



The Mudlark News

We are a Good Sports club

Clifton Springs Bowling Club



Springs St,
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OCTOBER 2018

Editor: townsendpj@bigpond.com

COACHING:

Personal training:
Alf Vella 0450 190 882

Mondays 1.30: Pennant practice
Fridays 2pm: MW Pennant practice
Fridays 3pm: Sat Pennant practice

SOCIAL BOWLING

Saturday Mixed—1.00 pm
Wednesday Mixed—1.00 pm

1st Wednesday Men's Nominated
Triples— 10.00 am

 **RayWhite**
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The Bellarine Property Specialists

raywhitedrysdale.com.au



President's report:

Spring has finally sprung and with it variable weather on a day to day basis!

The pennant practice matches have been held and now we play for points. The selection committees have an unenviable job at times and I encourage everyone to support them during the season.

Many thanks to the members who have volunteered to distribute flyers for **our upcoming Try Bowls Days and 'The Springs Twilight Bowls Jack Attack'** competition. This has been a great effort to date and very much appreciated. We will need some more volunteers to help out on the actual event days and again many thanks to those members who have put their hand up to assist to date.

- Try Bowls Days on 7, 14 and 21 October - Thanks to Jan Townsend for stepping up to help make these days happen in the absence of Ann Ferguson, who is continuing to deal with her medical issue.
- Twilight Bowls Competition - The Steering group is working hard to ensure success for this new event. Travis and Steve from Ray White Drysdale are happy with progress to date, and they have entered a team for this 6 week event. At the time of writing we have got 5 teams of 3-5 people registered, which is a good response to date. We are aiming for 20 teams and a number of members are working to help make this happen.

It was great to see the very good attendance at the Meeting of Members on 17 September, 55 members. It shows you are interested and care about the club. A number of items were reported on and issues raised and discussed. One item was a Christmas event and it was agreed that the Pennant breakup date of 15 December would become our Christmas event. Marg Harbert is organising a group to make this happen. This will also include a Christmas hamper raffle to be drawn on the night. If you have any items or donations to contribute to the raffle, that would be gratefully accepted.

Enjoy your bowls, encourage each other and we'll see you after the game.

Rosemary Sexton

CSBC OPENING DAY—SATURDAY 1ST SEPTEMBER 2018



President Rosemary welcomed members and guests



Singles Runner-up Champion, Joan, rolled the first JACK.



Singles Champion, Barry, rolled the first BOWL



Cr Jim Mason expressed his thanks for the invitation to attend Opening Day and wished successful season for the club.



Coach, Alf Vella, expressed his hopes for a



**WOMEN'S 2 BOWL SINGLES
CHAMPION, 2018/19**

WINNER: MARGARET MENNER

RUNNER-UP: BEV UPRICHARD



Winning team at Portarlinton "Ladies By the Bay" Sept 2018. Well done Mary Bev and Catherine.

COACHING

IMPORTANT "C"



- CONCENTRATION
- CONFIDENCE
- CONTROL
- CORRECTION
- CONSISTENCY

IMPROVEMENT TO A HIGHER LEVEL OF SKILLS

It cannot be over emphasised that the basic shot in the game of Lawn Bowls is the DRAW SHOT.

Practice and master this shot and all the other shots will follow.

As you master the basic shot, you will be looking at the TECHNIQUES in playing the other shots by participating in organised coaching sessions put on by the Coaches. Do not be afraid to approach the Club Coach or any other coaches in your club and request a SPECIFIC SKILL DEVELOPMENT.

ALF VELLA, CLUB COACH.

0450 190 882

UPCOMING EVENTS:

WED 3 OCT:	NOMINATED 2 BOWL TRIPLES (M)
TUE 2 OCT:	MIDWEEK PENNANT R1
THU 4 OCT:	VISIT TO CRESWICK
SAT 6 OCT:	SATURDAY PENNANT R1
THU 11 OCT:	R1 MIXED PAIRS
SUN 14 OCT:	R2 MIXED PAIRS
THU 18 OCT:	R3 MIXED PAIRS
SUN 21 OCT:	SF MIXED PAIRS
TUE 6 NOV:	MELBOURNE CUP MIXED SOCIAL
THU 15 NOV:	MENS SINGLES R1
THU 15 NOV:	WOMENS SINGLES R1



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SPONSORING "THE SPRINGS" TWILIGHT BOWLS

THE CLUB is running two special events to stimulate our presence within the community of Clifton Springs, Drysdale and Curlewis. Pamphlet drops have been made over these areas together with media advertising, Facebook and Website coverage with information posted as widely as possible.

If you haven't already volunteered, please come forward and offer to help during October and November either in-house or on the green. Please see Rosemary, Barry Oswald, John Burt, Graham Boxall or Jan Townsend.

We are extremely grateful to Ray White Drysdale Real Estate for sponsoring *The Springs Twilight Bowls Jack Attack*.



"The Springs' Twilight Bowls Jack Attack

FREE
ENTRY

6 Week competition starting 24 October until 28 November

Every Wednesday 6:00pm to 8:00pm

Make a Team of 3-5 Players - For Workmates, friends and families

Flows and BBQ Provided

Sponsored Prizes every week

Register at cliftonsprings.bowls.com.au

Come and have a go

AS I SEE IT ... with ROB September 2018.

Steps to Success. Remember when you were learning how to drive? So many things to think about and in a particular order. Well, now you could probably drive in your sleep! (Don't try it, please!)

Your Bowls Delivery is the same. Accuracy comes when you have trained your brain/body to do the same action every time.

So you need a mental checklist. *Something like:* Pick up the bowl and stand behind the mat.

Wait for Skipper's call of which shot to play.

Check the bias on your bowl.

Choose your aiming point or line.

Step onto the mat TOWARDS THAT POINT so your body is aimed at it.

Look across to see how far away the Jack is.

Convert that to what weight you need.

Look at your aiming point again and keep looking at it.

Swing, step and deliver.

Follow through with your arm towards your aiming point.

Keep looking at the aiming point until the bowl is halfway.

Look over at the head.

Get ready to correct with your next bowl if needed.

If you do this every time, you will train your brain to make it automatic.

Then you may be as good as the pro's.

Comments you may hear on the greens:

That bowler is as blind as a welder's dog.

He's been bowling since Moses had the mumps.

We've been up since sparrow fart.

It rolled like a greased snake on an oiled floor.

Laugh? I am telling you, I never thought my socks would dry!

I've fallen out of the ugly tree, and been hit by every branch on the way down.

I have a face like a dropped pie.

That uniform is as flash as a rat with a gold tooth.

They've got more front than the Melbourne Zoo.

Reckon the Jack's got a social disease.

He's got a drive like a Sydney truckie.

We'd better shoot through like a Bondi tram.

Courtesy of Rob McC

WIFE VS HUSBAND

A couple drove down a country road for several miles **not saying a word.**

An earlier discussion had led to an argument and neither of them wanted to concede their position.

As they passed a barnyard of mules, goats and pigs, the husband asked sarcastically:

"Relatives of yours?"

"Yep", the wife replied, "in-laws"

The secret of enjoying a good wine:

- 1. Open the bottle to allow it to breathe**
- 2. If it does not look like it's breathing give it mouth-to-mouth!**

Courtesy of Judy Lyons

CLUB BADGES

MEMBERS REQUIRING NEW BADGES MAY ORDER THROUGH JAN TOWNSEND \$8.00 PER BADGE.



I AM FINE, THANK YOU

There is nothing the matter with me
I'm as healthy as I can be
I've arthritis in both my knees
When I talk, I talk with a wheeze
My pulse is weak, my blood is thin
But I'm awfully well, for the shape I'm in.

Arch supports I have for my feet,
Or I wouldn't be able to walk on the street.
Sleep is denied me night after night,
but every morning I find I'm alright.
My memory is failing, my heads in a spin,
But I'm awfully well for the shape I'm in.

The Moral is this, as this tale I unfold

It's better to say 'I'm fine', with a grin
Than to let folks know the shape I am in.

How do I know that my youth is all spent
Well, my get up and go has got up and went!
But I really don't mind when I think with a grin
Of all the grand places my 'get up' has bin.

Old age is golden, I've heard it said
But sometimes I wonder as I get into bed
With my ears in a drawer, my teeth in a cup



My eyes on the table until I get up.
Ere sleep comes o'er me, I say to myself
'is there anything else I can lay on the shelf'?

When I was young my slippers were red
I could kick my heels right over my head.
When I grew older my slippers were blue,
But still I could dance the whole night through.

Now, when I'm old my slippers are black
I walk to the store and puff my way back.
I get up in the morning and dust off my wits,
Pick up the paper and read the 'obits'.
If my name is still missing I know I'm not dead

So I get a good breakfast, and go back to bed!
Courtesy of June Strahle