

**Allcomers – Bankstown – 2<sup>nd</sup> & 3<sup>rd</sup> February 2019**

<b><u>WOMEN</u></b>			<b><u>MEN</u></b>		
<b>100m</b>	Elysha Cramer	12.92	<b>100m</b>	Hayden Wong	11.91
	Maddie Owen	13.85		Philip Clarke	13.68
				Sam Vaid	13.86
<b>800m</b>	Bethany Halmy	2:11.40			
<b>3000m Walk</b>	Olivia Thomson	17:44.24	<b>400m H</b>	Tim Kendrick-Little	59.33
<b>Long Jump</b>	Melissa Fitzsimmons	5.28m	<b>200m</b>	Philip Clarke	29.07
<b>5000m</b>	Heather Vrachliotis	20:44.22	<b>800m</b>	Ben Muston	1:58.29
<b>400m</b>	Rosie Craker	56.25	<b>5000m</b>	Oliver White	17:13.08
			<b>R</b>		
<b>High Jump</b>	Nicole Freestone	1.65m	<b>400m</b>	Ewan Burns	51.04
	Sydney Kania	1.60m		Justin Brown	52.30
<b>Triple Jump</b>	Alana Macrow-Cain	10.56m			
	Stephanie Alberts	FOUL			