



WARRINGAH ARCHERS NEWSLETTER May 2020



www.warringaharchers.com.au



Across the desk of the President:

Well that was April taken care off, and we now move into May, with still the well-being of our members, still much a focus. We hope you have been enjoying reading the newsletters and thanks to those of you who have submitted updates. Mariano has been doing a great job with facebook promoting archery and updating our website when news comes in.

COVID19 has given the committee an opportunity to update its guidelines & procedures. What was really interesting for me is how many of our members change their appearance through their time with the club. I have kept electronically newsletters since 1999 (*though we were a bit dry in those days*) and didn't have many photos, however, set out further in the newsletter will be the first pick of our **MEMBERS** through the **YEARS**, from when they first started with the club, to what they look like today...I can hear *some of our younger members saying all ready "Don't pick me, don't pick me"...*but alas its fallen on deaf ears.

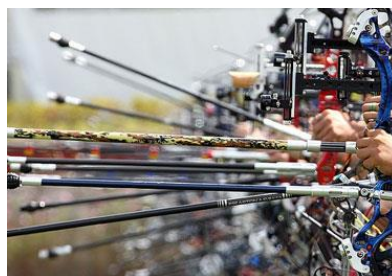
The club has also been taking this opportunity to update it's classifications and awards within Archers Diary. We have gone through all the events since the beginning of the year, and notified those members who have received classifications and All Gold / Perfect Awards, with a view to them purchasing, or acknowledging that they **DO NOT** wish to receive the award, so that we can sign off. Once signed off then information is updated in Archers Diary under "**MY STUFF**". Members do not have to purchase the awards, but as badges etc., are ordered directly from Archery Australia, we would like to minimize the stock that we keep at the club, and then order as required. Going forwards we would place an order for badges needed, then present at the following handicap day, and tidy up the back log by the 30th June.

If you have any Classifications badges and/or Awards that you have at home, please jot them down in an email to me, so that we can mark off as being received, and then when new ones are attained, we can notify you accordingly. **WOULD ALSO BE INTERESTED TO KNOW WHAT YOU DO WITH THEM?** Do you keep them in a drawer? put them on your quiver? and/or make up a display case? I know which one I used!...Let's hear from you on how you show case your awards.

In addition, members who go straight to say BLUE Class when achieved, they are also eligible to claim WHITE & BLACK classification badges also. Listed elsewhere in the newsletter is current class and All Gold & '60' perfects that have been achieved.

STABILIZERS - DO YOU NEED THEM!

If you are looking for maximum accuracy, then the



correct stabiliser set up is essential. Unfortunately there is no 'Golden Rule' that we can use to select the best stabilisers for you. The vast array of options only proves that. Sometimes

archers stumble across a set up that works for them, but they don't really know why. They might say it just 'feels right'. Not very helpful, I know, but actually very valid.

There is something to be said for 'feel', though it is hard to define. If your stabilizer set up does feel right, then you are halfway there. But by 'feel' I don't necessarily mean low vibration. Of course, low vibration is good, but it should not be your primary concern.

The two important areas affected by stabilizers are 'aim' and 'bow reaction'. That is why 'feel' is as good a term as any to describe it. You can't measure how well you aim, but you can feel it. You can't see what your bow does after the shot, but you can feel it.



If you have a stabilizer system that helps you to hold steady, then naturally you will shoot more accurately. The bow itself hasn't become more accurate. Simply,

the stabilizers are allowing you to shoot more accurately. The way a bow moves on the instant of loose and after the shot is dramatically affected with stabilizers. Ultimately, the bow needs to remain perfectly stable as the arrow is pushed through the bow. A good stabilizer system can reduce the affects of a bad shot. It will still be bad. Just...less bad. But because of the uneven nature of your hand pressures and draw angle, the perfectly balanced position of a bow at full draw is different to that at brace. So well stabilized bows always seem forward weighted when just held naturally.

This manifests itself after the shot, when you see the bow roll forward. And this bow reaction is another key feature of stabilizers. It can give the archer valuable feedback. You can change how the bow moves after the shot. How it feels. (That word again.. 'feel'...) If the bow is given a direction to move in, forced to move in, then that momentum can help rescue a shot. Help keep the bow straight through the shot and assist with follow through.

v-bars & mounts



So stabilization is a very subjective thing. Hard to measure and different for everybody. Although I have not been able to help you choose the right stabilizer system, I hope I have helped explain what they can do.

Plus they are also good for propping up the bow and giving your arm a rest.



JUNE BIRTHDAYS

Maxim Clements (19th),
Carmelo Aslanidis (22nd)

URNS 21, Robert Harrison,
Ben & Alex Ware (29th), Craig Lovell
(30th) also TURNING 21

RGB Rankings (Recognised Government Body),
for those of you who did not know what this means)

CLOUT Rankings within NSW @ 30/4/20 – Have listed those in the Top 100

This is the **unofficial** ranking list for Archery Australia. It shows results from all events recorded on the system including club shoots. *The scores are made up from the highest degraded rating from any event.*

Ratings are degraded by 2 points per month (30.4 days). (Clout scores are degraded by 5 points per 30.4 days)

19 th Jack Chambers-McLean	(RCM)	283	points
22 nd Maria Wright	(CV+W)	273	
42 nd Peter Whitfield	(RMM)	244	
43 rd Stirling Calandruccio	(RMM)	243	
44 th Carmelo Aslanidis	(RU20M)	242	
50 th Cameron Murray	(RCM)	235	
51 st Alex Ware	(RU20M)	234	
75 th Maja Kecskes	(RUG)	203	
79 th Gabbie Smith	(BRCW)	199	
96 th Ben Souchaud	(BIRB)	179	
97 th Ben Ware	(RU20M)	178	

FIELD Rankings within NSW @ 30/4/20 – Have listed those in the Top 100

53 rd Anton Vander Watt	(CM)	72.9
69 th Jack Chambers-McLean	(RCM)	68.2
69 th Maria Wright	(CV+W)	68.2

INDOOR Rankings within NSW @ 30/4/20 – Have listed those in the Top 100

35 th Anton Vander Watt	(CM)	83.5
63 rd Leanne Spencer	(RW)	70.5
65 th Carmelo Aslanidis	(RU20M)	70.2
66 th Andrew Catto	(RMM)	70.1
75 th Kane Wilson	(RM)	67.7
76 th Stuart Fathers	(CVM)	67.5
80 th Maria Wright	(CV+W)	66.2
85 th Jack Chambers-McLean	(RCM)	64.8
99 th Carmelo Aslanidis	(RM)	61.03

OUTDOOR Rankings within NSW @ 30/4/20 – Have listed those in the Top 100

54 th Anton Vander Watt	(CM)	88.30
59 th Kane Wilson	(RM)	87.00
96 th Leanne Spencer	(RW)	80.01



BLAST FROM THE PAST

Ross Rieser (WA) – 1993

There's those of us who's muscular and of a rugged build, who with the recurve instrument consider they are skilled.

They launch their little arrows, with hope, into the air, but for high precision, folks, they haven't got a prayer.

I'll tell you of their problem (and please try not to snicker), most of them are masochists, and they employ a clicker.

A clicker is a little thing, an inch or two in length, but its very size can hide its all pervasive strength.

It drives strong men to stronger drink and oaths of lurid kind, and causes awesome problems in the recurve archer's mind.

And then there are the compounders – we are a clever lot. We can tell you which way's up and sort out what is what.

We're thinking archers, basically, and modest with it too; High I.Q. toxophilites, the truest of true blue. Given our accomplishments, its really hard to follow, the jibes and cutting insults which the compounder must swallow.

The less advanced recurve jeers at our technology and reckons that our shooting isn't really archery.

The implication seems to be that they have kept it pure – what Robin Hood would make of them, I'm really not too sure.

His cloth-yard willow shafts are different from A/C/E; he'd be surprised with spin-wings where goose feathers ought to be, and rough hewn stick of yew instead of svelte magnesium riser hooked up to carbon limbs and aluminium stabiliser.

He'd sit down on the greensward, shake his head, say "Luv a duck, This 'ere be wimpy tackle, Little John and Friar Tuck;

What sort of archer shoots such puny lightweight stuff? Imagine using this lot when the Sheriff cuts up rough!

Regardless of the gear we shoot, at target butt or game, To hit the spot consistently has been the archer's aim. And one thing that's been constant as we've travelled down the years, Is the archer's biggest enemy – the space between his ears.

So let's be happy, whether we have wheeled or bent-stick bow, That we can haul the bow-string back and feel the power flow,

And watch the arrow trace its arc twist archer's eye and gold, Confirming our connection with the

Merrie Men of Olde

CLASSIFICATIONS

Classification Badges @ 31st March are eligible to be claimed by members.

Note: The Indoor Badge is different from the Outdoor Badge. The Indoor Badge is on a Blue Background, and the Outdoor Badge is a Bronze background. As mentioned previously some stock is held, but the balance will be ordered to meet members requests. If you could let me know by the end of May whether you wish to purchase **OR, NOT** that would be great.

INDOOR:

Anton Vander Watt Gold/Red/Blue/Black/White
Justin Van Emerick Black/White
Kevin Thomas Blue/Black/White
Maria Wright Blue/Black/White
Stuart Fathers Blue/Black/White

OUTDOOR:

Alan Nolan White
Alex Ware Blue
Anton VanderWatt Gold
Ben Ware Black/White
Cameron Murray Blue/Black/White
Danny Stasenka Black/White
Dylan Hillier White
Emma Brady Black/White
Gabbie Smith Blue/Black/White
Geoff Farrugia White
Glenn Steele Blue/Black
Jack Cham-Mclean Master Bowman down to White.
John Oh White
Justin van Emmerick Blue/Black/White
Keisha Lee White
Kevin Thomas Blue/Black/White
Leanne Spencer Gold/Red/Blue/Black/White
Maja Kecskes Gold/Red/Blue/Black/White
Maria Wright Red/Blue/Black/White
Mark H Lee White
Massimo Llana Blue/Black/White
Paul VanderWatt White
Peter Turner White
Roland Ware Blue/Black/White
Stuart Fathers Red/Blue/Black/White

ALL GOLD & PERFECT '60' AWARDS

The following members have achieved either an All Gold award (10/9) and or a '60' Perfect Pin at the distances below. If you wish to purchase can you please advise the club by the end of May.

A.Ware	All Gold @ 20m / WA 122cm	27/1/20
B.Ware	All Gold @ 20m / WA 122cm	28/1/20
C.Murray	All Gold @ 20m / WA 122cm	29/1/20
D.Stasenka	All Gold @ 25m / WA 122cm	12/1/20
D.Hillier	All Gold @ 20m / WA 122cm	30/1/20
K.Lee	All Gold @ 20m / WA 122cm	23/2/20
J.Cham-McLean	All Gold @ 50m / WA 122cm	18/1/20
J.Cham-McLean	All Gold @ 40m / WA 122cm	18/1/20
J.Cham-McLean	All Gold @ 30m / WA 80cm	16/2/20
J.Cham-McLean	All Gold @ 20m / WA 122cm	31/1/20
J.Cham-McLean	Perfect @ 20m / WA 122cm	1/2/20

J.Gilchrist	All Gold @ 20m / WA 122cm	18/1/20
J.Gilchrist	All Gold @ 15m / WA 122cm	18/1/20
J.Gilchrist	All Gold @ 10m / WA 80cm	18/1/20
J.van Emmerik	All Gold @ 20m / WA 122cm	2/2/20
K.Wilson	All Gold @ 20m / WA 122cm	3/2/20
K.Wilson	Perfect @ 20m / WA 122cm	4/2/20
K.Thomas	All Gold @ 20m / WA 122cm	5/2/20
L.Spencer	All Gold @ 50m / WA 122cm	16/2/20
L.Spencer	All Gold @ 40m / WA 122cm	16/2/20
L.Spencer	All Gold @ 30m / WA 80cm	16/2/20
L.Spencer	All Gold @ 18m / WA 40cm	19/1/20
M.Kecskes	All Gold @ 30m / WA 122cm	8/3/20
M.Kecskes	All Gold @ 25m / WA 122cm	12/1/20
M.Kecskes	All Gold @ 20m / WA 122cm	23/2/20
M.Wright	All Gold @ 50m / WA 122cm	8/3/20
M.Wright	All Gold @ 45m / WA 122cm	23/2/20
M.Wright	All Gold @ 30m / WA 122cm	15/2/20
M.Wright	All Gold @ 40m / WA 122cm	16/2/20
M.Wright	All Gold @ 18m / WA 40cm	5/1/20
M.H Lee	All Gold @ 20m / WA 122cm	6/2/20
Massimo Llana	All Gold @ 25m / WA 122cm	23/2/20
Massimo Llana	All Gold @ 20m / WA 122cm	7/2/20
P.Whitfield	All Gold @ 40m / WA 122cm	18/1/20
P.Whitfield	All Gold @ 40m / WA 80cm	1/2/20
P.Whitfield	All Gold @ 30m / WA 80cm	18/1/20
P.Whitfield	All Gold @ 18m / WA 40cm	18/1/20
R.Ware	All Gold @ 20m / WA 122cm	8/2/20
R.Ware	Perfect @ 20m / WA 122cm	9/2/20
S.Calandruccio	All Gold @ 20m / WA 122cm	10/2/20
S.Fathers	All Gold @ 50m / WA 122cm	25/1/20
S.Fathers	All Gold @ 45m / WA 122cm	12/1/20
S.Fathers	All Gold @ 40m / WA 122cm	18/1/20
S.Fathers	All Gold @ 40m / WA 80cm	1/2/20
S.Fathers	All Gold @ 35m / WA 122cm	26/1/20
S.Fathers	All Gold @ 30m / WA 122cm	14/3/20
S.Fathers	All Gold @ 18m / WA 40cm	19/1/20



As you will all be aware - Commonwealth Games Update - **Shooting and archery** have rejoined the 2022 program.

The 2022 Commonwealth Shooting & Archery Championships will be held in Chandigarh, India. The events will be recognised as two separately organised and funded Commonwealth Sport championships. There will be two individual medal tables, one for Chandigarh 2022 and one for Birmingham 2022. Chandigarh 2022 will present Commonwealth Archery and Shooting Championships medals and produce a medal table at the end of the event. Six months later, the 2022 Commonwealth Games will be held in Birmingham with Commonwealth Games medals being awarded. One week following the Closing Ceremony of B2022, the CGF shall issue a medal table that includes results from Chandigarh 2022, as a further and final legitimate ranking of competing nations and territories from the respective competitions.

Last time archery was in the Commonwealth games in 2010 – Australia won Gold

Commonwealth Games

Gold medallists (L-R) Mat Masonwells (QLD), Taylor Worth (QLD) and Matthew Gray (NSW) of Australia receive their gifts during the medal ceremony for the Men's Team Recurve event at Yamuna Sports Complex during day five of the Delhi 2010 Commonwealth Games on October 8, 2010 in Delhi, India.



GOLDEN MOMENT



May – staying connected:

As you would all be aware staying connected is important, and during May we will be having two promotions and from this we will make a small donation to the Charity concerned, as these are all hurting also due to the current climate in Australia.

Members were broken into 3 teams, similar to the President / Secretary / Treasurer challenge, and given their first challenge - **Pulsing to all members from the 1st May to the 6th May– individually show us how YOU HAVE HEART**, and if you look on our facebook page some great ideas were received.

THE HEART FOUNDATION will receive \$40 from Warringah Archers, which is \$5 per submission received (*less than what we had hoped*) but at least members gave it a go.

Presidents Team: gained 2 points (Elizabeth & Peter Turner)

Secretaries Team: gained 3 points (Maja / Pilard & Maria).

Treasurers Team: gained 3 points (Kristian / Emma & Alan Nolan).

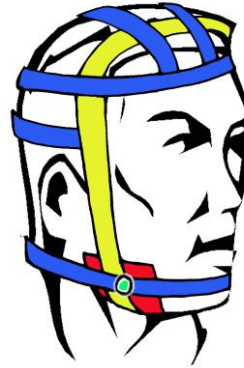
The Next one will be on **Saturday 23rd May**, which is Australian Biggest Morning Team, for Cancer Council, so when the email comes out with the challenge, please take the time to join us in the activity.

Advertisement

ANKASURE

Archers, how many times have you blamed a poor shot on a sloppy anchor point. How often has finding the right anchor point – consistently, been akin to seeking the Holy Grail? Well now your troubles are over. **Ankasure** has arrived!

Hailed by archery coaches worldwide as a brilliant innovation in training aids, the Ankasure reputation goes from strength to strength. We are so confident in the effectiveness of this product, we guarantee a 25% increase in performance within the first 30 minutes of use!



The garment is multi adjustable to fit all head sizes and every possible anchor point position between nostril and ear lobe. Extensive use of velcro bindings enable rapid adjustment – it will feel like a second skin!

Archers worldwide who have reached elite levels attest to the impact the Ankasure has had on their performance. Now is your opportunity! When ordering please specify LH or RH.

Enquiries and orders to:

Far-Fledged Enterprises:

(The Archery Innovators) - P.O. Box B84689C, Stimarts – NSW

WHEN WE TURN BACK TIME! HARD TO BELIEVE THEY ARE ALL THE SAME PERSON I KNOW!

