

## Age Group Club Records

Female 20-24

Short Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	25m	NR				SC
Free	50m	Laura Nichols	MSAC 1 <sup>st</sup> leg Relay	14/10/2006	31.96	SC
Free	100m	Rachael Romari	Nationals SC	18/03/2002	1:13.07	SC
Free	200m	Laura Nichols	Aerobic	26/02/2006	2:46.88	SC
Free	400m	Katie Ashton	State LDSC	16/09/2006	5:29.61	SC
Free	800m	Cassandra Williams	Aerobic	30/11/2004	11:32.00	SC
Free	1500m	Cassandra Williams	Aerobic	30/11/2004	22:44.23	SC
Free	30 mins	Cassandra Williams	Aerobic	7/12/2004	2000m	SC
Free	45 mins	Laura Nichols	Aerobic	12/03/2006	2850m	SC
Free	60 mins	Laura Nichols	Aerobic	12/03/2006	3775m	SC
						SC
Back	25m	Laura Nichols	MSAC 1 <sup>st</sup> leg Relay	14/10/2006	16.97	SC
Back	50m	Laura Nichols	MSAC 1 <sup>st</sup> leg Relay	14/10/2006	36.49	SC
Back	100m	Laura Nichols	MSAC 1 <sup>st</sup> leg Relay	14/10/2006	1:16.55	SC
Back	200m	Laura Nichols	State SC	19/08/2006	2:43.27	SC
Back	400m	Laura Nichols	State LDSC	16/09/2006	5:43.12	SC
Back	800m	Laura Nichols	State LDSC	16/09/2006	11:49.04	SC
Back	1500m	Cathie Lamont	Aerobic	1/10/2000	27:42.45	SC
Back	30 mins	Cathie Lamont	Aerobic	14/05/2000	1675m	SC
Back	45 mins	Cathie Lamont	Aerobic	26/03/2000	2300m	SC
Back	60 mins	Cathie Lamont	Aerobic	25/06/2000	3175m	SC
						SC
Breast	25	NR				SC
	50	Katie Ashton	Aggregate	26/02/2006	39.12	SC
	100	Cathie Lamont	State SC	12/08/2000	1:26.78	SC
	200	Cathie Lamont	Haileybury All Sorts	4/12/1999	3:16.21	SC
	400	Cathie Lamont	Aerobic	24/09/2000	7:03.99	SC
	800	Cathie Lamont	Aerobic	27/08/2000	14:25.10	SC
	1500	Cathie Lamont	Aerobic	13/02/2000	30:12.37	SC
	30 mins	Cathie Lamont	Aerobic	23/07/2000	1500m	SC
	45 mins	Cathie Lamont	Aerobic	26/03/2000	2300m	SC
	60 mins	Cathie Lamont	Aerobic	13/05/2000	2900m	SC
						SC
Fly	25m	NR				SC
	50m	Rachael Romari	Nationals SC	16/03/2002	35.76	SC
	100m	Laura Nichols	State SC	19/08/2006	1:18.14	SC
	200m	NR				SC
	400m	Cathie Lamont	Aerobic	9/07/2000	7:38.00	SC
	800m	Cathie Lamont	State LDSC	8/07/2000	15:10.75	SC
						SC
IM	100m	Laura Nichols	State SC	19/08/2006	1:19.07	SC
	200m	Laura Nichols	State SC	19/08/2006	2:50.47	SC
IM	400m	Laura Nichols	State LDSC	2/09/2006	5:56.03	SC
IM	800m	Cathie Lamont	Aerobic	28/05/2000	13:39.36	SC

## Age Group Club Records

Female 20-24

Long Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	50m	Rachael Romari	State LC	5/05/2002	34.47	LC
	100m	Laura Nichols	State LC	1/04/2006	1:14.13	LC
	200m	NR				LC
	400m	Laura Nichols	Nationals Canberra	7/04/2006	5:41.89	LC
	800m	NR				LC
	1500m	NR				LC
	30 mins	NR				LC
	45 mins	NR				LC
	60 mins	Jodi-Ann Beard	Prahran Classic	23/03/1992	2790m	LC
sic						LC
Back	50m	Laura Nichols	Nationals Canberra	6/04/2006	37.79	LC
	100m	Laura Nichols	Nationals Canberra	7/04/2006	1:22.30	LC
	200m	Laura Nichols	Nationals Canberra	8/04/2006	3:00.81	LC
	400m	NR				LC
	800m	NR				LC
	1500m	NR				LC
	30 mins	NR				LC
	45 mins	NR				LC
	60 mins	NR				LC
sic						LC
Breast	50m	Katie Ashton	Nationals Canberra	9/04/2006	39.65	LC
	100m	Cathie Lamont	State LC	5/03/2000	1:33.21	LC
	200m	NR				LC
	400m	NR				LC
	800m	NR				LC
	1500m	NR				LC
	30 mins	NR				LC
	45 mins	NR				LC
	60 mins	NR				LC
sic						LC
Fly	50m	Rachael Romari	State LC	5/05/2002	36.12	LC
	100m	Laura Nichols	State LC	1/04/2006	1:29.34	LC
	200m	Laura Nichols	State LC	1/04/2006	3:14.13	LC
	400m	NR				LC
	800m	NR				LC
sic						LC
IM	200m	Laura Nichols	Nationals Canberra	9/04/2006	2:55.13	LC
	400m	Laura Nichols	Nationals Canberra	6/04/2006	6:22.01	LC
	800m	NR				LC

Age Group  
for 2016

## Age Group Club Records

Female 25-29

Short Course

Nicola

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	25m	Cassandra Williams	State SC MSAC	1/08/2009	15.70	SC
Free	50m	Cassandra Williams	State SC MSAC	27/08/2005	32.99	SC
Free	100m	Cassandra Williams	State SC MSAC	27/08/2005	1:09.49	SC
Free	200m	Cassandra Williams	State SC MSAC	1/08/2009	2:31.80	SC
Free	400m	Cassandra Williams	Swimathon	14/05/2005	6:43.09	SC
Free	800m	Cassandra Williams	State LDSC	16/09/2006	10:56.77	SC
Free	1500m	Cassandra Williams	Swimathon	17/05/2008	21:07.80	SC
Free	30 mins	Cassandra Williams	Swimathon	26/05/2007	2075m	SC
Free	45 mins	Cassandra Williams	Aerobic	23/12/2008	3125m	SC
Free	60 mins	Cassandra Williams	Swimathon	27/05/2007	4050m	SC
						SC
Back	25m	NR				SC
Back	50m	Andrea Neilson	State SC	16/08/1998	38.70	SC
Back	100m	Andrea Neilson	State SC	24/08/1997	1:23.13	SC
Back	200m	Andrea Neilson	State SC	24/08/1997	3:02.37	SC
Back	400m	Andrea Neilson	Aerobic	23/08/1998	6:31.87	SC
Back	800m	Ruth Harrington	Aerobic	27/05/2001	13:32.37	SC
Back	1500m	Cassandra Williams	Aerobic	19/11/2008	26:08.01	SC
Back	30 mins	Andrea Neilson	Aerobic	5/06/1998	1675m	SC
Back	45 mins	Sarah Agius	Aerobic	15/02/1998	2225m	SC
Back	60 mins	Andrea Neilson	Aerobic	5/04/1998	3175m	SC
						SC
Breast	25	Amanda Kozik	North Lodge	16/06/2012	26.00	SC
Breast	50	Rachael Romari	Aggregate	6/04/2003	46.32	SC
Breast	100	Rachael Romari	Aggregate	2/02/2003	1:40.79	SC
Breast	200	Amanda Kozik	Aggregate	9/05/2010	4:06.89	SC
Breast	400	Rachael Romari	Aerobic	23/02/2003	7:47.16	SC
Breast	800	Andrea Neilson	Aerobic	24/05/1998	16:27.33	SC
Breast	1500	Andrea Neilson	Aerobic	6/06/1998	31:41.45	SC
Breast	30 mins	Andrea Neilson	Aerobic	6/06/1998	1400m	SC
Breast	45 mins	Andrea Neilson	Aerobic	31/05/1998	2300m	SC
Breast	60 mins	Andrea Neilson	Aerobic	6/06/1998	2700m	SC
						SC
Fly	25m	Cassandra Williams	State SC MSAC	1/08/2009	15.83	SC
	50m	Cassandra Williams	State SC	4/08/2007	33.99	SC
	100m	Cassandra Williams	State SC MSAC	19/08/2006	1:16.14	SC
	200m	NR				SC
	400m	Sarah Agius	Aerobic	9/05/1999	8:19.50	SC
	800m	Sarah Agius	Aerobic	24/05/1998	16:49.80	SC
						SC
IM	100m	Cassandra Williams	Genazzano	28/04/2009	1:21.89	SC
	200m	Andrea Neilson	State SC	24/08/1997	3:04.63	SC
IM	400m	Rachael Romari	Aerobic	23/02/2003	6:56.45	SC
IM	800m	Sarah Agius	Aerobic	26/06/1999	15:27.44	SC

## Age Group Club Records

Female 25-29

Long Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	50m	Nicola Sparrow	Nationals	21-24/4/2016	<u>33.99</u>	LC
Free	100m	Nicola Sparrow	Nationals	21-24/4/2016	1:10.27	LC
Free	200m	Cassandra Williams	State LC	22/04/2007	2:37.36	LC
Free	400m	Cassandra Williams	State LDLC	15/09/2007	5:26.50	LC
Free	800m	Cassandra Williams	State LDLC	15/09/2007	11:02.63	LC
Free	1500m	Cassandra Williams	State LDLC	8/09/2007	22:17.99	LC
Free	30 mins	NR				LC
Free	45 mins	NR				LC
Free	60 mins	NR				LC
						LC
Back	50m	Andrea Neilson	State LC	12/04/1997	40.59	LC
Back	100m	Andrea Neilson	State LC	28/03/1998	1:26.04	LC
Back	200m	Andrea Neilson	State LC	28/03/1998	3:10.43	LC
Back	400m	NR				LC
Back	800m	NR				LC
Back	1500m	NR				LC
Back	30 mins	NR				LC
Back	45 mins	NR				LC
Back	60 mins	NR				LC
						LC
Breast	50m	Nicola Sparrow	Nationals	21-24/4/2016	<u>44.34</u>	LC
Breast	100m	Nicola Sparrow	Nationals	21-24/4/2016	1:33.87	LC
Breast	200m	Jodi-Ann Beard	State LC	20/02/1994	4:08.12	LC
Breast	400m	NR				LC
Breast	800m	NR				LC
Breast	1500m	NR				LC
Breast	30 mins	NR				LC
Breast	45 mins	NR				LC
Breast	60 mins	NR				LC
						LC
Fly	50m	Cassandra Williams	State Relay 1 <sup>st</sup> Leg	24/11/2007	34.63	LC
	100m	Sarah Agius	State LC	28/03/1998	1:42.84	LC
	200m	Sarah Agius	State LC	28/03/1998	3:51.30	LC
	400m	NR				LC
	800m	NR				LC
						LC
IM	200m	Cassandra Williams	State LC	22/04/2007	3:01.19	LC
	400m	Sarah Agius	APS Masters	18/04/1998	7:37.98	LC
	800m	Sarah Agius	State LC	18/04/1999	15:10.36	

Age Group  
for 2016

## Age Group Club Records

Female 30-34

Short Course

Amanda

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	25m	Amanda Kozik	Aggregate	13/01/2013	20.61	SC
Free	50m	Debbie Bell	State SC	7/08/1993	31.16	SC
Free	100m	Cassie Williams	State SC	17/07/2010	1:09.81	SC
Free	200m	Cassie Williams	State SC	17/07/2010	2:31.43	SC
Free	400m	Cassie Williams	Aerobic	16/02/2011	<u>5:38.16</u>	SC
Free	800m	Cassie Williams	Aerobic	16/02/2011	11:19.08	SC
Free	1500m	Cassie Williams	Swimathon	2/04/2011	21:31.30	SC
Free	30 mins	Cassie Williams	Swimathon	24/04/2010	2050m	SC
Free	45 mins	Cassie Williams	Swimathon	24/04/2010	3050m	SC
Free	60 mins	Cassie Williams	Swimathon	25/04/2010	4050m	SC
						SC
Back	25m	Cassie Williams-Hill	State SC Relay	21/09/2014	<u>21.79</u>	SC
Back	50m	Debbie Bell	State SC	7/08/1993	38.23	SC
Back	100m	Debbie Bell	Aggregate	1/08/1993	1:27.59	SC
Back	200m	Andrea Neilson	State LDSC	26/06/1999	3:17.79	SC
Back	400m	Andrea Neilson	Aerobic	4/04/1999	6:45.59	SC
Back	800m	Andrea Neilson	Aerobic	2/07/2000	13:29.44	SC
Back	1500m	Andrea Neilson	State LDSC	26/06/1999	26:46.70	SC
Back	30 mins	Cassie Williams	Aerobic	20/10/2010	1650m	SC
Back	45 mins	Andrea Neilson	Aerobic	26/06/2000	2350m	SC
Back	60 mins	Sarah Agius	Aerobic	14/05/2000	3075m	SC
						SC
Breast	25	Amanda Kozik	North Lodge	22/11/2014	25.63	SC
Breast	50	Debbie Bell	Aggregate	18/07/1993	48.66	SC
Breast	100	Andrea Neilson	State LDSC	26/06/1999	1:50.07	SC
Breast	200	Andrea Neilson	State LDSC	26/06/1999	3:52.40	SC
Breast	400	Andrea Neilson	State LDSC	26/06/1999	7:59.85	SC
Breast	800	Andrea Neilson	State LDSC	26/06/1999	16:16.67	SC
Breast	1500	Andrea Phillips	Aerobic	14/09/2003	32:55.17	SC
Breast	30 mins	Andrea Phillips	Aerobic	14/09/2003	1375m	SC
Breast	45 mins	Andrea Phillips	Aerobic	14/09/2003	2025m	SC
Breast	60 mins	Andrea Phillips	Aerobic	14/09/2003	2725m	SC
						SC
Fly	25m	Andrea Phillips	Casey Seals	9/08/2003	18.50	SC
Fly	50m	Debbie Bell	State SC	7/08/1993	36.12	SC
Fly	100m	NR				SC
Fly	200m	NR				SC
Fly	400m	NR				SC
Fly	800m	NR				SC
						SC
IM	100m	Andrea Neilson	North Lodge	29/07/2000	1:32.34	SC
IM	200m	Jodi-Ann Beard	State SC	16/08/1998	3:44.76	SC
IM	400m	Sarah Agius	Aerobic	27/02/2000	7:22.72	SC
IM	800m	NR				SC

## Age Group Club Records

Female 30-34

Long Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	50m	Debbie Bell	State LC	dd/02/93	31.64	LC
	100m	Cassie Williams	State LC	2/05/2010	1:14.72	LC
	200m	Sarah Agius	Nationals	23/04/2000	2:57.01	LC
	400m	Sarah Agius	Nationals	23/04/2000	6:08.18	LC
	800m	Jodi-Ann Beard	State LC	18/04/1999	13:54.17	LC
	1500m	Jodi-Ann Beard	Aust Public Sector Games	28/04/2000	26:52.56	LC
	30 mins	NR				LC
	45 mins	NR				LC
	60 mins	NR				LC
						LC
Back	50m	Debbie Bell	State LC	dd/02/93	39.09	LC
	100m	Debbie Bell	State LC	dd/02/93	1:27.22	LC
	200m	Andrea Neilson	State LC	18/04/1999	3:12.42	LC
	400m	NR				LC
	800m	Andrea Neilson	State LC	18/04/1999	13:48.05	LC
	1500m	NR				LC
	30 mins	NR				LC
	45 mins	NR				LC
	60 mins	NR				LC
						LC
Breast	50m	Jodi-Ann Beard	Nationals	12/03/1998	55.20	LC
Breast	100m	Amanda Kozik	State LC	17/05/2015	<u>2:00.07</u>	LC
Breast	200m	Amanda Kozik	State LC	17/05/2015	4:11.62	LC
Breast	400m	NR				LC
Breast	800m	NR				LC
Breast	1500m	Jodi-Ann Beard	Doncaster Grand Prix	21/11/1999	37:24.06	LC
Breast	30 mins	NR				LC
Breast	45 mins	NR				LC
Breast	60 mins	NR				LC
						LC
Fly	50m	Andrea Neilson	State LC	18/04/1999	39.30	LC
	100m	NR				LC
	200m	NR				LC
	400m	NR				LC
	800m	NR				LC
						LC
IM	200m	Sarah Agius	State LC	5/03/2000	3:29.86	LC
	400m	Sarah Agius	Nationals	23/04/2000	7:27.17	LC
	800m	NR				

Age Group  
for 2016

## Age Group Club Records

Female 35-39

Short Course

Kirsty  
Cassie

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	25m	Kirsty Richardson	State SC	18/07/2015	<u>15.76</u>	SC
Free	50m	Aida Tuciute	State SC	23/08/2003	28.42	SC
Free	100m	Kirsty Richardson	State SC	28/08/2016	1:10.98	SC
Free	200m	Andrea Phillips	Aggregate	28/03/2004	2:54.18	SC
Free	400m	Kirsty Richardson	Endurance 1000	24/08/2014	6:35.78	SC
Free	800m	Kirsty Richardson	Endurance 1000	24/08/2014	13:24.07	SC
Free	1500m	Debbie Bell	Aerobic	28/01/1996	25:40.59	SC
Free	30 mins	Andrea Phillips	Aerobic	11/07/2004	1625m	SC
Free	45 mins	Robyn Neville	Aerobic	17/05/2003	2275m	SC
Free	60 mins	Robyn Neville	Aerobic	17/05/2003	3025m	SC
						SC
Back	25m	NR				SC
Back	50m	Debbie Bell	State SC	17/08/1996	38.62	SC
Back	100m	Andrea Phillips	Aggregate	29/02/2004	1:33.13	SC
Back	200m	Andrea Phillips	Aerobic	21/03/2004	3:23.08	SC
Back	400m	Andrea Phillips	Aerobic	4/04/2004	7:10.48	SC
Back	800m	Andrea Phillips	Aerobic	4/04/2004	14:35.77	SC
Back	1500m	Andrea Phillips	Aerobic	4/04/2004	27:43.62	SC
Back	30 mins	Andrea Phillips	Aerobic	4/04/2004	1625m	SC
Back	45 mins	Andrea Phillips	Aerobic	25/04/2004	2325m	SC
Back	60 mins	Andrea Phillips	Swimathon	15/05/2004	3150m	SC
						SC
Breast	25m	Kirsty Richardson	State SC	18/07/2015	<u>21.43</u>	SC
Breast	50m	Aida Tuciute	State SC	23/08/2003	37.72	SC
Breast	100m	Jackie Lamont	State SC	20/08/1994	1:41.25	SC
Breast	200m	Jackie Lamont	State SC	20/08/1994	3:31.74	SC
Breast	400m	Andrea Phillips	Aerobic	25/01/2004	8:32.40	SC
Breast	800m	Andrea Phillips	Aerobic	25/01/2004	17:24.13	SC
Breast	1500m	Andrea Phillips	Aerobic	25/01/2004	32:27.52	SC
Breast	30 mins	Andrea Phillips	Aerobic	15/02/2004	1400m	SC
Breast	45 mins	Andrea Phillips	Swimathon	16/05/2004	2000m	SC
Breast	60 mins	NR				SC
						SC
Fly	25m	NR				SC
	50m	Aida Tuciute	State SC	23/08/2003	30.76	SC
	100m	NR				SC
	200m	NR				SC
	400m	NR				SC
	800m	NR				SC
						SC
IM	100m	Aida Tuciute	State SC	23/08/2003	1:13.29	SC
	200m	NR				SC
IM	400m	NR				SC
IM	800m	NR				SC

## Age Group Club Records

Female 35-39

Long Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	50m	Kirsty Richardson	State LC	17/05/2015	32.62	LC
Free	100m	Kirsty Richardson	State LC	20/03/2016	1:12.82	LC
Free	200m	Genevieve Galvin	World Masters	11/10/2002	3:03.88	LC
Free	400m	Genevieve Galvin	World Masters	10/10/2002	6:39.60	LC
Free	800m	Robyn Neville	State LDLC	15/11/2003	14:23.22	LC
Free	1500m	Robyn Neville	State LDLC	15/11/2003	27:14.63	LC
Free	30 mins	NR				LC
Free	45 mins	NR				LC
Free	60 mins	NR				LC
						LC
Back	50m	Debbie Bell	State LC	19/03/1995	40.88	LC
	100m	NR				LC
	200m	NR				LC
	400m	NR				LC
	800m	NR				LC
	1500m	NR				LC
	30 mins	NR				LC
	45 mins	NR				LC
	60 mins	NR				LC
						LC
Breast	50m	Jackie Lamont	State LC	20/02/1994	48.61	LC
	100m	Jackie Lamont	State LC	20/02/1994	1:46.63	LC
	200m	Jackie Lamont	State LC	20/02/1994	3:48.33	LC
	400m	NR				LC
	800m	NR				LC
	1500m	NR				LC
	30 mins	NR				LC
	45 mins	NR				LC
	60 mins	NR				LC
						LC
Fly	50m	Robyn Neville	Hoppers Crossing	6/09/2003	52.07	LC
	100m	NR				LC
	200m	NR				LC
	400m	NR				LC
	800m	NR				LC
						LC
IM	200m	NR				LC
	400m	NR				LC
	800m	NR				LC



## Age Group Club Records

Female 40-44

Short Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	25m	NR				SC
Free	50m	Christie Faulks	State SC	24/07/2004	32.05	SC
Free	100m	Christie Faulks	State SC	10/08/2002	1:11.74	SC
Free	200m	Christie Faulks	State SC	10/08/2002	2:45.76	SC
Free	400m	Jackie Lamont	Aerobic	8/02/1998	6:16.19	SC
Free	800m	Jackie Lamont	Aerobic	23/03/1997	12:43.45	SC
Free	1500m	Jackie Lamont	Aerobic	28/01/1996	25:18.00	SC
Free	30 mins	Christie Faulks	Swimathon	15/05/2004	1850m	SC
Free	45 mins	Jackie Lamont	Aerobic	15/10/1995	2600m	SC
Free	60 mins	Jackie Lamont	Aerobic	14/04/1996	3450m	SC
						SC
Back	25m	NR				SC
Back	50m	Andrea Phillips	Aggregate	5/02/2012	43.36	SC
Back	100m	Andrea Phillips	Aggregate	4/03/2012	1:38.01	SC
Back	200m	Andrea Phillips	Aggregate	3/03/2013	3:35.61	SC
Back	400m	Genevieve Galvin	Aerobic	16/02/2003	6:50.53	SC
Back	800m	Andrea Phillips	Aerobic	20/05/2012	14:56.98	SC
Back	1500m	Andrea Phillips	Aerobic	27/05/2012	28:53.09	SC
Back	30 mins	Andrea Phillips	Endurance 1000	1/07/2012	1525m	SC
Back	45 mins	Andrea Phillips	Endurance 1000	18/11/2012	2275m	SC
Back	60 mins	Andrea Phillips	Endurance 1000	18/11/2012	3025m	SC
						SC
Breast	25m	NR				SC
Breast	50m	Christie Faulks	State SC	10/08/2002	43.25	SC
Breast	100m	Diana Groenewald	Aggregate	9/11/2003	1:38.34	SC
Breast	200m	Jackie Lamont	State SC	24/08/1997	3:30.64	SC
Breast	400m	Jackie Lamont	Aerobic	13/07/1997	7:21.04	SC
Breast	800m	Jackie Lamont	Syndal	27/06/1998	14:38.39	SC
Breast	1500m	Jackie Lamont	Aerobic	6/06/1998	29:00.23	SC
Breast	30 mins	Jackie Lamont	Aerobic	9/11/1997	1500m	SC
Breast	45 mins	Jackie Lamont	Aerobic	6/07/1997	2200m	SC
Breast	60 mins	Jackie Lamont	Aerobic	15/09/1996	2900m	SC
						SC
Fly	25m	Andrea Phillips	Aggregate	3/03/2013	18.89	SC
Fly	50m	Christie Faulks	State SC	24/07/2004	34.52	SC
Fly	100m	Jackie Lamont	State SC	16/08/1998	1:40.78	SC
Fly	200m	Jackie Lamont	State SC	16/08/1998	3:28.58	SC
Fly	400m	Jackie Lamont	Aerobic	12/04/1998	7:15.88	SC
Fly	800m	Jackie Lamont	Aerobic	29/03/1998	15:14.22	SC
						SC
IM	100m	Christie Faulks	State SC	24/07/2004	1:26.45	SC
IM	200m	Ruth Thatcher	State SC	16/08/1998	3:07.81	SC
IM	400m	Jackie Lamont	Aerobic	14/12/1997	7:00.50	SC
IM	800m	Jackie Lamont	Syndal	27/06/1998	14:31.20	SC

## Age Group Club Records

Female 40-44

Long Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	50m	Christie Faulks	World Masters Games	12/10/2002	31.88	LC
Free	100m	Christie Faulks	World Masters Games	8/10/2002	1:12.37	LC
Free	200m	Joan Patterson	State LC	2/03/1996	3:06.98	LC
Free	400m	Jackie Lamont	Doncaster	23/11/1996	6:26.63	LC
Free	800m	Jackie Lamont	Prahran	31/03/1996	13:38.99	LC
Free	1500m	Jackie Lamont	Prahran	31/03/1996	25:35.99	LC
Free	30 mins	Jackie Lamont	Prahran	31/03/1996	1750m	LC
Free	45 mins	Jackie Lamont	Prahran	31/03/1996	2600m	LC
Free	60 mins	Jackie Lamont	Prahran	31/03/1996	3450m	LC
						LC
Back	50m	Genevieve Galvin	State LC	29/03/2003	46.57	LC
Back	100m	NR				LC
Back	200m	NR				LC
Back	400m	NR				LC
Back	800m	NR				LC
Back	1500m	Andrea Phillips	Aerobic - Balwyn	23/11/2010	32:07.86	LC
Back	30 mins	NR				LC
Back	45 mins	NR				LC
Back	60 mins	NR				LC
						LC
Breast	50m	Joan Patterson	State LC	2/03/1996	45.72	LC
Breast	100m	Joan Patterson	State LC	3/03/1996	1:42.49	LC
Breast	200m	Jackie Lamont	State LC	28/03/1996	3:31.14	LC
Breast	400m	Jackie Lamont	Doncaster	23/11/1997	7:19.54	LC
Breast	800m	Jackie Lamont	Doncaster	23/11/1997	14:53.50	LC
Breast	1500m	NR				LC
Breast	30 mins	NR				LC
Breast	45 mins	NR				LC
Breast	60 mins	NR				LC
						LC
Fly	50m	Christie Faulks	State LC	17/04/2004	34.85	LC
Fly	100m	NR				LC
Fly	200m	NR				LC
Fly	400m	NR				LC
Fly	800m	NR				LC
						LC
IM	200m	Jackie Lamont	State LC	28/03/1996	3:21.20	LC
IM	400m	Jackie Lamont	Doncaster	23/11/1997	7:16.35	LC
IM	800m	NR				

Age Group  
for 2016

## Age Group Club Records

Female 45-49

Short Course

Andy

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	25m	Andy Phillips	Aggregate	4/03/2016	16.70	SC
Free	50m	Joan Patterson	State SC	24/08/1997	33.72	SC
Free	100m	Joan Patterson	State SC	12/08/2000	1:17.07	SC
Free	200m	Joan Patterson	Aggregate	1/04/2001	2:53.78	SC
Free	400m	Joan Patterson	Aerobic	30/04/2000	6:15.08	SC
Free	800m	Ria Pearce	LDSC	28/05/2011	12:50.90	SC
Free	1500m	Joan Patterson	Aerobic	20/08/2000	25:26.38	SC
Free	30 mins	Joan Patterson	Aerobic	4/06/2000	1750m	SC
Free	45 mins	Joan Patterson	Aerobic	26/03/2000	2600m	SC
Free	60 mins	Joan Patterson	Aerobic	6/02/2000	3425m	SC
Back	25m	Andy Phillips	Aggregate	17/04/2016	20.82	SC
Back	50m	Ria Pearce	State SC	6/08/2011	<u>43.15</u>	SC
Back	100m	Ria Pearce	State SC	6/08/2011	1:31.25	SC
Back	200m	Ria Pearce	LDSC	28/05/2011	<u>3:21.60</u>	SC
Back	400m	Ria Pearce	LDSC	28/05/2011	6:49.33	SC
Back	800m	Ria Pearce	Aerobic	27/02/2011	15:06.76	SC
Back	1500m	Linda Gunzburg	Aerobic	4/11/2008	30:33.00	SC
Back	30 mins	Linda Gunzburg	Aerobic	4/11/2008	1450m	SC
Back	45 mins	Linda Gunzburg	Aerobic	4/11/2008	2175m	SC
Back	60 mins	Catherine Watmough	Aerobic	5/10/1997	2900m	SC
Breast	25	Andy Phillips	Aggregate	15/03/2015	24.54	SC
Breast	50	Joan Patterson	State SC	28/08/1997	43.65	SC
Breast	100	Linda Gunzburg	State SC	4/08/2007	1:43.08	SC
Breast	200	Jackie Lamont	State SC	21/08/1999	3:31.79	SC
Breast	400	Jackie Lamont	State LDSC	26/06/1999	7:33.19	SC
Breast	800	Jackie Lamont	State LDSC	26/06/1999	15:06.93	SC
Breast	1500	Jackie Lamont	Aerobic	13/02/2000	29:39.38	SC
Breast	30 mins	Jackie Lamont	Aerobic	13/06/1999	1500m	SC
Breast	45 mins	Jackie Lamont	Aerobic	10/10/1999	2150m	SC
Breast	60 mins	Jackie Lamont	Aerobic	5/09/1999	3000m	SC
Fly	25m	Ria Pearce	State SC	6/08/2011	<u>19.23</u>	SC
Fly	50m	Joan Patterson	North Lodge	29/07/2000	42.66	SC
Fly	100m	Linda Gunzburg	Aerobic	2/09/2006	1:51.38	SC
Fly	200m	Linda Gunzburg	Aerobic	20/02/2008	4:11.51	SC
Fly	400m	Jackie Lamont	Aerobic	9/05/1999	7:23.84	SC
Fly	800m	Jackie Lamont	Aerobic	14/11/1999	15:22.29	SC
IM	100m	Ria Pearce	State SC	6/08/2011	1:32.93	SC
IM	200m	Jackie Lamont	State SC	12/08/2000	3:25.82	SC
IM	400m	Jackie Lamont	Aerobic	3/10/1999	7:10.15	SC
IM	800m	Jackie Lamont	Aerobic	17/10/1999	14:50.43	SC

## Age Group Club Records

Female 45-49

Long Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	50m	Joan Patterson	Nationals	13/05/1999	34.12	LC
	100m	Joan Patterson	State LC	5/03/2000	1:16.78	LC
	200m	Joan Patterson	Nationals	23/04/2000	2:55.77	LC
	400m	Catherine Watmough	Nationals	12/03/1998	7:09.43	LC
	800m	Joan Patterson	Doncaster	21/11/1999	13:33.89	LC
	1500m	NR				LC
	30 mins	NR				LC
	45 mins	NR				LC
	60 mins	NR				LC
						LC
Back	50m	Catherine Watmough	State LC	12/04/1997	46.88	LC
	100m	Catherine Watmough	State LC	12/04/1997	1:41.97	LC
	200m	Catherine Watmough	State LC	28/03/1998	3:50.17	LC
	400m	Linda Gunzburg	State LDLC	23/11/2008	8:07.61	LC
	800m	Linda Gunzburg	State LDLC	23/11/2008	16:23.43	LC
	1500m	Linda Gunzburg	State LDLC	23/11/2008	31:03.24	LC
	30 mins	NR				LC
	45 mins	NR				LC
	60 mins	NR				LC
						LC
Breast	50m	Joan Patterson	State LC	12/04/1997	44.19	LC
	100m	Joan Patterson	Nationals	11/05/1999	1:41.44	LC
	200m	Jackie Lamont	State LC	18/04/1999	3:38.26	LC
	400m	Joan Patterson	Doncaster	23/11/1997	8:14.76	LC
	800m	Jackie Lamont	State LC	18/04/1999	15:05.88	LC
	1500m	NR				LC
	30 mins	NR				LC
	45 mins	NR				LC
	60 mins	NR				LC
						LC
Fly	50m	Joan Patterson	Ringwood	14/10/2000	45.87	LC
	100m	NR				LC
	200m	NR				LC
	400m	NR				LC
	800m	NR				LC
						LC
IM	200m	Linda Gunzburg	State LC	1/04/2006	3:35.73	LC
	400m	NR				LC
	800m	Jackie Lamont	Doncaster	21/11/1999	14:45.06	

Age Group  
for 2016

## Age Group Club Records

Female 50-54

Short Course

Mary Cath  
Dee  
Sue  
Ya

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	25m	Joan Patterson	Aggregate	2/05/2004	16.03	SC
Free	50m	Joan Patterson	Aggregate	2/06/2002	33.90	SC
Free	100m	Joan Patterson	Nationals SC	18/03/2002	1:17.01	SC
Free	200m	Joan Patterson	Nationals SC	17/03/2002	2:50.65	SC
Free	400m	Joan Patterson	State LDSC	29/06/2002	6:12.55	SC
Free	800m	Joan Patterson	Aerobic	12/10/2003	12:51.38	SC
Free	1500m	Joan Patterson	Aerobic	27/01/2002	24:58.08	SC
Free	30 mins	Joan Patterson	Aerobic	21/07/2002	1775m	SC
Free	45 mins	Joan Patterson	Aerobic	19/05/2002	2600m	SC
Free	60 mins	Joan Patterson	Aerobic	19/09/2004	3425m	SC
						SC
Back	25m	Linda Gunzburg	North Lodge	22/11/2014	23.74	SC
Back	50m	Catherine Watmough	North Lodge	14/06/2003	47.61	SC
Back	100m	Linda Gunzburg	State SC	31/08/2014	1:44.17	SC
Back	200m	Catherine Watmough	Casey Seals	9/08/2003	3:35.26	SC
Back	400m	Linda Gunzburg	Endurance 1000	23/11/2014	<u>7:34.72</u>	SC
Back	800m	Linda Gunzburg	Endurance 1000	23/11/2014	<u>15:19.78</u>	SC
Back	1500m	Linda Gunzburg	Endurance 1000	23/11/2014	28:55.41	SC
Back	<b>30 mins</b>	Catherine Watmough	Aerobic	17/05/2003	1475m	SC
Back	<b>Equal +</b>	Linda Gunzburg	Endurance 1000	10/08/2014	1475m	SC
Back	<b>45 mins</b>	Catherine Watmough	Aerobic	16/05/2003	2200m	
Back	<b>Equal +</b>	Linda Gunzburg	Endurance 1000	21/12/2014	<u>2200m</u>	SC
Back	60 mins	Linda Gunzburg	Endurance 1000	21/12/2014	2950m	SC
Breast	25m	Joan Patterson	Aggregate	4/07/2004	21.10	SC
Breast	50m	Joan Patterson	Nationals SC	18/03/2002	45.12	SC
Breast	100m	Linda Gunzburg	State SC	6/08/2011	1:40.60	SC
Breast	200m	Linda Gunzburg	State SC	5/08/2012	3:37.36	SC
Breast	400m	Linda Gunzburg	LDSC	28/05/2011	7:45.44	SC
Breast	800m	Linda Gunzburg	Endurance 1000	9/09/2012	16:25.01	SC
Breast	1500m	Linda Gunzburg	Endurance 1000	2/09/2012	31:51.81	SC
Breast	30 mins	Linda Gunzburg	Endurance 1000	2/09/2012	<u>1400m</u>	SC
Breast	45 mins	Linda Gunzburg	Endurance 1000	28/09/2014	<u>2075m</u>	SC
Breast	60 mins	Linda Gunzburg	Endurance 1000	28/09/2014	2750m	SC
Fly	25m	Joan Patterson	State SC Relay 1st leg	14/10/2006	19.49	SC
Fly	50m	Joan Patterson	North Lodge	28/08/2004	43.58	SC
Fly	100m	Catherine Watmough	State LDSC	6/07/2003	1:59.07	SC
Fly	200m	Catherine Watmough	Aerobic	20/07/2003	4:19.64	SC
Fly	400m	Catherine Watmough	Aerobic	20/07/2003	8:50.26	SC
Fly	800m	Catherine Watmough	Aerobic	25/05/2003	18:28.90	SC
IM	100m	Joan Patterson	State SC MSAC	27/08/2005	1:33.97	SC
IM	200m	Joan Patterson	Aggregate	2/04/2006	3:36.67	SC
IM	400m	Joan Patterson	Aerobic	8/08/2004	7:50.50	SC
IM	800m	Linda Gunzburg	Endurance 1000	28/12/2014	16:11.22	SC

## Age Group Club Records

Age Group Club Records						
		Female 50-54	Long Course			
Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	50m	Joan Patterson	Nationals Adelaide	1/04/2004	33.81	LC
Free	100m	Joan Patterson	State LC	5/05/2002	1:16.00	LC
Free	200m	Joan Patterson	State LC	5/05/2002	2:53.71	LC
Free	400m	Joan Patterson	Nationals Adelaide	2/04/2004	6:11.29	LC
Free	800m	Joan Patterson	Nationals Adelaide	1/04/2004	12:50.69	LC
Free	1500m	Linda Gunzburg	Endurance 1000	25/05/2014	<u>27:43.42</u>	LC
Free	30 mins	Linda Gunzburg	Endurance 1000	25/05/2014	1600m	LC
Free	45 mins	Sue Lyon	Endurance 1000	20/02/2015	2175m	LC
Free	60 mins	Sue Lyon	Endurance 1000	20/02/2015	2750m	LC
						LC
Back	50m	Catherine Watmough	Nationals	26/04/2003	47.67	LC
Back	100m	Catherine Watmough	Nationals	25/04/2003	1:43.22	LC
Back	200m	Catherine Watmough	AMG Canberra	dd/11/03	3:35.16	LC
Back	400m	Catherine Watmough	Nationals	22/04/2000	8:08.24	LC
Back	800m	Sue Lyon	Endurance 1000	24/05/2015	<u>19:38.69</u>	LC
Back	1500m	Catherine Watmough	Doncaster	21/11/1999	33:34.22	LC
Back	30 mins	Sue Lyon	Endurance 1000	24/05/2015	<u>1200m</u>	LC
Back	45 mins	Sue Lyon	Endurance 1000	24/05/2015	<u>1800m</u>	LC
Back	60 mins	Sue Lyon	Endurance 1000	24/05/2015	2400m	LC
						LC
Breast	50m	Joan Patterson	State LC	5/05/2002	45.53	LC
Breast	100m	Joan Patterson	World Masters Games	9/10/2002	1:45.80	LC
Breast	200m	Jacqui Ellison	State LC	1/04/2006	3:46.84	LC
Breast	400m	Linda Gunzburg	Endurance 1000	23/03/2014	<u>8:39.91</u>	LC
Breast	800m	Linda Gunzburg	Endurance 1000	23/03/2014	<u>17:46.79</u>	LC
Breast	1500m	Linda Gunzburg	Endurance 1000	23/03/2014	<u>34:03.09</u>	LC
Breast	30 mins	Linda Gunzburg	Endurance 1000	23/03/2014	1300m	LC
Breast	45 mins	Linda Gunzburg	Endurance 1000	5/10/2015	1975m	LC
Breast	60 mins	NR				LC
						LC
Fly	50m	Linda Gunzburg	Pan Pac's	6-8/11/2014	<u>51.74</u>	LC
Fly	100m	Catherine Watmough	Nationals Perth	25/04/2003	2:00.83	LC
Fly	200m	Sue Lyon	State LC	20/03/2016	4:45.79	LC
Fly	400m	NR				LC
Fly	800m	NR				LC
						LC
IM	200m	Linda Gunzburg	Pan Pac's	6-8/11/2014	3:39.68	LC
IM	400m	Catherine Watmough	AMG Canberra	dd/11/03	7:57.56	LC
IM	800m	NR				

Age Group  
for 2016

## Age Group Club Records

Female 55-59

Short Course

Kathleen  
Jenny  
Linda

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	25m	Joan Patterson	State SC MSAC	1/08/2009	17.04	SC
Free	50m	Joan Patterson	State SC	4/08/2007	35.30	SC
Free	100m	Joan Patterson	State SC	4/08/2007	1:18.57	SC
Free	200m	Joan Patterson	State SC	4/08/2007	2:50.90	SC
Free	400m	Joan Patterson	State LDSC	14/06/2009	6:07.27	SC
Free	800m	Joan Patterson	State LDSC	14/06/2009	12:41.83	SC
Free	1500m	Joan Patterson	Swimathon	17/05/2008	24:54.36	SC
Free	30 mins	Joan Patterson	Swimathon	17/05/2008	1800m	SC
Free	45 mins	Joan Patterson	Aerobic	9/08/2009	2625m	SC
Free	60 mins	Joan Patterson	Aerobic	23/11/2008	3400m	SC
						SC
Back	25m	Catherine Watmough	North Lodge	20/10/2007	22.24	SC
Back	50m	Catherine Watmough	North Lodge	28/08/2004	49.09	SC
Back	100m	Catherine Watmough	State SC MSAC	27/08/2005	1:44.02	SC
Back	200m	Linda Gunzburg	Nationals Hobart	11/04/2015	3:38.94	SC
Back	400m	Catherine Watmough	Aerobic	21/03/2004	7:37.61	SC
Back	800m	Linda Gunzburg	Endurance 1000	4/01/2015	15:36.12	SC
Back	1500m	Linda Gunzburg	Endurance 1000	4/01/2015	<u>29:27.22</u>	SC
Back	30 mins	Linda Gunzburg	Endurance 1000	4/01/2015	1525m	SC
Back	45 mins	Catherine Watmough	Swimathon	14/05/2004	2250m	SC
Back	60 mins	Catherine Watmough	Swimathon	14/05/2004	2975m	SC
						SC
Breast	25m	Linda Gunzburg	Aggregate	18/01/2015	22.17	SC
Breast	50m	Joan Patterson	State SC	4/08/2007	47.65	SC
Breast	100m	Linda Gunzburg	Aggregate	18/10/2015	1:46.11	SC
Breast	200m	Linda Gunzburg	Nationals Hobart	10/04/2015	3:44.00	SC
Breast	400m	Joan Patterson	Aerobic	6/01/2008	8:09.13	SC
Breast	800m	Jacqui Ellison	Aerobic	18/03/2009	16:24.34	SC
Breast	1500m	Joan Patterson	Aerobic	25/05/2008	32:03.67	SC
Breast	30 mins	Joan Patterson	Aerobic	10/06/2007	1400m	SC
Breast	45 mins	Joan Patterson	Aerobic	25/11/2007	2025m	SC
Breast	60 mins	Catherine Watmough	Swimathon	16/05/2004	2625m	SC
						SC
Fly	25m	Joan Patterson	State SC	1/08/2009	20.23	SC
Fly	50m	Joan Patterson	State SC	1/08/2009	44.74	SC
Fly	100m	Catherine Watmough	State LDSC	12/09/2006	1:53.02	SC
Fly	200m	Catherine Watmough	Aerobic	25/04/2004	4:15.11	SC
Fly	400m	Catherine Watmough	Aerobic	18/07/2004	8:51.11	SC
Fly	800m	Catherine Watmough	Aerobic	12/09/2004	18:00.95	SC
						SC
IM	100m	Joan Patterson	State SC	1/08/2009	1:36.58	SC
IM	200m	Linda Gunzburg	Nationals Hobart	10/04/2015	3:31.73	SC
IM	400m	Catherine Watmough	State LDSC	2/09/2006	7:38.49	SC
IM	800m	Linda Gunzburg	Endurance 1000	28/06/2015	16:20.63	SC

## Age Group Club Records

Female 55-59

Long Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	50m	Joan Patterson	Nationals MSAC	20/03/2008	34.90	LC
Free	100m	Joan Patterson	Nationals MSAC	20/03/2008	1:18.84	LC
Free	200m	Joan Patterson	Nationals MSAC	20/03/2008	2:54.75	LC
Free	400m	Joan Patterson	Nationals MSAC	20/03/2008	6:14.39	LC
Free	800m	Joan Patterson	Aerobic - Doncaster	21/10/2007	13:34.95	LC
Free	1500m	Linda Gunzburg	Endurance 1000	24/05/2015	27:54.78	LC
Free	30 mins	Linda Gunzburg	Endurance 1000	24/05/2015	1600m	LC
Free	45 mins	Jenny Hookey	Endurance 1000	24/07/2016	1975m	LC
Free	60 mins	Jenny Hookey	Endurance 1000	24/07/2016	2625m	LC
						LC
Back	50m	Catherine Watmough	Nationals Canberra	6/04/2006	46.97	LC
Back	100m	Catherine Watmough	AMG Adelaide	7/10/2005	1:44.26	LC
Back	200m	Catherine Watmough	AMG Adelaide	8/10/2005	3:36.65	LC
Back	400m	Catherine Watmough	State LDLC	8/02/2004	8:01.31	LC
Back	800m	Catherine Watmough	State LDLC	8/02/2004	16:17.03	LC
Back	1500m	Catherine Watmough	State LDLC	15/03/2004	31:11.00	LC
Back	30 mins	NR				LC
Back	45 mins	NR				LC
Back	60 mins	NR				LC
						LC
Breast	50m	Joan Patterson	Nationals Darwin	4/05/2007	47.17	LC
Breast	100m	Jacqui Ellison	State LC – MSAC	14/03/2009	1:43.74	LC
Breast	200m	Jacqui Ellison	State LC – MSAC	14/03/2009	3:40.89	LC
Breast	400m	Linda Gunzburg	Endurance 1000	24/07/2016	8:45.82	LC
Breast	800m	Linda Gunzburg	Endurance 1000	24/07/2016	17:36.94	LC
Breast	1500m	Linda Gunzburg	Endurance 1000	24/07/2016	33:21.31	LC
Breast	30 mins	Linda Gunzburg	Endurance 1000	24/07/2016	1350m	LC
Breast	45 mins	NR				LC
Breast	60 mins	NR				LC
						LC
Fly	50m	Catherine Watmough	Hoppers Crossing	1/10/2005	50.08	LC
Fly	100m	Catherine Watmough	State LDLC	28/11/2008	1:59.42	LC
Fly	200m	Catherine Watmough	State LDLC	28/11/2008	4:13.52	LC
Fly	400m	Catherine Watmough	State LDLC	6/02/2005	9:07.13	LC
Fly	800m	Catherine Watmough	State LDLC	6/02/2005	18:27.21	LC
						LC
IM	200m	Linda Gunzburg	State LC	17/05/2015	3:40.87	LC
IM	400m	Catherine Watmough	Nationals Canberra	6/04/2006	7:58.01	LC
IM	800m	Catherine Watmough	State LDLC	28/11/2008	17:05.64	LC



Age Group  
for 2016

## Age Group Club Records

Female 60-64

Short Course

Joan  
Jacqui  
Lesley

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	25m	Joan Patterson	State SC	5/08/2012	16.48	SC
Free	50m	Joan Patterson	State SC	5/08/2012	36.92	SC
Free	100m	Joan Patterson	State SC	5/08/2012	<u>1:25.97</u>	SC
Free	200m	Joan Patterson	State SC	5/08/2012	3:03.25	SC
Free	400m	Joan Patterson	Endurance 1000	4/03/2012	6:31.32	SC
Free	800m	Joan Patterson	Endurance 1000	12/10/2014	13:27.37	SC
Free	1500m	Joan Patterson	Endurance 1000	30/09/2012	26:10.09	SC
Free	30 mins	Joan Patterson	Endurance 1000	21/10/2012	1675m	SC
Free	45 mins	Joan Patterson	Endurance 1000	21/10/2012	2475m	SC
Free	60 mins	Catherine Watmough	Swimathon	17/05/2009	3125m	SC
						SC
Back	25m	Catherine Watmough	Casey Seals	11/07/2009	22.91	SC
Back	50m	Catherine Watmough	State SC – MSAC	1/08/2009	50.86	SC
Back	100m	Joan Patterson	Aggregate	4/03/2012	1:50.59	SC
Back	200m	Joan Patterson	Aggregate	3/03/2013	3:47.80	SC
Back	400m	Joan Patterson	Endurance 1000	30/09/2012	8:12.08	SC
Back	800m	Catherine Watmough	State LDSC	13/06/2009	16:38.17	SC
Back	1500m	Catherine Watmough	State LDSC	13/06/2009	31:21.84	SC
Back	30 mins	Catherine Watmough	Swimathon	16/05/2009	1350m	SC
Back	45 mins	Catherine Watmough	Swimathon	16/05/2009	2025m	SC
Back	60 mins	Catherine Watmough	Swimathon	16/05/2009	2675m	SC
						SC
Breast	25m	Joan Patterson	Aggregate	3/03/2013	22.74	SC
Breast	50m	Joan Patterson	State SC	5/08/2012	49.81	SC
Breast	100m	Catherine Watmough	Aggregate	1/02/2009	2:05.20	SC
Breast	200m	Catherine Watmough	Aggregate	26/04/2009	4:16.75	SC
Breast	400m	Catherine Watmough	Swimathon	16/05/2009	8:48.07	SC
Breast	800m	Catherine Watmough	Swimathon	16/05/2009	17:48.07	SC
Breast	1500m	Catherine Watmough	Aerobics	31/05/2009	34:11.26	SC
Breast	30 mins	Catherine Watmough	Swimathon	16/05/2009	1325m	SC
Breast	45 mins	Catherine Watmough	Aerobics	18/01/2009	1950m	SC
Breast	60 mins	Catherine Watmough	Aerobics	18/01/09	2600m	SC
						SC
Fly	25m	Joan Patterson	Aggregate	13/01/2013	21.65	SC
Fly	50m	Joan Patterson	Aggregate	3/03/2013	50.55	SC
Fly	100m	Catherine Watmough	State LDSC	13/06/2009	1:59.10	SC
Fly	200m	Catherine Watmough	State LDSC	14/06/2009	4:16.51	SC
Fly	400m	Catherine Watmough	State LDSC	14/06/2009	8:50.12	SC
Fly	800m	Catherine Watmough	Aerobics	16/05/2010	18:29.78	SC
						SC
IM	100m	Joan Patterson	Aggregate	13/01/2013	1:43.76	SC
IM	200m	Catherine Watmough	State SC – MSAC	1/08/2009	3:48.18	SC
IM	400m	Catherine Watmough	Hobart – Oceania	19/07/2009	8:08.19	SC
IM	800m	Catherine Watmough	State LDSC	14/06/2009	16:32.00	SC

## Age Group Club Records

Female 60-64

Long Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	50m	Joan Patterson	Pan Pacs	10/11/2012	37.50	LC
Free	100m	Joan Patterson	Pan Pacs	10/11/2012	1:23.63	LC
Free	200m	Joan Patterson	Pan Pacs	10/11/2012	3:05.07	LC
Free	400m	Joan Patterson	Pan Pacs	10/11/2012	6:32.96	LC
Free	800m	Jacqui Ellison	Nationals	21-24/4/2016	14:47.38	LC
Free	1500m	Jacqui Ellison	Endurance 1000	2/08/2015	30:45.03	LC
Free	30 mins	Jacqui Ellison	Endurance 1000	2/08/2015	1450m	LC
Free	45 mins	Jacqui Ellison	Endurance 1000	2/08/2015	2175m	LC
Free	60 mins	Jacqui Ellison	Endurance 1000	24/05/2015	2800m	LC
						LC
Back	50m	Catherine Watmough	Nationals - Brisbane	2/05/2009	50.70	LC
Back	100m	Catherine Watmough	Nationals - Brisbane	30/04/2009	1:49.11	LC
Back	200m	Catherine Watmough	Nationals - Brisbane	1/05/2009	3:57.21	LC
Back	400m	Catherine Watmough	State LDLC	24/10/2009	8:47.19	LC
Back	800m	Catherine Watmough	State LDLC	24/10/2009	17:44.90	LC
Back	1500m	Catherine Watmough	Aerobic - Balwyn	23/11/2010	30:49.34	LC
Back	30 mins	NR				LC
Back	45 mins	NR				LC
Back	60 mins	NR				LC
						LC
Breast	50m	Jacqui Ellison	Nationals	21-24/4/2016	49.45	LC
Breast	100m	Jacqui Ellison	Nationals	21-24/4/2016	1:47.01	LC
Breast	200m	Jacqui Ellison	State LC	20/03/2016	3:47.86	LC
Breast	400m	Jacqui Ellison	Endurance 1000	24/07/2016	8:30.66	LC
Breast	800m	Jacqui Ellison	Endurance 1000	24/07/2016	16:58.05	LC
Breast	1500m	Catherine Watmough	State LDLC	18/10/2009	34:43.14	LC
Breast	30 mins	Jacqui Ellison	Endurance 1000	24/07/2016	1400m	LC
Breast	45 mins	NR				LC
Breast	60 mins	NR				LC
						LC
Fly	50m	Catherine Watmough	Nationals - Brisbane	1/05/2009	53.85	LC
Fly	100m	Catherine Watmough	Nationals - Brisbane	1/05/2009	1:57.15	LC
Fly	200m	Catherine Watmough	AMG – Geelong	20/02/2009	4:19.41	LC
Fly	400m	Catherine Watmough	State LDLC	24/10/2009	9:38.66	LC
Fly	800m	NR				LC
						LC
IM	200m	Catherine Watmough	Nationals - Brisbane	3/05/2009	3:53.00	LC
IM	400m	Catherine Watmough	Nationals - Brisbane	1/05/2009	8:03.48	LC
IM	800m	NR				

Age Group  
for 2016

## Age Group Club Records

Female 65-69

Short Course

Jennifer  
Catherine

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	25m	Catherine Watmough	Aggregate	4/05/2014	21.32	SC
Free	50m	Catherine Watmough	North Lodge	22/11/2014	48.60	SC
Free	100m	Catherine Watmough	Aggregate	4/05/2014	1:50.67	SC
Free	200m	Catherine Watmough	Aggregate	18/01/2015	4:00.31	SC
Free	400m	Catherine Watmough	Endurance 1000	9/03/2014	8:26.64	SC
Free	800m	Catherine Watmough	Endurance 1000	19/01/2014	16:51.45	SC
Free	1500m	Catherine Watmough	Endurance 1000	21/12/2014	33:51.47	SC
Free	30 mins	Catherine Watmough	Endurance 1000	21/12/2014	<u>1325m</u>	SC
Free	45 mins	Catherine Watmough	Endurance 1000	13/07/2014	1975m	SC
Free	60 mins	Catherine Watmough	Endurance 1000	13/07/2014	2625m	SC
Back	25m	Dorothy Prentice	Casey Seals	21/07/2012	25.20	SC
Back	50m	Dorothy Prentice	State SC	17/07/2010	56.09	SC
Back	100m	Catherine Watmough	Aggregate	29/03/2015	2:21.10	SC
Back	200m	Catherine Watmough	Aggregate	15/03/2015	4:45.05	SC
Back	400m	Catherine Watmough	Endurance 1000	26/04/2015	9:59.64	SC
Back	800m	Catherine Watmough	Endurance 1000	4/01/2015	<u>20:07.76</u>	SC
Back	1500m	Catherine Watmough	Endurance 1000	2/10/2016	<u>41:19.42</u>	SC
Back	30 mins	Catherine Watmough	Endurance 1000	4/01/2015	1200m	SC
Back	45 mins	Catherine Watmough	Endurance 1000	2/10/2016	<u>1625m</u>	SC
Back	60 mins	Catherine Watmough	Endurance 1000	2/10/2016	2150m	SC
Breast	25m	Dorothy Prentice	North Lodge	15/06/2013	30.19	SC
Breast	50m	Catherine Watmough	North Lodge	22/11/2014	<u>1:03.12</u>	SC
Breast	100m	Catherine Watmough	Aggregate	7/12/2014	2:20.52	SC
Breast	200m	Catherine Watmough	Endurance 1000	19/01/2014	<u>4:45.85</u>	SC
Breast	400m	Catherine Watmough	Endurance 1000	25/01/2014	<u>9:43.40</u>	SC
Breast	800m	Catherine Watmough	Endurance 1000	25/01/2014	19:29.28	SC
Breast	1500m	Catherine Watmough	Endurance 1000	31/05/2015	<u>38:19.45</u>	SC
Breast	30 mins	Catherine Watmough	Endurance 1000	12/04/2015	1200m	SC
Breast	45 mins	Catherine Watmough	Endurance 1000	31/05/2015	1750m	SC
Breast	60 mins	Catherine Watmough	Endurance 1000	15/06/2014	2300m	SC
Fly	25m	Catherine Watmough	Aggregate	15/03/2015	25.20	SC
Fly	50m	Catherine Watmough	Aggregate	22/02/2015	1:01.94	SC
Fly	100m	Catherine Watmough	Endurance 1000	15/02/2015	2:22.98	SC
Fly	200m	Catherine Watmough	Endurance 1000	8/05/2016	<u>5:11.08</u>	SC
Fly	400m	NR				SC
Fly	800m	NR				SC
IM	100m	Catherine Watmough	North Lodge	22/11/2014	2:01.55	SC
IM	200m	Catherine Watmough	Aggregate	22/02/2015	4:34.04	SC
IM	400m	Catherine Watmough	Endurance 1000	15/02/2015	9:43.20	SC
IM	800m	Catherine Watmough	Endurance 1000	8/05/2016	20:10.20	SC

## Age Group Club Records

Female 65-69

Long Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	50m	Catherine Watmough	State LC	17/05/2015	47.15	LC
Free	100m	Catherine Watmough	Nationals	26/04/2014	1:46.47	LC
Free	200m	Catherine Watmough	Nationals	26/04/2014	3:47.39	LC
Free	400m	Catherine Watmough	Nationals	26/04/2014	7:54.66	LC
Free	800m	Catherine Watmough	Nationals	26/04/2014	16:14.90	LC
Free	1500m	Catherine Watmough	Endurance 1000	23/03/2014	<u>32:33.44</u>	LC
Free	30 mins	Catherine Watmough	Endurance 1000	23/03/2014	<u>1375m</u>	LC
Free	45 mins	Catherine Watmough	Endurance 1000	23/03/2014	2050m	LC
Free	60 mins	NR				LC
Back	50m	Catherine Watmough	Nationals	26/04/2014	56.56	LC
Back	100m	Catherine Watmough	Nationals	26/04/2014	2:04.83	LC
Back	200m	Catherine Watmough	State LC	5/04/2014	4:27.68	LC
Back	400m	NR				LC
Back	800m	NR				LC
Back	1500m	NR				LC
Back	30 mins	NR				LC
Back	45 mins	NR				LC
Back	60 mins	NR				LC
Breast	50m	Catherine Watmough	Nationals	26/04/2014	1:05.11	LC
Breast	100m	Catherine Watmough	Endurance 1000	5/10/2014	2:27.07	LC
Breast	200m	Catherine Watmough	Endurance 1000	5/10/2014	5:01.73	LC
Breast	400m	Catherine Watmough	Endurance 1000	5/10/2014	10:16.17	LC
Breast	800m	Catherine Watmough	Endurance 1000	5/10/2014	21:02.60	LC
Breast	1500m	Catherine Watmough	Endurance 1000	5/10/2014	40:16.67	LC
Breast	30 mins	NR				LC
Breast	45 mins	NR				LC
Breast	60 mins	NR				LC
Fly	50m	Catherine Watmough	Nationals	21-24/4/2016	1:02.00	LC
Fly	100m	Catherine Watmough	Nationals	21-24/4/2016	2:22.85	LC
Fly	200m	NR				LC
Fly	400m	NR				LC
Fly	800m	NR				LC
IM	200m	Catherine Watmough	Nationals	26/04/2014	4:26.05	LC
IM	400m	Catherine Watmough	Nationals	21-24/4/2016	9:37.99	LC
IM	800m	NR				

Age Group  
for 2016

## Age Group Club Records

Female 70-74

Short Course

Dorothy

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	25m	Dorothy Prentice	State SC	31/08/2014	<u>24.63</u>	SC
Free	50m	Dorothy Prentice	Casey Seals	28/08/2016	52.67	SC
Free	100m	Dorothy Prentice	State SC	31/08/2014	1:57.16	SC
Free	200m	Dorothy Prentice	State SC	28/08/2016	4:29.90	SC
Free	400m	NR				SC
Free	800m	NR				SC
Free	1500m	NR				SC
Free	30 mins	NR				SC
Free	45 mins	NR				SC
Free	60 mins	NR				SC
						SC
Back	25m	Dorothy Prentice	State SC	18/07/2015	<u>27.28</u>	SC
Back	50m	Dorothy Prentice	State SC	31/08/2014	57.11	SC
Back	100m	NR				SC
Back	200m	NR				SC
Back	400m	NR				SC
Back	800m	NR				SC
Back	1500m	NR				SC
Back	30 mins	NR				SC
Back	45 mins	NR				SC
Back	60 mins	NR				SC
						SC
Breast	25m	Dorothy Prentice	State SC	28/08/2016	<u>31.64</u>	SC
Breast	50m	Dorothy Prentice	Casey Seals	6/08/2016	1:06.99	SC
Breast	100m	Dorothy Prentice	State SC	28/08/2016	2:23.56	SC
Breast	200m	NR				SC
Breast	400m	NR				SC
Breast	800m	NR				SC
Breast	1500m	NR				SC
Breast	30 mins	NR				SC
Breast	45 mins	NR				SC
Breast	60 mins	NR				SC
						SC
Fly	25m	Dorothy Prentice	State SC	31/08/2014	<u>30.65</u>	SC
Fly	50m	Dorothy Prentice	Casey Seals	16/08/2014	1:04.99	SC
Fly	100m	NR				SC
Fly	200m	NR				SC
Fly	400m	NR				SC
Fly	800m	NR				SC
						SC
IM	100m	Dorothy Prentice	Casey Seals	16/08/2014	2:08.94	SC
IM	200m	NR				SC
IM	400m	NR				SC
IM	800m	NR				SC

## Age Group Club Records

Female 70-74 Long Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	50m	Dorothy Prentice	State LC	17/05/2015	52.70	LC
Free	100m	Dorothy Prentice	State LC	17/05/2015	2:02.73	LC
Free	200m	Dorothy Prentice	State LC	17/05/2015	4:30.04	LC
Free	400m	Dorothy Prentice	Nationals	21-24/4/2016	9:40.28	LC
Free	800m	NR				LC
Free	1500m	NR				LC
Free	30 mins	NR				LC
Free	45 mins	NR				LC
Free	60 mins	NR				LC
						LC
Back	50m	Dorothy Prentice	State LC	17/05/2015	59.20	LC
Back	100m	Dorothy Prentice	Nationals	21-24/4/2016	2:24.46	LC
Back	200m	Dorothy Prentice	Nationals	21-24/4/2016	5:06.01	LC
Back	400m	NR				LC
Back	800m	NR				LC
Back	1500m	NR				LC
Back	30 mins	NR				LC
Back	45 mins	NR				LC
Back	60 mins	NR				LC
						LC
Breast	50m	Dorothy Prentice	Nationals	21-24/4/2016	1:07.93	LC
Breast	100m	Dorothy Prentice	Nationals	21-24/4/2016	2:34.11	LC
Breast	200m	Dorothy Prentice	Nationals	21-24/4/2016	5:21.33	LC
Breast	400m	NR				LC
Breast	800m	NR				LC
Breast	1500m	NR				LC
Breast	30 mins	NR				LC
Breast	45 mins	NR				LC
Breast	60 mins	NR				LC
						LC
Fly	50m	NR				LC
	100m	NR				LC
	200m	NR				LC
	400m	NR				LC
	800m	NR				LC
						LC
IM	200m	NR				LC
IM	400m	NR				LC
IM	800m	NR				

Age Group  
for 2016

## Age Group Club Records

Female 75-79 Short Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	25m	NR				SC
Free	50m	NR				SC
Free	100m	NR				SC
Free	200m	NR				SC
Free	400m	NR				SC
Free	800m	NR				SC
Free	1500m	NR				SC
Free	30 mins	NR				SC
Free	45 mins	NR				SC
Free	60 mins	NR				SC
						SC
Back	25m	NR				SC
Back	50m	NR				SC
Back	100m	NR				SC
Back	200m	NR				SC
Back	400m	NR				SC
Back	800m	NR				SC
Back	1500m	NR				SC
Back	30 mins	NR				SC
Back	45 mins	NR				SC
Back	60 mins	NR				SC
						SC
Breast	25m	NR				SC
Breast	50m	NR				SC
Breast	100m	NR				SC
Breast	200m	NR				SC
Breast	400m	NR				SC
Breast	800m	NR				SC
Breast	1500m	NR				SC
Breast	30 mins	NR				SC
Breast	45 mins	NR				SC
Breast	60 mins	NR				SC
						SC
Fly	25m	NR				SC
Fly	50m	Shirley McFarland	Tas LC	24/03/2012	1:29.79	SC
Fly	100m	Shirley McFarland	Nat Champs SA	17/04/2012	3:20.44	SC
Fly	200m	Shirley McFarland	Tas LC	24/03/2012	7:02.70	SC
Fly	400m	NR				SC
Fly	800m	NR				SC
						SC
IM	100m	NR				SC
IM	200m	NR				SC
IM	400m	NR				SC
IM	800m	NR				SC

## Age Group Club Records

Female 75-79 Long Course

Stroke	Dist/Time	Name	Meet	Date	Time/Dist	
Free	50m	Shirley McFarland	Tas LC	24/03/2012	1:09.95	LC
	100m	Shirley McFarland	Nat Champs SA	14/04/2012	2:34.29	LC
	200m	NR				LC
	400m	NR				LC
	800m	NR				LC
	1500m	NR				LC
	45 mins	NR				LC
	60 mins	NR				LC
						LC
Back	50	NR				LC
	50m	NR				LC
	100m	NR				LC
	200m	NR				LC
	400m	NR				LC
	800m	NR				LC
	1500m	NR				LC
	45 mins	NR				LC
	60 mins	NR				LC
						LC
Breast	50	NR				LC
	50m	NR				LC
	100m	NR				LC
	200m	NR				LC
	400m	NR				LC
	800m	NR				LC
	1500m	NR				LC
	45 mins	NR				LC
	60 mins	NR				LC
						LC
Fly	50	Shirley McFarland	Tas LC	24/03/2012	1:29.79	LC
	50m	Shirley McFarland	Nat Champs SA	17/04/2012	3:20.44	LC
	100m	Shirley McFarland	Tas LC	24/03/2012	7:02.70	LC
	200m	NR				LC
	400m	NR				LC
						LC
IM	200	NR				LC
	200m	NR				LC
	400m	NR				LC
	800m					