



### Weekly Newsletter

**14th October, 2017**

We had a fantastic start to the season last Saturday. The weather was perfect for the 211 Little Athletes who came along to run, jump and throw with us. If you are in the trial period and have decided to commit to the season, you can log back in and pay or pay us on Saturday morning. Only those who have paid will have a bib and access to their results online. To those who are returning to the club but haven't gotten around to reregistering, could you please do so ASAP. Less than half of the 211 athletes on Saturday were in the Results HQ system. James Barrett had to manually enter the results of the other half. This is a long and tedious process, both on the morning during competition (at the timing tent) and after competition is finished. (If anyone is willing to help James with the weekly entry of the handwritten results, could you please [email him](#)). Plus, you have the added bonus of being able to view your child's results if you have paid. If you decide not to continue with us, could you please [email the club](#) to let us know. That way you wont continually receive our emails.

Please remember that if you are new to the club and haven't presented your child's birth certificate, could you please bring it to the Registration desk in the Cottage on a Saturday morning. And a reminder to those new to the club, once registration fees are paid, your child will receive a registration pack.

We had a great turn out of parent helpers for set up last week. Thank you to all those who came early. Unfortunately, help on the BBQ was lacking. To those that were stuck at the BBQ for longer than you should have been, the club thanks you enormously. Parents should spend no longer than 45 minutes helping over the course of the morning, from set up at 8am, to pack up at the finish. The 2 age groups rostered on this week are the **Open Boys and U6 Girls**. Could the parents in these age groups please coordinate with each other over the course of the morning and relieve those helping in a timely manner. The BBQ is our biggest revenue raiser over the season, and we would hate to have to abandon it due lack of help. Children's sport just can't run without parents pitching in.

We have already started to accumulate lost property. Could you please ensure you name all your child's belongings, and ensure they have their own things with them when you leave?

We were hoping to start training sessions this coming Tuesday, but due to a lack of availability of our coaches, the session wont be happening. We hope that there will be sufficient coaches available for Tuesday the 24th of October. We'll let you know next week.

Don't forget about our second hand athletics shoe stall. If you have any old spikes and waffles that no longer fit your children, we would appreciate you donating them to the club. We then plan to resell them for \$20, with all money going to the club. For every pair of shoes you donate, you will receive a \$10 off voucher that can be used at any time over the season (stock dependant) to buy a pair of second hand athletics shoes. We are hopeful that we can raise a bit of money from this, help people clear out their old shoes, and allow people to snap up some bargains! Donations and sales will occur in the Cottage from 8.30-9.30am each Saturday morning, and at the end of the morning's session.

Just a reminder that if anyone has borrowed any of our equipment, we'd appreciate its return so we are fully stocked for competition days.

Finally, can we just reinforce our photography policy. During the season there may be athletes at the Centre who are unable to be photographed, so please ensure that you are only photographing and/or sharing images on social media of your own children and/or those where you have parent

permission. The safety of our children is paramount and we appreciate you respecting and understanding this request.

For those new to MLAC, each week we issue a weekly email. This email will cover the "hot topics" of the moment and some not so hot topics such as duty rosters on the day. Without further ado, here are this week's bullet points.

The key points to note this week are:

- Duty Roster
- First time at Little Aths?
- Athletes Bibs
- Uniforms/Merchandise
- Results HQ
- Parking
- Dog policy
- Wet Weather
- Website
- Team App
- Facebook
- Weekly Program
- BBQ

And finally, just a reminder to everyone - when crossing the track, please remember to check if there is a race in progress, and cross safely and quickly. Also, keep young children close to you so they don't get barrelled over by kids running, or hit by a discus or shot put!

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### **Duty Roster for Saturday 14th October 2017**

Please note that we have 2 age groups rostered on to ensure that each duty is suitably attended.

Set up takes more than an hour and we really do need those rostered on to be there as required. The committee are always on hand but as we all know many hands make light work and it makes a world of difference to how the whole day runs when we can set-up on time for the program to start, especially on the first morning of the season!

The following Age Groups are rostered on this weekend:

**Setup** : **Under 9 Boys** and **Under 10 Girls** (*please arrive by 7.30am*)

**BBQ** : **Open Boys** and **Under 6 Girls** (*from set up of the BBQ at 8.00am to pack-up and clean at the day's end*)

**Pack Up** : **Under 8 Boys** and **Under 11 Girls** (*concludes once the containers are locked up*)

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### **First time at Little Aths?**

Try to arrive well before 8.45am, as this is when we start the warm up. Most age groups are finished by 12pm. We are including this information again for those who didn't attend last week.

#### **Your First Priority**

The first order of business should be to get your child to their relevant age group area. When you first arrive head for the age group trolleys that should be lined up on the track near the Cottage. These will be in chronological order from U6 Boys & Girls up to the Open Boys and Girls. Head to your relevant age group and sign in with the age group team manager(s). Age group managers this year will be wearing a Team Managers cap. If you are still unsure, head into the Cottage, and someone there can direct you where to go. All you need to bring on the day is a hat and drink bottle. Those without a uniform and those who are trialling only need to wear a t-shirt, shorts and runners.

Please note that this year, some age groups don't have an assigned age group/team manager yet. We would appreciate some parents stepping in to these roles if possible. There is some information about the role on our [website](#).

### **Registered vs Unregistered Signing in**

If you have registered and paid by Thursday this week, there will (hopefully) be an athlete's bib assigned to your child which must be pinned to the front of their uniform. The bib is used to electronically record times. If there is no bib there for your child do not worry, the team managers will hand write the results from the day and we will manually record. This bib **must** be returned at the end of each morning to the team manager. If you accidentally take it home, please remember to bring it back next week, and try not to put it through the wash! Once your payment has been made, all manual results will be uploaded to Results HQ and a bib will be printed for your child.

### **Registration and Merchandise in the Cottage**

Registration enquiries, payments and merchandise sales all happen in the Cottage. This can be the craziest spot of all over the first few sessions. Our volunteers are there all morning each week so there is no need to rush straight in after signing in your child. Pick a time when the queues are small and head on over.

Little Athletics Victoria have moved the registration process completely online. You should have received a registration email from Little Athletics Victoria with your login and password if you are a returning member. Please log in to the system if you are a past member, don't create a new profile. If you are having trouble logging in, please email us and we'll sort you out. If you have access to a computer and are willing to pay by credit card there is no real need to head to the Registration desk to register or pay. Hopefully this will reduce our queues. Even if you haven't paid when you registered online and wish to pay, the system allows you to re-enter and pay. If you do not have a credit/debit card, we can take cash payments at the Registration tent, but you **must** register online first.

If however you are having difficulties completing these functions online head on over to the Cottage and we will assist. We understand that some families do not have ready access to a computer or online banking.

### **Registration Packs**

LA Vic are not providing us with registration packs this season. However we do have 100 left over from last season that we will be distributing to **NEW** athletes only once payment has been received. Please print out your receipt and present it to collect your pack. They can be collected from the Cottage. If this is your child's first time at Little Athletics, confirmation of date of birth needs to be shown to the club. This can be done by bringing in your child's birth certificate or passport to the Cottage.

### **For the Under 6's & 7's**

Specifically for the under 6's and 7's, we have a couple of committee members on hand to provide you with further details as to what occurs with these age groups, as we understand that it is these age groups where the vast majority of our new members come from. Our committee members are all wearing bright orange polo shirts. For other age groups there are many experienced MLAC campaigners who will be there on the day.

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### **Athletes Bibs**

Each athlete fully registered prior to Thursday on the week of competition is allocated their own bib. This bib has a bar code affixed to it. This bar code is unique to your child and is used as part of our electronic timing system.

At MLAC we store these bibs with the team folder. Each team folder has a satchel inside in which the bibs and pins are to be placed at the conclusion of the day's events.

With this in mind can you please make sure your child does not depart at the conclusion of their events with their bib.

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### **Uniforms/Merchandise**

Uniforms and other club merchandise will be available for sale only at Mornington Secondary College on each competition day in the Cottage. Club t-shirts/singlets/crop tops, MLAC hoodies, and LA Vic branded shorts are all available for purchase. This year we are also selling orange compression socks. There are only limited numbers available, so if you are interested, come take a look. T-shirts - \$45, Singlets - \$45, Crop Tops - \$50, LA Vic shorts - \$25, Compression socks (small/large) - \$20.

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### **Results HQ**

To view your child's results, you will need to log in to Results HQ. You will need to have paid the club registration fee to have access. The login details are a little confusing:

**Username:** Your family username is the email address you used to register your primary member with (usually your oldest child)

**Password:** Your password is the Login ID of your primary member when you log in to LA Vic.

You can view your whole family's results on one page, and also view all MLAC results. Tickets can be printed out to keep. We endeavour to have the results available by Sunday evening.

**If you have registered and paid by Thursday evening and there is no bib for your child, please talk to someone at the Registration desk in the Cottage.**

If you have any problems logging in, please contact Lisa Henry [lhenry@morningtonlittleaths.org](mailto:lhenry@morningtonlittleaths.org)

<https://www.resultshq.com.au/login>



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### **Parking**

**Please Note:** There is **NO PARKING** available for us in the basketball stadium car park, as this area is for the exclusive use of those attending the basketball stadium. We have also been asked not to park near the swim centre. We are to use the land at the north end of the school for parking. Access to this land is from Eagle Street, which is at the set of traffic lights at the Bata intersection with Nepean Hwy. If this area fills up, there is minimal parking within the school grounds - along the driveway at the front of the school, the fenced basketball courts just past the bus bays, and the staff car park. We have been asked to advise that there is to be **STRICTLY NO PARKING ALONG NEPEAN HWY!!**

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### **Dog Policy**

Please note that we have a strict **NO DOGS** policy on competition days. There have been a number of incidents and near misses over the past few years, plus we have a few athletes with dog allergies and those who are scared of dogs. We would greatly appreciate if you left your dogs at home.

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### **What happens in the event of Wet Weather/Extreme Heat**

When the weather forecast does not look great, the committee makes a decision by 8:00 a.m. on the morning of competition whether the competition day will go ahead or be cancelled. In the event of cancellation a notice will be posted on the following sites by 8:00 am:

**Website** [www.morningtonlittleaths.org](http://www.morningtonlittleaths.org)  
**Facebook** [www.facebook.com/mlac82](https://www.facebook.com/mlac82)  
**Twitter** @mlac82  
**Team App** [www.teamapp.com](http://www.teamapp.com)

We communicate with our members almost exclusively via electronic means. We will always email you important information, but it is also distributed via our Facebook page and Team App.

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### **Website**

Our [website](#) was updated last season and has had a lot of wonderful feedback. Most club information can be found here - if there is anything important missing, please let us know.

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### **Team App**

As with previous years, we will be utilising [Team App](#) to get information out to our members and their families about news and events around the centre.

Download Team App (it's free!) from iTunes or the Play Store and search for Mornington Little Athletics.



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### **Facebook**

We also have a [Facebook page](#) filled with news and photos of our athletes. Make sure you "Like" it to see posts in your Newsfeed. If you do not wish to have your child's photo published, please send an email to our secretary Lisa Henry [lhenry@morningtonlittleaths.org](mailto:lhenry@morningtonlittleaths.org). She will endeavour to ensure your child's photos are never published.



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### **Weekly Program**

This week's program is Program 2 and can be downloaded by clicking [here](#) or find it on the club [website](#).

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### **BBQ**

Our humble BBQ raises much needed funds for the club. Thank you to Tim Lambourne for taking on the role of BBQ coordinator this season - it's a big job and the club appreciates you taking it on. The BBQ is set up under the Cottage verandah. Pay for your sausage in bread or egg and bacon roll inside the Cottage, then head out to the BBQ for your goodies. Each week, 2 age groups are rostered on to help at the BBQ. We need 3-4 people there at all times over the morning to have it run smoothly. We don't expect parents to spend longer than 45 minutes helping out. So if your age group is rostered on, please work out a schedule with the other parents and make sure people are relieved as the morning goes on. We all want to watch our kids compete, and those kids want a sausage at the end of the session! **This week the Open Boys are U6 girls are on the BBQ.**

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If unsure of what to do on the day, or if you have any questions, please do not hesitate to contact us via email or by speaking to one of the committee members on Saturday mornings. They are easily identified in their bright orange polo shirts

Regards,

**Mornington Little Athletics Centre**

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