

TRAINING ROSTER 2019

TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
Field	A	B	A	B	A	B	A	B
4.15 – 5.00	IPSWICH		<i>Spare</i>	West	East		<i>Spare</i>	
5.00 – 5:45	IPSWICH		<i>Spare</i>	West	East	North	Hancock	Thistle
5.45 – 6.30	IPSWICH		Bellbowrie	West	East	North	Hancock	Thistle
6.30 – 7.30	IPSWICH		Bellbowrie	Collegians	East	North	Hancock	Thistle
7.30 – 8.30	IPSWICH		Bellbowrie	Collegians	East	North	Hancock	West
8.30 – 9.30	IPSWICH		Hancock <i>“water only”</i>	Bellbowrie <i>(hybrid till 9pm)</i>	<i>Spare</i>	North <i>“water only”</i>	West <i>“water only”</i>	West <i>“hybrid only”</i>
9.30 –10.30			Swifts <i>“water only”</i>	<i>Spare</i>			<i>Spare</i>	<i>Spare</i>
<u>BLOCK 1</u> A – Hybrid B – Water	<i>Feb: 11-14; 25-28; March: 11-14; 25-28; April: 08-11; 22-25; May: 06-09;20-23; June: 03-06; 17-20; July: 01-04; 15-18; 29-01 August; August: 12-15; 26-29; Sept: 09-12</i>							
<u>BLOCK 2</u> B – Hybrid A – Water	<i>Feb: 18-21; March: 04-07; 18-21; April: 01-04; 15-18; 29-02 May; May: 13-16; 27-30; June: 10-13; 24-27; July: 08-11; 22-25; August: 05-08; 19-22; Sept: 02-05</i>							