

FRANKSTON LITTLE ATHLETICS CENTRE
Centre Championships 2019
TRACK TIMETABLE

*Please marshal at the flag listed 10 minutes prior to your event's scheduled start time.

*NOTE: Program is subject to change without notice.

| TIME | AGE GROUP | EVENT | MARSHALLING FLAG |
|-------------|------------------|--------------|-------------------------|
| 8:00 | 15/16B&G | 300H | GREEN |
| 8:00 | 8B/8G | 400m U/L | BLUE |
| 8:05 | 14B/14G | 200H | PINK |
| 8:05 | 7B/7G | 400m U/L | BLUE |
| 8:10 | 13B | 200H | PINK |
| 8:10 | 6B/6G | 400m U/L | BLUE |
| 8:15 | 13G | 200H | PINK |
| 8:25 | 10B/10G | 800m | BLUE |
| 8:30 | 11B/11G | 800m | BLUE |
| 8:35 | 12B/12G | 800m | BLUE |
| 8:40 | 8B | 70m | GREEN |
| 8:40 | 13B/13G | 800m | BLUE |
| 8:45 | 8G | 70m | GREEN |
| 8:45 | 14/15/16B&G | 800m | BLUE |
| 8:50 | 10B/10G | 70m | GREEN |
| 8:55 | 11G | 70m | GREEN |
| 8:55 | 6B | 200m | PINK |
| 9:00 | 9B/9G | 70m | GREEN |
| 9:00 | 6G/7G | 200m | PINK |
| 9:05 | 7B | 70m | GREEN |
| 9:05 | 11B | 200m | PINK |
| 9:10 | 12B | 70m | GREEN |
| 9:10 | 8B | 200m | PINK |
| 9:15 | 12G | 70m | GREEN |
| 9:15 | 8G | 200m | PINK |
| 9:20 | 6B | 70m | GREEN |
| 9:20 | 10G | 200m | PINK |
| 9:25 | 7G | 70m | GREEN |
| 9:25 | 10B | 200m | PINK |
| 9:30 | 6G | 70m | GREEN |
| 9:30 | 11G | 200m | PINK |
| 9:35 | 11B | 70m | GREEN |
| 9:35 | 9B | 200m | PINK |
| 9:40 | 9G | 200m | PINK |
| 9:45 | 7B | 200m | PINK |
| 9:50 | 13B/13G | 200m | PINK |
| 9:55 | 12B | 200m | PINK |
| 10:00 | 12G | 200m | PINK |
| 10:05 | 14/15/16B&G | 200m | PINK |
| 10:15 | 8B/8G | 800m | BLUE |
| 10:25 | 9B/9G | 800m | BLUE |
| 10:35 | 11/12B&G | 1500m | GREEN |
| 10:50 | 13/14/15/16B&G | 1500m | GREEN |
| 11:05 | 6B (heats) | 100m | GREEN |

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| 11:10 | 8B | 100m | GREEN |
| 11:15 | 8G | 100m | GREEN |
| 11:20 | 9B | 100m | GREEN |
| 11:25 | 9G | 100m | GREEN |
| 11:30 | 10B | 100m | GREEN |
| 11:35 | 10G | 100m | GREEN |
| 11:35 | 7B (heats) | 60H | ORANGE |
| 11:40 | 11B | 100m | GREEN |
| 11:40 | 7G | 60H | ORANGE |
| 11:45 | 11G | 100m | GREEN |
| 11:45 | 8B | 60H | ORANGE |
| 11:50 | 12B | 100m | GREEN |
| 11:50 | 8G | 60H | ORANGE |
| 11:55 | 12G | 100m | GREEN |
| 11:55 | 9G | 60H | ORANGE |
| 12:00 | 7B | 100m | GREEN |
| 12:00 | 10B | 60H | ORANGE |
| 12:05 | 7G | 100m | GREEN |
| 12:05 | 10G | 60H | ORANGE |
| 12:10 | 6G | 100m | GREEN |
| 12:10 | 11B | 60H | ORANGE |
| 12:15 | 13B/13G | 100m | GREEN |
| 12:15 | 11G | 60H | ORANGE |
| 12:20 | 14/15B&G | 100m | GREEN |
| 12:20 | 12B/12G | 60H | ORANGE |
| 12:25 | 6B (final) | 100m | GREEN |
| 12:25 | 7B (final) | 60H | ORANGE |
| 12:30-13:30 | LUNCH BREAK/AGM | | |
| 13:30 | 6B | 50m | GREEN |
| 13:30 | 9B | 80H | ORANGE |
| 13:33 | 6G | 50m | GREEN |
| 13:33 | 9G | 80H | ORANGE |
| 13:36 | 7B | 50m | GREEN |
| 13:36 | 10B | 80H | ORANGE |
| 13:39 | 7G | 50m | GREEN |
| 13:39 | 10G | 80H | ORANGE |
| 13:42 | 8B | 50m | GREEN |
| 13:42 | 11B/11G | 80H | ORANGE |
| 13:45 | 8G | 50m | GREEN |
| 13:45 | 12B | 80H | ORANGE |
| 13:48 | 12G | 80H | ORANGE |
| 13:51 | 13B | 80H | ORANGE |
| 13:54 | 13G/14G | 80H | ORANGE |

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|--------------|------------------|--------------|-------------------------|
| 13:57 | 15B/16B | 100H | ORANGE |
| 14:00 | 9B | 400m | BLUE |
| 14:03 | 9G | 400m | BLUE |
| 14:06 | 10B/10G | 400m | BLUE |
| 14:09 | 11B/11G | 400m | BLUE |
| 14:12 | 12B | 400m | BLUE |
| 14:15 | 12G | 400m | BLUE |
| 14:18 | 13B/13G | 400m | BLUE |
| 14:21 | 14B/14G | 400m | BLUE |
| 14:24 | 15/16B&G | 400m | BLUE |