

DIVISION ONE

CROSS COUNTRY 2018

Commences Saturday 5th May – Finishes Saturday 11th August 2018

8:30am	Saturday	5th May	Essendon
9:00am	Saturday	12 th May	Essendon
9:00am	Saturday	19 th May	Keilor
9:00am	Saturday	26 th May	Sunbury
9:00am	Saturday	2 nd June	Coburg
**State Cross Country Relay Event Cruden Farm, Langwarrin			
10:00am	Saturday	9th June	Division One Open Day at Essendon
10:00am	Saturday	16th June	Sunbury Open Day
10:00am	Saturday	23rd June	Region Cross Country Preston Reservoir
9:00am	Saturday	30 th June	Keilor
9:00am	Saturday	7 th July	Coburg
		**State Road Relays	Sandown Racecourse
9:00am	Saturday	14 th July	Sunbury
10:00am	Saturday	21st July	Essendon Open Day
11:00am	Saturday	28th July	State Cross Country Lake Dewar, Myrning
	Saturday	4th August	LAVic Centrefest
9:00am	Saturday	11th August	Super Handicap & Presentation Day at Essendon

Distances

U6	Boys & Girls	500m
U7-8	Boys & Girls	1000m
U9-10	Boys & Girls	1500m
U11-12	Boys & Girls	2000m
U13-16	Boys & Girls	3000m

Venues

Coburg	Harold Stevens Athletics Track, Outlook Road
Essendon	Moonee Valley Athletics Track, Corio Street
Keilor	Keilor Park Recreation Reserve, Stadium Drive
Preston Reservoir	Edwardes Lake Park, Reservoir
Sunbury	Jackson Street Reserve, Jackson Street

** Athletes competing at the LAVic State Cross Country or Road Relays will receive their average times for Division One