

Programme Day 1 - Friday 17 January 2020

Time	Event No	Event	Round	Heats/ Div
9:20 AM	#101	Girls 800 Metre Run Grade 10	Heats	2
9:30 AM	#102	Boys Long Jump Grade 8 Div 1,2,3	Finals LJ B	6
9:30 AM	#103	Girls Long Jump Grade 12 Div 1	Finals LJ A	3
9:30 AM	#104	Boys High Jump Grade 12	Finals	1
9:30 AM	#105	Boys Discus Throw Grade 10 Div 1	Finals DT B	2
9:30 AM	#106	Boys Shot Put Grade 14	Finals SP A	1
9:30 AM	#107	Boys Shot Put Para	Finals SP A	1
9:30 AM	#108	Girls 800 Metre Run Grade 11	Heats	2
9:40 AM	#109	Girls 400 Metre Sprint Grade 12	Heats	5
9:50 AM	#110	Girls 400 Metre Sprint Grade 13	Heats	4
9:50 AM	#102	Boys Long Jump Grade 8 Div 4,5,6	Finals LJ B	6
9:50 AM	#103	Girls Long Jump Grade 12 Div 2	Finals LJ A	3
9:56 AM	#111	Girls 400 Metre Sprint Grade 14	Heats	3
10:00 a.m.	#105	Boys Discus Throw Grade 10 Div 2	Finals DT B	2
10:10 AM	#112	Girls 200 Metre Sprint Grade 10	Heats	4
10:20 AM	#113	Girls 200 Metre Sprint Grade 11	Heats	4
10:20 AM	#103	Girls Long Jump Grade 12 Div 3	Finals LJ A	3
10:30 AM	#114	Boys 400 Metre Sprint Grade 14	Heats	4
10:30 AM	#115	Boys Discus Throw Grade 7 Div 1,2,3	Finals DT A	5
10:30 AM	#116	Girls Shot Put Grade 9 Div 1,2,3	Finals	5
10:40 AM	#117	Boys 400 Metre Sprint Grade 13	Heats	3
10:50 AM	#118	Boys 400 Metre Sprint Grade 12	Heats	3
10:50 AM	#115	Boys Discus Throw Grade 7 Div 4,5	Finals DT A	5
10:50 AM	#116	Girls Shot Put Grade 9 Div 1,2,3	Finals SP B	5
11:00 AM	#119	Boys 100 Metre Sprint Grade 10	Heats	6
11:00 AM	#120	Girls Long Jump Grade 8 Div 1,2,3,4	Finals LJ B	7
11:10 AM	#121	Boys 100 Metre Sprint Grade 11	Heats	6
11:15 AM	#122	Girls Long Jump Grade 13 Div 1	Finals LJ A	3
11:20 AM	#123	Mixed 15+ 100 Metre Sprint	Finals	
11:25 AM	#124	Boys 60 Metre Sprint Grade 9	Finals	8
11:25 AM	#120	Girls Long Jump Grade 8 Div 5,6,7	Finals LJ A	7
11:30 AM	#125	Girls High Jump Grade 10	Finals	1
11:35 AM	#126	Boys 60 Metre Sprint Grade 8	Finals	6
11:40 a.m.	#122	Girls Long Jump Grade 13 Div 2	Finals LJ A	3
11:45 AM	#127	Boys 60 Metre Sprint Grade 7	Finals	6
11:55 AM	#128	Girls 1600 Metre Race Walk Grade 13	Finals	1
11:55 AM	#129	Boys 1600 Metre Race Walk Grade 13	Finals	1
12:00 PM	#130	Boys Discus Throw Grade 11 Div 1	Finals DT B	2
12:10 PM	#131	Boys 100 Metre Hurdles Grade 14	Heats	3
12:10 PM	#122	Girls Long Jump Grade 13 Div 2	Finals LJ A	3
12:15 PM	#132	Girls 80 Metre Hurdles Grade 14	Heats	3
12:20 PM	#133	Girls 80 Metre Hurdles Grade 13	Heats	3

12:25 PM	#134	Girls 80 Metre Hurdles Grade 12	Heats		3
12:30 PM	#135	Boys 80 Metre Hurdles Grade 12	Heats		2
12:30 PM	#130	Boys Discus Throw Grade 11 Div 2	Finals	DT B	2
12:35 PM	#136	Boys 80 Metre Hurdles Grade 13	Heats		2

Track Lunch

1:00 PM	#137	Girls Discus Throw Grade 13 Div 1	Finals	DT A	2
1:15 PM	#138	Girls Shot Put Grade 14 Div 1	Finals	SP A	2
1:15 PM	#139	Boys Long Jump Grade 14 Div 1	Finals	LJ B	2
1:15 PM	#140	Girls High Jump Grade 11	Finals		1
1:20 PM	#141	Girls 200 Metre Sprint Grade 10	Semis		2
1:25 PM	#142	Girls 200 Metre Sprint Grade 11	Semis		2
1:25 PM	#137	Girls Discus Throw Grade 13 Div 2	Finals	DT A	2
1:30 PM	#143	Boys 100 Metre Sprint Grade 10	Semis		3
1:35 PM	#144	Boys 100 Metre Sprint Grade 11	Semis		3
1:35 PM	#138	Girls Shot Put Grade 14 Div 2	Finals	SP A	2
1:35 PM	#139	Boys Long Jump Grade 14 Div 2	Finals	LJ B	2
1:40 PM	#145	Girls 400 Metre Sprint Grade 14	Finals		
1:43 PM	#146	Girls 400 Metre Sprint Grade 12	Finals		
1:46 PM	#147	Girls 400 Metre Sprint Grade 13	Finals		
1:49 PM	#148	Boys 400 Metre Sprint Grade 12	Finals		
1:52 PM	#149	Boys 400 Metre Sprint Grade 13	Finals		
1:55 PM	#150	Boys 400 Metre Sprint Grade 14	Finals		
2:00 PM	#151	Girls Shot Put Grade 12	Finals	SP A	1
2:05 PM	#152	Girls 200 Metre Sprint Grade 7	Finals		4
2:10 PM	#153	Boys Discus Throw Grade 12	Finals	DT B	1
2:15 PM	#154	Mixed 15+ Discus Throw	Finals		
2:15 PM	#155	Girls Long Jump Grade 14 Div 1	Finals	LJ A	2
2:15 PM	#156	Girls 200 Metre Sprint Grade 8	Finals		5
2:25 PM	#157	Girls 200 Metre Sprint Grade 9	Finals		5
2:30 PM	#158	Girls Discus Throw Grade 7 All Divs	Finals	DT A	4
2:45 PM	#159	Girls 800 Metre Run Grade 10	Finals		1
2:45 PM	#155	Girls Long Jump Grade 14 Div 2	Finals	LJ A	2
2:50 PM	#160	Girls 800 Metre Run Grade 11	Finals		1
2:50 PM	#161	Boys Shot Put Grade 9 Div 1,2,3	Finals	SP B	6
2:55 PM	#162	Boys 1500 Metre Run Grade 10	Finals		1
3:02 PM	#163	Boys 1500 Metre Run Grade 11	Finals		1
3:15 PM	#164	Boys High Jump Grade 13	Finals		1
3:15 PM	#161	Boys Shot Put Grade 9 Div 4,5,6	Finals	SP B	6
3:15 PM	#165	Girls 200 Metre Sprint Grade 10	Finals		
3:20 PM	#166	Girls 200 Metre Sprint Grade 11	Finals		
3:20 PM	#167	Girls Shot Put Grade 11 Div 1	Finals	DT B	2
3:25 PM	#168	Boys 100 Metre Sprint Grade 10	Finals		
3:28 PM	#169	Boys 100 Metre Sprint Grade 11	Finals		
3:40 PM	#170	Boys 100 Metre Hurdles Grade 14	Finals		

3:40 PM	#167	Girls Shot Put Grade 11 Div 2	Finals	DT B	2
3:50 PM	#171	Boys 80 Metre Hurdles Grade 12	Finals		
3:53 PM	#172	Girls 80 Metre Hurdles Grade 14	Finals		
3:56 PM	#173	Girls 80 Metre Hurdles Grade 13	Finals		
3:59 PM	#174	Girls 80 Metre Hurdles Grade 12	Finals		
4:02 PM	#175	Boys 80 Metre Hurdles Grade 13	Finals		
4:30 PM	#176	Girls 4x100 Metre Relay Grade 11	Heats		
4:40 PM	#177	Boys 4x100 Metre Relay Grade 7	Finals		
4:45 PM	#178	Boys 4x100 Metre Relay Grade 8	Finals		
4:50 PM	#179	Boys 4x100 Metre Relay Grade 9	Finals		
5:00 PM	#180	Mixed Distance Medley Grade 12	Finals		
5:10 PM	#181	Mixed Distance Medley Grade 13	Finals		
5:20 PM	#182	Mixed Distance Medley Grade 14	Finals		

Programme Day 2 - Saturday 18th January 2020

Time	Event No	Event	Round	Heats /Div
9:00 AM	#201	Boys 800 Metre Run Grade 11		Heats 2
9:00 AM	#202	Boys Long Jump Grade 9 Div 1,2,3,4	LJ B	Finals 8
9:00 AM	#203	Girls High Jump Grade 13		Finals 1
9:00 AM	#204	Boys Discus Throw Grade 8 Div 1,2,3	DT A	Finals 5
9:00 AM	#205	Boys Shot Put Grade 7 Div 1,2,3	SP B	Finals 5
9:10 AM	#206	Boys 800 Metre Run Grade 12		Heats 2
9:20 AM	#207	Boys 800 Metre Run Grade 14		Heats 2
9:20 AM	#205	Boys Shot Put Grade 7 Div 4, 5	SP B	Finals 5
9:30 AM	#208	Boys 200 Metre Sprint Grade 10		Heats 5
9:30 AM	#202	Boys Long Jump Grade 9 Div 5,6,7,8	LJ B	Finals 8
9:30 AM	#204	Boys Discus Throw Grade 8 Div 4,5	DT A	Finals 5
9:35 AM	#209	Boys Long Jump Grade 10 Div 1	LJ A	Finals 3
9:40 AM	#210	Boys 200 Metre Sprint Grade 13		Heats 4
9:50 AM	#211	Boys 200 Metre Sprint Grade 11		Heats 5
10:00 AM	#212	Boys 200 Metre Sprint Grade 12		Heats 3
10:00 AM	#213	Boys Shot Put Grade 13	SP A	Finals 1
10:00 AM	#209	Boys Long Jump Grade 10 Div 2	LJ A	Finals 3
10:10 AM	#214	Boys 200 Metre Sprint Grade 14		Heats 4
10:10 AM	#215	Boys Discus Throw Grade 14	DT B	Finals 1
10:10 AM	#216	Boys Discus Throw Para	DT B	Finals 1
10:20 AM	#217	Girls 100 Metre Sprint Grade 9		Finals 8
10:25 a.m.	#209	Boys Long Jump Grade 10 Div 3	LJ A	Finals 3
10:30 AM	#218	Girls 100 Metre Sprint Grade 8		Finals 7
10:40 AM	#219	Girls 100 Metre Sprint Grade 7		Finals 6
10:45 AM	#220	Girls Long Jump Grade 9 Div 1,2,3,4	LJ B	Finals 8
10:45 AM	#221	Boys High Jump Grade 11		Finals 2
10:50 AM	#222	Girls 100 Metre Sprint Grade 10		Heats 6
11:00 AM	#223	Girls 100 Metre Sprint Grade 11		Heats 6
11:10 AM	#224	Girls 100 Metre Sprint Grade 12		Heats 6
11:15 a.m.	#220	Girls Long Jump Grade 9 Div 5,6,7,8	LJ B	Finals 8
11:20 AM	#225	Girls 100 Metre Sprint Grade 13		Heats 5
11:30 AM	#226	Girls 100 Metre Sprint Grade 14		Heats 5
11:30 AM	#227	Girls Discus Throw Grade 8 Div 1,2,3	DT A	Finals 6
11:30 AM	#228	Girls Long Jump Grade 10 Div 1	LJ A	Finals 3
11:40 AM	#229	Boys 200 Metre Sprint Grade 10		Semis 3
11:43 AM	#230	Boys 200 Metre Sprint Grade 11		Semis 3
11:46 AM	#231	Boys 200 Metre Sprint Grade 13		Semis 2
11:50 AM	#232	Mixed 15+ 200 Metre Sprint		Finals 1
11:50 AM	#227	Girls Discus Throw Grade 8 Div 4,5,6	DT A	Finals 6
11:55 AM	#233	Girls 1200 Metre Race Walk Grade 10		Finals 1

11:55 AM	#234	Boys 1200 Metre Race Walk Grade 10		Finals	1
11:55 AM	#235	Girls 1200 Metre Race Walk Grade 12		Finals	1
11:55 AM	#236	Boys 1200 Metre Race Walk Grade 12		Finals	1
11:55 AM	#228	Girls Long Jump Grade 10 Div 2	LJ A	Finals	3
12:20PM	#228	Girls Long Jump Grade 10 Div 3	LJ A	Finals	3

Track Lunch

12:35 PM	#237	Girls High Jump Grade 14		Finals	1
12:35 PM	#238	Girls Discus Throw Grade 12 Div 1	DT B	Finals	2
12:35 PM	#239	Boys Shot Put Grade 12	SP A	Finals	1
1:00 PM	#240	Boys Long Jump Grade 13 Div 1	LJ B	Finals	2
1:00 PM	#241	Boys 200 Metre Sprint Grade 7		Finals	4
1:05pm	#238	Girls Discus Throw Grade 12 Div 2	DT B	Finals	2
1:10 PM	#242	Boys 200 Metre Sprint Grade 8		Finals	5
1:20 PM	#243	Boys 200 Metre Sprint Grade 9		Finals	6
1:30 PM	#244	Girls 100 Metre Sprint Grade 10		Semis	3
1:30 PM	#240	Boys Long Jump Grade 13 Div 1	LJ B	Finals	2
1:35 PM	#245	Girls 100 Metre Sprint Grade 11		Semis	3
1:40 PM	#246	Girls 100 Metre Sprint Grade 12		Semis	3
1:45 PM	#247	Girls 100 Metre Sprint Grade 13		Semis	3
1:50 PM	#248	Girls 100 Metre Sprint Grade 14		Semis	2
2:00 PM	#249	Girls Shot Put Grade 7 Div 1,2,3	SP B	Finals	5
2:00 PM	#250	Girls Discus Throw Grade 10 Div 1	DT A	Finals	2
2:00 PM	#251	Mixed 15+ Long Jump		Finals	
2:00 PM	#252	Girls 1500 Metre Run Grade 10		Finals	
2:10 PM	#253	Girls 1500 Metre Run Grade 11		Finals	
2:20 PM	#254	Girls 1500 Metre Run Grade 12		Finals	
2:20 PM	#249	Girls Shot Put Grade 7 Div 4,5	SP B	Finals	5
2:30 PM	#255	Girls 1500 Metre Run Grade 13		Finals	
2:30 PM	#250	Girls Discus Throw Grade 10 Div 2	DT A	Finals	2
2:40 PM	#256	Girls 1500 Metre Run Grade 14		Finals	
2:45 PM	#257	Girls Discus Throw Grade 11 Div 1	DT B	Finals	2
2:50 PM	#258	Boys 200 Metre Sprint Grade 10		Finals	
2:53 PM	#259	Boys 200 Metre Sprint Grade 11		Finals	
2:53 PM	#260	Boys 200 Metre Sprint Para		Finals	
2:56 PM	#261	Boys 200 Metre Sprint Grade 12		Finals	
2:59 PM	#262	Boys 200 Metre Sprint Grade 13		Finals	
3:02 PM	#263	Boys 200 Metre Sprint Grade 14		Finals	
3:10 PM	#264	Boys 800 Metre Run Grade 10		Finals	
3:15 PM	#265	Boys 800 Metre Run Grade 11		Finals	
3:15 PM	#257	Girls Discus Throw Grade 11 Div 2	DT B	Finals	2
3:20 PM	#266	Boys 800 Metre Run Grade 12		Finals	

3:25 PM	#267	Boys 800 Metre Run Grade 13	Finals	
3:30 PM	#268	Boys 800 Metre Run Grade 14	Finals	
3:35 PM	#269	Girls 100 Metre Sprint Grade 10	Finals	
3:38 PM	#270	Girls 100 Metre Sprint Grade 11	Finals	
3:41 PM	#271	Girls 100 Metre Sprint Grade 12	Finals	
3:44 PM	#272	Girls 100 Metre Sprint Grade 13	Finals	
3:47 PM	#273	Girls 100 Metre Sprint Grade 14	Finals	
3:55 PM	#274	Girls 4x100 Metre Relay Grade 7	Finals	
4:00 PM	#275	Girls 4x100 Metre Relay Grade 8	Finals	
4:10 PM	#276	Girls 4x100 Metre Relay Grade 9	Finals	
4:20 PM	#277	Girls 4x100 Metre Relay Grade 12	Heats	2
4:30 PM	#282	Girls 4x100 Metre Relay Grade 13	Heats	2
4:40 p.m.	#284	Girls 4x100 Metre Relay Grade 14	Heats	2
4:50 p.m.	#285	Boys 4x100 Metre Relay Grade 14	Heats	2
5:00 PM	#278	Girls 4x100 Metre Relay Grade 10	Finals	
5:10 PM	#279	Boys 4x100 Metre Relay Grade 10	Finals	
5:15 PM	#280	Girls 4x100 Metre Relay Grade 11	Finals	
5:20 PM	#281	Boys 4x100 Metre Relay Grade 11	Finals	

Programme Day 3 - Sunday 19th January 2020

Time	Event No	Event	Round	Heats /Div
9:00 AM	#301	Girls 800 Metre Run Grade 12	Heats	2
9:00 AM	#302	Boys Long Jump Grade 12 Div 1	Finals LJ A	2
9:00 AM	#303	Boys High Jump Grade 14	Finals	1
9:00 AM	#304	Boys Discus Throw Grade 13 Div 1	Finals DT B	2
9:00 AM	#305	Boys Shot Put Grade 8 Div 1,2,3	Finals SP B	5
9:07 AM	#306	Girls 800 Metre Run Grade 13	Heats	2
9:15 AM	#307	Girls 200 Metre Sprint Grade 12	Heats	5
9:25 AM	#308	Boys Shot Put Grade 10 Div 1	Finals SP A	2
9:25 AM	#305	Boys Shot Put Grade 8 Div 4,5	Finals SP B	5
9:25 AM	#309	Girls 200 Metre Sprint Grade 13	Heats	4
9:30 a.m.	#302	Boys Long Jump Grade 12 Div 2	Finals LJ A	2
9:30 a.m.	#304	Boys Discus Throw Grade 13 Div 2	Finals DT B	2
9:35 AM	#310	Girls 200 Metre Sprint Grade 14	Heats	4
9:45 AM	#311	Boys 400 Metre Sprint Grade 10	Heats	4
9:55 AM	#312	Boys 400 Metre Sprint Grade 11	Heats	4
9:55 AM	#313	Boys 400 Metre Sprint Para	Finals	1
9:55 AM	#308	Boys Shot Put Grade 10 Div 1	Finals SP A	2
10:00 AM	#314	Girls Discus Throw Grade 9 Div 1,2,3	Finals DT A	6
10:00 AM	#315	Girls Long Jump Grade 7 Div 1,2,3,4	Finals LJ B	7
10:05 AM	#316	Girls 400 Metre Sprint Grade 10	Heats	5
10:15 AM	#317	Girls 400 Metre Sprint Grade 11	Heats	4
10:25 a.m.	#314	Girls Discus Throw Grade 9 Div 4,5,6	Finals DT A	6
10:30 AM	#318	Girls High Jump Grade 12	Finals	1
10:30 AM	#315	Girls Long Jump Grade 7 Div 5,6,7	Finals LJ B	7
10:30 AM	#319	Boys 100 Metre Sprint Grade 14	Heats	4
10:40 AM	#320	Boys 100 Metre Sprint Grade 13	Heats	4
10:50 AM	#321	Boys 100 Metre Sprint Grade 12	Heats	5
10:50 AM	#322	Girls Shot Put Grade 13 Div 1	Finals SP B	2
11:00 AM	#323	Girls Long Jump Grade 11 Div 1	Finals LJ A	3
11:05 AM	#324	Boys 100 Metre Sprint Grade 7	Finals	7
11:15 AM	#325	Boys 100 Metre Sprint Grade 8	Finals	6
11:15 AM	#322	Girls Shot Put Grade 13 Div 2	Finals SP B	2
11:25 AM	#326	Boys 100 Metre Sprint Grade 9	Finals	9
11:25 AM	#323	Girls Long Jump Grade 11 Div 2	Finals LJ A	3
11:35 AM	#327	Girls 2000 Metre Race Walk Grade 14	Finals	1
11:35 AM	#328	Boys 2000 Metre Race Walk Grade 14	Finals	1
11:35 AM	#329	Girls 1200 Metre Race Walk Grade 11	Finals	1
11:35 AM	#330	Boys 1200 Metre Race Walk Grade 11	Finals	1
11:50 a.m.	#323	Girls Long Jump Grade 11 Div 3	Finals LJ A	3
11:55 AM	#331	Girls 200 Metre Sprint Grade 12	Semis	3

12:04 PM	#332	Girls 200 Metre Sprint Grade 13	Semis	2
12:10 PM	#333	Girls 200 Metre Sprint Grade 14	Semis	2

Track Lunch

12:00 PM	#334	Girls Discus Throw Grade 14 Div 1	Finals	DT B	2
12:00 PM	#335	Boys Shot Put Grade 11 Div 1	Finals	SP B	2
12:20 p.m.	#334	Girls Discus Throw Grade 14 Div 2	Finals	DT B	2
12:25 p.m.	#335	Boys Shot Put Grade 11 Div 2	Finals	SP B	2
12:30 PM	#336	Boys High Jump Grade 10	Finals		1
12:30 PM	#337	Boys Long Jump Grade 7 Div 1,2,3,4	Finals	LJ B	7
12:55 p.m.	#337	Boys Long Jump Grade 7 Div 5,6,7	Finals	LJ B	7
1:00 PM	#338	Mixed 15+ 1500 Metre Run	Finals		1
1:10 PM	#339	Boys 100 Metre Sprint Grade 12	Semis		3
1:16 PM	#340	Boys 100 Metre Sprint Grade 13	Semis		2
1:22 PM	#341	Boys 100 Metre Sprint Grade 14	Semis		2
1:30 PM	#342	Girls Shot Put Grade 8 All Div	Finals	SP A	4
1:30 PM	#343	Boys 400 Metre Sprint Grade 10	Finals		1
1:33 PM	#344	Boys 400 Metre Sprint Grade 11	Finals		1
1:36 PM	#345	Girls 400 Metre Sprint Grade 10	Finals		1
1:39 PM	#346	Girls 400 Metre Sprint Grade 11	Finals		1
1:45 PM	#347	Boys Long Jump Grade 11 Div 1	Finals	LJ A	3
1:45 PM	#348	Boys Long Jump Para	Finals	LJ A	1
1:45 PM	#349	Girls 800 Metre Run Grade 12	Finals		1
1:50 PM	#350	Girls 800 Metre Run Grade 13	Finals		1
1:50 PM	#351	Girls Shot Put Grade 10 Div 1	Finals	SP B	2
1:55 PM	#352	Girls 800 Metre Run Grade 14	Finals		1
2:00 PM	#353	Boys Discus Throw Grade 9 Div 1,2,3,4	Finals	DT A	7
2:05 PM	#354	Boys 1500 Metre Run Grade 12	Finals		1
2:10 PM	#355	Mixed 15+ Shot Put	Finals		1
2:10 PM	#347	Boys Long Jump Grade 11 Div 2	Finals	LJ A	3
2:10 PM	#351	Girls Shot Put Grade 10 Div 2	Finals	SP B	2
2:12 PM	#356	Boys 1500 Metre Run Grade 13	Finals		1
2:19 PM	#357	Boys 1500 Metre Run Grade 14	Finals		1
2:25 p.m.	#353	Boys Discus Throw Grade 9 Div 5,6,7	Finals	DT A	7
2:30 PM	#358	Girls 200 Metre Sprint Grade 12	Finals		1
2:33 PM	#359	Girls 200 Metre Sprint Grade 13	Finals		1
2:35 p.m.	#347	Boys Long Jump Grade 11 Div 3	Finals	LJ A	3
2:36 PM	#360	Girls 200 Metre Sprint Grade 14	Finals		1
2:45 PM	#361	Boys 100 Metre Sprint Grade 12	Finals		1
2:48 PM	#362	Boys 100 Metre Sprint Grade 13	Finals		1
2:50 PM	#363	Boys 100 Metre Sprint Para	Finals		1
2:52 PM	#364	Boys 100 Metre Sprint Grade 14	Finals		1

3:05 PM	#365	Mixed Distance Medley Grade 10	Finals	1
3:15 PM	#366	Mixed Distance Medley Grade 11	Finals	1
3:25 PM	#367	Girls 60 Metre Sprint Grade 7	Finals	6
3:32 PM	#368	Girls 60 Metre Sprint Grade 8	Finals	7
3:37 PM	#369	Girls 60 Metre Sprint Grade 9	Finals	7
3:55 PM	#370	Girls 4x100 Metre Relay Grade 12	Finals	1
4:00 PM	#371	Boys 4x100 Metre Relay Grade 12	Finals	1
4:05 PM	#372	Girls 4x100 Metre Relay Grade 13	Finals	2
4:10 PM	#373	Boys 4x100 Metre Relay Grade 13	Finals	1
4:15 PM	#374	Girls 4x100 Metre Relay Grade 14	Finals	1
4:20 PM	#375	Boys 4x100 Metre Relay Grade 14	Finals	1