

**Illawong Allcomers – 16<sup>th</sup> February 2019**

| <b><u>WOMEN</u></b> |                  |                | <b><u>MEN</u></b> |                |                     |
|---------------------|------------------|----------------|-------------------|----------------|---------------------|
| <b>High Jump</b>    | Nicole Freestone | 1.65m          | <b>High Jump</b>  | Jack Wrightson | 1.75m               |
|                     | Sydney Kania     | 1.60m          |                   | <b>400mH</b>   | Tim Kendrick-Little |
|                     | Isabella Rudolph | 1.60m          | <b>100m</b>       |                | Ben Treeby          |
| <b>Long Jump</b>    | Sydney Kania     | 5.04m          |                   |                | Harry Fullerton     |
|                     | <b>100m</b>      | Inge Bellemans | 12.97             | <b>800m</b>    | Ben Muston          |
| <b>800m</b>         |                  | Bethany Halmy  | 2:09.66           |                |                     |
|                     | <b>200m</b>      | Inge Bellemans | 26.33             |                |                     |
| Bethany Halmy       |                  | 26.38          |                   |                |                     |
| Elysha Cramer       |                  | 26.78          |                   |                |                     |
| Liz Scott           |                  | 26.93          |                   |                |                     |