

**Treloar Shield Round 4 and the NSW 3000m Championships**

<b><u>WOMEN</u></b>			<b><u>MEN</u></b>		
<b>100mH</b>	Tea Lisle	16.29 <b>R</b>	<b>3000m</b>	Lachlan Nairn	9:35.29 <b>R</b>
<b>3000m Walk</b>	Elizabeth McMillen	15:57.54	<b>100m</b>	Jake Lynch	10.91
	Olivia Thomson	16:08.64		Ben Treeby	11.05
<b>100m</b>	Bethany Halmy	12.53		John Economides	11.52
	Tea Lisle	13.07		Mick Daly	13.17
	Tania Padovan	13.63	<b>200m</b>	Ben Treeby	21.84
<b>800m</b>	Bethany Halmy	2:15.93	<b>Discus</b>	Lachlan McEntyre	45.59m <b>R</b>
<b>200m</b>	Danica Sardelich	25.08	<b>Long Jump</b>	Matthew Tilley	? Results Error
	Bethany Halmy	25.24			
	Meghann McCloud	25.86			
	Ella Koster	27.75			
	Tania Padovan	28.29			
<b>Long Jump</b>	Ella Koster	4.28m			