

Carine Masters

- The Swan Hills LiveLighter Club Challenge was well attended by our members and we had many top point results. Tony Infante swam in his second carnival with us. Our ladies relay 240-279 age group team won their event which was very pleasing.
- We held a very successful Sausage Sizzle at Bunnings in July and even it was Derby Day (Dockers & Eagles) we still managed to do very well raising funds for our annual Australia Day Swim. The photo below shows the Carine crew waiting for the lunchtime rush.
- At the Leisurepark 400 – 800m event our only swimmer was Carol-Ann. David Laws did some officiating.
- At Somerset's 1500m event, we had Rachel Wright swimming freestyle, Carol-Ann doing backstroke and David Laws, breaststroke.
- Carol-Ann continues to break records. This year alone her ratified records are in the following events: 800m free; 200m, 400m & 800m fly and the 400IM. We are awaiting ratification of the results for the 1500m event but it is most likely she broke the backstroke record there too. We think David Laws also broke the 1500m breaststroke record.
- With many of our swimmers being unavailable, we only had a very small but enthusiastic band of swimmers keeping our flag flying at the Golden Gropers Relay Event..
- We manage to have our regular Happy Hour each month at Craigie Leisure Centre now that the Café stays open for us. It is a good chance to catch up with one another.
- Earlier this year, Marcel Haughey visited family in the town of Lurgan, County Armagh, Ireland where he and his wife Kathleen were born. The visit included one brother daring the other to 1.5km swim between two islands in Lough Neagh, a freshwater lake with historic and pre-historic heritage. The photo below shows Marcel (left) and his brother Adrian after their swim. OK, they wore wetsuits but the water was a mere degrees!



Westcoast Masters

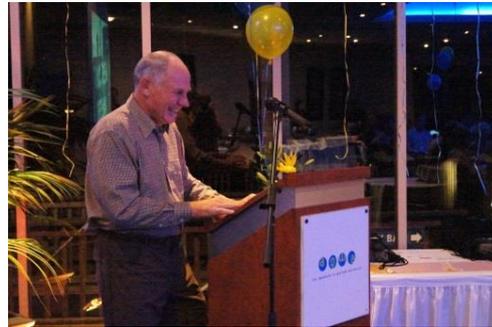
A rather hectic past few months!

Westcoast celebrated their 30th Anniversary with a fabulous dinner at AQWA at the end of June. This was attended by current and past members, with some of the founding members sharing their memories with current members. It was great to have Pat and Ash Manners there, along with Ralph McManus and his wife. We are very fortunate to have 2 founding members' still as active members of the club. It was quite amazing to see that Barry and Rhonda Sales membership goes back to 29th June 1983, which was exactly 30 years ago to the day of the dinner. Caryn Kiellor, one of our long time, highly active members, was unfortunately out of the country, but via technology we were able

to make a Skype connection and Caryn shared one of her memorable odes with us. She had written a poem remembering the 30 years of our club and had many of us in tears, as well as in fits of laughter.



Barry and Rhonda Sales with Lorraine Quayle



Ash Manners calling back the past

Club members attended a function hosted by the City of Joondalup, where Mayor Troy Pickard presented the club with a cheque in recognition for their service to the community. This was very much appreciated and has been earmarked for celebration activities to be enjoyed by our members.

The club supported Narelle Davey and Lorraine Quayle with a fundraiser for the Heartfoundation. Both girls have lost their husbands to heart attacks and we, as a club were very happy to take part in a 1000m time trial, with prizes for closest to nominated time and spot prizes. Winner on the day was Gary Clifton, who nominated 20:38 and swam 20:37.3 – fabulous effort. The swim was followed by a ‘healthy’ sausage sizzle and the usual coffee. We managed to raise \$640, which was handed over to Narelle and Lorraine. A true family event, with their parents, sister and children coming along to help – all in the name of fitness, friendship and fun!



Narelle, Lorraine and family



Winner Gary Clifton

Following the FFF theme – 15 swimmers (past and present members) took off to Torino, Italy, to take part in the World Masters Games. A fabulous excuse for a bit of swimming, touring, eating, etc! We came away with some much unexpected medals. Carrol Wannell received 4 gold medals, plus an extra for an Italian record, Viki Shelver managed 3 silver and Lyn Scott brought home 4 bronze. Guaranteed – 3 happy ladies.



Carrol Wannell receiving gold!



Lyn and Viki with the goods!



3 medal winners, Viki, Carrol and Lyn

The club continues to grow with the membership currently at 124. Training sessions are well attended and the motto of fitness, friendship and fun is well adhered to. We look forward to the warmer weather when ocean swimming becomes a bit more enjoyable. But in the meantime, we wish everyone a happy Spring and enjoy the warmer weather ahead.

Stadium Snappers

Audrey: 1 Million Metres

Audrey joined Snappers in 2007 and, after learning how to swim more than 25m without a rest, she went on to become a champion Aerobic swimmer, winning her Two Star Certificate each year with her Freestyle and Backstroke. Her friend Elizabeth persevered with the recording and Audrey finally won her Million Metre Shirt. She chose the sophisticated Navy with Red trim.

Theresa: 2 Million Metres

Theresa joined Snappers in 2009 and conscientiously recorded her metres each day. She recalled her initial experience as a new member when she had swum a 400m Aerobic swim. She was told by an older member to stay in the water and keep swimming, then to record her distance when she got out and keep the total! From that day on, Theresa recorded her swim metres and has now completed her 2 Million Metre. Thanks to Vorgee who provide this encouraging incentive.

