



### Weekly Newsletter

**3<sup>rd</sup> February, 2018**

This week is the annual Relaython! Our athletes, parents and siblings will run a relay baton continuously around our track between 9am-12pm to help raise money for the Royal Children's Hospital [Good Friday Appeal](#). Donations can be placed in the collection tin that will be moving around the ground on Saturday, or you can make an online donation via the club's [Everyday Hero donation page](#). The money goes directly to fund vital equipment purchases and ongoing research. Donate as little or as much as possible. As for the actual event, can those athletes in between events marshal at the 3 marshalling areas: The Start/Finish line outside The Cottage on the back straight, the 100m mark, and the 200m mark from this Start/Finish line. Younger athletes will only need to run 100 or 200m, while our older athletes and parents can run 200m or 400m. We need to keep the baton constantly moving so we can try to beat our distance of 46.8km from last year. It would be nice to start the event off with either an Open boy or girl, as they don't have an event at the very start of the day's schedule. So can we have them marshal first at any of the marshalling points straight after warm up.

Well done to those athletes who competed at the State Multi Event in Cranbourne last weekend. Conditions on both days were extremely hard with the heat. A number of our athletes didn't compete at all or had to pull out after a few events. All athletes who completed their full schedule of events deserved a medal, as do their parents for being there too! We had 3 top 8 finishes this year. U10 Ocean Sheppard and U11 Sebastian Farrelly both finished 5<sup>th</sup> in their age groups, and U11 Declyn Tanner finished 7<sup>th</sup>. Thank you to Julie Burton, Jodie Fischer and Ruth Terris for taking on Team Manager duties. Thanks to the parents who completed general duties on the day. Thanks to Mark Henry and Todd Martin who also officiated all weekend in Key Official roles without even having any kids of their own competing. And well done to our MLAC kids who gave this event a go in such tough conditions. GO MLAC!!

We are still having new athletes come along and give athletics a try, so if you see a new face in your age group, please be welcoming and explain how things run. There are also a number of registration packs that are yet to be collected for athletes new to the club. If your child is new this season and you haven't collected a pack, please come to the Merchandise table in the Cottage to grab one.

Regional Track & Field registrations are now closed. Information about this event will be sent out once SMR have finalised things their end. Can we ask if anyone is willing to take on the Team Manager role for the Sunday? You would need to be there from 7.30am until our athlete's final event to ensure parents are attending their duties and to clear up any problems that might arise. If you are willing to take on this role or wish to discuss it, please contact the club ASAP [mornington@lavic.com.au](mailto:mornington@lavic.com.au)

We are looking for assistance in obtaining donations for an end of season fundraising raffle. We would like to offer first prize as a family weekend trip on the Peninsula with the use of a brand new Holden vehicle for the weekend. [Holden Mornington](#) have offered the use of the car, we'd like to put this together with a night or 2 away. If anyone has anything else they would like to donate to this, please contact us. We would advertise these donations/businesses to our members via this weekly newsletter which reaches nearly 300 families, on our Facebook page that has over 900 likes and on our website. Please ask around. If anyone would like to contribute could they contact Lisa Henry ASAP please. [lhenry@morningtonlittleleaths.org](mailto:lhenry@morningtonlittleleaths.org) or 0414 784 532.

**Finally there was 1 club record broken last weekend:**

- **Ben Barrett broke the U14 boys Shot Put record with a throw of 13.19m. Well done Ben!**

The key points to note this week are:

- Parent Duty Roster
- U6-8 State Carnival
- Uniforms/Merchandise
- Results HQ
- Parking
- Dog policy
- Website
- Team App
- Facebook
- Wet Weather
- Weekly Program

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### **Parent Duty Roster for Saturday 3<sup>rd</sup> February, 2018**

Please note that we have 2 age groups rostered on to ensure that each duty is suitably attended.

Set up takes more than an hour and we really do need those rostered on to be there as required. The committee are always on hand but as we all know many hands make light work and it makes a world of difference to how the whole day runs when we can set-up on-time for the program to start, especially on the first morning of the season!

The following Age Groups are rostered on this weekend:

**Setup** : **U12 Girls** and **U7 Boys** (*please arrive by 7.30am*)

**BBQ** : **U7 Girls** and **U12 Boys** (*from set up of the BBQ at 8.00 to pack-up and clean at the day's end*)

**Pack Up** : **U10 Girls** and **U9 Boys** (*concludes once the containers are locked up*)

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### **U6-8 State Carnival**

The [U6-8 State Carnival](#) has been rescheduled for Sunday the 11th of February. All fully registered U6-8 athletes are able to attend this event. **Registrations are now open and close this Monday, the 5th of February (or when capacity for each age group is reached). There are still places in the morning session for U6's, and in the afternoon session for U7's and U8's.** They are limiting numbers to the first 120 registrants for each age group, so if you intend to participate, register quickly. This is a state wide clinic, and not a state wide championship, so there will be no scores or results. The day is focused on development of technique, skills and having fun. Parents will be involved on the day and are encouraged to follow their children to each event. There will be carnival rides, face painting, show bags and the LA Vic mascots Vicky and Victor. The cost is \$25 (+admin fee).

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### **Uniforms/Merchandise**

Uniforms and other club merchandise will be available for sale only at Mornington Secondary College on each competition day in the Cottage. Club t-shirts/singlets/crop tops, MLAC hoodies, and LA Vic branded shorts are all available for purchase. This year we are also selling orange compression socks. There are only limited numbers available, so if you are interested, come take a look.

T-shirts - \$45, Singlets - \$45, Crop Tops - \$50, LA Vic shorts - \$25, Compression socks (small/large) - \$20. **All club tops now need to have a Coles patch sewn on just above the Little Aths Victoria logo. These can be collected from your team manager or from the Registration desk in the Cottage.**

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## Results HQ

To view your child's results, you will need to log in to Results HQ. You will need to have paid the club registration fee to have access. The login details are a little confusing:

**Username:** Your family username is the email address you used to register your primary member with (usually your oldest child)

**Password:** Your password is the Login ID of your primary member when you log in to LA Vic.

You can view your whole family's results on one page, and also view all MLAC results. Tickets can be printed out to keep. We endeavour to have the results available by Sunday evening.

**If you have registered and paid by Thursday evening and there is no bib for your child, please talk to someone at the Registration desk in the Cottage.**

If you have any problems logging in, please contact the club [mornington@lavic.com.au](mailto:mornington@lavic.com.au)

<https://www.resultshq.com.au/login>



## Parking

**Please Note:** There is **NO PARKING** available for us in the basketball stadium car park, as this area is for the exclusive use of those attending the basketball stadium. We have also been asked not to park near the swim centre. We are to use the land at the north end of the school for parking. Access to this land is from Eagle Street, which is at the set of traffic lights at the Bata intersection with Nepean Hwy. If this area fills up, there is minimal parking within the school grounds - along the driveway at the front of the school, the fenced basketball courts just past the bus bays, and the staff car park. We have been asked to advise that there is to be **STRICTLY NO PARKING ALONG NEPEAN HWY!!**

## Dog Policy

**\*\* If you have family or friends that come to watch, can you please communicate this to them as well.\*\*** Please note that we have a strict **NO DOGS** policy on competition days. There have been a number of incidents and near misses over the past few years, plus we have a few athletes with dog allergies and those who are scared of dogs. We would greatly appreciate if you left your dogs at home.

## Website

Our [website](#) was updated last season and has had a lot of wonderful feedback. Most club information can be found here - if there is anything important missing, please let us know.

## Team App

As with previous years, we will be utilising [Team App](#) to get information out to our members and their families about news and events around the centre.

Download Team App (it's free!) from iTunes or the Play Store and search for Mornington Little Athletics.



## Facebook

We also have a [Facebook page](#) filled with news and photos of our athletes.

Make sure you "Like" it to see posts in your Newsfeed. If you do not wish to

have your child's photo published, please send an email to our secretary Lisa Henry [lhenry@morningtonlittleleaths.org](mailto:lhenry@morningtonlittleleaths.org).

She will endeavour to ensure your child's photos are never published.



## **What happens in the event of Wet Weather/Extreme Heat**

When the weather forecast does not look great, the committee makes a decision by 8:00 a.m. on the morning of competition whether the competition day will go ahead or be cancelled. In the event of cancellation a notice will be posted on the following sites by 8:00 am:

**Website**            [www.morningtonlittleleaths.org](http://www.morningtonlittleleaths.org)  
**Facebook**        [www.facebook.com/mlac82](http://www.facebook.com/mlac82)  
**Twitter**            @mlac82  
**Team App**         [www.teamapp.com](http://www.teamapp.com)  
**Instagram**        [www.instagram.com/morningtonlac/](http://www.instagram.com/morningtonlac/)

We communicate with our members almost exclusively via electronic means. We will always email you important information, but it is also distributed via our Facebook page and Team App.

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## **Weekly Program**

This week's program is [Program 9](#) or find it on the club [website](#).

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If unsure of what to do on the day, or if you have any questions, please do not hesitate to contact us via email or by speaking to one of the committee members on Saturday mornings. They are easily identified in their bright orange polo shirts

Regards,

**Mornington Little Athletics Centre**

[mornington@lavic.com.au](mailto:mornington@lavic.com.au)

PO Box 544

Mornington, Victoria, 3931

[www.morningtonlittleleaths.org](http://www.morningtonlittleleaths.org)