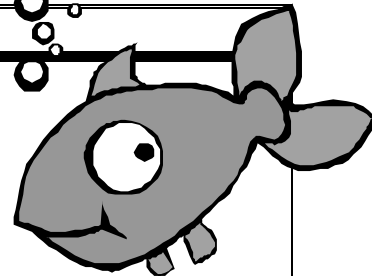


# SNAPPETS



Stadium Snappers AUSSI Masters Swimming Club, PO Box 532, Claremont 6910

April 2008

## PRESIDENT'S REPORT

April brings some endings to savour and lots of beginnings to look forward to – the end of our swim around Australia, the season of autumn in the air, the end of our training program and anticipation of great swims in the Worlds. It is almost six months since a number of Snappers set their goals and started training for the FINA World Masters Championships. Most have been able to stay with the aim of swimming their best and enjoying a world event on our doorstep. Snappers have again demonstrated their big hearts by volunteering for a wide variety of roles at the championships.

Welcome to Barbara Fentiman and Cliffe Webb, who are swimming as Snappers. And, of course, welcome to Derek, who has slipped easily into his role as timekeeper, teller of a good story and general rouse-about. And welcome to Beryl, good to see you enjoying the waters of Challenge with the day group.

**To the swimming Snappers** – I wish every success and enjoyment in your swims as you fulfil your training goals, and hope we bring home some PBs and medals!

**To our volunteering Snappers** – I wish you an enjoyable time, in the knowledge that you are making this world event possible. I also know that you will do your jobs professionally and in the spirit of Masters Swimming – fun and friendship!

Let us all make our visitors welcome, so that they enjoy their time at Challenge and in Perth.

At the training session on Saturday 12 April, Kim made a presentation to Eleanor to thank her for her special training programs to prepare the swimmers for their World events.

The Open Water Swim Series finishes on 25 April with the World open water swim in the Swan River, although the local series finishes this weekend. The Masters Swimming WA Awards function will take place on 18 May 2008, so make a note in your diary to come along to support Snappers and other Masters swimmers who may be in line for an award.

In the Swim around Oz, we achieved our goal to get back to Perth before the Worlds – and did it with great ease and time to spare. Thanks go to Gerry Krygsman for setting up the record-keeping and to Jeannine for taking up the challenge of keeping us on task. You can put away the “big stick” now, Jeannine! Thank you Gerry, Jeannine and all who recorded their swim distances. What's next? Any ideas for a new participation swim project? I would love to hear your suggestions!

The 2008 committee is tackling some new projects:

- Thinking about a club history for the 20 year birthday in 2012.
- Ways of promoting the club and supporting new members – Richard has some interesting ideas.
- New letterhead that shows our fish logo in colour.

New aerobics timekeeping sheets will be available after the Worlds to meet the requirement for two

### *In this issue*

#### **Regular features**

President's message.....	1
Diary Entries.....	2
Birthdays.....	2
Captain's report.....	3
Welcome new members.....	3
ILFWA.....	3
Goggle.....	3
Swim around Oz.....	4
Coaching tips.....	4
Club swim results.....	7
Humour.....	7
OWS report.....	8
Deadline for next issue.....	9

#### **Special features**

Snappers' Swimathon.....	5
MND breakthrough research.....	6
National Swim results.....	6
Thanks for the Memories.....	7
From the Archives.....	9

---

club timekeepers, following our change of policy and practice to meet the aerobic swim rules.

Earlier this year the committee made a decision to use some of its accumulated funds to support members. To date Snappers have benefited in the following ways: subsidising the Nutrition seminar, paying entry fees for Snappers' relay teams participating in the Worlds, hiring additional lanes for Worlds training (and non-Worlds swimmers during the event) and keeping the membership fees at 2007 rates.

We have managed well during the school swimming carnival season. Thank you to everyone for your patience and cooperation. Day group afternoon tea arrangements are still a little vague and uncertain. Hopefully we can negotiate something more satisfactory with the new contract - catering arrangements have never been part of the lane hire contract.

The 'cost of a swim' survey is almost complete. Forty swimmers have returned their forms. I will still accept your estimates of your 2007 expenditure at Challenge Stadium. If you need a new form, email or ask me directly. It would be good to have at least 60 responses! So please reply even if you don't think you have spent much. You know the old saying – every penny counts!

Finally to the event of the moment:

Thank you to all the coaches for their preparation of suitable programs, their cajoling and encouragement during the last couple of months. Special thanks to Eleanor for overseeing the Worlds' coaching program and for her dedication to getting us to high levels of fitness and technique. And special thanks also to Marilyn for taking the additional Thursday afternoon squad.

Good luck! Good swimming! Achieve or better your goals! But most of all have fun!

Sue Colyer

---

## DIARY ENTRIES for April and May 2008

Thursday 17 April	Briefings for Worlds swimmers and volunteers from 2.00 pm
	Opening ceremony 6.30 pm
Friday 18 to Thursday 24 April	2008 World Masters pool events
Friday 25 April	2008 World Masters OWS 3 km Barrack Street jetty 1.00 pm
	Closing ceremony/Great Aussie BBQ 6.30 pm
Sunday 4 May	Swimathon 8.00 am to 4.00 pm
Saturday 17 May	Snappers 1500 metre distance swim
Sunday 18 May	MSWA Annual Awards function including 2007/08 OWS Series awards 10.00 am to 12.00 noon Nedlands Yacht Club
Monday 19 May	Committee meeting
Monday 26 May	Simpson Cup Golf Day
Saturday 31 May	Club Swim 50s and 200s, 1 pm warm up
Saturday 21 June	Snappers Annual Dinner

---

## BIRTHDAYS

### April

1 Jeannine Heinrichs  
5 Barbara Stuart  
8 Eleanor Parsons  
**18 Barbara Fentiman**  
**18 Geraldine Klug**  
**18 Murray Kornweibel**  
**18 Julianne Crowley**  
22 Margaret Somes  
25 Geoffrey Lane  
30 Carmen Harrison

### May

1 Sue Colyer  
6 Cathie Plowman  
7 June Hough  
13 Laiene Maxted  
14 Sue Trenaman  
14 Beryl Webb  
15 David Corney  
15 Michael Musk  
16 Merle Loukes  
19 Richard Diggins  
27 `Tricia Summerfield

### A very Happy Birthday to our many April and May babies

Here's your daily requirement of maths for today: We have a stats whizz in our Club's extended family. She tells us that, in a club with 75 members, the chance of four members sharing the same birthday is 2 in 100. That's surprisingly high.

*Thanks to Elizabeth's daughter, Ruth, for this information.*

---

---

## DAY CAPTAIN'S REPORT - FIRST TERM 2008

Scanning my announcement notes I can't help but notice how action-packed these summer months have been.

We had stupendous success at our first interclub for the year. Not only did we win it, but more importantly we won by weight of numbers! Well done to all the 'rookies' and the 'rather reticent retirees' who had a go. It was a wonderful club get-together. Newman Churchlands BACC is usually a good opener for the year. We have three more interclubs in 2008, including our own in September.

With anywhere between 30 and 35 people in the pool on Wednesdays and Fridays congratulations are certainly in order for the tolerance and cheerfulness shown by the day group. Sometimes the mystery factor of how many lanes we'll have, where we'll be, how to manage an aerobic swim, and where we'll have coffee afterwards means coming along is a must! But take heart, only two more sleeps before the World Masters starts, all the school carnivals are finished, and life will return to the genteel camaraderie we all know so well.

As for other highlights of the First Term 08, Geraldine (intermediary) and Marilyn (training coach) have been steaming ahead working to prepare the day swimmers registered to swim in the 'Worlds' and the rest of us volunteering to help. Wyvern, Barry and Sue had success at the 'Nationals' in Melbourne over Easter. The 'Swim-around-Australia' was completed well ahead of schedule and we arrived back at the Swan Bell Tower by the end of March - well in time for the Worlds.

And of course, the annual Swimathon for Motor Neurone Disease research will be held early in May. Remember - Participation: paramount. Fitness: a bonus. Fun: a by-product. Keep swimming!

Marg Watson

---

---

### WELCOME

We are delighted to welcome these new Club members and wish them loads of enjoyment swimming as Snappers:

New: Phil Hoff, Susan Phillips, Neil Ross  
Newer: Beryl Webb, Gary Steenkamp  
Newest: Steph Weston, Mike Musk

### IMPROVES LIKE FINE WINE AWARD

Congratulations to Neil Ross, who is the winner of the ILFWA for March! Neil is swimming regularly and is finding the 50 metre journey from end to end much less arduous than when he first took the plunge. He's also increasing the distance he swims in each session and doing a much better job of keeping left!



### Goggle saw and heard!

Snappers wearing new bright club shirts, some even with pockets. Thanks Marg Watson for organising the purchase and Brian Somes for accepting payment!

Audrey B and Pat S having the time of their lives riding pillion behind Brett the Biker around the car park at Challenge Stadium. Pat even went off-road! A fine gesture, Brett.

At the last official training session for Worlds participants on Saturday, when Eleanor told swimmers they'd need a 'pool' buoy, a certain swimmer was heard to exclaim instantly, "I'll have Brett!" [We think E meant *buoy*, not *boy*, Robyn!]

### BOLD PARK ALTERNATIVE

While the Worlds are in progress at Challenge Stadium, the Club has hired one lane at Bold Park between 7.00 pm and 8.00 pm on Tuesday 15 and 22 and Thursday 17 and 24 April. Hope you can take advantage of this opportunity.

### FINA: WHAT DOES IT STAND FOR?

The acronym FINA stands for the French words Fédération Internationale de Natation (English translation is International Federation of Swimming).

FINA celebrates 100 years of existence this year!

---

---

## HOW FAR DID YOU SWIM AROUND OZ?

from the tally kept over more than 2 years by Gerry Krygsman and Jeannine Heinrichs

Km	Name	Km	Name	Km	Name	Km	Name
6.3	Beryl WEBB	85.8	Pat BYRNE	145	Kathryn BUTTFIELD	272.3	Wayne DAVIES,
10.6	Joan YOUNGBERG	86.9	John CHRISTIE	187.1	Brian SOMES	277.8	Audrey BULLOUGH
11	Zee MARSLAND	87.1	Peter WILLIAMS	187.8	Elizabeth MILLS	290.8	Tricia SUMMERFIELD
12	Trudy VANDEWERDT	90	Bernie WEST	201	Ken BRUCE	299.1	Wyvern REES
13.6	Jack JAGO	96	Arthur JENKINS	211.35	Barbara STUART	313.2	Pat SUGARS
20	Nomai JAGO	99.05	Merle LOUKES	227.55	Patrick CARDEN	314.5	Barry GREEN
22.3	Geoff BARNARD	100	Brett MACHIELSEN	230.7	Rob SHAND	323	Sue COLYER
32.5	Audrey WREN	115	Marg WATSON	232.3	Cas BROWN	328.3	Robyn WILSON
41.1	Sue TRENAMAN	120.2	Jean BEATON	233.15	Margaret SOMES	530.9	William CURTIS
41.8	Geoff LANE	120.2	Doris KIMBER	235.2	Lillian HADLEY	546.9	Geraldine KLUG
47.4	Cathie PLOWMAN	120.5	Cliffe WEBB	237.8	Kim KLUG	600.5	Merilyn BURBIDGE
61.9	Laiene MAXTED	128.55	Hazel CHRISTIE	243.05	Beatie NORRIS	817.9	Pamela WALTER
62.4	June HOUGH	129.4	Belinda AITKEN,	257.6	Gerry KRYGSMAN	896.8	David CORNEY
69.15	June MAHER	129.4	Helen GREEN	266	Colin BEATON	932.1	Eleanor PARSONS
71.9	Don LANE	129.5	Alan EARNSHAW	269	Dee STEPHENSON	1450.2	Gail PARSONS
75.45	Jeannine HEINRICHS			<b>OVERALL TOTAL</b>		<b>14,349.35 km!!</b>	

Jeannine says: *Hope all are satisfied with their performances. These figures are the UMPIRE'S decision and NO correspondence will be entered into!*

Many Snappers have now become very good at keeping their distance tallies. Your Committee is working on some ideas for the next fun Club project.

---

---

### WORLDS COACHING TIPS: KNOW WHAT TO EXPECT - TAKE NO RISKS

You will be aware that the Worlds Championships are conducted according to FINA rules, not Masters Swimming Australia rules. The following differences should be noted and adhered to:

- The signal from the Referee for swimmers to step forward to take up their positions behind the blocks is a series of short whistles.
- For strokes other than Freestyle, swimmers must not stop swimming during the 50 metre length. If you need to adjust your goggles, wait until you have touched the end wall and then do it.
- You are advised not to wear a watch when you swim to avoid the possibility of having to prove that it has not been used as a pacing device.

Provided by Gary Stutsel (Chair Masters Swimming Australia IT Committee) and Kay Cox (XII FINA World Masters Championships Chief Referee) in AUSSI Masters News, March 2008.

---

---

### MORE TIPS: PRE-RACE WARM-UP GUIDELINES FOR POOL EVENTS

Provided by Eleanor from her own experience as well as other references

What you swim pre-race is very personal. Some key points are:

- Develop your own pre-race warm-up depending on your event. The example below provides a guideline to help you build a warm-up program that suits you.
- The distance you need to swim may be 1000 to 2000 metres to feel completely loose and warmed up.
- Finish a warm-up at least 20 minutes before your event. If you end up having to wait longer to compete, it is a good idea to re-enter the water immediately prior to your event and do a few quick laps to get your heart rate going again and stimulate blood flow to your arms and legs. You want your heart rate to be above resting when you start your race so that you don't spend the early part of the event getting your pulse up to racing speed; it should already be faster than usual when you step up on the blocks.

[continued next page]

---

---

## Example of pre-race warm-up program

### Preliminary easy stroking:

400 freestyle, 200 backstroke, 100 breaststroke, 200 freestyle

### Short, explosive set to raise heart rate to 85% of your max (approx 220 minus your age):

4 x 50 ON 1:00 descending (swimming each successive 50 in a shorter time)

OR 8 x 25 ON 0:35 Easy, Build, Explode, Fast

OR 8 x 25 EEOF (every other one fast)

### Easy swim to loosen your muscles again and allow your heart rate to decrease:

100 easy freestyle

### Short kicking set to warm up your legs for the final pre-race pace and/or sprint set:

4 x 25 kick, 15 seconds rest

### Easy few hundred metres pulling with buoy to warm up your shoulders:

300 pull buoy

### AND for sprints:

4 x 25 sprint (race pace or 6 strokes fast, 7 easy or 6 strokes b/out fast), 1:00 rest

### OR for distance:

3 x 100 @ long distance pace, 10 seconds rest

### Swimdown:

200 easy

**Note:** For either sprint or distance, you may find value in some dive and turn practice where you watch the clock to determine that you're starting at a controlled pace.

### MESSAGE FROM LYNDA

Please send my best wishes for all swimming and assisting at the World Masters in Perth. It will be a great swim. Sorry I am unable to join you this time round.  
Kind regards,

Lynda  
(*Lynda Joachim, now living in Queensland, was Snappers' first president.*)

### FINAL MESSAGE TO WORLDS SWIMMERS FROM YOUR COACHES

You've shown an admirable degree of motivation and application in preparing for the Worlds. Now enjoy the excitement of your events. If you achieve your goals, we'll be delighted. If you don't, we'll know you gave it your best shot and will still be proud of your efforts.

## SUPPORT SNAPPERS' SWIMATHON on Sunday 4 May

Don't forget to enter the Swimathon to be held on Sunday 4 May 2008 from 8am to 3pm or later if needed. Sue has the sign-up sheet while the cage is out of bounds. The early time slots are filling fast. Challenge Stadium has given us two lanes in the indoor pool and we can accommodate two swimmers per lane. If you are swimming, please arrange to share timekeeping with another swimmer.

Think about some different strategies this year:

- Put together a team to complete some of your aerobic swims
- Challenge another team to see which team can do the most laps in an hour
- See if your team can complete a 1500 or 3000 metre swim

This event is not only for those swimmers wanting to complete the longer aerobic swims, it is a chance for all Snappers to raise funds for our charity effort - to support the Motor Neurone Disease Association. New members are encouraged to join in!

This year the Swimathon coincides with the launch of MND Awareness Week, so there will be extensive publicity about the disease and the need to raise awareness and funds to support the Association that cares for people with MND, their carers and families. See the report of a breakthrough in the search to find the cause of MND included in this newsletter on page 6.

What can you do to help the Swimathon?

- Swim a short or long distance
- Timekeep
- Come to the pool to cheer on the swimmers and/or rattle a tin
- Support a swimmer with some sponsorship
- Collect other outside sponsorship for the club

Maybe we can beat our best efforts: 26 swimmers in 1999; 56 km in 2007; \$6000 in 2003. In true Snapper spirit, let's give it our best again this year!

Sue Colyer

---

## TDP-43 and Motor Neurone Disease

For some years, it has been known that TDP-43 protein accumulates in spinal cord neurones of patients with motor neurone disease (MND). These aggregates are not seen in the familial SOD1 form of motor neurone disease but are present in all sporadic MND patients. It was not known whether the accumulation of this protein is a normal repair process or whether aggregated protein causes the death of these neurones.

At the end of 2006, we found mutations in the *TDP-43* gene (which is the DNA code for the TDP-43 protein) in a single Australian family with multiple affected members who had English relatives. No mutations were found in the normal, non-affected members of the family. As is usual in motor neurone disease, we only had a few samples from living affected individuals to study in Australia, so we asked the family to contact their relatives in England. They found there were some living members of the family affected with MND. We therefore asked the English family to contact our MND research collaborators Professor Chris Shaw and Dr Sreedharan at King's College Hospital, London, to give blood samples for research. The results from the English branch of the family, added to our evidence that the mutation was only found in affected individuals, thus proving that this gene, when mutant, can cause motor neurone disease.

*Our evidence that the abnormal (mutant) gene can cause the disease makes it likely that the accumulation of TDP-43 seen in the common sporadic cases of motor neurone disease may also be causing motor neurone disease.* If this proves to be true, then TDP-43 will be a target for drug development. The search will be on for drugs that can reduce TDP-43 accumulation. There are now many research groups throughout the world interested in TDP-43, so it is likely that this research will progress rapidly. If a drug can be found which normalises TDP-43 in patients, then trials in animal models will be done. If successful, human trials will follow.

So, in summary, our breakthrough has been a pointer to the way ahead. How long it will take for this to translate into a motor neurone disease drug treatment is a guess. It is possible that an effective treatment could happen this year or in decades.

Much of our research work was made possible by a bequest from a motor neurone disease sufferer who died in New Zealand. Dr Ian Blair, who leads our laboratory research group and who initiated screening of the TDP-43 gene, was supported by a MND Research Institute of Australia (MNDRIA) Bill Gole Fellowship. This work would not have been possible without the assistance of brave families with MND who have collaborated with our research by providing family information and tissue samples. I wish to thank them for their support, as without this help, our research would not have been possible.

by Professor Garth Nicholson MB BS, PhD

The ANZAC Research Institute, Concord Repatriation General Hospital, NSW, Australia.

---

## MSA NATIONAL MASTERS, MELBOURNE 20-23 MARCH 2008

Stadium Snappers were well represented at the National Masters held at the Melbourne Sport and Aquatic Centre at Albert Park over the Easter weekend. Snappers, with three members participating, was the best represented WA Masters Swimming club! Only seven swimmers came from WA. Wyvern Rees, Barry Green and Sue Colyer brought home a swag of seven medals. Barry also swam 4 PBs.

Barry: 100 Back (2<sup>nd</sup>), 50 Free (3<sup>rd</sup>), 50 Back (3<sup>rd</sup>),  
50 Breast (3<sup>rd</sup>), 100 Breast (3<sup>rd</sup>)  
Wyvern: 50 Breast (3<sup>rd</sup>)  
Sue: 200 IM (3<sup>rd</sup>)



Congratulations to our very successful trio.

---

---

## CLUB SWIM RESULTS 5/4/08 from Recorder Pamela Walter

AUDREY BULLOUGH BA 200 (inaug 50), FR 50 (PB50), FR 100 (PB50)  
MERILYN BURBIDGE BR 200 (PAB50 by 2 sec)  
SUE COLYER BR 200 (PB50), BU 50 (PB50), FR 100 (PB50 beating PB from '04)  
JULIE CROWLEY FR 50 (PB50), FR 100 (PB50), FR 200 (PB50)  
WILLIAM CURTIS BA 50 (PAB50), BA 100 (PAB50)  
ELIZ EDMONDSON BA 200 (PB50), FR 50 (PB50)  
BARRY GREEN BR 50 (PB50)  
PHILIP HOFF FR 50 (inaug 50), FR 200 (PB50)  
GERLADINE KLUG BA 200 (better than best '07 time)  
JUNE MAHER FR 50 (1st time recorded in 12 mnths), FR 200 (1st time recorded since '05)  
PAT SUGARS BA 200 (PB50, CR50)  
PAMELA WALTER BR 50 (PAB50, CR50), BR 200 (PAB50, CR50)

---

### “THANKS FOR THE MEMORIES” sung by Barbara and Derek Fentiman

Thanks for the memories:

To Marilyn and Sue, Lillian and Eleanor too,  
For giving up their time as such to tell us what to do,  
We thank you so much.

Thanks for the memories:

To Snappers one and all, we've really had a ball.  
Thanks very much to Captain Marg: when we gave her a call  
She gave us a bed.  
Now dear John and Hazel, who let us borrow their car:  
We drove it down to Rockingham - it had never been so far.

Thanks for the memories

Of picnics on the shore and always in the sun  
To Pamela with all her games. They really were such fun.  
We thank you again.

Thanks for the memories:

To Trudy and to June, whose food is just the best  
And whose continued friendship is the greatest in the west:  
We'll miss you so much.

Thanks for the memories.

The numbers are so vast; the time has gone by fast.  
The length of flight is no delight, so this will be our last.  
We'll miss you so much.

Barbara and Derek Fentiman

### THE BATHTUB TEST

During a visit to the mental asylum, a visitor asked the Director how they determine whether or not a patient should be institutionalised.

"Well," said the Director, "we fill up a bathtub, then we offer a teaspoon, a teacup and a bucket to the patient and ask him or her to empty the bathtub."

"Oh, I understand," said the visitor. "A normal person would use the bucket because it's bigger than the spoon or the teacup."

The Director replied, "No, a normal person would pull out the plug. Do you want a bed near the window?"

*Contributed by Elizabeth*

*Thanks to Barbara and Derek for their kind thoughts. We have greatly enjoyed their company and wish them a safe journey home after their tenth visit to Perth (they first visited Perth and found Snappers in 1995). We, too, will remember Barbara and Derek as willing participants in and strong supporters of our club.*

*We also farewell Beryl and Cliffe Webb who are frequent visitors to and supporters of Snappers.*

*We hope both couples find that they just must come back to Perth to swim and play.*

Forget health food. You're at an age where you need all the preservatives you can get.

---

---

## **OPEN WATER SWIM RESULTS** thanks to Roving Reporters Gail and Sue

### **Barrett Bunbury Swim Thru, 1.6 km, 8th March 2008**

Age Group	Swimmer	Time	Age Group Place	Overall Place
50-54	Eleanor Parsons	26:22:00	1	16
50-54	David Corney	30:36:00	3	34
40-44	Patrick Carden	35:28:00	5	67

**Weather** - coolish

**Conditions** - moderate south westerly and strong tidal movement

**Stinger Count** – nil

This swim takes us downstream against the tide to the Parade Hotel, actually finishing in the beer garden. This was Patrick's first time participating. He had his beer money wrapped in his hanky firmly secured in his bathers ready to buy that well deserved beer at the finish.

#### **Background Nonsense**

##### **What Thal!!**



David trotted out in his new/old Blue Seventy Point Zero 3 suit "again". The admirer from the Busselton swim is obviously still suffering from suit envy, because he just had to say something. David is still a little nervous. Eleanor suffering from a slight head cold wanted to pack tissues down her bathers because her nose would not stop running.

### **Coogee Jetty to Jetty, 750 m and 1.5 km, 9th March 2008**

	Age Group	Swimmer	Time	Age Group Place
750 metres	65 - 74	Marg Somes	18:13	2
	75 - 84	Pat Sugars	24:06	1
	75 - 84	Brian Somes	26:30	7
1500 metres	45 - 54	Phil Hoff	27:29	21
	65 - 74	Barry Green	27:33	2
	55 - 64	Sue Colyer	28:14	6
	65 - 74	Barbara Fentiman	28:33	2
	65 - 74	Merilyn Burbidge	30:37	5

**Weather** - light southerly

**Conditions** - water warm and a little turbulent

**Stinger Count** - nil

The popularity of the Jetty swim has been increasing each year. This year 497 swimmers entered the two events. Snappers were supported by a cheerful squad of extras, all enjoying the breakfast-cum-lunch. Congratulations to Pat Sugars who won her age group as well as a BBQ in the raffle!

### **Southern Ocean Classic Mile, Denmark, 1600m, 23rd March 2008**

A decision was made very early that day to cancel the event due to unsafe conditions. The photo doesn't give the full picture. In fact the waves were breaking on the seaward side of the course.



Denmark's Ocean Beach: 23 March 08

### **Dale Alcock State OWS, 2 km, 29th March 2008**

Age Group	Swimmer	Time	Age Group Place
50-54	Barbara Stuart	49.25.44	6
55-59	Julie-Anne Crowley	47.10.92	6
	Philip Hoff	40.15.11	3
60-64	Sue Colyer	40.51.18	2
70-74	Barbara Fentiman	40.54.40	1

**Weather** – fine, mild

**Conditions** – calm, very slight wind chop

**Stinger Count** – Nil, what a relief!

Numbers were down a bit this year, could be due to all the keen swimmers, who have entered the Worlds, off doing their training. It was a straight swim south from the Coogee jetty to the Woodman Point jetty and back. Five Snappers swam the 2km, but others from other clubs swam in the 1km event. A nice smooth start, even the opportunity to chat before the hooter sounded! Some swimmers on the home leg were last seen following the centre marker buoy as it drifted off towards Rottnest. Barbara Fentiman was rewarded with a first in her age group. Well done Barbara!



---

## Background Nonsense



### What Thal!!

One Snapper nearly didn't make the start ... missed the turn off to the Coogee Jetty, and was heading south to attempt the start from Woodman Point. With two minutes to start time Sue was seen running onto Coogee beach, signing in, pulling off her gear, pulling on a cap and racing into the water. Made it, phew!

---

## FROM THE ARCHIVES

Ever wondered why WSU is the Masters Swimming code for Stadium Snappers? WOP - Osborne Park, WCM - Claremont, WNC - Newman Churchlands: these examples are perfectly obvious. But why WSU and not WST or WSS?

Our club was formed at a public meeting in 1992. The pool complex was known as the Superdrome and the name registered with AUSSI (WA) was Superdrome Snappers, hence the SU. The club colours were black and gold.

In 1996, with WA about to host FINA World Championships in January 1998, Graham Moss (CEO) advised the club that as of 4th November the Superdrome would no longer exist. The WA Sports Centre had secured a naming rights sponsor and the complex was to be called the Stadium. As it was Snappers' major sponsor, the Superdrome asked the club to change its name at the same time. A special general meeting was held in November 1996 at which our name was changed to AUSSI Stadium Snappers. We were still 'Snappers' and our colours were still black and gold. At the AGM in January 2001 a motion was passed "that the club colours incorporate the current colours of Challenge Stadium". The Stadium's colours were predominantly aqua and gold. The new club logo, shirts, banner, track suits and swim caps were all launched that year.

Incidentally, the sponsor with naming rights was the Challenge Bank, later to be taken over by the Westpac Banking Corporation, hence 'Challenge Stadium'. Once the iconic WA bank ceased to be, the name 'Challenge' stuck because it does have certain sporting connotations!

As for the W in WSU, it of course stands for Western Australia in the context of a world wide organisation, the proof of which will be evident here in Perth between 15th and 25th April this year.

Marg Watson

If there's no chocolate in Heaven, I'm not going.

### DEADLINE FOR NEXT ISSUE: FRIDAY 30 MAY

I look forward to receiving your contributions for the next issue of Snappets.

Please send them to Marilyn at [amburbidge@westnet.com.au](mailto:amburbidge@westnet.com.au).

Stadium Snappers values the support we receive from our sponsors

