



## Coaching children 5 – 12: The next generation workshop

The workshop incorporates the latest research on essential topics that are intrinsic in coaching children aged between 5 and 12.

An exciting chance to reconsider the emphasis of your coaching and enhance the experience of young participants.

Delivered in a practical way to provide all the innovative techniques and cutting-edge information needed to become a more effective coach.

- Learn traditional and contemporary models of coaching that development participants' technical, tactical, physical, mental and social competencies
- Take a detailed look at the 'C' system of coaching to equip you with new tools and improve your soft and personal skills.
- Introduction to the principles of Teaching Games for Understanding (TGfU).
- Learn fun and innovative practical techniques for keeping children engaged to blend with the pioneering academic theory.

Date: 5<sup>th</sup> July 2019  
Time: 6pm – 9pm  
Cost: \$30.00  
Venue: Lake Ainsworth Sport & Recreation Centre

**Presented by Darren Wensor**  
Head of Coach & Volunteer Development  
Little Athletics NSW

\* Course includes 64 page workshop guide

### Contact us

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