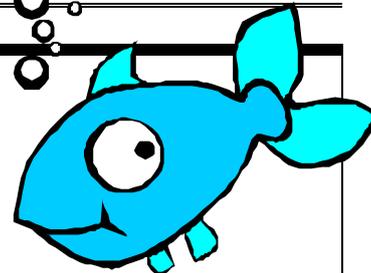


SNAPPETS



Stadium Snappers Masters Swimming Club Inc www.stadiumsnappers.net.au Oct 2012

News of our President



Dear Snappers Members,

After 5 years in various roles on the Snappers Management Committee, at the conclusion of the Committee Meeting on 19th September, I resigned as President of Snappers Swimming Club.

I thank all those who have been supportive and who have worked cooperatively for the betterment of the club.
I wish the club the best for the future.

Julianne Crowley

We thank Julianne her for all that she contributed to the position of President, particularly the enjoyable and gracious celebration of Snappers' 20th Anniversary and the publication of the wonderful history of Snappers Swimming Club

Julie has displayed integrity, honesty and the ability to listen and discern in her role as President. We will miss her courteous direction at meetings and look forward to seeing more of her in the water and on the pool deck.

Thank you Julianne. We look forward to your speedy return to a contributing position at a suitable time.

In Julie's absence, vice president Geraldine Klug has assumed the role of acting president.

Congratulations to Coach Barry

Barry Green received his certificate stating that he is a qualified Masters Swimming Coach.

We congratulate Barry's commitment to the Club in undertaking the course, diligently fulfilling the requirements and continuing to supervise daytime training sessions.



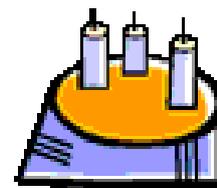
Barry's dedication as a Coach is much appreciated and it is good to see him sharing the role with long term Coach, 'Tricia Summerfield.

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Birthdays October and November

7 Oct	Cas Brown	2 Nov Barry Green
19 Oct	Hazel Christie*	26 Nov Hazel Spong
22 Oct	Theresa Elliott	26 Nov Ann-Maree Lynch
22 Oct	Robyn Wilson	29 Nov Helen Green



*Congratulations to Hazel who moves to a new age group.

Diary Entries for October and Beyond

Date	Event	Time	Venue
Sat 13 Oct	SC 400/800	1pm for 1.30	Darling Range College
Wed 17 Oct	Committee Meeting	7pm	Regent Park
Sun 21 Oct	Bowls	1pm	Dalkeith
Fri 26 Oct	\$2 Disability Cuppa	2.45pm	Challenge
Sun 4 Nov	Volunteers for Triathlon	6.30 for 7am -11am	McGillivray area
Sun 11 Nov	Lk Leschenaultia OWS	8.30 Registration	Chidlow
Sat 17 Nov	Club Swim	1pm for 1.30	Challenge
Wed 21 Nov	Committee Meeting	7pm	Regent Park
Sun 25 Nov	BACC Osborne Park	9am start	Tuart College
Sat 1 Dec	Narrogin BACC	Mid-morning	Narrogin
Sat 8 Dec	Fremantle OWS	8.30 start	South Beach
Sun 9 Dec	Picnic	About 11am	tba
Sun 16 Dec	Bicton River OWS	Early	Bicton

Advance warning of Christmas Break

No lane hire from **Mon 17 Dec** for three weeks.

Lane Hire commences again on **Tues 8th Jan.**

In the absence of a coach and cage please feel welcome to meet, swim and coffee as usual.

Swim Results

Claremont Relay Swims

12 August 2012

23 Snappers, 17 women and 6 men, swam the Claremont Relays:

- 20 out of the 23 teams placed, with eight 1st places, seven 2nd places, five 3rd places.
- Five teams gained State Records.
- Our 320+ team of Deirdre Stephenson, Hazel Christie, Margaret Somes and Pat Sugars, (pictured) gained two firsts and a State Record.
- Our six men did a valiant job: Barry, Wayne, Kim and Gail placed first in the 400m FR 240+ group.
- One of the records was set in the Women's 200+ Medley by Gail, Kim, Sue and Eleanor.
- Overall we placed 3rd to Claremont and Osborne Park.
- Claremont ran the event very efficiently and enabled all clubs to enjoy the challenge.
- Thanks to our timekeepers, officials and assistants who rallied to help and well done swimmers.



Snappers BACC

2 September 2012

Nineteen Snappers swam; 17 women and 2 men, winning a total of 206 points, comfortably 45 points ahead of Somerset. Relays in the Women's 200+, 240+ and 280+ achieved first place score.

Some Records were made and are awaiting confirmation.

Although Fathers' Day was possibly a reason for the lower numbers, it was a most successful and enjoyable meet.

Credit can be given to:

- Kim Klug as Meet Director, supported by Geraldine, both of whom swam.
- Pat Sugars who organised Raffle Hampers and the Lunch as well as swimming.



Special thanks to:



- Recorders, Bernard and Andrew,
- Announcer Geoff Hadley;
- Judith and Janette for marshalling at the registration
- Jean and Jeannine for deck marshalling;
- all the time keepers, the property managers, the lunch assistants;
- the MSWA Officials who included Pamela.



Each swimmer gained points and it was the combined contribution of all swimmers which won the club trophy. Scoring 12 points were Hazel, Barry, Eleanor and Theresa, while Deirdre, Helen, Gail, Jackie and Kim gained eleven points.

Well done all swimmers.

We were well represented by our senior swimmers in the upper age groups:

Hazel Christie swam in the 85+ group, Pat Sugars swam in the 80+ group and Deirdre Stephenson and Margaret Somes swam in the 75+ group.



Kylie, Gail and Kim were part of a strong relay team.

Goggle saw:

- New and youngest member, Kirstie Smith, at the Club Swim, 1.30pm, on Saturday 25 August, having cycled 80 km and eaten no lunch. After swimming her three events and scoring a Club Record, she continued in the pool while everyone else relaxed over coffee and Tim Tams. Later that afternoon Kirstie fitted in a run. All this on the day before the City to Surf, in which she ran the 12 km event! Well done Kirstie. We are very proud of you.
- One of our senior swimmers at the same Club Swim, completing 50m Backstroke and taking a break, forgetting that she had entered the 100BA.
- Amidst the background noise, the furthest swimmer didn't hear the start whistle, overbalanced and fell in after the other competitors had dived. She surfaced, stopped, and finally swam fast to the end, very pleased that she had swum so fast!
- Brian Somes returning to Wednesday afternoon tea with Snappers, after a few months break, buying his lucky raffle tickets and winning! Of course!
- Patrick Cooney, fresh out of hospital, practising his walking from the car to afternoon tea, hoping for cake but glad to see someone had brought delicious Dutch cookies.
- Marg S, on pool-deck, beginning to disrobe ready for her afternoon swim, only to realise that she was clothed in underwear not swimmers!
- Physically challenged Patrick, after his pool rehab exercises, being assisted to dress by his diminutive and generous coach, discovering that part of his difficulty was due to the fact that she was trying to get his undies on backwards!
- Barry's entire set of sheets, coaching notes and Endurance Swims, whipped open and spread across the pool deck and into the water by a squally gust of wind as the rain began to pour. Squad members swam on regardless! Fortunately some older members came to Barry's rescue and recovered most of the dripping sheets.

Mandurah 1500m 9 September 2012

Twenty swimmers swam at Mandurah's short course venue and Snappers were represented by Kim, Gail, Eleanor and Theresa swimming Freestyle and Backstroke.

Inspirational swims by long-time members

Results from the recent Club Swim and from the WSU BACC many long-time Snappers showed that improvement is always possible:

- Marilyn - 2PB's in Backstroke
- Hazel swam her best since '05 in BR50
- Cas swam 5 PB's in her 6 races
- Pat Sugars beat a time swum in 2007
- Deirdre swam her best since 2008 in BA50
- William and Geraldine are getting back to better times with best since '10
- Barry swam PB25 for BR200.



Well done everyone from Pamela

New member Kirstie Smith

A few words from Kirstie:

I had been looking for a swimming squad for a while, one that was not too easy, and also not too competitive! Another member recommended Stadium Snappers to me, so I decided to go along to a few sessions.

I am enjoying Stadium Snappers - the friendly members, smaller squads, booked lanes, tailored programs, individual and group coaching. I am now able to swim regularly with the great training times available, at a venue close to home

I want to improve my swimming for my triathlon training, after completing the Busselton Half Ironman in 2011 and 2012. I now have my sights on Mandurah Half Ironman in October, Albany Half Ironman in January and finally, in March, I will travel to New Zealand to compete in the Taupo Ironman.

When I am not training, I teach art and photography at a Senior High School, I also run a small photography business.

I look forward to improving my swimming with Stadium Snappers and the possibility to compete in some of the upcoming events.

Thanks to Elizabeth for the photo of Kirstie.



ILFW Award

Doris Kimber received the ILFW Award in August. She has made an excellent recovery from illness and has returned to swimming. Her strength has improved and she has increased the swim distance, each visit, with great determination and consistency. Well done Doris.



Fees: Early Warning

Although Snappers Fees are not increasing next year, Masters Swimming WA has increased their fees by \$2.50 and the Administration is charging \$6 per fee renewal.

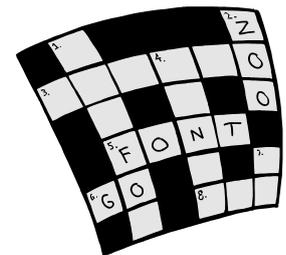
This year each member must renew their subscription online and the \$6 charged by the administration firm goes towards supporting the website. Elizabeth will be on hand to advise people. Currently we have 71 members.

Please see www.stadiumsnappers.net.au for up-to-date details.

Puzzle

All the words in the following list have one thing in common. Can you work out what it is?

Banana Dresser Grammar
Potato Revive Uneven Assess



Are you peeking or have you already given up? Give it another try.... Look at each word carefully. No, it is not that they all have at least 2 double letters.

(The answer is in the thank-you box!)

Thanks to all our contributors: to Marilyn Burbidge, to our photographer Marg Watson and to our Club Recorder Pamela Walter.

Comments and contributions are welcome.

Deadline for next issue is 29 Nov 2012.

Please send material to elliott.theresa@johnxxiii.edu.au

In all of the words listed above, if you take the first letter, place it at the end of the word, and then spell the word backwards, it will be the same word. Challenging?