



On Target

ADELAIDE ARCHERY CLUB NEWSLETTER

OCTOBER 2019 Page 1

AUSTRALIAN MASTERS GAMES 2019 CONGRATULATIONS TO EVERYONE WHO ENTERED, ESPECIALLY THOSE WHO BROUGHT HOME A MEDAL



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I don't usually do an index but there is a lot of information in this edition.

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MOST VACANT POSITIONS NOW FILLED

At the meeting held on Tuesday 15 October the following members volunteered to fill vacant positions: their contribution to the club will be much appreciated.

- | | |
|--------------------------------|-----------------|
| a. Secretary | Andrea Slattery |
| b. Treasurer | Kylie Steyn |
| c. Groundsman | Jonathon Cox |
| d. Deputy Equipment officer | Keith Casperson |
| e. Sunday deputy field captain | Khai Yin Leong |

The position of Social Coordinator is STILL vacant. It would be a wonderful thing if someone (or a couple of people) would volunteer to fill this role, especially as the Annual Club Dinner is coming up. Apart from the Christmas Break-up, this is the ONE time of the year that we get together with partners, children or whoever wishes to attend, to celebrate the past year and enjoy a social evening together.

The Social Coordinator finds a venue, books it, and keeps track of numbers. Not that onerous, one would think!

PLEASE CONSIDER

CLUB ROOM EXTENSION Latest update

The Lease will be for 15 years.

We have to 'practically complete' the development within 18 months or the lease is reduced to 5 years.

The building will now be owned by the **club**, not the council, which means it is the club's responsibility to maintain it.

The council can still grant approval for 'others' to hold 'events' on our leased area.

We must allow unrestricted public access when we are not using the area.

Council has a right to relocate us, with 3 months' notice, to another location if there exists a valid commercial reason to do so.

MELBOURNE CUP LUNCH
LORD MELBOURNE HOTEL
MELBOURNE ST, NORTH ADELAIDE



Join in the fun:
Sweep, best hat, quizzes
Good food and company
All archers, partners,
companions WELCOME

12.30pm
TUESDAY 5 NOVEMBER
Names on the board in
the club room please



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Please support the club when packing up
and help the field captain. This morning I
found the heater on, cash drawer unlocked
and the main door only partially locked.

James Henriks

SNIPPETS

EQUIPMENT DONATION

Thank you to **Aileen Anderson** for donating a Hoyt compound bow, two sets of compound arrows, a release aid, case, arrow tubes and more. These will certainly be put to good use.

EQUIPMENT CARE WHINGE (from the equipment officer, Chris Lech)

I request that field captains, coaches and seasoned archers keep an eye out on what rounds beginners shoot and the equipment they select from the Equipment Room.

I was a tad disheartened to find that one beginner archer recently damaged 6 club arrows in one shoot - four had to be re-fletched and two thrown away. The archer chose a distance further than necessary and the arrows were too thin for the bow being used.

On a busy week in the Equipment Room i.e. three scheduled weekly shoots plus senior and junior beginners' courses, there can be more than 50 people using club bows and arrows.

If all 50 people were shooting in this manner, well, it's the stuff of nightmares.

The club will buy four low-poundage longbows as there has been a great deal of interest expressed by beginners (and thank you to **Dean Pettman** for staying back after the beginners classes to give them some longbow coaching)

ARCHERY SOUTH AUSTRALIA

If you ever wonder why we have an RGB take the time to read the minutes of the Board Meetings. The amount of work they get through is phenomenal. Much of it is to do with organising tournaments and keeping records, but also there are more and more regulations to keep pace with. These govern all aspects of sports, from membership and the structure of boards to police checks.



**Club member Tony Loi
and his new bride, Eva.**
Their honeymoon included
visits to Thailand and South
Korea
Best wishes from all of us at
Adelaide Archery Club

Large field of 49 contested annual Silver Quiver Tournament on 22 September

The weather was somewhat less than perfect; however the day was judged by all to be a great success. It was also wonderful to see some of the Club's younger archers shooting the tournament. **Andrew Kuchel** of Great Southern Archers shot a staggeringly good Brisbane scoring 1168 points from a possible 1200 – that's a 115 rating and truly World Class.



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Toby Webb, an up and coming Intermediate Class archer from Hills Archers who has reportedly been seeking coaching advice from Andrew Kuchel of late, shot a remarkable all-gold Short Adelaide round (scorecard to right), including a perfect range at 20m. The best recurve round of the day was shot by **Greg Opie** (AAC & EFA), the best barebow recurve by **Marianne Rieckmann** (CB), and the best longbow round by **Bob Hay** (TFIAC).

As usual, many club members helped out on the day, with **Keith C, Junior A, Glenn and Sue M, Andy C, Helen I, Jan O'C, Kylie S, Graham W and Alan C** mentioned in particular as they all completed critical tasks to make the day a success.

AAC to star in production for the National Sports Museum

A two-person camera crew attended a double QRE with 17 participants which was held on Saturday 28 September. They were gathering material for a production for the National Sports Museum.

Tokyo Olympic Games aspirant and AAC club member, **Dave Barnes**, shot an excellent WA70/720 round scoring 678/720 which saw him jump into first place for recurve men on the National Ranking List.

AAC's **Matt Holland and Sally Lewis** also had great shoots. Matt's 81.3 rated round saw him jump to 21st on the NRL for recurve men, while Sally's 71.6 rated round saw her jump into third place nationally for Master Female recurve.

Graham and de Mello star in SA State Matchplay Championships

The trip to Mylor to compete in the 2019 South Australian Matchplay Championships paid dividends for AAC members **Georgina Graham and Chris de Mello**. Georgina won the women's compound event, besting Shirley Biggs (GSA) by a single point in the final, while Chris de Mello kept his cool to defeat Greg Opie (EFA and AAC associate member)



in a one arrow shoot-off in the male recurve, winning by the tiny margin of 1mm.

Alan Chapple won the silver medal in the Male Longbow.

AAC had tendered for, and won the right to assist in the set-up and running of the SA Matchplay Championships, delivering a financial dividend to AAC. The assistance offered by **Attila (&H) Balla, Chris de M, Daniel C, Alan C, Graham W, and Glenn and Sue M** is gratefully acknowledged.



Sorting out the scoring arrows

Major Duncan Clout proves to be a great day

The Major Duncan Clout was shot on 7th October, the Monday of the October long weekend, on the Adelaide University grounds adjacent to the club fields. With the coincident running of the Masters Games at various Adelaide region venues, numbers for the clout event were understandably down on last year, however 13 archers (6 recurve and 7 longbow) turned up and shot the event.



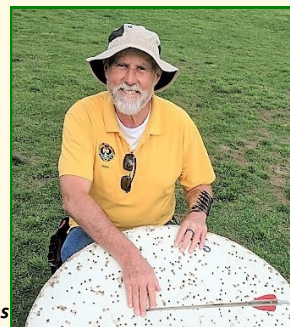
James Azli lands his first ever six



The clout is no stranger to THIS Pettman

It was particularly pleasing to see the event attract participation from many younger club members several of who were shooting clout for the first time, including Lily and James Azli (both of whom beat their Dad) Wateen and Petunia Hamden, Giles Mayor and Andrew Tuovinen (who also beat his Dad).

Alan Chapple found the centre on several occasions



Giles Mayor shoots a great end (it's hard to see, but there are 3 arrows on the clout!)

In the end the Longbow was won by **Alan Chapple**, with **Andrew Tuovinen** 2nd, **Chris Drown** 3rd and **Pam Pettman** 4th. **Giles Mayor** triumphed in the recurve, with **Wateen Hamden** 2nd, **Lily Azli** 3rd and **Petunia Hamden** 4th.

The Old English Clout is a viciously small target and so special mention goes to each of **Mark Newton, Annette Humphries, Fairuz Azli and James Azli** all of who managed to score a "flock of seagulls" on 4 of their 12 ends for the day. **A flock of seagulls = all six arrows miss the target!**

Trans-Tasman Tyro* Triumph Georgina Graham

*Novice or beginner



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You may have seen **Georgina Graham** at an AJAD session, at the furthest butt, practising solo with her compound bow, deep in concentration. I met her as she was practicing with a new release-aid prior to going to the 2019 Trans-Tasman (an under 20's event between Australian and NZ teams and individuals), held this year in Auckland in early July.

I am sure I contributed to her training by scattering arrows around the red, blue (and beyond) to give her plenty of room in the gold! Georgina is a year 11 student at Seymour College but her home town is Mildura, on the River Murray not far from the border with South Australia.

This explains why, having started (field) archery five years ago, she has been shooting at South Australian events for the past few years. So, while not exactly a 'tyro' to archery competition, the 2019 Trans-Tasman was her first international event and, spoiler alert, **she came home with the Female Cadet Compound Silver medal!**

I caught up with Georgina recently and asked her about how she came to be in the Australian team and about her recent experience at the Trans-Tasman in Auckland.

Q: Georgina, would you describe yourself as competitive person?

A: (Laughs) I have a sister who is 18 months younger than me. At home it would be, who is first to the fridge; who was first to the dinner table or first to make their bed.

Q: What was your first archery competition?

A: "My first competition was a Mother's Day charity fund raiser in Mildura. I was 15 years old and had been doing field archery for about a year. I was very nervous because I didn't know what to expect. But there were only three girls in my division and I was confident too because I had done the work in practice. I won, which was good and encouraged me continue."

Q: Have you ever had a bad experience in competition?

A: (laughs) Lots! But the most pivotal to date was the 'Hamilton Blitz' tournament at the start of last year. It was a week of shooting in all sorts of formats. It was a Qualifying Ranking Event –to get points for Australian teams and I wanted to make the State Team and qualify for the Trans-Tasman. I was so intimidated by the older, more experienced 17 to 19 year-olds in their Australian and International competition shirts. I got target panic, shot badly and lost or broke a set of expensive arrows. There were many tears and I was packing up to go home but changed my mind. I decided to stick with it, and even though things didn't get any better, I got it done.

Q: So tell me about this years' Trans-Tasman

A: It was really fun! It was my big goal this year to make the team. I had put-in the hours and knew I could do it. I was excited because this is like the first step to overseas competition. I was shooting good scores and I was confident. Practice day was perfect weather. Unfortunately the 720 rankings and match play was not fun with 35km winds which didn't suit my bow-set up. But it was a great learning experience –you are making decisions and adjusting equipment on the run. Happily I won all my individual matches and got into the gold medal round but lost to my New Zealand opponent who shot very well. Then on the last day at the teams' competition I was the only Australian female cadet and so competed solo against three New Zealanders! Lost the first match, won the second and found myself in the bronze medal match but lost to the NZ girls.

Overall it was a great learning experience which I really enjoyed and would recommend to other young archers. My advice to juniors is to have a go and keep at it. You may not enjoy your first experience or have a bad day but don't give up –make your setbacks a motivation to improve, to beat your competition the next time –it will come and it's the best feeling!

Q: Who do you rely on for support and encouragement?

A: There is a lot of hard work behind the scenes. I have a group chat with my coach and my Mum and Dad are very involved in providing support, encouragement and motivation. After I lost the TT team Bronze match my Dad was saying 'There's next time. Look how far you've come. You're so much stronger, a better shooter than before' and setting-up future targets.

A future Olympian? If hard work, determination, a competitive spirit and, essentially, a joyful love of the sport are the requirements, then I certainly think so. Finally, it would be remiss not to acknowledge that there are a number of other young members in the Club who are also working hard and competing successfully at tournaments. Good luck to them all.

Gerry Davies



Handicap event trial using Archers Diary – November twilight shoots.

FROM ALAN CHAPPLE, ASSISTANT RECORDER

In November, we will conduct a trial of the capabilities of Archers Diary. For the trial we will set up a single event that will consist of four flights, one in each of the November twilight shoots on Tuesday evenings

Archers may choose to shoot one of the days, some of the days, or all of the days, by selecting the appropriate flight(s). As usual, you will be able to pre-register through the Diary where you will see the flights set up.

It is important to note that nothing will change except that the four Tuesdays will be one event, instead of four events, and we will trial the application of handicaps to the scores.



Why are we doing this?

At the end of the month, we hope to get a total of all the scores for the month, for all the rounds shot, by all the archers, adjusted for handicap, producing an overall table of results for the month, and, hopefully, one ecstatic winner!

Alan has undertaken to donate a Kit-Kat to be presented to the overall winner after the event, should it all work as planned

Questions and (hopefully) answers:

Q. What happens if after week one it all stops working?

A. We set up the normal twilight rounds for the rest of November and proceed as normal.

Q. Do I have to shoot a specific round on the day?

A. No. As normal, you can shoot any of the 72 arrow rounds, provided that it can be safely and easily accommodated on the field, and someone else wants to shoot with you, for scoring purposes. The handicap system should take care of the different rounds.

Q. What if I don't want to participate in the trial but want to shoot on Tuesday?

A. You can still practice and use paper scoring. If you still want to use Archers Diary but don't want to be part of the trial, let us know and we can quickly set up an event for you on the day, and you can shoot as normal.

Q. Will my "off the bow" scores still show in Archers Diary and still count for ratings?

A. Have to confess we are not sure. We will know after week one. That is why it is a trial.

Q. If I only shoot one of the four days, do my scores still count?

A. Yes, you can shoot one, some, or all of the weeks. Clearly, the more you shoot, the greater the chance of shooting a really good one. You will get a score for each of the days you shoot.

Hopefully it all works.

FROM LIBRARIAN, STEVE SYKES

If you would like to check out this book, you can read the first 9 pages of 185 at the link below



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THE ARCHERY DRILL BOOK

130 drills to improve form, technique, and consistency



Make sure every shot is strong and true

The Archery Drill Book features 130 of the best drills to help refine recurve bow, longbow, and compound bow technique; improve the timing and execution of your shot; build strength, stamina, consistency, and balance; and keep you mentally focused on your training.

Each drill provides step-by-step instructions so you know exactly how to perform the drill. The coaching tips and variations enable you to modify the drills to fit your skill level.

200 pages • ISBN 9781492588344 • US \$26.95

Available at US.HumanKinetics.com and everywhere books are sold!

FROM COACHING COORDINATOR, JAMES HENRIKS

I am being assisted with the current beginners course by **Dean Pettman, Gerald Hawkins, Paul Bergin, Sue martin, Tony Ward, Des Clark, Stephen Sykes and Keith Casperson.**

For interest I looked back twenty years to the 1999 October course. It was a combination of WEA and direct bookings. Thirty four beginners in total and 13 coaches helping over the three weeks (a number not being available for the full three weeks). I cannot recall how we had enough equipment, and outfitting them must have been very time consuming. One of the beginners is still with the club, namely **Barry Adams!**

https://books.google.com.au/books/about/The_Archery_Drill_Book.html?id=buKkDwAAQBAJ&printsec=frontcover&source=kp_read_button&redir_esc=y#v=onepage&q&f=false .

SUNDAY 10TH NOVEMBER 2019 FROM 10AM TO 6PM

A RICH HERITAGE

Art and Roses at The Cedars Hahndorf

Sunday 10 November 2019 10am to 6pm

An exclusive Celebration of Spring in the garden of celebrated father and daughter artists Sir Hans and Nora Heysen

In support of the preservation of this unique Artist's garden

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Tickets \$15.00, children 15 and under free
Purchase at gate, correct money appreciated
Includes entry to the garden, house, studios and speakers' tent



A RICH HERITAGE

ART AND ROSES AT THE CEDARS HAHNDORF

Reproduction of a Heysen Painting with real flowers and artifacts

Displays of heritage roses
Plant stalls

Speakers programme

NEW EXHIBITION

The Family at the Cedars

This advertisement paid for by donation

Morning and afternoon teas
Market table with fresh produce, homemade preserves, cakes, biscuits
Children's Activities
The Artist's Walk

Adelaide Archery Club Inc.
Bundeys Road & War Memorial Drive
North Adelaide 5006
PO Box 133, Walkerville, SA

News, letters, comments and photographs are all welcomed by the editor

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