



Ipswich Indoor Hockey League

Competition Rules and Requirements

Version 1

Season 2017/18

Effective September 2017



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1 Objective & Values

Objective:

- To provide opportunities for all players, umpires administrators and officials to meet their full potential in the sport of indoor hockey; and
- To achieve growth in participation in the sport of indoor hockey in Ipswich.

Core Values

Ipswich Indoor Hockey League (IIHL) is built on three core values:

- Healthy competition on the playing court; and
- Active co-operation off the playing court; and
- Mutual respect at all times.

2 Ipswich Indoor Structure

1. Ipswich Indoor Hockey League (IIHL) is a sub-committee of Ipswich Hockey Association (IHA). The IIHL Committee is governed by IHA Inc.

2. Any conflict with IHA Inc. articles of association &/or bylaws with these Competition Rules and Requirements - IHA has precedent. Any areas that IIHL competition rules are silent then IHA / Hockey Queensland rules apply.

3. The final structure of the competitions will be determined by the IIHL committee based upon the team nominations and grading process, however the below table outlines proposed structure

COMPETITION NAME	DIVISIONS	NUMBER OF TEAMS
IIHL Juniors Thurs	up to 4 divisions	Maximum 4 teams per division
IIHL	Up to 2 divisions	Maximum 4 teams per division

4. There will be six players on each team including a goal keeper.

5. Each team per division should be scheduled to play ten to twelve (10-12) fixture games in the season or as otherwise determined by IIHL Committee.

5. The IIHL Committee reserves the right to grade teams into any division where it benefits the competition and also has the right to refuse the registration &/or nomination of any team or individual player.

6. IIHL Committee &/or the on-site Venue Supervisor has the authority and right to 'eject' or refuse entry to any person (player, official, spectator or parent) from IIHL playing venue. These actions would be taken whereby the person/s have failed to comply with IIHL representative directions, venue hire conditions, breaching the Code of Conduct or been issued a Red Card.

3 Local Rules

The IIHL Committee has discretionary powers over these Competition Rules and Requirements with respect to interpretation and application. This document replaces any previous versions of the Competition Rules and Requirements and will remain current until replaced with a newer version.

3.1 Local Competition Rules

These local rules shall prevail over any other rules. The order for applying rules is as follows:

1. Local Rules;
2. Rules of Indoor Hockey 2017 (FIH publication).

3.2 Durations and Starting Time.

Match Durations are as follows:

- a. Senior matches should consist of 20 minute halves with a 2 minute half time break.
- b. Junior matches should consist of 20 minute halves with a 2 minute half time break with the exception of grading games. Grading game timings can vary from competition timings.

3.3 Time Keeping for Matches

1. **Central Timing** will be enforced during all matches played at all venues where available.

2. Where matches are timed by technical officers or by means other than the umpires, the matches will be started and re-started by the umpires but the match will end on the siren at the end of the required period of time except in the case of extension of time to allow for the completion of a penalty corner or penalty stroke in which case the match will end on the umpires' whistle.

3. **Time off** for play related events (e.g. cards, strokes, lost ball) during fixture matches **will not be permitted**. Time off may be permitted during the Finals series except where such matches are played as regular fixtures.

4. Match time may be lost for various reasons such as serious injury, weather (excessive water on the surface making the playing surface unplayable, electrical storm) or power failure when lighting is in use.

5. In the cases of **injuries to players**, Umpires are required to ensure that all injured players leave the field as quickly as possible. Where players incur a serious injury and cannot be removed from the field for a period greater than ten (10) minutes then the match shall be abandoned unless otherwise agreed by the team captains. Every reasonable effort must be made to complete the match at its scheduled time.

6. When weather conditions or other events cause the playing surface or venue to be unplayable as determined by the Venue Supervisor or by the team captains and umpires and more than ten (10) minutes of playing time is lost then the match shall be abandoned, unless otherwise agreed by the team captains. Every reasonable effort must be made to complete the match at its scheduled time.

7. Determining match completion:

a. A match is deemed to have been **completed** if **not** more than **10 minutes** of playing time is **lost**. b. A match is deemed to have been **abandoned** if more than **10 minutes** of playing time is **lost**. c. Time lost due to **late** commencement of a match is **not included** in time lost.

8. A fixture match is deemed to be a **postponed** (unplayed) match if less than 10 minutes of the match has been played.

1. Where practicable the IIHL Committee may reschedule abandoned and postponed matches. Rule 10.1.2 applies in managing postponed and abandoned matches.

3.4 Team Points Scoring for Fixture Matches

During the fixture competitions for all divisions the following points will apply:

- three (3) points will be awarded for a **win**;
- one (1) point will be awarded for a **draw**;
- three (3) points will be awarded for a **bye**; and
- three (3) points *and* six (6) goals to nil (0) will be awarded for a **forfeit**.

3.5 Late Starting of Fixture Matches

3.5.1. Determination of Late Starting Fixture Matches – Indoor Surfaces

All indoor matches must start on time in accordance with the times set down in the fixtures. The decision of the Umpires &/or Venue Supervisor shall be final as to whether any team is late.

3.5.2. Penalty for Late Starting of Fixture Matches

Unless good and sufficient reason for the delay can be shown to the IIHL Committee or Venue Supervisor then the team prepared to play will be awarded the match as a forfeit win.

3.5.3. Determination of Playing Time Late Starting Fixture Matches

When a fixture match starts late, play shall commence on the umpires whistle and continue up to the scheduled half time break. The second half shall commence at the scheduled time and the match shall conclude at the scheduled time in accordance with Competition Rule 3.3.

3.6 Permitted Number of Players

1. As per FIH Rules - six(6) players per team on court including a full kitted goal keeper applies to the following IIHL competitions:

- Juniors - division 1, 2, 3, 4
- Others – divisions 1, 2

2. A maximum of twelve (12) players per team as per FIH rules applies

3. Should any team be found guilty of taking the court with more players than allowed in that competition in any match the following penalties shall be applied:-

- In excess of six (6) players - Penalty Corner is to be awarded and Yellow Card issued to the Captain
- In excess of twelve (12) players **or** substituting a suspended player - game loss as forfeit

4. If a team is short for a fixture game, players from a lower division team can be obtained for that game, however you must have a minimum of 4 players from your team. Players may also be 'borrowed' from teams within the same division, but this requires agreement from both teams prior to the fixture game and noted on the Match Sheet. Teams are not able to 'borrow' players that would give their team more players than the opposition team. Borrowing players from a higher division is not permitted, only exception considered is goal keepers – IIHL / Venue. Supervisor approval is required prior to the game. Breaches will be treated as a forfeit.

3.7 Forfeiture of Matches

1. Any team receiving forfeiture shall be credited with three points and shall be treated as having scored six (6) goals to nil (0). Any team giving forfeiture will be treated as having lost the match six (6) goals to nil (0). In the event of two opposing teams giving forfeiture, the point's score by each team shall be nil (0) and the goals scored shall be nil (0).

2. For the purpose of these rules, a forfeit shall be deemed to have arisen when one team, on the day of play, either fails to appear at the time set down for play, and without notification

that such team intends to forfeit, or appears at the playing ground with 2 players less than the full strength for that Division. In such case the opposed team, before being credited, is to take the field and to comply in all respects with the requirements of these rules as fully as if the opposing team had appeared, PROVIDED HOWEVER that such team shall not be required, when having taken the court, to take any further part in this match.

3. The IIHL Committee has discretionary powers to consider extenuating circumstances in the case of forfeits.

3.8 Withdrawal of a Team Mid-Season

1. In the event of a team withdrawing during the season, then all future games scheduled for that team shall be deemed forfeit loss unless a new draw is made.

2. Where a team is withdrawn after the start of fixtures, the withdrawing team will be liable for any costs in connection with the registration of such team.

3.9 Umpires

1. The Umpires' Coordinator or Competition Coordinator will appoint umpires to officiate at fixtures. Where the Coordinator has designated teams to provide umpires it is the team's responsibility to ensure that capable umpires attend to control the relevant match. A team whose member is unable to carry out the assigned umpiring duties shall be guilty of an infringement of the rules and the relevant team shall receive an automatic fine equal to double the umpire payment amount. Where one team has supplied an umpire for another team, the team that completed the umpiring duty may be awarded an umpiring payment amount upon application to the IIHL Committee.

2. If named official umpire does not show up to perform the umpiring the teams are responsible for the umpiring duty. If only one named umpire is in attendance, the responsibility for the umpiring lies with the team named in the corresponding position, i.e. if the first named umpire does not show up the first named team must cover the umpiring responsibility.

3.10 Coaches, Team Managers and Spectators

1. Coaches (ex. Point 2 below), Team Managers and spectators are prohibited from the back-line for all games / competitions. Penalties will be invoked for breaches of this rule.

2. Coaching on the field – Juniors Divisions 3 & 4 competition only

(a) The lowest junior division is permitted to have one (1) coach on the court to assist their team in their first round of fixture games.

(b) Coaches who assist their team on the court shall adhere to the following conditions:

i. The coach shall not umpire at the same time

ii. The coach shall remain in the middle half of the court and not enter either circle

iii. Where a coach shows dissent towards an umpiring decision, they may be ordered to the side-line for the remainder of the game by the umpires.

3.11 Player Substitutions

1. All player substitutions must be effected from the halfway line during the match unless otherwise authorised by the match officials. Breaches of this rule may be penalised via Green Card or Penalty Corner

2. If a team is short for a fixture match, substitutions can be sought from lower division teams – refer 3.6.5 above

3. A player is only eligible to play up as a substitute player a maximum of four (4) times without having to be re-registered in that team. Any breach will result in game loss as forfeit.

3.12 Competition Fixtures during Representative Competitions

Players who are selected for Ipswich (IIHL) to compete in any of the following representative competitions are not permitted to play any competition games during the period the championship is held or in the 48 hours prior to the commencement of the championship.

- (a) Queensland Under 13 State Championship
- (b) Queensland Under 15 State Championship
- (c) Queensland Under 18 State Championship

3.13 Head Injuries

1. Where a player has been knocked unconscious ('knocked out') **or** on the advice of the First Aid Officer that a player has a serious head injury related to potential concussion or exposure to serious injury that should preclude continued participation in the match the injured player:

- a. Must take no further part in the match in which he was injured, and;
- b. Must not take part in any other hockey match on that day, and;
- c. Must produce a medical certificate from a doctor that clears the player to resume playing.

2. Where a player refuses to leave the court for any of the aforementioned instances the umpires or the relevant officials must order the said player from the field and not resume the match until this has occurred. Where a player continues to refuse to leave the court or continues to disrupt any match the said player will be cited for misconduct via Red Card.

3. With regard to 3.13.1.c above (mandatory medical certificate) the player's team co-ordinator / contact must forward such certificate to the IIHL Committee before the said player resumes playing whether that be at any level of participation.

3.14 Goalkeepers

All teams must have a goalkeeper fully protected or wearing a minimum of a helmet for a game to be played as recommended by Hockey Queensland. The recommendation is as follows:

“Goalkeeping: That the recommendation as follows from Hockey Australia be adopted by Hockey Queensland. Hockey Australia recommends to all state and regional associations that the change to the FIH rules is not adopted for competitions below national championship level – thereby meaning that teams DO have a goal keeper at all times (open fully protected or minimum of a helmet) for a game to be played.”

3.15 Breaking at a Penalty Corner

The FIH Tournament regulation on breaking at a penalty corner has been adopted by Hockey Queensland to apply in Queensland. IIHL Committee has also adopted this regulation. The regulation varies the FIH Rules of Hockey in that it differentiates between a re-taken and subsequent penalty corner in respect of defending a penalty corner with one less player.

1. Until the ball has been played, no attacker other than the one taking the push from the back-line is permitted to enter the circle and no defender is permitted to cross the centre-line or back-line.

- a. For any offence of this rule by a defender on the back-line, other than the goalkeeper, the offending player is required to go beyond the centre-line and cannot be replaced by another defender.
- b. For any offence of this rule by a defending goalkeeper or player with goalkeeping privileges, the defending team defends the penalty corner with one less player: ie the corner is defended by one less player than before this incident.

- c. For an offence of this rule by an attacker who enters the circle before the ball is played, the offending player is required to go beyond the centre line.
- d. If the player taking the push hit from the back-line feints at playing the ball, the offending player is required to go beyond the centre line but is replaced by another attacker; if this feinting leads to what would otherwise be a breach of this rule by a defender, only the attacker is required to go beyond the centre line
- e. Subject to the above, the penalty corner is re-taken.
- f. If another breach of Rule 13.5 as described in this regulation occurs during the re-taken penalty corner, further consequences apply as specified above (eg for a second offence of this rule by a defender on the back-line, the team defends the penalty corner with not more than three players).
- g. A subsequent penalty corner (as opposed to a re-taken penalty corner) may be defended by not more than five players.

3.17 Personal Penalties

The FIH Tournament regulation on personal penalties has been adopted by Hockey Queensland to apply in Queensland. IHA has also adopted this regulation. The regulation varies the FIH Rules of Hockey in that it applies the green card suspension to competitions below international level. The regulation also sets out procedures for the application of yellow card penalties. IHA has also adopted this regulation with the inclusion of a local variation to the regulation to provide the option for umpires to control the timing of the yellow card suspension.

3.17.1. Green Card – One Minute Suspension

FIH Rule 14.1.b is extended to apply to all senior competitions and full field junior competitions

- 1. For any offence, the offending player may be warned (indicated by a green card).
 - a. The offending player is temporarily suspended for one (1) minute of playing time.
 - b. For the duration of each temporary suspension, the offending team plays with one less player.
 - c. If a field player receives a green card, the Umpires stop the match (but not necessarily the time) to issue the card; if time has been stopped, the Umpires restart it immediately after issuing the card.
 - d. If a goalkeeper or player with goalkeeping privileges receives a green card, the Umpires stop the time and re-start it immediately after that player has left the court of play.
 - e. The offending player leaves the court immediately; if they interfere with play on their way to the designated suspension area the Umpire may further penalise the player in accordance with the Rules of Hockey.
 - f. The one minute temporary suspension starts when the player is seated in the designated area. Goalkeeper variation – the time for goalkeepers shall commence once they have left the court of play and crossed the side line, provided the goalkeeper does not delay their progress to the designated area. If the umpire or technical bench determines that the goalkeeper is delaying their progress to the designated area the one (1) minute suspension shall commence when the goalkeeper is seated in the designated area.
 - g. Timing of the suspension is controlled by a Technical Official on duty or umpire.
 - h. The offending player is permitted to resume play when the Technical Official on duty/umpire indicates that the period of suspension has been completed unless this occurs during the taking of a penalty corner in which case the player cannot return until the corner has been completed or another penalty corner is awarded.
 - i. If the offending player is a goalkeeper or player with goalkeeping privileges, the Technical Official on duty notifies the Umpires when the period of suspension has been completed; the Umpires stop the time at the next stoppage of play to enable that player to resume play.

3.17.2. Yellow Card – Temporary Suspension

FIH Rule 14.1.c: is extended to cover the application of yellow card penalties.

1. For any offence, the offending player may be temporarily suspended for a minimum of two (2) minutes of playing time (indicated by a yellow card).
 - a. The duration of temporary suspension is indicated to the Technical Official on duty by the Umpire who issues the yellow card.
 - b. For the duration of each temporary suspension, the offending team plays with one less player.
 - c. If a field player receives a yellow card, the Umpires stop the match (but not necessarily the time) to issue the card; if time has been stopped, the Umpires restart it immediately after issuing the card.
 - d. If a goalkeeper or player with goalkeeping privileges receives a yellow card, the Umpires stop the time and re-start it immediately after that player has left the court of play.
 - e. The offending player leaves the court immediately; if they interfere with play on their way to the designated suspension area the Umpire may further penalise the player in accordance with the Rules of Hockey.
 - f. The temporary suspension time commences when the player is seated in the designated area.
 - g. Timing of the suspension is controlled by a Technical Official on duty, unless the umpires elect to control the time for yellow cards. If the umpires elect to keep the time for yellow cards, the umpires must advise the technical bench and both team captains prior to the commencement of the match. Both umpires must control the timing of the suspension for this local rule to apply.
 - h. The offending player is permitted to resume play when the Technical Official on duty indicates that the period of suspension has been completed unless this occurs during the taking of a penalty corner in which case the player cannot return until the corner has been completed or another penalty corner is awarded.
 - i. If the offending player is a goalkeeper or player with goalkeeping privileges, the Technical Official on duty notifies the Umpires when the period of suspension has been completed; the Umpires stop the time at the next stoppage of play to enable that player to resume play.

3.17.3. Yellow Card Rule – A Player Penalty System

1. IIHL Committee has a points system for yellow cards where by each minute that a player is suspended during a match they accumulate one (1) point. All yellow cards issued are to be recorded on the Match Sheets in the Yellow Card column beside the relevant player.
2. When a player has accumulated twenty (20) points, or more, within a six-week period (matches in which a player has actually participated), a player shall be automatically suspended for one (1) fixture round. One fixture round equates to a period of eight (8) days, effective at the end of the fixture in which the most recent card was received and in the event of a break in fixtures the fixture round and the eight (8) day period will apply from the same week day in which the twentieth (20th) point was accumulated. (e.g.: player receives twentieth point on Tuesday 5th Nov. But there is a break in fixtures from 12th to 18th Nov. then the suspension period commences on Tues. 12th Nov. resulting in the player being suspended for the next fixture round that includes 18th Nov.) The suspension will remain at the IIHL Committee's discretion. Once a suspension has been served, the player may resume playing with a "clean slate".
3. Failure to serve such suspension may mean that further penalties will be imposed by the IIHL Committee &/or IHA Judiciary.
4. This rule applies to all Senior and Junior Competitions with points accumulated in either competition being cumulative and reciprocal.

3.17 Permanent Suspensions (Red cards).

1. These are reported to the Venue Supervisor via completed Match Sheet and if applicable supporting Incident Report. Venue Supervisor is responsible to liaise with IIHL Competition Coordinator &/or IIHL Committee to report any Red Card incidents.
2. Venue Supervisor has discretion to 'eject' anyone issued a Red Card from the playing venue
3. IIHL Committee will assess the Red Card incident and determine if the matter is referred to judiciary via IHA General Secretary
4. The player/s and umpire/s involved will be required to attend a judiciary hearing at the IHA Office (SHC) if so called by the IHA General Secretary

4 Registration System

4.1 General

1. Players can only be registered in one (1) team per competition (ie. Men, Women or Junior), IIHL may consider exceptions but generally these will be limited to goal keepers only.
2. All players must be registered for Indoor hockey with Hockey Qld,
3. Junior players can be registered in both a senior and junior team as these are different competitions as long as this is within age eligibility Rule 4.5.3 below.
4. The IIHL Committee reserves the right to accept or refuse the registration &/or nomination of any team or individual player. Teams will be assessed on 'ability' based rather than 'age' basis for grading purposes.
5. Any player who plays more than four (4) games during the season in a higher division within the same competition will be deemed to be re-registered in that higher division. Goal keepers can be exempt from this ruling with IIHL Committee approval.

4.2 Registrations

4.2.1. Team Registrations

1. Team Co-ordinator / Manager or contact must nominate a team and players for registration with IIHL competition by submitting a completed Team Nomination Form before the published closing date. Nomination Form and details will be available from IHA website.
2. Team Co-ordinator/Manager is responsible for ensuring payment for team completed by specified due dates.
3. The IIHL Committee or delegated representatives will assess the Team Nominations and will use results from previous competitions, details contained in the nomination form, any grading games and any other viable means to assist the grading process.
4. Once the nominated team has been graded and accepted by IIHL, every individual player and official (i.e. coach, manager) accepts the Code of Behaviour Code to be eligible to participate in IIHL competition.

4.2.2. Age Eligibility

1. All IIHL junior teams are to comprise players who are at least seven (7) but under seventeen (17) years of age, thus for Season 2017/18, players must be born within the years

of 2010 to 2001 inclusive. IIHL Committee may consider exemptions on a case by case basis.

2. It is the responsibility of team co-ordinators / contacts and parents/guardians to determine if it is appropriate and safe for the individual players to play in the nominated / graded division.

3. Representative teams are age-restricted with the age of each player defined by Hockey Australia based upon the player's age as at 1st January 2017 (aligned with field hockey rules).

4.2.3. New Player Registrations

1. New players to a team must be accepted by IIHL following submission of an updated Team Nomination Form at least 24 hours before the fixture game in line with 4.2.1 above.

2. Player registration will not be accepted via team listing on game Match Sheet.

4.3 Player List for Matches

1. Before the commencement of **any** match, the team Captain or representative must complete team listing on the Match Sheet. No match can proceed until the umpires or technical bench receives such team lists.

2. Should any team fail to submit such a list to the umpires or technical bench, the same shall be recorded and such team shall be liable to loss of points at concurrence of the sub-committee (in case of repeat offenders)

4.4 Players' Eligibility for Finals

1. A player must have played one third of season competition games for their registered team in order to be eligible for finals. Grading games do not count towards finals eligibility.

2. Any player who has played the required number of fixture games to qualify for semi-finals and finals in a division may play in any higher division - provisions of 3.11 apply

3. The IIHL Committee may consider special cases in relation to the eligibility of players to play in semi-finals and finals of any division. The team requesting special consideration of the eligibility of the player must provide substantial reasons and supporting information / evidence.

4.5 Registered Juniors Playing Seniors

1. A player registered in a junior team may play in senior games in any senior division but the letters "(JNR)" must appear beside the players name on the Match Sheet.

2. Any player registered in a junior team who plays for four (4) or more senior games must be registered in that senior competition / team and fall under the registration rules.

3. To be eligible to play seniors a player **must be 14 years old (as at 1st January 2018)**. Exemption will be only given on a case by case basis depending on proposed division.

4.6 Playing in a Lower Division / Competition

No player may play in a Competition/Division lower than that in which that player is registered. Any breach will incur the following Penalties – game played to be judged loss on forfeit & individual player awarded a 10 minute Yellow Card.

5 Control of Matches

1. IIHL will endeavour to appoint Technical Bench Officers wherever possible, if not the Venue Supervisor or other representative will be responsible. The relevant duties are as follows:

- a. Organise the conduct of matches on behalf of the IIHL to ensure that matches are conducted in accordance with Competition Rules & Requirements;
- b. Complete the Technical Bench Officers' role in accordance with the "Procedures and Guidelines for Technical Officials".

2. Each team playing may provide one person to assist either the Technical Bench Officer/s or the IIHL representative.

6 Match Sheets

1. Match Sheet must be presented to the Umpire/Technical Bench, prior to a fixture match and completed correctly as follows:

- a. Surname first, followed by Given Name;
- b. Registered Junior players playing in all senior matches must have the letters 'JNR' in brackets entered beside their name;
- c. Team Captains must have the letter 'C' in brackets inserted beside their name
- d. Any "fill-in" players must be recorded with 'SUB' in brackets inserted beside their name

2. Match Sheets are a single sheet that is to remain behind after the fixture and a record of goals scored and any Cards issued during the match.

3. In order to receive prescribed payment for the umpiring of a match, Official Umpires must sign the sheet after the game to confirm result. Failure to comply may lead to non-payment.

4. It is the responsibility of each team to check that the details of the match have been correctly recorded, once satisfied a representative from each team is to sign the Match Sheet.

5. The Match Umpires are also required to check that the details of the match have been correctly recorded, once satisfied the umpires are to sign the Match Sheet. These details will be used as the basis for the payment of umpires.

6. Once completed and signed it is an offence for any further alterations to be made to the sheets.

7. The completed and signed Match Sheets are then the responsibility of the Venue Supervisor who returns them to the IIHL Competition Coordinator as soon as possible to enable updating and publishing of IIHL Fixture Results and Ladder.

7 Premiership Final Series

7.1 Determining Premiership Ladder Positions

After completion of all competition (fixture) matches, team placing on the ladder shall be determined for each division. Competition points awarded throughout the season are totalled and the ladder is arranged in descending order, i.e. the team with the most points appears at the top of the ladder. In the event of equal points, the team with the greater goal difference shall be placed higher on the ladder.

7.2 Finals Play-off Procedures

After determination of the positions within ladders the play offs shall be as follows:

Semi Final 1 Position 1 vs Position 4

Semi Final 2 Position 2 vs Position 3

Grand Final Winner of 1/4 vs Winner of 2/3

7.3 Determination of an Outright Winner – Finals Series

1. When the scores are equal at the conclusion of normal playing time in semi- finals the team which finished higher on the ladder at the completion of fixture rounds shall be declared the winner.

2. When the scores are equal at the conclusion of normal playing time in Final's, five (5) minutes extra time each way shall be played. If a goal is scored during this time then the game shall cease (golden goal rule), but if scores still remain level, then:

- a) For Senior divisions, a shoot-out competition applies
- b) For Junior divisions, a shoot-out competition applies

7.4 Extra-Time Rules

1. At the conclusion of normal time there will be two (2) minutes rest during which time the umpires will toss a coin with the captains. The winner will have the choice of ends or possession of the ball to re-start the match. The extension of time will consist of two periods of five (5) minutes, at the end of the period the teams must change ends without a rest period.

2. Golden goal - the extra-time shall cease, however, once a team has scored or been awarded a goal. That team will be the winner of the match.

3. Normal interchange rules will apply during extra time.

7.5 Shoot-Out Competition

In a shoot-out competition, three (3) players from each team take a one-on-one shoot-out alternately against a goal keeper from the other team as set out in this regulation. The shoot-out competition comprises all series of shoot-outs required to determine a result. The following sets out both the playing rules and the procedures to be followed.

1. Respective team managers nominate three players to take and one (1) player to take the shoot-out from those eligible to play in the match as listed on the Team Sheet for the finals series match except as excluded below.

2. The above procedures must be carried out promptly so the first shoot-out of the competition can take place as soon as practicable, preferably within five (5) minutes of the completion of the extra time of the match.

3. A player who has been excluded permanently (red card) during the match which leads to the shoot-out competition, cannot take part in that shoot-out competition. A player who has been warned (green card) or temporarily suspended (yellow card) may take part in the shoot-out stroke competition even if the period of their suspension has not been completed at the end of the match.

4. The Technical Officer appointed for the match will specify the goal box to be used.

5. A coin is tossed; the team which wins the toss has the choice to take or defend the first shoot-out.

6. Only those players participating in the shoot-out are allowed to enter the court of play during the shoot-out competition but at the direction of the Technical Officer.

7. The goalkeeper/defending player of the team taking part in the shoot-out may be on the back-line outside the circle.

8. Players taking a shoot-out and also defending the shoot-out taken by opponents, are allowed reasonable time to take off their protective equipment to take their shoot-out and subsequently to put back on their protective equipment.

9. Three players from each team take a shoot-out alternately against the goalkeeper/defending player of the other team in the sequence nominated, making a total of six shoot-outs.

10. Taking a shoot-out:

(a) The goalkeeper/defending player starts on or behind the goal-line between the goal posts;

(b) The ball is placed on the half way centre point;

(c) Umpire checks with both defender and attacker;

(d) The umpire blows the whistle;

(e) The shoot-out is completed when:

i. A goal is scored or awarded;

ii. The ball lodges in the goal keeper's equipment, is caught by the goal keeper or player with goal keeping privileges or goes outside the circle;

iii. Shoot-out time (ie. 6 seconds) has expired.

11. The team scoring the most goals (or ahead by more goals than the other team has untaken shoot-out available) is the winner.

12. A player may be suspended by a yellow or red card but not by a green card during the shoot-out competition.

13. If during a shoot-out competition a player (either an attacker or a goalkeeper/defending player) is suspended by a yellow or red card:

(a) That player takes no further part in that shoot-out competition and, unless a goalkeeper/defending player, cannot be replaced;

(b) The replacement for a suspended goalkeeper/defending player can only come from the three (3) players of that team nominated to take part in the shoot-out competition:

i. The replacement goalkeeper/defending player is allowed reasonable time to put on protective equipment similar to that which the goalkeeper/defending player they are replacing was wearing;

ii. For taking his/her own shoot-out, this player is allowed reasonable time to take off their protective equipment to take their shoot-out and subsequently to put it on again;

(c) any shoot-out due to be taken by a suspended player counts as no goal; the shoot-outs taken by this player and scored before being suspended count as a goal.

14. If during a shoot-out competition, a defending goalkeeper/defending player is incapacitated;

(a) that goalkeeper/defending player may be replaced by another player from among the players listed on the team sheet for that match, except as excluded in this rule or unless suspended by an umpire during the shoot-out competition;

(b) The replacement goalkeeper;

(i) Is allowed reasonable time to put on protective equipment similar to that which the incapacitated goalkeeper / defending player was wearing;

(ii) If this replacement is also nominated to take a shoot-out, this player is allowed reasonable time to take off their protective equipment to take his/her shoot-out and subsequently to put it on again.

15. If an equal number of goals are scored after each team has taken three (3) shoot-outs

(a) Sudden death shoot-outs is taken with the same players, subject to the conditions specified in this section;

(b) The sequence in which the attackers take the shoot-out need not be the same as in the first series;

(c) The team whose player took the first shoot-out in a series defends the first shoot-out of the next series;

(d) when one (1) team has scored or been awarded one (1) more goal than the opposing team after each team has taken the same number of shoot-outs, that team is the winner.

17. Unless varied by this rule (Shoot-out Competition), the Rules of Hockey apply during a shoot-out.

8 Communications

8.1 Postponement of Matches

1. IIHL reserves the right to postpone fixtures due to extreme weather conditions such as storms and flood. Contact is to be made with IIHL Competition Coordinator or venue supervisor. Website will be updated as soon as practical.

2. In the event of the court being unexpectedly unavailable (school needs) or determined unfit for play (light failure or water on court) the matches will be postponed to a future date to be arranged by the IIHL Committee.

3. If fixtures cannot be rescheduled they will be treated as NIL-NIL draws.

4. Determining the suitability of court for play shall be decided by the following personnel:-

- Venue supervisor; or
- Competition Coordinator; or
- IIHL Committee member

8.2 Communication with the IIHL Committee

8.3 Courtesy in Communications

1. Most people, who are involved with Hockey are volunteers and do so for the love of the sport. While there will be disagreements between people from time to time and the occasional mistake made, generally everyone is well intentioned. Most people accept constructive criticism; however abusive verbal attacks are not acceptable, either on or off the field. *Think before you let fly!*

2. Most players and administrators alike are employed in full-time or part-time employment. Many employers do not take kindly to continual interruptions of an employee. Limit calls to members' work places as much as possible. Where a person has indicated that they do not wish to be contacted at work, by telephone, fax and/or email, then please comply.

8.4 Player Insurance Claims

1. Should it be necessary for you to lodge a claim for injury, please contact the insurer (JLT Sports Cover, Australia) by telephoning 1300 130 373 or by email to jlt sport@jlta.com.au to request the appropriate (hockey) form. Alternatively the (hockey) claim form may be downloaded from the JLT Sports Cover Australia website: hockey.jlt sport.com.au. Links to this form and other important information can also be found on the IHA website (www.IHA.org.au). **Do not ring the IHA Office!** Player Insurance is arranged by Hockey Queensland, telephone: 3399 6577.

9 Representative Program

9.1 Aims of the Representative Program

The aim of the program is to provide representative and development pathways for players, coaches, umpires and officials and build Ipswich's success as a Centre for indoor hockey in Queensland. The more specific aims to achieve this are:-

- To improve the standard of indoor hockey at all age levels
- To provide qualified coaches for our representative teams
- To provide training opportunities for the players
- To gain success for Ipswich teams at State Challenges / Events
- To develop our players to enhance opportunities for representation teams
- To provide specialist coaching for improvement in specialist skills
- To provide development opportunities for coaches, umpires and officials to progress to higher levels

That our representative teams set an example in both player and parent behaviour on and off the court through actively supporting the sports' Code of Conduct for which we are all bound.

9.2 Age groups

These are defined by Hockey Australia and aligned with field hockey:

- Under 13 - players must be under 13 years old as at 1st January 2017
- Under 15 - players must be under 15 years old as at 1st January 2017
- Under 18 - players must be under 18 years old as at 1st January 2017
- Under 21 - players must be under 21 years old as at 1st January 2017

9.3 Nomination Process

Once the representative events have been defined by Hockey Queensland, IIHL will plan our program and publish details which will include seeking nominations for the following:-

- Players
- Team coaches
- Team Managers
- Selectors
- Umpires

This will then enable IIHL to determine the number of teams for entry into the applicable age group state event. Parents of nominating players are not preferred for appointment of Coach or Selector; however IIHL will consider each nomination upon its merit.

9.4 Team Selection Process

Ipswich Indoor teams will be selected based upon 'playing merit' and assessed potential of those who nominate, who are eligible and attend the selection trials unless otherwise approved by IIHL Committee.

A selection panel will comprise the appointed team coach and a minimum of two (2) independent selectors who will attend the selection trials to select teams based upon the coaches input and the best interest of Ipswich Indoor Hockey League.

Selected teams and officials will be published on the IIHL website within five (5) days of the last selection trial unless otherwise advised.

9.5 Playing Time

IIHL preferred position is for all players to receive fair and equal game time over the course of representative tournament / games; however there are several factors that influence actual outcomes:

- Player injury &/or suspension (cards)
- Player behaviour (on & off the court)
- Player on court performance (inability to handle game situations)
- Code of Conduct breaches (player &/or parent)

The team coach has responsibility to ensure that 'playing time' is adequately 'managed' and communicated within the playing group plus player's parents via the Team Manager. Record of actual playing time is to be maintained by the team manager and updates provided to the coach to enable them to 'manage' accordingly. Coaches have the discretion regarding game time for all players in semi-finals and finals.

Where there are two (2) goalkeepers included in a team (i.e. selected goalkeeper & development goalkeeper) the development goalkeeper should receive a minimum of 40 % of available game time.

Any breach of the sport's Code of Conduct by players or parents during the representative program (i.e. Selection trials, training or titles) will not be tolerated and may result in the immediate removal of the player from the team roster.

10 Venue Rules-

Redbank Indoor facility

10.1 Food

No food or drinks purchased elsewhere other than water may be taken into the hall.

10.2 Building

The hall must be left as it was found. Unnecessary mess in toilets or any other areas may result in ejection from the venue.

Based on: BIHL 2014/15 V1, Modified with permission.