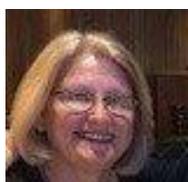




# WARRINGAH ARCHERS NEWSLETTER July 2 - 2020



[www.warringaharchers.com.au](http://www.warringaharchers.com.au)



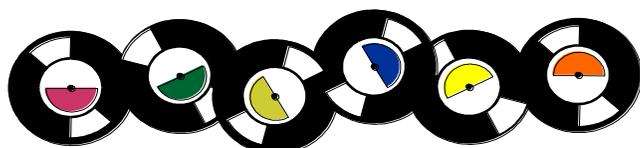
## Across the desk of the President:

Not only Australia but Globally COVID19 is still making serious news, with international & domestic travel trickling, and severe

restrictions on crossing borders in Australia. With many of the Community sports, now up and running, everyone's main concern is to be safe. We know members are hesitant about attending the club, but be assured that we do have a COVID19 plan which can be located on our website. As mentioned to our members recently Warringah Archers is classified as a Community Sport and not a public gathering, however, what we are uncertain off? is who you the members come in contact with outside of the club / travel for work commitments etc., therefore, we still have to be diligent (*regardless of whether we are at the club or not*), on doing the right thing. We would also like to take this opportunity to thank members for adhering to club instructions while attending the club.

We still remain connected to our members through distribution of the newsletters / challenges and facebook.

## RECORDS UPDATED:



Yep it's been a while, but the new system does take some getting used to. There are a couple of club rulings that apply to club records:

- You can only obtain a club record in the age that you are registered through the club (i.e. If you are U13, then you can only claim the club record for that age group, even if it is higher than what is currently in place for an intermediate).
- Veterans records are retained for those who turn 50 in the year of membership. Even though there is 3 age groups 50-59, 60-69 & 70+, the club maintains the highest record for 50+

## RANKING ROUNDS:

I often get asked what Ranking round should I compete in for my age, so have summarized for you. Club records only apply to your particular age group (ie. An adult cannot claim an AA30/720 round), as this round is not for that age group.

In addition some of our Recurve members allocate themselves to the WA (World Archery 50m\* round) when this is for compound shooters. AA (Archery Australia) are the rounds these should be entering:

- WA F70/720 (122cm)**  
Open Recurve Men & Women / U20 Recurve Men & Women
- WA F60/720 (122cm)**  
Open: Barebow Recurve & Compound Men  
Master: Recurve Men & Women  
U20's: Recurve & Compound Men  
Cadet: Recurve Men & Women
- WA 50/720 (80cm)**  
All compound archers Open/Masters/Veterans/U20's and Cadets Men & Women
- AA50/720 (122cm)**  
Longbow: Open/Masters/Veteran Men & Women, U20's: Men & Women  
Veterans: Recurve/Compound Men & Women,  
Barebow: Open Recurve/Compound Women, Master & Veteran, Recurve/Compound Men & Women,  
U20 Recurve/Compound Women &  
Cadet Recurve/Compound Men
- AA40/720 (122cm)**  
Longbow: Cadet Men/Women  
Barebow: Cadet Recurve/Compound Women  
Intermediate: Recurve/Compound Boys & Girls
- AA30/720 (122cm)**  
Longbow: Intermediate Boys/Girls, Cub Boys/Girls  
Barebow: Intermediate Recurve/Compound, Boys/Girls, Cub Recurve/Compound Boys/Girls  
Compound: Cub Boy & Girls  
Recurve: Cub Boy & Girls

## NEW CLUB RECORDS since advised:

AA 50/720	CVM	S.Fathers	10/11/2019	602
WA 50/720	CVM	S.Fathers	8/12/2019	564
WA 70/720	RMM	P.Whitfield	4/08/2019	601

**INDOOR ROUNDS**, these can be shot in a variety of ways Australian/World Archery / Single / Double or Combined, the club has allocated these on the club shooting calendar on Monday & Wednesday evenings. Shooting commencing at 4.00pm

Event	Open Age	Master, Veteran, VeteranPlus	20&Under	Cadet	Inter	Cub
18m WA Indoor	RCBL PR PC	RCBL	RCBL	RCBL	RCBL	RCBL
25m WA Indoor	RCBL	RCBL	RCBL	RCBL	RCBL	RCBL
Combined WA Indoor	RCBL	RCBL	RCBL	RCBL	RCBL	RCBL
Australian Indoor 1 (18m)	RCBL PR PC	RCBL	RCBL	RCBL	RCBL	RCBL
Australian Indoor 2 (25m)	RCBL	RCBL	RCBL	RCBL	RCBL	RCBL
Combined Australian Indoor 1 & 2	RCBL	RCBL	RCBL	RCBL	RCBL	RCBL
VI Indoor Round	VI					

R = Recurve C = Compound PR = Para Recurve  
PC=Para Compound  
B = Barebow Recurve, Barebow Compound  
L = Longbow VI = VI combine

## INDOOR RECORD SINCE LAST RECORDED

Round	Divn	Archer	Date	Score
Aus 18m	RMM	A.Catto	10/12/2019	274
Aus 18m	RF	L.Spencer	19/01/2020	272
Aus 18m	CM	A.VanderWatt	19/01/2020	286
Aus 18m	RIG	K.Lee	5/01/2020	149
Aus 18m	RUG	M.Kecskes	8/09/2019	179
Aus 18m	CVM	S.Fathers	19/01/2019	268
Aus 25m	RU20F	E.Brady	28/07/2019	148
Aus 25m	RMM	P.Whitfield	28/07/2029	267
Aus 25m	RUG	M.Kecskes	28/07/2019	169
WA 18m	RMM	P.Whitfield	20/07/2019	539
WA 18m	RM	K.Wilson	20/07/2019	564
WA 18m	RF	L.Spencer	2/11/2019	550
WA 18m	RUG	M.Kecskes	2/11/2019	401
WA 18m	CVM	S.Fathers	2/11/2019	510
WA 18m	RV+M	W.Moore	2/11/2019	505
WA 25m	RU20F	E.Brady	28/07/2019	265
WA 25m	RF	L.Spencer	30/05/2020	525
WA 25m	RIM	M.Llana	30/05/2020	457
WA 25m	RUG	M.Kecskes	30/05/2020	386
Double 18m	RV+M	W.Moore	20/07/2019	503
Double 18m	RU20F	E.Brady	20/10/2019	297
Double 18m	RCM	J.C-Mclean	20/07/2019	559
Double 18m	RM	K.Wilson	20/07/2019	559
Double 18m	RUG	M.Kecskes	20/10/2019	374
Double 18m	CVM	S.Fathers	8/09/2019	499

### Sportsmanship

*Is it really necessary to be a Champion?*

**Sportsmanship n. Conduct becoming to a sportsman and involving fair honest rivalry, courteous relations, and graceful acceptance of results** (Webster's third New International Dictionary).

Let's see, swearing, throwing archery gear, walking off the shooting line just at the moment an archer is about to release his shot, calling judges constantly trying to get higher values for your own arrows or trying to get lower values for your competitor's arrows, making annoying noises while another archer is at full draw, having someone call out your arrows with extra enthusiasm to disrupt another archer, making innuendoes about someone's character or form, throwing points to help a friend, calling arrows wrong to frustrate competitors, not congratulating the winner or the winner rubbing it in to the losers and of course, disrupting someone's rhythm in order to beat them. There are some of the many ways to be "un-sportsmanlike"

Winning and being a champion are two different things. A person can win a match or an event with or without sportsmanship. But winning isn't everything. There are many ways to win the event, but only one

way to be a champion. That is following the creed that has been handed down for centuries and that is having good sportsmanship while winning and losing.

Let's look at how easy it is to have good sportsmanship. ***First, always look at the positive side of your shooting.*** Yes, there are many frustrating times that we all have to battle but, patience and determination can be accomplished while learning the art of good sportsmanship. Throwing your bow and swearing loudly just makes you look like an idiot, which some archers may even enjoy, but it really isn't good character. Focus on the good shorts and compliment yourself quietly when you shoot a good arrow or a good end. It is not necessary to be vocal about shooting well. Most people quietly respect those who can shot well and who do not boast about it. On the other hand, if you boast about your shooting, most people will be turned off. It is considered rude, arrogant, and cocky. One of the best responses I have heard from someone who had won a competition was fro Ed Eliason (USA) who when congratulated stated "It was a humbling experience".

***When setting a new record, it is not necessary to tell people you could have shot better.*** An excellent score is admired by all but bragging that you could have done better is an insult to most and rightly so. Be proud and honored to have shot as well as you did and look forward to an even better round the next time. It is really foolish to run around telling your friends how great you did loud enough for most to hear. Most people will just look at such behaviour as a pathetic attempt to get attention. You have just lost respect from those you seek to gain respect.

In Australia we love underdogs. Once you win, your underdog status leaves you and you become the target to beat. When boasting how good you are, all it does is add fuel to the beginning ambers of animosity.

***When someone asks advice, give it freely and accurately.*** Having good sportsmanship requires one to be confident in knowing that giving advice will only enhance your own shooting. Also, there is nothing more rewarding than to help someone climb the ladder of success with your guidance and encouragement. Remember that winning while encouraging others to do their best is the ultimate. Winning an event when you are at your best against others who are at their best can only be described as being euphoric.

***A person with good sportsmanship does not play mind games with others.*** Trying to beat someone by distracting them is just plain bad form. How can an individual claim victory when using such tactics? Yes, you can win the event, but many people will not like this un-sportsmanlike attitude.

***If you notice a problem an archer is experiencing and you know how to help them, offer the advice freely,*** if the archer is willing to accept your help. If they think you are toying with them, it is best to keep your advice to a very minimum, but at least show good faith.

***If you lose the competition, lose gracefully.*** Give the winner a sincere and hearty congratulation. After all, you may win the next time and would hope

that they give you the same respect. It is very important to give all you have during a competition. What I mean by this is to give 100+% effort in your shooting. Thus, if you loose while giving 100+% you can be proud of yourself for making the effort. It gives you good character and reinforces your determination the next time. Each loss is like money in the bank. It draws interest and eventually you will be rewarded with victories for the long run.

**Enjoy the spirit of competition.** It is not the win that is the most important, but the effort you put into it; it's the journey. Competition is a form of challenge to your inner being. It tests your capabilities under stress. Relish the excitement that is flowing through your veins. Feel those heart beats and breathing irregularities. This is what you train for. All of your practice skills are being tested while in competition. Step back while competing and feel the excitement. After all, it is what you have come to a competition for – testing your skills against others to see how well you can perform.

It is a long climb to reach the top with dignity. Winning and losing are both important steps towards becoming a champion. Don't forget that winning doesn't make you a champion, winning with true sportsmanship does. May your journey be long and fruitful.



## FIELD RECORDS

Blue	RCM	J.C-Mclean	16/09/2019	311
Red	RMM	P.Whitfield	19/06/2019	272
Red	RU20F	G.Smith	3/08/2019	187
Red	RCM	C.Murray	3/08/2019	164
Yellow	RUG	M.Kecskes	26/10/2019	228
Red	CM	A.van der Watt	29/02/2020	316
Red	CV+W	M.Wright	29/02/2020	301

Field Pegs that members are required to shoot from are listed below. For newer members you can shoot down until you get used to the face sizes, but club records would not be eligible

Class	Recurve	Compound	Barebow Recurve	Barebow Compound	Longbow
Male	Red	Red	Blue	Blue	Yellow
Female	Red	Red	Blue	Blue	Yellow
Master, Veteran, VeteranPlus Male	Red	Red	Blue	Blue	Yellow
Master, Veteran, VeteranPlus Female	Red	Red	Blue	Blue	Yellow
20&Under Male	Red	Red	Blue	Blue	Yellow
20&Under Female	Red	Red	Blue	Blue	Yellow
Cadet Male	Blue	Blue	Yellow	Yellow	Yellow
Cadet Female	Blue	Blue	Yellow	Yellow	Yellow
Intermediate Male	Blue	Blue	Yellow	Yellow	Yellow
Intermediate Female	Blue	Blue	Yellow	Yellow	Yellow
Cub Male	Yellow	Yellow	Yellow	Yellow	Yellow
Cub Female	Yellow	Yellow	Yellow	Yellow	Yellow



## July Handicap Shoot

Winner – Craig Frandsen (CM)  
 2<sup>nd</sup> Place – Leanne Spencer (RF) &  
 3<sup>rd</sup> Anton Vander Watt (CM)  
 Unfortunately no one got over 900 this month, so no incentives handed out, but the next handicap shoot is the 29<sup>th</sup> August.

## Advertisement

### Supertuner

Tuning your bow is a time-consuming exercise, and many archers will often put it into the 'too-hard basket', or consider it a task to be undertaken when there's nothing better to do! Well relax, manual bow-tuning is now a thing of the past. The Far-Fledged engineers have developed a machine that truly thrusts archery into the technological age. Archers raise your glasses to the Supertuner.



This is the machine that truly does it all! The illustration shows the Supertuner in diagnostic mode with a bow inserted.

The machine is set up approximately 30m from a target. After punching in your details regarding draw length etc. into the on-board computer, you remove pressure buttons, knocking points and stabilisers.

Your fletched and bare-shaft arrows are fed into separate

hoppers and the machine takes over, with an hydraulic arm drawing and releasing the arrow. On the Supertuner model illustrated each shot is tracked by laser sensors, however, a similar model is now available which directly interfaces with our Intellibutt and Smart Point Systems. Both Supertuner models make progressive shot adjustments until tuning is complete. Then three beeps are sounded – just like your microwave oven, and the bow diagnosis is printed. It only remains for you to reinstall your bow accessories, carefully following the recommended pressures; measurements and tiller settings, and you're half way to miraculously perfect scores!

And for those archers who dream of pitting their skills against the world's elite – dream no more. When the machine's control bow and arrows are installed, the Supertuner is a more than formidable opponent! No club should be without a Supertuner. For further details and leasing opportunities, please write to:

**Far-Fledged Enterprises**

(The Archery Innovators)

P.O. Box B84689C - Stimarts -NSW

## AdBow/KidBow Qualifiers for the balance of July

**20m 80cm face:** Charlotte (RUG) 132, Heather Maddock (RCW) 208

**15m 80cm face:** Nick Skelton (RMM) 214, Tegan Scott (RIG) 196 & Harry Skelton (RIB) 168

**10m 80cm face:** Jack Havranek (RIB), 257

**10m 60cm face:** Josh Humphrey (RM) 259, Scott Humphrey (231), Jay Simonvski (RUB) 169, Emma Simonvski (RUG) 143, Sophie Rutherford (RW) 199

**10m 40cm face:** Tegan Scott (RIG) 177, Scott Humphrey (RMM) 206, Joshua Humphrey(RM) 205.



To finish of the shoot at the weekend, the first archer to shoot their arrows in one each of the indoor spots

above was the winner, well done Jack.



### Joke Corner:

1. What do you put in a toaster?

The answer is bread. If you said "toast", then give up now and go do something else. Try not to hurt yourself. If you said, "bread", go to question 2.

2. Say "silk" five times. Now spell "silk". What do cows drink?

Answer: Cows drink water. If you said "milk", please do not attempt the next question. Your brain is obviously overstressed and may even overheat. It may be that you need to content yourself with reading something more appropriate such ! as "Children's World". If you said, "water" then proceed to question three.

3. If a red house is made from red bricks and a blue house is made from blue bricks and a pink house is made from pink bricks and a black house is made from black bricks, what is a greenhouse made from?

Answer: Greenhouses are made from glass. If you said "green bricks", what the heck are you still doing here reading these questions? If you said "glass", then go on to question four.

4. Twenty years ago, a plane is flying at 20,000 feet over Germany. If you will recall, Germany at the time was politically divided into West Germany and East Germany. Anyway, during the flight, TWO of the engines fail. The pilot, realizing that the last remaining engine is also failing, decides on a crash landing procedure. Unfortunately the engine fails before he has time and the plane crashes smack in the middle of "no man's land" between East Germany and West Germany. Where would you bury! the survivors - East Germany or West Germany or in "no man's land"?

Answer: You don't, of course, bury survivors. If you said ANYTHING else, you are a real dunce and you must NEVER try to rescue anyone from a plane crash. Your efforts would not be appreciated. If you said, "Don't bury the survivors" then proceed to the next question.

5. If the hour hand on a clock moves 1/60th of a degree every minute then how many degrees will the hour hand move in one hour?

Answer: One degree. If you said "360 degrees" or anything other than "one degree", you are to be congratulated on getting this far, but you are obviously out of your league. Turn your pencil in and exit the room. Everyone else proceed to the final question.

6. Without using a calculator - You are driving a bus from London to Milford Haven in Wales. In London, 17 people get on the bus. In Reading, six people get off the bus and nine people get on. In Swindon, two people get off and four get on. In Cardiff, 11 people get off and 16 people get on. In Swansea, three people get off and five people get on. In Carmarthen, six people get off and three get on. You then arrive at Milford Haven. What was the name of the bus driver?

Answer: Oh, for heaven sake! It was YOU, Read the first line!!!

### GUESS WHO! – YEP YOU THOUGHT I HAD FORGOTTEN!

<p><b>July 2014</b></p>	<p><b>August 2014</b></p>	<p><b>April 2015</b></p>
<p><b>Dec 2015</b></p>	<p><b>Feb 2016</b></p>	<p><b>Apr 2016</b></p>
<p><b>Oct 2016</b></p>	<p><b>Jan 2017</b></p>	<p><b>Nov 2017</b></p>
<p><b>2018</b></p>	<p><b>2019</b></p>	<p><b>2020</b></p>