



**NORTHERN METROPOLITAN REGION
COLES TRACK & FIELD CHAMPIONSHIPS
MOONEE VALLEY ATHLETICS TRACK
SATURDAY 17th & SUNDAY 18th FEBRUARY 2018**

1. Call Room Opening announcements will be made at the commencement of each day's competition and for the events immediately after the lunch break. No other announcements will be made and athletes are required to enter the Call Room for each event as per the official program timetable.
2. Athletes must arrive in the Call Room before the closing time of their event. The Call Room opens 30 minutes prior to the event starting time and closes 20 minutes prior to the event.
3. Athletes must present to the Call Room in correct **Centre Uniform**.
4. **800m:** Where there are more than 16 entries, athletes will be placed in heats up to a maximum of 16 athletes per heat. A series of timed races will be used to determine the overall placing of the teams.
5. Progression from Heats to Finals will be the Heat winners, plus the next fastest times, to make up full fields of a maximum of 8 in laned events.
6. Where there is only enough athletes in the heats of a laned event to make a final, the event will be run as a **FINAL** at the Heat time.
7. Track events take precedence over Field events. Where there is a clash of events, Team Managers must submit a release form to both the Track and Field Call Room Chiefs.

8. REGION HIGH JUMP STARTING HEIGHTS:

	9	10	11	12	13	14	15
GIRLS	.75	.90	1.00	1.05	1.15	1.20	1.25
BOYS	.80	1.00	1.05	1.15	1.20	1.30	1.35

A competitor must jump at the height of the bar currently set, if they leave and then return to the event. Athletes will not automatically qualify or be progressed to State if they fail to clear the State starting height (10cm above Region starting height) for their age group.

9. **WALKING EVENTS:** - The CHIEF JUDGE, during or after the race can disqualify a walker. The basis for disqualification shall be on the decision of any three judges. Competitors should be aware of the fact that they can complete the race and still be disqualified. Athletes are subject to qualifying times if they wish to participate in the State Championships.

Walk Qualifying Times for State

Boys & Girls U9	700m	5:50	Boys & Girls U10	1100m	8:20
Boys & Girls U11	1100m	7:45	Boys & Girls U12	1500m	10:35
Boys & Girls U13	1500m	9:45	Boys & Girls U14/15	1500m	9:30

10. In all Field events except High Jump, athletes will have three (3) jumps or throws with a 4th trial for the top 8 athletes. The competing order for the 4th trial will be in reverse ranking order after the first 3 rounds of trials.
11. **LAVic Competition Regulations apply to all events.**
12. **STARTING BLOCKS** may be used by U12 - U15 age groups only. The organising body will supply all blocks.

13. **CROUCH STARTS** are to be used by U12 - U15 age groups in all laned events, except when it is **physically or medically** impossible/impracticable for an athlete to use this technique.

14. **SPIKES** (Conical/Pyramid) (maximum length 7mm) may be worn by U11 - U15 age groups in laned events only (up to 400m) plus LJ, TJ, Jav and HJ. U13 - U15 Athletes may wear spikes in unlaned track events.

SPIKES are only allowed to be worn while Athletes are competing at events and should not be worn to and from event venues.



SPIKE LENGTH & SHAPE

Spikes must NOT exceed 7mm.
All holes must be filled with a complete set of spikes or no more than 2 blanks.

UNIFORMS

Athletes must wear their correct Centre Uniform with the Coles patch above the the LAVic logo. Shorts/Leggings need to have no unapproved branding or logos larger than 30mm x 30mm. Subway name tags must be worn.

AUTOMATIC QUALIFIERS & PROGRESSIONS TO STATE FINALS

- Automatic Qualifiers:** shall be clear first (1st) place only in each event in each Region
- Progressions:** as many as are necessary to make up a full field of 24 for all events except 800m which will have a field of 16. All progressions shall be based on performances across all Regions.

CODE OF CONDUCT

PARENTS / COACHES

Under no circumstances are parents/guardians/friends and private coaches of the athlete's competing on the day permitted to enter any marshalling area, competition arena, for any reason unless they are requested to do so by the Arena Manager, Referee, or Jury.

TEAM MANAGERS / ASSISTANT TEAM MANAGERS

Team Managers / Assistant Team Managers may only enter a competition venue or the arena for official or reasonable purposes, relative to the performance of their team, or when requested to do so by the Arena Manager, Referee, or Jury.

Under no circumstances is any Parent/Coach/Team manager or Assistant Team Manager to approach any person acting in an official capacity in the conduct of the program, to question or debate any decision.

NOTE: All Chief Officials have the authority to issue a warning to any individual, that they are in breach of the above code, and that the warning will be reported to the Meeting Manager. The Team Manager of the Centre will then be notified.

ANY AND ALL COMPLAINTS MUST BE HANDLED IN THE MANNER PRESCRIBED IN THE LAVic COMPETITION REGULATIONS, UNDER PROTESTS.

Little Athlete's Code of Behaviour

Play by the rules.

Never argue with an official. If you disagree, ask your Team Manager to deal with the matter.

Control your temper. Verbal abuse of officials or other athletes, deliberately distracting or provoking an opponent is not acceptable or permitted in our sport.

Work equally hard for yourself and/or your Centre/Club. Your Centre/Club's performance will benefit.

Be a good sport. Applaud all good results whether they are by your Centre/Club, opponent or the other Centre/Club.

Treat all athletes, as you would like to be treated. Do not interfere with, bully or take unfair advantage of another athlete.

Co-operate with officials, coaches, club mates and other participants. Without them there would be no competition.

Participate in Little Athletics for the "fun of it" and not just to please parents and coaches.

Avoid use of bad language

Officials' Code of Behaviour

Compliment all participants on their efforts.

Be consistent, objective and courteous in calling all infractions.

Condemn unsporting behaviour and promote respect for all opponents.

Ensure that the 'spirit of the game' for children is not lost by using common sense and not over-emphasising errors.

Ensure the equipment and facilities meet safety standards and are appropriate to the age and ability of the participants.

Publicly encourage rule changes, which will reinforce the principles of good sporting behaviour. Actions speak louder than words.

Make a personal commitment to keep yourself informed of sound officiating principles and the principles of growth and development of children

Hold a current Working with Children Check

Avoid use of bad language

Parents' Code of Behaviour

Encourage children to participate if they are interested. However, if a child is not willing, do not force him or her.

Focus upon the child's efforts rather than the overall outcome of the event. This assists the children in setting realistic goals related to his/her ability by reducing the emphasis on winning.

Teach children that an honest effort is as important as victory, so that the result of each event is accepted without undue disappointment.

Encourage children to always participate according to the rules

Never ridicule or yell at a child for making a mistake or losing an event.

Remember children are involved in Little Athletics for **their** enjoyment, not yours.

If you disagree with an official, raise the issue through the appropriate channels rather than questioning the official's judgement and honesty in public. Remember, most officials give their time and effort for your child's involvement.

Support all efforts to remove all verbal and physical abuse at Little Athletics activities.

Recognise the value and importance of being a volunteer official and/or coach. They give of their time and resources to provide recreational activities for the children and deserve your support.

Demonstrate appropriate social behaviour, by not harassing athletes, coaches or officials, smoking on the arena or being intoxicated.

Avoid use of bad language.

Coaches' Code of Behaviour

Be reasonable in your demands on young athlete's time, energy and enthusiasm.

Teach athletes the rules of the sport are mutual agreements, which no one should evade or break.

Whenever possible, group athletes to give a reasonable chance of success.

Avoid over-coaching the better performing athletes, the "just averages" athletes need and deserve equal time.

Avoid situations with your athletes that could be construed as compromising

Remember that children participate for fun and enjoyment and that winning is only part of their enjoyment. Never ridicule or yell at the children for making mistakes or losing an event.

Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the athletes.

Take into consideration the maturity level of the children when scheduling and determining the length of training times and competition.

Coaches should never solicit, whether overtly or covertly, or by actively recruiting athletes who are already being coached to join their squad.

Develop respect for the ability of opponents as well as for the judgement of officials and coaches.

Follow the advice of a physician when determining when an injured athlete is ready to recommence training or competition.

Make a personal commitment to keep yourself informed of sound coaching principles and the principles of growth and development of children.

Demonstrate appropriate social behaviour, by not harassing athletes, other coaches or officials, smoking on the arena or being intoxicated.

Not publicly criticise or disagree with the work of other coaches

Hold a current Working with Children Check

Avoid use of bad language

LITTLE ATHLETICS SUN SMART MEASURES



Little Athletics Victoria has a policy of promoting Sun Smart measures at all Little Athletics events for athletes and spectators.



HEALTH THROUGH ATHLETICS



Athletes

- ✓ Make sure that you have good fluid intake before competing.
- ✓ Cover up between your events and stay covered up for as long as possible before track events.
- ✓ Share your shade and sunscreen with others.

Everyone should wear sun protection

- ✓ Shirts, polo tops (preferably long sleeve with collar)
- ✓ Wear wide brimmed or legionnaire hats.
- ✓ Wear long trousers, tracksuits or similar.
- ✓ Don't forget your sunglasses.
- ✓ Apply SPF 30+ sunscreen to exposed parts of the body

Adults – act as sun smart role models for your children

The 2018 NMR Track & Field Championships are a

SMOKE FREE EVENT

**Smoking is NOT allowed inside
the Moonee Valley Athletics Track Venue**

**In the interests of children's health, adults are asked to smoke
outside the venue**



NMR is on Facebook: www.facebook.com/nmrlavic

Live results can be found on the NMR website, the NMR Team App and Track Meet Mobile App.

For NMR Team App

Follow these steps:

1. Download Team App from the Apple or Google Play App Store
2. Sign up to Team App. You will be sent an email to confirm your registration.
3. Log into the App and search for NMR Little Athletics
4. Choose your applicable access group(s)
5. If you don't have a smartphone go to nmrlittleathletics.teamapp.com to sign up and view the App online.



For Track Meet mobile

Track Meet Mobile is a platform which connects with our results platform for Region and State Championship Competitions. This app is free to download from the Apple or Google Play App Store. Please note that to access results, you need to pay either the \$2.99 monthly fee, or \$9.99 yearly fee. If you do not wish to pay, you will be able to see the schedule of events and athletes. This is the best option to view results.

COMPETING CENTRES

COBURG 5
CRAIGIEBURN 121
DIAMOND VALLEY 8
ESSENDON 73
HUME 78
KEILOR 46
KILMORE & DISTRICTS 111
LANCEFIELD ROMSEY 127
PRESTON RESERVOIR 22
SUNBURY 83
WHITTLESEA CITY 112

SATURDAY TRACK TIMETABLE

Event #	Call Room Open Time	Call Room Close Time	Event Start Time	Gender	Age	Event	Type	Athlete Total	Location
101	8.00	8.10	8.30	Girls	U9	700 Metre Walk	Final	2	Circular
102	8.00	8.10	8.30	Boys	U9	700 Metre Walk	Final	5	Circular
103	8.15	8.25	8.45	Girls	U10	1100 Metre Walk	Final	4	Circular
104	8.15	8.25	8.45	Boys	U10	1100 Metre Walk	Final	6	Circular
105	8.30	8.40	9.00	Girls	U11	1100 Metre Walk	Final	6	Circular
106	8.30	8.40	9.00	Boys	U11	1100 Metre Walk	Final	9	Circular
107	8.45	8.55	9.15	Boys	U12	1500 Metre Walk	Final	4	Circular
108	8.45	8.55	9.15	Boys	U13	1500 Metre Walk	Final	2	Circular
109	8.45	8.55	9.15	Boys	U14	1500 Metre Walk	Final	3	Circular
110	8.45	8.55	9.15	Boys	U15	1500 Metre Walk	Final	2	Circular
111	8.45	8.55	9.15	Girls	U12	1500 Metre Walk	Final	5	Circular
112	8.45	8.55	9.15	Girls	U13	1500 Metre Walk	Final	4	Circular
113	8.45	8.55	9.15	Girls	U14	1500 Metre Walk	Final	2	Circular
114	8.45	8.55	9.15	Girls	U14	1500 Metre Walk	Final	0	Circular
115	9.10	9.20	9.40	Girls	U9	70 Metre Run	Heats	11	Sprint
116	9.16	9.26	9.46	Boys	U9	70 Metre Run	Heats	18	Sprint
117	9.25	9.35	9.55	Girls	U10	70 Metre Run	Heats	16	Sprint
118	9.31	9.41	10.01	Boys	U10	70 Metre Run	Heats	14	Sprint
119	9.55	10.05	10.25	Girls	U11	60 Metre Hurdles	Heats	13	Sprint
120	10.01	10.11	10.31	Boys	U11	60 Metre Hurdles	Heats	13	Sprint
121	10.07	10.17	10.37	Girls	U12	60 Metre Hurdles	Heats	13	Sprint
122	10.13	10.23	10.43	Boys	U12	60 Metre Hurdles	Heats	14	Sprint
123	10.19	10.29	10.49	Girls	U13	80 Metre Hurdles	Heats	9	Sprint
124	10.25	10.35	10.55	Boys	U13	80 Metre Hurdles	Heats	11	Sprint
125	10.50	11.00	11.20	Boys	U9	70 Metre Run	Final		Sprint
126	10.53	11.03	11.23	Girls	U9	70 Metre Run	Final		Sprint
127	10.56	11.06	11.26	Boys	U10	70 Metre Run	Final		Sprint
128	10.59	11.09	11.29	Girls	U10	70 Metre Run	Final		Sprint
129	11.20	11.30	11.50	Boys	U11	60 Metre Hurdles	Final		Sprint
130	11.23	11.33	11.53	Girls	U11	60 Metre Hurdles	Final		Sprint
131	11.26	11.36	11.56	Boys	U12	60 Metre Hurdles	Final		Sprint
132	11.29	11.39	11.59	Girls	U12	60 Metre Hurdles	Final		Sprint
133	11.32	11.42	12.02	Boys	U13	80 Metre Hurdles	Final		Sprint
134	11.35	11.45	12.05	Girls	U13	80 Metre Hurdles	Final		Sprint
135	11.38	11.48	12.08	Girls	U14	80 Metre Hurdles	Final	6	Sprint
136	11.41	11.51	12.11	Boys	U14	90 Metre Hurdles	Final	5	Sprint
137	11.44	11.54	12.14	Girls	U15	90 Metre Hurdles	Final	5	Sprint
138	11.47	11.57	12.17	Boys	U15	100 Metre Hurdles	Final	4	Sprint
Lunch break time permitting									

Event #	Call Room Open Time	Call Room Close Time	Event Start Time	Gender	Age	Event	Type	Athlete Total	Location
139	12.45	12.55	1.15	Boys	U15	800 Metre Run	Final	4	Circular
140	12.45	12.55	1.15	Boys	U14	800 Metre Run	Final	8	Circular
141	12.50	1.00	1.20	Girls	U15	800 Metre Run	Final	2	Circular
142	12.50	1.00	1.20	Girls	U14	800 Metre Run	Final	8	Circular
143	12.55	1.05	1.25	Boys	U13	800 Metre Run	Final	10	Circular
144	1.00	1.10	1.30	Girls	U13	800 Metre Run	Final	12	Circular
145	1.05	1.15	1.35	Boys	U9	800 Metre Run	Final	20	Circular
146	1.15	1.25	1.45	Girls	U9	800 Metre Run	Final	7	Circular
147	1.20	1.30	1.50	Boys	U10	800 Metre Run	Final	19	Circular
148	1.30	1.40	2.00	Girls	U10	800 Metre Run	Final	10	Circular
149	1.35	1.45	2.05	Boys	U11	800 Metre Run	Final	15	Circular
150	1.40	1.50	2.10	Girls	U11	800 Metre Run	Final	12	Circular
151	1.45	1.55	2.15	Boys	U12	800 Metre Run	Final	13	Circular
152	1.50	2.00	2.20	Girls	U12	800 Metre Run	Final	10	Circular
153	2.10	2.20	2.40	Boys	U14	200 Metre Run	Heats	10	Sprint
154	2.16	2.26	2.46	Boys	U13	200 Metre Run	Heats	11	Sprint
155	2.22	2.32	2.52	Girls	U13	200 Metre Run	Heats	15	Sprint
156	2.28	2.38	2.58	Boys	U9	200 Metre Run	Heats	21	Sprint
157	2.37	2.47	3.07	Girls	U9	200 Metre Run	Heats	9	Sprint
158	2.43	2.53	3.13	Boys	U10	200 Metre Run	Heats	12	Sprint
159	2.49	2.59	3.19	Girls	U10	200 Metre Run	Heats	16	Sprint
160	2.55	3.05	3.25	Boys	U11	200 Metre Run	Heats	19	Sprint
161	3.04	3.14	3.34	Girls	U11	200 Metre Run	Heats	16	Sprint
162	3.10	3.20	3.40	Boys	U12	200 Metre Run	Heats	9	Sprint
163	3.16	3.26	3.46	Girls	U12	200 Metre Run	Heats	17	Sprint
164	3.40	3.50	4.10	Boys	U15	200 Metre Run	Final	6	Sprint
165	3.43	3.53	4.13	Girls	U15	200 Metre Run	Final	5	Sprint
166	3.46	3.56	4.16	Boys	U14	200 Metre Run	Final		Sprint
167	3.49	3.59	4.19	Girls	U14	200 Metre Run	Final	7	Sprint
168	3.52	4.02	4.22	Boys	U13	200 Metre Run	Final		Sprint
169	3.55	4.05	4.25	Girls	U13	200 Metre Run	Final		Sprint
170	3.58	4.08	4.28	Boys	U9	200 Metre Run	Final		Sprint
171	4.01	4.11	4.31	Girls	U9	200 Metre Run	Final		Sprint
172	4.04	4.14	4.34	Boys	U10	200 Metre Run	Final		Sprint
173	4.07	4.17	4.37	Girls	U10	200 Metre Run	Final		Sprint
174	4.10	4.20	4.40	Boys	U11	200 Metre Run	Final		Sprint
175	4.13	4.23	4.43	Girls	U11	200 Metre Run	Final		Sprint
176	4.16	4.23	4.46	Boys	U12	200 Metre Run	Final		Sprint
177	4.19	4.29	4.49	Girls	U12	200 Metre Run	Final		Sprint

SUNDAY TRACK TIMETABLE

Event #	Call Room Open Time	Call Room Close Time	Event Start Time	Gender	Age	Event	Type	Athlete Total	Location
201	8.00	8.10	8.30	Boys	U13	1500 Metre Run	Final	7	Circular
202	8.00	8.10	8.30	Boys	U14	1500 Metre Run	Final	6	Circular
203	8.00	8.10	8.30	Boys	U15	1500 Metre Run	Final	5	Circular
204	8.10	8.20	8.40	Boys	U11	1500 Metre Run	Final	10	Circular
205	8.10	8.20	8.40	Boys	U12	1500 Metre Run	Final	10	Circular
206	8.20	8.30	8.50	Girls	U11	1500 Metre Run	Final	9	Circular
207	8.20	8.30	8.50	Girls	U12	1500 Metre Run	Final	8	Circular
208	8.30	8.40	9.00	Girls	U13	1500 Metre Run	Final	7	Circular
209	8.30	8.40	9.00	Girls	U14	1500 Metre Run	Final	9	Circular
210	8.30	8.40	9.00	Girls	U15	1500 Metre Run	Final	1	Circular
211	9.00	9.10	9.30	Girls	U13	200 Metre Hurdles	Heats	11	Sprint
212	9.10	9.20	9.40	Boys	U11	100 Metre Run	Heats	25	Sprint
213	9.19	9.29	9.49	Girls	U11	100 Metre Run	Heats	18	Sprint
214	9.28	9.38	9.58	Boys	U12	100 Metre Run	Heats	11	Sprint
215	9.34	9.44	10.04	Girls	U12	100 Metre Run	Heats	23	Sprint
216	9.43	9.53	10.13	Boys	U10	100 Metre Run	Heats	18	Sprint
217	9.52	10.02	10.22	Girls	U10	100 Metre Run	Heats	15	Sprint
218	9.58	10.08	10.28	Boys	U9	100 Metre Run	Heats	21	Sprint
219	10.07	10.17	10.37	Girls	U9	100 Metre Run	Heats	13	Sprint
220	10.13	10.23	10.43	Boys	U14	100 Metre Run	Heats	12	Sprint
221	10.19	10.29	10.49	Girls	U14	100 Metre Run	Heats	13	Sprint
222	10.25	10.35	10.55	Boys	U13	100 Metre Run	Heats	12	Sprint
223	10.31	10.41	11.01	Girls	U13	100 Metre Run	Heats	17	Sprint
224	10.55	11.05	11.25	Boys	U11	100 Metre Run	Final		Sprint
225	10.58	11.08	11.28	Girls	U11	100 Metre Run	Final		Sprint
226	11.01	11.11	11.31	Boys	U12	100 Metre Run	Final		Sprint
227	11.04	11.14	11.34	Girls	U12	100 Metre Run	Final		Sprint
228	11.07	11.17	11.37	Boys	U10	100 Metre Run	Final		Sprint
229	11.10	11.20	11.40	Girls	U10	100 Metre Run	Final		Sprint
230	11.13	11.23	11.43	Boys	U9	100 Metre Run	Final		Sprint
231	11.16	11.26	11.46	Girls	U9	100 Metre Run	Final		Sprint
232	11.19	11.29	11.49	Boys	U15	100 Metre Run	Final	4	Sprint
233	11.22	11.32	11.52	Girls	U15	100 Metre Run	Final	2	Sprint
234	11.25	11.35	11.55	Boys	U14	100 Metre Run	Final		Sprint
235	11.28	11.38	11.58	Girls	U14	100 Metre Run	Final		Sprint
236	11.31	11.41	12.01	Boys	U13	100 Metre Run	Final		Sprint
237	11.34	11.44	12.04	Girls	U13	100 Metre Run	Final		Sprint
Lunch break time permitting									

Event #	Call Room Open Time	Call Room Close Time	Event Start Time	Gender	Age	Event	Type	Athlete Total	Location
238	12.30	12.40	1.00	Boys	U11	400 Metre Run	Heats	16	Sprint
239	12.36	12.46	1.06	Girls	U11	400 Metre Run	Heats	9	Sprint
240	12.42	12.52	1.12	Boys	U12	400 Metre Run	Heats	11	Sprint
241	12.48	12.58	1.18	Boys	U10	400 Metre Run	Heats	17	Sprint
242	12.57	1.07	1.27	Girls	U10	400 Metre Run	Heats	11	Sprint
243	1.03	1.13	1.33	Boys	U9	400 Metre Run	Heats	25	Sprint
244	1.15	1.25	1.45	Girls	U14	400 Metre Run	Heats	11	Sprint
245	1.21	1.31	1.51	Boys	U13	400 Metre Run	Heats	9	Sprint
246	1.27	1.37	1.57	Girls	U13	400 Metre Run	Heats	11	Sprint
247	1.50	2.00	2.20	Boys	U10	60 Metre Hurdles	Heats	17	Sprint
248	1.59	2.09	2.29	Girls	U10	60 Metre Hurdles	Heats	15	Sprint
249	2.05	2.15	2.35	Boys	U9	60 Metre Hurdles	Heats	14	Sprint
250	2.11	2.21	2.41	Girls	U9	60 Metre Hurdles	Heats	14	Sprint
251	2.30	2.40	3.00	Boys	U15	300 Metre Hurdles	Final	3	Sprint
252	2.33	2.43	3.03	Girls	U15	300 Metre Hurdles	Final	4	Sprint
253	2.36	2.46	3.06	Boys	U14	200 Metre Hurdles	Final	7	Sprint
254	2.39	2.49	3.09	Girls	U14	200 Metre Hurdles	Final	5	Sprint
255	2.42	2.52	3.12	Boys	13	200 Metre Hurdles	Final	5	Sprint
256	2.45	2.55	3.15	Girls	13	200 Metre Hurdles	Final		Sprint
257	3.00	3.10	3.30	Boys	U10	60 Metre Hurdles	Final		Sprint
258	3.03	3.13	3.33	Girls	U10	60 Metre Hurdles	Final		Sprint
259	3.06	3.16	3.36	Boys	U9	60 Metre Hurdles	Final		Sprint
260	3.09	3.19	3.39	Girls	U9	60 Metre Hurdles	Final		Sprint
261	3.25	3.35	3.55	Boys	U9	400 Metre Run	Final		Sprint
262	3.28	3.38	3.58	Girls	U9	400 Metre Run	Final	8	Sprint
263	3.31	3.41	4.01	Boys	U10	400 Metre Run	Final		Sprint
264	3.34	3.44	4.04	Girls	U10	400 Metre Run	Final		Sprint
265	3.37	3.47	4.07	Boys	U11	400 Metre Run	Final		Sprint
266	3.40	3.50	4.10	Girls	U11	400 Metre Run	Final		Sprint
267	3.43	3.53	4.13	Boys	U12	400 Metre Run	Final		Sprint
268	3.46	3.56	4.16	Girls	U12	400 Metre Run	Final	7	Sprint
269	3.49	3.59	4.19	Boys	U13	400 Metre Run	Final		Sprint
270	3.52	4.02	4.22	Girls	U13	400 Metre Run	Final		Sprint
271	3.55	4.05	4.25	Boys	U14	400 Metre Run	Final	7	Sprint
272	3.58	4.08	4.28	Boys	U15	400 Metre Run	Final	1	Sprint
273	4.00	4.11	4.31	Girls	U14	400 Metre Run	Final		Sprint
274	4.04	4.14	4.34	Girls	U15	400 Metre Run	Final	3	Sprint



SATURDAY FIELD TIMETABLE

Event #	Call Room Open Time	Call Room Close Time	Event Start Time	Gender	Age	Event	Athlete Total	Venue
1001	8.00	8.10	8.30	Girls	U15	Javelin	4	1
1002	8.00	8.10	8.30	Girls	U14	Javelin	6	1
1003	8.00	8.10	8.30	Girls	U13	High Jump	7	1
1004	8.00	8.10	8.30	Boys	U13	Discus	9	2
1005	8.15	8.25	8.45	Boys	U15	Triple Jump	3	2
1006	8.15	8.25	8.45	Girls	U9	Shot Put	11	1
1007	8.30	8.40	9.00	Boys	U11	Discus	10	1
1008	8.30	8.40	9.00	Boys	U9	Long Jump	18	1
1009	8.30	8.40	9.00	Girls	U11	High Jump	10	2
1010	9.00	9.10	9.30	Boys	U12	Shot Put	8	2
1011	9.30	9.40	10.00	Girls	U12	Long Jump	17	2
1012	10.00	10.10	10.30	Boys	U14	Discus	7	2
1013	10.00	10.10	10.30	Girls	U15	High Jump	5	1
1014	10.00	10.10	10.30	Boys	U11	Triple Jump	29	1
1015	10.30	10.40	11.00	Girls	U10	High Jump	6	2
1016	10.30	10.40	11.00	Boys	U13	Triple Jump	11	2
1017	10.30	10.40	11.00	Boys	U10	Shot Put	14	1
1018	10.30	10.40	11.00	Girls	U13	Javelin	7	1
1019	11.00	11.10	11.30	Girls	U11	Long Jump	13	1
Lunch break time permitting								

Event #	Call Room Open Time	Call Room Close Time	Event Start Time	Gender	Age	Event	Athlete Total	Venue
1020	12.45	12.55	1.15	Boys	U15	Discus	7	2
1021	12.45	12.55	1.15	Girls	U12	Javelin	7	1
1022	12.45	12.55	1.15	Girls	U15	Long Jump	6	2
1023	1.00	1.10	1.30	Boys	U14	Triple Jump	10	2
1024	1.00	1.10	1.30	Girls	U14	High Jump	8	1
1025	1.00	1.10	1.30	Boys	U12	Triple Jump	19	1
1026	1.15	1.25	1.45	Boys	U9	Discus	22	1
1027	1.15	1.25	1.45	Boys	U13	Shot Put	6	2
1028	1.30	1.40	2.00	Girls	U9	High Jump	6	2
1029	1.30	1.40	2.00	Girls	U13	Long Jump	8	1
1030	1.45	1.55	2.15	Boys	U11	Shot Put	8	1
1031	2.30	2.40	3.00	Boys	U10	Long Jump	24	2
1032	2.45	2.55	3.15	Girls	U12	High Jump	9	1
1033	2.45	2.55	3.15	Girls	U10	Discus	8	1
1034	3.00	3.10	3.30	Girls	U11	Javelin	8	1
1035	3.00	3.10	3.30	Boys	U12	Discus	12	2
1036	3.00	3.10	3.30	Boys	U14	Shot Put	5	2
1037	3.00	3.10	3.30	Boys	U15	Shot Put	2	2
1038	3.15	3.25	3.45	Girls	U14	Long Jump	13	1

SUNDAY FIELD TIMETABLE

Event #	Call Room Open Time	Call Room Close Time	Event Start Time	Gender	Age	Event	Athlete Total	Venue
2001	8.00	8.10	8.30	Boys	U14	Javelin	4	1
2002	8.00	8.10	8.30	Boys	U15	Javelin	3	1
2003	8.00	8.10	8.30	Boys	U13	High Jump	6	1
2004	8.00	8.10	8.30	Girls	U13	Discus	7	2
2005	8.15	8.25	8.45	Girls	U11	Discus	7	1
2006	8.15	8.25	8.45	Girls	U15	Triple Jump	5	1
2007	8.30	8.40	9.00	Boys	U11	High Jump	10	2
2008	8.45	8.55	9.15	Boys	U9	Shot Put	10	1
2009	8.45	8.55	9.15	Boys	U12	Long Jump	13	2
2010	9.00	9.10	9.30	Girls	U9	Long Jump	17	1
2011	9.00	9.10	9.30	Girls	U12	Shot Put	8	2
2012	9.30	9.40	10.00	Girls	U11	Triple Jump	17	2
2013	10.00	10.10	10.30	Boys	U10	High Jump	17	2
2014	10.00	10.10	10.30	Girls	U13	Triple Jump	11	1
2015	10.15	10.25	10.45	Girls	U14	Discus	6	2
2016	10.15	10.25	10.45	Girls	U14	Discus	1	2
2017	10.30	10.40	11.00	Boys	U15	High Jump	4	1
2018	10.30	10.40	11.00	Girls	U10	Shot Put	9	1
2019	11.00	11.10	11.30	Boys	U13	Javelin	6	1
Lunch break time permitting								

Event #	Call Room Open Time	Call Room Close Time	Event Start Time	Gender	Age	Event	Athlete Total	Venue
2020	12.45	12.55	1.15	Boys	U15	Long Jump	4	2
2021	12.45	12.55	1.15	Boys	U14	High Jump	7	1
2022	12.45	12.55	1.15	Girls	U12	Triple Jump	18	1
2023	1.00	1.10	1.30	Boys	U11	Long Jump	16	1
2024	1.00	1.10	1.30	Girls	U14	Triple Jump	14	2
2025	1.15	1.25	1.45	Boys	U12	Javelin	10	1
2026	1.30	1.40	2.00	Girls	U9	Discus	9	1
2027	1.30	1.40	2.00	Girls	U11	Shot Put	10	1
2028	1.30	1.40	2.00	Girls	U13	Shot Put	8	2
2029	1.45	1.55	2.15	Boys	U9	High Jump	9	2
2030	2.30	2.40	3.00	Girls	U12	Discus	5	2
2031	2.30	2.40	3.00	Boys	U13	Long Jump	11	1
2032	2.30	2.40	3.00	Girls	U10	Long Jump	10	TJ 1
2033	2.45	2.55	3.15	Boys	U12	High Jump	10	1
2034	2.45	2.55	3.15	Boys	U10	Discus	18	1
2035	3.00	3.10	3.30	Boys	U11	Javelin	4	1
2036	3.00	3.10	3.30	Girls	U14	Shot Put	8	2
2037	3.00	3.10	3.30	Girls	U15	Shot Put	6	2
2038	3.00	3.10	3.30	Boys	U14	Long Jump	8	2

NMR TRACK & FIELD CHAMPIONSHIPS 2018 - LANE DRAWS

SATURDAY 17TH FEBRUARY 2018

***** Call Room Opens 30 minutes before event start time - Call Room closes 20 minutes before event start time*****

Event 101 Girls U 9 - 700m Walk
FINAL 8:30 AM
VBP: 3:37.13
NMR: 4:25.00
1 Hannah Paton W.City
2 Sarah Holmes D.Valley

Event 102 Boys U 9 - 700m Walk
FINAL 8:30 AM
VBP: 3:37.83
NMR: 4:34.77
1 Luka Peckham P-Reservoir
2 Max Davidson D.Valley
3 Ridham Attri W.City
4 Beau Mason D.Valley
5 Mitchell Freeman W.City

Event 103 Girls U 10 - 1100m Walk
FINAL 8:45 AM
VBP: 5:30.00
NMR: 6:19.58
1 Alicia Gec Keilor
2 Scarlett Adams W.City
3 Taihlar-Jo Kampf W.City
4 Alexia Olorenshaw P-Reservoir

Event 104 Boys U 10 - 1100m Walk
FINAL 8:45 AM
VBP: 5:09.12
NMR: 6:13.31
1 Harvardan Dhaliwal W.City
2 Thomas Merry W.City
3 Ethan Nash D.Valley
4 Campbell Lavender Coburg
5 Joshua Berry W.City
6 Benjamin Campbell D.Valley

Event 105 Girls U 11 - 1100m Walk
FINAL 9:00 AM
VBP: 5:35.56
NMR: 6:37.24
1 Poppy O'Loughlin P-Reservoir
2 Amy Hawking Essendon
3 Amelia Vernal Coburg
4 Amelia Davidson D.Valley
5 Maddison Nash D.Valley
6 Keeley Tennyson Coburg

Event 106 Boys U 11 - 1100m Walk
FINAL 9:00 AM
VBP: 5:24.81
NMR: 6:26.14
1 Ashton McMenamin Keilor
2 Kobe de Run D.Valley
3 Zachary Melvaine W.City
4 Lachlan Rumley W.City
5 Riley Coughlan Sunbury
6 Marcus Carelli P-Reservoir
7 Jake Tsigros W.City
8 Noah McMenamin Keilor
9 Riley Johns D.Valley

Event 107 Boys U 12 - 1500m Walk
FINAL 9:15 AM
VBP: 6:58.71
NMR: 7:32.32
1 Ethan Hellstrom D.Valley
2 Bailey Moffat Sunbury
3 Zayne Adams W.City
4 Kyle Taylor Keilor

Event 108 Boys U 13 - 1500m Walk
FINAL 9:15 AM
VBP: 6:54.87 2016
NMR: 7:15.28
1 Michael Sparks Sunbury
2 Nicolas Bannan W.City

Event 109 Boys U 14 - 1500m Walk
FINAL 9:15 AM
VBP: 6:14.48
NMR: 6:54.18
1 Tyson Moffat Sunbury
2 Jackson McMenamin Keilor
3 Flynn Gray Essendon

Event 110 Boys U 15 - 1500m Walk
FINAL 9:15 AM
VBP: 6:14.99
NMR: 6:53.34
1 James Bird Hume
2 Bede Collis D.Valley

Event 111 Girls U 12 - 1500m Walk
FINAL 9:15 AM
VBP: 6:53.19
NMR: 8:06.03
1 Charlee Dickson D.Valley
2 Chloe Thompson W.City
3 Molly Holmes D.Valley
4 Olivia Moutia Coburg
5 Zoe Vom Coburg

Event 112 Girls U 13 - 1500m Walk
FINAL 9:15 AM
VBP: 6:44.36
NMR: 7:08.34
1 Mia Gibson P-Reservoir
2 Alisha Sims W.City
3 Edie Bridgewater P-Reservoir
4 Catherine Dynes D.Valley

Event 113 Girls U 14 - 1500m Walk
FINAL 9:15 AM
VBP: 6:40.15
NMR: 6:49.83
1 Charlotte Holmes D.Valley
2 Kelsea Bannan W.City

Event 115 Girls U 9 - 70 Metre Run
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 10.36
NMR: 10.31
Heat 1 of 2 Heats 9:40 AM
2 Hope Vili Essendon
3 Zoey Ryan D.Valley
4 Karen Nardia Malupo W.City
5 Amelia Haxby Sunbury
6 Maisey Gasper Coburg
Heat 2 of 2 Heats
2 Isabella Wong Kilmore
3 Stella Williams Coburg
4 Ella Sutherland Essendon
5 Nina Noakes Coburg
6 Jessica Watson Essendon
7 Kasia Phillips Sunbury

Event 116 Boys U 9 - 70 Metre Run
8 Advance: Top 1 Each Heat plus Next 5 Best Times
VBP: 10.09
NMR: 10.44
Heat 1 of 3 Heats 9:46 AM
2 Luke Becvinovski Keilor
3 Mason Marin Essendon
4 Oliver Irwin Essendon
5 Ridham Attri Whittlesea
6 Jai Dwyer P-Reservoir
7 Ruan Louwrens D.Valley
Heat 2 of 3 Heats
2 Dane Novak Keilor
3 Michael Colaidis P-Reservoir
4 Charlie Laing D.Valley
5 Jamie Alder D.Valley
6 Christian Marchionno Essendon
7 Oliver Malamatinas W.City

Heat 3 of 3 Heats
2 Harper Eley P-Reservoir
3 Lewin Rees Keilor
4 Liam Joyce Sunbury
5 Aden Thompson Essendon
6 Isa Merhi Essendon
7 Max Hume D.Valley

Event 117 Girls U 10 - 70 Metre Run
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 10.04
NMR: 10.17
Heat 1 of 2 Heats 9:55 AM
1 Elisha Blair D.Valley
2 Maddison Meagher D.Valley
3 Saffron Mulcahy Keilor
4 Courtney Murray Craigieburn
5 Alexia Olorenshaw P.Reservoir
6 Alice Bromley L-Romsey
7 Taya McClure W.City
8 Tasharny de Cata D.Valley

***** Call Room Opens 30 minutes before event start time - Call Room closes 20 minutes before event start time*****

Heat 2 of 2 Heats		
1	Jada Patelesio	W.City
2	Gemma Attard	W.City
3	Ava Harbinson	L-Romsey
4	Ava Raso	D.Valley
5	Grace Farah	W.City
6	Olivia Gorman	W.City
7	Mischa Atkinson	W.City
8	Bianca Palamara	Keilor

Event 118 Boys U 10 - 70 Metre Run
8 Advance: Top 1 Each Heat plus Next 5 Best Times
VBP: 9.69
NMR: 9.99

Heat 1 of 2 Heats 10:01 AM		
2	Gianni Coco	Essendon
3	Jesse Rouge	W.City
4	Mitchell Iannello	Keilor
5	Jamie Williams	Craigieburn
6	Tait Rennie	Sunbury
7	Lawrence Cassar	Keilor
8	Chas Woodward	D,

Heat 2 of 2 Heats		
2	Noah Maffia	Keilor
3	David Droszczak	Craigieburn
4	William Hurt	Keilor
5	James Ryan	Coburg
6	Maddox Armstrong	Essendon
7	Isaac Malamatinas	W.City
8	Harrison Hegarty	W.City

Event 119 Girls U 11 - 60m Hurdles
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 9.81
NMR: 10.16

Heat 1 of 2 Heats 10:25 AM		
2	Giulia Codini	P-Reservoir
3	Lauren Marino	Essendon
4	Amelia Ashton	Essendon
5	Lily Faulkner	Keilor
6	Millie Dite	Coburg
7	Celina Aguilar	Keilor
8	Isabella Grech	Craigieburn

Heat 2 of 2 Heats		
2	Kiara Wijayakoon	W.City
3	Mary Robinson	D.Valley
4	Jamieson Lander	D.Valley
5	Georgia Vankuyk	D.Valley
6	Aryanna Thakkar	Keilor
7	Olivia Anile	Essendon

Event 120 Boys U 11 - 60m Hurdles
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 9.46
NMR: 9.81

Heat 1 of 2 Heats 10:31 AM		
2	Charlie Barrett	Essendon
3	Alastair Bowles	D.Valley
4	Ashton McMenamin	Keilor
5	Jonah Bosco	Essendon
6	Jack Ryan	Essendon
7	Xavier Vandrine	Essendon

Heat 2 of 2 Heats		
2	Alexander Grech	Craigieburn
3	Nathaniel Audino	Whittlesea
4	Domenic Mainelli	Whittlesea
5	Dashiell Maxwell	P-Reservoir
6	Thomas O'Reilly	Essendon
7	Cooper Waldon	D.Valley
8	Marcus Carelli	P-Reservoir

Event 121 Girls U12 - 60m Hurdles
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 9.41
NMR: 9.89

Heat 1 of 2 Heats 10:37 AM		
2	Ava Bannister	Essendon
3	Maire McEvoy	Keilor
4	Olivia Moutia	Coburg
5	Bianca Brown	W.City
6	Zoe Vom	Coburg
7	Bailee Ellis	D,Valley
8	Josephina Nedelkos	P-Reservoir

Heat 2 of 2 Heats		
2	Hayley O'Regan	Essendon
3	Shemona Alhadad	P-Reservoir
4	Ava Gray	P-Reservoir
5	Charlee Dickson	D.Valley
6	Matilda Butterworth	D.Valley
7	Olivia Lawson	D.Valley

Event 122 Boys U 12 - 60m Hurdles
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 9.12
NMR: 9.28

Heat 1 of 2 Heats 10:43 AM		
2	Noah Jablonski	D.Valley
3	Jack Watson	Essendon
4	Thomas Sims	W.City
5	Max Carta	Essendon
6	Adam Berry	W.City
7	Tom Avramopoulos	Coburg
8	Luc Thai	Essendon

Heat 2 of 2 Heats		
2	James Arnall	W,City
3	Jake Woodward	D.Valley
4	Sebastian Carta	Essendon
5	Joshua Carelli	P-Reservoir
6	Bohdi Wain	D.Valley
7	Harry O'Farrell	Essendon
8	Aaron Doyle	D.Valley

Event 123 Girls U 13 - 80m Hurdles
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 12.41
NMR: 12.59

Heat 1 of 2 Heats 10:49 AM		
2	Shehana Wijesundara	W.City
3	Alana Chapman	W.City
4	Amanda Wrout	Essendon
5	Kimberly Condon	W.City
6	Bridget Sambevski	Essendon

Heat 2 of 2 Heats		
3	Amanda Williamson	Essendon
4	Ellie Kewish	W.City
5	Katherine Baynes	Essendon
6	Caitlin Richards	P-Reservoir

Event 124 Boys U 13 - 80m Hurdles
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 12.13
NMR: 12.79

Heat 1 of 2 Heats 10:55 AM		
2	Nathan Jewell-Suttill	Essendon
3	Nathan Williams	D.Valley
4	Leroy Ristevski	L-Romsey
5	Calven Lipec	Keilor
6	Archie Noakes	Coburg

Heat 2 of 2 Heats		
2	Nicolas Bannan	W.City
3	Connor Matzkows	P-Reservoir
4	Robert Sparks	Sunbury
5	Frank Mazza	Keilor
6	Ilija Simonovski	D.Valley
7	Jude Georgievski	W.City

Event 125 Boys U 9 - 70 Metre Run
FINAL 11:20 AM

Event 126 Girls U 9 - 70 Metre Run
FINAL 11:23 AM

Event 127 Boys U 10 - 70 Metre Run
FINAL 11:26 AM

Event 128 Girls U 10 - 70 Metre Run
FINAL 11:29 AM

Event 129 Boys U 11 - 60m Hurdles
FINAL 11:50 AM

Event 130 Girls U 11 - 60m Hurdles
FINAL 11:53 AM

Event 131 Boys U 12 - 80m Hurdles
FINAL 11:56 AM

Event 132 Girls U 12 - 80m Hurdles
FINAL 11:59 AM

Event 133 Boys U 13 - 80m Hurdles
FINAL 12:02 PM

Event 134 Girls U 13 - 80m Hurdles
FINAL 12:05 PM

Event 135 Girls U 14 - 80m Hurdles
FINAL 12:08 PM

VBP: 11.87 NMR: 12.65		
2	Julia Kattan	W.City
3	April Woodward	D.Valley
4	Chloe Perrett	Essendon
5	Bella Peterson	Keilor
6	Lilly Bromley	L-Romsey
7	Sara Rottura	P-Reservoir

Event 136 Boys U 14 - 90m Hurdles
FINAL 12:11 PM
VBP: 12.21
NMR: 12.64
2 Toby Hallebone Coburg
3 Jonah Emonson L-Romsey
4 Sam Conti Essendon
5 Brodie Driscoll W.City
6 Hayden Moon D.Valley

Event 137 Girls U 15 - 90m Hurdles
FINAL 12:14 PM
VBP: 12.95
NMR: 13.42
2 Briana Richards P-Reservoir
3 Erin Waldon D.Valley
4 Elizabeth Lawson D.Valley
5 Jessica Simpson D.Valley
6 Tahli Johns D.Valley

Event 138 Boys U 15 - 100m Hurdles
FINAL 12:17 PM
VBP: 13.11
NMR: 13.64
3 Alex McPherson W.City
4 Jack Warrick Coburg
5 Veronicus Chandrakumar W.City
6 Wilson Cram Keilor

LUNCH BREAK - TIME PERMITTING

Event 139 Boys U 15 - 800 Metre Run
FINAL 1:15 PM
VBP: 1:55.95
NMR: 2:04.72
1 James Golob W.City
2 Lachlan Attard Coburg
3 Veronicus Chandrakumar W.City
4 Hugh Tighe Sunbury

Event 140 Boys U 14 - 800 Metre Run
FINAL 1:15 PM
VBP: 1:59.45
NMR: 2:07.67
1 Liam Denner Sunbury
2 Anzac Pirika Keilor
3 Shavani Mainelli W.City
4 Jannik Ernst Coburg
5 Javier Tabit Coburg
6 Elias Kahsay Sunbury
7 Samuel Scroggie Coburg
8 Jack O'Farrell Essendon

Event 141 Girls U 15 - 800 Metre Run
FINAL 1:20 PM
VBP: 2:13.00
NMR: 2:14.80
1 Alexandra Hanley D.Valley
2 Kara Thompson Essendon

Event 142 Girls U 14 - 800 Metre Run
FINAL 3:40 PM
VBP: 2:12.79
NMR: 2:17.71
1 Ashley D'Augello Coburg
2 Audrey Savage Essendon
3 Alanna Kattan W.City
4 Talia Roshier Keilor
5 Holly Barrett Sunbury
6 Eirini Kosmidis Coburg
7 Alyssa di Martino Keilor
8 Tana Males L-Romsey

Event 143 Boys U 13 - 800 Metre Run
FINAL 1:25 PM
VBP: 2:05.50
NMR: 2:19.32
1 Ty Davis Essendon
2 Archie Noakes Coburg
3 Jugad Singh Puar Craigieburn
4 Joshua Tracy Coburg
5 Mitchel Langborne Keilor
6 Riley Walsh Essendon
7 Kane Marriott Diamond Valley
8 Pedro Gounder Keilor
9 Mwaniki Muigai Diamond Valley
10 Patrick Steward Essendon

Event 144 Girls U 13 - 800 Metre Run
FINAL 1:30 PM
VBP: 2:14.58
NMR: 2:23.81
1 Monique White Essendon
2 Tessa Sciulli P-Reservoir
3 Miranda Darby D.Valley
4 Kiera Shackle Keilor
5 Niamh Tabit Coburg
6 Erin Hanlon Craigieburn
7 Amira Tabit Coburg
8 Chantelle Foreman P-Reservoir
9 Cheyenne Schroeter W.City
10 Edie Bridgewater P-Reservoir
11 Larissa Tennyson Coburg
12 Alyssa Thompson Essendon

Event 145 Boys U 9 - 800 Metre Run
TIMED FINAL 1:35 PM
VBP: 2:30.07
NMR: 2:41.76

Section 1 of 2
1 Oscar Mielicki D.Valley
2 Isaac Tumbri Coburg
3 Liam Cameron D.Valley
4 Miles Thompson Essendon
5 Luka Peckham P-Reservoir
6 Alexis Mainelli W.City
7 Jamie Alder D.Valley
8 Koby Bewick Keilor
9 Cruze Cooke D.Valley
10 Dylan Faulds L-Romsey

Section 2 of 2
1 Benjamin Masulans Coburg
2 Lucas Melvaine W.City
3 Chase Jardine Essendon
4 Charlie Laing D.Valley
5 Peter D'Angelo P-Reservoir
6 Aden Thompson Essendon
7 Naithan Thomas W.City
8 Oliver Malamatinas W.City
9 Jude Barrett Essendon
10 William Tracy Coburg

Event 146 Girls U 9 - 800 Metre Run
FINAL 1:45 PM
VBP: 2:39.80
NMR: 2:50.56
1 Joni Freeman Coburg
2 Jessica Watson Essendon
3 Juliet Tennyson Coburg
4 Emily Carmichael Keilor
5 Adelle Absalom Essendon
6 Astrid Lockwood D.Valley
7 Maia Kelly D.Valley

Event 147 Boys U 10 - 800 Metre Run
TIMED FINAL 1:50 PM
VBP: 2:23.29
NMR: 2:37.31

Section 1 of 2
1 Kayden Ramirez D.Valley
2 Jack Gray Craigieburn
3 Bryn Sawyer L-Romsey
4 Finn Daffey Keilor
5 Seyon Rajaratnam W.City
6 Cooper Matthews Keilor
7 Jesse Lumby Essendon
8 Reuben Lovell Essendon
9 Lucas Warrick Coburg
10 Harvie Cooke D.Valley

Section 2 of 2
1 Jobe Douglas D.Valley
2 Nicholas Staropoli Essendon
3 Ethan Armstrong-Bourne D.Valley
4 James Staropoli Essendon
5 Aiden Davis Essendon
6 Christian Cowell Sunbury
7 Samuel Wood Keilor
8 Liam Cruse Coburg
9 Joshua Berry W.City

Event 148 Girls U 10 - 800 Metre Run
FINAL 2:00 PM
VBP: 2:29.65
NMR: 2:41.12
1 Hannah Hvalica D.Valley
2 Taihlar-Jo Kampf W.City
3 Charlotte Gray Coburg
4 Grace Farah W.City
5 Nuhansa Kumarasinghe Craigieburn
6 Alexia Olorenshaw P-Reservoir
7 Koorina Spriggs W.City
8 Alicia Gec Keilor
9 Cary Taylor Keilor
10 Chiara Vonella W.City

Event 149 Boys U 11 - 800 Metre Run
FINAL 2:05 PM
VBP: 2:18.89
NMR: 2:29.77

1	Tyler Camilleri	Keilor
2	Thom Thom	Keilor
3	Jonah Bosco	Essendon
4	Jordy Walsh	Essendon
5	Riley Coughlan	Sunbury
6	Thomas Venuto	P-Reservoir
7	Charlie Barrett	Essendon
8	Grady Schroeter	W.City
9	Alastair Bowles	D.Valley
10	Lachlan Rumley	W.City
11	Jonathan Leeds	Coburg
12	Jonathan Yarak	Essendon
13	Gurbir Singh	W.City
14	Campbell Scaife	Keilor
15	Dylan Marriott	D.Valley

Event 150 Girls U 11 - 800 Metre Run
FINAL 2:10 PM
VBP: 2:23.13
NMR: 2:36.80

1	Poppy Scot-Dagleish	D.Valley
2	Ella Piaia	D.Valley
3	Alice Darby	D.Valley
4	Montana Kerr	Coburg
5	Poppy O'Loughlin	P-Reservoir
6	Giulia Codini	P-Reservoir
7	Taylah Gilcrist	Essendon
8	Saskia Williams	Coburg
9	Millie Dite	Coburg
10	Jamieson Lander	D.Valley
11	Lara Sacaner	Keilor
12	Lucinda Mielicki	D.Valley

Event 151 Boys U 12 - 800 Metre Run
FINAL 2:15 PM
VBP: 2:10.26
NMR: 2:21.28

1	Jal Wishart	D.Valley
2	Mitchell Roshier	Keilor
3	Dilan Egodawatte	Keilor
4	Sam Desira	Coburg
5	Logan Carroll	Sunbury
6	Henry Lovell	Essendon
7	Patrick Keogh	L-Romsey
8	Tyler Murphy	D.Valley
9	Carter McCall	W.City
10	Aaron Doyle	D.Valley
11	Aidan Cram	Keilor
12	Ashton Torcasio	Essendon
13	Thomas Crookshanks	P-Reservoir

Event 152 Girls U 12 - 800 Metre Run
FINAL 2:20 PM
VBP: 2:17.66
NMR: 2:27.83

1	Tayla Borg	D.Valley
2	Ava Bannister	Essendon
3	Belle Raso	D.Valley
4	Natasha Petrevski	P-Reservoir
5	Tehara Munasingha	W.City
6	Nysa Males	L-Romsey
7	Laila Cooke	D.Valley
8	Shemona Alhadad	P-Reservoir
9	Olivia Lawson	D.Valley
10	Isabella Ibbott	Coburg

Event 153 Boys U 14 - 200 Metre Run
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 22.63
NMR: 22.69

Heat 1 of 2 Heats 2:40 PM

3	Kane Johnson	W.City
4	Carlos Egan	Keilor
5	James Kerr	Coburg
6	Lucas Leong	Keilor
7	Elijah Louis Ecaldre	Craigieburn

Heat 2 of 2 Heats

3	Paul D'Angelo	P-Reservoir
4	Sam Dite	Coburg
5	Ephraim Noah	Keilor
6	Hayden Moon	D.Valley
7	Benjamin Williamson	Essendon

Event 154 Boys U 13 - 200 Metre Run
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 23.34
NMR: 23.85

Heat 1 of 2 Heats 2:46 PM

3	Mwaniki Muigai	D.Valley
4	Elijah Zantey	D.Valley
5	Nicholas Fluke	Keilor
6	Nathan Jewell-Suttill	Essendon
7	Jordan Lombardo	Essendon

Heat 2 of 2 Heats

2	Joshua Tracy	Coburg
3	Charl Louwrens	D.Valley
4	Jonty de Cata	D.Valley
5	Zachary Stevens	Sunbury
6	Dash Newton	Essendon
7	Harley Gilbert	D.Valley

Event 155 Girls U 13 - 200 Metre Run
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 25.63
NMR: 26.20

Heat 1 of 2 Heats 2:52 PM

2	Kiera Shackle	Keilor
3	Jessica Fitzpatrick	P-Reservoir
4	Charlotte Baskaran	Essendon
5	Amanda Williamson	Essendon
6	Kimberly Condon	W.City
7	Emma Furfaro	W.City
8	Georgia Attard	Coburg

Heat 2 of 2 Heats

1	Amanda Wrout	Essendon
2	Emi Margaret Eliu	W.City
3	Sugi Neecowen	D.Valley
4	Maria Bobolas	P-Reservoir
5	Ilke Sawyer	L-Romsey
6	Erin Hanlon	Craigieburn
7	Monique White	Essendon
8	Sophia Cook	Keilor

Event 156 Boys U 9 - 200 Metre Run
8 Advance: Top 1 Each Heat plus Next 5 Best Times
VBP: 29.24
NMR: 29.34

Heat 1 of 3 Heats 2:58 PM

2	Liam Cameron	D.Valley
3	Peter D'Angelo	P-Reservoir
4	Jamie Alder	D.Valley
5	Ned O'Farrell	Essendon
6	Beau Mason	D.Valley
7	Luke Becvinovski	Keilor
8	Naithan Thomas	W.City

Heat 2 of 3 Heats

2	Koby Bewick	Keilor
3	Caelan Robertson	D.Valley
4	Jai Dwyer	P-Reservoir
5	Charlie Laing	D.Valley
6	Jude Barrett	Essendon
7	Evan Sergakis	W.City
8	Liam Joyce	Sunbury

Heat 3 of 3 Heats

2	William Nakonesky	D.Valley
3	Xenon Tsam	Craigieburn
4	Myles Hazelton	D.Valley
5	Malik Olukhale	Coburg
6	Lewin Rees	Keilor
7	Mason Marin	Essendon
8	Leo O'Loughlin	P-Reservoir

Event 157 Girls U 9 - 200 Metre Run
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 30.24
NMR: 30.94

Heat 1 of 2 Heats 3:07 PM

3	Hannah Paton	W.City
4	Maisey Gasper	Coburg
5	Hope Vili	Essendon
6	Rebecca Hvalica	D.Valley
7	Jessica Watson	Essendon

Heat 2 of 2 Heats

3	Alexis Ebdon	Craigieburn
4	Natalie Arbanas	Sunbury
5	Poppy Vogl	Coburg
6	Isabella Wong	Kilmore

Event 158 Boys U 10 - 200 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 28.24
 NMR: 28.47
 Heat 1 of 2 Heats 3:13 PM
 2 Oscar Steward Essendon
 3 Thomas Merry W.City
 4 Cooper Matthews Keilor
 5 Antoine Maitland Keilor
 6 Campbell Harrison Kilmore
 7 Noah Maffia Keilor
 Heat 2 of 2 Heats
 2 Liam Cruse Coburg
 3 Jed Daley Essendon
 4 Maddox Armstrong Essendon
 5 William Hurt Keilor
 6 Bryn Sawyer L-Romsey
 7 Isaac Malamatinas W.City

Event 159 Girls U 10 - 200 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 28.74
 NMR: 29.44
 Heat 1 of 2 Heats 3:19 PM
 1 Alexia Olorenshaw P-Reservoir
 2 Maddison Meagher D.Valley
 3 Lily-Bella Hilli W.City
 4 Thyra Abolencia D.Valley
 5 Chloe Agars Keilor
 6 Emma Hendrie D.Valley
 7 Olivia Gorman W.City
 8 Nuhansa Kumarasinghe Craigieburn
 Heat 2 of 2 Heats
 1 Kirra Wright W.City
 2 Taya McClure W.City
 3 D'Lyla Milford Craigieburn
 4 Amy Forbes Essendon
 5 Jaimee Vassiliou Keilor
 6 Hannah Hvalica D.Valley
 7 Ava Raso D.Valley
 8 Gemma Attard W.City

Event 160 Boys U 11 - 200 Metre Run
 8 Advance: Top 1 Each Heat plus Next 5 Best Times
 VBP: 27.26
 NMR: 27.51
 Heat 1 of 3 Heats 3:25 PM
 2 Zac Perrett Essendon
 3 Alexander Johnson D.Valley
 4 Imani Olukhale Coburg
 5 Daniel Lombardo Essendon
 6 Thom Thom Keilor
 7 Lucas Arbanas Sunbury
 8 Samuel Day Essendon
 Heat 2 of 3 Heats
 2 Mitchell Parton Keilor
 3 Riley Neecowen D.Valley
 4 Damon Agius Keilor
 5 Jonathan Leeds Coburg
 6 Jack Ryan Essendon
 7 Aaron Suitela Essendon

Heat 3 of 3 Heats
 2 Jameson Haxby Sunbury
 3 Grady Schroeter W.City
 4 Tyler Armstrong Essendon
 5 Ayden Clark P-Reservoir
 6 Tyler Camilleri Keilor
 7 Thanujaya Warnakulasuriya Craigieburn

Event 161 Girls U 11 - 200 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 27.86
 NMR: 28.12
 Heat 1 of 2 Heats 3:34 PM
 1 Lara Sacaner Keilor
 2 Bessie Bertoli P-Reservoir
 3 Amelia Ashton Essendon
 4 Saskia Williams Coburg
 5 Lana Toomer Coburg
 6 Dakota Reynolds Keilor
 7 Jasmine Galang Keilor
 8 Tess Gillson D.Valley
 Heat 2 of 2 Heats
 1 Lillie Ground Essendon
 2 Emily Robertson D.Valley
 3 Brianna Mastin Sunbury
 4 Ava Toomer Coburg
 5 Montana Kerr Coburg
 6 Lily Faulkner Keilor
 7 Jacinta Tanarte-Crook Keilor
 8 Celina Aguilar Keilor

Event 162 Boys U 12 - 200 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 25.34
 NMR: 25.84
 Heat 1 of 2 Heats 3:40 PM
 2 Max Busuttill Keilor
 3 Max Carta Essendon
 4 Chanachai Kankratok Keilor
 5 Logan Driscoll W.City
 6 Samuel Scodella Keilor
 Heat 2 of 2 Heats
 3 Samuel Abolencia D.Valley
 4 Tyson Ponchard W.City
 5 Sebastian Carta Essendon
 6 Joshua Carelli P-Reservoir

Event 163 Girls U 12 - 200 Metre Run
 8 Advance: Top 1 Each Heat plus Next 5 Best Times
 VBP: 26.24
 NMR: 27.03
 Heat 1 of 3 Heats 3:46 PM
 2 Ashleigh Yarak Essendon
 3 Maddison Vowles Sunbury
 4 Anika Gunoooy W.City
 5 Katie Oliver D.Valley
 6 Alyssa Thrasivoulou Keilor
 Heat 2 of 3 Heats
 2 Faith Vili Essendon
 3 Alannah Hoffman W.City
 4 Claire Lawson D.Valley
 5 Trinity Dean D.Valley
 6 Josephina Nedelkos P-Reservoir
 7 Kiara Istanto Essendon

Heat 3 of 3 Heats
 2 Charlotte Brodie Essendon
 3 Natasha Petrevski P-Reservoir
 4 Hazel Lockwood D.Valley
 5 Hai An Vo Keilor
 6 Presencea Anton W.City
 7 Molly Gasper Coburg

Event 164 Boys U 15 - 200 Metre Run
 FINAL 4:10 PM
 VBP: 22.06
 NMR: 22.16
 2 James Golob W.City
 3 William Gittins D.Valley
 4 Josh Hazelton D.Valley
 5 Baye Agostino D.Valley
 6 Mitchell Egan Essendon
 7 Veronicus Chandrakumar W.City

Event 165 Girls U 15 - 200 Metre Run
 FINAL 4:13 PM
 VBP: 24.68
 NMR: 24.77
 2 Isabel Moore Keilor
 3 Tahli Johns D.Valley
 4 Isabelle Raines Coburg
 5 Kara Thompson Essendon
 6 Caitlin Hanley D.Valley

Event 166 Boys U 14 - 200 Metre Run
 FINAL 4:16 PM

Event 167 Girls U 14 - 200 Metre Run
 FINAL 4:19 PM
 VBP: 24.95
 NMR: 25.14
 2 Bihansa Warnakulasuriya Craigieburn
 3 Chloe Perrett Essendon
 4 Larrissa Haifa Coburg
 5 Bella Peterson Keilor
 6 Alannah Velianovski Essendon
 7 Sienna Hassan Keilor
 8 Jordan van Pelt Sunbury

Event 168 Boys U 13 - 200 Metre Run
 FINAL 4:22 PM

Event 169 Girls U 13 - 200 Metre Run
 FINAL 4:25 PM

Event 170 Boys U 9 - 200 Metre Run
 FINAL 4:28 PM

Event 171 Girls U 9 - 200 Metre Run
 FINAL 4:31 PM

Event 172 Boys U 10 - 200 Metre Run
 FINAL 4:34 PM

Event 173 Girls U 10 - 200 Metre Run
 FINAL 4:37 PM

Event 174 Boys U 11 - 200 Metre Run
FINAL 4:40 PM

Event 175 Girls U 11 - 200 Metre Run
FINAL 4:43 PM

Event 176 Boys U 12 - 200 Metre Run
FINAL 4:46 PM

Event 1772 Girls U 12 - 200 Metre Run
FINAL 4:49 PM



SATURDAY FIELD EVENTS

Event 1001 Girls U 15 - Javelin
FINAL 8:30 AM

VBP: 41.99m
NMR: 39.92m
1 Vanessa Lumakovski W.City
2 Maddison McBrien W.City
3 Lara Ryan Coburg
4 Rachel Hannan D.Valley

Event 1002 Girls U 14 - Javelin
FINAL 8:30 AM

VBP: 46.09m
NMR: 40.14m
1 Kelsea Bannan W.City
2 Eirini Kosmidis Coburg
3 Emily Newton Essendon
4 Ashlea Thies Sunbury
5 Abbey McDonald Sunbury
6 Ebony Mangion Keilor

Event 1003 Girls U 13 - High Jump
FINAL 8:30 AM

VBP: 1.68m
NMR: 1.61m
1 Miranda Darby D.Valley
2 Georgia Attard Coburg
3 Larissa Tennyson Coburg
4 Yifen Soukaseun Coburg
5 Monique White Essendon
6 Caitlyn Derks Keilor
7 Ellie Kewish W.City

Event 1004 Boys U 13 - Discus
FINAL 8:30 AM

VBP: 56.09m
NMR: 44.50m
1 Michael Sparks Sunbury
2 Blair Huggins L-Romsey
3 Brock Murray Craigieburn
4 Jordan Lombardo Essendon
5 Charl Louwrens D.Valley
6 Harrison Karvellas P-Reservoir
7 Nayana Wijayakoon W.City
8 Lucas Leeds Coburg
9 Nicholas Fluke Keilor

Event 1005 Boys U 15 - Triple Jump
FINAL 8:45 AM

VBP: 13.85m
NMR: 13.20m
1 Zac Manias Coburg
2 Emmanuel Vili Essendon
3 James Golob Whittlesea

Event 1006 Girls U 9 - Shot Put
FINAL 8:45 AM

VBP: 9.63m
NMR: 7.73m
1 Poppy Vogl Coburg
2 Melissa Cilliers D.Valley
3 Zoey Ryan D.Valley
4 Hannah Paton W.City
5 Kasia Phillips Sunbury
6 Rebecca Hvalica D.Valley
7 Amelia Haxby Sunbury
8 Karen Nardia Malupo W.City
9 Eleanor Duggan Keilor
10 Ella McMenamin Keilor
11 Ella Sutherland Essendon

Event 1007 Boys U 11 - Discus
FINAL 9:00 AM

VBP: 41.47m
NMR: 36.11m
1 Blake Matthews Keilor
2 Gurbir Singh W.City
3 River Walker W.City
4 Thanujaya Warnakulasuriya Craigieburn
5 Milun Fernando W.City
6 Tristan Leeds Coburg
7 Damon Agius Keilor
8 Tobias Sutherland Essendon
9 Divine Vili Essendon
10 Noah McMenamin Keilor

Event 1008 Boys U 9 - Long Jump
FINAL 9:00 AM

VBP: 4.55m
NMR: 4.30m
1 Isaac Tumbri Coburg
2 Luca McDowall Essendon
3 Ruan Louwrens D.Valley
4 Naithan Thomas W.City
5 Charlie Laing D.Valley
6 Bimash de Alwis W.City
7 Max Hume D.Valley
8 Michael Colaidis P-Reservoir
9 Dylan Faulds L-Romsey
10 Morris Abrahams D.Valley
11 Beau Mason D.Valley
12 William Tracy Coburg
13 Dane Novak Keilor
14 Isa Merhi Essendon
15 Liam Joyce Sunbury
16 Oscar Mielicki D.Valley
17 Myles Hazelton D.Valley
18 Cruz Pene W.City

Event 1009	Girls U 11 - High Jump	FINAL	9:00 AM
VBP:	1.50m		
NMR:	1.45m		
1	Brianna Mastin	Sunbury	
2	Alice Darby	D.Valley	
3	Jacinta Tanarte-Crook	Keilor	
4	Lillie Ground	Essendon	
5	Keeley Tennyson	Coburg	
6	Diviniya Breneger	W.City	
7	Vanessa Smith	D.Valley	
8	Lily Faulkner	Keilor	
9	Amaia Wain	D.Valley	
10	Dakota Reynolds	Keilor	

Event 1010	Boys U 12 - Shot Put	FINAL	9:30 AM
VBP:	15.02m		
NMR:	11.58m		
1	Samuel Abolencia	D.Valley	
2	Seth Hill	D.Valley	
3	Liam Mulcahy	Keilor	
4	Nicholas Brennan	D.Valley	
5	Dean Sergakis	W.City	
6	Zayne Adams	W.City	
7	Ethan Hellstrom	D.Valley	
8	Benjamin Pascoe	Coburg	

Event 1011	Girls U 12 - Long Jump	FINAL	10:00 AM
VBP:	5.38m		
NMR:	4.89m		
1	Kiara Istanto	Essendon	
2	Alannah Hoffman	W.City	
3	Olivia Sheens	W.City	
4	Madison Mountjoy	Keilor	
5	Matilda Butterworth	D.Valley	
6	Hazel Lockwood	D.Valley	
7	Maddison Vowles	Sunbury	
8	Bailee Ellis	D.Valley	
9	Charlotte Brodie	Essendon	
10	Hayley O'Regan	Essendon	
11	Molly Gasper	Coburg	
12	Darcie Robinson	Essendon	
13	Trinity Dean	D.Valley	
14	Anika Gunooroy	W.City	
15	Presencea Anton	W.City	
16	Alyssa Thrasivoulou	Keilor	

Event 1012	Boys U 14 - Discus	FINAL	10:30 AM
VBP:	60.52m		
NMR:	54.21m		
1	Calvin Lloyd	Keilor	
2	Steven Sarandopoulos	W.City	
3	Noah Emonson	L-Romsey	
4	Jackson McMenamin	Keilor	
5	Alizae Tuakana-Kuki	W.City	
6	Sam Conti	Essendon	
7	Simon Maiolo	Keilor	

Event 1013	Girls U 15 - High Jump	FINAL	10:30 AM
VBP:	1.80m		
NMR:	1.65m		
1	Tahli Johns	D.Valley	
2	Caitlin Hanley	D.Valley	
3	Alexandra Hanley	D.Valley	
4	Maddison McBrien	W.City	
5	Isabel Moore	Keilor	

Event 1014	Boys U 11 - Triple Jump	FINAL	10:30 AM
VBP:	10.17m		
NMR:	9.38m		
1	Ashton McMenamin	Keilor	
2	Tristan Leeds	Coburg	
3	Luke Worland	Coburg	
4	Noah McMenamin	Keilor	
5	Imani Olukhale	Coburg	
6	Marcus Carelli	P-Reservoir	
7	Campbell Scaife	Keilor	
8	Riley Johns	D.Valley	
9	Roberto Finis	Hume	
10	Jonathan Yarak	Essendon	
11	Gurbir Singh	W.City	
12	Ayden Clark	P-Reservoir	
13	Alexander Johnson	D.Valley	
14	Thomas Venuto	P-Reservoir	
15	Zac Wilson	W.City	
16	Aaron Suitela	Essendon	
17	Samuel Day	Essendon	
18	Mitchell Parton	Keilor	
19	Milun Fernando	W.City	
20	Domenic Mainelli	W.City	
21	Nathaniel Audino	W.City	
22	Alexander Grech	Craigieburn	
23	Romeiro Tsam	Craigieburn	
24	Daniel Lombardo	Essendon	
25	Riley Neecowen	D.Valley	
26	Cooper Waldon	D.Valley	
27	Dante D'Ovidio	Essendon	
28	Jameson Haxby	Sunbury	
29	Thomas O'Reilly	Essendon	

Event 1015	Girls U 10 - High Jump	FINAL	11:00 AM
VBP:	1.42m		
NMR:	1.37m		
1	Hayley Sposato	W.City	
2	Jaimee Vassiliou	Keilor	
3	Joanna Kallis	Essendon	
4	Elisha Blair	D.Valley	
5	Amy Forbes	Essendon	
6	Ava Harbinson	L-Romsey	

Event 1016	Boys U 13 - Triple Jump	FINAL	11:00 AM
VBP:	12.65m		
NMR:	12.01m		
1	Leroy Ristevski	L-Romsey	
2	Harley Gilbert	D.Valley	
3	Jesse Harbinson	L-Romsey	
4	Dash Newton	Essendon	
5	Jude Georgievski	W.City	
6	Will Ryan	Essendon	
7	Michael Sparks	Sunbury	
8	Calven Lipec	Keilor	
9	Joshua Tracy	Coburg	
10	Zachary Stevens	Sunbury	
11	Harrison Karvellas	P-Reservoir	

Event 1017	Boys U 10 - Shot Put	FINAL	11:00 AM
VBP:	11.86m		
NMR:	11.61m		
1	Harvardan Dhaliwal	W.City	
2	Mark Mavrakis	Keilor	
3	Harrison Hegarty	W.City	
4	Judd Pene	W.City	
5	Seyon Rajaratnam	W.City	
6	Nicholas Staropoli	Essendon	
7	James Staropoli	Essendon	
8	Jobe Douglas	D.Valley	
9	Maddox Wilson	Essendon	
10	Qudre Tuakana-Kuki	W.City	
11	James Georgievski	W.City	
12	Angus Robinson	Essendon	
13	Patrick Carlton	Coburg	
14	Benjamin Campbell	D.Valley	

Event 1018	Girls U 13 - Javelin	FINAL	11:00 AM
VBP:	43.33m		
NMR:	39.69m		
1	Alana Chapman	W.City	
2	Taylah Woolley	Kilmore	
3	Maddison Reynolds	Keilor	
4	Caitlyn Derks	Keilor	
5	Alyssa Thompson	Essendon	
6	Georgia Stepanoski	Sunbury	
7	Naomi Nicola	D.Valley	

Event 1019	Girls U 11 - Long Jump	FINAL	11:30 AM
VBP:	4.28m		
NMR:	4.01m		
1	Kiara Wijayakoon	W.City	
2	Diviniya Breneger	W.City	
3	Saskia Ernst	Coburg	
4	Isabella Grech	Craigieburn	
5	Georgia Vankuyk	D.Valley	
6	Lily Faulkner	Keilor	
7	Ava Toomer	Coburg	
8	Bessie Bertoli	P-Reservoir	
9	Olivia Anile	Essendon	
10	Keeley Tennyson	Coburg	
11	Brianna Mastin	Sunbury	
12	Lana Toomer	Coburg	
13	Lauren Marino	Essendon	

Event 1020	Boys U 15 - Discus	
FINAL		1:15 PM
VBP:	64.54m	
NMR:	55.18m	
1	Markis Atoa	W.City
2	Ben Gray	Essendon
3	Emmanuel Vili	Essendon
4	Ryan Blair	D.Valley
5	Wilson Cram	Keilor
6	Baye Agostino	D.Valley
7	Ben Major	D.Valley

Event 1021	Girls U 12 - Javelin	
FINAL		1:15 PM
VBP:	35.81m	
NMR:	32.47m	
1	Josephina Nedelkos	P-Reservoir
2	Bianca Brown	W.City
3	Charlotte Duggan	Keilor
4	Chloe Thompson	W.City
5	Sienna Staropoli	Essendon
6	Tara Smith	D.Valley
7	Tayla Borg	D.Valley

Event 1022	Girls U 15 - Long Jump	
FINAL		1:15 PM
VBP:	5.80m	
NMR:	5.69m	
1	Isabel Moore	Keilor
2	Alexandra Hanley	D.Valley
3	Emily Portaro	Keilor
4	Caitlin Hanley	D.Valley
5	Erin Waldon	D.Valley
6	Briana Richards	P-Reservoir

Event 1023	Boys U 14 - Triple Jump	
FINAL		1:30 PM
VBP:	13.31m	
NMR:	12.60m	
1	Samuel Scroggie	Coburg
2	Paul D'Angelo	P-Reservoir
3	Benjamin Williamson	Essendon
4	Toby Hallebone	Coburg
5	Shavani Mainelli	W.City
6	James Gregory	W.City
7	Noah Emonson	L-Romsey
8	Simon Maiolo	Keilor
9	Jack Walsh	Essendon
10	Carlos Egan	Keilor

Event 1024	Girls U 14 - High Jump	
FINAL		1:30 PM
VBP:	1.73m	
NMR:	1.68m	
1	Bihansa Wamakulasuriya	Craigieburn
2	Lilly Bromley	L-Romsey
3	Mackenzie Wood	Essendon
4	Alyssa di Martino	Keilor
5	Sienna Hassan	Keilor
6	Chloe Perrett	Essendon
7	Abby Cain	Keilor
8	Emily Newton	Essendon

Event 1025	Boys U 12 - Triple Jump	
FINAL		1:30 PM
VBP:	11.60m	
NMR:	10.57m	
1	Seth Hill	D.Valley
2	Dean Sergakis	W.City
3	Luc Thai	Essendon
4	Jack Watson	Essendon
5	Thomas Crookshanks	P-Reservoir
6	Luke Meagher	D.Valley
7	Tyson Ponchard	W.City
8	Noah Jablonski	D.Valley
9	Joshua Carelli	P-Reservoir
10	Mitchell Roshier	Keilor
11	James Arnall	W.City
12	Liam Mulcahy	Keilor
13	Zach Margiolakis	W.City
14	Carter McCall	W.City
15	Samuel Scodella	Keilor
16	Sebastian Carta	Essendon
17	Harry O'Farrell	Essendon
18	Thomas Sims	W.City
19	Jake Woodward	D.Valley

Event 1026	Boys U 9 - Discus	
FINAL		1:45 PM
VBP:	35.12m	
NMR:	28.03m	
1	Malik Olukhale	Coburg
2	Isaac Tumbri	Coburg
3	Jaquel Tuakana-Kuki	W.City
4	Cruze Cooke	D.Valley
5	Caelan Robertson	D.Valley
6	Joshua Carlton	Coburg
7	Michael Colaidis	P-Reservoir
8	Christian Marchionno	Essendon
9	Alexis Mainelli	W.City
10	Oscar Mielicki	D.Valley
11	Cruiz Pene	W.City
12	Luka Peckham	P-Reservoir
13	Morris Abrahams	D.Valley
14	Aden Thompson	Essendon
15	Jack Jorgensen	Sunbury
16	Jai Dwyer	P-Reservoir
17	Harper Eley	P-Reservoir
18	Dane Novak	Keilor
19	Miles Thompson	Essendon
20	William Nakonesky	D.Valley
21	Ridham Attri	W.City
22	Bimash de Alwis	W.City

Event 1027	Boys U 13 - Shot Put	
FINAL		1:45 PM
VBP:	16.79m	
NMR:	14.91m	
1	Robert Sparks	Sunbury
2	Blair Huggins	L-Romsey
3	Charl Louwrens	D.Valley
4	Lucas Leeds	Coburg
5	Jordan Lombardo	Essendon
6	Pedro Gounder	Keilor

Event 1028	Girls U 9 - High Jump	
FINAL		2:00 PM
NEW EVENT		
1	Joni Freeman	Coburg
2	Zara Silic	D.Valley
3	Ella McMenamin	Keilor
4	Isabella Wong	Kilmore
5	Adelle Absalom	Essendon
6	Isabelle Nicola	D.Valley

Event 1029	Girls U 13 - Long Jump	
FINAL		2:00 PM
VBP:	5.63m	
NMR:	4.98m	
1	Katherine Baynes	Essendon
2	Caitlin Richards	P-Reservoir
3	Ellie Kewish	W.City
4	Ilike Sawyer	L-Romsey
5	Charlotte Baskaran	Essendon
6	Larissa Tennyson	Coburg
7	Shehana Wijesundara	W.City
8	Maria Bobolas	P-Reservoir

Event 1030	Boys U 11 - Shot Put	
FINAL		2:15 PM
VBP:	13.43m	
NMR:	12.69m	
1	Blake Matthews	Keilor
2	Tristan Leeds	Coburg
3	River Walker	W.City
4	Divine Vili	Essendon
5	Zac Perrett	Essendon
6	Tobias Sutherland	Essendon
7	Riley Johns	D.Valley
8	Mitchell Parton	Keilor

Event 1031	Boys U 10 - Long Jump	
FINAL		3:00 PM
VBP:	4.91m	
NMR:	4.65m	
1	Antoine Maitland	Keilor
2	Nathan Evans	Essendon
3	David Droszczak	Craigieburn
4	Ethan Armstrong-Bourne	D.Valley
5	Jerome Risteviski	L-Romsey
6	Chas Woodward	D.Valley
7	Mitchell Iannello	Keilor
8	Maddox Armstrong	Essendon
9	Angus Robinson	Essendon
10	James Georgievski	W.City
11	Benjamin Campbell	D.Valley
12	Isaac Malamatinas	W.City
13	Jamie Williams	Craigieburn
14	Harrison Hegarty	W.City
15	Campbell Harrison	Kilmore
16	Lawson Sleigh	Essendon
17	James Ryan	Coburg
18	Finn Daffey	Keilor
19	Aiden Davis	Essendon
20	Judd Pene	W.City
21	Jack Gray	Craigieburn
22	Kayden Ramirez	D.Valley
23	Tait Rennie	Sunbury
24	Harvardan Dhaliwal	W.City

Event 1032	Girls U 12 - High Jump	
FINAL		3:15 PM
VBP:	1.60m	
NMR:	1.48m	
1	Matilda Butterworth	D.Valley
2	Sienna Staropoli	Essendon
3	Hayley O'Regan	Essendon
4	Taya Wanigasekera	Coburg
5	Tara Smith	D.Valley
6	Bianca Brown	W.City
7	Presencea Anton	W.City
8	Madison Mountjoy	Keilor

Event 1033	Girls U 10 - Discus	
FINAL		3:15 PM
VBP:	37.05m	
NMR:	27.39m	
1	Courtney Murray	Craigieburn
2	Charlotte Gray	Coburg
3	Emma Hendrie	D.Valley
4	Mischa Atkinson	W.City
5	Taihlar-Jo Kampf	W.City
6	Koorina Spriggs	W.City
7	Chloe Mangion	Keilor
8	Mikayla Bennett	W.City

Event 1034	Girls U 11 - Javelin	
FINAL		3:30 PM
VBP:	30.82m	
NMR:	22.87m	
1	Keira Sanchez	D.Valley
2	Victoria Meaden	D.Valley
3	Amy Hawking	Essendon
4	Jasmine Galang	Keilor
5	Amy Gregory	W.City
6	Aryanna Thakkar	Keilor
7	Rhianna Bennett	W.City
8	Vanessa Smith	D.Valley

Event 1035	Boys U 12 - Discus	
FINAL		3:30 PM
VBP:	48.80m	
NMR:	44.68m	
1	Tuomas Rowe	Craigieburn
2	Ethan Hellstrom	D.Valley
3	Thomas Sims	W.City
4	Seth Hill	D.Valley
5	Logan Carroll	Sunbury
6	Benjamin Pascoe	Coburg
7	Zayne Adams	W.City
8	Nicholas Brennan	D.Valley
9	Patrick Keogh	L-Romsey
10	Samuel Abolencia	D.Valley
11	Aidan Cram	Keilor

Event 1036	Boys U 14 - Shot Put	
FINAL		3:30 PM
VBP:	16.82m	
NMR:	13.93m	
1	Steven Sarandopoulos	W.City
2	Sam Conti	Essendon
3	Simon Maiolo	Keilor
4	Calvin Lloyd	Keilor
5	Alizae Tuakana-Kuki	W.City

Event 1037	Boys U 15 - Shot Put	
FINAL		3:30 PM
VBP:	18.31m	
NMR:	17.39m	
1	Ryan Blair	D.Valley
2	Markis Atoa	W.City

Event 1038	Girls U 14 - Long Jump	
FINAL		3:30 PM
VBP:	5.68m	
NMR:	5.16m	
1	Jordan van Pelt	Sunbury
2	Maybel Jess-Mabbott	Coburg
3	Charley Day	Essendon
4	Ebony Mangion	Keilor
5	Larrissa Haifa	Coburg
6	Emily Newton	Essendon
7	Grace Robinson	D.Valley
8	Audrey Savage	Essendon
9	Chelsea Paton	W.City
10	Abby Cain	Keilor
11	Phoebe Mottram	L-Romsey
12	Holly Vankuyk	D.Valley
13	Bella Peterson	Keilor



NMR TRACK & FIELD CHAMPIONSHIPS 2018 - LANE DRAWS

SUNDAY 18TH FEBRUARY 2018

***** Call Room Opens 30 minutes before event start time - Call Room closes 20 minutes before event start time*****

Event 201 Boys U 13 - 1500 Metre Run
FINAL 8:30 AM
VBP: 4:21.10
NMR: 4:39.37
1 Kane Marriott D.Valley
2 Mwaniki Muigai D.Valley
3 Riley Walsh Essendon
4 Ty Davis Essendon
5 Archie Noakes Coburg
6 Jugad Singh Puar Craigieburn
7 Mitchel Langborne Keilor

Event 202 Boys U 14 - 1500 Metre Run
FINAL 8:30 AM
VBP: 4:13.45
NMR: 4:25.05
1 Javier Tabit Coburg
2 Jannik Ernst Coburg
3 Jackson McMenamin Keilor
4 Tyson Moffat Sunbury
5 Elias Kahsay Sunbury
6 Samuel Scroggie Coburg

Event 203 Boys U 15 - 1500 Metre Run
FINAL 8:30 AM
VBP: 4:09.68
NMR: 4:24.20
1 Bede Collis D.Valley
2 James Bird Hume
3 Hugh Tighe Sunbury
4 Ryan Sirianni Kilmore
5 Lachlan Attard Coburg

Event 204 Boys U 11 - 1500 Metre Run
FINAL 8:40 AM
VBP: 4:39.68
NMR: 4:59.65
1 Jonathan Yarak Essendon
2 Campbell Scaife Keilor
3 Jordy Walsh Essendon
4 Thomas Venuto P-Reservoir
5 Riley Coughlan Sunbury
6 Dylan Marriott D.Valley
7 Charlie Barrett Essendon
8 Ian Sealey D.Valley
9 Zachary Melvaine W.City
10 Lachlan Rumley W.City

Event 205 Boys U 12 - 1500 Metre Run
FINAL 8:40 AM
VBP: 4:36.45
NMR: 4:46.23
1 Logan Carroll Sunbury
2 Tyler Murphy D.Valley
3 Jal Wishart D.Valley
4 Henry Lovell Essendon
5 Riley Reid W.City
6 Ashton Torcasio Essendon
7 Aidan Cram Keilor
8 Sam Desira Coburg
9 Mitchell Roshier Keilor
10 Thomas Crookshanks P-Reservoir

Event 206 Girls U 11 - 1500 Metre Run
FINAL 8:50 AM
VBP: 4:52.02
NMR: 5:19.28
1 Ella Hutchison W.City
2 Bridget Walsh Keilor
3 Alice Darby D.Valley
4 Poppy Scot-Dagleish D.Valley
5 Poppy O'Loughlin P-Reservoir
6 Taylah Gilcrist Essendon
7 Lucinda Mielicki D.Valley
8 Maddison Nash D.Valley
9 Ella Piaia D.Valley

Event 207 Girls U 12 - 1500 Metre Run
FINAL 8:50 AM
VBP: 4:43.85
NMR: 5:07.00
1 Tayla Borg D.Valley
2 Olivia Lawson D.Valley
3 Laila Cooke D.Valley
4 Nysa Males L-Romsey
5 Charlotte Duggan Keilor
6 Belle Raso D.Valley
7 Isabella Ibbott Coburg
8 Tehara Munasingha W.City

Event 208 Girls U 13 - 1500 Metre Run
FINAL 9:00 AM
VBP: 4:36.73
NMR: 4:53.92
1 Edie Bridgewater P-Reservoir
2 Niamh Tabit Coburg
3 Amira Tabit Coburg
4 Sugi Neecowen D.Valley
5 Darci Walker L-Romsey
6 Alyssa Thompson Essendon
7 Chantelle Foreman P-Reservoir

Event 209 Girls U 14 - 1500 Metre Run
FINAL 9:00 AM
VBP: 4:39.27
NMR: 4:41.31
1 Talia Roshier Keilor
2 Holly Barrett Sunbury
3 Ashley D'Augello Coburg
4 Audrey Savage Essendon
5 Kelsea Bannan W.City
6 Alanna Kattan W.City
7 Eirini Kosmidis Coburg
8 Tana Males L-Romsey
9 Charlotte Holmes D.Valley

Event 210 Girls U 15 - 1500 Metre Run
FINAL 9:00 AM
VBP: 4:34.41
NMR: 4:44.02
1 Kara Thompson Essendon

Event 211 Girls U 13 - 200m Hurdles
8 Advance: Top 1 Each Heat plus Next 6 Best Times
VBP: 28.47
NMR: 31.04
Heat 1 of 2 Heats 9:30 AM
2 Ellie Kewish W.City
3 Miranda Darby D.Valley
4 Amanda Wrout Essendon
5 Katherine Baynes Essendon
6 Bridget Sambevski Essendon
Heat 2 of 2 Heats
2 Sugi Neecowen D.Valley
3 Charlotte Baskaran Essendon
4 Maddison Reynolds Keilor
5 Naomi Nicola D.Valley
6 Amanda Williamson Essendon
7 Cheyenne Schroeter W.City

Event 212 Boys U 11 - 100 Metre Run
8 Advance: Top 1 Each Heat plus Next 4 Best Times
VBP: 13.04
NMR: 13.48
Heat 1 of 4 Heats 9:40 AM
2 Jonathan Leeds Coburg
3 Alexander Johnson D.Valley
4 Ayden Clark P-Reservoir
5 Thomas O'Reilly Essendon
6 Zac Perrett Essendon
7 Romeiro Tsam Craigieburn
8 Milun Fernando W.City

Heat 2 of 4 Heats
2 Thom Thom Keilor
3 Riley Neecowen D.Valley
4 Lucas Arbanas Sunbury
5 Dante D'Ovidio Essendon
6 Daniel Lombardo Essendon
7 Thanujaya Warnakulasuriya Craigieburn

Heat 3 of 4 Heats
2 Jameson Haxby Sunbury
3 Alexander Grech Craigieburn
4 Xavier Vandrine Essendon
5 Damon Agius Keilor
6 Divine Vili Essendon
7 Dashiell Maxwell P-Reservoir

Heat 4 of 4 Heats
2 Samuel Day Essendon
3 Zac Wilson W.City
4 Roberto Finis Hume
5 Tyler Armstrong Essendon
6 Imani Olukhale Coburg
7 Ian Sealey D.Valley

***** Call Room Opens 30 minutes before event start time - Call Room closes 20 minutes before event start time*****

Event 213 Girls U 11 - 100 Metre Run
 8 Advance: Top 1 Each Heat plus Next 5 Best Times
 VBP: 13.24
 NMR: 13.90

Heat 1 of 3 Heats 9:49 AM

2 Ella Piaia D.Valley
 3 Tess Gillson D.Valley
 4 Saskia Ernst Coburg
 5 Mary Robinson D.Valley
 6 Amelia Ashton Essendon
 7 Jacinta Tanarte-Crook Keilor

Heat 2 of 3 Heats

2 Annalise Jones D.Valley
 3 Olivia Anile Essendon
 4 Aryanna Thakkar Keilor
 5 Lana Toomer Coburg
 6 Jasmine Galang Keilor
 7 Bessie Bertoli P-Reservoir

Heat 3 of 3 Heats

2 Isabella Grech Craigieburn
 3 Celina Aguilar Keilor
 4 Ava Toomer Coburg
 5 Lauren Marino Essendon
 6 Georgia Vankuyk D.Valley
 7 Brianna Mastin Sunbury

Event 214 Boys U 12 - 100 Metre Run

8 Advance: Top 1 Each Heat plus Next 6 Best Times

VBP: 12.14

NMR: 12.90

Heat 1 of 2 Heats 10:26 AM

2 Jack Watson Essendon
 3 Max Busuttil Keilor
 4 Zach Margiolakis W.City
 5 Samuel Abolencia D.Valley
 6 Logan Driscoll W.City

Heat 2 of 3 Heats

2 Tom Avramopoulos Coburg
 3 Luke Meagher D.Valley
 4 Tyson Ponchard W.City
 5 Lucas Knight P-Reservoir
 6 Chanachai Kankratok Keilor
 7 Max Carta Essendon

Event 215 Girls U 12 - 100 Metre Run

8 Advance: Top 1 Each Heat plus Next 5 Best Times

VBP: 12.64

NMR: 12.95

Heat 1 of 3 Heats 10:04 AM

2 Bailee Ellis D.Valley
 3 Lana Walker L-Romsey
 4 Maggie Stoney Coburg
 5 Kiara Istanto Essendon
 6 Chloe Thompson W.City
 7 Presencea Anton W.City
 8 Charlee Dickson D.Valley

Heat 2 of 3 Heats

1 Belle Raso D.Valley
 2 Taya Wanigasekera Coburg
 3 Madison Mountjoy Keilor
 4 Olivia Sheens W.City
 5 Ava Gray P-Reservoir
 6 Alyssa Thrasivoulou Keilor
 7 Emma Joyce Sunbury
 8 Charlotte Brodie Essendon

Heat 3 of 3 Heats

1 Ashleigh Yarak Essendon
 2 Josephina Nedelkos P-Reservoir
 3 Maddison Vowles Sunbury
 4 Trinity Dean D.Valley
 5 Hai An Vo Keilor
 6 Claire Lawson D.Valley
 7 Katie Oliver D.Valley
 8 Anika Gunooray W.City

Event 216 Boys U 10 - 100 Metre Run

8 Advance: Top 1 Each Heat plus Next 5 Best Times

VBP: 13.44

NMR: 14.19

Heat 1 of 3 Heats 10:13 AM

2 Kayden Ramirez D.Valley
 3 William Hurt Keilor
 4 Lawrence Cassar Keilor
 5 Isaac Malamatinas W.City
 6 David Droszczak Craigieburn
 7 Jed Daley Essendon

Heat 2 of 3 Heats

2 Mitchell Iannello Keilor
 3 Maddox Armstrong Essendon
 4 Noah Maffia Keilor
 5 Bryn Sawyer L-Romsey
 6 Jesse Rouge W.City
 7 Tait Rennie Sunbury

Heat 3 of 3 Heats

2 Campbell Harrison Kilmore
 3 Angus Robinson Essendon
 4 James Ryan Coburg
 5 Harrison Hegarty W.City
 6 Chas Woodward D.Valley
 7 Antoine Maitland Keilor

Event 217 Girls U 10 - 100 Metre Run

8 Advance: Top 1 Each Heat plus Next 6 Best Times

VBP: 13.84

NMR: 14.14

Heat 1 of 2 Heats 10:22 AM

1 Eva Silic D.Valley
 2 Amy Forbes Essendon
 3 Lily-Bella Hilli W.City
 4 Chloe Agars Keilor
 5 Maddison Meagher D.Valley
 6 Taya McClure W.City
 7 Gemma Attard W.City

Heat 2 of 2 Heats

1 Emma Hendrie D.Valley
 2 Kirra Wright W.City
 3 Bianca Palamara Keilor
 4 Thyra Abolencia D.Valley
 5 Ava Harbinson L-Romsey
 6 Ava Raso D.Valley
 7 Jessica Scanlon Essendon
 8 Elisha Blair D.Valley

Event 218 Boys U 9 - 100 Metre Run

8 Advance: Top 1 Each Heat plus Next 5 Best Times

VBP: 13.98

NMR: 14.24

Heat 1 of 3 Heats 10:28 AM

2 Malik Olukhale Coburg
 3 Christian Marchionno Essendon
 4 Ned O'Farrell Essendon
 5 Harper Eley P-Reservoir
 6 Caelan Robertson D.Valley
 7 Liam Joyce Sunbury
 8 Liam Cameron D.Valley

Heat 2 of 3 Heats

2 Isa Merhi Essendon
 3 Jai Dwyer P-Reservoir
 4 Ruan Louwrens D.Valley
 5 William Nakonesky D.Valley
 6 Jack Jorgensen Sunbury
 7 Luke Becvinovski Keilor
 8 Finn Daley Essendon

Heat 3 of 3 Heats

2 Myles Hazelton D.Valley
 3 Lewin Rees Keilor
 4 Xenon Tsam Craigieburn
 5 Mason Marin Essendon
 6 Hayden Jones D.Valley
 7 Evan Sergakis W.City
 8 Max Hume D.Valley

Event 219 Girls U 9 - 100 Metre Run

8 Advance: Top 1 Each Heat plus Next 6 Best Times

VBP: 14.14

NMR: 14.94

Heat 1 of 2 Heats 10:37 AM

2 Hope Vili Essendon
 3 Morgan Hodgetts Keilor
 4 Nina Noakes Coburg
 5 Joni Freeman Coburg
 6 Isabelle Nicola D.Valley
 7 Natalie Arbanas Sunbury
 8 Amelia Haxby Sunbury

Heat 2 of 2 Heats

2 Kasia Phillips Sunbury
 3 Emily Carmichael Keilor
 4 Rebecca Hvalica D.Valley
 5 Stella Williams Coburg
 6 Poppy Vogl Coburg
 7 Alexis Ebdon Craigieburn

Event 220 Boys U 14 - 100 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 11.31
 NMR: 11.39
 Heat 1 of 2 Heats 10:43 AM
 2 Hayden Moon D.Valley
 3 Sam Dite Coburg
 4 Elijah Louis Ecaldre Craigieburn
 5 James Kerr Coburg
 6 Liam Denner Sunbury
 7 Paul D'Angelo P-Reservoir
 Heat 2 of 2 Heats
 2 Calvin Lloyd Keilor
 3 Carlos Egan Keilor
 4 Lucas Leong Keilor
 5 Benjamin Williamson Essendon
 6 Ephraim Noah Keilor
 7 Jack O'Farrell Essendon

Event 221 Girls U 14 - 100 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 12.20
 NMR: 12.34
 Heat 1 of 2 Heats 10:49 AM
 2 Julia Kattan W.City
 3 Jordan van Pelt Sunbury
 4 Olivia de la Plaza-Sanchez Keilor
 5 Alannah Velianovski Essendon
 6 Bihansa Warnakulasuriya Craigieburn
 7 April Woodward D.Valley
 8 Maybel Jess-Mabbott Coburg
 Heat 2 of 2 Heats
 2 Larrissa Haifa Coburg
 3 Abby Cain Keilor
 4 Charley Day Essendon
 5 Sienna Hassan Keilor
 6 Holly Vankuyk D.Valley
 7 Chloe Perrett Essendon

Event 223 Boys U 13 - 100 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 11.68
 NMR: 11.86
 Heat 1 of 2 Heats 10:55 AM
 2 Charl Louwrens D.Valley
 3 Zachary Stevens Sunbury
 4 Frank Mazza Keilor
 5 Nathan Williams D.Valley
 6 Connor Matzkows P-Reservoir
 7 Nathan Jewell-Suttill Essendon
 Heat 2 of 2 Heats
 2 Dash Newton Essendon
 3 Calven Lipec Keilor
 4 Jonty de Cata D.Valley
 5 Jesse Harbinson L-Romsey
 6 Elijah Zantey D.Valley
 7 Brock Murray Craigieburn

Event 223 Girls U 13 - 100 Metre Run
 8 Advance: Top 1 Each Heat plus Next 5 Best Times
 VBP: 12.44
 NMR: 12.44
 Heat 1 of 3 Heats 11:01 AM
 2 Natalia Palamara Keilor
 3 Amanda Wrout Essendon
 4 Kimberly Condon W.City
 5 Caitlin Richards P-Reservoir
 6 Emma Furfaro W.City
 Heat 2 of 3 Heats
 2 Tessa Sciulli P-Reservoir
 3 Sophia Cook Keilor
 4 Shehana Wijesundara W.City
 5 Cheyenne Schroeter W.City
 6 Amanda Williamson Essendon
 7 Jessica Fitzpatrick P-Reservoir
 Heat 3 of 3 Heats
 2 Kiera Shackle Keilor
 3 Erin Hanlon Craigieburn
 4 Ilke Sawyer L-Romsey
 5 Emi Margaret Eliu W.City
 6 Maria Bobolas P-Reservoir
 7 Bridget Sambevski Essendon

Event 224 Boys U11 - 100 Metre Run
 FINAL 11:25 AM

Event 225 Girls U11 - 100 Metre Run
 FINAL 11:28 AM

Event 226 Boys U12 - 100 Metre Run
 FINAL 11:31 AM

Event 227 Girls U 12 - 100 Metre Run
 FINAL 11:34 AM

Event 228 Boys U10 - 100 Metre Run
 FINAL 11:37 AM

Event 229 Girls U10 - 100 Metre Run
 FINAL 11:40 AM

Event 230 Boys U9 - 100 Metre Run
 FINAL 11:43 AM

Event 231 Girls U9 - 100 Metre Run
 FINAL 11:46 AM

Event 232 Boys U 15 - 100 Metre Run
 FINAL 11:49 AM
 VBP: 11.06
 NMR: 11.18

3 Baye Agostino D.Valley
 4 Josh Hazelton D.Valley
 5 Mitchell Egan Essendon
 6 William Gittins D.Valley

Event 258 Girls U 15 - 100 Metre Run
 FINAL 11:52 AM
 VBP: 12.14
 NMR: 12.30
 3 Ameena Kanj W.City
 4 Isabelle Raines Coburg

Event 234 Boys U 14 - 100 Metre Run
 FINAL 11:55 AM

Event 235 Girls U 14 - 100 Metre Run
 FINAL 11:58 AM

Event 236 Boys U13 - 100 Metre Run
 FINAL 12:01 PM

Event 237 Girls U 13 - 100 Metre Run
 FINAL 12:04 PM

LUNCH BREAK - TIME PERMITTING

Event 238 Boys U 11 - 400 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 59.78
 NMR: 1:02.75
 Heat 1 of 2 Heats 1:00 PM

1 Dylan Marriott D.Valley
 2 Campbell Scaife Keilor
 3 Charlie Barrett Essendon
 4 Riley Neeowen D.Valley
 5 Ian Sealey D.Valley
 6 Dashiell Maxwell P-Reservoir
 7 Thanujaya Warnakulasuriya Craigieburn
 8 Gurbir Singh W.City

Heat 2 of 2 Heats
 1 Mitchell Parton Keilor
 2 Jonathan Leeds Coburg
 3 Jonathan Yarak Essendon
 4 Alastair Bowles D.Valley
 5 Daniel Lombardo Essendon
 6 Grady Schroeter W.City
 7 Tyler Camilleri Keilor
 8 Jordy Walsh Essendon

Event 239 Girls U 11 - 400 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 59.97
 NMR: 1:04.07
 Heat 1 of 2 Heats 1:06 PM

3 Lucinda Mielicki D.Valley
 4 Jamieson Lander D.Valley
 5 Montana Kerr Coburg
 6 Saskia Williams Coburg
 7 Lara Sacaner Keilor

Heat 2 of 2 Heats
 3 Emily Robertson D.Valley
 4 Ella Piaia D.Valley
 5 Annalise Jones D.Valley
 6 Dakota Reynolds Keilor

Event 240 Boys U 12 - 400 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 55.57
 NMR: 59.63
 Heat 1 of 2 Heats 1:12 PM
 2 Sam Desira Coburg
 3 Jal Wishart D.Valley
 4 Lucas Knight P-Reservoir
 5 Noah Jablonski D.Valley
 6 Dilan Egodawatte Keilor
 Heat 2 of 2 Heats
 2 Patrick Keogh L-Romsey
 3 Mitchell Roshier Keilor
 4 Aaron Doyle D.Valley
 5 Luke Meagher D.Valley
 6 Samuel Scodella Keilor
 7 Harry O'Farrell Essendon

Event 241 Boys U 10 - 400 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 1:02.28
 NMR: 1:06.31
 Heat 1 of 3 Heats 1:18 PM
 2 Liam Cruse Coburg
 3 Ethan Armstrong-Bourn D.Valley
 4 Oscar Steward Essendon
 5 Seyon Rajaratnam W.City
 6 Jerome Ristevski L-Romsey
 Heat 2 of 3 Heats
 1 Jesse Lumby Essendon
 2 Kayden Ramirez D.Valley
 3 Aiden Davis Essendon
 4 Reuben Lovell Essendon
 5 Jobe Douglas D.Valley
 6 Cooper Matthews Keilor
 Heat 3 of 3 Heats
 2 Bryn Sawyer L-Romsey
 3 Mark Mavrakis Keilor
 4 Campbell Harrison Kilmore
 5 Finn Daffey Keilor
 6 Noah Maffia Keilor
 7 Thomas Merry W.City

Event 242 Girls U 10 - 400 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 1:05.66
 NMR: 1:08.52
 Heat 1 of 2 Heats 1:27 PM
 2 Jada Patelesio W.City
 3 Nuhansa Kumarasinghe Craigieburn
 4 Charlotte Gray Coburg
 5 Alice Bromley L-Romsey
 6 Alicia Gec Keilor
 Heat 2 of 2 Heats
 2 Thyra Abolencia D.Valley
 3 Grace Farah W.City
 4 Hannah Hvalica D.Valley
 5 Gemma Attard W.City
 6 Chiara Vonella W.City
 7 Lily-Bella Hilli W.City

Event 226 Boys U 9 - 400 Metre Run
 8 Advance: Top 1 Each Heat plus Next 46 Best Times
 VBP: 1:04.63
 NMR: 1:09.44
 Heat 1 of 4 Heats 1:33 PM
 2 Liam Cameron D.Valley
 3 Oscar Mielicki D.Valley
 4 Peter D'Angelo P-Reservoir
 5 Miles Thompson Essendon
 6 Alexis Mainelli W.City
 7 Oliver Irwin Essendon
 8 William Tracy Coburg
 Heat 2 of 4 Heats
 2 Jude Barrett Essendon
 3 Naithan Thomas W.City
 4 Jack Jorgensen Sunbury
 5 William Nakonesky D.Valley
 6 Lewin Rees Keilor
 7 Benjamin Masulans Coburg

Heat 3 of 4 Heats
 2 Oliver Malamatinas W.City
 3 Aden Thompson Essendon
 4 Koby Bewick Keilor
 5 Nehan Wijayakoon W.City
 6 Max Davidson D.Valley
 7 Lucas Melvaine W.City
 Heat 4 of 4 Heats
 2 Beau Mason D.Valley
 3 Chase Jardine Essendon
 4 Hayden Jones D.Valley
 5 Dylan Faulds L-Romsey
 6 Evan Sergakis W.City
 7 Xenon Tsam Craigieburn

Event 244 Girls U 14 - 400 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 56.36
 NMR: 59.78
 Heat 1 of 2 Heats 1:45 PM
 2 Jemma Fairman D.Valley
 3 Talia Roshier Keilor
 4 Tana Males L-Romsey
 5 Grace Robinson D.Valley
 6 Abbey McDonald Sunbury
 Heat 2 of 2 Heats
 2 Bihansa Warnakulasuriya Craigieburn
 3 Alanna Kattan W.City
 4 Teagan Walshe Keilor
 5 Chelsea Paton W.City
 6 Ashley D'Augello Coburg
 7 Alyssa di Martino Keilor

Event 245 Boys U 13 - 400 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 53.69
 NMR: 54.71
 Heat 1 of 2 Heats 1:51 PM
 2 Jordan Lombardo Essendon
 3 Ty Davis Essendon
 4 Jugad Singh Puar Craigieburn
 5 Robert Sparks Sunbury
 6 Patrick Steward Essendon

Heat 2 of 2 Heats
 2 Riley Walsh Essendon
 3 Joshua Tracy Coburg
 4 Kane Marriott D.Valley
 5 Pedro Gounder Keilor

Event 246 Girls U 13 - 400 Metre Run
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 58.31
 NMR: 1:00.18
 Heat 1 of 2 Heats 1:57 PM
 2 Monique White Essendon
 3 Miranda Darby D.Valley
 4 Alyssa Thompson Essendon
 5 Tessa Sciulli P-Reservoir
 6 Maddison Reynolds Keilor
 Heat 2 of 2 Heats
 2 Georgia Attard Coburg
 3 Taylah Woolley Kilmore
 4 Sugi Neecowen D.Valley
 5 Bridget Sambevski Essendon
 6 Charlotte Baskaran Essendon
 7 Chantelle Foreman P-Reservoir

Event 247 Boys U 10 - 60m Hurdles
 8 Advance: Top 1 Each Heat plus Next 5 Best Times
 VBP: 10.12
 NMR: 10.43
 Heat 1 of 3 Heats 2:20 PM
 2 Lucas Warrick Coburg
 3 Nathan Evans Essendon
 4 Jed Daley Essendon
 5 Chas Woodward D.Valley
 6 Patrick Carlton Coburg
 Heat 2 of 3 Heats
 2 Maddox Wilson Essendon
 3 Henry Allan L-Romsey
 4 Cooper Matthews Keilor
 5 Mark Mavrakis Keilor
 6 Finn Daffey Keilor
 7 Mitchell Iannello Keilor
 Heat 3 of 3 Heats
 2 Angus Robinson Essendon
 3 Benjamin Brennan D.Valley
 4 Jerome Ristevski L-Romsey
 5 Thomas Merry W.City
 6 Lawson Sleight Essendon
 7 William Hurt Keilor

Event 248 Girls U 10 - 60m Hurdles
 8 Advance: Top 1 Each Heat plus Next 6 Best Times
 VBP: 10.32
 NMR: 10.54
 Heat 1 of 2 Heats 2:29 PM
 2 D'Lyla Milford Craigieburn
 3 Charlotte Gray Coburg
 4 Jessica Scanlon Essendon
 5 Hayley Sposato W.City
 6 Chiara Vonella W.City
 7 Jada Patelesio W.City
 8 Ava Harbinson L-Romsey

Heat 2 of 2 Heats	
1 Olivia Gorman	W.City
2 Eva Silic	D.Valley
3 Mischa Atkinson	W.City
4 Taihlar-Jo Kampf	W.City
5 Alice Bromley	L-Romsey
6 Jaimee Vassiliou	Keilor
7 Amy Forbes	Essendon
8 Emma Hendrie	D.Valley

Event 249 Boys U 9 - 60m Hurdles	
8 Advance: Top 1 Each Heat plus Next 6 Best Times	
VBP:	9.89
NMR:	10.50

Heat 1 of 2 Heats	2:35 PM
2 Harper Eley	P-Reservoir
3 Isa Merhi	Essendon
4 Bimash de Alwis	W.City
5 Jude Barrett	Essendon
6 Finn Daley	Essendon
7 Luke Becvinovski	Keilor
8 Michael Colaidis	P-Reservoir

Heat 2 of 2 Heats	
2 Ruan Louwrens	D.Valley
3 Alexis Mainelli	W.City
4 Leo O'Loughlin	P-Reservoir
5 Mason Marin	Essendon
6 Ned O'Farrell	Essendon
7 Hayden Jones	D.Valley
8 Miles Thompson	Essendon

Event 250 Girls U 9 - 60m Hurdles	
8 Advance: Top 1 Each Heat plus Next 6 Best Times	
VBP:	10.37
NMR:	10.74

Heat 1 of 2 Heats	
2 Maisey Gasper	Coburg
3 Jessica Watson	Essendon
4 Zoey Ryan	D.Valley
5 Eleanor Duggan	Keilor
6 Maia Kelly	D.Valley
7 Alexis Ebdon	Craigieburn
8 Zara Silic	D.Valley

Heat 2 of 2 Heats	
2 Teagan Corden	D.Valley
3 Nina Noakes	Coburg
4 Natalie Arbanas	Sunbury
5 Emily Carmichael	Keilor
6 Hanna Rowe	Craigieburn
7 Juliet Tennyson	Coburg
8 Adelle Absalom	Essendon

Event 251 Boys U 15 - 300m Hurdles	
FINAL	3:00 PM
VBP:	40.06
NMR:	43.35
3 Alex McPherson	W.City
4 William Gittins	D.Valley
5 Ben Major	D.Valley

Event 252 Girls U 15 - 300m Hurdles	
FINAL	3:03 PM
VBP:	44.66
NMR:	49.58
2 Jessica Simpson	D.Valley
3 Maddison McBrien	W.City
4 Briana Richards	P-Reservoir
5 Tahli Johns	D.Valley

Event 253 Boys U 14 - 200m Hurdles	
FINAL	3:06 PM
VBP:	26.97
NMR:	28.75
2 Jonah Emonson	L-Romsey
3 Ephraim Noah	Keilor
4 Jack Walsh	Essendon
5 Benjamin Williamson	Essendon
6 Brodie Driscoll	W.City
7 Kane Johnson	W.City
8 Simon Maiolo	Keilor

Event 254 Girls U 14 - 200m Hurdles	
FINAL	3:09 PM
VBP:	28.45
NMR:	31.05
2 Lilly Bromley	L-Romsey
3 April Woodward	D.Valley
4 Chelsea Paton	W.City
5 Sara Rottura	P-Reservoir
6 Ashley D'Augello	Coburg

Event 255 Boys U 13 - 200m Hurdles	
FINAL	3:12 PM
VBP:	26.42
NMR:	28.58
2 Nathan Jewell-Suttill	Essendon
3 Mitchel Langborne	Keilor
4 Nicholas Fluke	Keilor
5 Ilija Simonovski	D.Valley
6 Michael Sparks	Sunbury

Event 256 Girls U 13 - 200m Hurdles	
FINAL	3:15 PM

Event 257 Boys U 10 - 60m Hurdles	
FINAL	3:30 PM

Event 258 Girls U 10 - 60m Hurdles	
FINAL	3:33 PM

Event 259 Boys U 9 - 60m Hurdles	
FINAL	3:36 PM

Event 260 Girls U 9 - 60m Hurdles	
FINAL	3:39 PM

Event 261 Boys U 9 - 400 Metre Run	
FINAL	3:55 PM

Event 262 Girls U 9 - 400 Metre Run	
FINAL	3:58 PM
VBP:	1:07.93
NMR:	1:12.74

1 Hannah Paton	W.City
2 Astrid Lockwood	D.Valley
3 Teagan Corden	D.Valley
4 Ella McMenamin	Keilor
5 Adelle Absalom	Essendon
6 Juliet Tennyson	Coburg
7 Poppy Vogl	Coburg
8 Alexis Ebdon	Craigieburn

Event 263 Boys U10 - 400 Metre Run	
FINAL	4:01 PM

Event 264 Girls U10 - 400m Run	
FINAL	4:04 PM

Event 265 Boys U11 - 400 Metre Run	
FINAL	4:07 PM

Event 266 Girls U11 - 400 Metre Run	
FINAL	4:10 PM

Event 267 Boys U 12 - 400 Metre Run	
FINAL	4:13 PM

Event 268 Girls U 12 - 400 Metre Run	
FINAL	4:16 PM
VBP:	59.33
NMR:	1:03.88

2 Maire McEvoy	Keilor
3 Darcie Robinson	Essendon
4 Katie Oliver	D.Valley
5 Alannah Hoffman	W.City
6 Anika Gunooroy	W.City
7 Molly Gasper	Coburg
8 Nysa Males	L-Romsey

Event 269 Boys U 13 - 400 Metre Run	
FINAL	4:19 PM

Event 270 Girls U 13 - 400 Metre Run	
FINAL	4:22 PM

Event 271 Boys U 14 - 400 Metre Run	
FINAL	4:25 PM
VBP:	52.05
NMR:	53.08

2 Jack O'Farrell	Essendon
3 Anzac Pirika	Keilor
4 Elijah Louis Ecaldre	Craigieburn
5 Shavani Mainelli	W.City
6 James Kerr	Coburg
7 Kane Johnson	W.City
8 Samuel Scroggie	Coburg

Event 272 Boys U 15 - 400 Metre Run	
FINAL	4:28 PM
VBP:	49.91
NMR:	51.54
1 James Golob	W.City

Event 273 Girls U 14 - 400 Metre Run
FINAL 4:31 PM

Event 274 Girls U 15 - 400 Metre Run
FINAL 4:34 PM

VBP: 55.68

NMR: 57.22

3 Caitlin Hanley D.Valley

4 Isabelle Raines Coburg

5 Kara Thompson Essendon

SUNDAY FIELD EVENTS

Event 2001 Boys U 14 - Javelin
FINAL 8:30 AM

VBP: 57.02m

NMR: 46.27m

1 Calvin Lloyd Keilor

2 Tarkyn Williams Coburg

3 Sam Conti Essendon

4 Jonah Emonson L-Romsey

Event 2002 Boys U 15 - Javelin
FINAL 8:30 AM

VBP: 55.41m

NMR: 46.97m

1 Ryan Blair D.Valley

2 Wilson Cram Keilor

3 Ben Major D.Valley

Event 2003 Boys U 13 - High Jump
FINAL 8:30 AM

VBP: 1.77m

NMR: 1.66m

1 Will Ryan Essendon

2 Nicolas Bannan W.City

3 Patrick Steward Essendon

4 Jude Georgievski W.City

5 Jesse Harbinson L-Romsey

6 Robert Sparks Sunbury

Event 2004 Girls U 13 - Discus
FINAL 8:30 AM

VBP: 44.54m

NMR: 41.57m

1 Alana Chapman W.City

2 Taylah Woolley Kilmore

3 Maddison Reynolds Keilor

4 Petalina Atoa W.City

5 Yifen Soukaseun Coburg

6 Naomi Nicola D.Valley

7 Jessica Fitzpatrick P-Reservoir

Event 2005 Girls U 11 - Discus
FINAL 8:45 AM

VBP: 37.77m

NMR: 30.41m

1 Amy Hawking Essendon

2 Ashmitha Murugathas W.City

3 Keira Sanchez D.Valley

4 Emily Robertson D.Valley

5 Vanessa Smith D.Valley

6 Dakota Reynolds Keilor

7 Victoria Meaden D.Valley

Event 2006 Girls U 15 - Triple Jump
FINAL 8:45 AM

VBP: 12.43m

NMR: 11.74m

1 Alexandra Hanley D.Valley

2 Briana Richards P-Reservoir

3 Emily Portaro Keilor

4 Erin Waldon D.Valley

5 Jessica Simpson D.Valley

Event 2007 Boys U 11 - High Jump
FINAL 9:00 AM

VBP: 1.59m

NMR: 1.51m

1 Jack Ryan Essendon

2 Dante D'Ovidio Essendon

3 Jonah Bosco Essendon

4 Noah McMenamin Keilor

5 Blake Matthews Keilor

6 Tobias Sutherland Essendon

7 Cooper Waldon D.Valley

8 Nathaniel Audino W.City

9 Domenic Mainelli W.City

10 Lucas Arbanas Sunbury

Event 2008 Boys U 9 - Shot Put
FINAL 9:15 AM

VBP: 9.96m

NMR: 9.09m

1 Dane Novak Keilor

2 Joshua Carlton Coburg

3 Finn Daley Essendon

4 Morris Abrahams D.Valley

5 Evan Sergakis W.City

6 Caelan Robertson D.Valley

7 Dylan Faulds L-Romsey

8 Cruz Pene W.City

9 Jaquel Tuakana-Kuki W.City

10 Christian Marchionno Essendon

Event 2009 Boys U 12 - Long Jump
FINAL 9:15 AM

VBP: 5.50m

NMR: 5.13m

1 Samuel Scodella Keilor

2 Jake Woodward D.Valley

3 Chanachai Kankratok Keilor

4 Joshua Carelli P-Reservoir

5 Jack Watson Essendon

6 Bailey Moffat Sunbury

7 Sam Desira Coburg

8 Tyson Ponchard W.City

9 Max Carta Essendon

10 Nicholas Brennan D.Valley

11 James Arnall W.City

12 Sebastian Carta Essendon

13 Luc Thai Essendon

Event 2010 Girls U 9 - Long Jump
FINAL 9:30 AM

VBP: 4.20m

NMR: 4.16m

1 Zara Silic D.Valley

2 Hope Vili Essendon

3 Teagan Corden D.Valley

4 Ella Sutherland Essendon

5 Astrid Lockwood D.Valley

6 Ella McMenamin Keilor

7 Sarah Holmes D.Valley

8 Joni Freeman Coburg

9 Juliet Tennyson Coburg

10 Kasia Phillips Sunbury

11 Rebecca Hvalica D.Valley

12 Maisey Gasper Coburg

13 Maia Kelly D.Valley

14 Natalie Arbanas Sunbury



Event 2010 Girls U 9 - Long Jump cont..
 15 Emily Carmichael Keilor
 16 Isabelle Nicola D.Valley
 17 Morgan Hodgetts Keilor

Event 2011 Girls U 12 - Shot Put
 FINAL 9:30 AM
 VBP: 15.01m
 NMR: 12.70m
 1 Chloe Thompson W.City
 2 Alyssa Thrasivoulou Keilor
 3 Maire McEvoy Keilor
 4 Faith Vili Essendon
 5 Sienna Staropoli Essendon
 6 Charlotte Duggan Keilor
 7 Emma Joyce Sunbury
 8 Bianca Brown W.City

Event 2012 Girls U 11 - Triple Jump
 FINAL 10:00 AM
 VBP: 9.54m
 NMR: 8.39m
 1 Jamieson Lander D.Valley
 2 Kiara Wijayakoon W.City
 3 Amy Gregory W.City
 4 Amelia Davidson D.Valley
 5 Tess Gillson D.Valley
 6 Poppy O'Loughlin P-Reservoir
 7 Mary Robinson D.Valley
 8 Diviniya Breneger W.City
 9 Lucinda Mielicki D.Valley
 10 Saskia Ernst Coburg
 11 Rhianna Bennett W.City
 12 Keeley Tennyson Coburg
 13 Alice Darby D.Valley
 14 Annalise Jones D.Valley
 15 Lara Sacaner Keilor
 16 Amelia Ashton Essendon
 17 Olivia Anile Essendon

Event 2013 Boys U 10 - High Jump
 FINAL 10:30 AM
 VBP: 1.48m
 NMR: 1.43m
 1 Henry Allan L-Romsey
 2 James Ryan Coburg
 3 James Georgievski W.City
 4 Nicholas Staropoli Essendon
 5 Cameron Pascoe Coburg
 6 Liam Cruse Coburg
 7 Tait Rennie Sunbury
 8 Mark Mavrakis Keilor
 9 Judd Pene W.City
 10 David Droszczak Craigieburn
 11 Jesse Lumby Essendon
 12 Jerome Ristevski L-Romsey
 13 James Staropoli Essendon
 14 Gianni Coco Essendon
 15 Nathan Evans Essendon
 16 Lawrence Cassar Keilor
 17 Jamie Williams Craigieburn

Event 2014 Girls U 13 - Triple Jump
 FINAL 10:30 AM
 VBP: 12.09m
 NMR: 10.74m
 1 Ilke Sawyer L-Romsey
 2 Caitlin Richards P-Reservoir
 3 Larissa Tennyson Coburg
 4 Chantelle Foreman P-Reservoir
 5 Yifen Soukaseun Coburg
 6 Kimberly Condon W.City
 7 Cheyenne Schroeter W.City
 8 Sophia Cook Keilor
 9 Jessica Fitzpatrick P-Reservoir
 10 Katherine Baynes Essendon
 11 Shehana Wijesundara W.City

Event 2015 Girls U 14 - Discus
 FINAL 10:45 AM
 VBP: 44.05m
 NMR: 37.75m
 1 Amisha Murugathas W.City
 2 Lilly Bromley L-Romsey
 3 Michelle Spurrell Keilor
 4 Hannah Brodie Essendon
 5 Isobel Brown P-Reservoir
 6 Ashlea Thies Sunbury

Event 2016 Girls U 15 - Discus
 FINAL 10:45 AM
 VBP: 46.00m
 NMR: 37.83m
 1 Vanessa Lumakovski W.City

Event 2017 Boys U 15 - High Jump
 FINAL 11:00 AM
 VBP: 2.00m
 NMR: 1.91m
 1 Josh Hazelton D.Valley
 2 Zac Manias Coburg
 3 Ben Major D.Valley
 4 James Bird Hume

Event 2018 Girls U 10 - Shot Put
 FINAL 11:00 AM
 VBP: 11.75m
 NMR: 9.22m
 1 Thyra Abolencia D.Valley
 2 Mischa Atkinson W.City
 3 Bianca Palamara Keilor
 4 Chiara Vonella W.City
 5 Mikayla Bennett W.City
 6 Hayley Sposato W.City
 7 D'Lyla Milford Craigieburn
 8 Saffron Mulcahy Keilor
 9 Koorina Spriggs W.City

Event 2019 Boys U 13 - Javelin
 FINAL 11:30 AM
 VBP: 52.66m
 NMR: 41.68m
 1 Nicolas Bannan W.City
 2 Frank Mazza Keilor
 3 Leroy Ristevski L-Romsey
 4 Harrison Karvellas P-Reservoir
 5 Nayana Wijayakoon W.City
 6 Lucas Leeds Coburg

Event 2020 Boys U 15 - Long Jump
 FINAL 1:15 PM
 VBP: 6.98m
 NMR: 6.41m
 1 Phoenix Davey Coburg
 2 Baye Agostino D.Valley
 3 Emmanuel Vili Essendon
 4 James Bird Hume

Event 2021 Boys U 14 - High Jump
 FINAL 1:15 PM
 VBP: 1.90m
 NMR: 1.75m
 1 Jonah Emonson L-Romsey
 2 James Gregory W.City
 3 Jackson McMenamin Keilor
 4 Jack Walsh Essendon
 5 Toby Hallebone Coburg
 6 Khaled El-Leissy W.City
 7 Noah Emonson L-Romsey

Event 2022 Girls U 12 - Triple Jump
 FINAL 1:15 PM
 VBP: 11.14m
 NMR: 10.52m
 1 Kiara Istanto Essendon
 2 Taya Wanigasekera Coburg
 3 Shemona Alhadad P-Reservoir
 4 Sienna Staropoli Essendon
 5 Olivia Sheens W.City
 6 Alannah Hoffman W.City
 7 Zoe Vom Coburg
 8 Tehara Munasingha W.City
 9 Charlotte Brodie Essendon
 10 Madison Mountjoy Keilor
 11 Maddison Vowles Sunbury
 12 Darcie Robinson Essendon
 13 Hayley O'Regan Essendon
 14 Maire McEvoy Keilor
 15 Bailee Ellis D.Valley
 16 Charlee Dickson D.Valley
 17 Ava Gray P-Reservoir
 18 Matilda Butterworth D.Valley

Event 2023	Boys U 11 - Long Jump	
FINAL		1:30 PM
VBP:	4.75m	
NMR:	4.57m	
1	Jameson Haxby	Sunbury
2	Cooper Waldon	D.Valley
3	Imani Olukhale	Coburg
4	Blake Matthews	Keilor
5	Ayden Clark	P-Reservoir
6	Nathaniel Audino	W.City
7	Alexander Johnson	D.Valley
8	Tyler Armstrong	Essendon
9	Samuel Day	Essendon
10	Damon Agius	Keilor
11	Jack Ryan	Essendon
12	Thom Thom	Keilor
13	Dashiell Maxwell	P-Reservoir
14	Thomas O'Reilly	Essendon
15	Marcus Carelli	P-Reservoir
16	Lucas Arbanas	Sunbury

Event 2024	Girls U 14 - Triple Jump	
FINAL		1:30 PM
VBP:	12.19m	
NMR:	11.20m	
1	Abby Cain	Keilor
2	Eirini Kosmidis	Coburg
3	Michelle Spurrell	Keilor
4	Julia Kattan	W.City
5	Alanna Kattan	W.City
6	Hannah Brodie	Essendon
7	Chelsea Paton	W.City
8	Grace Robinson	D.Valley
9	Ebony Mangion	Keilor
10	Maybel Jess-Mabbott	Coburg
11	Charley Day	Essendon
12	Alyssa di Martino	Keilor
13	Bella Peterson	Keilor
14	Emily Newton	Essendon

Event 2025	Boys U 12 - Javelin	
FINAL		1:45 PM
VBP:	49.68m	
NMR:	35.49m	
1	Lucas Knight	P-Reservoir
2	Benjamin Pascoe	Coburg
3	Riley Reid	W.City
4	Dean Sergakis	W.City
5	Adam Berry	W.City
6	Zayne Adams	W.City
7	Aidan Cram	Keilor
8	Kyle Taylor	Keilor
9	Seth Hill	D.Valley
10	Ethan Hellstrom	D.Valley

Event 2026	Girls U 9 - Discus	
FINAL		2:00 PM
VBP:	32.01m	
NMR:	25.05m	
1	Melissa Cilliers	D.Valley
2	Amelia Haxby	Sunbury
3	Isabelle Nicola	D.Valley
4	Stella Williams	Coburg
5	Eleanor Duggan	Keilor
6	Zoey Ryan	D.Valley
7	Sarah Holmes	D.Valley
8	Hanna Rowe	Craigieburn
9	Ella Sutherland	Essendon

Event 2027	Girls U 11 - Shot Put	
FINAL		2:00 PM
VBP:	12.68m	
NMR:	10.64m	
1	Annalise Jones	D.Valley
2	Ashmitha Murugathas	W.City
3	Victoria Meaden	D.Valley
4	Amy Hawking	Essendon
5	Tess Gillson	D.Valley
6	Mary Robinson	D.Valley
7	Emily Robertson	D.Valley
8	Keira Sanchez	D.Valley
9	Jasmine Galang	Keilor
10	Aryanna Thakkar	Keilor

Event 2028	Girls U 13 - Shot Put	
FINAL		2:00 PM
VBP:	13.15m	
NMR:	11.97m	
1	Yifen Soukaseun	Coburg
2	Mia Gibson	P-Reservoir
3	Erin Hanlon	Craigieburn
4	Alisha Sims	W.City
5	Alana Chapman	W.City
6	Petalina Atoa	W.City
7	Caitlyn Derks	Keilor
8	Taylah Woolley	Kilmore

Event 2029	Boys U 9 - High Jump	
FINAL		2:15 PM
NEW EVENT		
1	Malik Olukhale	Coburg
2	Ned O'Farrell	Essendon
3	Bimash de Alwis	W.City
4	Xenon Tsam	Craigieburn
5	Max Hume	D.Valley
6	Hayden Jones	D.Valley
7	Cruiz Pene	W.City
8	Peter D'Angelo	P-Reservoir
9	Nehan Wijayakoon	W.City

Event 2030	Girls U 12 - Discus	
FINAL		3:00 PM
VBP:	43.82m	
NMR:	38.14m	
1	Emma Joyce	Sunbury
2	Faith Vili	Essendon
3	Claire Lawson	D.Valley
4	Tara Smith	D.Valley
5	Natasha Petrevski	P-Reservoir

Event 2031	Boys U 13 - Long Jump	
FINAL		3:00 PM
VBP:	6.20m	
NMR:	5.69m	
1	Zachary Stevens	Sunbury
2	Frank Mazza	Keilor
3	Calven Lipec	Keilor
4	Will Ryan	Essendon
5	Dash Newton	Essendon
6	Nicholas Fluke	Keilor
7	Jonty de Cata	D.Valley
8	Brock Murray	Craigieburn
9	Jude Georgievski	W.City
10	Harrison Karvellas	P-Reservoir
11	Connor Matzkows	P-Reservoir

Event 2032	Girls U 10 - Long Jump	
FINAL		3:00 PM
VBP:	4.51m	
NMR:	4.45m	
1	Eva Silic	D.Valley
2	Kirra Wright	W.City
3	Lily-Bella Hilli	W.City
4	Olivia Gorman	W.City
5	Saffron Mulcahy	Keilor
6	Alicia Gec	Keilor
7	Taya McClure	W.City
8	Alice Bromley	L-Romsey
9	Bianca Palamara	Keilor
10	Hayley Sposato	W.City
11	Grace Farah	W.City
12	Joanna Kallis	Essendon
13	Hannah Hvalica	D.Valley
14	Jaimee Vassiliou	Keilor
15	Nuhansa Kumarasinghe	Craigieburn
16	Courtney Murray	Craigieburn
17	Maddison Meagher	D.Valley
18	Ava Raso	D.Valley
19	Cary Taylor	Keilor
20	Chloe Agars	Keilor

Event 2033	Boys U 12 - High Jump	
FINAL		3:15 PM
VBP:	1.67m	
NMR:	1.58m	
1	Luke Meagher	D.Valley
2	James Arnall	W.City
3	Thomas Crookshanks	P-Reservoir
4	Jake Woodward	D.Valley
5	Harry O'Farrell	Essendon
6	Thomas Sims	W.City
7	Patrick Keogh	L-Romsey
8	Liam Mulcahy	Keilor
9	Lucas Knight	P-Reservoir
10	Bohdi Wain	D.Valley

Event 2034	Boys U 10 - Discus	
FINAL		3:15 PM
VBP:	39.30m	
NMR:	37.22m	
1	Jobe Douglas	D.Valley
2	Lawrence Cassar	Keilor
3	Seyon Rajaratnam	W.City
4	Benjamin Brennan	D.Valley
5	Jesse Rouge	W.City
6	Benjamin Campbell	D.Valley
7	Qudre Tuakana-Kuki	W.City
8	Joshua Berry	W.City
9	James Georgievski	W.City
10	Antoine Maitland	Keilor
11	Nicholas Staropoli	Essendon
12	Judd Pene	W.City
13	James Staropoli	Essendon
14	Harvie Cooke	D.Valley
15	Patrick Carlton	Coburg
16	Jamie Williams	Craigieburn
17	Maddox Wilson	Essendon
18	Jack Gray	Craigieburn

Event 2038	Boys U 14 - Long Jump	
FINAL		3:30 PM
VBP:	6.44m	
NMR:	6.07m	
1	James Gregory	W.City
2	Shavani Mainelli	W.City
3	Hayden Moon	D.Valley
4	Liam Denner	Sunbury
5	Carlos Egan	Keilor
6	Khaled El-Leissy	W.City
7	Jack O'Farrell	Essendon
8	Noah Emonson	L-Romsey

Event 2035	Boys U 11 - Javelin	
FINAL		3:30 PM
VBP:	36.04m	
NMR:	33.06m	
1	Tristan Leeds	Coburg
2	Ashton McMenamin	Keilor
3	Riley Johns	D.Valley
4	Milun Fernando	W.City

**The NMR Comittee would like to thank all Officials,
Team Managers and Parents who have volunteered
their time to officiate over the weekend.
Thank you to Essendon for being the host centre.**

Event 2036	Girls U 14 - Shot Put	
FINAL		3:30 PM
VBP:	15.63m	
NMR:	11.81m	
1	Phoebe Mottram	L-Romsey
2	Isobel Brown	P-Reservoir
3	Amisha Murugathas	W.City
4	Sienna Hassan	Keilor
5	Kelsea Bannan	W.City
6	Abbey McDonald	Sunbury
7	Hannah Brodie	Essendon
8	Michelle Spurrell	Keilor

Event 2037	Girls U 15 - Shot Put	
FINAL		3:30 PM
VBP:	15.56m	
NMR:	13.63m	
1	Maddison McBrien	W.City
2	Elizabeth Lawson	D.Valley
3	Lara Ryan	Coburg
4	Amy Kirk	Keilor
5	Vanessa Lumakovski	W.City
6	Ameena Kanj	W.City

