Concussion Management Procedure

SNOWSPORT ACCIDENT

Loss of Consciousness

- YES
  - Basic first aid
  - Call ambulance
  - Transfer hospital

- NO

Structural Head Injury

- YES
  - Basic first aid
  - Call ambulance
  - Transfer hospital
  - Brain Scan

- NO

Concussion Signs and Symptoms

- YES
  - Immediately stop snowsports
  - See a medical doctor
  - No snowsports till cleared by doctor

- NO

Examples:
- Confused
- Memory loss
- Blurred vision
- Dizziness
- Poor balance
- Drowsy
- Headache

SNOWSPORTS OK, BUT MONITOR for >72 HRS

If no further symptoms, return to snowsports
If symptoms persist, see a medical doctor