

Centre Competition Program

AGE GROUP	PROGRAM 1	PROGRAM 2	PROGRAM 3
Under 6	50 m 70 m Long Jump Shot Put On Track	70 m 100 m 60 OT Hurdles Vortex On Track	50 m 100 m 200 m Discus On Track
Under 7	70 m 100 m 200 m Vortex On Track	70 m 200 m Discus Long Jump On Track	70 m 100 m 60 OT Hurdles Shot Put On Track
Under 8	70 m 200 m 60 m Hurdles Discus	70 m 100 m High Jump Shot Put	100 m 400 m Long Jump Turbo Javelin
Under 9	100 m 800 m 60 m Hurdles High Jump Shot Put	70 m 200 m 400 m Long Jump Turbo Javelin	70 m 100 m 200 m Discus
Under 10	100 m 400 m 60 m Hurdles Long Jump Turbo Javelin	70 m 100 m 200 m Discus	70 m 200 m 800 m High Jump Shot Put
Under 11	100 m 400 m 60 m Hurdles High Jump Shot Put	100 m 200 m 1500 m Discus Triple Jump	100 m 200 m 800 m Javelin Long Jump
Under 12+ Girls	400 m 1500 m 60/80/90/200m Hurd Discus Triple Jump	100 m 200 m 400 m Javelin Long Jump	100 m 200 m 800 m High Jump Shot Put
Under 12+ Boys	400 m 1500 m 60/80/90/200 m Hurd Javelin Long Jump	100 m 200 m 800 m High Jump Shot Put	100 m 200 m 400 m Discus Triple Jump

PLEASE NOTE: Athletes will compete in 3/4 event rotations at the beginning of the season due to limited lighting. Athletes will begin 5 (where applicable) event rotations from Fri 10th Nov 2017.