



The Mudlark News

We are a Good Sports club

Clifton Springs Bowling Club



Springs St,
Clifton Springs
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JANUARY 2019

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COACHING:

Personal training:

Alf Vella 0450 190 882

Mondays 1.30: Pennant practice
Fridays 2pm: MW Pennant practice
Fridays 3pm: Sat Pennant practice

SOCIAL BOWLING

Saturday Mixed—1.00 pm

Wednesday Mixed—1.00 pm

Wednesday Evening—6.15 pm

1st Wednesday Men's Nominated
Triples— 10.00 am

Our Sponsors- support them
for the support they give to us.



The Bellarine Property Specialists

raywhitedrysdale.com.au



Happy New Year!

CSBC CHAMPIONS 2018/19



WOMEN'S SINGLES CHAMPIONS:
WINNER: JAN TOWNSEND
RUNNER-UP: ROSEMARY SEXTON



MEN'S SINGLES CHAMPIONS:
WINNER: JOHN BAKER
RUNNER-UP: PETER FISK

Harking back to December!!

We had a wonderful party prior to the holiday break. All members were treated to a fantastic menu and we must compliment the catering crew—Margaret H, Nancy, Margaret L, Anne, Mary, Catherine, etc, etc—for their efforts.



And of course the message went out to Santa Claus to come along and give us his blessing for a Happy and Merry Christmas. Santa also had support with his beautiful Elf who offered us lots of goodies and well wishes too.



CHRISTMAS HAMPER RAFFLE PRIZES:

1. EDDA BANNER
2. MARG FAULKNER
3. JOHN BAKER
4. JASMINE
5. LAURA JOHNSON
6. ALISON PAYNE
7. MELVA STRINGER
8. MARGARET LONSDALE
9. MARY JAKOBI



ANNUAL RSL MEMORIAL SHIELD 2018



RSL President, Geoff Zanker, opened the day with the Ode to the Fallen. Eddie Kostrz welcomed the players and advised conditions of play prior to the players taking to the green.



All players enjoyed a delightful afternoon tea.



Lucky Raffle Winners.



The Club announced fundraising of \$1000 on the day, and will be sending RSL a cheque with covering letter this week. Sponsor was William Sheehan Funerals organized by Graham Boxall



President, Rosemary, expressed her delight in again hosting the RSL Memorial Trophy and thanked the RSL members for their contribution and participation in the event.

RSL President Geoff responded with his compliments to the Club and advised his pleasure in presenting the Memorial Trophy to the 2018 winners.



WINNERS: Graham Boxall, Joan DuToit, Pat Ashe, Nancy O'Brien



RUNNERS-UP: Barry Oswald, Laura Johnson, Barry Aitken, Trevor Brown.



AS I SEE IT..... with ROB. Jan '19

So many people tell me that they can't bowl on one hand or the other.

"I'm fine on my Backhand but I can't get my line with the Forehand."

This means that you are not standing correctly on the mat. The following is for a Right Hander.

If you are a left hander, just swap RIGHT for LEFT.

Stand on the mat with your RIGHT foot in the TOP LEFT corner of the mat. Your foot should be facing your target on the far bank, or a spot on the green along that line.

Bring your left foot up so it is level with your right, facing your aiming line, and a shoulder width apart. ('At Ease' position.)

Your whole body should now be facing your aiming point.

You now deliver your bowl straight along the aiming line. (If it wasn't for the bias, the bowl would finish at your aiming spot.)

Your **Follow Through** is VITAL.

Your arm should finish aiming at your aiming spot, your **hand open and flat**, and you **stay down** and **KEEP LOOKING AT YOUR AIMING SPOT** until the bowl is halfway up the green.

THEN you look at the Jack to see if you need to correct with your next bowl.

There is a practice mat under the counter in the Bowls Office. It has the foot positions on it.

Feel free to use it when you are practising.

Good Bowling.



"The Springs' Twilight Bowls
Jack Attack

FREE
ENTRY

Resumes Wednesday 23rd January

Make a Team of 3-5 Players - For Workmates, friends and families

Bowls and BBO Provided

Sponsored Prizes every week

Register at cliftonsprings.bowls.com.au

Come and have a go

UPCOMING EVENTS:

- Sat 26th Jan Australia Day, assembled Mixed
- Sun 10th Feb Bone of Contention, Mixed Pairs @ CSBC
- Thu 21st Feb Ladies Open Day, Fours

CHAMPIONSHIP EVENTS:

- M & W Veterans 10 Jan; 17 Jan; 20 Jan
- M & W Pairs 24 Jan; 27 Jan; 31 Jan; 3 Feb; 7 Feb
- M & W Novice 14 Feb; 28 Feb; 3 Mar
- M & W 100 UP 14 Mar; 17 Mar; 21 Mar; 24 Mar
- M & W Pres H/C 28 Mar; 31 Mar; 4 Apr; 7 Apr

PENNANT REMINDERS:

Saturday comp resumes Sat 12 January.

Midweek resumes Tue 15 January—at earlier time of **10.00 am start**. Lunch will be 12 noon.

Make sure you're ready and let's all endeavor to step it up another level in 2019.