

Provisional Programme

Pre Meeting

- 6 -00 pm Long Jump Men & Women
6 -00 pm Discus Men & Women / Javelin Handicap**

Meeting

- 7.15 pm, High Jump Men
7.15 pm Triple Jump Women
7.25 pm 400m Hurdles Men
7.30 pm 400m Hurdles Women
7.35 pm 200m Men
7.40 pm 200m Women
7.45 pm Shot Put Women
7.45 pm 100m Women U18
7.48 pm 100m Men U18
7.50 pm Javelin Handicap / Discus Men & Women**
7.50 pm "Fastest Kid on the Block"
8.05 pm Triple Jump Men
8.05 pm 3,000m NZ Championship Junior Women
8.20 pm 400m Handicap
8.30 pm 3,000m NZ Championship Junior Men
8.40 pm 2 x 100m (Invited Teams) Relay
8.50 pm One Mile Women
9.00 pm **1500m Men**

To Enter: Cooks Classic Events:

<https://2019cooksclassic.eventdesq.com>

NZ U20 3,000m Championships

<https://2019u203000m.eventdesq.com>

