



### Weekly Newsletter

27th January, 2018

Last week's Peninsula Challenge at Westernport was well attended by MLAC athletes considering it is school holidays. No club records were broken, and we hope we've accumulated enough points to retain the Peninsula Challenge Shield. The winner will be announced at Regional Track & Field as all 3 centres will be present. Thanks to Westernport LAC for hosting this year!

Our first Open Day on Sunday was a huge success!! We've received heaps of positive feedback from many of the families that attended. We are already planning how we can make it better next year. Massive thankys to the organising committee, to committee members who helped run events, and to all those parents who helped out on the day. Much of the feedback was praising how welcoming and helpful our Mornington parents were. We really do have a wonderful culture in our centre. The results from the day will be on the website by the end of the week.

As it is still school holidays, and a long weekend as well, many of your normal team managers may not be present this week. If that's the case, can we have some parents in those affected age groups step up and fill in please.

**Don't forget that registrations for Regional Track & Field close at 11.59pm on Wednesday the 31st of January, 2018 – NO late entries will be accepted. There is more information below.**

We keep seeing a number of athletes (mainly U11's) on Saturday mornings walking around with their running spikes on in between events. Can all parents of athletes U11 and older please remind them that spikes should only be used during competition. They should not come into the Cottage or go to the toilet with them on. There are 2 reasons for this: firstly, it is a safety issue, they could easily step on someone's foot and injure them; and secondly, it wears down the spikes quickly. The committee would really appreciate your cooperation with this.

Our regular providers of coffee on a Saturday morning, Cafe2U, have asked us to let everyone know that they will be leaving early this week to attend another function. They will be selling coffees from 8-10am only this week. So make sure you order early!

[Rebel Mornington](#) are again having 20% off all full priced stock in their store this Saturday the 27th of January. As always, if you have your Community Kickbacks card linked to our club, we receive 5% of your sale as an instore credit. So take advantage of a bargain and help us out at the same time!!



Finally, we have 15 athletes competing this weekend at the State Multi event over the 2 days. Todd Martin and Mark Henry are also in Key Official roles over the weekend. Good luck to everyone, stay cool and hydrated, and GO MLAC!!

The key points to note this week are:

- Parent Duty Roster
- Regional Track & Field
- U6-8 State Carnival
- Uniforms/Merchandise
- Results HQ
- Parking
- Dog policy
- Website

- Team App
- Facebook
- Wet Weather
- Weekly Program

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## **Parent Duty Roster for Saturday 27th January, 2018**

Please note that we have 2 age groups rostered on to ensure that each duty is suitably attended.

Set up takes more than an hour and we really do need those rostered on to be there as required. The committee are always on hand but as we all know many hands make light work and it makes a world of difference to how the whole day runs when we can set-up on-time for the program to start, especially on the first morning of the season!

The following Age Groups are rostered on this weekend:

**Setup** : **U8 Girls** and **U11 Boys** (*please arrive by 7.30am*)

**BBQ** : **Open Girls** and **U6 Boys** (*from set up of the BBQ at 8.00 to pack-up and clean at the day's end*)

**Pack Up** : **U9 Girls** and **U10 Boys** (*concludes once the containers are locked up*)

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## **Regional Track & Field Championships**

Registrations are also open for the 2018 Regional Track & Field Championships. This season it is being held at Ballam Park, Frankston, on the weekend of the 17th & 18th of February, 2018. U9-U15 athletes are eligible to compete, provided they have participated in a minimum of 4 weeks of competition at their centre and have paid their registration fees. The week of Regional Relays is not included for eligibility

purposes. Registrations close at 11.59pm on **Wednesday the 31st of January, 2018**. **NO LATE ENTRIES ARE ACCEPTED UNDER ANY CIRCUMSTANCES**. Athletes can choose up to 4 events to compete in over the 2 days, and may progress to the State Track & Field Championships if they do well. States is being held at Lakeside Stadium on the 10th & 11th of March, 2018. Click [here](#) for more information and to register.




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## **U6-8 State Carnival**

The [U6-8 State Carnival](#) has been rescheduled for Sunday the 11th of February. All fully registered U6-8 athletes are able to attend this event. **Registrations are now open and close on the 5th of February (or when capacity for each age group is reached)**. They are limiting numbers to the first 120 registrants for each age group, so if you intend to participate, register quickly. This is a state wide clinic, and not a state wide championship, so there will be no scores or results. The day is focused on development of technique, skills and having fun. Parents will be involved on the day and are encouraged to follow their children to each event. There will be carnival rides, face painting, show bags and the LA Vic mascots Vicky and Victor. The cost is \$25 (+admin fee).

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## **Uniforms/Merchandise**

Uniforms and other club merchandise will be available for sale only at Mornington Secondary College on each competition day in the Cottage. Club t-shirts/singlets/crop tops, MLAC hoodies, and LA Vic branded shorts are all available for purchase. This year we are also selling orange compression socks. There are only limited numbers available, so if you are interested, come take a look.

T-shirts - \$45, Singlets - \$45, Crop Tops - \$50, LA Vic shorts - \$25, Compression socks (small/large) - \$20. **All club tops now need to have a Coles patch sewn on just above the Little Aths Victoria logo. These can be collected from your team manager or from the Registration desk in the Cottage.**

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## **Results HQ**

To view your child's results, you will need to log in to Results HQ. You will need to have paid the club registration fee to have access. The login details are a little confusing:

**Username:** Your family username is the email address you used to register your primary member with (usually your oldest child)

**Password:** Your password is the Login ID of your primary member when you log in to LA Vic.

You can view your whole family's results on one page, and also view all MLAC results. Tickets can be printed out to keep. We endeavour to have the results available by Sunday evening.

**If you have registered and paid by Thursday evening and there is no bib for your child, please talk to someone at the Registration desk in the Cottage.**

If you have any problems logging in, please contact Lisa Henry [lhenry@morningtonlittleaths.org](mailto:lhenry@morningtonlittleaths.org)

<https://www.resultshq.com.au/login>



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## **Parking**

**Please Note:** There is **NO PARKING** available for us in the basketball stadium car park, as this area is for the exclusive use of those attending the basketball stadium. We have also been asked not to park near the swim centre. We are to use the land at the north end of the school for parking. Access to this land is from Eagle Street, which is at the set of traffic lights at the Bata intersection with Nepean Hwy. If this area fills up, there is minimal parking within the school grounds - along the driveway at the front of the school, the fenced basketball courts just past the bus bays, and the staff car park. We have been asked to advise that there is to be **STRICTLY NO PARKING ALONG NEPEAN HWY!!**

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## **Dog Policy**

**\*\* If you have family or friends that come to watch, can you please communicate this to them as well.\*\*** Please note that we have a strict **NO DOGS** policy on competition days. There have been a number of incidents and near misses over the past few years, plus we have a few athletes with dog allergies and those who are scared of dogs. We would greatly appreciate if you left your dogs at home.

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## **Website**

Our [website](#) was updated last season and has had a lot of wonderful feedback. Most club information can be found here - if there is anything important missing, please let us know.

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## **Team App**

As with previous years, we will be utilising [Team App](#) to get information out to our members and their families about news and events around the centre.

Download Team App (it's free!) from iTunes or the Play Store and search for Mornington Little Athletics.



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## **Facebook**

We also have a [Facebook page](#) filled with news and photos of our athletes. Make sure you "Like" it to see posts in your Newsfeed. If you do not wish to



have your child's photo published, please send an email to our secretary Lisa Henry [lhenry@morningtonlittleleaths.org](mailto:lhenry@morningtonlittleleaths.org).

She will endeavour to ensure your child's photos are never published.

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### **What happens in the event of Wet Weather/Extreme Heat**

When the weather forecast does not look great, the committee makes a decision by 8:00 a.m. on the morning of competition whether the competition day will go ahead or be cancelled. In the event of cancellation a notice will be posted on the following sites by 8:00 am:

**Website**            [www.morningtonlittleleaths.org](http://www.morningtonlittleleaths.org)  
**Facebook**        [www.facebook.com/mlac82](http://www.facebook.com/mlac82)  
**Twitter**            @mlac82  
**Team App**         [www.teamapp.com](http://www.teamapp.com)  
**Instagram**        [www.instagram.com/morningtonlac/](http://www.instagram.com/morningtonlac/)

We communicate with our members almost exclusively via electronic means. We will always email you important information, but it is also distributed via our Facebook page and Team App.

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### **Weekly Program**

This week's program is [Program 8](#) or find it on the club [website](#).

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If unsure of what to do on the day, or if you have any questions, please do not hesitate to contact us via email or by speaking to one of the committee members on Saturday mornings. They are easily identified in their bright orange polo shirts

Regards,

**Mornington Little Athletics Centre**

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