



AUSTRALIAN CAPITAL
TERRITORY LITTLE
ATHLETICS ASSOCIATION

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ACTLAA DRUGS POLICY

On 26 September 2002, the ACT Government passed the Volunteer's Protection Act. This Act provides protection from litigation for individuals engaged in volunteer activities, providing the volunteer, in conducting an activity that results in harm or loss to another individual, is not:

- Acting negligently;
- Acting in contravention to explicit instructions; or
- Under the influence of drugs (drugs in this instance includes alcohol).

To comply with this legislation, the ACTLAA has formulated the following policy on the use of drugs.

Note that for the purposes of this policy statement, we have segregated drugs into "smoking", "alcohol" and "other drugs". Participants referred to in this policy statement include athletes, coaches, officials, administrators and volunteers who are actively engaged in the conducting, or assisting in the conducting, of an ACTLAA sanctioned activity.

Smoking

In promoting a healthy lifestyle and the objects of family fun and fitness participation in Little Athletics, ACTLAA understands the harmful effects of smoking on providing a safe environment for our sport and around families, either directly participating or involved in some way in our sport. The following policy in respect of smoking is hereby adopted:

- **Parents, relatives, friends and visitors** are asked not to smoke while officiating or assisting in any way with the conduct of an event, or watching in close proximity, children competing in an event;
- **Residential and visiting coaches and officials** are reminded of their responsibilities as role models and are asked to refrain from smoking while associated with our sport.
- **Premises and competition areas** should be declared "Smoke Free Zones". Note that for ACT Championships, the **AIS Athletics Field Grandstand** area is a designated "Smoke Free Zone".

Alcohol

ACTLAA has a zero tolerance on the consumption of alcohol by participants, either in the morning prior to or during any competition or other activity sanctioned by ACTLAA. For the purposes of this policy, activity includes but is not limited to Centre organised competition, Centre or ACTLAA managed carnivals or championship events, regular coaching sessions,

coaching clinics, education clinics, public relations activities in public places, school visit programs and school development activities. The consumption of alcohol during the specified period shall be deemed to be a breach of the ACTLAA Code of Behaviour, and subject to disciplinary action by the ACTLAA BOM where the activity is organised by ACTLAA and by the member's Centre for other activities.

Other Drugs

ACTLAA has a zero tolerance on the use of other drugs by participants whether they be for recreational or habitual purposes. Other drugs in any shape or form are not to be brought to any ACTLAA forum. The use of other drugs at ACTLAA sanctioned activity, as defined under alcohol, shall be deemed to be a serious breach of the ACTLAA Code of Behaviour. Any person found to be using other drugs or under the influence of other drugs during the conducting of ACTLAA sanctioned activities may face expulsion, particularly where the incident places at risk members safety or the reputation of this Association.

Note this policy does not apply to medically prescribed drugs.