



The Mudlark News

We are a Good Sports club

Clifton Springs Bowling Club



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JUNE 2019

Editor: townsendpj@bigpond.com

SOCIAL BOWLING

Saturday Mixed—1.00 PM

Wednesday Mixed—1.00 PM

**1st Wednesday Men's Nominated
Triples— 10.00 AM**

**1st Wednesday Ladies Assembled
Triples—1.00 PM**

PENNANT—2019/20:

PROPOSED STARTING DATES:

MIDWEEK: TUES 1st OCTOBER

SATURDAY: SAT 5th OCTOBER



The Bellarine Property Specialists

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Hello to all Members

This is my first newsletter as President I wish to thank those who voted for me and truly I hope I do not let you down. I will do my very best to keep our bowling club at the highest level.

Our new Board comprises myself, Vice President Edwin Kostrz, Administration Director Rosemary Sexton, Treasurer Wendy McAlpine, Bowls Director Noel Menner, Marketing & Sponsorship Director Edwin Kostrz, Property & Assets Director Peter Verspeek, Membership Director John Baker. I wish them all the best for the incoming year and I really hope we can share our differences but at the end of the day, we combine together to make this club great.

Delegates to the GBR this year are Noel Menner and Rosemary Sexton with Graham Boxall our back up. Other positions within the Club are; Greens Director Peter Verspeek, Greens Manager Jack Sutton, Bar Manager John Burt (and while John and Anita are away Rosemary Sexton will cover for John), Purchasing Officer Robyn Matheson, Newsletter Editor Jan Townsend and I thank Jan for taking on this role again during my time as President. This is where we communicate to our members. Publicity and website is in the hands of John Baker who I am told is a bit of a pc guru, thank you JB. Club Communications Officer belongs to Rosemary Sexton, along with another very important role is our Welfare Officer and Joan DuToit has taken on that role.

Selection Committees met this week to decide Chairpersons:

Saturday Committee is Edwin Kostrz (Chair), Don Matheson, Alex Baulch, Peter Teggelove, John Baker. Midweek Committee is: Bev Teggelove (Chair), Graham Boxall, Bev Uprichard, Margaret Menner and Noel Menner.

Match and Tournament and Bowls Committees are to be combined this year. I really believe this committee is the committee that can make or break us. Working as a team and running all our social bowls and arranging our tournaments are the catalyst to our success. This committee comprises Noel Menner as Bowls Director, followed by Mal Fisk (Match Chair), Glen Morris, Jan Townsend, Barry and Alison Aitken, Maurice Healy and Graham Boxall.

We have organised a Social Committee and up to now, wow what a great job they are doing. I am so proud of seeing so many members coming along on a Friday night to have a chat and a few drinkies. The Social Committee is Robyn Matheson (Chair), with great assistance from Don Matheson, Nancy O'Brien, Joan DuToit, Adriana Verspeek, Alison Payne, Judith Leggett, Mary Jakobi and Rhonda Oswald. Keep up the good work you lot, you make me feel proud to see our members coming along on a Friday night to taste your goodies.

Social bowls have been going along great with lots of members playing midweek and Saturdays. The weather has been good on these days up to date, but is nice to see good numbers attending.

The coaching course set up for anyone who is an affiliated member from any club anywhere went really well. We had people from Apollo Bay and within our GBR.

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President's Report, continued:

I feel I have let some of our own members down by not stipulating that there was never any guarantee that members who passed the course would automatically become coaches at our Club. This was never our intention. We have recently appointed a full time coach in Rick Webb and he has signed a contract with us to be our full time coach this year. I am sorry if I have given you a bum steer but it was never our intention at the club to do that.

The Board unanimously decided last year that we would appoint Rick as our Coach and he has lots of ideas to improve our club and we must give Rick the opportunity to promote his ideas into our culture. At this stage Rick is our only coach and if Rick needs assistance he will advise the Board of his intentions prior to taking action. I hope you agree with the Board's decision on this matter. However, to the members who did the coaching course please be patient, there is no doubt that you will be utilised as the season rolls on you will certainly get your chance to use your skills, most certainly when barefoot bowls and jack attack are introduced for new bowlers.

Rick is also ex officio on both selection committees. Rick will also decide when all our training requirements will start this year. I believe we have a great coach in the making and if we follow his needs we can become a force this coming year.

Graham Boxall is organising all our inter-club visits as he has done the last few years. The latest he has organised is a winter visit from Leopold in June. Graham has put a sheet up for you to fill in. It would be great to get a full field for this event. Let us show other Clubs we are a club going places this year with members fully in support.

I have put a suggestion box in the clubroom for you to put your suggestions in, however you must put your name on suggestion for it to be looked at. This is a chance for you to put your ideas forward.

There has been lots of confusion with the use of your bowling arm. Well you do not have to obtain a medical certificate or apply to Bowls Victoria anymore to have a bowling arm, but you have to let the club know you have one so we can record it on the data base. If you have a bowlers arm and do not use it to start a game that's ok but as soon as you start using it you have to continue to use it. There has been lots of confusion about bowling the jack if you have a bowlers arm; well you do not have to bowl the jack with your bowlers arm. That is what I have been told in no uncertain manner. So I guess it is gospel.

I have arranged for **Mirelle Temple** to attend on **Friday 14th June starting at 4.45pm** to talk to members on how to use a defibrillator and how to recognise a cardiac arrest. The talk will go for about 1 hour and it will not be a hands on but just something to help you if you are in a position where a fellow bowler next to you is in need of help. I for one would feel useless if my bowling mate needed help and I did not know what to do until someone with first aid experience came along. I will be there, will you? I Hope So.

The shade area is still going slow but hopefully we can get positive support from CoGG in the next few days so Peter can organise a working bee to get on with the works.

Disability Toilets are in a similar situation and hopefully this will be sorted out in the next couple of weeks.

Pennant names are required from members who may want to play pennant this year, It is very difficult for a selection committee to work out number of teams if insufficient names are down. Please if you have aspirations to play put your name down now. Even if you are away email us of your intentions. Bruce and Judy Lyons are two that come mind. Really we would love to put a division eleven in both Saturday and Midweek this year. We need a show of numbers before we can decide how many teams to enter. Maybe you do not think you are good enough well that is rubbish bowls is to enjoy and be competitive so do not underestimate yourself.

I thank all the members who have nominated for positions on the Board and various Committees this year. The President is only as strong as the people who support him or she and the Club will only prosper if we all work as one and not be divided.

Yours Truly

Barry Oswald, President



LIFE MEMBER

President Barry awarded Alma Milvain Life Membership of CSBC in recognition of her valued services to the Club over 39 years.

Alma received the special badge from Mary Jakobi. Nominees were Joan Surkitt & Mary Jakobi and unanimously endorsed at recent AGM.



LIST OF CLUB OFFICERS:

- President: Barry Oswald
- Vice President: Eddie Kostrz.
- Delegates to GBR: Noel Menner and Rosemary Sexton
- Greens Director: Peter Verspeek
- Greens Manager: Jack Sutton
- Bar Manager: John Burt
- Purchasing Officer: Robyn Matheson
- Newsletter Editor: Jan Townsend
- Publicity & Website: John Baker (website) and Noel Menner (publicity)
- Club Communications Officer: Rosemary Sexton
- Welfare Officer: Joan du Toit



President Barry presented Margaret Menner with her Championship Awards 2018/19:

- 2-Bowl Singles Winner
- Women's Pairs Winner
- Women's 100 Up Winner
- Mixed Triples Runner-Up.



Our SOCIAL COMMITTEE (or as I could tag them our "SOCIAL CHEFS") are continuing to plan dinners to provide a special repast for members and friends on Friday evenings.

The next date for your diary is **FRIDAY 7TH JUNE** and thereafter on a fortnightly cycle.

This committee is tireless in their efforts and any assistance you could offer, especially post service, would be greatly appreciated.



Indoor competition commenced Monday 27th May with 4 teams and a "cast of 20". I trust you all enjoy a great season . Following are dates for indoor activities:

Monday 10 June—Indoor Tournament

Singles Knock-out:

- R1 & R2 Fri 21 June, 6.30pm
- R3 & R4 Fri 28 June , 6.30 pm
- Final: Fri 5 July, 6.30 pm

Bellarine Nominated Pairs: Entries close 9 July.

- (teams of Mens, Ladies or Mixed)
- R1 & R2 Thu 11 July @ Leopold or Marcus Hill
- R3 & R4 Fri 12 July @ Marcus Hill
- Final Fri 19 July @ Marcus Hill

AS I SEE IT. with ROB June '19

An interesting point came up at the Coaching Seminar last week.

What do you do when you are being helped by a coach, and someone comes up during a social game and says, "Why don't you....?" What do you do?

Answer was, to say: "Thanks, I will discuss that idea with my coach."

Another point was that when people are under stress, such as in Pennant, they will often bowl narrow, as their eyes stray to the Jack on delivery. This can be especially bad when your narrow bowl goes through a head where you have the shot already. Learn to relax, take a breath, chill out and bowl your normal line.

The Coach's job is not to teach you how to bowl the way he or she bowls, but to show you a way that you can improve your own game. There are so many variables, so a Coach has to be able to try something, see if it works for you, then try something else until one clicks, because everyone is different.

A Coach suggests an option, observes while you try that, suggests refinements and gives you feedback. It may take a few sessions to find the right answer, just like going to the doctor. We try the usual fix first, and if that doesn't click, try the next obvious, etc.

This is because we are all different as I said, and there is no one quick fix. Just as there is no one 'right' way to bowl. We have to work with you, to help you.

Another point that was discussed in that Seminar was, 'how fast should a drive be?' The answer was, fast enough to do the job, while staying in complete control. In a drive, the bowl will still curve slightly (unless you are a world champion, and that rules us out) so we still have to aim slightly wide of our target. How wide depends on your bowl's curve and how fast you deliver. And the speed of delivery can depend on where you have to get into the head. Is it a narrow channel, or is there room for a bit more curve? You can discuss this sort of thing with your coach.



Message from Jim Millar, GBR Secretary

Subject: Bowls on the TV - please spread the word..

Season 4 of The Bowls Show commences this Sunday 26 May from 3pm on SBS and will continue through to October 10.

Host Jack Heverin will return to front The Bowls Show, in addition to anchoring the commentary of events alongside the sport's biggest personalities, with highlights of events to feature in the program to include the BPL09, Australian Open and Australian Indoor Championships.

Viewers who miss an episode of The Bowls Show or any of the Australian Open finals action will be able to catch-up via the SBS On Demand platform, on Fox Sports or Kayo Sports.

The AO and the 2019 Asia Pacific Championships will also have extensive coverage throughout the month of June and this can be viewed on Rinkside Live ([via facebook.com/bowlsaustralia](https://www.facebook.com/bowlsaustralia))

Key broadcast details for the remainder of 2019:

The Bowls Show – Season 4
20 weeks from May 26 to October 6
Sundays at 3.00pm on SBS, Fox Sports and Kayo

Australian Open
Live on June 13 and 14
11.30am to 4.00pm on SBS, Fox Sports and Kayo

Bowls Premier League (BPL10)
Live from November 12 to 15
6:00pm to 11:00pm AEDT on Fox Sports and Kayo

World Bowls Challenge
Live from November 29-30
Times – TBA on Fox Sports and Kayo