

ATHLETICS SOUTH INTERCLUB PROGRAM
SUNDAY 18 MARCH 2018

	Mixed	Male	Female
3pm	100m Pole Vault	Javelin (800)	Discus (1Kg)
3.20pm	3000m Run		
3.45pm	400m Long Jump	Discus (2Kg)	Javelin (600)
4pm	3000m Walk		
4.25pm	4 x 100m		
4.30pm	800m		