

## Athletics NSW Country Track & Field Championships.

Hunter Sports Center, Glendale. 25th. - 27th. January 2013

### Friday Field

Starts at		Event	Round
5:30 PM	#1	Women Hammer Throw 15 yrs	Finals
5:30 PM	#2	Women Hammer Throw 16 yrs	Finals
5:30 PM	#3	Women Hammer Throw 17 yrs	Finals
5:30 PM	#4	Women Hammer Throw 18/19 yrs	Finals
5:30 PM	#5	Women Hammer Throw Open	Finals
6:00 PM	#6	Women Pole Vault Open	Finals
6:00 PM	#7	Men Pole Vault 15 yrs	Finals
6:00 PM	#8	Men Pole Vault 16 yrs	Finals
6:00 PM	#9	Men Pole Vault 17 yrs	Finals
6:00 PM	#10	Men Pole Vault 18/19 yrs	Finals
6:00 PM	#11	Men Pole Vault Open	Finals
7:50 PM	#12	Men Hammer Throw 15 yrs	Finals
7:50 PM	#13	Men Hammer Throw 16 yrs	Finals
7:50 PM	#14	Men Hammer Throw 17 yrs	Finals
7:50 PM	#15	Men Hammer Throw 18/19 yrs	Finals
7:50 PM	#16	Men Hammer Throw Open	Finals

### Friday Track

Starts at		Event	Round
6:00 PM	#17	Women 3000 Metre Race Walk 16 yrs	Finals
6:00 PM	#18	Women 3000 Metre Race Walk 17 yrs	Finals
6:00 PM	#19	Women 3000 Metre Race Walk 18/19 yrs	Finals
6:00 PM	#20	Men 3000 Metre Race Walk 16 yrs	Finals
6:00 PM	#21	Men 3000 Metre Race Walk 17 yrs	Finals
6:00 PM	#22	Men 3000 Metre Race Walk 18/19 yrs	Finals
6:00 PM	#23	Men 3000 Metre Race Walk 60-69 yrs	Finals
6:00 PM	#24	Men 3000 Metre Race Walk 70+ yrs	Finals
6:00 PM	#25	Men 3000 Metre Race Walk 50-59 yrs	Finals
6:00 PM	#26	Men 3000 Metre Race Walk 40-49 yrs	Finals
6:00 PM	#27	Men 3000 Metre Race Walk 30-39 yrs	Finals
6:00 PM	#28	Men 3000 Metre Race Walk Open	Finals
6:00 PM	#29	Women 3000 Metre Race Walk 60+ yrs	Finals
6:00 PM	#30	Women 3000 Metre Race Walk 50-59 yrs	Finals
6:00 PM	#31	Women 3000 Metre Race Walk 40-49 yrs	Finals
6:00 PM	#32	Women 3000 Metre Race Walk 30-39 yrs	Finals
6:00 PM	#33	Women 3000 Metre Race Walk Open	Finals
6:30 PM	#34	Women 5000 Metre Run Open	Finals
6:30 PM	#35	Men 5000 Metre Run Open	Finals
6:30 PM	#36	Men 5000 Metre Run 18/19 yrs	Finals
6:30 PM	#37	Men 5000 Metre Run 30-39 yrs	Finals
6:30 PM	#38	Men 5000 Metre Run 40-49 yrs	Finals
6:30 PM	#39	Men 5000 Metre Run 50-59 yrs	Finals
6:30 PM	#40	Men 5000 Metre Run 60-69 yrs	Finals
6:30 PM	#41	Men 5000 Metre Run 70+ yrs	Finals

7:00 PM	#42	Men 400 Metre Hurdles Open	Finals
7:00 PM	#43	Men 400 Metre Hurdles 18/19 yrs	Finals
7:04 PM	#44	Men 400 Metre Hurdles 40-49 yrs	Finals
7:04 PM	#45	Men 400 Metre Hurdles 30-39 yrs	Finals
7:08 PM	#46	Men 400 Metre Hurdles 17 yrs	Finals
7:08 PM	#47	Men 400 Metre Hurdles 16 yrs	Finals
7:08 PM	#48	Men 400 Metre Hurdles 50-59 yrs	Finals
7:20 PM	#49	Women 400 Metre Hurdles Open	Finals
7:20 PM	#50	Women 400 Metre Hurdles 30-39 yrs	Finals
7:25 PM	#51	Women 400 Metre Hurdles 18/19 yrs	Finals
7:25 PM	#52	Women 400 Metre Hurdles 17 yrs	Finals
7:25 PM	#53	Women 400 Metre Hurdles 16 yrs	Finals
7:35 PM	#54	Women 200 Metre Hurdles 15 yrs	Finals
7:35 PM	#55	Women 200 Metre Hurdles 14 yrs	Finals
7:40 PM	#56	Women 200 Metre Hurdles 13 yrs	Finals
7:40 PM	#57	Men 200 Metre Hurdles 13 yrs	Finals
7:48 PM	#58	Men 200 Metre Hurdles 14 yrs	Finals
7:48 PM	#59	Men 200 Metre Hurdles 15 yrs	Finals

### **Saturday Field**

<b>Starts at</b>		<b>Event</b>	<b>Round</b>
8:00 AM	#60	Men Hammer Throw 60-69 yrs	Finals
8:00 AM	#61	Men Hammer Throw 70+ yrs	Finals
8:00 AM	#62	Men Hammer Throw 50-59 yrs	Finals
8:00 AM	#63	Men Hammer Throw 40-49 yrs	Finals
8:00 AM	#64	Men Hammer Throw 30-39 yrs	Finals
8:00 AM	#65	Women Javelin Throw 13 yrs	Finals
8:00 AM	#66	Men Shot Put 12 yrs	Finals
8:00 AM	#67	Women Triple Jump 14 yrs	Finals
8:00 AM	#68	Women Long Jump 30-39 yrs	Finals
8:00 AM	#69	Women Discus Throw 15 yrs	Finals
8:50 AM	#70	Men Shot Put 18/19 yrs	Finals
8:50 AM	#71	Women Shot Put 18/19 yrs	Finals
9:00 AM	#72	Women Triple Jump 40-49 yrs	Finals
9:00 AM	#73	Women Triple Jump 50-59 yrs	Finals
9:00 AM	#74	Women Triple Jump 60+ yrs	Finals
9:00 AM	#75	Women Long Jump 11 yrs	Finals
9:15 AM	#76	Women Javelin Throw 15 yrs	Finals
9:15 AM	#77	Women Javelin Throw 14 yrs	Finals
9:35 AM	#78	Women High Jump 10 Yrs	Finals
9:35 AM	#79	Women High Jump 12 yrs	Finals
10:05 AM	#80	Men Long Jump 18/19 yrs	Finals
10:05 AM	#81	Women Long Jump 18/19 yrs	Finals
10:10 AM	#82	Men Triple Jump 16 yrs	Finals
10:10 AM	#83	Men Triple Jump 17 yrs	Finals
10:15 AM	#84	Women High Jump 16 yrs	Finals
10:15 AM	#85	Women High Jump 17 yrs	Finals
10:20 AM	#86	Women Discus Throw 30-39 yrs	Finals
10:45 AM	#87	Men Javelin Throw 13 yrs	Finals
11:00 AM	#88	Women Shot Put 12 yrs	Finals

11:00 AM	#89	Men High Jump Open	Finals
11:00 AM	#90	Women High Jump Open	Finals
11:20 AM	#91	Women Discus Throw 40-49 yrs	Finals
11:20 AM	#92	Women Discus Throw 50-59 yrs	Finals
11:20 AM	#93	Women Discus Throw 60+ yrs	Finals
11:40 AM	#94	Women Discus Throw 16 yrs	Finals
11:40 AM	#95	Women Discus Throw 17 yrs	Finals
11:45 AM	#96	Men Shot Put 16 yrs	Finals
11:45 AM	#97	Men Shot Put 17 yrs	Finals
11:50 AM	#98	Men Javelin Throw 15 yrs	Finals
11:55 AM	#99	Women Long Jump 15 yrs	Finals
12:05 PM	#100	Men High Jump 14 yrs	Finals
12:05 PM	#101	Women High Jump 14 yrs	Finals
12:40 PM	#102	Men Triple Jump Open	Finals
12:40 PM	#103	Men Triple Jump 30-39 yrs	Finals
12:40 PM	#104	Men Triple Jump 40-49 yrs	Finals
12:50 PM	#105	Women Javelin Throw 30-39 yrs	Finals
12:50 PM	#106	Women Javelin Throw 18/19 yrs	Finals
12:55 PM	#107	Men Long Jump 10 Yrs	Finals
12:55 PM	#108	Men Long Jump 11 yrs	Finals
1:05 PM	#109	Men High Jump 16 yrs	Finals
1:05 PM	#110	Men High Jump 17 yrs	Finals
1:05 PM	#111	Women High Jump 40-49 yrs	Finals
1:05 PM	#112	Women High Jump 50-59 yrs	Finals
1:05 PM	#113	Women High Jump 60+ yrs	Finals
1:05 PM	#114	Women Shot Put Open	Finals
1:20 PM	#115	Men Discus Throw 15 yrs	Finals
1:40 PM	#116	Men Javelin Throw 18/19 yrs	Finals
1:40 PM	#117	Men Javelin Throw 30-39 yrs	Finals
1:50 PM	#118	Women Long Jump 10 Yrs	Finals
2:10 PM	#119	Women Triple Jump Open	Finals
2:10 PM	#120	Women Triple Jump 30-39 yrs	Finals
2:10 PM	#121	Women High Jump 11 yrs	Finals
2:10 PM	#122	Men High Jump 11 yrs	Finals
2:10 PM	#123	Men Shot Put 40-49 yrs	Finals
2:10 PM	#124	Men Shot Put Open	Finals
2:35 PM	#125	Women Long Jump 13 yrs	Finals
2:50 PM	#126	Men Javelin Throw 50-59 yrs	Finals
2:50 PM	#127	Men Javelin Throw 60-69 yrs	Finals
2:50 PM	#128	Men Javelin Throw 70+ yrs	Finals
3:10 PM	#129	Men Discus Throw 10 Yrs	Finals
3:10 PM	#130	Men Discus Throw 11 yrs	Finals
3:25 PM	#131	Men Triple Jump 14 yrs	Finals
3:40 PM	#132	Men Shot Put 13 yrs	Finals
3:40 PM	#133	Women Shot Put 13 yrs	Finals
3:55 PM	#134	Men Long Jump 50-59 yrs	Finals
3:55 PM	#135	Men Long Jump 60-69 yrs	Finals
3:55 PM	#136	Men Long Jump 70+ yrs	Finals
3:55 PM	#137	Men Long Jump 30-39 yrs	Finals
4:10 PM	#138	Men Javelin Throw 14 yrs	Finals

4:25 PM	#139	Women Long Jump 16 yrs	Finals
4:25 PM	#140	Women Long Jump 17 yrs	Finals
4:50 PM	#141	Men Discus Throw 40-49 yrs	Finals
5:00 PM	#142	Women Discus Throw 18/19 yrs	Finals
5:00 PM	#143	Men Discus Throw 18/19 yrs	Finals
5:05 PM	#144	Women Shot Put 40-49 yrs	Finals
5:05 PM	#145	Women Shot Put 60+ yrs	Finals
5:25 PM	#146	Men Long Jump 15 yrs	Finals
5:35 PM	#147	Men Shot Put 50-59 yrs	Finals
5:35 PM	#148	Men Shot Put 60-69 yrs	Finals
5:35 PM	#149	Men Shot Put 70+ yrs	Finals
5:35 PM	#150	Women Shot Put 50-59 yrs	Finals

## Saturday Track

Starts at		Event	Round
8:30 AM	#151	Men 110 Metre Hurdles 1.067m Open	Finals
8:38 AM	#152	Men 110 Metre Hurdles 0.991m 40-49 yrs	Finals
8:38 AM	#153	Men 110 Metre Hurdles 0.991m 30-39 yrs	Finals
8:38 AM	#154	Men 110 Metre Hurdles 0.991m 18/19 yrs	Finals
8:46 AM	#155	Men 110 Metre Hurdles 0.914m 16 yrs	Finals
8:46 AM	#156	Men 110 Metre Hurdles 0.914m 17 yrs	Finals
8:56 AM	#157	Men 100 Metre Hurdles 0.840m 60+ yrs	Finals
8:56 AM	#158	Men 100 Metre Hurdles 0.840m 50-59 yrs	Finals
9:00 AM	#159	Men 100 Metre Hurdles 0.840m 15 yrs	Finals
9:00 AM	#160	Men 100 Metre Hurdles 0.840m 14 yrs	Finals
9:04 AM	#161	Women 100 Metre Hurdles 0.840m Open	Finals
9:04 AM	#162	Women 100 Metre Hurdles 0.840m 18/19 yrs	Finals
9:04 AM	#163	Women 100 Metre Hurdles 0.840m 30-39 yrs	Finals
9:08 AM	#164	Women 100 Metre Hurdles 0.762m 16 yrs	Finals
9:08 AM	#165	Women 100 Metre Hurdles 0.762m 17 yrs	Finals
9:18 AM	#166	Men 90 Metre Hurdles 13 yrs	Finals
9:22 AM	#167	Women 90 Metre Hurdles 15 yrs	Finals
9:22 AM	#168	Women 90 Metre Hurdles 14 yrs	Finals
9:26 AM	#169	Men 80 Metre Hurdles 12 yrs	Finals
9:30 AM	#170	Women 80 Metre Hurdles 12 yrs	Finals
9:34 AM	#171	Women 80 Metre Hurdles 13 yrs	Finals
9:38 AM	#172	Women 80 Metre Hurdles 40-49 yrs	Finals
10:00 AM	#173	Women 1500 Metre Run 10 Yrs	Finals
10:00 AM	#174	Men 1500 Metre Run 10 Yrs	Finals
10:08 AM	#175	Women 1500 Metre Run 11 yrs	Finals
10:08 AM	#176	Men 1500 Metre Run 11 yrs	Finals
10:16 AM	#177	Women 1500 Metre Run 12 yrs	Finals
10:16 AM	#178	Men 1500 Metre Run 12 yrs	Finals
10:24 AM	#179	Women 1500 Metre Run 13 yrs	Finals
10:24 AM	#180	Men 1500 Metre Run 13 yrs	Finals
10:32 AM	#181	Men 1500 Metre Run 14 yrs	Finals
10:32 AM	#182	Women 1500 Metre Run 14 yrs	Finals
10:40 AM	#183	Men 1500 Metre Run 15 yrs	Finals
10:40 AM	#184	Women 1500 Metre Run 15 yrs	Finals

10:48 AM	#185	Men 1500 Metre Run 18/19 yrs	Finals
10:48 AM	#186	Men 1500 Metre Run 17 yrs	Finals
10:48 AM	#187	Men 1500 Metre Run 16 yrs	Finals
10:56 AM	#188	Women 1500 Metre Run 18/19 yrs	Finals
10:56 AM	#189	Women 1500 Metre Run 17 yrs	Finals
10:56 AM	#190	Women 1500 Metre Run 16 yrs	Finals
10:56 AM	#191	Women 1500 Metre Run Open	Finals
11:04 AM	#192	Men 1500 Metre Run Open	Finals
11:04 AM	#193	Men 1500 Metre Run 30-39 yrs	Finals
11:04 AM	#194	Men 1500 Metre Run 40-49 yrs	Finals
11:10 AM	#195	Men 1500 Metre Run 50-59 yrs	Finals
11:10 AM	#196	Men 1500 Metre Run 60-69 yrs	Finals
11:10 AM	#197	Men 1500 Metre Run 70+ yrs	Finals
11:18 AM	#198	Women 1500 Metre Run 60+ yrs	Finals
11:18 AM	#199	Women 1500 Metre Run 50-59 yrs	Finals
11:18 AM	#200	Women 1500 Metre Run 40-49 yrs	Finals
11:18 AM	#201	Women 1500 Metre Run 30-39 yrs	Finals
11:30 AM	#202	Men 400 Metre Run 13 yrs	Prelims
11:34 AM	#203	Women 400 Metre Run 13 yrs	Prelims
11:38 AM	#204	Men 400 Metre Run 14 yrs	Prelims
11:44 AM	#205	Women 400 Metre Run 14 yrs	Prelims
11:50 AM	#206	Women 400 Metre Run 15 yrs	Prelims
11:56 AM	#207	Women 400 Metre Run 16 yrs	Prelims
12:04 PM	#208	Women 400 Metre Run 17 yrs	Prelims
12:10 PM	#209	Men 400 Metre Run 15 yrs	Prelims
12:16 PM	#210	Men 400 Metre Run 16 yrs	Prelims
12:22 PM	#211	Men 400 Metre Run 17 yrs	Prelims
12:26 AM	#212	Men 400 Metre Run Open	Prelims
12:30 PM	#213	Women 400 Metre Run Open	Prelims
12:37 PM	#214	Men 400 Metre Run 18/19 yrs	Prelims
12:43 PM	#215	Women 400 Metre Run 18/19 yrs	Prelims
12:48 PM	#216	Men 400 Metre Run 40-49 yrs	Prelims
12:54 PM	#217	Men 400 Metre Run 50-59 yrs	Prelims
1:00 PM	#218	Men 400 Metre Run 60-69 yrs	Finals
1:00 PM	#219	Men 400 Metre Run 70+ yrs	Finals
1:06 PM	#220	Women 400 Metre Run 40-49 yrs	Finals
1:10 PM	#221	Women 400 Metre Run 50-59 yrs	Finals
1:10 PM	#222	Women 400 Metre Run 60+ yrs	Finals
1:16 PM	#223	Men 400 Metre Run 30-39 yrs	Finals
1:20 PM	#224	Women 400 Metre Run 30-39 yrs	Finals
1:30 PM	#225	Women 100 Metre Run 10 Yrs	Prelims
1:36 PM	#226	Women 100 Metre Run 11 yrs	Prelims
1:42 PM	#227	Women 100 Metre Run 12 yrs	Prelims
1:50 PM	#228	Men 100 Metre Run 10 Yrs	Prelims
1:56 PM	#229	Men 100 Metre Run 11 yrs	Prelims
2:00 PM	#230	Men 100 Metre Run 12 yrs	Prelims
2:04 PM	#231	Women 100 Metre Run 13 yrs	Prelims
2:10 PM	#232	Women 100 Metre Run 14 yrs	Prelims
2:16 PM	#233	Women 100 Metre Run 15 yrs	Prelims
2:20 PM	#234	Men 100 Metre Run 13 yrs	Prelims

2:24 PM	#235	Men 100 Metre Run 14 yrs	Prelims
2:28 PM	#236	Men 100 Metre Run 15 yrs	Prelims
2:32 PM	#237	Women 100 Metre Run Open	Prelims
2:38 PM	#238	Men 100 Metre Run Open	Prelims
2:44 PM	#239	Women 100 Metre Run 16 yrs	Prelims
2:48 PM	#240	Women 100 Metre Run 17 yrs	Prelims
2:54 PM	#241	Men 100 Metre Run 16 yrs	Prelims
3:00 PM	#242	Men 100 Metre Run 17 yrs	Prelims
3:04 PM	#243	Women 100 Metre Run 40-49 yrs	Prelims
3:10 PM	#244	Women 100 Metre Run 18/19 yrs	Prelims
3:15 PM	#245	Men 100 Metre Run 40-49 yrs	Prelims
3:18 PM	#246	Men 100 Metre Run 18/19 yrs	Prelims
3:21 PM	#247	Women 100 Metre Run 30-39 yrs	Finals
3:24 PM	#248	Men 100 Metre Run 30-39 yrs	Finals
3:28 PM	#249	Women 100 Metre Run 50-59 yrs	Finals
3:28 PM	#250	Women 100 Metre Run 60+ yrs	Finals
3:32 PM	#251	Men 100 Metre Run 50-59 yrs	Finals
3:38 PM	#252	Men 100 Metre Run 60-69 yrs	Finals
3:38 PM	#253	Men 100 Metre Run 70+ yrs	Finals
<b>3:40 PM</b>		<b><i>Men &amp; Women 100 Metre Run Finals from Prelims as required</i></b>	
		<b><i>Men &amp; Women 400 Metre Run Finals from Prelims as required</i></b>	
4:40 PM	#271	Men 3000 Metre Steeplechase Open	Finals
4:40 PM	#272	Men 3000 Metre Steeplechase 18/19 yrs	Finals
4:40 PM	#273	Men 3000 Metre Steeplechase 30-39 yrs	Finals
4:40 PM	#274	Men 3000 Metre Steeplechase 0.914m 40-49 yrs	Finals
4:40 PM	#275	Men 3000 Metre Steeplechase 0.914m 50-59 yrs	Finals
4:40 PM	#276	Men 2000 Metre Steeplechase 0.914m 17 yrs	Finals
4:40 PM	#277	Men 2000 Metre Steeplechase 0.914m 16 yrs	Finals
5:00 PM	#278	Men 2000 Metre Steeplechase 0.762m 15 yrs	Finals
5:00 PM	#279	Women 2000 Metre Steeplechase 18/19 yrs	Finals
5:00 PM	#280	Women 2000 Metre Steeplechase 50-59 yrs	Finals
5:00 PM	#281	Women 2000 Metre Steeplechase 40-49 yrs	Finals
5:00 PM	#282	Men 2000 Metre Steeplechase 0.762m 60+ yrs	Finals
5:15 PM	#283	Women 3000 Metre Steeplechase Open	Finals
5:40 PM	#284	Women 4x100 Metre Relay 30+	Finals
5:40 PM	#285	Women 4x100 Metre Relay 17 yrs	Finals
5:40 PM	#286	Men 4x100 Metre Relay 15 yrs	Finals
5:40 PM	#287	Men 4x100 Metre Relay 30+	Finals
5:40 PM	#288	Men 4x100 Metre Relay 17 yrs	Finals
5:40 PM	#289	Women 4x100 Metre Relay 15 yrs	Finals
5:40 PM	#290	Women 4x100 Metre Relay 13 yrs	Finals
5:40 PM	#291	Men 4x100 Metre Relay 13 yrs	Finals
5:40 PM	#292	Women 4x100 Metre Relay Open	Finals
5:40 PM	#293	Men 4x100 Metre Relay Open	Finals

## Sunday Field

<b>Starts at</b>	<b>Event</b>	<b>Round</b>
8:00 AM	#294 Women Hammer Throw 60+ yrs	Finals
8:00 AM	#295 Women Hammer Throw 50-59 yrs	Finals
8:00 AM	#296 Women Hammer Throw 40-49 yrs	Finals
8:00 AM	#297 Women Hammer Throw 30-39 yrs	Finals
8:00 AM	#298 Women High Jump 15 yrs	Finals
8:00 AM	#299 Women High Jump 13 yrs	Finals
8:00 AM	#300 Men Javelin Throw 40-49 yrs	Finals
8:00 AM	#301 Men Discus Throw 12 yrs	Finals
8:00 AM	#302 Men Triple Jump 13 yrs	Finals
8:00 AM	#303 Men Long Jump 16 yrs	Finals
8:00 AM	#304 Men Long Jump 17 yrs	Finals
9:00 AM	#305 Women Long Jump 40-49 yrs	Finals
9:00 AM	#306 Women Long Jump 50-59 yrs	Finals
9:00 AM	#307 Women Long Jump 60+ yrs	Finals
9:00 AM	#308 Men High Jump 12 yrs	Finals
9:00 AM	#309 Men High Jump 10 Yrs	Finals
9:00 AM	#310 Women Discus Throw 12 yrs	Finals
9:10 AM	#311 Women Triple Jump 18/19 yrs	Finals
9:20 AM	#312 Women Javelin Throw Open	Finals
9:50 AM	#313 Women Discus Throw 13 yrs	Finals
9:50 AM	#314 Women Discus Throw 14 yrs	Finals
10:00 AM	#315 Men High Jump 30-39 yrs	Finals
10:00 AM	#316 Men High Jump 40-49 yrs	Finals
10:00 AM	#317 Men High Jump 13 yrs	Finals
10:00 AM	#318 Women Discus Throw 10 Yrs	Finals
10:00 AM	#319 Women Discus Throw 11 yrs	Finals
10:10 AM	#320 Men Triple Jump 15 yrs	Finals
10:10 AM	#321 Women Triple Jump 15 yrs	Finals
10:20 AM	#322 Women Javelin Throw 40-49 yrs	Finals
10:30 AM	#323 Women Shot Put 16 yrs	Finals
10:30 AM	#324 Women Shot Put 17 yrs	Finals
10:40 AM	#325 Women Long Jump Open	Finals
10:40 AM	#326 Men Long Jump Open	Finals
10:55 AM	#327 Men High Jump 50-59 yrs	Finals
10:55 AM	#328 Men High Jump 60-69 yrs	Finals
10:55 AM	#329 Men High Jump 70+ yrs	Finals
11:40 AM	#330 Men Shot Put 10 Yrs	Finals
11:40 AM	#331 Men Shot Put 11 yrs	Finals
11:45 AM	#332 Men Triple Jump 50-59 yrs	Finals
11:45 AM	#333 Men Triple Jump 60-69 yrs	Finals
11:45 AM	#334 Men Triple Jump 70+ yrs	Finals
11:45 AM	#335 Women High Jump 30-39 yrs	Finals
11:45 AM	#336 Women High Jump 18/19 yrs	Finals
11:45 AM	#337 Men Discus Throw 13 yrs	Finals
11:45 AM	#338 Men Discus Throw 14 yrs	Finals
12:00 PM	#339 Men Discus Throw 16 yrs	Finals
12:00 PM	#340 Men Discus Throw 17 yrs	Finals
12:10 PM	#341 Men Long Jump 12 yrs	Finals
12:10 PM	#342 Women Long Jump 12 yrs	Finals

12:20 PM	#343	Women Javelin Throw 16 yrs	Finals
12:20 PM	#344	Women Javelin Throw 17 yrs	Finals
12:40 PM	#345	Men High Jump 15 yrs	Finals
12:40 PM	#346	Men High Jump 18/19 yrs	Finals
12:45 PM	#347	Men Long Jump 40-49 yrs	Finals
12:50 PM	#348	Women Shot Put 14 yrs	Finals
12:50 PM	#349	Men Shot Put 15 yrs	Finals
1:20 PM	#350	Men Javelin Throw 16 yrs	Finals
1:20 PM	#351	Men Javelin Throw 17 yrs	Finals
1:40 PM	#352	Men Long Jump 14 yrs	Finals
1:40 PM	#353	Men Long Jump 13 yrs	Finals
1:40 PM	#354	Men Discus Throw Open	Finals
1:50 PM	#355	Women Triple Jump 13 yrs	Finals
2:00 PM	#356	Women Javelin Throw 12 yrs	Finals
2:00 PM	#357	Men Javelin Throw 12 yrs	Finals
2:20 PM	#358	Men Shot Put 30-39 yrs	Finals
2:20 PM	#359	Women Shot Put 30-39 yrs	Finals
2:40 PM	#360	Women Javelin Throw 50-59 yrs	Finals
2:40 PM	#361	Women Javelin Throw 60+ yrs	Finals
2:40 PM	#362	Women Discus Throw Open	Finals
3:00 PM	#363	Men Discus Throw 50-59 yrs	Finals
3:00 PM	#364	Men Discus Throw 60-69 yrs	Finals
3:00 PM	#365	Men Discus Throw 70+ yrs	Finals
3:10 PM	#366	Women Long Jump 14 yrs	Finals
3:20 PM	#367	Men Triple Jump 18/19 yrs	Finals
3:30 PM	#368	Women Shot Put 10 Yrs	Finals
3:30 PM	#369	Women Shot Put 11 yrs	Finals
3:40 PM	#370	Men Javelin Throw Open	Finals
4:00 PM	#371	Women Triple Jump 16 yrs	Finals
4:00 PM	#372	Women Triple Jump 17 yrs	Finals
4:00 PM	#373	Men Discus Throw 30-39 yrs	Finals
4:00 PM	#374	Women Shot Put 15 yrs	Finals
4:00 PM	#375	Men Shot Put 14 yrs	Finals

## Sunday Track

Starts at		Event	Round
8:30 AM	#376	Men 3000 Metre Run 15 yrs	Finals
8:30 AM	#377	Women 3000 Metre Run 15 yrs	Finals
8:30 AM	#378	Men 3000 Metre Run 16 yrs	Finals
8:30 AM	#379	Men 3000 Metre Run 17 yrs	Finals
8:30 AM	#380	Women 3000 Metre Run 16 yrs	Finals
8:30 AM	#381	Women 3000 Metre Run 17 yrs	Finals
8:50 AM	#382	Men 3000 Metre Run 60-69 yrs	Finals
8:50 AM	#383	Men 3000 Metre Run 70+ yrs	Finals
8:50 AM	#384	Women 3000 Metre Run 60+ yrs	Finals
8:50 AM	#385	Women 3000 Metre Run 50-59 yrs	Finals
8:50 AM	#386	Women 3000 Metre Run 40-49 yrs	Finals
8:50 AM	#387	Women 3000 Metre Run 30-39 yrs	Finals
8:50 AM	#388	Women 3000 Metre Run 18/19 yrs	Finals



9:30 AM	#389	Men 200 Metre Run 10 Yrs	Prelims
9:35 AM	#390	Men 200 Metre Run 11 yrs	Prelims
9:40 AM	#391	Men 200 Metre Run 12 yrs	Prelims
9:45 AM	#392	Women 200 Metre Run 10 Yrs	Prelims
9:50 AM	#393	Women 200 Metre Run 11 yrs	Prelims
9:55 AM	#394	Women 200 Metre Run 12 yrs	Prelims
10:00 AM	#395	Men 200 Metre Run 16 yrs	Prelims
10:05 AM	#396	Men 200 Metre Run 17 yrs	Prelims
10:10 AM	#397	Women 200 Metre Run 16 yrs	Prelims
10:15 AM	#398	Women 200 Metre Run 17 yrs	Prelims
10:20 AM	#399	Men 200 Metre Run 40-49 yrs	Prelims
10:25 AM	#400	Men 200 Metre Run 30-39 yrs	Prelims
10:30 AM	#401	Men 200 Metre Run Open	Prelims
10:35 AM	#402	Women 200 Metre Run 18/19 yrs	Prelims
10:40 AM	#403	Women 200 Metre Run 15 yrs	Prelims
10:45 AM	#404	Women 200 Metre Run 14 yrs	Prelims
10:50 AM	#405	Women 200 Metre Run 13 yrs	Prelims
10:55 AM	#406	Women 200 Metre Run Open	Prelims
11:00 AM	#407	Men 200 Metre Run 18/19 yrs	Prelims
11:05 AM	#408	Men 200 Metre Run 15 yrs	Prelims
11:10 AM	#409	Men 200 Metre Run 14 yrs	Prelims
11:15 AM	#410	Men 200 Metre Run 13 yrs	Prelims
11:20 AM	#411	Women 200 Metre Run 50-59 yrs	Prelims
11:25 AM	#412	Women 200 Metre Run 40-49 yrs	Prelims
11:30 AM	#413	Women 200 Metre Run 30-39 yrs	Prelims
11:35 AM	#414	Women 200 Metre Run 60+ yrs	Finals
11:35 AM	#415	Men 200 Metre Run 70+ yrs	Finals
11:40 AM	#416	Men 200 Metre Run 60-69 yrs	Finals
11:45 AM	#417	Men 200 Metre Run 50-59 yrs	Finals
12:00 PM	#418	Men 1500 Metre Race Walk 15 yrs	Finals
12:00 PM	#419	Women 1500 Metre Race Walk 15 yrs	Finals
<b>12:15 PM</b>		<b><i>Men &amp; Women 200 Metre Run Finals from Prelims as required</i></b>	
1:40 PM	#431	Women 800 Metre Run 60+ yrs	Finals
1:40 PM	#432	Women 800 Metre Run 50-59 yrs	Finals
1:46 PM	#433	Women 800 Metre Run 40-49 yrs	Finals
1:52 PM	#434	Women 800 Metre Run 30-39 yrs	Finals
1:58 PM	#435	Women 800 Metre Run 10 Yrs	Finals
2:06 PM	#436	Men 800 Metre Run 10 Yrs	Finals
2:12 PM	#437	Women 800 Metre Run 11 yrs	Finals
2:18 PM	#438	Men 800 Metre Run 11 yrs	Finals
2:24 PM	#439	Men 800 Metre Run 60-69 yrs	Finals
2:24 PM	#440	Men 800 Metre Run 70+ yrs	Finals
2:30 PM	#441	Men 800 Metre Run 50-59 yrs	Finals
2:35 PM	#442	Men 800 Metre Run 40-49 yrs	Finals
2:40 PM	#443	Men 800 Metre Run 30-39 yrs	Finals
2:45 PM	#444	Men 800 Metre Run Open	Finals
2:50 PM	#445	Men 800 Metre Run 18/19 yrs	Finals
2:55 PM	#446	Women 800 Metre Run 18/19 yrs	Finals
3:00 PM	#447	Women 800 Metre Run Open	Finals
3:05 PM	#448	Men 800 Metre Run 17 yrs	Finals

3:10 PM	#449	Men 800 Metre Run 16 yrs	Finals
3:15 PM	#450	Women 800 Metre Run 17 yrs	Finals
3:20 PM	#451	Women 800 Metre Run 16 yrs	Finals
3:25 PM	#452	Women 800 Metre Run 15 yrs	Finals
3:40 PM	#453	Men 800 Metre Run 15 yrs	Finals
3:45 PM	#454	Women 800 Metre Run 12 yrs	Finals
3:50 PM	#455	Men 800 Metre Run 12 yrs	Finals
3:55 PM	#456	Women 800 Metre Run 13 yrs	Finals
4:00 PM	#457	Men 800 Metre Run 13 yrs	Finals
4:05 PM	#458	Women 800 Metre Run 14 yrs	Finals
4:10 PM	#459	Men 800 Metre Run 14 yrs	Finals