



Weekly Newsletter

18th November, 2017

Last Saturday was our first really hot morning of the season, and a timely reminder to remember to bring a drink bottle each week (and please remember to take it home!), a hat and put on sunscreen.

Parent duties this week are: **U12 boys & U7 girls on set up, the U9 boys and U10 girls on the BBQ and the Open boys and U6 girls on pack up.** Please remember that no one should spend more than 45 minutes helping out at the BBQ. We need help cooking, and inside serving, a minimum of 4 people at any one time.

Relay season is upon us. Last weekend was the Mentone Relay Open Day. We had 5 podium finishes, and all reports were that it was a fun day. There are a few photos on our [Facebook page](#) and some amazing photos to purchase from the official photographer [Cathy Middleton](#) on her website. Regional relays is next weekend, the 25th of November. We are still working on the teams and hope to have them published no later than tomorrow (Friday). Due to the weather, training was cancelled for this afternoon, but we are hopeful that we can run training sessions again next week on Tuesday and Thursday at 5pm. **Please note: there is NO COMPETITION at Mornington Secondary College on Saturday the 25th of November due to Regional Relays.**

This week is our Multi Event. All age groups are competing in the same 5 events for points. The points are tallied up at the end of competition and 1st, 2nd and 3rd trophies are awarded to those winners for each age group in a few week's time at the Christmas Handicap (December 9th). If your child(ren) are NOT attending the Christmas Handicap on the 9th, please email the club ASAP. This will help with sorting out heats and for catering purposes. More information below about the Christmas Handicap.

Don't forget to come and buy your Christmas Raffle tickets - you've got to be in it to win it!! See the flyer at the end of the newsletter. The prizes were purchased with credit we have accumulated from our members buying goods at the Mornington Amart Sports/Rebel store, so thank you all. All money raised will go towards our club being able to financially contribute to facilities at Civic Reserve once the track has been built - facilities that aren't included in the \$2 million from the Federal Government. Tickets are \$2 each or 3 for \$5 and are available to purchase in the Cottage on Saturdays. The raffle will be drawn at the Christmas Handicap on December 9th.

4 club records were broken on Saturday the 11th of November, all in the hurdles:

- **Teddy Banks broke the U13 boys 200m Hurdles club record with a time of 32.24s**
- **Ella Fischer broke the U14 girls 200m Hurdles club record with a time of 34.00s**
- **Ben Barrett broke the U14 boys 200m Hurdles club record with a time of 31.21s**
- **Ellie Jenkins-Perry broke the U15 girls 300m Hurdles club record with a time of 53.15s.**

The key points to note this week are:

- Duty Roster
- Seaford Nitro
- Christmas Handicap
- U6-8 State Carnival
- State Multi Event
- Uniforms/Merchandise
- Results HQ
- Parking
- Dog policy
- Wet Weather

- Website
- Team App
- Facebook
- Weekly Program

Duty Roster for Saturday 18th October 2017

Please note that we have 2 age groups rostered on to ensure that each duty is suitably attended.

Set up takes more than an hour and we really do need those rostered on to be there as required. The committee are always on hand but as we all know many hands make light work and it makes a world of difference to how the whole day runs when we can set-up on time for the program to start, especially on the first morning of the season!

The following Age Groups are rostered on this weekend:

Setup	: U12 Boys and U7 Girls (<i>please arrive by 7.30am</i>)
BBQ	: U9 Boys and U10 Girls (<i>from set up of the BBQ at 8.00am to pack-up and clean at the day's end</i>)
Pack Up	: Open Boys and U6 Girls (<i>concludes once the containers are locked up</i>)

Seaford LAC Nitro Challenge

Don't forget to come along and cheer on our Nitro team this Saturday! The Seaford Nitro Challenge is this Saturday the 18th of November at 4pm. Those athletes chosen to represent Mornington are:

U6 - Oliver Deitz	U11 - Reece Moore
U7 - Phoenix Billett	U12 - Hamish Terris
U8 - Amy Akers	U13 - Teddy Banks
U9 - Leila Psaila	U14 - Josie Reichelt
U10 - Grace Lillywhite	U15 - Kate Henry (Team Captain)

2 further athletes will be competing in an All Stars team - U7 Josephine Murch and U11 Bruce Brenton. If anyone else would like to be included in an All Stars team, please contact [Lisa Henry](#) ASAP. Seaford LAC, Riviera Reserve, Eel Race Road, Seaford. GO MLAC!!

Christmas Handicap

For those new to the club, our Christmas Handicap day is our annual Christmas breakup event. It is run like the Stawell Gift. All children attending will run in handicapped 100m heats based on their fastest 100m time this season. As we introduced a couple of years ago, we have 2 separate finals occurring, the Christmas Handicap (U9-16's), and the Junior Christmas Handicap (U6-8's). The winner of the main race wins the Christmas Handicap Perpetual Trophy (pictured) to keep at home for the next year. It's a fun day, there are other prizes to be won and Santa might make an appearance on a fire truck... A reminder that if you are unable to attend on December 9th, please [notify the club](#).

Please be aware that only **registered and financial athletes can compete**. We still have 78 athletes in our unpaid list. **Could you arrange to pay your registration fees ASAP** (either online or on Saturday morning at the Registration/Merchandise desk in the



Cottage), or contact our Registrar Mark Henry to make other arrangements (mhenry@morningtonlittleaths.org).

U6-8 State Carnival

This year's annual [U6-8 State Carnival](#) is being held at the Tom Kelly Athletics Track, Doncaster, on Sunday the 3rd of December. All fully registered U6-8 athletes are able to attend this event. Registrations are now open and close on the 27th of November (or when capacity for each age group is reached). They are limiting numbers to the first 120 registrants for each age group, so if you intend to participate, register quickly. This is a state wide clinic, and not a state wide championship, so there will be no scores or results. The day is focused on development of technique, skills and having fun. Parents will be involved on the day and are encouraged to follow their children to each event. There will be carnival rides, face painting, show bags and the LA Vic mascots Vicky and Victor. The cost is \$25 (+admin fee).

State Multi Event Championships

Registrations for this season's State Multi's are now open. This year it is being held at Casey Fields in Cranbourne East - much closer than Bendigo! It is on the weekend of the 27th and 28th of January, and is open to all U9-U15 athletes. The U15 competitors for the Victorian team heading to ALAC's in April are chosen at this meet. Register [here](#). The cost is \$30 (+ processing fee) and registrations close on January 11th at 11.59pm.



Uniforms/Merchandise

Uniforms and other club merchandise will be available for sale only at Mornington Secondary College on each competition day in the Cottage. Club t-shirts/singlets/crop tops, MLAC hoodies, and LA Vic branded shorts are all available for purchase. This year we are also selling orange compression socks. There are only limited numbers available, so if you are interested, come take a look.
T-shirts - \$45, Singlets - \$45, Crop Tops - \$50, LA Vic shorts - \$25, Compression socks (small/large) - \$20. **All club tops now need to have a Coles patch sewn on just above the Little Aths Victoria logo. These can be collected from your team manager or from the Registration desk in the Cottage.**

Results HQ

To view your child's results, you will need to log in to Results HQ. You will need to have paid the club registration fee to have access. The login details are a little confusing:

Username: Your family username is the email address you used to register your primary member with (usually your oldest child)

Password: Your password is the Login ID of your primary member when you log in to LA Vic.

You can view your whole family's results on one page, and also view all MLAC results. Tickets can be printed out to keep. We endeavour to have the results available by Sunday evening.

If you have registered and paid by Thursday evening and there is no bib for your child, please talk to someone at the Registration desk in the Cottage.

If you have any problems logging in, please contact Lisa Henry lhenry@morningtonlittleaths.org

<https://www.resultshq.com.au/login>



Parking

Please Note: There is **NO PARKING** available for us in the basketball stadium car park, as this area is for the exclusive use of those attending the basketball stadium. We have also been asked not to park near the swim centre. We are to use the land at the north end of the school for parking. Access to this land is from Eagle Street, which is at the set of traffic lights at the Bata intersection with Nepean Hwy. If this area fills up, there is minimal parking within the school grounds - along the driveway at the front of the school, the fenced basketball courts just past the bus bays, and the staff car park. We have been asked to advise that there is to be **STRICTLY NO PARKING ALONG NEPEAN HWY!!**

Dog Policy

**** If you have family or friends that come to watch, can you please communicate this to them as well.**** Please note that we have a strict **NO DOGS** policy on competition days. There have been a number of incidents and near misses over the past few years, plus we have a few athletes with dog allergies and those who are scared of dogs. We would greatly appreciate if you left your dogs at home.

What happens in the event of Wet Weather/Extreme Heat

When the weather forecast does not look great, the committee makes a decision by 8:00 a.m. on the morning of competition whether the competition day will go ahead or be cancelled. In the event of cancellation a notice will be posted on the following sites by 8:00 am:

Website	www.morningtonlittleaths.org
Facebook	www.facebook.com/mlac82
Twitter	@mlac82
Team App	www.teamapp.com

We communicate with our members almost exclusively via electronic means. We will always email you important information, but it is also distributed via our Facebook page and Team App.

Website

Our [website](#) was updated last season and has had a lot of wonderful feedback. Most club information can be found here - if there is anything important missing, please let us know.

Team App

As with previous years, we will be utilising [Team App](#) to get information out to our members and their families about news and events around the centre.

Download Team App (it's free!) from iTunes or the Play Store and search for Mornington Little Athletics.



Facebook

We also have a [Facebook page](#) filled with news and photos of our athletes. Make sure you "Like" it to see posts in your Newsfeed. If you do not wish to have your child's photo published, please send an email to our secretary Lisa Henry lhenry@morningtonlittleaths.org. She will endeavour to ensure your child's photos are never published.



Weekly Program

This week's program is the Multi Event and can be downloaded by clicking [here](#) or find it on the club [website](#).

If unsure of what to do on the day, or if you have any questions, please do not hesitate to contact us via email or by speaking to one of the committee members on Saturday mornings. They are easily identified in their bright orange polo shirts

Regards,

Mornington Little Athletics Centre

mornington@lavic.com.au

PO Box 544

Mornington, Victoria, 3931

www.morningtonlittleaths.org

Scroll to the next page for the Christmas Raffle flyer!



Prizes are:



Fitbit Charge 2

- Black, size Small (can be changed if required)
- PurePulse heart rate monitoring
- All-day activity and sleep tracking with Connected GPS
- Display provides activity data, time and smart phone notifications

Valued at \$248



Rebel Sport Gift Card

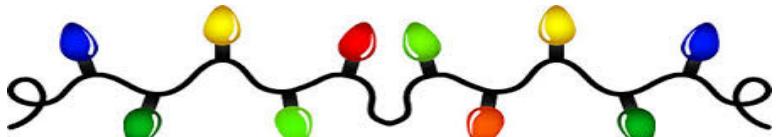
Valued at \$250



Wilson Tennis Package

- Wilson Tour BLX 103 racquet and cover
- Wilson Match II bag
- 24 x Wilson Tour Comp All Court Tennis Balls

Valued at \$259



Tickets are \$2 each or 3 for \$5



Tickets can be bought from the Registration/Merchandise desk until the 9th of December

