jump U18	Finals
2:35 PM	Women 400 Metre Run ANSW Event	Finals
2:35 PM	Men 400 Metre Run ANSW Event	Finals
3:00 PM	Heptathlon: #3 Women Shot Put 3kg U18	Finals
3:00 PM	Heptathlon: #3 Women Shot Put 3kg U16	Finals
3:10 PM	Outdoor Pentathlon: #4 Men Discus Throw 1kg U14	Finals
3.30 PM	Mixed Pole Vault 3.30m Start ANSW Event	Finals
3:30 PM	Heptathlon: #4 Women 200 Metre Run Open	Finals
3:35 PM	Heptathlon: #4 Women 200 Metre Run U20	Finals
4:00 PM	Decathlon: #5 Men 400 Metre Run U20	Finals
4:00 PM	Decathlon: #5 Men 400 Metre Run U18	Finals
4:05 PM	Decathlon: #5 Men 400 Metre Run Open	Finals
4.10 PM	Mixed Hammer Throw 4kg ANSW Event	Finals
4:20 PM	Outdoor Pentathlon: #5 Men 800 Metre Run U14	Finals
4:20 PM	Outdoor Pentathlon: #5 Women 800 Metre Run U14	Finals
4:25 PM	Heptathlon: #4 Women 200 Metre Run U18	Finals
4:30 PM	Heptathlon: #4 Women 200 Metre Run U16	Finals
5:30 PM	Men 10000 Metre Race Walk Open Championships	Finals
5:30 PM	Women 10000 Metre Race Walk Open Championships	Finals

### Sunday

9:00 AM	Outdoor Pentathlon: #1 Women 100 Metre Run 50+	Finals
9:00 AM	Outdoor Pentathlon: #1 Men Long Jump 50+	Finals
9:00 AM	Mixed Discus Throw 1kg ANSW Event	Finals
9:04 AM	Outdoor Pentathlon: #1 Women 100 Metre Run 30+	Finals
9:20 AM	Heptathlon: #5 Men Long Jump U16	Finals
9:30 AM	Decathlon: #6 Men 110 Metre Hurdles 106.7cm Open	Finals
9:40 AM	Decathlon: #6 Men 110 Metre Hurdles 99.1cm U20	Finals
9:40 AM	Decathlon: #6 Men 110 Metre Hurdles 91.4cm U18	Finals
9:40 AM	Outdoor Pentathlon: #2 Women Shot Put 50+	Finals
9:40 AM	Outdoor Pentathlon: #2 Women Shot Put 30+	Finals
10:00 AM	Women 800 Metre Run ANSW Event	Finals
10:00 AM	Men 800 Metre Run ANSW Event	Finals
10:00 AM	Outdoor Pentathlon: #1 Men Long Jump 30+	Finals
10:15 AM	Decathlon: #7 Men Discus Throw 2kg Open	Finals
10:15 AM	Decathlon: #7 Men Discus Throw 1.75kg U20	Finals
10:15 AM	Decathlon: #7 Men Discus Throw 1.5kg U18	Finals
10:35 AM	Heptathlon: #5 Women Long Jump Open	Finals
10:35 AM	Heptathlon: #5 Women Long Jump U20	Finals
10:45 AM	Heptathlon: #6 Men Javelin Throw 700g U16	Finals
11:00 AM	Women 200 Metre Run ANSW Event	Finals
11:00 AM	Men 200 Metre Run ANSW Event	Finals
11:30 AM	Outdoor Pentathlon: #2 Men Javelin Throw 50+	Finals
11:35 AM	Heptathlon: #5 Women Long Jump U18	Finals
11:35 AM	Heptathlon: #5 Women Long Jump U16	Finals
12:00 PM	Outdoor Pentathlon: #3 Women Long Jump 50+	Finals

12:00 PM	Outdoor Pentathlon: #3 Women Long Jump 30+	Finals
12:15 PM	Decathlon: #8 Men Pole Vault Open	Finals
12:15 PM	Decathlon: #8 Men Pole Vault U20	Finals
12:15 PM	Decathlon: #8 Men Pole Vault U18	Finals
12:40 PM	Outdoor Pentathlon: #2 Men Javelin Throw 30+	Finals
12:40 PM	Heptathlon: #7 Men 1500 Metre Run U16	Finals
12:40 PM	Heptathlon: #6 Women Javelin Throw 600g Open	Finals
12:40 PM	Heptathlon: #6 Women Javelin Throw 600g U20	Finals
1:00 PM	<b>Men Discus Throw 1.5kg &amp; 1.75kg ANSW Event</b>	<b>Finals</b>
1:15 PM	Outdoor Pentathlon: #3 Men 200 Metre Run 50+	Finals
1:40 PM	Heptathlon: #6 Women Javelin Throw 500g U18	Finals
1:40 PM	Heptathlon: #6 Women Javelin Throw 500g U16	Finals
1:40 PM	Outdoor Pentathlon: #4 Women Javelin Throw 50+	Finals
1:40 PM	Outdoor Pentathlon: #4 Women Javelin Throw 30+	Finals
1:45 PM	Outdoor Pentathlon: #3 Men 200 Metre Run 30+	Finals
2:00 PM	<b>Women Long Jump ANSW Event</b>	<b>Finals</b>
2:15 PM	Outdoor Pentathlon: #4 Men Discus Throw 50+	Finals
2:35 PM	Heptathlon: #7 Women 800 Metre Run U20	Finals
2:40 PM	Heptathlon: #7 Women 800 Metre Run Open	Finals
2:45 PM	Heptathlon: #7 Women 800 Metre Run U16	Finals
2:50 PM	Heptathlon: #7 Women 800 Metre Run U18	Finals
3:00 PM	Decathlon: #9 Men Javelin Throw 700g U18	Finals
3:00 PM	Decathlon: #9 Men Javelin Throw 800g U20	Finals
3:00 PM	Decathlon: #9 Men Javelin Throw 800g Open	Finals
3:00 PM	Outdoor Pentathlon: #4 Men Discus Throw 30+	Finals
3:15 PM	<b>Men Long Jump ANSW Event</b>	<b>Finals</b>
3:20 PM	Outdoor Pentathlon: #5 Women 800 Metre Run 30+	Finals
3:25 PM	Outdoor Pentathlon: #5 Women 800 Metre Run 50+	Finals
3:45 PM	<b>Men Discus Throw 2kg ANSW Event</b>	<b>Finals</b>
4:15 PM	Outdoor Pentathlon: #5 Men 1500 Metre Run 50+	Finals
4:23 PM	Outdoor Pentathlon: #5 Men 1500 Metre Run 30+	Finals
4:30 PM	Decathlon: #10 Men 1500 Metre Run U18	Finals
4:30 PM	Decathlon: #10 Men 1500 Metre Run U20	Finals
4:30 PM	Decathlon: #10 Men 1500 Metre Run Open	Finals

**Please Note:** Times set for Combined Events are indicative, and events following the first will proceed as advised by the Combined Events Referee and as field event sites become available.