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Masters Swimming in Australia,
Queensland Branch Inc.
Trading as

Masters Swimming Queensland Inc.

Under Business Names Act 1962-1990 Section 7 (4) Business
Number BN6091623

The Masters Swimming Purpose is "To encourage adults regardless of age or ability to swim regularly in order to promote fitness and improve general health"

Incorporated in Queensland on the first day of November 1988
under the Queensland Associations Incorporation Act of 1981

Incorporation number: 4901

Australian Business Number: 15 804 399 838

Business Address PO Box 1279
CAPALABA BC 4157

Phone: (07) 3245 1571

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Email: administrator@mastersswimmingqld.org.au

Website: www.mastersswimmingqld.org.au

Office Hours: Monday - Friday
9.00 a.m. to 5.00 p.m.

Affiliations: Masters Swimming in Australia Inc.
Q Sport - Sports Federation of Qld Inc.
Swimming Queensland
National Officiating Program
Australian Coaching Council

Funding: Swimming Queensland





2012 Branch Management Board

President	John Barrett
Treasurer	John Feddersen
Vice President (North)	Kim Christie
(Central)	John Feddersen (Acting)
(Sunshine)	David Findlay
(South)	Alan Patterson
Recorder	Laura Lynn
Director of Technical Services	Ray Smythe
Director of Risk Management	Raylene Rasmussen
Director of Coaching Services	Mark Erickson

Appointees and Staff

Registrar (SQ Staff)	Dinah Glykidis & Gabrielle Bambery
Recorder (SQ Staff)	Laura Lynn
Minutes Secretary	Cheryl Brodribb
Administrator	Helga Ward

Life Members

Max Gillespie	QSM
Mary Sweeney	QBN
David Ryan	QBN
Rob Lucas	QMK/QNA
Derek Coghill	QSC
Ken Liddy	QTT
Stan Pearson	QCD



2012 Queensland Masters Affiliated Swimming Clubs

In 2012 there were 39 clubs Registered with Masters Swimming Queensland

Club Numbers per Region:

North Region: 10 Central: 6 Sunshine: 10 South: 12 MSQ: 1

Albany Creek Masters	Maryborough Masters
Aqua Jets Masters	Miami Masters
Aqualicious Masters	Nudgee Masters
Atherton Mountaineers AUSSI Masters	Noosa Challengers
Barbarians Masters Swimming	North Mackay Sinkers Masters
Brisbane Northside Masters	Rats of Tobruk Masters
Brisbane Southside Masters	Redcliffe Peninsula Masters
Caboolture & District Masters	Redlands Bayside Masters
Cairns Legends I Masters	River City Masters Team
Cairns Mudcrabs Masters	Rocky Crocs Masters
Cairns Sea Eagles Masters	Rum City AUSSI Masters
Canungra Masters	Southern Cross Uni Duck Creek Masters
Central Cairns	South Burnett Masters
Gladstone Gropers Masters	Sunshine Coast
Hervey Bay Masters	Toowoomba Masters
Herbert River Masters	Twin Towns Masters
Ipswich City Masters	Uni Wahoos Masters
Logan Aquatic	Whitsunday AUSSI Masters
Long Tan Legends Masters	Yeronga Park Masters
Mareeba Masters	



Branch Management Board Reports

PRESIDENT'S REPORT

Since the 2012 AGM at Hervey Bay, I have gained a great appreciation of the dedication and efforts of our Board Members and our Branch Administrator as well as the contribution of members, who volunteer their time to run their club, coach their fellow members and help run our swim meets as officials. Thank you to you all.

I would also like to recognise the work of our immediate past President, Therese Crollick. Therese is still very active in Masters Swimming, not only as a swimmer and meet organiser, but also as a National Board member of Masters Swimming Australia.

Governance

The Board met six times during 2012: four teleconference meetings and two face to face meetings in Brisbane. Swimming Queensland CEO, Kevin Hasemann attended both face to face meetings for discussions about our interaction with Swimming Queensland.

We continue to have a service level agreement in place with SQ. This covers the services of our Branch Administrator, Helga Ward, as well as financial administration, registration and records. There are many benefits of having these services provided by experienced staff, but we must be mindful of the costs involved.

I attended the Spring meeting of the National Executive as the Queensland Delegate. This was an opportunity to not only hear about what is going on at the National level, but also a chance to meet other State delegates and hear about activities in other branches. Queensland reported on the plans to host the 2014 National Championships in Rockhampton and discussed the possibility of taking the MSX and Participation programs nationally.

Communication

Whilst the Swimmers News is still being published, we have continued to adopt modern communication tools and to expand our use of our web site, Facebook and Twitter. The odd face to face discussion doesn't go astray and I think many people appreciated the attendance of Board members at the Nudgee meet on the day after the Board face to face meeting. Vice Presidents are also trying to get out there to 'test the water,' so please take the opportunity to raise any issues you might have with them or with me when you can.

Programs

MSX - 2012 was the second year of our MSX, which has been well received. Hopefully some of you have been able to progress up a level from last year.

Participation and Improvement - This program was developed to offer something more to the majority of masters' swimmers who do not regularly compete. Winners were announced in July and the level of involvement from clubs was not as high as anticipated and programs varied. The Board has reviewed the situation and relaunched a new format for all clubs in January 2013.

Lane Warriors - Many clubs are dedicated to tracking the distances swum by their members and 'competing' against other clubs in a different way. This program isn't all about speed.



Endurance 1000 - The old Aerobics program has been revamped and it will be interesting to see the results of this new National program.

Competition

Hervey Bay Club hosted a very successful State Championships in March. Feedback from the Club has been noted and the State Championships Guidelines amended. A State Short Course Championships is being hosted by River City Club in Brisbane on the 15/16/17 March 2013.

Quite a few Queensland members made the trip to Adelaide for the 2012 National Championships. The successful meet was conducted at the new Aquatic Complex at Marion.

The swimming component of the 2012 Pan Pacific Masters Games was held at the Southport Pool. Turbulent weather made life difficult for swimmers and organisers. A new Commonwealth Games aquatic facility will be built on the site and may be available for the 2014 Pan Pacific Masters Games.

The winner of the MSX program and a few other Queenslanders travelled to Italy for the 2012 FINA World Masters Championships. Competition was tough, but a few top ten medals made the return trip to Australia.

Club swims continued throughout the State with members travelling long distances to attend. One thing that always seems to be appreciated is the attendance of a swimmer from Brisbane who attends a swim meet in Cairns or vice versa.

Coaching

Mark Erikson continued as the Branch Coaching Director and implemented the new Club Coach program with the assistance of Tony Keogh. Mark and his partner, Raylene Rasmussen, regularly contribute articles for the Swimmers News.

Technical

Ray Smythe and our other officials continued to ensure that swim meets were able to be run. Stan Pearson has now taken on the role on the National Technical Committee.

Other Branch Activities

We are currently planning to host the 2014 National Championships in Rockhampton. We are mindful that there is only a small club in Rockhampton and the Board will need to have a hands-on approach to organisation. Given the extreme weather events experienced in Queensland in 2011 and in the early months of 2013 we are hoping that this will provide a focal point for the Queensland swimmers especially those in the central region.

Thank you for your ongoing interest in Masters Swimming.

John Barrett



MASTERS SWIMMING QUEENSLAND

TREASURER

INCOME AND EXPENDITURE

For the year ended 31 December 2012

Income

Interest income for 2012 of \$4k was on par with the 2011 year. Grants Income for 2012 was lower than the previous year mostly due to a “one off” grant received from the Queensland government in 2011. This amount of \$65k was allocated to fund the following Excellence, Membership promotion, and Participation and Improvement programs.

Revenue from Swims Meets for 2012 was \$44k compared with \$12k for 2011, due to the holding of a Pan Pacific Masters Games competition during 2012. This event is held every two years.

Membership Revenue figures for 2012 and 2011 respectively were \$44k and \$53k. The revenue figure of \$44k is not a direct comparison with the revenue of \$53k for 2011, as 2011 included a timing difference between 2011 and 2010. The corresponding reported figure for 2010 of \$37k was held over and received in 2011, thereby inflating that year’s reported amount. The three year average for 2010 to 2012 membership revenue is \$45k, consistent with reported membership numbers. Membership numbers increased slightly during the 2012 year. Coaching revenue reflects fewer courses being conducted during the 2012 year when compared with 2011

Expenditure

Depreciation / Assets written off is higher in 2012 reflecting a decision to write the balance of pre 2007 assets to a more appropriate asset value, with a one off adjustment of \$9,867. Some older assets are no longer being used since the move from Sports House, Milton to the Swimming Queensland offices at the Chandler complex.

Coaching / Technical Development is basically conducted on a break-even basis with the aim of providing qualified personnel for Clubs to provide their service to the public.

Expenditure on Events & Programs such as Membership Development during 2011 reflects the increased activity for membership promotion as funded by the “one off” grant. The aim of the grant was to increase membership levels and participation levels.

The Service Level Agreement is with Swimming Queensland and underpins the level of service our organisation is able to provide to members. The objective is to be as professional as possible with respect to all activities as well as to take advantage of closer links with Swimming Queensland.

In summary, the deficit for 2012 of \$33,072 was slightly higher than the 2011 deficit of \$31,268. The 2012 figures include the one off asset adjustment. Our organisation previously recorded a surplus in 2009. The amount of the surplus / deficit for each year will vary according to whether or not a major swim meet has been held during the year.

There is a need for a revenue source other than relying upon Government Grants and a significant increase in Membership fee revenue. Sponsorship proposals are being prepared to obtain a more dependable source of income. It is also expected that a surplus will result from the conduct of the National Titles during April 2014, being held in Rockhampton. MSQ is the organising body.

BALANCE SHEET

Cash availability as at 31 December 2012 was \$50k. The available cash in the term deposits is transferred, when needed, to the working (cheque) account in order to pay the expenses of operating Masters Swimming Queensland. The reduction in term deposit balances reflects these outlays. A summarised Income and Expenditure Statement together with the Balance Sheet is outlined in the Auditor’s Report.

John Feddersen



Auditor's Financial Statements

Statement of Income and Expenditure

Year Ended 31st December 2012

	2012	2011
Income		
Bank Interest	\$4,357	\$4,013
Grants	32,977	94,581
Membership & Affiliation	44,391	53,478
Meets	44,147	12,136
Coach Development	2,027	6,364
Other Income	<u>0</u>	<u>184</u>
Total Income	127,900	170,756
Expenses		
Meets	\$33,537	22,509
Development	4,857	5,545
Membership Development	27,516	50,416
Meeting Expenses	7,874	11,166
Bank Charges	620	241
Registrations	336	441
Administration and Other	76,365	88,556
Loss on Disposal of Fixed Assets	9,868	601
Write off 2010 Stock	0	7,334
Inactive Accounts	<u>0</u>	<u>15,214</u>
Total Expenses	<u>160,972</u>	<u>202,023</u>
Operating Profit	<u>(\$33,073)</u>	<u>(\$31,268)</u>

The accompanying notes for part of this financial statement.



MASTERS SWIMMING QUEENSLAND

Statement of Assets and Liabilities

As at 31st December 2012

	2012	2011
Assets		
Current Assets		
Cash on Hand	\$50,813	\$99,039
Stock on Hand	15,066	13,787
Accounts Receivable	<u>6,188</u>	<u>0</u>
Total Current Assets	72,067	112,826
Property & Equipment		
Plant & Equipment	0	9,623
Furniture & Fixtures	<u>0</u>	<u>1,010</u>
Total Property & Equipment	<u>0</u>	<u>10,633</u>
Total Assets	72,067	123,459
Liabilities		
Current Liabilities		
Trade Creditors	\$431	6,403
Accrued Expenses	513	15,742
GST Liabilities (Refundable)	<u>0</u>	<u>(2,882)</u>
Total Liabilities	<u>944</u>	<u>19,263</u>
Net Assets	<u>\$71,123</u>	<u>\$104,196</u>
Association's Funds		
Funds at Start of Year	\$104,196	\$135,464
Surplus (Deficit) from Operations	<u>(33,073)</u>	<u>(31,268)</u>
Funds at End of Year	<u>\$71,123</u>	<u>\$104,196</u>

The accompanying notes for part of this financial statement.



MASTERS SWIMMING QUEENSLAND

Notes to and Forming Part of the Financial Statement

Year Ended 31 December 2012

Note 1: Statement of accounting policies

These financial statements are a special purpose financial report in order to satisfy the financial reporting requirements of the Associations Incorporation Act 1981 (*Qld*). The committee has determined that the association is not a reporting entity and therefore there is no requirement to apply accounting standards and other mandatory professional reporting requirements in the preparation and presentation of these statements.

The statements have been prepared in accordance with the requirements of the Associations Incorporation Act 1981 (*Qld*) and the following accounting standards.

AASB 110	Events occurring after balance date
AASB 1031	Materiality

No other Australian accounting standards have been intentionally applied.

The statements are prepared on an accruals basis from the records of the Branch. They are based on historic costs and do not take into account changing money values or, except where specifically stated, current valuations of non-current assets. The following specific accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of these financial statements.

(a) Inventories

Stock is carried at the lower of cost and net realizable value

(b) Taxation

The Branch is exempt from income tax but is subject to Goods and Services Tax on its transactions.

Note 2 Mortgages, charges and securities

As at 31 December 2012 there were no mortgages, charges or securities over, on behalf of or affecting any asset of the Branch.



Masters Swimming Queensland Inc.

Office Bearers' Declaration

The officers of Masters Swimming Queensland Inc. declare that:

- 1 The financial statements and notes present fairly the Branch's financial position as at 31 December 2012.
 - a) Comply with accounting standards as detailed in note 1 to the financial statements and the rules and by-laws of the Branch;
 - b) Give a true and fair view of the financial position of the branch as at 31 December 2012 and the results of its operations for the year then ended and are in accordance with the accounting policies of note 1.
- 2 In the officer bearers' opinion there are reasonable grounds to believe that the Branch will be able to pay its debts as and when they become due and payable.
- 3 As at 31 December 2012 there were no mortgages, charges or guarantees over, on behalf of or affecting the assets of the Branch.

Signed for and on behalf of the Management Committee, 31st January 2013


.....
President


.....
Treasurer



RECORDER

Results and records have been processed mainly in the SQ office. However, towards the end of 2012 it was necessary to seek the assistance of the National Recorder, Pauline Samson, as Laura Lynn was appointed to the position of Business Manager in the SQ office, thus making it difficult for her to continue with the duty of recording. It was decided that Dinah Glykidis would take on that role in 2013.

Issues of concern regarding the results continued for most of the year. These were:

- Records broken need to be verified by the Meet Referee before being sent to MSQ within the 7 day requirement. This process needs to occur before the conclusion of the swim meet. This did not always happen, which led to a delay in verifying records on the Results Portal.
- Incorrect club codes being submitted, despite requests to have them removed. A number of clubs recorded a code such as QLQ, which doesn't exist. A Help file was sent to clubs to assist them in removing the code. Despite repeated requests, some clubs failed to correct the problem.
- Back-up files from a swim meet sent in weeks and in one case months after a swim meet.
- Birth dates of nominated swimmers were often left out in the TM File

A significant amount of time was spent on fixing and processing results, which caused delays in posting results and records on the portal.

The national recorder recognises the problems clubs face in achieving continuity in managing the recording for their clubs. She is compiling a booklet on the use of Meet Manager to ensure uniformity of information for all clubs nationally. It is anticipated that this document will be ready in 2013.

The table below lists the number of swim meets held in the last 4 years: 2009 - 2012

	2009	2010	2011	2012
Short Course	10	13	12	12
Long Course	13	13	11	9
Postal	3	3	2	2
Open Water	3	1	2	1
TOTAL	29	30	26	24
Cancellations	6	3	3	4

MEMBERSHIP

The registrations were done online for the first time in 2012. These were done either by individuals or the club, which may have decided to register the members on their behalf. As with all new initiatives, problems did exist. The IMG Clubs Online database is monitored in the office. Swimming Qld staff assists clubs when necessary and help files are available on request.

Some of the problems encountered were:

- Existing members registering as new members instead of re-registering as existing members. Consequently a number of members were allocated two ID numbers.
- Members recording their personal details, but not complying with the name registered in the database. Often members have recorded their full names, but use their preferred name when they nominate for a swim meet. IMG assumes that they are two different people. The Results Portal will record the two different names, which may not be obvious to the member.
- Club members pay their fees to the club registrar, who may not register the members immediately. In some cases these members entered swim meets, although they still appeared as unregistered members.



MSQ Annual Report 2012

- Clubs activating non-financial members.
- Members transferring to a different club need to seek a transfer instead of registering as a new member. These members should have re-registered once approval of the transfer has been given.

There was a slight increase in membership in 2012, which may have been as a result of the Pan Pacific Masters Games. The new programs introduced in 2011 may also have contributed to the increase.

The registrations numbers since 2008 are as follows:

2008: 1376 **2009:** 1425 **2010:** 1374 **2011:** 1205 **2012:** 1280

DIRECTOR OF TECHNICAL SERVICES

During the past 12 months MSQ Technical Officials have attended many swim meets to officiate in both pool and open water competitions with the highlights being the State Swim at Hervey Bay and the Pan Pacific Masters Games that included both pool and open water swims.

Despite a number of technical theory courses being held throughout the state, only a few candidates continue on to be qualified by filling out a log sheet to show their competence as timekeepers, marshals, Meet Referees or other official roles.

If clubs do not start qualifying their own officials, the ability to host a swim meet may be compromised. If a club is running a swim meet, it is imperative that members be asked to address this issue.

During the year, Stan Pearson stepped in to take my place on the National Technical Committee after I found I was unable to take on this task. Stan's input on this committee and his reporting back regarding discussions and decisions were essential to maintain the interpretation and changes to the rules.

As outgoing Director of Technical Services, I would like to thank all officials who have contributed their time and enthusiasm to Masters Swimming Queensland events.

Ray Smythe

DIRECTOR OF COACHING SERVICES

Coaching Courses

January 2012 – Intro Coach Courses were facilitated at Noosa and Albany Creek

February 2012 – Club Coach Course facilitated at Albany Creek

Eight participants took part. Four participants have completed both Intro and Club Coach qualifications. Two participants have completed the Intro Coach course and two participants have yet to complete the courses.

September 2012 – Intro Coach course was facilitated at Pine Rivers with the assistance of Tony Keogh. Tony has kindly offered to assist Masters Swimming Queensland with facilitated coaching courses in south east Queensland.

November 2012 – Club Coach Course was facilitated by Tony Keogh at Pine Rivers. Four participants took part of which two participants have completed the Intro Coach qualification at this stage.



MSQ Annual Report 2012

I am grateful to Tony Keogh for assisting Masters Swimming by running courses in south east Queensland which will hopefully free me up to run a course in Gladstone and north Queensland during 2013.

I am still keen to find some experienced coaches who are willing to present courses. It is the goal of MSQ to have at least one presenter in each region.

Coaching Clinics

I facilitated a coaching clinic at the Proserpine Pool after the Whitsunday swim meet in April and assisted with coaching at Redlands, Brisbane a couple times during the year. Quite a few coaches and clubs facilitated their own coaching or stroke clinics to meet the needs of members.

Training Programmes on MSQ website

I have accumulated 100 training programmes which are available on the MSQ website. It was my goal for 2012 to increase this to 365 programmes (one programme for each day of the year). Unfortunately I did not achieve this. I was hoping more coaches (or clubs) would provide me with some of their programmes or ideas.

Professional Development

During 2012, I attended the ASCTA conference on the Gold Coast. I attended the Masters Coaching course (adult extension) and participated in the OWS course. I found it extremely beneficial and enjoyed networking with other coaches.

I would really like to thank Helga Ward and all the Board for all their assistance and support throughout the year and look forward to a totally awesome 2013!

Mark Erickson

DIRECTOR OF RISK MANAGEMENT

Masters Swimming Queensland would like to congratulate all the clubs that submitted Risk Assessment forms as part of running a sanctioned swim meet. This practice definitely assists clubs facilitating safe and successful swim meets. There were no major incidences during the past 12 months.

Raylene Rasmussen

VICE-PRESIDENT NORTH

The following report is a summary of the information forwarded to the Vice President - North of Masters Swimming Queensland by the clubs in the region.

Membership

Clubs across the region are reporting a fairly steady membership base with most clubs able to secure sufficient new members to replace members who did not rejoin their club in 2012. There appear to be several clubs that are just holding their heads above water with membership dropping into the single digits for 2012.

The Rats of Tobruk have taken steps to future proof their club by growing their own members for 2030, with the birth of a baby girl to Scott and Colleen.

Several clubs are indicating that they have social members within their clubs and that this has been one of the main areas of membership growth.



Several of the clubs are indicating that they are using new member information kits to try and attract members to their clubs. Interestingly these are also the clubs with the largest membership base.

Swim Meets and Results

There were six sanctioned swim meets held across the region during 2012 with Atherton Mountaineers, Cairns Muddies, Cairns Sea Eagles, Mareeba Barron River Rats, Townsville Long Tan Legends and Whitsunday Warriors all hosting swims in the region. All clubs that held carnivals reported that their numbers were about the same or slightly higher than previous years. Long Tan Legends held their first carnival in several years and were so happy with the result they have agreed to hold another event in 2013.

Several North Queensland Masters Swimming Clubs had members travelling further afield to attend Swim Meets. Some travelled over the border into the Central Region for club swims in Mackay, Rocky and further south to the State Titles in Hervey Bay. The Pan Pacific Masters Games held at Southport were reasonably well attended by members from across the North with most clubs having a couple of swimmers attending the pool and/or open water swims. There were reports of a "Swag" of medals being brought back to the North. Rats of Tobruk had swimmers competing on the National and International stage at both the National Titles in Adelaide and the World Championships in Italy. (Well done JB and Big Kev!).

Cairns Clams and Rats of Tobruk organised competitive open water swims throughout the year. Cairns Clams held an open water swim in conjunction with Ellis Beach Surf Lifesaving in August. This swim had a limited number of Masters' Swimmers attend, but those swimmers who did attend thought it was a great swim. Rats of Tobruk helped organise and participate in the Townsville Open water swims including the King and Queen of the River, The Strand Fitness Festival and the Subway Magnetic Island Swim.

USM Events brought several open water swimming opportunities to North Queensland in conjunction with their Triathlon events. The most notable of these was the Green Island swim that is held mid-week during their *Cairns Ironman Festival* with swims of 3km and 1.5km on offer. Many of our regular Masters' open water swimmers were seen competing at the event.

Individual Medley swimmers managed to secure two record swims at the Muddies November meet. Thelma Bryan scored an 800m short course and Alhanna Hayes a 400m State record.

Several of the clubs have reported that illness, busy lives and aging has interfered with their swimmers' performances throughout the year.

Club Activities

Many of the North Queensland clubs have taken on activities that embrace the social fun aspects of Masters Swimming. There have been open water swims, swims for causes, barbeques, social swim meets, come and try days, and many purely social gatherings.

Cairns Muddies, T'Bay Triggers and Atherton Mountaineers have all taken advantage of the beautiful lakes located on the Atherton Tablelands and have swum across Lake Eacham, Lake Barrine and even occasionally in Lake Tinaroo. Several members of the Atherton Mountaineers have even guided swimming groups up the Barron River to see an old rail bridge on the Tolga to Yungaburra line. The swim is a very pleasant (depending on dam water level) two kilometre return swim. Unfortunately, despite desperate efforts by the local Rail Trail group to save the bridge, it is scheduled for demolition by Queensland Transport in the near future, which means that these swims may end up living on as a memory only.

Several clubs took up the challenge of using their passion for swimming to raise funds for various causes. Cairns Muddies, T'Bay Triggers and Rats of Tobruk took part in the MS Swimathon activities in their area to raise funds for research into Multiple Sclerosis. Whitsunday Warriors raised funds for the local hospital with a swimathon.



Atherton Mountaineers and Mareeba Barron River Rats took part in the *Rotary End Polio Now Challenge* which was a world-wide attempt to break the record for the greatest number of swimmers in the water at any one time. The main aim of the evening was to raise funds to rid the world of polio. Mareeba managed to secure some local politicians and sporting heroes for their fun filled evening. They had Mareeba Old Boy Brad “The Croc” Bevan and paralympian, Grant “Scooter” Patterson along for the evening. By all reports, the evening was great fun and a roaring success.

Atherton Mountaineers won the Corporate Skins Relay challenge as part of the Atherton Rotary’s *End Polio* event. This was a “nearest your nominated time” for a 4x50m relay skins’ event. The team that had the greatest variance from their nominated time was eliminated after each race, resulting in five swims for the winning team by the end of the night. It is not too hard a task really if you get your time right. The advice from a very puffed Club President was “Don’t put your current PB down for this event as it is very hard to achieve it five times in a row”.

In keeping local rivalries alive, Mareeba claimed that they had the largest number of competitors and raised the most money on the local scene. A quiet word from the Secretary of the Atherton Branch of Rotary has indicated that Atherton actually outstripped Mareeba when they looked at how profitable the swim was and Atherton raised the fourth highest amount of money globally for the End Polio Now Campaign. The good news was that all the participants helped to put the swim firmly in the record book. Whichever way you look at it, the clubs had a heap of fun and raised funds for a very worthy cause.

Most clubs have reported having barbeques and social gatherings after training or for special occasions. Cairns Muddies held their 30th anniversary dinner cruise on “Passions of Paradise”. Tim Doyle was presented the Allen Burgoyne award for loyalty to the club and Noel Price was made a life member of Cairns Muddies. The Club also celebrated Noel and Betty’s 60th wedding anniversary.

Atherton Mountaineers held their annual *Christmas in July* swim and dinner. The swim involved lolling about in the heated indoor pool, swimming five or so events throughout the afternoon, tucking into plates of sweets and savouries at smoko before sojourning to a local restaurant for a Christmas Dinner. Participants had to nominate their times for all the swims they wanted to do and awards were made, based on how close to those times the swimmers were able to swim. Each swimmer nominated five swims that they wanted to count towards the major prize at the end of the day. The male and female swimmer closest to their aggregate time went home \$50 richer with the bragging rights of being the winner.

The Atherton Mountaineers also reported holding several *Come and Try* and *Stroke Correction* days throughout the year that were enjoyed by both existing club members and potential new members. The club also manned an information booth at the local pool’s *Swim Safety Week* activity day. All of these activities have helped raise the club’s profile at the local pool.

Technical Officials

There was a limited amount of Technical Officials’ training carried out in our region throughout the year. Cairns Muddies had a member complete Inspector of Turns and Judge of Strokes qualifications. John Barrett from the Rats of Tobruk continued to progress with his refereeing accreditation with assistance from Frank, Karen, Ray, Derick and Stan.

Coaching

Most clubs have indicated that they have one to four sessions a week available to their club members for training. Cairns Muddies have indicated that they have five qualified Masters’ Swimming coaches, Whitsunday Warriors have three, Rats of Tobruk and Atherton Mountaineers have two each and Mareeba has one with two junior coaches assisting.

Whitsunday Warriors had a member complete their Masters Club Coach qualifications throughout the year.



Fundraising /Grants

As discussed in the *Club Activity* section of the report many of the clubs took part in MS and Polio fund raising activities throughout the year.

Cairns Muddies also took a fairly novel approach to raising funds by picking mangoes from the trees on the local golf course and then selling them by the box. By all reports most boxes were presold before the day and it only took a bit of time and labour from their members to raise a significant amount of money for the club.

The Rats of Tobruk raise a small amount of money by helping out at the *Townsville Running Festival*.

Atherton Mountaineers were successful at securing a grant with the Department of Communities – Sport and Recreation. The grant allowed for CPR training of ten members, a *Come and Try* day, Open Water Swimming and Swimmers with Disability Coaching training, development of a club website, funding for Club information packs, purchase of a club banner, underwater video camera, heart rate monitors and additional books for the club library.

Cairns Muddies received a *Brothers Community Grant*, *Cazaly's Community Grant* and a *Reef Hotel Casino Community Benefits Fund Grant*. The grants were used to purchase a new wireless PA system, new swimming equipment and two new safety kayaks and safety equipment.

Mareeba Barron River Rats completed their Incorporation documentation, which will now enable them to enter the quest for grant money in earnest.

Other

Cairns Muddies secured the rights to hold the swimming component of the inaugural Great Barrier Reef Masters Games. These games will be held in Cairns between 8th and 11th of August 2013. The club will host a long course swim meet at the Woree Bicentennial Aquatic Centre.

June Cotter, a Mareeba Barron River Rat, was invited to travel to Germany as part of her accreditation for the International Paralympic Committee. The Australian Paralympic Committee subsequently invited June to conduct National classifications in Brisbane during September as a Technical Classifier. Hopefully June will soon be selected by the International Paralympic Committee to attend an International meet and achieve her International Level 1 certification.

More news from the Mareeba crew: Ineke Bell has finally accomplished something she has wanted to do, but put off doing for most of her adult life. In April, and close to her 71st Birthday, she completed a two day course, and obtained the Australian Lifesaving Bronze Medallion with certificates. Ineke also organised and gave interviews on ABC Radio and Local Radio to advertise our Swim meet, to promote swimming and to encourage new members. Irene Shanks returned to competitive swimming after knee surgery late last year and was thrilled to be competing again. Generally, most of our members enjoy swimming and shaving off seconds from their times.

2013

Generally all clubs are looking forward to trying to get more of their members swimming in 2013. They are looking to the initiatives put forward by Masters Swimming such as the Lane Warrior, Endurance 1000, MSX (hence the carnival scene), Participation and Improvement programme; State, National and World Championship swims; more open water swimming; Come and Try days; and more social activities.

Atherton Mountaineers put on a demonstration swim at a junior swimming carnival and managed to fill three heats for a 50m dash. The event was open to Masters and guest swimmers allowing for some parents who had not swum in a competition for some time to jump in and have a go. The event was fantastic, as all the kids were able to see that aging adults can still thump out a good swim or two and that there is an option to keep swimming when age group swimming comes to an end. There have been at least three new memberships for North Queensland directly from that event.



Vice President North's Ponderings

The following are my ponderings from the interesting year that I have just had as Vice President North of Masters Swimming Queensland.

I am hoping that the work that the Branch Board has done with modifying the *Participation and Improvement* programme is given a chance to succeed by all clubs. There is always the risk when something is made into a competition that clubs will only look at the perceived imbalances in the scoring system and not see the total benefit of the programme to our whole Masters Swimming community. I believe the new programme should be used to encourage all Members of all Clubs to get involved in Masters Swimming so that they get the best value for their money from their Masters Swimming membership. It is important that we keep sight of our goals of *Fun, Friendship and Fitness*.

A challenge that I see looming for Masters Swimming Queensland is finding sufficient volunteers to take on the roles of technical officials. We seriously need to recruit officials from within the 30 to 50 age group to ensure that we don't lose our refereeing and officiating autonomy.

One of my main observations over the past twelve months has been that clubs with a focus towards the fun of participation and social connectedness instead of the purely competition side of Masters Swimming, appear to be the clubs that are moving forward.

I wish my replacement all the best for 2013 and look forward to seeing more swimmers participating in Masters Swimming in the years ahead (2030 should be a bumper year with all our "Home Grown" members coming online). I would like to thank the Branch Management Board, all the Clubs of North Queensland and their members for being supportive of me over the past twelve months. You make Masters Swimming a great sport to be involved with.

Kim Christie

VICE-PRESIDENT CENTRAL

General Comments

This past year, I have held two positions on the Board, namely that of State Treasurer and Vice President Central region; the latter position because of a lack of other nominations for the position. The CQ region needs to have a voice at Board level.

I encourage members to nominate for the VPs role at the AGM in 2013 as it gives you the opportunity to make a greater contribution to your chosen sport as well as interact with other motivated members in our Central Queensland region. Should there be no other nominations, I will again nominate.

I particularly want to thank my fellow Board members as well as the staff of Swimming Queensland, particularly Helga, Paula and Dinah for their support and assistance. Of course, our organisation would not exist without the thousands of hours of volunteering that members do collectively.

My view is that Masters Swimming Queensland has good systems and marketing resources to utilise in our unending quest to let the public know about the benefits of swimming as an exercise and membership of our Association. There are certainly plenty of programs to meet the different interests of members.

I have enjoyed being your regional representative. Each club has its own particular issues that need to be resolved, but a common theme is the need for an adequate financial base, good coaches, and good guidelines / instruction manuals for Office Bearer positions. For example, the IMG member registration process and the software program 'Meet Manager', as often, these tasks happen only once a year and then there can be a lack of understanding of what and how to do



these tasks efficiently. Clubs should have a good induction process for inexperienced members as they take over from the past experienced member.

An overview of the Clubs in the Central region is as follows:-

Masters' Clubs in the Region

QBB: Rum City

QGS: Gladstone Gropers

QHB: Hervey Bay Humpbacks

QMB: Maryborough

QNS: Mackay Sinkers

QRH: Caribee Rocky Crocs

Membership

QMB finished the year with 33 members, while QGS finished the year with a membership of 102, making it the largest Masters club in Queensland. As the population of Gladstone has increased, due mainly to the increased industrial expansion, so too has the club's membership. The club is also attracting younger members and some of these people are holding club executive positions. Several of the older age group have left, seeking retirement in other locations. Participation levels during the summer season are good and this is causing some overcrowding in several lanes in the current 25 metre pool. The winter season continues to present problems such as lower attendance numbers leading to the sharing of lane space at the Council pool.

QHB finished the year with approximately 40 members. The members are very close and supportive of each other. They had two *Club Sign on Days* to promote the club and Masters swimming in general.

QNS finished the year with 18 members, with 4 new members for the year.

QRH finished the year with at least 14 members. This was the first full year as a new club and focus for the year was again on increasing membership.

Finally, QMB finished the year with 15 members (full registrations), 18 social members (non-competitive unregistered), remaining fairly static for the year. Club ages now range from 42 to 90 years.

Swim Meets and Results

In the Rum City club, approximately 6 to 8 members regularly compete in regional swim meets. The active competing members are attending at least one meet a month to maximise exposure to various swimming complexes.

The 2012 Gladstone Gropers' swim was successful, not only from an operational viewpoint, but also financially. The swim meet is the club's major fund raiser for the year.

(The 2013 may not be as financially successful due to higher pool hire costs).

Elders Real Estate, the major sponsor, has resigned their sponsorship agreement for another 5 years.

The highlight for Hervey Bay in 2012 was the State titles. This event was regarded as a great success. The 2013 swim meet will be held on February 23rd. It is expected that the meet will attract a good response from swimmers in the CQ region.

During January, Dan Stampa from North Mackay Sinkers, attended the *Bloody Big Swim*, in Victoria and in November, Rik and Sue de Meer attended the Cairns Mudcrabs' meet in Gordonvale. QNS hosted its annual short course meet in December. They had 27 swimmers from the Gold Coast to Townsville who attended the meet. The day was successful and enjoyable for all.

Members, Trevor Watts and Ian McLeod from Caribee Rocky Crocs, were regular meet attendees for the club during 2012 and they did well at the meets of Rum City and Mackay Sinkers. Trevor also swam at the *North Queensland Games 2012* held in Mackay. 2013 will see more Caribee Rocky Crocs members returning to Masters' meets.

The Maryborough swimmers attended seven swim meets. Seven swimmers attended the March 2012 State Long Course Championships. China Johnson had 3 swimmers in his 80 - 84 age group. Maurice Ambrosoli (70 -74 age group) and China Johnson often bettered the times of much younger swimmers. Nine swimmers attended the Maryborough Masters Games in Hervey Bay on October 7th and five Maryborough Masters received aggregate medals. They were Ed Skelton, now in the 90 - 94 year age group, China Johnson, Maurice Ambrosoli, Graham Ogden and Patricia Zeimer. Other swim meets attended were at Gladstone, Noosa, Ipswich, Miami and Bundaberg. The



Miami swim was attended by our Sunshine Coast resident, Nerryl Roeszler. Butterfly king, Paul Goener had a year off with a shoulder injury, but is expected to bounce back.

The Maryborough Masters Games short course swim meet on October 7th at Hervey Bay was again a joint effort with Hervey Bay Masters' members who did the main work on the day. Thanks go to Hervey Bay Humpbacks for their great help as well as the Maryborough RSL for their \$500 sponsorship. Maurice Ambrosoli and Patricia Zeimer did the programming and the program booklet. There were 63 entrants for this swim meet. The highlight was a State and National record set by Joy Grange from the Sunshine Coast in the 400 metres free. Lisa Bell and China Johnson competed well at the Pan Pacific Masters Games where they collected a number of medals. Lisa gained a gold medal in the 50 metres butterfly where there were 40 competitors in her age group.

Club Activities

Rum City is a very social club, in a small community, with many age groups, and many of the older Masters also involved with Dragon Boat Racing.

There is a wide scope of training sessions for members. The competitive swimmers train multiple times per week and the social swimmers train at least twice per week, with a number of training sessions to choose from. Their sessions are on Monday and Wednesday evenings, Tuesday and Thursday mornings at 7a.m., Monday and Friday mornings at 6a.m. and Sundays at 8a.m.

Gladstone Gropers has a good social program. The usual activities include a long weekend at Agnes Waters, their mid-year presentations / BBQ, State titles (Hervey Bay) and the End of year presentations / Christmas party. Several members of the Club participated in the *Relay for Life Community Charity* event as well as the *Botanic to Bridge Walk*.

Life membership of the Club was awarded to Adrian Draney who has been Club Registrar for many years.

Social functions in Hervey Bay are held during the year as well as during their annual swim meet. Club members support these socials with most members attending at least one function annually. The Club had a very high level of participation during 2012. Attendances fluctuate over the seasons but have generally been consistent. The Maryborough club have been attending Sunday training sessions while their pool is being rebuilt.

Attempts to attract new members to North Mackay Sinkers were undertaken by attending the Mackay Sport Expo in February, new paper articles of meets and results with contact details attached, word of mouth and cold canvassing at fundraising events.

The Caribee Rocky Crocs club is looking forward to 2013 when they host their first meet for three years on 2nd November and finally the Maryborough 2011 Christmas break-up was at the local Memorial Bowls Club.

Technical Officials

Rum City relies upon the resources of the southern area.

Russell Ogden from the Gladstone Gropers is an accredited Referee. It is recognised that there is a need for more people to be qualified in the various roles. Swim meet starter, Tony Zussino attends the regional swim meets.

The North Mackay Sinkers' club has one qualified official in Geoff Robinson. The issue of officials is one the club will raise at future committee meetings.

Coaching

The Rum City coaches are Daph Soppa and Laurel O'Halloran.

During 2012, the Gladstone Gropers' club had 8 coaches with Jenny Whiffen and Glen Strike receiving their coaching accreditation. However, in January 2013 the Club will lose three coaches due to transfers to Brisbane and the retirement of long serving member and Coach, Doug Hogan, to the Bribie Island area. The regular coaches in Hervey Bay are Caleb Ryan as well as Janet Cochrane and Daryl Higgins.

North Mackay Sinkers has one coach, Greg Born, and with their numbers as they are, they do not envisage another in the short to medium term.



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The Crocs Club now has a regular coach, David Milburn from Caribee Swimming Academy. David has implemented a coaching regime that caters for all levels of swimming and members are enjoying being part of the swimming fraternity at the new Olympic pool in South Rockhampton. A regular coach on pool deck has made a big difference to club membership. Since coaching began, the club has increased membership by 70%. The next challenge is to be able to sustain regular coaching as it has made such a difference to the club.

Training at the Maryborough club continued with coaching and fitness routines set by Hervey Bay Masters on Sunday at Hervey Bay and Rebecca Davis' classes at the Aldridge School pool till March 2012. Their Sunday morning swim training has been at the Hervey Bay pool. It has been a good social outing as it involved Hervey Bay Club and some members, who found it convenient to go to the pool there, instead of the Aldridge pool.

Finances / Fundraising / Grants

Satisfactory in Rum City.

Gladstone Gropers is in a strong financial position. A grant application has been lodged with the State government Sports and Recreation programs to overcome gaps in skills training as well as for equipment needed.

The Hervey Bay Club's finances are good. The major fundraising means are BBQs held at the local Bunnings store, twice per year.

In 2012 QNS applied for a grant from the Mackay Council for the replacement of their lane ropes and reel. The grant was unsuccessful despite the feedback they received regarding the quality of the grant application. Reasons given were the high number of applicants, the smaller budget and despite being very clear in the application, the possible belief of some councillors that, as they use the pool at a High School, the school owns or part owns the lane ropes and therefore they should obtain the funds from Education Qld and not Council monies. QNS was very clear on their application that they alone owned the lane ropes. A council employee explained this to the grant committee, however, it seems this opinion possibly contributed to the failure, according to the feedback they received.

The Caribee Rocky Crocs and Maryborough are satisfied with their financial status.

Other

Rum City feels that an area of risk is not having accredited coaches available in future years.

A major risk area for Gladstone Gropers is the ability to secure access to a suitable pool at a reasonable cost, to enable them to continue to offer the public an exercise program at an affordable cost. Existing arrangements are to be reviewed over the next 12 months.

The new club room / shed for Hervey Bay has been a great addition, which enables them to hold their monthly meetings during the day as well as being a facility to store their equipment. The area also serves as a meeting area for morning teas.

The decision was made to hold the 2014 National Championships in Rockhampton at the new Olympic swimming pool. The Caribee Rocky Crocs are looking forward to working with the Rockhampton Regional Council and Masters Swimming Qld to make the event a success.

Opportunities for new membership for the Maryborough Masters lie ahead with the new pool redevelopment expected to open in late November with hopes for new members.

2013

Rum City is looking forward to its annual swim meet arranged for August 2013.

Gladstone Gropers' *Five Year Plan* has to be updated and appropriate planning put in place.

The North Mackay club intends to continue applying for grants and at present are looking into State Government grants. They are also going to attend the 2013 Sports Expo in February at the Mackay Entertainment and Convention Centre to try and attract new members. They will be attending more meets this year with Dan Stampa once again swimming in the *Bloody Big Swim* and several members hoping to attend the Gladstone meet (weather permitting). The Club is also going to attend the Whitsunday Warriors meet in April. They may attend others but are as yet unsure which meets.



Summary as at 31 December 2012

Club	Members	Finances	Coaches
QBB: Rum City	33	Satisfactory	2
QGS: Gladstone	102	Strong	8*
QHB: Hervey Bay Humpbacks	40	Strong	3
QMB: Maryborough Masters	15	Satisfactory	1
QNS: North Mackay Masters	18	Satisfactory	1
QRH: Caribee Rocky Crocs	14	Good	1
Approx. 17% of the State total	222		

*8 during the year, but 3 have since transferred out of Gladstone, 1 coach is overseas, leaving 4 available depending upon shift rosters.

John Feddersen

VICE-PRESIDENT SUNSHINE

Contributions from:

Albany Creek - Heather Butler
 Aqualicious - Kevin Spencer
 Noosa - Wendy Ivanusec
 Redcliffe - Fiona Ellis

General:

It has in general been a successful year for many clubs in the Sunshine region. Most clubs have reported having had new members who joined during the year. There was good participation by clubs at most meets in the Sunshine region. Numerous MSX awards have been won by members and other programs such as Endurance 1000 has been well supported by some clubs. There are, however, still some clubs in the region that aren't participating in all programs.

Albany Creek held a successful meet with approximately 150 swimmers on the day despite poor weather. Their members had 146 nominations in 13 different swim meets throughout the state, which included a number of records. Albany Creek has been successful in drawing new members through advertising in community papers.

Aqualicious has had a small increase in membership and report that this is a good result for them as many of their members are short term or social with some variation by season. They have had some issues with pool closures and this led to the cancellation of their meet. Aqualicious has been able to send a team of 10-20 swimmers to most of the meets they attended. They have also regularly sent teams to more distant meets.

Noosa had a successful year with numerous members winning MSX awards and some even travelling to international Masters' competitions. Their members also set a number of new records during the year. Noosa was able to obtain sponsorship from the *Department of Sport and Recreation Active Inclusion* programme. This enabled them to host two successful "Come n Try" days, with more than 20 interested participants. This has led to an increase in membership.

Redcliffe has had a good year with a good turnout of members at some meets. They have also increased their social events with good success. Numbers at each training session have been increasing, resulting in some overcrowding with up to 35 swimmers at training at times. They have also increased PR efforts by getting some articles in the local paper.



There have been a number of issues reported by clubs. One area of concern is unqualified members undertaking various roles at meets and this has meant that they do not know what should be done when the unexpected arises. The board has decided to encourage more clubs to run officiating courses before meets in order to eventually resolve this issue. At least one club during 2012 did run such courses before their meet.

Another reported issue by a number of clubs was confusion or delays in the process of getting meet results listed in the Results Portal. Various strategies have been undertaken at MSQ to resolve this.

MSQ Members Community:

One of my key focuses this year has been the creation of a community forum website for MSQ. The first stage on this site is now operational and there are now 42 members signed up. Traffic has been quite busy with up to 100 visits per week at times. So far member usage has been low and there are not many posts on the message board section of the site. Some clubs have utilised the Photo Gallery section for posting photographs from their meet, but this has not been the case for all meets.

The main reason for the low uptake is that web forums need to have a certain critical mass of active posting users in order to attract new users to join and participate. It is a sort of chicken and egg problem, we need more participation to generate more participation. This will build in time.

I am currently actively working on new stages of the site to enable us to deliver more of our programs online with a key target being the Vorgee Million Metres program. Through the training diary feature currently under development, I hope to bring this program online so that you can see your progression compared to other members in your club or age group. This will hopefully encourage further participation.

MSQ Summer Stroke Competition:

This was another initiative I suggested this year. The aim was to provide a competition for all swimmers of all abilities, including fitness swimmers who have often felt left out. The competition enables members to see what their own technique looks like and compare them to other members of their club, or age group. It was intended that this would provide a great way to learn about how to improve in technique. Unfortunately participation in this competition has been very low.

There are a number of reasons this was likely the case. It was proposed fairly late in the year and started immediately, although two months were provided for the competition. Due to budget reasons there were no prizes on offer. I suspect that the vast majority of members in most clubs do not know the competition even existed. I noted even in my own club after distributing flyers and emails that there was a lack of awareness of the competition and how it worked. There were also technical barriers to this competition. Despite simple instructions being provided to record and upload videos via mobile phones, I suspect many members were daunted by this idea.

I will be proposing that this become an annual competition, however, steps will need to be taken to improve participation next year.

David Findlay



VICE-PRESIDENT SOUTH

CLUBS

Club Reports received

QAJ Aqua Jets
 QDU Southern Cross Uni Duck Creek
 QIP Ipswich
 QLG Logan Aquatic
 QMM Miami Masters
 QSM Brisbane Southside
 QTT Twin Towns

No Reports received

QCM Canungra - new 2012
 QRC River City
 QRB Redlands Bayside
 QTW Toowoomba Tadpoles
 QYP Yeronga Masters

Introduction

2012 - The past year was filled with new initiatives for Masters Swimming Queensland and I am sure that these will stimulate and establish themselves to benefit everyone in the years ahead. Typical of change, these will need time to be effective and I appeal to all of our swimmers to throw their support behind the programs as well as participate in the On-line Forum to express your views, which will contribute to MSQ being successful into the future.

Sponsorship

I drafted a sponsorship document late in 2012 this year, which will be ready in a few months for presentation to a major company. Smaller sponsors are also welcome, so that the company you work in may see the potential to sponsor MSQ on an annual basis, or perhaps, advertise on the MSQ website. Please contact Helga Ward.

Pan Pacs

As Meet Director for the 2012 Pan Pacific pool events, I extend my sincere appreciation to Toni Cameron as Convenor, Brian Deane, Helga Ward, our officials and those many others who delivered three days of well-organised competition to 350 competitors. For the competitors, we hope that we met your expectations and extend our congratulations to all those who broke records during the Meet - well done! I hope too, that a greater number of enthusiastic competitors will join this event in 2014.

National Delegate

I stood down early in the year as National delegate, for our President, John Barratt to assume the role of representing the interests of Queensland at the National Meetings.

Masters Swimming

We have long been associated with the broader public's misguided impression that we are elite sportspeople and out of reach of the average swimmer. Our poster program aims to correct this and embrace more people, so that when you're talking about Masters, please use the 'Masters' word in the following contexts, '*mastering your swimming*', '*mastering your stroke*' and '*we can help you to master your swimming.*' This approach will better explain what we do and encourage more people to join us to enjoy the thrill of new friendships, as well as improved fitness and well-being.

Membership

The reporting Clubs all showed some growth in their numbers and they are to be congratulated for this. Twin Towns added 11, Miami 15, Southside 4 and Duck Creek 2. May I remind everyone of my article in 2012 that illustrates many ways in which you can attract new members with minimal effort. Keep at the job and grow!

The Amazon River is the mightiest in the world, because every small trickle of water and every small stream, demonstrates one common action - to ultimately add their individual contributions to the main stream.

Members 4 Members is one initiative to promote our growth and to thrive as a vibrant organisation. If each of our 1,200 Members added one new Member each year, just imagine the



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outcome for each Club, for Queensland and for Australia. We have the potential for Australian Masters to be of Amazonian proportion!

Swim Meets

Our Clubs have held their share of swim meets and are to be thanked for their efforts and the hospitality extended to everyone, as well as my thanks to our officials who make it possible. However, time - and - gain, lack of swimmer support has led to meets being cancelled, losing money or being saved at the last moment with appeals for competitors.

Do we need to change what we have been doing in terms of swim meets? These are critical to our competitive spirit, an outlet for the hard training and to showcase achievement. Do we need some swim meets that are based on nominated times so that everyone competes on a level playing field by trying to achieve their times, rather than competing against the fastest times? We would appreciate your thoughts.

Each Club has presented competitors to several swim meets, including State, National, Pan Pacific Masters Games and World events. Miami has achieved many State records, a National record which illustrates their strong competitive depth across their age groups. Added to this was their 46-Member participation in the Endurance 1000 with 9985 points and three members earning maximum points.

Small as they are, Aqua Jets were active at meets and added a charity swim to their year. Keep up the good work and we wish you every success in attracting more members.

Southside were also out and about at most meets, as well as breaking a State record and attendance at World Championships and Pan Pacific Masters with eight members.

Duck Creek travelled to several meets including State, National and Pan Pacific Masters Games, as well as winning a bronze medal at Nationals for their 4x50 Women's Freestyle relay - a small club with a big heart.

Ipswich won the Aerobic Trophy for the fourth year in a row, which shows that small clubs with dedicated swimmers can make a strong commitment to their fitness and support the MSQ programs with admirable success. I know that Ipswich have approximately 10 Members and they still ran a great meet, but were let down with only about 50 competitors. How can a club break-even at best and avoid putting their hands into their funds at worst? Your courage to forge ahead was admirable.

Club Activities

Twin Towns will celebrate their 25th Anniversary in 2013 and we extend our congratulations and best wishes for their future. They are an active club and with their birthday mornings, monthly trophy swims, internal relays and support of MSQ programs, they have set a good example, including their four officials.

Technical Officials

Our technical officials are to be applauded for their tireless contributions at every swim meet, often having to travel long distances each way on the same day. Failing their presence, we could not compete and would lose a vital component of our sport. But, we take it for granted that they will be there!

Please consider becoming an official, because we need to have a regular intake of new blood to maintain our numbers. You can still compete, as well as become well-informed about rules, procedures and organisation that you can also share with your club members.

Coaching

Two coaching courses were run this year and it is clear that those clubs with coaches on deck can provide their swimmers with a level of expertise that encourages their participation and improves their enjoyment of swimming. The fact that a qualified coach is available also provides confidence



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and attracts new members. I have personally found the experience as a volunteer coach to be rewarding, enjoyable and a lot of fun.

Sign onto the next course and let us try to have at least one coach in each club by the end of 2013.

Funding/Grants

Miami were successful in receiving a grant from the Gold Coast City Council.

There are numerous opportunities to apply for grants which can be used in multiple ways to fund equipment, pay for courses, assist with swim meets, etc., that help to relieve pressure on annual fee charges and allows you to improve your club's infrastructure, plus enhance the member's experience and attract new swimmers.

Other

The death of Alan Robinson (Southside) in a light aircraft accident was a tragedy that touched all of us. Alan will be remembered through a memorial trophy which was awarded for the first time at year's end for, *Club Member of the Year*, in recognition of the significant contribution that Alan made during his 30 year membership.

Steven Cornelius (Miami Coach) was confronted with prostate cancer this year and now post-surgery, we all wish him a full recovery and excellent health into the future. There are many swimmers waiting for your expertise mate!

Welcome aboard to our new Canungra Masters Club and we look forward to seeing you folks at swim meets in the year ahead. Please remember that everyone is there to assist you with their experience, so just make a phone call and help will arrive.

Ahead in 2013

None of the reporting clubs listed any objectives for the year ahead, so I would like to suggest that each of our clubs set themselves one or two goals that can be developed and seen through to conclusion. They do not have to be overly-demanding – simply initiatives that will add to and/or expand current activities. Additions and the entrenchment of a few improvements each year will grow your club and MSQ throughout Queensland. Ongoing small contributions have a habit of growing into formidable organisations, so let's commit to at least one initiative each and grow it to report on next year.

Hopefully, we will also see a Manly Masters Club join the Southern Region in the coming year.

Conclusion

As I look back on another year, I feel that more could have been achieved, but, as someone who is somewhat impatient, I perhaps expect too much! What has been achieved will be the start of rejuvenating Masters and this momentum is the responsibility of each member to maintain with enthusiasm.

My recent surgery for prostate cancer has persuaded me not to nominate for this role in 2013 and in stepping aside, I wish my successor every success. I thank my colleagues on the Board and our Administrator, Helga, who assisted me throughout the year.

I encourage the clubs and their Members, who are the energy, character and lifeblood of Masters Swimming in Queensland, to support the programs, attend Swim Meets, promote the benefits of regular swimming and carry Masters Swimming on a new wave of growth and sustainability. Keep fit, stay healthy and enjoy life!

It has been my pleasure to be involved, to compete at the many Meets and chat with many of you during the year.

Alan Patterson



ADMINISTRATOR

Web sites, Social Media and Newsletters

As a staff member of Swimming Queensland, my administrative duties also extended to a commitment to SQ and Brisbane Swimming. The Swimming Qld web site was upgraded and therefore added to my role in the office. It meant that including the web content of MSQ, I am also responsible for that of SQ and Brisbane Swimming as well as managing the social media pages of these organisations. Swimming Qld runs its swimming events throughout most of the year and my commitment to assisting at some of these meets is also included in my role as administrator.

The social media pages MSQ subscribes to are Facebook and Twitter. To assist the states in understanding the effectiveness and importance of these forms of communication, MSA, through the annual Administrators' workshops organised a very productive session on the use of Facebook for organisations. The course was led by Loren Bartley, a former MSA CEO. Throughout the year, clubs were encouraged to start a club Facebook page. Thirteen MSQ clubs now have their own Facebook page.

The Board made a decision to continue with the newsletters in their current form. Although they are posted to clubs and on the web site, we believe that a minority of members actually read the newsletter. However, the decision to continue with the newsletter was made in favour of the members throughout Queensland who do not have access to computers and who will therefore continue to receive hard copies of the newsletters.

The newsletter aims to highlight and profile events that happened in clubs throughout the year and to profile the stories or experiences of our members. Despite constant requests for articles to be submitted for profiling purposes, clubs do not respond regularly.

The slider section of the web site is also a wonderful avenue to promote our organisation, clubs, individuals and events. The material needed for this is often difficult to get as clubs are slow to respond to requests. Nevertheless, a number of clubs were profiled as were individuals deserving of recognition.

An effort to ensure that the website contains all the relevant information clubs and individuals need was made throughout the year. While most members do access the web site to find information, there are still many members who don't. Requests for information and documents are still being made via email or phone contact, despite the fact that the information is available on the web site. It is hoped that clubs will continue to encourage its members to look for the relevant material first either from the web site or the club contact before contacting the office.

MSQ State Long Course Championships

The SLC Championships event was held in Hervey Bay during March 2012. The event attracted 235 competitors. The Hervey Bay committee is to be commended on its professionalism and organisation of the event.

They contributed extensively to the amendment of the Procedure Manual for hosting a State Championships event as they were able to base the areas that needed clarity and re-writing, on their experiences as hosts of the event.

MSQ Programs

The Lane Warriors Program continued with an increase in participation. An additional document was created to assist clubs in calculating the results of the swims.

The MSX program was in its second year and the board made a decision to base the final results on the qualifying times and not on the point score system. To do this SQ had to create a Meet Manager File to upload all Queensland events. The qualifying times were recorded in the program with the objective of the program recognising the swimmers who have swum better times than the ones represented on all standards. As with all new programs it is anticipated that there may be some problems.



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The first year of the Participation and Improvement Programs came to an end on the 30th June. Unfortunately, few clubs became involved in the program and it was felt that the financial rewards to clubs outweighed the benefits to all clubs in the state.

It was therefore decided to evaluate the program and to make amendments to the criteria, in an endeavour to provide better guidelines and to be fair to all clubs. The new program will start on the 1st January 2013 with a useful spread sheet to assist with calculations for use by all clubs involved.

Barbarians Swim Team (QBR)

The QBR club is one, which is managed in the office. The club was formed to cater for swimmers, who either cannot join a club because of distances, or who choose to train and swim independently of an existing club in their suburb or region. Some members join the Barbarian club after their own club has had to fold. In time some of them join another club, but most of them remain as QBR members.

The club has continued to grow. In 2012 three of its members lived overseas. They either spent some time in Australia during the year or frequently visit our country. At the 2012 State Long Course Championships, the QBR competitors were, for the first time, placed in the top ten clubs on a point score basis, with tremendous individual success in the pool. We anticipate that this trend will continue in 2013 and we wish them all the success.

Office

As part of MSQ's Service Level Agreement (SLA) with Swimming Queensland, many of the former roles performed by MSQ members on a voluntary capacity, are performed by SQ staff.

Matters relating to records, results, Meet Manager issues were dealt with by Laura Lynn. In the last few months of 2012, she was appointed to the position of Business Manager, as she replaced Joanne Phillips who moved to Melbourne to pursue her career further afield. Dinah Glykidis was given the role Laura had fulfilled. Dinah and Gabbie Bamerry have continued to deal with registration matters. Clubs are encouraged to contact the relevant staff members for any assistance.

This situation is expected to continue in 2013.

Finally, I wish to thank all members, clubs, the Branch Management Board, technical officials and all volunteers, who have worked so tirelessly throughout the year, to continue working towards a secure future for MSQ.

Helga Ward



Endurance 1000 - 2012

Club Results: Total Points per Club - Top 12

	Club Code	Club	Total Points
1	QNA	Noosa Masters Swimming Club	14524
2	QMM	Miami Masters Swimming Club	10001
3	QIP	Ipswich City Masters Swimming	8054
4	QGS	Gladstone Gropers Masters Swimming Club	6133
5	QTT	Twin Towns Services Masters Swimming	5750
6	QTW	Toowoomba Tadpoles Masters Swimming	3310
7	QBN	Brisbane Northside Masters Swimming Club	2898
8	QAT	Atherton Mountaineers Masters Swimming	2235
9	QAC	Albany Creek Masters Swimming	1288
10	QCN	Cairns Mudcrabs Masters Swimming Club	1269
11	QBR	Barbarians Masters Swim Team	1252
12	QSC	Sunshine Coast Masters Swimming	907

Club Results: Average Points Per Swimmer in each Club - Top 12

	Club Code	Club	Average Points
1	QIP	Ipswich City Masters Swimming	335.58
2	QNA	Noosa Masters Swimming Club	149.73
3	QMM	Miami Masters Swimming Club	103.10
4	QTT	Twin Towns Services Masters Swimming	97.46
5	QAT	Atherton Mountaineers Masters Swimming	72.10
6	QGS	Gladstone Gropers Masters Swimming	62.58
7	QBN	Brisbane Northside Masters Swimming Club	61.66
8	QSC	Sunshine Coast Masters Swimming	45.35
9	QAJ	Aqua Jets Masters Swimming	42.43
10	QBR	Barbarians Masters Swim Team	40.39
11	QCN	Cairns Mudcrabs Masters Swimming Club	39.66
12	QTW	Toowoomba Tadpoles Masters Swimming	36.37

Club Results Club Participation Percentage of Total Club Membership - Top 12

	Club Code	Club	Participation Rate %
1	QIP	Ipswich City Masters Swimming	83.33
2	QHB	Hervey Bay Masters Swimming	70.73
3	QSC	Sunshine Coast Masters Swimming	65.00
4	QNA	Noosa Masters Swimming Club	61.85
5	QAJ	Aqua Jets Masters Swimming	57.14
6	QTT	Twin Towns Services Masters Swimming	47.45
7	QMM	Miami Masters Swimming Club	47.42
8	QCN	Cairns Mudcrabs Masters Swimming Club	46.87
9	QBN	Brisbane Northside Masters Swimming Club	46.80
10	QYP	Yeronga Park Masters Swimming	46.15
11	QAC	Albany Creek Masters Swimming	43.28
12	QAT	Atherton Mountaineers Masters Swimming	41.93

2012 State Long Course Championships

Top 3 winners in each age group:

Age	Females	Age	Males
18 – 24	1. Natasha Betchley (QAC)	18 – 24	1. Jake Lippiatt (QPN) 2. Zachary Hanson (QAL)
25 – 29	1. Sarah Porchak (QAL) 2. Amanda Nelson (QSC) 3. Kerry Spinks (QNA)	25 – 29	1. Lars Olsen (QHB) 2. Ivan Salhus (QAL) 3. Nicholas Pirie (QAL)
30 – 34	1. Ingrid Aranda (QAL) 2. Jodie Ringrose (QAL) 3. Alison Vercoe (QBB)	30 – 34	1. Mark Colgate (QBN) 2. William Milford (QBB) 3. Klynt Oberto (QAL)
35 - 39	1. Jennifer Gardiner (QAL) 2. Carolyn Anderson (QGS) 3. Louise MacDonald (QHB)	35 - 39	1. Scott Prenzler (QAL) 2. Matt Frodsham (QAL) 3. Paul Nichols (QRB)
40 - 44	1. Lisa Lower (QRB) 2. Donna Frey (QNA) 3. Stacey Hebblewhite (QHB)	40 – 44	1. David Leslie (QBR) 2. Eddie Heinisch (QSC) 3. Shane King (QHB)
45 – 49	1. Tracy Dunn (QBB) 2. Liala Davighi (QMM) 3. Janet Cochrane (QHB)	45 - 49	1. Sean Flanagan (QBN) 2. Anthony West (QAL) 3. Bruce Bass (QBB)
50 – 54	1. Deanne Atkinson (QMM) 2. Wendy Kingma (QSM) 3. Cheryl Costello (QGS)	50 - 54	1. Gary Ullman (QHB) 2. Brett Green (QMM) 3. John Barrett (QRT)
55 - 59	1. Stephanie Jones (QNA) 2. Wendy Twidale (QNA) 3. Linda Maloney (QUW)	55 - 59	1. Alan Carlisle (QMM) 2. Kevin Jackson (QRT) 3. Lawrie Fabian (QAL) Steve Thompson (QAL)
60 - 64	1. Tracy Clarkson (QBN) 2. Heather McDonald (QSM) 3. Sue Needham (QBR)	60 - 64	1. Jon Rysdon (QBN) 2. Alan Patterson (QRB) 3. Don Taylor (QSE) Darryl Higgins (QHB)
65 - 69	1. Jen Thomasson (QSM) 2. Jan Croft (QNA) 3. Margaret Watts (QMM)	65 - 69	1. Jay Neville (QMM) 2. Michael McCuaig (QSC) 3. Brian Hoepper (QNA)
70 - 74	1. Margaret Fittock (QMM) 2. Minnie Smith (QTT) 3. Fran Drew (QTT)	70– 74	1. Brian Davis (QMM) 2. Michael Lynch (QTT) 3. Brian Deane (QMM)
75 – 79	1. Denise Robertson (QMM) 2. Daphne Soppa (QBB) 3. Eulah Varty (QNA)	75 - 79	1. Christian Thiess (QBR) John Crisp (QMM) 2. Don Jones (QGS) 3. Geoff McKenzie (QSC)
80 – 84	1. Philomena Marshall (QMM) 2. Ailsa Duncan (QSC)	80 – 84	1. Brian Norris (QGS) 2. Neville Johnson (QMB) 3. Lloyd Kyle-Little (QAC)
85 - 89	1. Ann Todd (QTW) 2. Amy Mulcrone (QSM)	85 – 89	Nil
90 - 94	Nil	90 - 94	1. Edwin Skelton (QMB)



2012 State Open Water Swim

Winning Club: Miami Masters

LANE WARRIOR RESULTS 2012

The Lane Warrior Program was introduced at the beginning of 2011. The objective is to encourage as many swimmers as possible to record all the distances they swim during the year. The distances include all drills using pool accessories, training program distances, including technique work and those swum at swim meets throughout the year.

At the end of the year, the clubs submit the spread sheet of each member that has recorded each swim. Three age categories have been created and the Top Five winners in each category receive a certificate and a towel with the MSQ logo and 'Top 5 Lane Warrior' printed on the material.

	18 - 34 years	Club	Distance - metres
1	Carly Hendy	QTW	126,400
2	Vanessa O'Sullivan	QTW	84,000
3	Nic Keen	QTW	81,700
4	Kate Hill	QTW	72,975
5	Joanne Lee	QTW	61,450

	35 - 60	Club	Distance
1	Bev Baldock	QGS	492,225
2	Karina Horton	QAC	485,000
3	Lou Hill	QTW	415,950
4	Janet Cochrane	QHB	414,000
5	Wayne Carlish	QTW	373,550

	61 +	Club	Distance
1	Conrad Gleeson	QTT	659,650
2	Michael Lynch	QTT	444,000
3	Robyn Jackson	QCN	369,871
4	Kaye Turner	QTT	368,300
5	Trudy Zussino	QGS	296,165

Top 3 Club Winners: Average Distance swum by participants:

- | | | | |
|----|-------------|--|----------------|
| 1. | QGS: | Gladstone Gropers Masters Swimming | 289,453 |
| 2. | QHB: | Hervey Bay Humpbacks Masters Swimming | 266,685 |
| 3. | QTT: | Twin Towns Services Masters Swimming | 178,890 |



MSX CLUB AND AGE GROUP RESULTS 2012

Number of qualifiers from each club in each standard:

Club Code	Platinum	Gold	Silver	Bronze	Grand Total
QAC: Albany Creek	5	4	5	12	26
QAJ: Aqua Jets			1	2	3
QAL: Aqualicious	5	10	11	13	39
QAT: Atherton	1	2	3	5	11
QBB: Rum City	3	3	4	6	16
QBN: Brisbane Northside	5	7	4	3	19
QBR: Barbarians	4	5	7	1	17
QCC: Central Cairns		3	3	4	10
QCD: Caboolture & District		1	1	3	5
QCN: Cairns Mudcrabs	1	3	5	10	19
QCS: Cairns Legends	2	1	1	2	6
QDU: Southern Cross Uni DC			4	1	5
QGS: Gladstone Gropers		5	9	7	21
QHB: Hervey Bay	1	6	7	12	26
QIP: Ipswich City			5	3	8
QLG: Logan Aquatic		1	2		3
QLT: Long Tan Legends	4	1	4		9
QMA: Mareeba			1	2	3
QMB: Maryborough	1		2	4	7
QMM: Miami	19	9	11	6	45
QNA: Noosa	5	8	13	17	44
QNB: Nudgee Brothers	1		5	4	10
QNS: North Mackay Sinkers			2	3	5
QPN: Redcliffe Peninsula	1	2	7	5	15
QRB: Redlands Bayside	4	3	2	5	14
QRC: River City	7	5		2	14
QRH: Caribee Rocky Crocs			1	1	2
QRT: Rats of Tobruk	1	1	1	3	6
QSB: South Burnett		1			1
QSC: Sunshine Coast	2	3	2	3	10
QSE: Cairns Sea Eagles	2	1	1	2	6
QSM: Brisbane Southside	3	2	8	8	21
QTT: Twin Towns	1	2	4	8	15
QTW: Toowoomba Tadpoles	1	3	8	6	18
QUW: Uni Wahoos		1		3	4
QWY: Whitsunday Warriors	2		6	3	11
QYP: Yeronga Park	5	3	2	1	11
Grand Total	87	96	152	170	505



Count of MSX Standard

Row Labels	18-24	25-29	30-34	35-39	40-44	45-49	50-54	55 -59
Platinum	2	5	6	10	10	10	11	8
Gold	2	3	7	12	13	9	10	13
Silver	3	7	7	9	12	23	26	24
Bronze	2	7	5	9	11	12	23	21
Grand Total	9	22	25	40	46	54	70	66

Row Labels	60-64	65-69	70-74	75-79	80-84	85-89	90-94	Grand Total
Platinum	8	8	3	4			1	87
Gold	9	9	6	1	1	1		95
Silver	16	10	6	6	1	1	1	152
Bronze	25	23	17	8	7			170
Grand Total	58	50	33	19	9	2	2	505



TROPHY WINNERS 2012

Masters Swimming Queensland 2012 Long Course Branch Trophy Awards

The following awards relate to the State Long Course Meet, held at Hervey Bay, in March 2012

- ❖ **Queensland Branch Trophy:** *Aqualicious Masters Swimming*
(Club with the highest aggregate points at the State Swim)
- ❖ **Max Gillespie Trophy:** *Miami Masters Swimming*
(Based on the club from the **larger clubs** category, with the highest average points at the State Swim)
- ❖ **Mary Maina Trophy:** *Redlands Bayside*
(Based on the club, from the **smaller clubs** category, with the highest average points at the State Swim)
- ❖ **Vorgee Female Swimmer of the Meet:** *Lisa Lower (QRB)*
- ❖ **Vorgee Male Swimmer of the Meet:** *Christian Thiess (QBR)*
- ❖ **National Seniors Trophy:** *Christian Thiess (QBR)*
(Best performance for a swimmer 50 years and over)
- ❖ **MSQ Trophy over 30 winner:** *Lisa Lower (QRB)*
(Best performance by a swimmer 30 - 49 years of age)
- ❖ **MSQ Trophy - under 30 winner:** *Lars Olsen (QHB)*
(Best performance by a swimmer 18 - 29 years of age)

Other Awards:

- ❖ **Registrars Award:** *Gladstone Gropers*
(Awarded to the club with the most increased membership for the year)
- ❖ **Mary Sweeney Trophy :** *Nil*
(Official of the Year)
- ❖ **Oz Sports Trophy:** (Coach of the Year) *Jan Croft*
- ❖ **John Hughes Trophy:** *Noosa Masters Swimming*
(Endurance 1000 Swimming: Highest Club Aggregate)
- ❖ **MSQ Endurance 1000 Trophy:** *Ipswich City Masters Swimming*
(Highest club Endurance 1000 average)
- ❖ **Rats of Tobruk Open Water Swim Trophy** *Miami Masters*
- ❖ **Life Member:** *Nil*

Amendment to Aerobic result from 2011:

The John Hughes Trophy was incorrectly awarded to Gladstone Gropers instead of the winners, Noosa Masters Swimming.



MSQ Swim Meets - 2012

MONTH	DATE	CLUB	COURSE	#	VENUE	
January						
	22 nd	River City	Short	01/12	Somerville House, South Brisbane	
February						
	4 th	Caribee Rocky Crocs	Long	02/12	Southside S P, Rockhampton	CANCELLED
	11 th	Mareeba	Long	03/12	Mareeba Memorial Pool	
	18 th	Gladstone Gropers	Short	04/12	John Dahl Swimming Pool	
	26 th	Miami	short	05/12	Nerang Pool	
March						
	1 - 30	Cairns Mudcrabs	Postal	06/12		
	9 – 11	STATE CHAMPS	LONG	07/12	Hervey Bay Aquatic Centre	
	24 th	Cairns Sea Eagles	Short	08/12	TAS Aquatic Centre	
April						
	(Sun) - 1 st	Nudgee Brothers	Long	09/12	St Joseph's Nudgee College	
	14 – 17	NATIONAL CHAMPS	Long		Adelaide	
	28 th	Whitsunday Warriors	Long	10/12	Proserpine Pool	
	28 th	Albany Creek	Short	11/12	Albany Creek Leisure Centre	
May						
	19 th	Noosa Challengers	Long	12/12	Noosa Aquatic Centre	
June						
	3 – 17	WORLD MASTERS C	Long		Riccione, Italy	
	(Sun) - 3 rd	Ipswich Masters	Long	13/12	Ipswich Grammar School	
	17 th	Caboolture Crays	Short	14/12	Burpengary Aquatic Centre	
1July						
	14 th	Brisbane Southside	Short	15/12	Brisbane Aquatic Centre	CANCELLED
	28 th	South Burnett	Short	16/12	South Burnett Aquatic Centre	CANCELLED
August						
	18 th	Brisbane Northside	Short	17/12	The Valley Pool	
	25 th	Rum City	Short	18/12	Bundaberg Swim Academy	
September						
	1 st – 31 Oct	Aqua Jets	Postal	19/12		
	15 th	Toowoomba Tadpoles	Short	20/12	Glennie Pool	
	15 th	Atherton Mountaineers	Long	21/12	Atherton Pool	
October						
	7 th	Maryborough Masters	Short	22/12	Maryborough Aquatic Centre	
	20 th	Redlands Bayside	Long	23/12	Cleveland Aquatic Centre	
November						
	3 rd	Cairns Mudcrabs	Short	24/12	Gordonvale Aquatic Centre	
	8 – 10 th	PAN PACIFIC M G	Long	25/12	Southport Pool	
	11 th	OWS		26/12	Lake Hugh Muntz	
December						
	1 st	North Mackay Sinkers	Short	27/12	North Mackay State High School	
	1 st	Aqualicious	Long	28/12	Centenary Pool, Spring Hill, Brisbane	CANCELLED