



### Weekly Newsletter

**13th January, 2018**

Frankston LAC ran their annual twilight meet last Saturday. A small, but keen contingent of MLAC athletes braved the heat and performed very well. We had numerous PB's attained and possibly 2 club records broken. We will confirm this next week.

We have now been located at Mornington Secondary College for a whole year! The time has flown by. Todd, Mark and James have remarked the track this week ready for us on Saturday. If anyone is interested in learning how to line mark or would just like to help, let us know and we'll contact you next time it needs doing. It is an involved process, but the more members who know how to do it, the better. Can we take the time to again thank surveying company Charlton Degg in Mt Eliza for doing the track survey last year for free, saving us a few thousand dollars!

This week is our first competition day back at Mornington Secondary College for 2018. There is rain forecast for tomorrow, but the track is dry and should absorb any water overnight so we shouldn't have a problem with competition on Saturday. Of course, if it is raining, please check the wet weather section of the newsletter so you know what to do.

We are excited to announce we have a new major sponsor. [Mornington Holden](#) have come onboard to help out the club financially, and will also offer our members some discounts. There will be a car on display at the track each week from this Saturday, and they are offering the following to our members on presentation of your registration fees receipt:

- \$100 cash back on any new or used car purchase
- 10% discount in the service department - they service all make and model cars.

Mark Bartlett, the New Vehicle Sales Manager stated, "Mornington Holden are excited to partner with Mornington Little Athletics Centre. Our goal is to support and strengthen our community links." So if you are thinking of purchasing a car, or need a service, dig out your emailed registration receipt and take it along for the discounts. If you are unable to find your receipt, [email the club](#) and we can reissue it for you.



Good luck to our athletes competing this Saturday at the Rye Gift and Rye Junior Gift. Have fun and Go MLAC!!

Next weekend is a busy one for the club. Saturday the 20th is our annual Peninsula Challenge where we have another interclub meet of the three Peninsula clubs. Westernport LAC in Hastings are hosting this year. There will be more information in next week's newsletter. Sunday the 21st is our first ever Open Day!! Please read the section below. Registrations close on Sunday, and we would like many more Mornington teams to enter. Talk to other members on Saturday to help form your teams of 3...

Finally, the State Multi Event registrations close tonight at 11.59pm. If your athlete wishes to participate in this event you'll need to ensure you register by tonight. More information below.

The key points to note this week are:

- Duty Roster
- State Multi Event
- MLAC Team Multi Event Open Day
- U6-8 State Carnival
- Regional Track & Field
- Uniforms/Merchandise
- Results HQ
- Parking
- Dog policy
- Website
- Team App
- Facebook
- Wet Weather
- Weekly Program

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### **Duty Roster for Saturday 13th January, 2018**

Please note that we have 2 age groups rostered on to ensure that each duty is suitably attended.

Set up takes more than an hour and we really do need those rostered on to be there as required. The committee are always on hand but as we all know many hands make light work and it makes a world of difference to how the whole day runs when we can set-up on time for the program to start, especially on the first morning of the season!

The following Age Groups are rostered on this weekend:

**Setup** : **U9 Boys** and **U10 Girls** (*please arrive by 7.30am*)

**BBQ** : **Open Boys** and **U6 Girls** (*from set up of the BBQ at 8.00am to pack-up and clean at the day's end*)

**Pack Up** : **U8 Boys** and **U11 Girls** (*concludes once the containers are locked up*)

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### **State Multi Event Championships**

Registrations for this season's State Multi's are now open. This year it is being held at Casey Fields in Cranbourne East - much closer than Bendigo! It is on the weekend of the 27th and 28th of January, and is open to all U9-U15 athletes. The U15 competitors for the Victorian team heading to ALAC's in April are chosen at this meet. Register [here](#). The cost is \$30 (+ processing fee) and registrations close **TONIGHT**, January 11th at 11.59pm.



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### **MLAC's Inaugural Team Multi Event Open Day**

Our Open Day on January 21st is almost here! Registrations close this Sunday. If you are yet to register your child or a team of 3 children, you can do that [here](#). The cost is \$20 per child or \$60 per team. Individuals or teams can be registered. All athletes will compete in 5 events over the day for points. Athletes can compete up 1 age group to fill a team. If you can't make up a team, enter as an individual and we will place you in a team. Please note that all parents of MLAC athletes competing on the day will be rostered on to a duty.

We currently have only a handful of Mornington teams/individuals signed up. We'd love our

members to support this event, as it will hopefully raise some more funds that we can put towards facilities at the new track once it is built.

### **U6-8 State Carnival**

The [U6-8 State Carnival](#) has been rescheduled for Sunday the 11th of February. All fully registered U6-8 athletes are able to attend this event. Registrations are now open and close on the 5th of February (or when capacity for each age group is reached). They are limiting numbers to the first 120 registrants for each age group, so if you intend to participate, register quickly. This is a state wide clinic, and not a state wide championship, so there will be no scores or results. The day is focused on development of technique, skills and having fun. Parents will be involved on the day and are encouraged to follow their children to each event. There will be carnival rides, face painting, show bags and the LA Vic mascots Vicky and Victor. The cost is \$25 (+admin fee).

### **Regional Track & Field Championships**

Registrations are also open for the 2018 Regional Track & Field Championships. This season it is being held at Ballam Park, Frankston, on the weekend of the 17th & 18th of February, 2018. U9-U15 athletes are eligible to compete, provided they have participated in a minimum of 4 weeks of competition at their centre and have paid their registration fees. The week of Regional Relays is not included for eligibility purposes. Registrations close at 11.59pm on **Wednesday the 31st of January, 2018**. NO LATE ENTRIES ARE ACCEPTED UNDER ANY CIRCUMSTANCES. Athletes can choose up to 4 events to compete in over the 2 days, and may progress to the State Track & Field Championships if they do well. States is being held at Lakeside Stadium on the 10th & 11th of March, 2018. Click [here](#) for more information and to register.



### **Uniforms/Merchandise**

Uniforms and other club merchandise will be available for sale only at Mornington Secondary College on each competition day in the Cottage. Club t-shirts/singlets/crop tops, MLAC hoodies, and LA Vic branded shorts are all available for purchase. This year we are also selling orange compression socks. There are only limited numbers available, so if you are interested, come take a look.

T-shirts - \$45, Singlets - \$45, Crop Tops - \$50, LA Vic shorts - \$25, Compression socks (small/large) - \$20. **All club tops now need to have a Coles patch sewn on just above the Little Aths Victoria logo. These can be collected from your team manager or from the Registration desk in the Cottage.**

### **Results HQ**

To view your child's results, you will need to log in to Results HQ. You will need to have paid the club registration fee to have access. The login details are a little confusing:

**Username:** Your family username is the email address you used to register your primary member with (usually your oldest child)

**Password:** Your password is the Login ID of your primary member when you log in to LA Vic.

You can view your whole family's results on one page, and also view all MLAC results. Tickets can be printed out to keep. We endeavour to have the results available by Sunday evening.

**If you have registered and paid by Thursday evening and there is no bib for your child, please talk to someone at the Registration desk in the Cottage.**

If you have any problems logging in, please contact Lisa Henry [lhenry@morningtonlittleaths.org](mailto:lhenry@morningtonlittleaths.org)

<https://www.resultshq.com.au/login>



## **Parking**

**Please Note:** There is **NO PARKING** available for us in the basketball stadium car park, as this area is for the exclusive use of those attending the basketball stadium. We have also been asked not to park near the swim centre. We are to use the land at the north end of the school for parking. Access to this land is from Eagle Street, which is at the set of traffic lights at the Bata intersection with Nepean Hwy. If this area fills up, there is minimal parking within the school grounds - along the driveway at the front of the school, the fenced basketball courts just past the bus bays, and the staff car park. We have been asked to advise that there is to be **STRICTLY NO PARKING ALONG NEPEAN HWY!!**

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## **Dog Policy**

**\*\* If you have family or friends that come to watch, can you please communicate this to them as well.\*\*** Please note that we have a strict **NO DOGS** policy on competition days. There have been a number of incidents and near misses over the past few years, plus we have a few athletes with dog allergies and those who are scared of dogs. We would greatly appreciate if you left your dogs at home.

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## **Website**

Our [website](#) was updated last season and has had a lot of wonderful feedback. Most club information can be found here - if there is anything important missing, please let us know.

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## **Team App**

As with previous years, we will be utilising [Team App](#) to get information out to our members and their families about news and events around the centre.

Download Team App (it's free!) from iTunes or the Play Store and search for Mornington Little Athletics.



## **Facebook**

We also have a [Facebook page](#) filled with news and photos of our athletes. Make sure you "Like" it to see posts in your Newsfeed. If you do not wish to have your child's photo published, please send an email to our secretary Lisa Henry [lhenny@morningtonlitttleaths.org](mailto:lhenny@morningtonlitttleaths.org). She will endeavour to ensure your child's photos are never published.



## **What happens in the event of Wet Weather/Extreme Heat**

When the weather forecast does not look great, the committee makes a decision by 8:00 a.m. on the morning of competition whether the competition day will go ahead or be cancelled. In the event of cancellation a notice will be posted on the following sites by 8:00 am:

Website	<a href="http://www.morningtonlitttleaths.org">www.morningtonlitttleaths.org</a>
Facebook	<a href="http://www.facebook.com/mlac82">www.facebook.com/mlac82</a>
Twitter	@mlac82
Team App	<a href="http://www.teamapp.com">www.teamapp.com</a>
Instagram	<a href="http://www.instagram.com/morningtonlac/">www.instagram.com/morningtonlac/</a>

We communicate with our members almost exclusively via electronic means. We will always email you important information, but it is also distributed via our Facebook page and Team App.

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## **Weekly Program**

This week's program is Program 7 and can be downloaded by clicking [here](#) or find it on the club [website](#).

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If unsure of what to do on the day, or if you have any questions, please do not hesitate to contact us via email or by speaking to one of the committee members on Saturday mornings. They are easily identified in their bright orange polo shirts

Regards,

**Mornington Little Athletics Centre**

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