

TIMETABLE

NSW Allcomers

Bankstown Thursday January 17th



TRACK

| Time | Event |
|-------------|--------------|
| 6.00pm | 200m |
| 7.00pm | 800m |
| 7.50pm | 3000m |
| 8.20pm | Steeplechase |

FIELD

| Time | Event |
|-------------|----------------------------------------|
| 5.30pm | Men's Javelin Throw 800g |
| 5.30pm | Long Jump (Men > 6.00m, Women > 5.00m) |
| 5.30pm | Men's High Jump 1.20m Start |
| 6.40pm | Long Jump (Men > 5.00m, Women > 4.50m) |
| 6.45pm | Mixed Javelin Throw 600g & 700g |
| 6.45pm | Women's High Jump 1.20m Start |
| 8.00pm | Mixed Long Jump |
| 8.00pm | High Jump 1.50m Start |
| 8.00pm | Mixed Javelin Throw 400g, 500g |