

Competition:		2018 NSWMA HWP Championships					Date:		17-Mar-18				Instructions		Wollongong Athletics Centre		
Competitor	Origin	Age Grp	Distance	Score	Distance	Score	Distance	Score	Distance	Score	Distance	Score	Total score	Position	Age Grp		
M30-M49			9.08kg (20lb)		11.34kg (25lb)		15.88kg (35lb)		20kg (44lb)		25.4kg (56lb)						
Ryan Dowling		M35-39	14.91	522	14.09	559	10.58	496	0.00	0	5.75	425	2002		M35		
M50-M59			7.26kg (16lb)		9.08kg (20lb)		11.34kg (25lb)		15.88kg (35lb)		20kg (44lb)						
Jim Fassolis		M50-54	18.95	711	17.09	740	13.65	696	10.72	652	8.10	662	3461		M50		
Matt Stenning		M50-54	16.78	618	15.73	672	12.02	598	9.28	546	6.89	536	2970		M50		
Robert Clark		M55-59	19.08	774	16.93	786	14.80	827	9.39	602	8.23	736	3725		M55		
M60-M69			5.45kg (12lb)		7.26kg (16lb)		9.08kg (20lb)		11.34kg (25lb)		15.88kg (35lb)						
Gavin Murray		M60-64	21.91	831	18.74	786	16.00	831	13.87	830	9.80	696	3974		M60		
Dave Ross		M65-69	13.38	511	12.00	527	10.96	577	9.65	594	6.97	492	2701		M65		
M70-M79			4kg (8.8lb)		5.45kg (12lb)		7.26kg (16lb)		9.08kg (20lb)		11.34kg (25lb)						
Raminder Singh		M70-74	13.45	527	10.99	475	8.62	443	7.36	409	6.21	408	2262		M70		
Noel Donohue		M75-79	13.10	573	11.50	602	9.04	514	7.75	522	6.56	516	2727		M75		



New South Wales Masters Athletics Heavy Weight Pentathlon Result Sheet

Competition: NSWMA HWP Championships

Date: 17/03/2018

Venue: Kerryn McCann Athletics Centre, Wollongong

Round: 1 2 3 4 5

Name	Age Group	Weight	Throw 1	Throw 2	Throw 3	Best	Place
Ryan Dowling	M35	20	✓	✓	✓	14.91	522
Ricard Meiring	M40						
Jim Fassolis	M50	16lb	✓	✓	✓	18.95	711
Matt Stenning	M50	16lb	✓	✓	✓	16.78	618
Robert Clark	M55	16lb	✓	✓	✓	19.08	774
Gavin Murray	M60	12lb	✓	✓	✓	21.91	831
Dave Ross	M65	12lb	✓	✓	✓	13.38	511
Raminder Singh	M70	4kg	✓	✓	✓	^{13.42} 13.45	527
Noel Donohoe	M75	4kg	✓	✓	✓	13.10	573



New South Wales Masters Athletics Heavy Weight Pentathlon Result Sheet

Competition: NSWMA HWP Championships

Date: 17/03/2018

Venue: Kerryn McCann Athletics Centre, Wollongong

Round: 1 **2** 3 4 5

Name	Age Group	Weight	Throw 1	Throw 2	Throw 3	Best	Place
Ryan Dowling	M35	25	X	✓	✓	14.09	559
Ricard Meiring	M40						
Jim Fassolis	M50	20	✓	✓	✓	17.69	740
Matt Stenning	M50	20	✓	✓	X	15.73	672
Robert Clark	M55	20	✓	✓	✓	16.93	786
Gavin Murray	M60	16	✓	✓	—	18.74	786
Dave Ross	M65	16	✓	✓	X	12.00	527
Raminder Singh	M70	12	✓	✓	✓	10.99	475
Noel Donohoe	M75	12	✓	✓	✓	11.50	602



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Venue: Kerryn McCann Athletics Centre, Wollongong

Round: 1 2 **3** 4 5

Name	Age Group	Weight	Throw 1	Throw 2	Throw 3	Best	Place
Ryan Dowling	M35	35	x	✓	x	10.58	496
Ricard Meiring	M40						
Jim Fassolis	M50	25	✓	x	x	13.65	696
Matt Stenning	M50	25	✓	✓	✓	12.02	598
Robert Clark	M55	25	✓	✓	✓	14.80	827
Gavin Murray	M60	20	✓	✓	✓	16.00	831
Dave Ross	M65	20	✓	✓	✓	10.96	577
Raminder Singh	M70	16	✓	✓	✓	8.62	443
Noel Donohoe	M75	16	✓	✓	✓	9.04	514



New South Wales Masters Athletics Heavy Weight Pentathlon Result Sheet

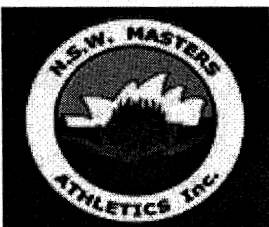
Competition: NSWMA HWP Championships

Date: 17/03/2018

Venue: Kerryn McCann Athletics Centre, Wollongong

Round: 1 2 3 4 5

Name	Age Group	Weight	Throw 1	Throw 2	Throw 3	Best	Place
Ryan Dowling	M35	45	x	x	x	Ⓝ NM	Ⓟ
Ricard Meiring	M40						
Jim Fassolis	M50	35	✓	x	✓	10.72	652
Matt Stenning	M50	35	x	✓	✓	9.28	546
Robert Clark	M55	35	✓	x	✓	9.39	602
Gavin Murray	M60	25	✓	✓	✓	13.87	830
Dave Ross	M65	25	✓	✓	✓	9.65	594
Raminder Singh	M70	20	✓	✓	✓	7.36	409
Noel Donohoe	M75	20	✓	✓	✓	7.75	522



New South Wales Masters Athletics Heavy Weight Pentathlon Result Sheet

Competition: NSWMA HWP Championships

Date: 17/03/2018

Venue: Kerryn McCann Athletics Centre, Wollongong

Round: 1 2 3 4 **5**

Name	Age Group	Weight	Throw 1	Throw 2	Throw 3	Best	Place
Ryan Dowling 1 ^F	M35	56	✓	✓	✓	5.75	
Ricard Meiring	M40						
Jim Fassolis 2	M50	45	✓	✓	✓	8.11	
Matt Stenning 3	M50	45	x	✓	✓	6.89	
Robert Clark 4	M55	35 45	✓	✓	x	8.23	
Gavin Murray 14 5	M60	35	✓	✓	x	9.79 9.80 6.97	
Dave Ross 6	M65	35	✓	✓	✓	6.97	
Raminder Singh 7 ^F	M70	25	✓	✓	✓	6.21	
Noel Donohoe 8 ^F	M75	25	✓	✓	✓	6.56	