

2017 NSW All Schools Multi Event and Allcomers - SOPAC 30/09/17 and 01/10/17

<u>WOMEN</u>			<u>MEN</u>		
100m	Elysha Cramer	12.69	100m	Justin Brown	11.53
400m	Rosie Craker	57.26	3000m	Lachlan Nairn	9:49.07
3000m	Heather Vrachliotis	11:23.77	High Jump	Matt Tilley	2.05m R
High Jump	Nicole Freestone	1.65m	Boys	Jacob Winston	4860 points 5 th
High Jump	Sydney Kania	1.65m	Decathlon 16 /17 Years		
Pole Vault	Abbey Waterworth	2.90m			