



Geraldton Hockey Association CONCUSSION POLICY

STATEMENT

Concussion is a well-recognised injury that may affect athletes involved in collision and contact sports. It is important that players, parents, coaches and other officials are aware of this condition.

They should be on the lookout for symptoms and signs that could indicate concussion and be practiced in the way it should be managed.

Fortunately, concussion is not nearly as common in hockey as it is in other sports, in particular football codes. Nevertheless, cases have occurred and undoubtedly will continue due to the nature of the sport. When they do occur, cases need to be recognised and the player must be appropriately looked after.

This policy provides guidance on concussion for all those involved in hockey in Western Australia and has been prepared specifically for the hockey community.

Please note this is NOT a medical document.

IMPORTANT FACTS

- The wellbeing of the player is paramount importance.
- Concussion is a form of brain injury.
- All concussions should be considered serious.
- Concussion results in a brain function disturbance.
- Follow the Six 'R' management plan (**RECOGNISE, REMOVE, REFER, REST, RECOVER, RETURN**).

GHA has also adopted the Hockey WA Concussion Policy <http://www.hockeywa.org.au/Portals/54/HWA%20Concussion%20Policy.pdf> and updated and applicable to the Geraldton Region.

We will continually improve our Concussion Policy through review and monitoring.

RESPONSIBILITIES

The Board is responsible for the Concussion Policy and its supporting processes and procedures.

All members are responsible for behaving in a responsible manner and treating other members with respect.

All players are responsible for following the rules of hockey.

FURTHER INFORMATION

For further information on this policy, contact the GHA Office.

Policy No/Version 1.1 V1	Approved: Board Meeting	Date: 11 th December 2017	Responsible: GHA Board GHA Staff	Distribution: Procedures & Policies	Next Review: December 2019
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