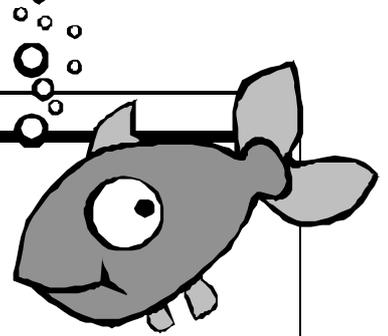


# SNAPPETS



Stadium Snappers Masters Swimming Club Inc, PO Box 532, Claremont 6910

March 2010

## PRESIDENT'S REPORT

Your new Committee has started work with its first meeting on Monday 15 February. There are many items to deal with, in particular preparing for a full year ahead of swimming and social activity. Our membership seems to be fairly stable although a few have been slow to re-register. If you can attract new members, please do so. A warm welcome awaits them.

My catch-cry this year is "Challenge yourself and try something new!" Swim further and/or faster, try a new stroke, compete if you haven't done so, participate in the aerobic program, support the social activities and assist the club in general.

There were two Masters Swimming WA (MSWA) meetings on February 16 at which Snappers was represented: Council of Clubs and the MSWA Annual General Meeting.

Matters of interest to us are:

1. Fourth round of 2008 FINA World Masters financial legacy funding – so the Club needs to submit a good application to gain some extra funds.
2. The annual HeartSwim will be discontinued in its present form.
3. Adult Superfins, who train at Challenge Stadium, will become a new Masters Swimming Club.
4. The 2011 National Masters Swimming Championships will be held in Perth from 27 April to 1 May.
5. The MSWA 2009 Annual Report is available in hard copy (I have one) and on the MSWA website. It contains, among other things, all the wonderful contributions Snappers made last year. In 2009, with 85 members, Snappers was the fourth biggest Masters Swimming Club in WA after Westcoast (117), Claremont (98) and Fremantle (97). C'mon Snappers!

This is your club – enjoy it. See you at the pool.

Barry Green

## FROM THE REGISTRAR

Stadium Snappers has a very healthy 79 members as of the end of February. Three new members joined during the month. We welcome Leanne Youngs and Anne Edmondson and also welcome Suzanne Shilling as a second claim member. Sue has moved to Perth with her family from Geraldton and many would have met her when she swam at the recent Newman Churchlands BE ACTIVE carnival in the week she joined Snappers. Please make yourself known to these new members if you have not done so already.

Good swimming.

Julie Crowley, Registrar

## OFF TO LAUNCESTON IN APRIL

Eight Snappers are representing us at the Masters Swimming Australia National Short Course Championships in Launceston from 7 to 10 April: Sue Colyer, Dee Stephenson, Pat Sugars, June Hough, Audrey Bullough, Eleanor Parsons, Pamela Walter and Elizabeth Edmondson.

We wish them a safe journey and good times in the pool and out.

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**In the long run the pessimist may be proved right, but the optimist has a better time on the trip**  
**Daniel L Reardon**

## GETTING TO KNOW YOUR COMMITTEE MEMBERS!

Each Committee member was asked to provide three items about themselves. Two of them are true; the third may be either true or false!

### Pat Sugars Treasurer

- rode a tandem bicycle in a race, partnering a blind lady
- rode her motorbike for two years without mishap, then fell off her pushbike and broke her arm
- went for a ride in a private aeroplane and did some loop-the-loops

### Geraldine Klug Day Captain

- rode a horse over the plain in Spain where it definitely rained
- has three brothers who are doctors
- sings in a choir

### Barry Green President

- won a hula dancing competition on Dunk Island
- black-water rafted in the Waitomo Caves, New Zealand
- trained to be an astronaut

### Marg Somes Social Organiser

- swam across the Rhine river, polluted though it was
- loves watching tennis on TV, but worries about wasting time doing it
- enjoys trying new recipes even if the finished dish doesn't look like the photo

### Bill Woodhouse General Member

- is an architect/builder still working past the age of retirement
- enjoys family and travel and hopes to keep up fitness by swimming and playing tennis
- is encouraged to start planning a trans-Indian Ocean swim

Contributions of trivia from Jil, Gail, Robyn and Julie to be included in a later issue of *Snappets* will complete the group portrait of the 2010 Committee.



## DIARY ENTRIES FOR MARCH AND BEYOND

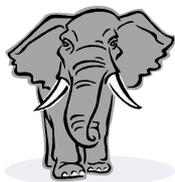
<b>Date</b>	<b>Event</b>	<b>Time</b>	<b>Venue</b>
Monday 15 March	Snappers Committee meeting	7:00 pm	11 Penryn Ave City Beach
Saturday 20 March	Club Swim	1:00 pm warm-up	Venues West Challenge Stadium
Saturday 27 March	Dale Alcock State OWS 1km/2km	8:00 am rego	Coogee Beach
Monday 29 March	Zoo visit	9:30 am	Perth Zoo, South Perth
Saturday 3 April	Albany Harbour Swim	7:00 am	Princess Royal Harbour
Sunday 4 April	Southern Ocean Classic Mile	10:00 am	Ocean Beach, Denmark
7 to 10 April 2010	MSA National SC Championships		Launceston Aquatic venue
Saturday 17 April	Play: The Swimming Club	2:15 pm	The Playhouse Theatre
Saturday 17 April	Jurien Bay Swim Thru	9:00 am	Jurien Bay
Sunday 18 April	Geraldton Swim Thru	9:00 am	Geraldton
Monday 19 April	Snappers Committee meeting	7:00 pm	TBA
Saturday 24 April	Osborne Park 400/800 LC swim	2:00 pm	Beatty Park
Sat 1 and Sun 2 May	MSWA BE ACTIVE State Swim (Short Course)	Sat 10:00 am Sun 9:00 am	Venues West Challenge Stadium
Monday 10 May	Golf Day	TBA	TBA
Sunday 23 May	Swimathon for MND	from 8:00 am	Venues West Challenge Stadium

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## SOCIAL NEWS

### Beach Picnic Sunday 28 February

The east wind blew as hard as it could at City Beach on the morning of Sunday 28 February, but all 31 Snappers and friends enjoyed the picnic and managed to hang on to their burgers despite some losing their salad as they prepared their rolls! While he was cooking, David had trouble keeping his hat on his head in the wind and Brian's onions blew away too. Thanks to all of my team for preparing the burgers, salads and fruit. Thanks also to the cooks and to Pamela for supervising the swim. At least the easterly kept the water relatively calm this year.



**Zoo visit Monday 29 March 9:30 am** BYO lunch Entry \$16:00 for Seniors.

**Play "The Swimming Club" at The Playhouse Saturday 17 April 2:15 pm**  
A group booking is being organised.

Marg Some

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## MINI ASHES SCULL-OFF

On Friday 5 February we successfully ran our annual Mini Ashes feet-first sculling contest, although restricted to three lanes due to school swimming carnivals. We timed 24 swimmers over 15 metres. Three men and two women went into a semi-final, from which three progressed to the final, conducted over 25 metres. The result was just a toe-touch between first, Bill Woodhouse (52.29 sec), and second, Barry Green (52.92 sec), with Colin Beaton third (61.21 sec). Cliffe Webb was there to help as timekeeper and to present the trophy to the winner.

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## IMPROVES LIKE FINE WINE AWARD

Hazel Spong is the recipient of this award for February. Hazel learned to swim on the boat coming out from Scotland when she was 12 years old. Her father slipped a ten pound note to the pool attendant to make sure she didn't drown. Once in Australia Hazel gained her Junior, Intermediate and Senior certificates but spent more time doing bombies off the Rockingham jetty than swimming. She took part in her first Snappers club swim in January. Being quite nervous, she arrived extremely early! Hazel has since been training well. Geraldine Klug

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## DID YOU KNOW? Seventh instalment

- A "Snappers Song" was written in 2002 (tune "Bye Bye Blackbird", words by Zee Marsland)

Navy, aqua, blue and gold,  
Tall or short, young and old  
WE ARE SNAPPERS!

Derek checks the times for our aero-bics;  
Sprints or lengths at leisure are fantas-tic.

(slower)

Don't mind weather cold or hot,  
Snappers, we're a friendly lot.  
HAPPY SNAPPERS!

Backstroke, Free, Fly or Breast –  
Choose the stroke YOU like best!  
SNAPPERS HOORAY!

- Monday morning Snappers swims (about 8 am but unofficial with no lanes booked) started in 2002.
- Andrew Burbidge began his involvement in the computer recording and management of Snappers meets in 2002 (and finished in 2009).
- Colin Beaton's profile, written by his wife Jean for *Snappets* April 2003 reveals that his swimming mentor was Australian Olympic (1936) backstroker Percy Oliver. In 1958, when I was on an extended holiday in Perth visiting family, I was trained at Crawley Baths by Percy. Maybe some other Snappers profited from his tutelage? I see Deirdre Stephenson (*Snappets*, October 2003) did.
- The Club's inaugural president and pioneering force, Lynda Joachim, returned from Brisbane to swim in the National Masters Championships held at Challenge Stadium in April 2003.

Barry Green

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## MASTERS SWIMMING WA MATTERS

### 2010 Dale Alcock State OWS

For the 2010 State OWS Championship on 27 March, entries are being taken for the first time using Team Manager software. This event is open only to Masters Swimming WA club members.

### HeartSwim update

After a thorough evaluation at Board level, it has been decided not to continue with HeartSwim. The event has grown in profile and fundraising over the years but our small organisation cannot sustain the workload it requires. We are keen to continue our relationship with the Heart Foundation and will explore other options as swimming goes well with their BE ACTIVE health message.

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### Masters Swimming Australia applauds the Crawford Report

Masters Swimming Australia supports and welcomes the Crawford Report hoping it will open the debate about the future delivery and funding of sport in Australia. After extensive community consultation, the long awaited Crawford Report on "The Future of Sport in Australia" suggests that winning medals should not necessarily be the only measure of Australia's sporting success. At last a committee has listened to the wider sport community and now we can only hope that the recommendations will be implemented.

Masters Swimming Australia is an organisation that represents just under 7000 adult swimmers who enjoy and encourage age group swimming across Australia. MSA does not receive any federal government funding. All federal funding for swimming is directed to Swimming Australia Limited and mainly supports the elite and learn to swim programs.

An organisation like Masters Swimming Australia is the epitome of what the Crawford Report is now citing as important to the future of Australian sport. It supports people in all **Australian communities to remain active** by swimming regularly for their entire life. **Our Clubs are run by volunteers** and the membership ranges from enthusiastic competitors to leisurely lap swimmers. We cater for all and promote regular swimming for fitness, friendship and fun. Support for our organisation would go a long way in delivering positive outcomes for the future well being of our ageing population. We welcome the suggestions of **tax rebates** and strategies designed to **reduce the cost of participation in sport** and the suggestion that all National Sporting Organisations should place **engagement of recreational participation** as a key priority.

A **national sports facility fund** would be a great initiative providing **community infrastructure** for local access to ageing and often inadequate aquatic facilities; and any programs which provide **education and support for volunteers in our sports delivery system** would be gratefully received and implemented. We commend David Crawford and his team for being so provocative in challenging the system.

**To read the Crawford Report visit [www.sportpanel.org.au](http://www.sportpanel.org.au) and click "Reports".**

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### What is AAADD? It stands for Age Activated Attention Deficit Disorder and goes like this:

I decide to water my garden. As I reach for the hose, I see that my car needs washing. As I turn to get the washing materials I notice letters in the letterbox. I decide to go through the mail before I wash the car. I lay my car keys on the table, put the junk mail in the recycling box under the table. The box is full so I need to take it to the green recycling bin. I decide to put the bills back on the table and take out the rubbish first. Then I think since I am going near the postbox when I take out the rubbish I may as well pay the bills. There is only one cheque left in my cheque book. My new one is in the bureau in the lounge, so I go into the lounge where I notice an open can of Coke that I'd been drinking. As I push the can to one side so I don't knock it over, I find it is warm. The Coke has to be put in the fridge to cool it again. Heading off to the kitchen with the Coke I notice a vase of flowers that is low in water. I put the Coke on the counter and discover my reading glasses which have been missing for about three hours. I decide I'd better put them in the bureau but first I must water the flowers. I set the glasses back on the counter, fill a container with water and guess what, sitting on the kitchen table is the TV remote. I think tonight when I wish to watch TV I will have no idea where the remote is so I must take it into the den where it belongs. But I must water the flowers. Pouring some water into the vase I spill some on the floor, so putting the remote back on the table I get some cloths to mop up the spillage. After this I try to remember what I was planning to do.

At the end of the day the car isn't washed, the bills aren't paid, there is a warm can of Coke in the kitchen, the flowers don't have enough water, there is still only one cheque in my cheque book, I can't find the remote, I can't find my glasses, I have no idea where the car keys are and I am absolutely knackered 'cos I've been busy all day.

Does anyone else have this problem? If you haven't then just wait a while - you soon will have.

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## OPEN WATER SWIM REPORT

### **Swanbourne Ocean Classic 2.2 km Saturday 6 February**

Swimmer	Age Group	Time	Age Group Position	Gender Position
Robyn WILSON	50-59	35:06	7	52
Pamela WALTER	50-59	44:03	21	146
Merilyn BURBIDGE	60-69	45:44	9	156
Theresa ELLIOTT	60-69	46:24	10	158

The sea breeze was already whipping up the waves before the start of the swim but the current running from the south was a help to the 600 or so swimmers in the event. Some Snappers who usually enter this one gave it a miss because they were swimming at Busselton the next day.

### **Busselton Jetty Swim 3.6 km Sunday 7 February**

Swimmer	Age Group	Time	Age Group Position
Eleanor PARSONS	50-54	56:44	1
Phil HOFF	55-59	1:19:48	32
Julie CROWLEY	60-64	1:22:16	7

On a beautiful day in Perth, it was grey, raining and cold in Busselton – a disappointment for the organisers and the entertainment they had arranged. However the water was fairly smooth for the 900 swimmers (and for the stingers about 200m out). No teams event this year due to jetty repairs in progress. Instead there was a 1 km swim which about 200 entered. Phil and Julie have put the long swim on the agenda for 2011.

### **Leighton Swim Thru 1.6 km Saturday 13 February**

Distance	Swimmer	Age Group	Time	Age Group Position	Gender Position
3.2 km	Phil HOFF	55-59	1:11:51	6	92
1.6 km	Julie CROWLEY	60-64	36:31	5	76

Most of the Busselton set were seen at Leighton the next weekend!

### **Mandurah Cambria Island Swim 2.4 km Sunday 14 February**

Swimmer	Age Group	Time	Age Group Position
Eleanor PARSONS	55-59	35:40	1
Pamela WALTER	55-59	48:28	4
Sue COLYER	65-69	50:26	1
Merilyn BURBIDGE	65-69	52:09	3
Theresa ELLIOTT	65-69	53:47	4

A handful of Snappers swam with about 100 other people and a dolphin in the warm water in the Mandurah canals. As well as Eleanor and Sue winning their age groups, Theresa won a spot prize.

### **2010 WAtoday Rottnest Channel Swim 19.7 km Saturday 20 February**

Event	Category	Gender	Name	Time	Categ Pos
Solo		Male	David Fairclough	7:51	102
Duo	50+	Mixed	<i>The Glorious Basterds</i> (Leon Musca and friend)	5:26	3
Duo	75+	Male	<i>Boetmanne</i> (Gary Steenkamp and friend)	5:50	4
Duo	100+	Female	<i>REG</i> (Eleanor Parsons, Gail Parsons)	6:38	1
Duo	50+	Male	<i>Belmont Racecourse Swim Club</i> Richard Devlin and friend	7:16	15
Team	150+	Female	<i>Generation Gap</i> (Robyn Wilson and friends)	7:36	4

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## **Australand Coogee Jetty to Jetty 750 m /1.5 km Coogee Beach Sunday 7 March**

Distance	Swimmer	Age Group	Time	Age Group Position
750 m	Audrey BULLOUGH	65-74	17:18	2
750 m	Marg SOMES	75 +	16:56	1
750 m	Pat SUGARS	75 +	21:01	3
1.5 km	Elizabeth EDMONDSON	55-64	29:02	11
1.5 km	Julie CROWLEY	55-64	30:33	16
1.5 km	Sue COLYER	65-74	28:08	3
1.5 km	Theresa ELLIOTT	65-74	30:36	7
1.5 km	Merilyn BURBIDGE	65-74	31:19	10
1.5 km	Vic PAUL	65-74	19:48	1

The biggest group of Snappers in an OWS so far this season was among the record field of more than 600 swimming in ideal conditions at Coogee. Well done to Marg Somes who came in just ahead of her grand-daughter to win her age group in the 750 metre event and Vic Paul who also won his age group. This was Elizabeth's first OWS and did she have fun! A couple of hefty blokes lifted her from one jetty and carried her to the RIB which ferried her to the other jetty to wait while the rest of us walked 1.5 km along the beach. Brian Somes was waiting at the finish to take her 'biscuit' to the recording desk. Elizabeth couldn't decide which was the greater surprise: the super salty taste of the water or her fast time, but she gave the swim a big tick and has now entered the State OWS, also to be held at Coogee.

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## **ROTTNEST STORIES**

### **Solo: David Fairclough - For Kerry**

The Rottneest Channel swim this year reminded me of a ride on the old slow ferries that we used to take to Rottneest in the 80s: half the passengers hanging over the side throwing up! Yes, I got sea-sick swimming solo to Rotto. If you were planning on swimming to Rottneest, then ideally you wouldn't be prone to seasickness. Right? And if you do normally get seasick, at least you would take precautions. She'll be right, I thought. I don't get seasick when swimming in the ocean. Besides that's how you fix it when you're seasick on a boat: get in the water! If nothing else, I developed a new skill. I can now throw up while my mouth is underwater!



This swim was the most difficult thing I've done in my life - a massive mental challenge. Hats off to my wife Lyndsay and my support crew for getting me through. Paddlers Simon and Paul had some unique motivation tools - throwing chicken bones in front of me as a lure and avoiding danger by swearing profusely at other boats that came too close. Skippers Alistair and Graeme kept a straighter line to Rottneest than today's ferries and always seemed to have drifted just out of my reach in the direction of Rotto when I was begging them to let me out. A huge thank you to Eleanor for being my personal swimming, nutrition and life coach and, most of all, friend.

The swim originally was a personal goal, but it changed perspective late last year, when my young niece Kerry passed away from ovarian cancer. It became an opportunity to work through some grief and raise awareness about ovarian cancer and funds for research. Making it to Rottneest was worth the pain. I managed to raise over \$5,000, so I just wanted to say thank you to all those who donated to the cause. Your generosity is very humbling. Thank you.

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## Duo: REG - Gail and Eleanor Parsons

In 2010 REG trained with a new coach, distance swimming champ Shelley Taylor-Smith. She pushed us and pulled us until we fell out of our comfort zone.

On 20 February our usual team manager, Robyn Wilson (the "R" in REG), was tackling the high seas with her own team. David Corney took over the role and kept the boat on track and swimmers on tack. The conditions were relentless all the way, starting with a southerly wind, changing to a south easterly briefly and then at about 17 km, the SSW hit. We looked for David Fairclough, hoping to draft off him, but we didn't see him. Battling through the last 3 km, we finished with an OK time to take out our age group. Kim Klug was waiting patiently on shore for our arrival, but somehow missed us running up the beach.

As if we hadn't had enough of the open ocean, for some incredibly strange reason we decided to forgo our ferry tickets home and take to the sea again, in the dark, back to the mainland with Skipper Curly, two first mates, David, Kim and Steve our paddler - all eight of us. The small craft pounded its way homeward splashing through waves as we watched the ferry smoothly overtake us. We worked as a team again to get to a jetty with Kim's car nearby to take us home.

## Team: Generation Gap - Robyn Wilson and friends

Why Generation Gap? Because we had swimmers in their 30s, 40s, 50s and 60s: two grannies (Robyn Smith and Robyn Wilson), 6-month pregnant Naomi (Robyn S's daughter) and Kylie, a Channel Swim 'virgin'. Naomi left the beach at 7:15 am. By 11:45 am we had done well to reach the 15 km marker and were excited that we had only 4 km to go - lunch at Rotto! Unfortunately that didn't happen. With high swells, a strong sea breeze and an equally strong current all going in different directions, we virtually ground to a halt. It took nearly 2 hours to swim a couple of kilometres. However, we ploughed on and eventually got into the protected waters of Rottneest - so near yet so far! Naomi and Kylie took the team over the line, finishing fourth in our age group. We all felt pretty pleased with ourselves as a lot of teams pulled out or were pulled out because they did not get to the marker buoys by the cut-off times. The skipper, Tony, and our paddlers, Felicity and Mark, supported us on the way over and were a constant source of encouragement. Next year I think I will stay on dry land.



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## POOL SWIM RESULTS from Recorder Pamela Walter

### Newman Churchlands BE ACTIVE Club Challenge Sunday 31 January

A team of 26 Snappers (189 points) started the season on top with a win from Osborne Park (176) and Somerset (165). Our 280+ women's relay team turned the tables on Somerset by touching just in front by a fraction of a second. This was the reverse of the same event at Somerset's carnival late last year. Thanks to Marg Watson, June Hough and Brian Downing for timekeeping even though they weren't swimming.

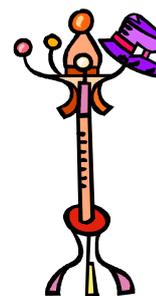
Audrey Bullough	50 BA (PAB50)
Bill Woodhouse	50 FR (PB50), 200 FR (PB50 by 9 sec)
Colin Beaton	50 BA (best '10), 50 FR (best '10)
Eleanor Parsons	50 BU (PAB50), 50 FR (PAB50), 200 FR (PAB50)
Elizabeth Edmondson	50 BA (PAB50)
Helen Green	50 BA (PAB50) by 2 sec, 100 BR (.04 outside PB)
Julie Crowley	50 BU (best '10), 200 FR (best '10)
Margaret Somes	50 BA (best '10), 200 FR (best '10)
Michael Crowley	50 FR (best '10)
Pat Sugars	200 FR (best '10)
Robyn Wilson	50 BU (PAB50), 50 FR (PAB50), 200 FR (best since '08)
Sue Shilling	100 BR (inaug50), 50 BU (inaug500), 50 FR (inaug50)
Theresa Elliott	50 FR (best '100)
William Curtis	50 BU (best '10)
Wyvern Rees	50 BA (best since '08)

Sue Shilling, newly joined from Geraldton where she has been a member for eight years, swam in her first ever BACC. Such events aren't available to regional clubs.

Congratulations to Geraldine Klug, who achieved a State record for 100 BR.

## CUNNING PUNNING

- No matter how much you push the envelope, it'll still be stationery.
- Two silk worms had a race. They ended up in a tie.
- A hole has been found in a nudist camp wall. The police are looking into it.
- Two hats were hanging on a rack. One said to the other: 'You stay here. I'll go on a head.'
- A short fortune-teller who escaped from prison and was a small medium at large.
- A soldier who survived mustard gas and pepper spray is now a seasoned veteran.
- When cannibals ate a missionary, they got a taste of religion.
- If you jumped off the bridge in Paris, you'd be in Seine.



## BIRTHDAYS

### March

6	Pamela Walter
14	Nomai Jago
16	Beatie Norris
17	Brian Somes
20	Robert Shand
21	Anne Edmondson
21	Sue Shilling
23	Geoff Barnard
27	Trudy Vandewerdt

### April

1	Jeannine Heinrichs
8	Eleanor Parsons
18	Julianne Crowley
18	Geraldine Klug
22	Margaret Somes
25	Geoff Lane
30	Carmen Harrison

Happy birthday to these Snappers! Congratulations to Geraldine, who, like it or not, attains three score years and ten status on 18 April, a birthday she shares with Julie Crowley and former member Barbara Fentiman.

Birthdays are good for you: the more you have, the longer you live.

### DEADLINE

Many thanks to Barry Green, Pamela Walter, Geraldine Klug, Julie Crowley, Marg Somes, Pat Sugars, Bill Woodhouse, Brian Downing, Derek Fentiman, Gail Parsons, Robyn Wilson and David Fairclough for providing material for this issue of Snappets. Please send your contributions for the next issue to [amburbidge@westnet.com.au](mailto:amburbidge@westnet.com.au) by Friday 16 April.

Merilyn



Two little old ladies were attending a rather long church service. One leaned over and whispered, "My bottom is going to sleep." "I know," said the other, "I heard it snore three times."

Stadium Snappers values the support received from our sponsors

