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| **Do you question your ability to compete at swim meets – read further to see that anyone can and it’s not that big a deal!**Whether you are a new or long-time member of Masters Swimming you may not have entered for various reasons:* You think you have to be a really good swimmer to “compete” in swim meets
* You think State Championships means serious swimming races and not much fun
* You joined your Masters Club to swim for fitness and health only, and the social activities
* You think you are too old to participate in a swim meet
* You are only interested in swimming in open water events
* You don’t want to spend all weekend at Challenge Stadium because you have a young family or other commitments

Well maybe I can change your mind or encourage you to discuss with other Club members who have participated before: * It is not the Olympics – the State Champs are just like one big interclub swim meet, with a social gathering at the end of the meet
* Swimmers of all abilities participate in Masters State Championships - some who can only manage one 50m freestyle event and maybe one relay
* Swim meets are an opportunity to test how your training is going.  It can be viewed as a challenge where members aim to do personal best times or enjoy the fun of swimming with Club mates in relays
* There are no finals, one enters a time for an event and is placed in a heat to swim with other swimmers who have entered similar event times, no matter how old or what sex.
* If your time is limited enter to swim on one day only or both mornings, to fit in your family or other  commitments
* It is all about participation, barracking for your Club mates, enjoying meeting or catching up with members from other Clubs
* Or you might like to come along to spectate and cheer for your Club mates or hold a stop watch to help as a volunteer.  Spectators and volunteers have free entry courtesy of MSWA
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