

ILLAWONG ATHLETICS CLUB

PRE-UNIVERSITY GAMES MEET

SATURDAY 15 SEPTEMBER

THE RIDGE ATHLETICS TRACK – BARDEN RIDGE

Time	Track Event	Field Event	Field Event
9.00am	3000m	Long Jump	Shot
9.20am	Short Hurdles		
9.40am	400m		
9.50am			Discus
10.00am	100m	High Jump	
10.30am	800m		
10.45am			Javelin
10.50am	200m		
11.05am	400m Hurdles		

Electronic timing will operate on the day. Hurdles will only be available at open heights. Entries will close 15 minutes prior to scheduled start time to allow for seeding.

Canteen and barbeque will be operating on the day.

Cost to compete on the day will be free for Illawong athletes and \$10 for non-Illawong athletes.

Any enquiries please contact Michael Dooley on 0413 332 484.