

MORNINGTON

LITTLE ATHLETICS CENTRE

www.morningtonlittleleaths.org

Weekly Newsletter

9th December, 2017

We are now halfway through our athletics season - where does the time go? It's been a busy past few months. The committee hope all our members have a safe and happy Christmas break.

Last week we were rained out. Even though it didn't rain much over the morning, parts of the track were under water, so we feel we made the right call. We've been lucky so far this season with the weather. The weather looks like it will be kinder to us this weekend. The U6-8 State Carnival was also postponed last weekend. As soon as we know the new date, we will advertise that to you.

This week is our Christmas Handicap (more below). We will also be presenting the trophies for those who came 1st, 2nd and 3rd at our Multi Event a few weeks ago. Santa will be arriving around 10.30am courtesy of the Mt Martha CFA - a big thanks to our local fireys!! We'll be selling raffle tickets up until 11am. We'll draw the raffle just before the Handicap finals, so make sure you get your tickets! As we can't fit 9 lanes and 100m on the back straight, we will be conducting the morning exclusively on the front straight along Nepean Highway. The BBQ tent will be resurrected and placed over near the finish line. Because of this, we will not be able to offer bacon and egg rolls this week - our food licence will only allow us to cook bacon & eggs if the BBQ is set up next to a fixed structure. Each child that runs will receive a free sausage and drink voucher from the timing tent when they have run their heat.

Next Saturday the 16th of December is the State Relay Championships. We've had 12 teams qualify. Good luck to everyone involved. There will hopefully be training sessions next Tuesday and Thursday - we'll confirm next week.

The State Multi Event and Regional Track & Field portals are now open. Registrations are also open for the Rye Junior Gift. Read on below for more information.

Finally, we've been promising this all season, and it's finally happening - we are holding our first ever Open Day on January 21st. It's an Open Day with a twist - we're holding a Team Multi Event competition. Sign up in teams of 3 (if you can't make up a team, don't worry, we can put you in one). Athletes will compete in 5 events over the day competing for points. The teams with the most points in each age group will win! Registrations are now open [here](#). The cost is \$20 per athlete or \$60 a team. Payment can be made via PayPal or credit card.

The key points to note this week are:

- Duty Roster
- Christmas Handicap
- State Multi Event
- Region Track & Field
- Rye Junior Gift
- Season Restart in 2017

Duty Roster for Saturday 9th December, 2017

The following Age Groups are rostered on this weekend:

- Setup** : U10 boys & U9 girls (*please arrive by 7.30am*)
- BBQ** : U7 boys & U12 girls (*from set up of the BBQ at 8.00am to pack-up and clean at the day's end*)
- Pack Up** : U12 boys & U7 girls (*concludes once the containers are locked up*)
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Christmas Handicap

This Saturday sees us again running our annual Christmas Handicap race. The heats will kick off around 9am and to compete you will need to be registered and financial. Athletes will be competing against each other in a handicapped 100m race, similar to the Stawell Gift. As we did last year, we will again run a Junior Christmas Handicap for U6 to U8 athletes and our traditional Christmas Handicap will be for athletes from U9 and above. There will be up to 30 heats to begin with then the semi-finals. The winner of each semi-final both junior and the handicap will run in separate final races of 9.

Try to arrive by 8.45am. Find your child's age group manager - they will have a list with them with your child's heat and lane number. The heat number will be written on your child's left hand, the lane number on the right hand. We'll call kids to marshal at the top of the front straight in groups of 10 heats.



Bring along a chair, set yourself up along the front straight and watch all our athletes run their hearts out! Santa will be making an appearance around 10.30am, so make sure you've been good! There are also prizes available to win on the morning, plus we will be drawing our Christmas Raffle just before the finals. Tickets will still be available to buy up until 11.00am. \$2 each or 3 for \$5. Prizes are a FitBit, a \$250 Rebel Sport voucher, or a \$260 tennis equipment package.

For those athletes who competed at our Multi Event day on November 26th, 1st, 2nd and 3rd place trophies will be awarded for each age group after the heats have been run. The Handicap is a great day - when we get the handicaps right, the athletes all finish the race around the same time. We couldn't do it without the timing gates!!

State Multi Event Championships

Registrations for this season's State Multi's are now open. This year it is being held at Casey Fields in Cranbourne East - much closer than Bendigo! It is on the weekend of the 27th and 28th of January, and is open to all U9-U15 athletes. The U15 competitors for the Victorian team heading to ALAC's in April are chosen at this meet. Register [here](#). The cost is \$30 (+ processing fee) and registrations close on January 11th at 11.59pm.



Regional Track & Field Championships

Registrations are also open for the 2018 Regional Track & Field Championships. This season it is being held at Ballam Park, Frankston, on the weekend of the 17th & 18th of February, 2018. U9-U15 athletes are eligible to compete, provided they have participated in a minimum of 4 weeks of competition at their centre and have paid their registration fees. The week of Regional Relays is not included for eligibility purposes. Registrations close at 11.59pm on **Wednesday the 31st of January, 2018. NO LATE ENTRIES ARE ACCEPTED UNDER ANY CIRCUMSTANCES.** Athletes can choose up to 4 events to compete in over the 2 days, and may progress to the State Track & Field Championships if they do well. States is being held at Lakeside Stadium on the 10th & 11th of March, 2018. Click [here](#) for more information and to register.



Rye Junior Gift

Registrations for the amazing 2018 Rye Junior Gift on Saturday January 13th 2018 are now open. This exciting event for U9 - U15 athletes takes place in the middle of the Rye Gift professional athletics carnival on the Rye Football ground (RJ Rowley Reserve), Melbourne Road, Rye, in front of thousands of spectators. Registrations for U16's and older are made through VAL [here](#). Entries for the senior events close on the 29th December.

This junior event is run by the Southern Peninsula LAC in conjunction with the Rye Gift Athletics Carnival. Entry is \$10 per athlete, payable via direct debit. The entry form can be found at the end of this newsletter. Late entries on the day are \$15, based on lane availability only. Entries close 8th of January 2018 at 11.59pm.

Season Restart 2018

Our first competition day for 2018 is Saturday the 6th of January, starting at 4pm. This is our traditional Twilight Meet at Ballam Park in Frankston, competing against Frankston LAC, and possibly some other centres. It's a great experience for our athletes being able to run on a synthetic track - good practice for those who will compete at Regional Track & Field. Bring chairs and picnic rugs, a picnic dinner, and watch the sun set over our kids as they run, jump and throw. The program will be added to our website when we receive it.

Also, if you know of any families that do Little Aths with another centre, but holiday down our way, let them know they are more than welcome to join in our competition days at any time over the summer! All they need is their centre uniform and chest patch if they have it. Our first week back at Mornington Secondary College is Saturday the 13th of January.

The Mornington LAC Committee would like to take this opportunity to wish all our members a safe and festive Christmas and New Year. Stay safe, and we look forward to seeing you all again in 2018!

Regards,

Mornington Little Athletics Centre

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PO Box 544

Mornington, Victoria, 3931

www.morningtonlittleaths.org

Rye Junior Gift entry form is on the next page.



**The Rye
Sports
and
Social
Club**

The annual 100m *Dash for the Sash*
Rye Junior Gift



Saturday 13th January 2017

**RJ Rowley Reserve, Melbourne Rd, Rye
(Rye Football Ground). Melway Ref 168 D5**

This fantastic event is run in conjunction with

The Rye Gift Professional Athletics Carnival

This major Victorian Athletics League carnival sees over 600 professional athletes complete in events ranging from 70M to 1600M, plus relay events across an exciting 5 hour timetable.

The Rye Junior Gift is an amazing and exciting opportunity for athletes to experience the sights, sounds and feeling of a senior sprint carnival atmosphere. Junior athletes run on the main event track in front of 5000 spectators.

Competition information

- U9, 10, 11, 12, 13, 14, 15 (Male | Female events)
- Current Little Athletics Victoria athletes may enter (*Rye Junior Sports Club members are also allowed*)
- Straight Final '100m scratch' racing program for each age group with placing based on time
- Place by timing where 2 races for same age group
- Sashes presented to 1st, 2nd & 3rd places
- Athletes sign in by 11am | Marshall around 12pm
- Athletes 'Under' age group as per age on 30.09.16
- Proof of age required if reg. no. not provided
- Centre top not mandatory as 'colour lane bibs' are provided compression pants acceptable
- Spikes / Blocks for U11+ only.
- Entry fee \$10.00 per athlete (includes full day entry of athlete and one guardian to venue)
- **ENTRIES close 11.59pm 8TH JANUARY 2018.** Late Entry \$15.00 based on lane availability only.

Southern Peninsula Little Athletics Centre invites all LAVic athletes to Friday competition from 5.00pm, on Truemans Reserve, Truemans Rd, West Rosebud (Mel:169 E6) on 12th 19th 26th Jan if holidaying on our Mornington peninsula

RYE JUNIOR GIFT - 13th JANUARY 2018 - ATHLETE ENTRY FORM

ATHLETE NAME		D.O.B.			
AGE GROUP	GENDER	CENTRE NAME	REG. NO.		
GUARDIAN NAME					
ADDRESS					
EMAIL					
MOBILE		GUARDIAN SIGNATURE			



PLEASE SCAN AND SUBMIT TO: southernpeninsula.littleaths@gmail.com

PAYMENT: BSB 633-000 | ACC: 150270270 | REF: age group | surname | initial (e.g U11SmithJ)



CHRISTMAS RAFFLE

Mornington Little Athletics Centre are again running a Christmas Raffle to raise money towards facilities to be built with the new track at Civic Reserve. To be drawn at the Christmas Handicap on **December 9th**. (All prizes have been purchased from Rebel Sport using credit accumulated from member's purchases)



Prizes are:



Fitbit Charge 2

- Black, size Small (can be changed if required)
- PurePulse heart rate monitoring
- All-day activity and sleep tracking with Connected GPS
- Display provides activity data, time and smart phone notifications

Valued at \$248



Rebel Sport Gift Card
Valued at \$250

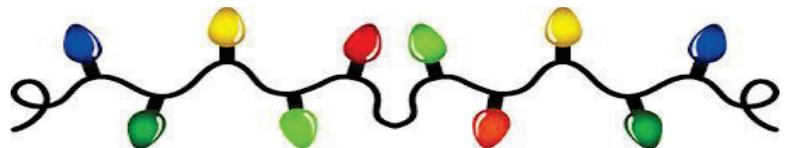
rebel



Wilson Tennis Package

- Wilson Tour BLX 103 racquet and cover
- Wilson Match II bag
- 24 x Wilson Tour Comp All Court Tennis Balls

Valued at \$259



Tickets are \$2 each or 3 for \$5

Tickets can be bought from the Registration/Merchandise desk until the 9th of December

