

## 2018 NSW Masters Throws Pentathlon Championships

## Barden Ridge Athletics Centre

7/04/2018

## M35

Number	Name	7.26kg hammer		7.26kg shot		2kg discus		800gm javelin		15.88kg (35lbs) weight		Total	Placing
	Anatoly Kirievsky	33.05	415	8.69	427	30.20	477	30.78	316	8.89	400	2035	1

## M50

Number	Name	6kg hammer		6kg shot		1.5kg discus		700gm javelin		11.34kg (25lbs) weight		Total	Placing
	Stephen Liggins	27.16	386	12.04	735	36.44	609	42.51	621	12.62	634	2985	1

## M60

Number	Name	5kg hammer		5kg shot		1kg discus		600gm javelin		9.08kg (20lbs) weight		Total	Placing
	Gavin Murray	39.91	713	11.23	729	44.44	813	29.47	466	15.21	784	3505	1
	Robert Hanbury-Brown	35.80	624	10.36	663	35.47	618	31.97	518	14.55	745	3168	2

## M65

Number	Name	5kg hammer		5kg shot		1kg discus		600gm javelin		9.08kg (20lbs) weight		Total	Placing
	Dave Ross	27.73	523	7.31	482	29.53	551	21.08	341	11.03	581	2478	2
	Douglas Schorr (Sth Africa)		0	12.34	900		0		0		0	900	
	Tim Needham	30.10	580	7.77	520	29.96	561	20.15	320	11.30	599	2580	1

## M70

Number	Name	4kg hammer		4kg shot		1kg discus		500gm javelin		7.26kg (16lbs) weight		Total	Placing
	Raminder Singh	22.78	400	7.77	483	23.19	457	21.09	376	8.44	431	2147	2
	Ken Stubbs	24.41	438	9.07	583	22.31	435	22.14	402	8.97	465	2323	1

## M75

Number	Name	4kg hammer		4kg shot		1kg discus		500gm javelin		7.26kg (16lbs) weight		Total	Placing
	Brian Rix	19.86	395	6.40	423	18.22	389	17.11	333	7.09	380	1920	2
	Noel Donohoe	20.03	399	7.00	473	20.10	441	13.66	241	8.41	471	2025	1

## 2018 NSW Masters Throws Pentathlon Championships

## Barden Ridge Athletics Centre

7/04/2018

## W30

Number	Name	4kg hammer		4kg shot		1kg discus		600gm javelin		9.080kg (20lbs) weight		Total	Placing
	Sharyn Dickson	30.18	497	10.01	530	35.88	574	30.34	483	10.47	521	2605	1

## W35

Number	Name	4kg hammer		4kg shot		1kg discus		600gm javelin		9.080kg (20lbs) weight		Total	Placing
	Melissa Holahan	46.08	942	9.93	549	25.91	404	21.00	332	14.70	867	3094	1

## W40

Number	Name	4kg hammer		4kg shot		1kg discus		600gm javelin		9.080kg (20lbs) weight		Total	Placing
	Trudie Barton	24.27	462	7.59	427	21.08	342	20.17	348	7.87	452	2031	1

## W45

Number	Name	4kg hammer		4kg shot		1kg discus		600gm javelin		9.080kg (20lbs) weight		Total	Placing
	Daina Sander	17.70	333	6.66	396	19.70	346	22.44	439	7.69	490	2004	2
	Maria Cimino	35.53	825	7.72	479	25.17	469	23.37	461	11.29	778	3012	1

## W50

Number	Name	3kg hammer		3kg shot		1kg discus		500gm javelin		7.26kg (16lbs) weight		Total	Placing
	Alison White	25.67	557	7.28	476	16.72	313	16.84	329	8.35	485	2160	1

## W55

Number	Name	3kg hammer		3kg shot		1kg discus		500gm javelin		7.26kg (16lbs) weight		Total	Placing
	Anne Weekes	17.35	370	6.22	433	16.41	344	14.15	298	6.79	418	1863	4
	Deborah Engeler	22.83	535	7.35	534	23.39	533	15.86	344	8.14	524	2470	2
	Diana Dickson	23.83	565	8.00	593	20.03	441	12.17	245	7.10	442	2286	3
	Wendy Hord	35.50	924	8.34	624	14.00	281	15.23	327	10.54	715	2871	1

## W60

Number	Name	3kg hammer		3kg shot		1kg discus		500gm javelin		5.45kg (12lbs) weight		Total	Placing
	Ellena Cubban	31.02	880	7.72	634	19.10	472	16.63	416	9.84	610	3012	2
	Jill Taylor	34.99	1015	8.37	699	23.13	594	14.72	358	12.56	814	3480	1
	Kerrie Jones	21.12	546	6.45	509	16.45	392	13.90	334	8.59	517	2298	3

## W65

Number	Name	3kg hammer		3kg shot		1kg discus		500gm javelin		5.45kg (12lbs) weight		Total	Placing
	Denise Palmer	26.49	824	7.79	723	18.59	526	11.25	297	10.61	743	3113	1

THROWS PENTATHLON SCORING SHEETS (WMA 2010 FACTORS)

	Kate Clarke	20.39	596	6.88	623	18.78	532	16.01	459	7.42	483	2693	2
--	-------------	-------	-----	------	-----	-------	-----	-------	-----	------	-----	------	---

**W70**

Number	Name	3kg hammer		3kg shot		1kg discus		500gm javelin		5.45kg (12lbs) weight		Total	Placing
	Mary Thomas	24.50	864	7.13	743	18.85	629	16.44	562	9.71	754	3552	1