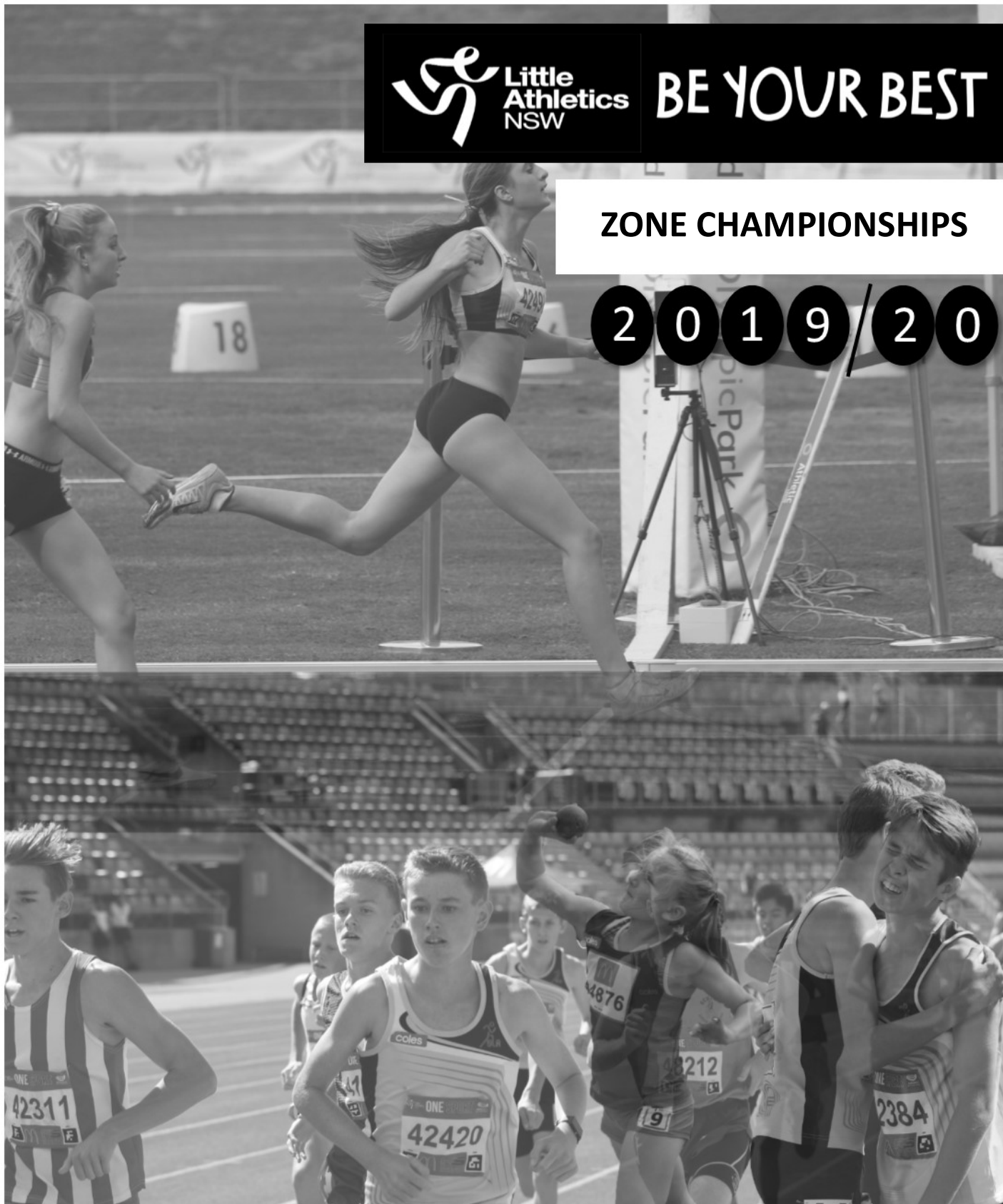




**BE YOUR BEST**

## ZONE CHAMPIONSHIPS

**2019/20**



### Coming Events:

**STATE TRACK AND FIELD CHAMPIONSHIPS**

**14 & 15 MARCH 2020**

**- SOPAC**

**AUSTRALIAN LITTLE ATHLETICS CHAMPIONSHIPS**

**18 & 19 APRIL 2020**

**- CANBERRA**

# Welcome

It is my pleasure, on behalf of Albion Park Little Athletics, to welcome everyone to the Mid South Coast Zone Championships for the 2019-20 season.

The success of our zone championships is dependent upon the hard work of many volunteers in the lead up to the weekend and during the carnival. I would like to sincerely thank all of the members and committee of Albion Park Little Athletics who have worked hard to get our track, facilities and athletes ready for this carnival. This weekend sees us welcome athletes from as far as the ACT border. I would like to thank all the clubs who have registered athletes for the carnival and the parents and friends who are here to support them.

The championships could not be held without the support of our officials who will be working throughout the weekend. These officials deserve a special mention and we hope all competitors, families and supporters show them the upmost respect.

Security will be on site on Friday night and Saturday night. However, Albion Park Little Athletics Centre and the Mid South Coast Zone accepts no responsibility for items left on site. Should you choose to leave items overnight you do so at your own risk.

I hope to see all athletes compete with sportsmanship as they strive to do their best this weekend. Many athletes will progress to the regional carnival, hosted by Mid South Coast Zone, at Myimbarr Community Park in February but it is important to remember that success can be measured in many ways, from personal bests achieved to friendships made and experience gained.

Yours in Sport  
Crystal Woll  
President  
Albion Park Little Athletics

**KELLY+**  
**PARTNERS**  
CHARTERED ACCOUNTANTS

# Mid South Coast Zone Championships



The Carnival Manager shall have the right to combine events where necessary, but separate results shall be recorded for each event so combined.

All athletes at the Zone Championships will receive certificates. The first three (3) place getters in the Under 7 events will receive State medals. The first three (3) place getters in all other age groups will receive Zone medals. Only the Under 7 medals will be presented at the Zone Championships. The remaining medals and certificates will be distributed to Centres after the Carnival.

The first three (3) place getters in all Under 8 to Under 17 finals will progress to the Region 4 Championships at Myimbarr Community Park, Wattle Road, Flinders on Saturday 1<sup>st</sup> and Sunday 2<sup>nd</sup> February 2020. In addition, the next best four (4) performances in each event across Region 4 will also qualify for the Region 4 Championships. The first two (2) place getters in the Relays will progress to the Region 4 Championships.

Should an athlete, for any reason, be unable to attend the Region 4 Championships, the Information Officer should be informed immediately. This will be the only opportunity for replacements to be considered. No further withdrawals/replacements will be accepted/designated after the completion of the Zone Championships.

At the Region 4 Championships the first two (2) place getters in all Under 9 to Under 17 finals will progress to the State Track And Field Championships at Sydney Olympic Park Athletic Centre, Homebush on Saturday 14<sup>th</sup> and Sunday 15<sup>th</sup> March 2020. In addition, the next best eight (8) performances in each event across all Regions will also qualify for the State Track And Field Championships.

No State records, either track or field, are recognized at the Zone Championships.

On the track, if insufficient athletes turn up when an event is called for heats to be run, then the final will be run instead of the heats and the final listed later in the program will be cancelled.

During heats all straight lanes will be used. If finals are run where heats should be then all lanes could be used. If finals are run after heats then only eight (8) lanes will be used.

## Program Of Events

This season we are trialling a timed program and there are a few things we would like everyone to be aware of:

1. It's advised that athletes be at the venue at least 30 minutes prior to the proposed start time.
2. As this is our first year running a timed program, we need your patience. Events will not start before the allocated time, but we may run behind time and announcements will be made during the day.
3. We will still make traditional calls for events. There will be a marshal time and a start time listed in the program.



## **SPONSORS**

- BlueScope
- Kelly + Partners Chartered Accountants

## **SPECIAL GUESTS**

Mrs Joan Blair  
Mrs Evelyn Rickards

## **FIRST AID**

Katie Dent     Matt Williams  
Scott McLaren     Crystal Woll  
Patrick McPhillips     Sharon Wright

## **LIVE RESULTS**

Live Results are available at [www.littleareresults.com](http://www.littleareresults.com).  
Use the QR Code below to access event results.



**KELLY+**  
**PARTNERS**  
CHARTERED ACCOUNTANTS

## Centre Information

Centre	Abbrev.	No.	Uniform	Team Manager
Albion Park	ALB	71	White with red & blue trim. Red shorts.	Katie Dent Crystal Woll
Euro Coast	EUR	258	Teal and navy blue with navy blue trim. Navy blue shorts.	Jo Borg Suzy Gilligan
Kiama	KIA	114	Lime green with black & white trim. Black shorts.	Taryn Hodgson
Lake Illawarra	LKI	10	Royal blue, black panels with black and white contoured striping. Royal blue or black shorts.	Kellie Keen
Milton Ulladulla	MIL	185	Black with two white diagonal stripes. Black shorts.	Angela Colusso
Shoalhaven	SHO	120	Red with royal blue & white diagonal. Royal blue shorts.	Doonan McLaren
St Georges Basin	SGB	167	Red with black & white trim Black shorts.	Simone Losurdo

## Uniform Requirements

Athletes must compete in correct Centre uniform. All U7 to U11 athletes wear the McDonald's registration number which **MUST** have the **FULL** red border clearly visible. Athletes in the U12 to U17 age groups have been allocated a ONE SPORT registration number. If this number is too large for the girls' crop top it may be folded at the top **ONLY**. The Coles patch **MUST** be placed on the front right shoulder and the Age patch on the front left hand side of the uniform. No part of the clothing shall extend beyond the top of the knee for any walk event.

## Dean Blair Registration Numbers Under 7 To Under 17

Albion Park	155	Milton Ulladulla	34
Euro Coast	110	Shoalhaven	217
Kiama	147	St Georges Basin	113
Lake Illawarra	158		

## Mid South Coast Zone - Life Members

Howard McGarry - Lake Illawarra (1999)  
 Peter Cotter - St Georges Basin (2000)  
 Sonja Schofield - Shoalhaven (2001)  
 Heather Jimenez - Lake Illawarra (2001)  
 Carol McGarry - Lake Illawarra (2003)  
 Janet Poppett - Kiama (2004)

Gary Poppett - Kiama (2004)  
 Jan Cotter - St Georges Basin (2006)  
 Paul Joines - St Georges Basin (2009)  
 Craig Scott - Kiama (2009)  
 Stacey Scott - Kiama (2009)

**Officials For Mid South  
Coast Zone Championships  
Held at John O'Dwyer Oval,  
14<sup>th</sup> and 15<sup>th</sup> December, 2019**

Host Centre		Albion Park
Carnival Manager	Howard McGarry	Zone Coordinator
Assist. Carnival Manager	Crystal Woll	Albion Park
Timing Gate Operator		Albion Park
Starting Panel	Ann Crooks TBA	Lake Illawarra TBA
Announcer	Patrick McPhillips	Albion Park
Information Officer	Carol McGarry	Lake Illawarra
Safety Officer	Patrick McPhillips	Albion Park
Multi Class Coordinator	Crystal Woll	Albion Park
Walks Panel	Rachel Callaway Tracy Mandavy Carol McGarry Kevin McGarry	Lake Illawarra St Georges Basin Lake Illawarra Lake Illawarra
Recording	Tracy Mandavy	St Georges Basin
Computer Coordinator	Craig Scott	Kiama
Medal Presentations (Under 7's Only)		Albion Park
Medical Officer	Scott McLaren	Shoalhaven
Dean Blair Trophy Compiler	Craig Scott	Kiama
Track Marshalling		Milton Ulladulla
Shot Put Chief	Kevin McGarry	Lake Illawarra
Discus Chief - 1	Ron Cox/Jakki Peace	Shoalhaven
Discus Chief - 2	TBA	TBA
Long/Triple Jump Chief - 1	Michael McKay	St Georges Basin
Long/Triple Jump Chief - 2		Euro Coast
High Jump Chief	James Cordell/ Craig Scott	Kiama
Javelin Chief	Kevin McGarry	Lake Illawarra

1. We require assistance to run events. Each centre has been allocated a duty. Even though this is a timed program we ask that centre's, and their members, assist us by fulfilling their allocated duties. There will be delays if there are insufficient personnel available to run events.
2. Parents are asked to wear enclosed shoes when assisting at events.
3. Parent helpers are not permitted to coach or assist athletes at events. Any athlete receiving assistance from within the competition area during an event will be cautioned and warned that for any repetition, he/she will be disqualified.
4. Parent helpers are to refrain from cheering athletes from the inside of the track.
5. Parent helpers are to sign on for the event.
6. The competition area is only for athletes, officials and parent helpers. No spectators are permitted inside the fence at any time without prior consent from the Carnival Manager.

# **Starting Times**

## **Saturday**

- 8:00am First call for Officials
- 8:15am First call for March Past
- 8:30am March Past commences
- 8:45am Official Opening
- 9:00am First call for Events
- 9:15am First Events commence

## **Opening Ceremony**

1. March Past winner's trophy presented by the Rickard family.
2. Presentation of replica trophy to last year's March Past winners.
3. Mrs Blair to address guests and athletes.
4. Hand over Dean Blair trophy to Zone Coordinator by Mrs Blair.
5. Official Opening.

## **Sunday**

- 8:30am First call for Officials
- 8:45am First call for Events
- 9:00am First Events commence

# **Relay Teams**

The first two (2) place getters in the Relays will progress to the Region 4 Championships.

## **Team Composition**

### **Junior Relay**

4 athletes (one athlete from U9, U10, U11 & U12)

U12 may be replaced by an U9, U10 or U11

U11 may be replaced by an U9 or U10

U10 may be replaced by an U9

### **Senior Relay**

4 athletes (one athlete from U13, U14, U15 & U17)

U17 may be replaced by an U15, U14 or U13

U15 may be replaced by an U14 or U13

U14 may be replaced by an U13

U13 may be replaced by an U12 (Note: a maximum of 1 x U12 athlete may be used in a senior relay team. If an U12 is used in the Senior Relay team the same athlete cannot be a member of the Junior Relay team).

Athletes may compete in any order in Relays.

# Dean Blair Memorial Trophy

Dean Blair was a member of Kiama Little Athletics Centre from September to December 1980. During his short but exceptionally progressive membership he excelled in both track and field events. Having not been coached he was a "natural" little athlete.

Joining at the age of nine (9) he broke fifteen (15) records in three (3) months, a testimony to his natural ability.

Among his achievements were:

100m	14.6 secs	1500m	5 mins 31.3 secs
200m	29.8 secs	60m/h	10.3 secs
400m	1 min 6.8 secs	Discus	23.90m
800m	2 mins 42.1 secs	Long Jump	4.35m

He displayed a great degree of enthusiasm, sportsmanship and co-operation, which is a necessary ingredient to be given in order to gain from athletics. His one aim was to be good enough to compete at the Olympics.

Tragically, Dean died on the 5<sup>th</sup> of December 1980 as a result of a playground accident at school. At the time he had been looking forward to, and preparing for, the Zone Championships and had entered into his four (4) events. He died the day before the Championships were to begin.

As a result of this the idea of a perpetual memorial trophy for these Championships came into being. Exclusively through the thoughtfulness of Mr Bill Young and Mr John May, from Lake Illawarra Little Athletics Centre. Mr John May crafted the original trophy and it was first presented in 1982.

The inscription on the base reads:

*"This trophy is in memory of a little boy who gave so much. May his love of athletics be an inspiration and enjoyment for all young, dedicated athletes to follow. May their efforts fulfil his dreams."*

His parents dedicated this inscription.

He is a little boy now, so sadly missed.

My encouragement goes out to all young athletes competing in the Zone Championships each year. The spirit of team effort and loyalty to each other is quite evident.

Good luck to all,  
Mrs Joan Blair



# Dean Blair Memorial Trophy

## Previous Winners

1982-83 Lake Illawarra  
1983-84 Kiama  
1984-85 Lake Illawarra  
1985-86 Lake Illawarra  
1986-87 Lake Illawarra  
1987-88 Albion Park  
1988-89 Albion Park  
1989-90 Albion Park  
1990-91 Albion Park  
1991-92 Albion Park  
1992-93 Albion Park  
1993-94 Lake Illawarra  
1994-95 Albion Park  
1995-96 St Georges Basin  
1996-97 Kiama  
1997-98 Lake Illawarra  
1998-99 St Georges Basin  
1999-00 Albion Park  
2000-01 Lake Illawarra



2001-02 St Georges Basin  
2002-03 Lake Illawarra  
2003-04 Albion Park  
2004-05 Albion Park  
2005-06 Albion Park  
2006-07 Lake Illawarra  
2007-08 Albion Park  
2008-09 Albion Park  
2009-10 Albion Park  
2010-11 Albion Park  
2011-12 Albion Park  
2012-13 Albion Park  
2013-14 Albion Park  
2014-15 Albion Park  
2015-16 Albion Park  
2016-17 Albion Park  
2017-2018 Albion Park  
2018-2019 Albion Park

The Dean Blair Memorial Trophy is calculated on a Centre point score system. The system used to determine the winning Centre is set out below.

**Points** : The points for the calculation of the Dean Blair Memorial Trophy are gained in the following manner:

5 points for 1<sup>st</sup>  
4 points for 2<sup>nd</sup>  
3 points for 3<sup>rd</sup>  
1 point for each other place

The above points are awarded to place getters in **ALL** track and field events in finals only with the exception of the relays.

**Registrations** : The number of athletes registered at each Centre from Under 7 to Under 17 as at the cut off date for Zone nominations.

**Calculation** : The following formula is used to calculate the points score for each Centre. The Centre with the highest points score being the winner.

$$\frac{\text{Points} \times 100}{\text{Registrations}}$$

To each Centre - GOOD LUCK!

*Registration number, age patch and sponsor patch placement for athletes in the Tiny Tots to U11 is as per the picture below*



*Registration number, age patch and sponsor patch placement for athletes in the U12 to U17 is as per the pictures below. Girls who wear crop tops ONLY can fold their number down if too large.*



## Registration Number

All Tiny Tots to U11 wear the McDonald's registration number which **MUST** have the **FULL** red border showing including the year, and be placed in the centre of the uniform top (see above left)

Athletes in the U12 to U17 age groups have been allocated a OneSport registration number. This number must be affixed to the centre of the uniform top. If the number is too large for the girls' crop top it may be folded at the top **ONLY** (see above right)

## Age Patch

For all ages the age patch **MUST** be placed on the front left hand side of the uniform. This can be on the shoulder or shorts

## Sponsor Patch

Coles sponsors patch (as above) **MUST** be placed on the front right shoulder of all uniforms, for the Tiny Tots to U11 it can be placed over the red border of the number, but must not cover the McDonald's logo or registration number



## **FOR THE PURPOSES OF DETERMINING THE NEXT BEST PERFORMANCES TO REGION AND STATE (USING MANUAL TIMING)**

In an attempt to make sure that all times taken at the various Little Athletics NSW championship carnivals are processed as consistently as possible, it has been agreed to make adjustments as follows:-

- ♦ Any times for events up to and including 400m, taken with stopwatches, will have an adjustment made to the time.
- ♦ This will be an addition of 0.24sec for all track events up to and including 200m.
- ♦ For events over 200m and up to and including 400m, an addition of 0.14sec will be added.

Please note that the time published on the results at the Zone and/or Region Championships will be the time shown by the stopwatch, with the time shown in 10th of a second. This is only for events that have been started using manual timing. The official results published on the LANSW website will show 'h' next to track events started manually, ie. by stopwatch and timing gates triggered by the gates operator.

The additional time adjustment detailed above will be added when the progressions are processed at the Little Athletics NSW office.

Any timing gates that are used that have the start not triggered by the gun (ie. triggered manually by the gates operator) will also have the same adjustment made.

In explanation for the process—times taken manually with the stopwatch are quicker as there is a reaction time not picked up by the timekeeper.



## PROGRESSION FROM ZONE TO REGION AND REGION TO STATE

Region	What zones are in this region?	What places automatically progress to region from zone? <b><u>Please note that any places not filled by automatic progression will not be filled by additional next best performances</u></b>	What is <b>maximum</b> number of next best qualifiers that will progress to region from across all zone results in the region?	What places automatically progress to state from region? <b><u>Please note that any places not filled by automatic progression will not be filled by additional next best performances</u></b>	What is maximum number of next best qualifiers that will progress to state from across all region results?	What number of relays progress from zone to region?	What number of relays progress from region to state?
1	New England, Northern Rivers and Mid North Coast	First 4 Places	4	First 2 Places	8	First 2 Places	First Place
2	Central Coast, Lake Macquarie, Hunter, and Port Hunter	First 3 Places	4	First 2 Places	8	First 2 Places	First Place
3	Western Plains and Western Ranges	First 6 Places	4	First 2 Places	8	First 3 Places	First Place
4	Eastern Riverina, Western Riverina, Mid South Coast and South Coast Highlands	First 3 Places	4	First 2 Places	8	First 2 Places	First Place
5	Northern Metropolitan and North East Metropolitan	First 6 Places	4	First 2 Places	8	First 3 Places	First Place
6	West Metropolitan, Outer West Metropolitan and North West Metropolitan	First 4 Places	4	First 2 Places	8	First 2 Places	First Place
7	Central West Metropolitan, South West Metropolitan and Mid West Metropolitan	First 4 Places	4	First 2 Places	8	First 2 Places	First Place
8	Inner City and Southern Metropolitan	First 6 Places	4	First 2 Places	8	First 3 Places	First Place

### Region 3, 5 and 8.

These 3 regions have 2 zones in each region. In those Zone Championships (ie Western Plains, Western Ranges, Northern Metropolitan, North East Metropolitan, Southern Metropolitan, Inner City) finals in laned track events are to be made up of **8 athletes**, except in the following cases.

- If only 9 athletes arrive at the call room from entries to heats then the heats may be collapsed to a final of a maximum of 9 athletes.
- If after resolving a protest in an earlier heat an additional athlete is added to the final then this can result in 9 athletes being in the final.

### Selection of next best performances

- Performances in heats cannot be considered in selection of next best performances.
- Performances from all competitors in a field event will be assessed for next best performances. This means that an athlete who does not reach the second round (or final 3 trials) may still perform a next best performance.
- Performances from all competitors in all events from 800 metres upwards will be assessed for next best performances.



**MID SOUTH COAST ZONE**  
**TRACK & FIELD CHAMPIONSHIPS**  
**John O'Dwyer Oval - 14/12/2019 to 15/12/2019**  
**Session Report**

Session: 1 Saturday Track Events  
Day 1 - Saturday 14/12/2019 - Starts at 09:15 AM

<b>Event</b>		<b>Round</b>
9:15 AM	#1 Girls U 7 - 500 Metre Run Pack Start	Final
9:15 AM	#2 Boys U 7 - 500 Metre Run Pack Start	Final
9:19 AM	#3 Girls U 11 - 1500 Metre Run	Final
9:30 AM	#4 Boys U 11 - 1500 Metre Run	Final
9:19 AM	#5 Girls U 12 - 1500 Metre Run	Final
9:30 AM	#6 Boys U 12 - 1500 Metre Run	Final
9:19 AM	#7 Girls U 13 - 1500 Metre Run	Final
9:52 AM	#8 Boys U 13 - 1500 Metre Run	Final
9:41 AM	#9 Girls U 14 - 1500 Metre Run	Final
9:52 AM	#10 Boys U 14 - 1500 Metre Run	Final
9:41 AM	#11 Girls U 15 - 1500 Metre Run	Final
9:41 AM	#12 Girls U 17 - 1500 Metre Run	Final
9:52 AM	#13 Boys U 17 - 1500 Metre Run	Final
10:03 AM	#14 Girls U 13 - 200 Metre Hurdles (68cm)	Final
10:07 AM	#15 Boys U 13 - 200 Metre Hurdles (68cm)	Final
10:11 AM	#16 Girls U 14 - 200 Metre Hurdles (76cm)	Final
10:15 AM	#17 Boys U 14 - 200 Metre Hurdles (76cm)	Final
10:19 AM	#18 Girls U 15 - 300 Metre Hurdles (76cm)	Final
10:23 AM	#19 Boys U 15 - 300 Metre Hurdles (76cm)	Final
10:27 AM	#20 Girls U 17 - 300 Metre Hurdles (76cm)	Final
10:31 AM	#21 Boys U 17 - 300 Metre Hurdles (76cm)	Final
10:35 AM	#22 Girls U 8 - 60 Metre Hurdles (45cm)	Final
10:39 AM	#23 Boys U 8 - 60 Metre Hurdles (45cm)	Final
10:43 AM	#24 Girls U 9 - 60 Metre Hurdles (45cm)	Final
10:47 AM	#25 Boys U 9 - 60 Metre Hurdles (45cm)	Final
10:51 AM	#26 Girls U 10 - 60 Metre Hurdles (60cm)	Final
10:55 AM	#27 Boys U 10 - 60 Metre Hurdles (60cm)	Final
11:03 AM	#28 Boys U 7 - 100 Metre Sprint	Heats
11:11 AM	#29 Boys U 13 - 100 Metre Sprint	Heats
11:19 AM	#30 Boys U 10 - 100 Metre Sprint	Heats
11:27 AM	#31 Girls U 11 - 100 Metre Sprint	Heats
11:31 AM	#32 Girls U 13 - 400 Metre Sprint	Final
11:36 AM	#33 Boys U 13 - 400 Metre Sprint	Final
11:41 AM	#34 Girls U 14 - 400 Metre Sprint	Final
11:46 AM	#35 Boys U 14 - 400 Metre Sprint	Final
11:51 AM	#36 Girls U 15 - 400 Metre Sprint	Final
11:56 AM	#37 Boys U 15 - 400 Metre Sprint	Final
12:01 AM	#38 Girls U 17 - 400 Metre Sprint	Final
12:06 AM	#39 Boys U 17 - 400 Metre Sprint	Final
12:11 AM	#40 Girls U 8 - 400 Metre Sprint	Final
12:16 AM	#41 Boys U 8 - 400 Metre Sprint	Final
12:21 AM	#42 Girls U 9 - 400 Metre Sprint	Final
12:26 AM	#43 Boys U 9 - 400 Metre Sprint	Final
12:31 AM	#44 Girls U 10 - 400 Metre Sprint	Final
12:36 AM	#45 Boys U 10 - 400 Metre Sprint	Final
12:46 AM	#46 Girls U 11 - 400 Metre Sprint	Final

**MID SOUTH COAST ZONE**  
**TRACK & FIELD CHAMPIONSHIPS**  
**John O'Dwyer Oval - 14/12/2019 to 15/12/2019**  
**Session Report**

Session: 1 Saturday Track Events  
Day 1 - Saturday 14/12/2019 - Starts at 09:15 AM

	<b>Event</b>	<b>Round</b>
12:51 AM	#47 Boys U 11 - 400 Metre Sprint	Final
12:56 AM	#48 Girls U 12 - 400 Metre Sprint	Final
1:01 PM	#49 Boys U 12 - 400 Metre Sprint	Final
1:06 PM	#50 Girls U 7 - 100 Metre Sprint	Final
1:09 PM	#51 Boys U 7 - 100 Metre Sprint	Final
1:12 PM	#52 Girls U 13 - 100 Metre Sprint	Final
1:15 PM	#53 Boys U 13 - 100 Metre Sprint	Final
1:18 PM	#54 Girls U 14 - 100 Metre Sprint	Final
1:21 PM	#55 Boys U 14 - 100 Metre Sprint	Final
1:24 PM	#56 Girls U 15 - 100 Metre Sprint	Final
1:24 PM	#57 Girls U 15-17 100 Metre Multi Class Run	Final
1:27 PM	#58 Boys U 15 - 100 Metre Sprint	Final
1:27 PM	#59 Boys U 15-17 100 Metre Multi Class Run	Final
1:30 PM	#60 Girls U 17 - 100 Metre Sprint	Final
1:33 PM	#61 Boys U 17 - 100 Metre Sprint	Final
1:36 PM	#62 Girls U 8 - 100 Metre Sprint	Final
1:39 PM	#63 Boys U 8 - 100 Metre Sprint	Final
1:42 PM	#64 Girls U 9 - 100 Metre Sprint	Final
1:45 PM	#65 Boys U 9 - 100 Metre Sprint	Final
1:48 PM	#66 Girls U 10 - 100 Metre Sprint	Final
1:51 PM	#67 Boys U 10 - 100 Metre Sprint	Final
1:54 PM	#68 Girls U 11 - 100 Metre Sprint	Final
1:57 PM	#69 Boys U 11 - 100 Metre Sprint	Final
1:57 PM	#70 Boys U 11-12 100 Metre Multi Class Run	Final
2:00 PM	#71 Girls U 12 - 100 Metre Sprint	Final
2:03 PM	#72 Boys U 12 - 100 Metre Sprint	Final
2:06 PM	#73 Girls U 7 - 50 Metre Sprint	Final
2:09 PM	#74 Boys U 7 - 50 Metre Sprint	Final
2:11 PM	#75 Girls U 13 - 3000 Metre Run	Final
2:26 PM	#76 Boys U 13 - 3000 Metre Run	Final
2:11 PM	#77 Girls U 14 - 3000 Metre Run	Final
2:26 PM	#78 Boys U 14 - 3000 Metre Run	Final
2:11 PM	#79 Girls U 15 - 3000 Metre Run	Final
2:26 PM	#80 Boys U 15 - 3000 Metre Run	Final
2:11 PM	#81 Girls U 17 - 3000 Metre Run	Final
2:26 PM	#82 Boys U 17 - 3000 Metre Run	Final

**MID SOUTH COAST ZONE**  
**TRACK & FIELD CHAMPIONSHIPS**  
**John O'Dwyer Oval - 14/12/2019 to 15/12/2019**  
**Meet Program - Saturday Track Events**

**Event 1 Girls U 7 - 500 Metre Run Pack Start (5)****Saturday 14/12/2019 - 9:15 AM****Zone: 1:49.10 30/01/2000 Paige Fenech**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8547 Avani Swan		St Georges Basin	_____
3	8384 Kenzie Robinson		Shoalhaven	_____
4	8151 Ayla York		Lake Illawarra	_____
5	8504 Mia Borghi		St Georges Basin	_____
6	8188 Brooklyn McWilliams		Lake Illawarra	_____

**Event 2 Boys U 7 - 500 Metre Run Pack Start (5)****Saturday 14/12/2019 - 9:15 AM****Zone: 1:46.70 27/01/2008 Mitchell Potts**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7836 Lucas Gill-Gomes		Albion Park	_____
3	8131 Cale Deegan		Kiama	_____
4	7875 Kai Miller		Albion Park	_____
5	7929 Oscar Van Der Merwe		Albion Park	_____
6	7915 Justin Lakeman		Albion Park	_____

**Event 3 Girls U 11 - 1500 Metre Run (3)****Saturday 14/12/2019 - 9:19 AM****Zone: 4:54.00 29/01/2000 Cian Maciejewski**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8201 Indie Cooper		Lake Illawarra	_____
3	8318 Evelyn Hill		Shoalhaven	_____
4	8163 Madison Oscroft		Lake Illawarra	_____

**Event 4 Boys U 11 - 1500 Metre Run (4)****Saturday 14/12/2019 - 9:30 AM****Zone: 4:56.10 24/01/1981 Simon Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7886 Connor Owen		Albion Park	_____
3	8308 Tynan Caswell		Shoalhaven	_____
4	26568 Selby Johnston		Euro Coast	_____
5	7902 Harrison Leavesley		Albion Park	_____

**Event 5 Girls U 12 - 1500 Metre Run (4)****Saturday 14/12/2019 - 9:19 AM****Zone: 5:01.10 29/01/1983 K Tieck**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37613 Abby Quick		Lake Illawarra	_____
3	37692 Aurora Boatswain		Shoalhaven	_____
4	37553 Zoe Meyers		Albion Park	_____
5	37683 Emily McLaren		Shoalhaven	_____

**Event 6 Boys U 12 - 1500 Metre Run (8)****Saturday 14/12/2019 - 9:30 AM****Zone: 4:46.10 30/01/1982 Simon Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37687 Jett Goddard		Shoalhaven	_____
3	37651 Harry Andersen		Lake Illawarra	_____
4	37565 Harry Fraser		Albion Park	_____
5	37681 Jeremiah Galvin		Shoalhaven	_____
6	37546 Aaron Eldridge		Albion Park	_____
7	37680 Joel Harlor		Shoalhaven	_____
8	45317 Zander Robinson		Kiama	_____
9	37548 Joshua Lakeman		Albion Park	_____

**Event 7 Girls U 13 - 1500 Metre Run (5)****Saturday 14/12/2019 - 9:19 AM****Zone: 5:06.10 29/01/1994 T Moxham**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37555 Lara Thompson		Albion Park	_____
3	37734 Kara Heckenberg		St Georges Basin	_____
4	37530 Kyra Martin		Albion Park	_____
5	37631 Sienna Strecker		Lake Illawarra	_____
6	44527 Ella Colusso		Milton-Ulladulla	_____

**Event 8 Boys U 13 - 1500 Metre Run (6)****Saturday 14/12/2019 - 9:52 AM****Zone: 4:39.10 29/01/1983 Simon Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37678 Micah Proctor		Shoalhaven	_____
3	37534 Lexin O'Dea		Albion Park	_____
4	37684 Hamish McLaren		Shoalhaven	_____
5	37539 Macleay Kesby		Albion Park	_____
6	37676 Darcy Davis		Shoalhaven	_____
7	37575 Rhys O'Dea		Albion Park	_____

**Event 9 Girls U 14 - 1500 Metre Run (4)****Saturday 14/12/2019 - 9:41 AM****Zone: 5:06.50 29/01/2011 Jessica Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37547 Abby Eldridge		Albion Park	_____
3	37693 Nakita Boatswain		Shoalhaven	_____
4	37617 Charli Ryan		Lake Illawarra	_____
5	37571 Olivia Wishart		Albion Park	_____

**Event 10 Boys U 14 - 1500 Metre Run (3)****Saturday 14/12/2019 - 9:52 AM****Zone: 4:46.80 28/01/2006 Jason Invernon**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	44785 Kade Dhu		Shoalhaven	_____
3	37559 Byron Ling		Albion Park	_____
4	44378 Vaughn Gilligan		Euro Coast	_____

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**Event 11 Girls U 15 - 1500 Metre Run (3)****Saturday 14/12/2019 - 9:41 AM****Zone: 4:50.70 10/12/2011 Jessica Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37531 Jordyn Martin		Albion Park	_____
3	37632 Emily Strecker		Lake Illawarra	_____
4	37556 Calany Meyers		Albion Park	_____

**Event 12 Girls U 17 - 1500 Metre Run (4)****Saturday 14/12/2019 - 9:41 AM****Zone: 4:37.40 14/12/2013 Jessica Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37598 Georgia Richards		Kiama	_____
3	37535 Ruby McPhillips		Albion Park	_____
4	37648 Ruby Keen		Lake Illawarra	_____
5	37554 Keira-Lee Meyers		Albion Park	_____

**Event 13 Boys U 17 - 1500 Metre Run (2)****Saturday 14/12/2019 - 9:52 AM****Zone: 4:21.10 12/12/2015 Kade Szakaacs**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37570 Isaac Shaw		Albion Park	_____
3	37615 Tyson Schillert		Lake Illawarra	_____

**Event 14 Girls U 13 - 200 Metre Hurdles (68cm) (3)****Saturday 14/12/2019 - 10:03 AM****Zone: 29.70 12/12/2015 Zoe Chater**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37605 Isabelle Hodgson		Kiama	_____
3	37596 Amelia Weatherlake		Kiama	_____
4	37606 Ella Hewitt		Kiama	_____

**Event 15 Boys U 13 - 200 Metre Hurdles (68cm) (4)****Saturday 14/12/2019 - 10:07 AM****Zone: 28.50 12/12/2009 Jye Brooker**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37664 Reilly Caswell		Shoalhaven	_____
3	37585 Elias Oldfield		Kiama	_____
4	37575 Rhys O'Dea		Albion Park	_____
5	37592 Joshua Bender		Kiama	_____

**Event 16 Girls U 14 - 200 Metre Hurdles (76cm) (3)****Saturday 14/12/2019 - 10:11 AM****Zone: 28.50 28/01/2006 Janaya Zivkovic**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37617 Charli Ryan		Lake Illawarra	_____
3	37719 Laylah Connelly		St Georges Basin	_____
4	37665 Olivia Davis		Shoalhaven	_____

**Event 17 Boys U 14 - 200 Metre Hurdles (76cm) (1)****Saturday 14/12/2019 - 10:15 AM****Zone: 27.10 29/01/2011 Jye Brooker**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37567 Lucas Campbell		Albion Park	_____

**Event 18 Girls U 15 - 300 Metre Hurdles (76cm) (2)****Saturday 14/12/2019 - 10:19 AM****Zone: 51.20 10/12/2016 Teagan Berry**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37458 Imogen Harrison		Albion Park	_____
3	37616 Jada Schillert		Lake Illawarra	_____

**Event 19 Boys U 15 - 300 Metre Hurdles (76cm) (1)****Saturday 14/12/2019 - 10:23 AM****Zone: 48.30 10/12/2016 Thomas Power**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37713 Tsar Mandavy		St Georges Basin	_____

**Event 20 Girls U 17 - 300 Metre Hurdles (76cm) (3)****Saturday 14/12/2019 - 10:27 AM****Zone: 50.67 01/12/2018 Georgia Richards**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37573 Abby Cox		Albion Park	_____
3	37634 Taylah Hurst		Lake Illawarra	_____
4	37598 Georgia Richards		Kiama	_____

**Event 21 Boys U 17 - 300 Metre Hurdles (76cm) (3)****Saturday 14/12/2019 - 10:31 AM****Zone: 43.10 10/12/2016 Luke Hunter**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37615 Tyson Schillert		Lake Illawarra	_____
3	37570 Isaac Shaw		Albion Park	_____
4	37614 Joshua Gamble		Lake Illawarra	_____

**Event 22 Girls U 8 - 60 Metre Hurdles (45cm) (8)****Saturday 14/12/2019 - 10:35 AM****Zone: 11.70 13/12/2008 Shenay Edwards**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	8183 Violet Ellington		Lake Illawarra	_____
2	8492 Layla Bishop		St Georges Basin	_____
3	8440 Emerson Boatswain		Shoalhaven	_____
4	8168 Paige King		Lake Illawarra	_____
5	8387 Sophie Bull		Shoalhaven	_____
6	8212 Charlotte O'Neill		Lake Illawarra	_____
7	7867 Savannah Apps		Albion Park	_____
8	8546 Asher Haig		St Georges Basin	_____



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**Event 23 Boys U 8 - 60 Metre Hurdles (45cm) (8)****Saturday 14/12/2019 - 10:39 AM****Zone: 11.10 28/01/2006 Hayden Moon****Zone: 11.10 13/12/2008 Jarrod Coomby**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	8252 Harley Dibden		Lake Illawarra	_____
2	8386 Jackson Turner		Shoalhaven	_____
3	7936 Xaivier Wilson		Albion Park	_____
4	8551 Rory Swan		St Georges Basin	_____
5	8235 Ashton Jones		Lake Illawarra	_____
6	8491 Tye Bishop		St Georges Basin	_____
7	8366 Aidan McLaren		Shoalhaven	_____
8	7873 Gianni Oiteirinho		Albion Park	_____

**Event 24 Girls U 9 - 60 Metre Hurdles (45cm) (4)****Saturday 14/12/2019 - 10:43 AM****Zone: 10.30 13/12/2014 Delta Amidzovski**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8319 Victoria Hill		Shoalhaven	_____
3	7942 Chelsea Allit		Albion Park	_____
4	8148 Calai Dach		Lake Illawarra	_____
5	26580 Maizi Miniham		Euro Coast	_____

**Event 25 Boys U 9 - 60 Metre Hurdles (45cm) (7)****Saturday 14/12/2019 - 10:47 AM****Zone: 10.00 24/01/1998 Kane Linnett**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8067 Riley Bender		Kiama	_____
3	8245 Malachi Kirchberg		Lake Illawarra	_____
4	8082 Peter Gallenca		Kiama	_____
5	26547 Lucas Borg		Euro Coast	_____
6	8262 Khoen Hands		Lake Illawarra	_____
7	8010 Benji Davis		Kiama	_____
8	7874 Taj Miller		Albion Park	_____

**Event 26 Girls U 10 - 60 Metre Hurdles (60cm) (6)****Saturday 14/12/2019 - 10:51 AM****Zone: 10.60 12/12/2015 Delta Amidzovski**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7975 Amelia Bongiorno		Albion Park	_____
3	8162 Sophie Grono		Lake Illawarra	_____
4	7950 Ella Power		Albion Park	_____
5	8215 Maddyson Tramantano		Lake Illawarra	_____
6	7841 Aroua Bray		Albion Park	_____
7	8244 Isabella Clowes		Lake Illawarra	_____

**Event 27 Boys U 10 - 60 Metre Hurdles (60cm) (3)****Saturday 14/12/2019 - 10:55 AM****Zone: 10.40 12/12/2009 Tristan Brazilaitis**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8550 Jake Swan		St Georges Basin	_____
3	8417 Taj Goddard		Shoalhaven	_____
4	8503 Jayden Borghi		St Georges Basin	_____

**Event 28 Boys U 7 - 100 Metre Sprint (9)****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 14/12/2019 - 11:03 AM****Zone: 15.60 12/12/2015 Germaine Wright**

Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
2	8305 Christian Mastroanna		Lake Illawarra	_____
3	8313 Riley Sandstrom		Shoalhaven	_____
4	7899 Jackson Hutchinson		Albion Park	_____
5	8329 Ryan Mayhaireh		Shoalhaven	_____
6	7875 Kai Miller		Albion Park	_____

**Heat 2 of 2 Heats**

2	27505 Brax Betts		Shoalhaven	_____
3	7836 Lucas Gill-Gomes		Albion Park	_____
4	8336 Flynn O'Mullane		Shoalhaven	_____
5	8233 Izaak Wells		Lake Illawarra	_____

**Event 29 Boys U 13 - 100 Metre Sprint (12)****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 14/12/2019 - 11:11 AM****Zone: 12.50 28/01/1995 Henderson McCue****Zone: 12.50 10/12/2011 Zachary Havadjia**

Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
2	37592 Joshua Bender		Kiama	_____
3	37538 Mackay Jones		Albion Park	_____
4	37629 Joshua Hosking		Lake Illawarra	_____
5	37585 Elias Oldfield		Kiama	_____
6	37568 Riley Witt		Albion Park	_____
7	37699 Cade Chapman		Shoalhaven	_____

**Heat 2 of 2 Heats**

2	37630 Dylan Hardy		Lake Illawarra	_____
3	37742 Jett Kingma		St Georges Basin	_____
4	37678 Micah Proctor		Shoalhaven	_____
5	45323 Cooper Deegan		Kiama	_____
6	37534 Lexin O'Dea		Albion Park	_____
7	37718 Tyler Carey		St Georges Basin	_____

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**Event 30 Boys U 10 - 100 Metre Sprint (9)****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 14/12/2019 - 11:19 AM****Zone: 13.10 26/01/1980 David Carter**

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

2	7881 Tyson Ling		Albion Park	_____
3	28973 Tyler Davis		Milton-Ulladulla	_____
4	26546 Jacob Borg		Euro Coast	_____
5	7970 Daniel Martin		Albion Park	_____
6	7996 Stephen Alfano		Kiama	_____

**Heat 2 of 2 Heats**

2	7967 Austin Craig		Albion Park	_____
3	8503 Jayden Borghi		St Georges Basin	_____
4	8356 Dean Austin		Shoalhaven	_____
5	8550 Jake Swan		St Georges Basin	_____

**Event 31 Girls U 11 - 100 Metre Sprint (9)****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 14/12/2019 - 11:27 AM****Zone: 13.10 26/01/1980 Kerry Reko**

Lane	Name	Age	Centre	Seed Time
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**Heat 1 of 2 Heats**

2	8306 Grace Stevens		Shoalhaven	_____
3	7987 Sian Heidtman		Albion Park	_____
4	8214 Naomi Miller		Lake Illawarra	_____
5	8059 Claire Vogelaar		Kiama	_____
6	28972 Mia Davis		Milton-Ulladulla	_____

**Heat 2 of 2 Heats**

2	8213 Lily O'Neill		Lake Illawarra	_____
3	8427 Olivia Knowles		Shoalhaven	_____
4	8518 Haylee Connelly		St Georges Basin	_____
5	7952 Sienna Allitt		Albion Park	_____

**Event 32 Girls U 13 - 400 Metre Sprint (7)****Saturday 14/12/2019 - 11:31 AM****Zone: 1:01.23 01/12/2018 Chelsea Ezeoke**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

2	37734 Kara Heckenberg		St Georges Basin	_____
3	37530 Kyra Martin		Albion Park	_____
4	37591 Tanna Watters		Kiama	_____
5	37555 Lara Thompson		Albion Park	_____
6	44527 Ella Colusso		Milton-Ulladulla	_____
7	37540 Ava Power		Albion Park	_____
8	37663 Mia Stevens		Shoalhaven	_____

**Event 33 Boys U 13 - 400 Metre Sprint (8)****Saturday 14/12/2019 - 11:36 AM****Zone: 59.80 10/12/2011 Zachary Havadjia**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

1	37629 Joshua Hosking		Lake Illawarra	_____
2	37534 Lexin O'Dea		Albion Park	_____
3	37585 Elias Oldfield		Kiama	_____
4	37539 Macleay Kesby		Albion Park	_____
5	37664 Reilly Caswell		Shoalhaven	_____
6	37538 Mackay Jones		Albion Park	_____
7	37718 Tyler Carey		St Georges Basin	_____
8	37541 Izak Van De Merwe		Albion Park	_____

**Event 34 Girls U 14 - 400 Metre Sprint (5)****Saturday 14/12/2019 - 11:41 AM****Zone: 1:01.40 10/12/2011 Susie Seitaridis**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

2	37577 Tayissa Buchanan		Albion Park	_____
3	37693 Nakita Boatswain		Shoalhaven	_____
4	37561 Chelsea Ezeoke		Albion Park	_____
5	37719 Laylah Connelly		St Georges Basin	_____
6	37571 Olivia Wishart		Albion Park	_____

**Event 35 Boys U 14 - 400 Metre Sprint (5)****Saturday 14/12/2019 - 11:46 AM****Zone: 55.50 08/12/2012 Zachary Havadjia**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

2	37706 Oscar Tunney-Roberts		Shoalhaven	_____
3	37559 Byron Ling		Albion Park	_____
4	44785 Kade Dhu		Shoalhaven	_____
5	44378 Vaughn Gilligan		Euro Coast	_____
6	37567 Lucas Campbell		Albion Park	_____

**Event 36 Girls U 15 - 400 Metre Sprint (7)****Saturday 14/12/2019 - 11:51 AM****Zone: 59.90 08/12/2012 Susie Seitaridis**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

2	37632 Emily Strecker		Lake Illawarra	_____
3	37531 Jordyn Martin		Albion Park	_____
4	37717 Reilly Carey		St Georges Basin	_____
5	44783 Emma Whitehouse		Shoalhaven	_____
6	37581 Eliza Schweitzer		Kiama	_____
7	37616 Jada Schillert		Lake Illawarra	_____
8	37458 Imogen Harrison		Albion Park	_____

**Event 37 Boys U 15 - 400 Metre Sprint (2)****Saturday 14/12/2019 - 11:56 AM****Zone: 55.10 14/12/2013 Zachary Havadjia**

Lane	Name	Age	Centre	Seed Time
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**Section 1 of 1 Final**

2	45322 Cohen Deegan		Kiama	_____
3	37716 Louis Losurdo		St Georges Basin	_____

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**Event 38 Girls U 17 - 400 Metre Sprint (4)****Saturday 14/12/2019 - 12:01 AM****Zone: 1:00.30 12/12/2015 Kiara White**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37554 Keira-Lee Meyers		Albion Park	_____
3	37598 Georgia Richards		Kiama	_____
4	37535 Ruby McPhillips		Albion Park	_____
5	37569 Ashleigh Goncalves		Albion Park	_____

**Event 39 Boys U 17 - 400 Metre Sprint (2)****Saturday 14/12/2019 - 12:06 AM****Zone: 52.70 08/12/2012 Billy Wallington**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37615 Tyson Schillert		Lake Illawarra	_____
3	37644 Jonathon Carmody		Lake Illawarra	_____

**Event 40 Girls U 8 - 400 Metre Sprint (5)****Saturday 14/12/2019 - 12:11 AM****Zone: 1:17.40 27/01/2001 Paige Fenech**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8546 Asher Haig		St Georges Basin	_____
3	7973 Madelynne Dowel		Albion Park	_____
4	8183 Violet Ellington		Lake Illawarra	_____
5	7867 Savannah Apps		Albion Park	_____
6	7888 Peyton Thompson		Albion Park	_____

**Event 41 Boys U 8 - 400 Metre Sprint (8)****Saturday 14/12/2019 - 12:16 AM****Zone: 1:16.10 13/12/2008 Mitchell Potts**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	8189 William Tebbutt		Lake Illawarra	_____
2	7873 Gianni Oiteirinho		Albion Park	_____
3	8331 Macarthur Davis		Shoalhaven	_____
4	8235 Ashton Jones		Lake Illawarra	_____
5	7914 Jacob Lakeman		Albion Park	_____
6	8351 Zai Roberts		Shoalhaven	_____
7	8170 Rory Brownlee		Lake Illawarra	_____
8	7936 Xavier Wilson		Albion Park	_____

**Event 42 Girls U 9 - 400 Metre Sprint (6)****Saturday 14/12/2019 - 12:21 AM****Zone: 1:12.10 29/01/1983 Lisa Baldwin**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8187 Maddison McWilliams		Lake Illawarra	_____
3	8307 Airlie Stevens		Shoalhaven	_____
4	7892 Sidney Bartle		Albion Park	_____
5	8319 Victoria Hill		Shoalhaven	_____
6	7897 Ella-Rae McGregor		Albion Park	_____
7	8428 Hallie Knowles		Shoalhaven	_____

**Event 43 Boys U 9 - 400 Metre Sprint (6)****Saturday 14/12/2019 - 12:26 AM****Zone: 1:12.00 24/01/1984 Brett Stumbles**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7870 Jackson Fraser		Albion Park	_____
3	27108 Kyle Smith		Milton-Ulladulla	_____
4	8068 Jayce Watters		Kiama	_____
5	8239 Sonny Cocksedge		Lake Illawarra	_____
6	8082 Peter Gallenca		Kiama	_____
7	8245 Malachi Kirchberg		Lake Illawarra	_____

**Event 44 Girls U 10 - 400 Metre Sprint (8)****Saturday 14/12/2019 - 12:31 AM****Zone: 1:10.30 25/01/2003 Paige Fenech**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	8244 Isabella Clowes		Lake Illawarra	_____
2	8330 Elizabeth Davis		Shoalhaven	_____
3	7965 Ruby Kerr		Albion Park	_____
4	8335 Elsie Proctor		Shoalhaven	_____
5	8191 Layla Markovski		Lake Illawarra	_____
6	8309 Myra Betts		Shoalhaven	_____
7	7878 Chelsea Nicol		Albion Park	_____
8	8009 Josie Cunningham		Kiama	_____

**Event 45 Boys U 10 - 400 Metre Sprint (6)****Saturday 14/12/2019 - 12:36 AM****Zone: 1:06.10 24/01/1987 Steven Pusso**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7967 Austin Craig		Albion Park	_____
3	8503 Jayden Borghi		St Georges Basin	_____
4	7970 Daniel Martin		Albion Park	_____
5	28973 Tyler Davis		Milton-Ulladulla	_____
6	8160 Ryder Haines		Lake Illawarra	_____
7	7881 Tyson Ling		Albion Park	_____

**Event 46 Girls U 11 - 400 Metre Sprint (9)****Saturday 14/12/2019 - 12:46 AM****Zone: 1:04.10 31/01/2004 Paige Fenech**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 2 Final</b>				
2	8163 Madison Oscroft		Lake Illawarra	_____
3	8347 Bronte Galvin		Shoalhaven	_____
4	8214 Naomi Miller		Lake Illawarra	_____
5	8027 Maiya Hewitt		Kiama	_____
6	7910 Amber Potts		Albion Park	_____
<b>Section 2 of 2 Final</b>				
2	8518 Haylee Connelly		St Georges Basin	_____
3	8306 Grace Stevens		Shoalhaven	_____
4	7987 Sian Heidtman		Albion Park	_____
5	8318 Evelyn Hill		Shoalhaven	_____

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**Event 47 Boys U 11 - 400 Metre Sprint (3)****Saturday 14/12/2019 - 12:51 AM****Zone: 1:04.10 24/01/1981 Simon Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7890 Tyler Campbell		Albion Park	_____
3	8097 Isaac Oldfield		Kiama	_____
4	7902 Harrison Leavesley		Albion Park	_____

**Event 48 Girls U 12 - 400 Metre Sprint (3)****Saturday 14/12/2019 - 12:56 AM****Zone: 1:04.80 30/01/1993 Kelly Hannett****Zone: 1:04.80 29/01/2005 Paige Fenech**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37613 Abby Quick		Lake Illawarra	_____
3	37590 Malia Cummins		Kiama	_____
4	37553 Zoe Meyers		Albion Park	_____

**Event 49 Boys U 12 - 400 Metre Sprint (6)****Saturday 14/12/2019 - 1:01 PM****Zone: 1:03.10 30/01/1982 Simon Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37687 Jett Goddard		Shoalhaven	_____
3	37565 Harry Fraser		Albion Park	_____
4	37610 Max Boniface		Kiama	_____
5	37548 Joshua Lakeman		Albion Park	_____
6	37651 Harry Andersen		Lake Illawarra	_____
7	45317 Zander Robinson		Kiama	_____

**Event 50 Girls U 7 - 100 Metre Sprint (8)****Saturday 14/12/2019 - 1:06 PM****Zone: 16.10 30/01/1982 Belinda Ruiz**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	8580 Evalyn Norris		St Georges Basin	_____
2	8384 Kenzie Robinson		Shoalhaven	_____
3	7932 Amelia Elphick		Albion Park	_____
4	8504 Mia Borghi		St Georges Basin	_____
5	7845 Starlet O'Dea		Albion Park	_____
6	8547 Avani Swan		St Georges Basin	_____
7	8151 Ayla York		Lake Illawarra	_____
8	7889 Macey Owen		Albion Park	_____

**Event 52 Girls U 13 - 100 Metre Sprint (4)****Saturday 14/12/2019 - 1:12 PM****Zone: 12.90 12/12/2015 Zoe Chater**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37605 Isabelle Hodgson		Kiama	_____
3	37560 Krystal Ezeoke		Albion Park	_____
4	37596 Amelia Weatherlake		Kiama	_____
5	37663 Mia Stevens		Shoalhaven	_____

**Event 54 Girls U 14 - 100 Metre Sprint (5)****Saturday 14/12/2019 - 1:18 PM****Zone: 12.90 10/12/2016 Zoe Chater**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37665 Olivia Davis		Shoalhaven	_____
3	37562 Lauren Clancy		Albion Park	_____
4	37611 Mischa Boniface		Kiama	_____
5	37571 Olivia Wishart		Albion Park	_____
6	37561 Chelsea Ezeoke		Albion Park	_____

**Event 55 Boys U 14 - 100 Metre Sprint (1)****Saturday 14/12/2019 - 1:21 PM****Zone: 11.80 29/01/2011 Jye Brooker**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37567 Lucas Campbell		Albion Park	_____

**Event 56 Girls U 15 - 100 Metre Sprint (7)****Saturday 14/12/2019 - 1:24 PM****Zone: 12.50 28/01/1995 Skye Richardson****Zone: 12.50 29/01/2000 Lianna Braithwaite**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37581 Eliza Schweitzer		Kiama	_____
3	37717 Reilly Carey		St Georges Basin	_____
4	37616 Jada Schillert		Lake Illawarra	_____
5	37458 Imogen Harrison		Albion Park	_____
6	37668 Akala Miller		Shoalhaven	_____
7	37580 Sienna Bell		Kiama	_____
8	37736 Keira Watt		St Georges Basin	_____

**Event 57 Girls U 15-17 100 Metre Multi Class Run (1)****Saturday 14/12/2019 - 1:24 PM**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37536 Ashleigh Ryder (T/F37)		Albion Park	_____

**Event 58 Boys U 15 - 100 Metre Sprint (2)****Saturday 14/12/2019 - 1:27 PM****Zone: 11.50 12/12/2009 Brodie Leeson**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	45322 Cohen Deegan		Kiama	_____
3	37716 Louis Losurdo		St Georges Basin	_____

**Event 59 Boys U 15-17 100 Metre Multi Class Run (1)****Saturday 14/12/2019 - 1:27 PM**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37674 Brock Miller (T/F20)		Shoalhaven	_____

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**Event 60 Girls U 17 - 100 Metre Sprint (3)****Saturday 14/12/2019 - 1:30 PM****Zone: 12.00 12/12/2009 Talissa Scott**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37569 Ashleigh Goncalves		Albion Park	_____
3	44526 Lauren Percival		Milton-Ulladulla	_____
4	37573 Abby Cox		Albion Park	_____

**Event 61 Boys U 17 - 100 Metre Sprint (1)****Saturday 14/12/2019 - 1:33 PM****Zone: 11.10 12/12/2015 Emerson Brian****Zone: 11.10 29/01/2011 Brodie Leeson**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37564 Dylan Clarke		Albion Park	_____

**Event 62 Girls U 8 - 100 Metre Sprint (5)****Saturday 14/12/2019 - 1:36 PM****Zone: 16.00 26/01/1980 K Taylor**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7867 Savannah Apps		Albion Park	_____
3	8183 Violet Ellington		Lake Illawarra	_____
4	8387 Sophie Bull		Shoalhaven	_____
5	8492 Layla Bishop		St Georges Basin	_____
6	8200 Starr Cooper		Lake Illawarra	_____

**Event 63 Boys U 8 - 100 Metre Sprint (4)****Saturday 14/12/2019 - 1:39 PM****Zone: 15.10 30/01/1982 Matthew Dalby**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8551 Rory Swan		St Georges Basin	_____
3	8252 Harley Dibden		Lake Illawarra	_____
4	8351 Zai Roberts		Shoalhaven	_____
5	8491 Tye Bishop		St Georges Basin	_____

**Event 64 Girls U 9 - 100 Metre Sprint (4)****Saturday 14/12/2019 - 1:42 PM****Zone: 15.10 28/01/1984 Belinda Ruiz**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8187 Maddison McWilliams		Lake Illawarra	_____
3	8428 Hallie Knowles		Shoalhaven	_____
4	26580 Maizi Minihan		Euro Coast	_____
5	7942 Chelsea Allit		Albion Park	_____

**Event 65 Boys U 9 - 100 Metre Sprint (8)****Saturday 14/12/2019 - 1:45 PM****Zone: 14.10 30/01/1982 David Gillis****Zone: 14.10 25/01/1986 Steven Russo**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	7874 Taj Miller		Albion Park	_____
2	8167 Zak Schillert		Lake Illawarra	_____
3	8067 Riley Bender		Kiama	_____
4	7856 Jake Witt		Albion Park	_____
5	26547 Lucas Borg		Euro Coast	_____
6	8262 Khoen Hands		Lake Illawarra	_____
7	8010 Benji Davis		Kiama	_____
8	8205 Beau Lidbetter		Lake Illawarra	_____

**Event 66 Girls U 10 - 100 Metre Sprint (7)****Saturday 14/12/2019 - 1:48 PM****Zone: 14.10 25/01/1986 S Gown****Zone: 14.10 28/01/2006 Shayna Wilson**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7898 Mackenzie Hutchinson		Albion Park	_____
3	8377 Amarli Robinson		Shoalhaven	_____
4	7965 Ruby Kerr		Albion Park	_____
5	8169 Ellie King		Lake Illawarra	_____
6	8367 Heidi McLaren		Shoalhaven	_____
7	7950 Ella Power		Albion Park	_____
8	8358 Rose Atkins		Shoalhaven	_____

**Event 69 Boys U 11 - 100 Metre Sprint (3)****Saturday 14/12/2019 - 1:57 PM****Zone: 13.00 29/01/2000 Kane Linnett**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8548 Riley Haig		St Georges Basin	_____
3	8460 Asher Chapman		Shoalhaven	_____
4	8256 Aidan Williams		Lake Illawarra	_____

**Event 70 Boys U 11-12 100 Metre Multi Class Run (1)****Saturday 14/12/2019 - 1:57 PM**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37670 Kynan Miller (T/F44)		Shoalhaven	_____

**Event 71 Girls U 12 - 100 Metre Sprint (5)****Saturday 14/12/2019 - 2:00 PM****Zone: 13.10 27/01/1979 Kim Wilson****Zone: 13.10 28/01/2006 Abbie Taddeo**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37544 Jessica Kable		Albion Park	_____
3	37666 Elysha Davis		Shoalhaven	_____
4	37579 Lily Bell		Kiama	_____
5	37697 Ella Post		Shoalhaven	_____
6	37532 Charlotte Kerr		Albion Park	_____

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**Event 72 Boys U 12 - 100 Metre Sprint (6)****Saturday 14/12/2019 - 2:03 PM****Zone: 12.70 28/01/2006 Caine Trindall**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37651 Harry Andersen		Lake Illawarra	_____
3	44523 Ryan Farr		Milton-Ulladulla	_____
4	37681 Jeremiah Galvin		Shoalhaven	_____
5	37548 Joshua Lakeman		Albion Park	_____
6	37652 Jack Andersen		Lake Illawarra	_____
7	37550 Germaine Wright		Albion Park	_____

**Event 73 Girls U 7 - 50 Metre Sprint (6)****Saturday 14/12/2019 - 2:06 PM****Zone: 9.00 12/12/2015 Lily Bell****Zone: 9.00 09/12/2017 Ginger Siasat**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7845 Starlet O'Dea		Albion Park	_____
3	8504 Mia Borghi		St Georges Basin	_____
4	8384 Kenzie Robinson		Shoalhaven	_____
5	7932 Amelia Elphick		Albion Park	_____
6	8204 Hannah Lidbetter		Lake Illawarra	_____
7	8547 Avani Swan		St Georges Basin	_____

**Event 74 Boys U 7 - 50 Metre Sprint (7)****Saturday 14/12/2019 - 2:09 PM****Zone: 8.60 12/12/2015 Asher Chapman**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8233 Izaak Wells		Lake Illawarra	_____
3	8329 Ryan Mayhaireh		Shoalhaven	_____
4	7875 Kai Miller		Albion Park	_____
5	8336 Flynn O'Mullane		Shoalhaven	_____
6	7929 Oscar Van Der Merwe		Albion Park	_____
7	8385 Riley Bertholini		Shoalhaven	_____
8	8305 Christian Mastroanna		Lake Illawarra	_____

**Event 75 Girls U 13 - 3000 Metre Run (3)****Saturday 14/12/2019 - 2:11 PM****Zone: 10:58.30 12/12/2009 Jessica Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37530 Kyra Martin		Albion Park	_____
3	37631 Sienna Strecker		Lake Illawarra	_____
4	37734 Kara Heckenberg		St Georges Basin	_____

**Event 76 Boys U 13 - 3000 Metre Run (4)****Saturday 14/12/2019 - 2:26 PM****Zone: 10:28.20 08/12/2012 Troy Whittington**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37539 Macleay Kesby		Albion Park	_____
3	37676 Darcy Davis		Shoalhaven	_____
4	45323 Cooper Deegan		Kiama	_____
5	37684 Hamish McLaren		Shoalhaven	_____

**Event 77 Girls U 14 - 3000 Metre Run (1)****Saturday 14/12/2019 - 2:11 PM****Zone: 11:02.20 28/01/1995 T Moxham**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37617 Charli Ryan		Lake Illawarra	_____

**Event 78 Boys U 14 - 3000 Metre Run (2)****Saturday 14/12/2019 - 2:26 PM****Zone: 10:00.80 31/01/2004 Ryan Gregson**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37559 Byron Ling		Albion Park	_____
3	44785 Kade Dhu		Shoalhaven	_____

**Event 79 Girls U 15 - 3000 Metre Run (2)****Saturday 14/12/2019 - 2:11 PM****Zone: 10:31.00 10/12/2011 Jessica Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37556 Calany Meyers		Albion Park	_____
3	37531 Jordyn Martin		Albion Park	_____

**Event 80 Boys U 15 - 3000 Metre Run (1)****Saturday 14/12/2019 - 2:26 PM****Zone: 9:57.00 29/01/2005 Ryan Gregson**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	45322 Cohen Deegan		Kiama	_____

**Event 81 Girls U 17 - 3000 Metre Run (3)****Saturday 14/12/2019 - 2:11 PM****Zone: 10:01.50 14/12/2013 Jessica Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37535 Ruby McPhillips		Albion Park	_____
3	37648 Ruby Keen		Lake Illawarra	_____
4	37554 Keira-Lee Meyers		Albion Park	_____

**Event 82 Boys U 17 - 3000 Metre Run (3)****Saturday 14/12/2019 - 2:26 PM****Zone: 9:33.50 12/12/2015 James Seal**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37615 Tyson Schillert		Lake Illawarra	_____
3	37570 Isaac Shaw		Albion Park	_____
4	37644 Jonathon Carmody		Lake Illawarra	_____

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**Session Report**

Session: 2 Saturday Field Events

Day 1 - Saturday 14/12/2019 - Starts at 09:15 AM

<b>Event</b>		<b>Round</b>
9:15 AM	#1 Girls U 9 - High Jump (S/H 0.80m)	Final
9:43 AM	#2 Girls U 15 - High Jump (S/H 1.20m)	Final
9:15 AM	#3 Boys U 15 - Long Jump	Final
9:15 AM	#4 Boys U 15-17 Multi Class Long Jump	Final
9:15 AM	#5 Girls U 14 - Long Jump	Final
9:43 AM	#6 Girls U 17 - Triple Jump	Final
9:15 AM	#7 Boys U 9 - Discus (500 Gram)	Final
9:15 AM	#8 Boys U 14 - Discus (1.0 Kg)	Final
9:15 AM	#9 Girls U 11 - Shot Put (2.0 Kg)	Final
9:24 AM	#10 Boys U 17 - Shot Put (5.0 Kg)	Final
9:57 AM	#11 Boys U 10 - High Jump (S/H 0.95m)	Final
10:25 AM	#12 Girls U 13 - High Jump (S/H 1.15m)	Final
9:36 AM	#13 Girls U 10 - Long Jump	Final
10:01 AM	#14 Boys U 11 - Long Jump	Final
10:01 AM	#15 Boys U 11-12 Multi Class Long Jump	Final
10:32 AM	#16 Girls U 12 - Triple Jump	Final
10:15 AM	#17 Boys U 12 - Discus (750 Gram)	Final
9:35 AM	#18 Girls U 8 - Discus (500 Gram)	Final
9:33 AM	#19 Girls U 7 - Shot Put (1.0 Kg)	Final
9:51 AM	#20 Boys U 8 - Shot Put (1.5 Kg)	Final
10:09 AM	#21 Boys U 13 - Javelin (600 Gram)	Final
11:00 AM	#22 Girls U 17 - High Jump (S/H 1.25m)	Final
11:21 AM	#23 Girls U 11 - High Jump (S/H 1.00m)	Final
10:57 AM	#24 Boys U 9 - Long Jump	Final
10:56 AM	#25 Boys U 17 - Long Jump	Final
12:07 PM	#26 Boys U 14 - Triple Jump	Final
10:45 AM	#27 Boys U 7 - Discus (350 Gram)	Final
10:35 AM	#28 Girls U 15 - Discus (1.0 Kg)	Final
10:35 AM	#29 Girls U 15-17 Multi Class Discus	Final
10:58 AM	#30 Girls U 9 - Shot Put (2.0 Kg)	Final
11:16 AM	#31 Boys U 15 - Shot Put (4.0 Kg)	Final
11:16 AM	#32 Boys U 15-17 Multi Class Shot Put	Final
11:19 AM	#33 Girls U 14 - Javelin (400 Gram)	Final
11:42 AM	#34 Girls U 12 - High Jump (S/H 1.10m)	Final
11:10 AM	#35 Girls U 8 - Long Jump	Final
12:13 PM	#36 Boys U 12 - Long Jump	Final
12:20 PM	#37 Boys U 13 - Triple Jump	Final
11:55 AM	#38 Girls U 10 - Discus (500 Gram)	Final
11:47 AM	#39 Boys U 10 - Shot Put (2.0 Kg)	Final
12:02 PM	#40 Girls U 13 - Shot Put (3.0 Kg)	Final
12:02 PM	#41 Girls U 13-14 Multi Class Shot Put	Final
12:05 PM	#42 Boys U 11 - Javelin (400 Gram)	Final
1:09 PM	#43 Boys U 8 - Long Jump	Final
1:26 PM	#44 Girls U 13 - Long Jump	Final
1:51 PM	#45 Girls U 15 - Triple Jump	Final
11:15 AM	#46 Girls U 17 - Discus (1.0 Kg)	Final

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**Session Report**

Session: 2 Saturday Field Events  
Day 1 - Saturday 14/12/2019 - Starts at 09:15 AM

<b>Event</b>		<b>Round</b>
1:08 PM	#47 Girls U 14 - Shot Put (3.0 Kg)	Final
1:17 PM	#48 Boys U 15 - Javelin (700 Gram)	Final
2:29 PM	#49 Girls U 11 - Triple Jump	Final
1:25 PM	#50 Boys U 11 - Discus 500 Gram)	Final
1:25 PM	#51 Boys U 11-12 Multi Class Discus	Final
1:38 PM	#52 Girls U 12 - Shot Put (2.0 Kg)	Final
1:59 PM	#53 Boys U 17 - Javelin (700 Gram)	Final
11:45 AM	#54 Boys U 13 - Discus (750 Gram)	Final
2:27 PM	#55 Boys U 12 - Javelin (400 Gram)	Final



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**Event 1 Girls U 9 - High Jump (S/H 0.80m) (4)****Saturday 14/12/2019 - 9:15 AM****Zone:** 1.14m 30/01/1982 Raylene Mullaney**Zone:** 1.14m 01/12/2018 Chelsea Nicol

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	26580 Maizi Minihan		Euro Coast	_____
2	8409 Indigo Price		Shoalhaven	_____
3	8307 Airlie Stevens		Shoalhaven	_____
4	7942 Chelsea Allit		Albion Park	_____

**Event 2 Girls U 15 - High Jump (S/H 1.20m) (2)****Saturday 14/12/2019 - 9:43 AM****Zone:** 1.65m 13/12/2008 Tayla King**Zone:** 1.65m 14/12/2013 Celeste Sulerzyski

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37580 Sienna Bell		Kiama	_____
2	37628 Hannah Hosking		Lake Illawarra	_____

**Event 3 Boys U 15 - Long Jump (3)****Saturday 14/12/2019 - 9:15 AM****Zone:** 6.11m 27/01/2007 Kevin Orgaz

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37716 Louis Losurdo		St Georges Basin	_____
2	37641 Ryan Keen		Lake Illawarra	_____
3	37713 Tsar Mandavy		St Georges Basin	_____

**Event 4 Boys U 15-17 Multi Class Long Jump (1)****Saturday 14/12/2019 - 9:15 AM**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37674 Brock Miller (T/F20)		Shoalhaven	_____

**Event 5 Girls U 14 - Long Jump (3)****Saturday 14/12/2019 - 9:15 AM****Zone:** 5.39m 26/01/2008 Tayla King

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37562 Lauren Clancy		Albion Park	_____
2	37561 Chelsea Ezeoke		Albion Park	_____
3	37611 Mischa Boniface		Kiama	_____

**Event 6 Girls U 17 - Triple Jump (3)****Saturday 14/12/2019 - 9:43 AM****Zone:** 11.39m 14/12/2008 Talissa Scott

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37598 Georgia Richards		Kiama	_____
2	37648 Ruby Keen		Lake Illawarra	_____
3	37640 Madison Callaway		Lake Illawarra	_____

**Event 7 Boys U 9 - Discus (500 Gram) (6)****Saturday 14/12/2019 - 9:15 AM****Zone:** 29.67m 14/12/2014 Ryan Keen

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	8245 Malachi Kirchberg		Lake Illawarra	_____
2	8010 Benji Davis		Kiama	_____
3	8068 Jayce Watters		Kiama	_____
4	8147 Thomas Gowans		Lake Illawarra	_____
5	7874 Taj Miller		Albion Park	_____
6	8205 Beau Lidbetter		Lake Illawarra	_____

**Event 8 Boys U 14 - Discus (1.0 Kg) (2)****Saturday 14/12/2019 - 9:15 AM****Zone:** 45.23m 08/12/2012 Connar Grozde

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37695 Max Beck		Shoalhaven	_____
2	44785 Kade Dhu		Shoalhaven	_____

**Event 9 Girls U 11 - Shot Put (2.0 Kg) (6)****Saturday 14/12/2019 - 9:15 AM****Zone:** 11.47m 10/12/2016 Chelsea Ezeoke

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	8499 Isabelle Reader		St Georges Basin	_____
2	8213 Lily O'Neill		Lake Illawarra	_____
3	8493 Kadance Naylor		St Georges Basin	_____
4	8343 Mia O'Mullane		Shoalhaven	_____
5	7909 Kalani Green		Albion Park	_____
6	7910 Amber Potts		Albion Park	_____

**Event 10 Boys U 17 - Shot Put (5.0 Kg) (3)****Saturday 14/12/2019 - 9:24 AM****Zone:** 13.18m 08/12/2012 Joshua Fernandes

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37618 Mathew Hutchison		Lake Illawarra	_____
2	37564 Dylan Clarke		Albion Park	_____
3	37612 Jude Basnet		Kiama	_____

**Event 11 Boys U 10 - High Jump (S/H 0.95m) (4)****Saturday 14/12/2019 - 9:57 AM****Zone:** 1.42m 31/01/1982 Glen Morante

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	7996 Stephen Alfano		Kiama	_____
2	8503 Jayden Borghi		St Georges Basin	_____
3	7970 Daniel Martin		Albion Park	_____
4	8550 Jake Swan		St Georges Basin	_____

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**Event 12 Girls U 13 - High Jump (S/H 1.15m) (5)****Saturday 14/12/2019 - 10:25 AM****Zone: 1.56m 27/01/2007 Tayla King**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37591 Tanna Watters		Kiama	_____
2	37540 Ava Power		Albion Park	_____
3	37593 Audrey Terry		Kiama	_____
4	37625 Olivia O'Neill		Lake Illawarra	_____
5	37663 Mia Stevens		Shoalhaven	_____

**Event 13 Girls U 10 - Long Jump (8)****Saturday 14/12/2019 - 9:36 AM****Zone: 4.31m 12/12/2015 Delta Amidzovski**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	8162 Sophie Grono		Lake Illawarra	_____
2	8230 Tauris Ivanovski		Lake Illawarra	_____
3	8377 Amarli Robinson		Shoalhaven	_____
4	8169 Ellie King		Lake Illawarra	_____
5	8358 Rose Atkins		Shoalhaven	_____
6	7841 Aroua Bray		Albion Park	_____
7	8335 Elsie Proctor		Shoalhaven	_____
8	8244 Isabella Clowes		Lake Illawarra	_____

**Event 14 Boys U 11 - Long Jump (7)****Saturday 14/12/2019 - 10:01 AM****Zone: 4.89m 25/01/2003 Kevin Orgaz**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	8256 Aidan Williams		Lake Illawarra	_____
2	8395 Riley Moore		Shoalhaven	_____
3	27124 Phoenix Williams		Milton-Ulladulla	_____
4	26568 Selby Johnston		Euro Coast	_____
5	7953 Max Van Der Merwe		Albion Park	_____
6	8460 Asher Chapman		Shoalhaven	_____
7	8190 James Tebbutt		Lake Illawarra	_____

**Event 15 Boys U 11-12 Multi Class Long Jump (1)****Saturday 14/12/2019 - 10:01 AM**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37670 Kynan Miller (T/F44)		Shoalhaven	_____

**Event 16 Girls U 12 - Triple Jump (4)****Saturday 14/12/2019 - 10:32 AM****Zone: 10.52m 13/12/2009 Chloe Docker**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37590 Malia Cummins		Kiama	_____
2	37697 Ella Post		Shoalhaven	_____
3	37579 Lily Bell		Kiama	_____
4	37626 Aleisha McGarry		Lake Illawarra	_____

**Event 17 Boys U 12 - Discus (750 Gram) (3)****Saturday 14/12/2019 - 10:15 AM****Zone: 40.39m 13/12/2014 Trey Barlow**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37620 Parker Ivanovski		Lake Illawarra	_____
2	37523 Scott Colwell		Albion Park	_____
3	37548 Joshua Lakeman		Albion Park	_____

**Event 18 Girls U 8 - Discus (500 Gram) (6)****Saturday 14/12/2019 - 9:35 AM****Zone: 20.00m 27/01/2001 Talissa Scott**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	7973 Madelynne Dowel		Albion Park	_____
2	8440 Emerson Boatswain		Shoalhaven	_____
3	8492 Layla Bishop		St Georges Basin	_____
4	26598 Harper Lasscock		Euro Coast	_____
5	8212 Charlotte O'Neill		Lake Illawarra	_____
6	8168 Paige King		Lake Illawarra	_____

**Event 19 Girls U 7 - Shot Put (1.0 Kg) (6)****Saturday 14/12/2019 - 9:33 AM****Zone: 6.97m 27/01/1991 Belinda Jackson**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	8188 Brooklyn McWilliams		Lake Illawarra	_____
2	8504 Mia Borghi		St Georges Basin	_____
3	8384 Kenzie Robinson		Shoalhaven	_____
4	7845 Starlet O'Dea		Albion Park	_____
5	8547 Avani Swan		St Georges Basin	_____
6	8204 Hannah Lidbetter		Lake Illawarra	_____

**Event 20 Boys U 8 - Shot Put (1.5 Kg) (6)****Saturday 14/12/2019 - 9:51 AM****Zone: 8.98m 27/01/2001 Joel Fitness**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	8366 Aidan McLaren		Shoalhaven	_____
2	8331 Macarthur Davis		Shoalhaven	_____
3	8491 Tye Bishop		St Georges Basin	_____
4	8386 Jackson Turner		Shoalhaven	_____
5	8551 Rory Swan		St Georges Basin	_____
6	7914 Jacob Lakeman		Albion Park	_____

**Event 21 Boys U 13 - Javelin (600 Gram) (7)****Saturday 14/12/2019 - 10:09 AM****Zone: 40.44m 28/01/2006 Justin Webb**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37541 Izak Van De Merwe		Albion Park	_____
2	37699 Cade Chapman		Shoalhaven	_____
3	37114 Brooklyn Mandavy		St Georges Basin	_____
4	37742 Jett Kingma		St Georges Basin	_____
5	37585 Elias Oldfield		Kiama	_____
6	37568 Riley Witt		Albion Park	_____
7	37684 Hamish McLaren		Shoalhaven	_____

**MID SOUTH COAST ZONE**  
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**Event 22 Girls U 17 - High Jump (S/H 1.25m) (3)****Saturday 14/12/2019 - 11:00 AM****Zone: 1.56m 14/12/2014 Celeste Sulerzyski**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37535 Ruby McPhillips		Albion Park		_____
2	37648 Ruby Keen		Lake Illawarra		_____
3	37634 Taylah Hurst		Lake Illawarra		_____

**Event 23 Girls U 11 - High Jump (S/H 1.00m) (3)****Saturday 14/12/2019 - 11:21 AM****Zone: 1.42m 29/01/2005 Tayla King**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	28972 Mia Davis		Milton-Ulladulla		_____
2	8213 Lily O'Neill		Lake Illawarra		_____
3	8306 Grace Stevens		Shoalhaven		_____

**Event 24 Boys U 9 - Long Jump (10)****Saturday 14/12/2019 - 10:57 AM****Zone: 4.33m 14/12/2008 Aron Cox**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	27108 Kyle Smith		Milton-Ulladulla		_____
2	8147 Thomas Gowans		Lake Illawarra		_____
3	26547 Lucas Borg		Euro Coast		_____
4	8082 Peter Gallenca		Kiama		_____
5	7856 Jake Witt		Albion Park		_____
6	7874 Taj Miller		Albion Park		_____
7	8067 Riley Bender		Kiama		_____
8	7870 Jackson Fraser		Albion Park		_____
9	8167 Zak Schillert		Lake Illawarra		_____
10	8010 Benji Davis		Kiama		_____

**Event 25 Boys U 17 - Long Jump (2)****Saturday 14/12/2019 - 10:56 AM****Zone: 6.18m 08/12/2012 Billy Wallington**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37570 Isaac Shaw		Albion Park		_____
2	37614 Joshua Gamble		Lake Illawarra		_____

**Event 26 Boys U 14 - Triple Jump (1)****Saturday 14/12/2019 - 12:07 PM****Zone: 12.80m 28/01/2006 Kevin Orgaz**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37706 Oscar Tunney-Roberts		Shoalhaven		_____

**Event 27 Boys U 7 - Discus (350 Gram) (7)****Saturday 14/12/2019 - 10:45 AM****Zone: 22.41m 30/01/2000 Joel Fitness**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	27505 Brax Betts		Shoalhaven		_____
2	8131 Cale Deegan		Kiama		_____
3	8385 Riley Bertholini		Shoalhaven		_____
4	7915 Justin Lakeman		Albion Park		_____
5	7836 Lucas Gill-Gomes		Albion Park		_____
6	8313 Riley Sandstrom		Shoalhaven		_____
7	7875 Kai Miller		Albion Park		_____

**Event 28 Girls U 15 - Discus (1.0 Kg) (4)****Saturday 14/12/2019 - 10:35 AM****Zone: 39.07m 14/12/2013 Samantha Peace**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37736 Keira Watt		St Georges Basin		_____
2	37556 Calany Meyers		Albion Park		_____
3	37628 Hannah Hosking		Lake Illawarra		_____
4	37668 Akala Miller		Shoalhaven		_____

**Event 29 Girls U 15-17 Multi Class Discus (1)****Saturday 14/12/2019 - 10:35 AM**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37536 Ashleigh Ryder (T/F37)		Albion Park		_____

**Event 30 Girls U 9 - Shot Put (2.0 Kg) (6)****Saturday 14/12/2019 - 10:58 AM****Zone: 7.18m 27/01/2001 Kendall Vaughan**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	7892 Sidney Bartle		Albion Park		_____
2	26580 Maizi Minihan		Euro Coast		_____
3	8396 Lilly Moore		Shoalhaven		_____
4	8148 Calai Dach		Lake Illawarra		_____
5	8454 Layla Beck		Shoalhaven		_____
6	8409 Indigo Price		Shoalhaven		_____

**Event 31 Boys U 15 - Shot Put (4.0 Kg) (1)****Saturday 14/12/2019 - 11:16 AM****Zone: 13.75m 24/01/1998 Luke Singleton**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37641 Ryan Keen		Lake Illawarra		_____

**Event 32 Boys U 15-17 Multi Class Shot Put (1)****Saturday 14/12/2019 - 11:16 AM**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37674 Brock Miller (T/F20)		Shoalhaven		_____

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**Event 33 Girls U 14 - Javelin (400 Gram) (4)****Saturday 14/12/2019 - 11:19 AM****Zone: 36.38m 10/12/2011 Susie Seitaridis**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37665 Olivia Davis		Shoalhaven		_____
2	37693 Nakita Boatswain		Shoalhaven		_____
3	37547 Abby Eldridge		Albion Park		_____
4	37562 Lauren Clancy		Albion Park		_____

**Event 34 Girls U 12 - High Jump (S/H 1.10m) (5)****Saturday 14/12/2019 - 11:42 AM****Zone: 1.57m 10/12/2017 Delta Amidzovski**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37590 Malia Cummins		Kiama		_____
2	37115 Natarsha Mandavy		St Georges Basin		_____
3	37613 Abby Quick		Lake Illawarra		_____
4	37544 Jessica Kable		Albion Park		_____
5	37576 Sabellah Nankivell		Albion Park		_____

**Event 35 Girls U 8 - Long Jump (10)****Saturday 14/12/2019 - 11:10 AM****Zone: 3.80m 26/01/1985 Karen Dean**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8212 Charlotte O'Neill		Lake Illawarra		_____
2	8440 Emerson Boatswain		Shoalhaven		_____
3	8183 Violet Ellington		Lake Illawarra		_____
4	8492 Layla Bishop		St Georges Basin		_____
5	7888 Peyton Thompson		Albion Park		_____
6	7973 Madelynne Dowel		Albion Park		_____
7	8168 Paige King		Lake Illawarra		_____
8	8200 Starr Cooper		Lake Illawarra		_____
9	8546 Asher Haig		St Georges Basin		_____
10	7867 Savannah Apps		Albion Park		_____

**Event 36 Boys U 12 - Long Jump (8)****Saturday 14/12/2019 - 12:13 PM****Zone: 5.31m 30/01/1982 David Carter**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37523 Scott Colwell		Albion Park		_____
2	37548 Joshua Lakeman		Albion Park		_____
3	37565 Harry Fraser		Albion Park		_____
4	37620 Parker Ivanovski		Lake Illawarra		_____
5	37651 Harry Andersen		Lake Illawarra		_____
6	37550 Germaine Wright		Albion Park		_____
7	37681 Jeremiah Galvin		Shoalhaven		_____
8	37652 Jack Andersen		Lake Illawarra		_____

**Event 37 Boys U 13 - Triple Jump (11)****Saturday 14/12/2019 - 12:20 PM****Zone: 11.07m 25/01/1997 C Costello**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37629 Joshua Hosking		Lake Illawarra		_____
2	37568 Riley Witt		Albion Park		_____
3	37630 Dylan Hardy		Lake Illawarra		_____
4	37541 Izak Van De Merwe		Albion Park		_____
5	37742 Jett Kingma		St Georges Basin		_____
6	37538 Mackay Jones		Albion Park		_____
7	37592 Joshua Bender		Kiama		_____
8	37114 Brooklyn Mandavy		St Georges Basin		_____
9	37585 Elias Oldfield		Kiama		_____
10	37539 Macleay Kesby		Albion Park		_____
11	44525 Lane Williams		Milton-Ulladulla		_____

**Event 38 Girls U 10 - Discus (500 Gram) (9)****Saturday 14/12/2019 - 11:55 AM****Zone: 26.05m 29/01/2000 Emma Cooke**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	7975 Amelia Bongiorno		Albion Park		_____
2	8215 Maddyson Tramantano		Lake Illawarra		_____
3	8191 Layla Markovski		Lake Illawarra		_____
4	8309 Myra Betts		Shoalhaven		_____
5	8230 Tauris Ivanovski		Lake Illawarra		_____
6	8009 Josie Cunningham		Kiama		_____
7	8367 Heidi McLaren		Shoalhaven		_____
8	7841 Aroua Bray		Albion Park		_____
9	7898 Mackenzie Hutchinson		Albion Park		_____

**Event 39 Boys U 10 - Shot Put (2.0 Kg) (5)****Saturday 14/12/2019 - 11:47 AM****Zone: 10.44m 27/01/1991 Bradley Jackson**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	7907 Liam Green		Albion Park		_____
2	8356 Dean Austin		Shoalhaven		_____
3	8550 Jake Swan		St Georges Basin		_____
4	7900 Jack Colwell		Albion Park		_____
5	8417 Taj Goddard		Shoalhaven		_____

**Event 40 Girls U 13 - Shot Put (3.0 Kg) (4)****Saturday 14/12/2019 - 12:02 PM****Zone: 11.84m 01/12/2018 Chelsea Ezeoke**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37593 Audrey Terry		Kiama		_____
2	37625 Olivia O'Neill		Lake Illawarra		_____
3	37560 Krystal Ezeoke		Albion Park		_____
4	37704 Chloe Daniel		Shoalhaven		_____

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**Event 41 Girls U 13-14 Multi Class Shot Put (1)****Saturday 14/12/2019 - 12:02 PM**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37537 Charlize Colwell (T/F3		Albion Park		_____

**Event 42 Boys U 11 - Javelin (400 Gram) (9)****Saturday 14/12/2019 - 12:05 PM****Zone: 26.40m 11/12/2016 Drew Langdon**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8502 Addison Kingma		St Georges Basin		_____
2	7886 Connor Owen		Albion Park		_____
3	26568 Selby Johnston		Euro Coast		_____
4	7953 Max Van Der Merwe		Albion Park		_____
5	8395 Riley Moore		Shoalhaven		_____
6	8097 Isaac Oldfield		Kiama		_____
7	8548 Riley Haig		St Georges Basin		_____
8	27124 Phoenix Williams		Milton-Ulladulla		_____
9	7890 Tyler Campbell		Albion Park		_____

**Event 43 Boys U 8 - Long Jump (6)****Saturday 14/12/2019 - 1:09 PM****Zone: 4.19m 26/01/1985 Steven Russo**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	7914 Jacob Lakeman		Albion Park		_____
2	8491 Tye Bishop		St Georges Basin		_____
3	8170 Rory Brownlee		Lake Illawarra		_____
4	8351 Zai Roberts		Shoalhaven		_____
5	8189 William Tebbutt		Lake Illawarra		_____
6	8551 Rory Swan		St Georges Basin		_____

**Event 44 Girls U 13 - Long Jump (9)****Saturday 14/12/2019 - 1:26 PM****Zone: 5.15m 14/12/2008 Rowenn Turvey**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37605 Isabelle Hodgson		Kiama		_____
2	37540 Ava Power		Albion Park		_____
3	37631 Sienna Strecker		Lake Illawarra		_____
4	37593 Audrey Terry		Kiama		_____
5	37704 Chloe Daniel		Shoalhaven		_____
6	37663 Mia Stevens		Shoalhaven		_____
7	37606 Ella Hewitt		Kiama		_____
8	37625 Olivia O'Neill		Lake Illawarra		_____
9	37596 Amelia Weatherlake		Kiama		_____

**Event 45 Girls U 15 - Triple Jump (5)****Saturday 14/12/2019 - 1:51 PM****Zone: 11.23m 14/12/2008 Tayla King**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37628 Hannah Hosking		Lake Illawarra		_____
2	37458 Imogen Harrison		Albion Park		_____
3	44783 Emma Whitehouse		Shoalhaven		_____
4	37616 Jada Schillert		Lake Illawarra		_____
5	37581 Eliza Schweitzer		Kiama		_____

**Event 46 Girls U 17 - Discus (1.0 Kg) (3)****Saturday 14/12/2019 - 11:15 AM****Zone: 48.42m 12/12/2015 Samantha Peace**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37554 Keira-Lee Meyers		Albion Park		_____
2	37640 Madison Callaway		Lake Illawarra		_____
3	37648 Ruby Keen		Lake Illawarra		_____

**Event 47 Girls U 14 - Shot Put (3.0 Kg) (3)****Saturday 14/12/2019 - 1:08 PM****Zone: 12.77m 13/12/2008 Rachelle Grozde**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37669 Talea Miller		Shoalhaven		_____
2	37654 Alana McGarry		Lake Illawarra		_____
3	37561 Chelsea Ezeoke		Albion Park		_____

**Event 48 Boys U 15 - Javelin (700 Gram) (3)****Saturday 14/12/2019 - 1:17 PM****Zone: 42.03m 14/12/2013 Connar Grozde**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37713 Tsar Mandavy		St Georges Basin		_____
2	37716 Louis Losurdo		St Georges Basin		_____
3	37641 Ryan Keen		Lake Illawarra		_____

**Event 49 Girls U 11 - Triple Jump (4)****Saturday 14/12/2019 - 2:29 PM****Zone: 8.99m 27/01/1996 Katie Wagner**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8499 Isabelle Reader		St Georges Basin		_____
2	8027 Maiya Hewitt		Kiama		_____
3	7952 Sienna Allitt		Albion Park		_____
4	8059 Claire Vogelaar		Kiama		_____

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**Event 50 Boys U 11 - Discus 500 Gram) (6)****Saturday 14/12/2019 - 1:25 PM****Zone: 28.90m 02/12/2018 Tai Barrett**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	8502 Addison Kingma		St Georges Basin	_____
2	8190 James Tebbutt		Lake Illawarra	_____
3	26568 Selby Johnston		Euro Coast	_____
4	7886 Connor Owen		Albion Park	_____
5	8395 Riley Moore		Shoalhaven	_____
6	27124 Phoenix Williams		Milton-Ulladulla	_____

**Event 55 Boys U 12 - Javelin (400 Gram) (6)****Saturday 14/12/2019 - 2:27 PM****Zone: 33.10m 10/12/2017 Ryan Keen**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37620 Parker Ivanovski		Lake Illawarra	_____
2	45317 Zander Robinson		Kiama	_____
3	37548 Joshua Lakeman		Albion Park	_____
4	37523 Scott Colwell		Albion Park	_____
5	44523 Ryan Farr		Milton-Ulladulla	_____
6	37687 Jett Goddard		Shoalhaven	_____

**Event 51 Boys U 11-12 Multi Class Discus (1)****Saturday 14/12/2019 - 1:25 PM**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37670 Kynan Miller (T/F44)		Shoalhaven	_____

**Event 52 Girls U 12 - Shot Put (2.0 Kg) (7)****Saturday 14/12/2019 - 1:38 PM****Zone: 12.48m 28/01/2007 Rachelle Grozde**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37553 Zoe Meyers		Albion Park	_____
2	37626 Aleisha McGarry		Lake Illawarra	_____
3	37683 Emily McLaren		Shoalhaven	_____
4	37666 Elysha Davis		Shoalhaven	_____
5	37115 Natarsha Mandavy		St Georges Basin	_____
6	37576 Sabellah Nankivell		Albion Park	_____
7	37532 Charlotte Kerr		Albion Park	_____

**Event 53 Boys U 17 - Javelin (700 Gram) (4)****Saturday 14/12/2019 - 1:59 PM****Zone: 47.57m 13/12/2008 Chris Joines**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37614 Joshua Gamble		Lake Illawarra	_____
2	37618 Mathew Hutchison		Lake Illawarra	_____
3	37644 Jonathon Carmody		Lake Illawarra	_____
4	37612 Jude Basnet		Kiama	_____

**Event 54 Boys U 13 - Discus (750 Gram) (8)****Saturday 14/12/2019 - 11:45 AM****Zone: 34.35m 01/12/2018 Isaac Walchli**

Pos	Name	Age	Centre	Seed Mark
<b>Flight 1 of 1 Final</b>				
1	37575 Rhys O'Dea		Albion Park	_____
2	37684 Hamish McLaren		Shoalhaven	_____
3	45323 Cooper Deegan		Kiama	_____
4	37568 Riley Witt		Albion Park	_____
5	44525 Lane Williams		Milton-Ulladulla	_____
6	37699 Cade Chapman		Shoalhaven	_____
7	37534 Lexin O'Dea		Albion Park	_____
8	37676 Darcy Davis		Shoalhaven	_____

# Bill Young - A Man Who Loved Kids

Bill Young had a simple philosophy.

*"If kids are interested in sport, they will not be walking the streets, and getting into trouble."*

Bill maintained this philosophy throughout his long association with Little Athletics. The love of children and athletics lasted for more than twenty (20) years. During this time he came into contact with thousands of children from all over the state.

Bill learnt to be a Starter when he first became associated with Little Athletics in Cowra. Lake Illawarra's association with Bill and his family started when they moved from Cowra to the Illawarra.

During his years with Lake Illawarra he helped out in many ways. He became Head Starter of Lake Illawarra Little Athletics Centre in 1979. This position he held until he hung up his gun in 1990.

Besides being Head Starter for Lake Illawarra he was the official Starter for the Mid South Coast Zone and Monaro region. He was often called upon to start at School Carnivals held at King Memorial Oval.

Over the years he became affectionately known as Pop, Grand Pop, Uncle Bill or Mr Young. This affection was well deserved by a man who encouraged all athletes. His aim was to bring Little Athletics to as many children as possible.

Bill was an unassuming man who gave freely of himself whilst striving to uphold his philosophy. He touched the hearts of so many people during his time with Lake Illawarra Little Athletics. He gave so much to the sport he loved.

## Previous March Past Winners

1990-91 Kiama  
1991-92 Lake Illawarra  
1992-93 St Georges Basin  
1993-94 St Georges Basin  
1994-95 Shoalhaven  
1995-96 St Georges Basin  
1996-97 Milton Ulladulla  
1997-98 Huskisson  
1998-99 Lake Illawarra  
1999-00 St Georges Basin  
2000-01 Kiama  
2001-02 Lake Illawarra  
2002-03 Milton Ulladulla  
2003-04 St Georges Basin  
2004-05 Kiama



2005-06 Milton Ulladulla  
2006-07 Kiama  
2007-08 Lake Illawarra  
2008-09 Kiama  
2009-10 Milton Ulladulla  
2010-11 Shoalhaven  
2011-12 Shoalhaven  
2012-13 Kiama  
2013-14 Lake Illawarra  
2014-15 Milton Ulladulla  
2015-16 St Georges Basin  
2016-17 Kiama  
2017-18 St Georges Basin  
2018-19 Albion Park

**"ON YOUR MARKS! ..... SET! ..... GO!"**

**MID SOUTH COAST ZONE**  
**TRACK & FIELD CHAMPIONSHIPS**  
**John O'Dwyer Oval - 14/12/2019 to 15/12/2019**  
**Session Report**

Session: 3 Sunday Track Events  
Day 2 - Sunday 15/12/2019 - Starts at 09:00 AM

<b>Event</b>		<b>Round</b>
9:00 AM	#83 Girls U 11 - 1100 Metre Walk	Final
9:00 AM	#84 Boys U 11 - 1100 Metre Walk	Final
9:00 AM	#85 Girls U 10 - 1100 Metre Walk	Final
9:10 AM	#86 Girls U 9 - 700 Metre Walk	Final
9:10 AM	#87 Boys U 9 - 700 Metre Walk	Final
9:18 AM	#88 Girls U 8 - 700 Metre Run Pack Start	Final
9:23 AM	#89 Boys U 8 - 700 Metre Run Pack Start	Final
9:37 AM	#90 Girls U 12 - 1500 Metre Walk	Final
9:37 AM	#91 Boys U 12 - 1500 Metre Walk	Final
9:37 AM	#92 Boys U 13 - 1500 Metre Walk	Final
9:37 AM	#93 Girls U 14 - 1500 Metre Walk	Final
9:37 AM	#94 Boys U 14 - 1500 Metre Walk	Final
9:37 AM	#95 Girls U 15 - 1500 Metre Walk	Final
9:37 AM	#96 Girls U 17 - 1500 Metre Walk	Final
9:37 AM	#97 Boys U 17 - 1500 Metre Walk	Final
9:51 AM	#98 Girls U 11 - 80 Metre Hurdles (60cm)	Final
9:55 AM	#99 Boys U 11 - 80 Metre Hurdles (60cm)	Final
9:59 AM	#100 Girls U 12 - 80 Metre Hurdles (68cm)	Final
10:03 AM	#101 Boys U 12 - 80 Metre Hurdles (68cm)	Final
10:07 AM	#102 Girls U 13 - 80 Metre Hurdles (76cm)	Final
10:11 AM	#103 Boys U 13 - 80 Metre Hurdles (76cm)	Final
10:15 AM	#104 Girls U 14 - 80 Metre Hurdles (76cm)	Final
10:19 AM	#105 Boys U 14 - 90 Metre Hurdles (76cm)	Final
10:23 AM	#106 Girls U 15 - 90 Metre Hurdles (76cm)	Final
10:27 AM	#107 Boys U 15 - 100 Metre Hurdles (76cm)	Final
10:31 AM	#108 Girls U 17 - 100 Metre Hurdles (76cm)	Final
10:35 AM	#109 Boys U 17 - 110 Metre Hurdles (76cm)	Final
10:43 AM	#110 Girls U 11 - 200 Metre Sprint	Heats
10:51 AM	#111 Boys U 13 - 200 Metre Sprint	Heats
10:59 AM	#112 Girls U 10 - 200 Metre Sprint	Heats
11:03 AM	#113 Girls U 10 - 70 Metre Sprint	Final
11:05 AM	#114 Boys U 10 - 70 Metre Sprint	Final
11:08 AM	#115 Girls U 9 - 70 Metre Sprint	Final
11:11 AM	#116 Boys U 9 - 70 Metre Sprint	Final
11:14 AM	#117 Girls U 8 - 70 Metre Sprint	Final
11:16 AM	#118 Boys U 8 - 70 Metre Sprint	Final
11:19 AM	#119 Girls U 7 - 70 Metre Sprint	Final
11:22 AM	#120 Boys U 7 - 70 Metre Sprint	Final
11:25 AM	#121 Girls U 11 - 800 Metre Run	Final
11:30 AM	#122 Boys U 11 - 800 Metre Run	Final
11:36 AM	#123 Girls U 12 - 800 Metre Run	Final
11:41 AM	#124 Boys U 12 - 800 Metre Run	Final
11:47 AM	#125 Girls U 13 - 800 Metre Run	Final
11:52 AM	#126 Boys U 13 - 800 Metre Run	Final
11:58 AM	#127 Girls U 14 - 800 Metre Run	Final
12:03 PM	#128 Boys U 14 - 800 Metre Run	Final



**MID SOUTH COAST ZONE**  
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**John O'Dwyer Oval - 14/12/2019 to 15/12/2019**  
**Session Report**

Session: 3 Sunday Track Events  
Day 2 - Sunday 15/12/2019 - Starts at 09:00 AM

<b>Event</b>		<b>Round</b>
12:09 PM	#129 Girls U 15 - 800 Metre Run	Final
12:09 PM	#130 Girls U 15-17 800 Metre Multi Class Run	Final
12:14 PM	#131 Girls U 17 - 800 Metre Run	Final
12:20 PM	#132 Boys U 17 - 800 Metre Run	Final
12:25 PM	#133 Girls U 10 - 800 Metre Run	Final
12:31 PM	#134 Boys U 10 - 800 Metre Run	Final
12:36 PM	#135 Girls U 9 - 800 Metre Run	Final
12:42 PM	#136 Boys U 9 - 800 Metre Run	Final
12:47 PM	#137 Girls U 8 - 200 Metre Sprint	Final
12:50 PM	#138 Boys U 8 - 200 Metre Sprint	Final
12:53 PM	#139 Girls U 7 - 200 Metre Sprint	Final
12:56 PM	#140 Boys U 7 - 200 Metre Sprint	Final
12:59 PM	#141 Girls U 11 - 200 Metre Sprint	Final
1:02 PM	#142 Boys U 11 - 200 Metre Sprint	Final
1:02 PM	#143 Boys U 11-12 200 Metre Multi Class Run	Final
1:05 PM	#144 Girls U 12 - 200 Metre Sprint	Final
1:08 PM	#145 Boys U 12 - 200 Metre Sprint	Final
1:11 PM	#146 Girls U 13 - 200 Metre Sprint	Final
1:14 PM	#147 Boys U 13 - 200 Metre Sprint	Final
1:17 PM	#148 Girls U 14 - 200 Metre Sprint	Final
1:20 PM	#149 Boys U 14 - 200 Metre Sprint	Final
1:23 PM	#150 Girls U 15 - 200 Metre Sprint	Final
1:23 PM	#151 Girls U 15-17 200 Metre Multi Class Run	Final
1:26 PM	#152 Boys U 15 - 200 Metre Sprint	Final
1:26 PM	#153 Boys U 15-17 200 Metre Multi Class Run	Final
1:29 PM	#154 Girls U 17 - 200 Metre Sprint	Final
1:32 PM	#155 Boys U 17 - 200 Metre Sprint	Final
1:35 PM	#156 Girls U 10 - 200 Metre Sprint	Final
1:38 PM	#157 Boys U 10 - 200 Metre Sprint	Final
1:41 PM	#158 Girls U 9 - 200 Metre Sprint	Final
1:44 PM	#159 Boys U 9 - 200 Metre Sprint	Final
1:47 PM	#160 Girls U 12-17 4x100 Metre Relay (Snr)	Final
1:55 PM	#161 Boys U 12-17 4x100 Metre Relay (Snr)	Final
2:03 PM	#162 Girls U 9-12 4x100 Metre Relay (Jnr)	Final
2:11 PM	#163 Boys U 9-12 4x100 Metre Relay (Jnr)	Final

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**Event 83 Girls U 11 - 1100 Metre Walk (2)****Sunday 15/12/2019 - 9:00 AM****Zone: 6:12.40 25/01/1998 Chantelle Corish**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8493 Kadance Naylor		St Georges Basin	_____
3	8201 Indie Cooper		Lake Illawarra	_____

**Event 84 Boys U 11 - 1100 Metre Walk (3)****Sunday 15/12/2019 - 9:00 AM****Zone: 6:03.50 01/02/2004 Nathan Mackinnon**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8502 Addison Kingma		St Georges Basin	_____
3	8190 James Tebbutt		Lake Illawarra	_____
4	8543 Jordan Wallace		St Georges Basin	_____

**Event 85 Girls U 10 - 1100 Metre Walk (7)****Sunday 15/12/2019 - 9:00 AM****Zone: 6:43.20 15/12/2013 Madison Callaway**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8230 Tauris Ivanovski		Lake Illawarra	_____
3	26551 Taylor Traecey		Euro Coast	_____
4	8191 Layla Markovski		Lake Illawarra	_____
5	8501 Shilah Soens		St Georges Basin	_____
6	8169 Ellie King		Lake Illawarra	_____
7	8367 Heidi McLaren		Shoalhaven	_____
8	8215 Maddyson Tramantano		Lake Illawarra	_____

**Event 86 Girls U 9 - 700 Metre Walk (3)****Sunday 15/12/2019 - 9:10 AM****Zone: 4:23.30 25/01/1998 Jacinta Kelly**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8148 Calai Dach		Lake Illawarra	_____
3	7897 Ella-Rae McGregor		Albion Park	_____
4	8180 Liarna Peters		Lake Illawarra	_____

**Event 87 Boys U 9 - 700 Metre Walk (1)****Sunday 15/12/2019 - 9:10 AM****Zone: 4:29.40 01/02/2004 Timothy Adams**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8239 Sonny Cocksedge		Lake Illawarra	_____

**Event 88 Girls U 8 - 700 Metre Run Pack Start (5)****Sunday 15/12/2019 - 9:18 AM****Zone: 2:31.10 26/01/2003 Caitlin Foord**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	26598 Harper Lasscock		Euro Coast	_____
3	7973 Madelynne Dowel		Albion Park	_____
4	8200 Starr Cooper		Lake Illawarra	_____
5	8440 Emerson Boatswain		Shoalhaven	_____
6	7888 Peyton Thompson		Albion Park	_____

**Event 89 Boys U 8 - 700 Metre Run Pack Start (6)****Sunday 15/12/2019 - 9:23 AM****Zone: 2:23.80 14/12/2008 Mitchell Potts**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8170 Rory Brownlee		Lake Illawarra	_____
3	8331 Macarthur Davis		Shoalhaven	_____
4	8189 William Tebbutt		Lake Illawarra	_____
5	8542 Lachlan Wallace		St Georges Basin	_____
6	8235 Ashton Jones		Lake Illawarra	_____
7	7936 Xaivier Wilson		Albion Park	_____

**Event 90 Girls U 12 - 1500 Metre Walk (3)****Sunday 15/12/2019 - 9:37 AM****Zone: 8:09.10 26/01/1986 Leanne Wilford**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37692 Aurora Boatswain		Shoalhaven	_____
3	37115 Natarsha Mandavy		St Georges Basin	_____
4	37626 Aleisha McGarry		Lake Illawarra	_____

**Event 91 Boys U 12 - 1500 Metre Walk (2)****Sunday 15/12/2019 - 9:37 AM****Zone: 8:29.10 30/01/1983 B Hall**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37652 Jack Andersen		Lake Illawarra	_____
3	37620 Parker Ivanovski		Lake Illawarra	_____

**Event 92 Boys U 13 - 1500 Metre Walk (2)****Sunday 15/12/2019 - 9:37 AM****Zone: 8:16.10 29/01/1984 B Hall**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	44525 Lane Williams		Milton-Ulladulla	_____
3	37114 Brooklyn Mandavy		St Georges Basin	_____

**Event 93 Girls U 14 - 1500 Metre Walk (2)****Sunday 15/12/2019 - 9:37 AM****Zone: 7:37.50 29/01/2006 Tanya Poppett**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37693 Nakita Boatswain		Shoalhaven	_____
3	37617 Charli Ryan		Lake Illawarra	_____

**Event 94 Boys U 14 - 1500 Metre Walk (1)****Sunday 15/12/2019 - 9:37 AM****Zone: 7:34.40 29/01/2006 John Tilden**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37706 Oscar Tunney-Roberts		Shoalhaven	_____

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**Event 95 Girls U 15 - 1500 Metre Walk (1)****Sunday 15/12/2019 - 9:37 AM****Zone: 7:25.70 28/01/2007 Tanya Poppett**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37736 Keira Watt		St Georges Basin	_____

**Event 96 Girls U 17 - 1500 Metre Walk (2)****Sunday 15/12/2019 - 9:37 AM****Zone: 8:21.70 11/12/2011 Emily Warden**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37634 Taylah Hurst		Lake Illawarra	_____
3	37640 Madison Callaway		Lake Illawarra	_____

**Event 97 Boys U 17 - 1500 Metre Walk (1)****Sunday 15/12/2019 - 9:37 AM****Zone: 7:23.30 14/12/2014 James Clay**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37612 Jude Basnet		Kiama	_____

**Event 98 Girls U 11 - 80 Metre Hurdles (60cm) (8)****Sunday 15/12/2019 - 9:51 AM****Zone: 45.00 21/11/2019 New Event**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	8059 Claire Vogelaar		Kiama	_____
2	8213 Lily O'Neill		Lake Illawarra	_____
3	8028 Evey Hokin		Kiama	_____
4	8427 Olivia Knowles		Shoalhaven	_____
5	8493 Kadance Naylor		St Georges Basin	_____
6	7952 Sienna Allitt		Albion Park	_____
7	8347 Bronte Galvin		Shoalhaven	_____
8	27111 Jessica Kann		Milton-Ulladulla	_____

**Event 99 Boys U 11 - 80 Metre Hurdles (60cm) (3)****Sunday 15/12/2019 - 9:55 AM****Zone: 45.00 21/11/2019 New Event**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8460 Asher Chapman		Shoalhaven	_____
3	8097 Isaac Oldfield		Kiama	_____
4	8543 Jordan Wallace		St Georges Basin	_____

**Event 100 Girls U 12 - 80 Metre Hurdles (68cm) (7)****Sunday 15/12/2019 - 9:59 AM****Zone: 45.00 21/11/2019 New Event**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37683 Emily McLaren		Shoalhaven	_____
3	37115 Natarsha Mandavy		St Georges Basin	_____
4	37590 Malia Cummins		Kiama	_____
5	37697 Ella Post		Shoalhaven	_____
6	37613 Abby Quick		Lake Illawarra	_____
7	37666 Elysha Davis		Shoalhaven	_____
8	37576 Sabellah Nankivell		Albion Park	_____

**Event 101 Boys U 12 - 80 Metre Hurdles (68cm) (5)****Sunday 15/12/2019 - 10:03 AM****Zone: 45.00 21/11/2019 New Event**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37610 Max Boniface		Kiama	_____
3	37546 Aaron Eldridge		Albion Park	_____
4	37550 Germaine Wright		Albion Park	_____
5	45317 Zander Robinson		Kiama	_____
6	37523 Scott Colwell		Albion Park	_____

**Event 102 Girls U 13 - 80 Metre Hurdles (76cm) (3)****Sunday 15/12/2019 - 10:07 AM****Zone: 12.60 30/01/2011 Susie Seitaridis**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37607 Zoe Haylen		Kiama	_____
3	37540 Ava Power		Albion Park	_____
4	37596 Amelia Weatherlake		Kiama	_____

**Event 103 Boys U 13 - 80 Metre Hurdles (76cm) (7)****Sunday 15/12/2019 - 10:11 AM****Zone: 12.90 29/01/2006 Jack Doyle****Zone: 12.90 13/12/2009 Jye Brooker**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37718 Tyler Carey		St Georges Basin	_____
3	37630 Dylan Hardy		Lake Illawarra	_____
4	37114 Brooklyn Mandavy		St Georges Basin	_____
5	37664 Reilly Caswell		Shoalhaven	_____
6	37592 Joshua Bender		Kiama	_____
7	37742 Jett Kingma		St Georges Basin	_____
8	37575 Rhys O'Dea		Albion Park	_____

**Event 104 Girls U 14 - 80 Metre Hurdles (76cm) (4)****Sunday 15/12/2019 - 10:15 AM****Zone: 12.50 11/12/2011 Susie Seitaridis**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37665 Olivia Davis		Shoalhaven	_____
3	37617 Charli Ryan		Lake Illawarra	_____
4	37562 Lauren Clancy		Albion Park	_____
5	37611 Mischa Boniface		Kiama	_____

**Event 105 Boys U 14 - 90 Metre Hurdles (76cm) (2)****Sunday 15/12/2019 - 10:19 AM****Zone: 12.60 30/01/2011 Jye Brooker**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37567 Lucas Campbell		Albion Park	_____
3	37706 Oscar Tunney-Roberts		Shoalhaven	_____

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**Event 106 Girls U 15 - 90 Metre Hurdles (76cm) (3)****Sunday 15/12/2019 - 10:23 AM****Zone: 13.60 09/12/2012 Susie Seitaridis**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37616 Jada Schillert		Lake Illawarra	_____
3	37581 Eliza Schweitzer		Kiama	_____
4	37717 Reilly Carey		St Georges Basin	_____

**Event 107 Boys U 15 - 100 Metre Hurdles (76cm) (1)****Sunday 15/12/2019 - 10:27 AM****Zone: 14.00 25/01/1997 Henderson McCue**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37713 Tsar Mandavy		St Georges Basin	_____

**Event 108 Girls U 17 - 100 Metre Hurdles (76cm) (1)****Sunday 15/12/2019 - 10:31 AM****Zone: 14.40 13/12/2009 Talissa Scott**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37634 Taylah Hurst		Lake Illawarra	_____

**Event 109 Boys U 17 - 110 Metre Hurdles (76cm) (1)****Sunday 15/12/2019 - 10:35 AM****Zone: 14.50 30/01/2011 Dean Invernion**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37564 Dylan Clarke		Albion Park	_____

**Event 110 Girls U 11 - 200 Metre Sprint (9)****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Sunday 15/12/2019 - 10:43 AM****Zone: 29.10 27/01/1991 Skye Richardson**

Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
2	27111 Jessica Kann		Milton-Ulladulla	_____
3	8427 Olivia Knowles		Shoalhaven	_____
4	7987 Sian Heidtman		Albion Park	_____
5	8027 Maiya Hewitt		Kiama	_____
6	8518 Haylee Connelly		St Georges Basin	_____
<b>Heat 2 of 2 Heats</b>				
2	8028 Evey Hokin		Kiama	_____
3	28972 Mia Davis		Milton-Ulladulla	_____
4	7910 Amber Potts		Albion Park	_____
5	8347 Bronte Galvin		Shoalhaven	_____

**Event 111 Boys U 13 - 200 Metre Sprint (9)****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Sunday 15/12/2019 - 10:51 AM****Zone: 25.40 28/01/2007 Caine Trindall**

Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
2	37629 Joshua Hosking		Lake Illawarra	_____
3	37534 Lexin O'Dea		Albion Park	_____
4	37664 Reilly Caswell		Shoalhaven	_____
5	45323 Cooper Deegan		Kiama	_____
6	37538 Mackay Jones		Albion Park	_____
<b>Heat 2 of 2 Heats</b>				
2	37630 Dylan Hardy		Lake Illawarra	_____
3	37585 Elias Oldfield		Kiama	_____
4	37678 Micah Proctor		Shoalhaven	_____
5	37718 Tyler Carey		St Georges Basin	_____

**Event 112 Girls U 10 - 200 Metre Sprint (10)****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Sunday 15/12/2019 - 10:59 AM****Zone: 29.10 26/01/1986 S Gown**

Lane	Name	Age	Centre	Seed Time
<b>Heat 1 of 2 Heats</b>				
2	8377 Amarli Robinson		Shoalhaven	_____
3	7965 Ruby Kerr		Albion Park	_____
4	26551 Taylor Traeacey		Euro Coast	_____
5	7878 Chelsea Nicol		Albion Park	_____
6	8501 Shilah Soens		St Georges Basin	_____
<b>Heat 2 of 2 Heats</b>				
2	7898 Mackenzie Hutchinson		Albion Park	_____
3	8335 Elsie Proctor		Shoalhaven	_____
4	8169 Ellie King		Lake Illawarra	_____
5	7950 Ella Power		Albion Park	_____
6	8358 Rose Atkins		Shoalhaven	_____

**Event 113 Girls U 10 - 70 Metre Sprint (8)****Sunday 15/12/2019 - 11:03 AM****Zone: 10.20 29/01/2006 Shayna Wilson**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	8358 Rose Atkins		Shoalhaven	_____
2	7950 Ella Power		Albion Park	_____
3	8367 Heidi McLaren		Shoalhaven	_____
4	8501 Shilah Soens		St Georges Basin	_____
5	7965 Ruby Kerr		Albion Park	_____
6	8162 Sophie Grono		Lake Illawarra	_____
7	8377 Amarli Robinson		Shoalhaven	_____
8	7898 Mackenzie Hutchinson		Albion Park	_____

**Event 114 Boys U 10 - 70 Metre Sprint (2)****Sunday 15/12/2019 - 11:05 AM****Zone: 9.40 13/12/2009 Tristan Brazulaitis**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	26546 Jacob Borg		Euro Coast	_____
3	7900 Jack Colwell		Albion Park	_____

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**Event 115 Girls U 9 - 70 Metre Sprint (3)****Sunday 15/12/2019 - 11:08 AM****Zone: 10.80 14/12/2014 Delta Amidzovski**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8180 Liarna Peters		Lake Illawarra	_____
3	7887 Ruby Owen		Albion Park	_____
4	8307 Airlie Stevens		Shoalhaven	_____

**Event 116 Boys U 9 - 70 Metre Sprint (5)****Sunday 15/12/2019 - 11:11 AM****Zone: 10.40 13/12/2015 Riley Moran****Zone: 10.40 13/12/2009 Connor Ruse-Kent**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8205 Beau Lidbetter		Lake Illawarra	_____
3	7856 Jake Witt		Albion Park	_____
4	26547 Lucas Borg		Euro Coast	_____
5	8067 Riley Bender		Kiama	_____
6	8383 Ryan Sharpe		Shoalhaven	_____

**Event 117 Girls U 8 - 70 Metre Sprint (2)****Sunday 15/12/2019 - 11:14 AM****Zone: 11.10 31/01/1982 Rachel Dean**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8387 Sophie Bull		Shoalhaven	_____
3	26598 Harper Lasscock		Euro Coast	_____

**Event 118 Boys U 8 - 70 Metre Sprint (4)****Sunday 15/12/2019 - 11:16 AM****Zone: 10.10 30/01/1983 P Giobbi**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8252 Harley Dibden		Lake Illawarra	_____
3	8366 Aidan McLaren		Shoalhaven	_____
4	8542 Lachlan Wallace		St Georges Basin	_____
5	8386 Jackson Turner		Shoalhaven	_____

**Event 119 Girls U 7 - 70 Metre Sprint (7)****Sunday 15/12/2019 - 11:19 AM****Zone: 11.10 31/01/1982 Belinda Ruiz**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7889 Macey Owen		Albion Park	_____
3	8204 Hannah Lidbetter		Lake Illawarra	_____
4	7932 Amelia Elphick		Albion Park	_____
5	8580 Evalyn Norris		St Georges Basin	_____
6	8382 Ahliya Sharpe		Shoalhaven	_____
7	7845 Starlet O'Dea		Albion Park	_____
8	8151 Ayla York		Lake Illawarra	_____

**Event 120 Boys U 7 - 70 Metre Sprint (8)****Sunday 15/12/2019 - 11:22 AM****Zone: 11.10 30/01/1983 L O'Connor**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	8329 Ryan Mayhaireh		Shoalhaven	_____
2	8233 Izaak Wells		Lake Illawarra	_____
3	8313 Riley Sandstrom		Shoalhaven	_____
4	7899 Jackson Hutchinson		Albion Park	_____
5	8385 Riley Bertholini		Shoalhaven	_____
6	7837 William Gorrie		Albion Park	_____
7	27505 Brax Betts		Shoalhaven	_____
8	8305 Christian Mastroanna		Lake Illawarra	_____

**Event 121 Girls U 11 - 800 Metre Run (7)****Sunday 15/12/2019 - 11:25 AM****Zone: 2:29.10 31/01/1982 K Tiech**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8028 Evey Hokin		Kiama	_____
3	8318 Evelyn Hill		Shoalhaven	_____
4	8163 Madison Oscroft		Lake Illawarra	_____
5	8518 Haylee Connelly		St Georges Basin	_____
6	8201 Indie Cooper		Lake Illawarra	_____
7	27111 Jessica Kann		Milton-Ulladulla	_____
8	8306 Grace Stevens		Shoalhaven	_____

**Event 122 Boys U 11 - 800 Metre Run (4)****Sunday 15/12/2019 - 11:30 AM****Zone: 2:29.00 25/01/1981 Simon Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7890 Tyler Campbell		Albion Park	_____
3	8308 Tynan Caswell		Shoalhaven	_____
4	7953 Max Van Der Merwe		Albion Park	_____
5	7902 Harrison Leavesley		Albion Park	_____

**Event 123 Girls U 12 - 800 Metre Run (4)****Sunday 15/12/2019 - 11:36 AM****Zone: 2:29.10 30/01/1983 K Tieck**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37576 Sabellah Nankivell		Albion Park	_____
3	37613 Abby Quick		Lake Illawarra	_____
4	37553 Zoe Meyers		Albion Park	_____
5	37683 Emily McLaren		Shoalhaven	_____

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**Event 124 Boys U 12 - 800 Metre Run (6)****Sunday 15/12/2019 - 11:41 AM****Zone: 2:23.00 31/01/1982 Simon Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37680 Joel Harlor		Shoalhaven	_____
3	37565 Harry Fraser		Albion Park	_____
4	37651 Harry Andersen		Lake Illawarra	_____
5	37681 Jeremiah Galvin		Shoalhaven	_____
6	37610 Max Boniface		Kiama	_____
7	37687 Jett Goddard		Shoalhaven	_____

**Event 125 Girls U 13 - 800 Metre Run (5)****Sunday 15/12/2019 - 11:47 AM****Zone: 2:24.40 30/01/2000 Cian Maciejewski**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	44527 Ella Colusso		Milton-Ulladulla	_____
3	37591 Tanna Watters		Kiama	_____
4	37631 Sienna Strecker		Lake Illawarra	_____
5	37663 Mia Stevens		Shoalhaven	_____
6	37555 Lara Thompson		Albion Park	_____

**Event 126 Boys U 13 - 800 Metre Run (10)****Sunday 15/12/2019 - 11:52 AM****Zone: 2:16.50 09/12/2012 Troy Whittington**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	44525 Lane Williams		Milton-Ulladulla	_____
2	37541 Izak Van De Merwe		Albion Park	_____
3	37676 Darcy Davis		Shoalhaven	_____
4	37575 Rhys O'Dea		Albion Park	_____
5	37684 Hamish McLaren		Shoalhaven	_____
6	45323 Cooper Deegan		Kiama	_____
7	37678 Micah Proctor		Shoalhaven	_____
8	37538 Mackay Jones		Albion Park	_____
9	37664 Reilly Caswell		Shoalhaven	_____
10	37539 Macleay Kesby		Albion Park	_____

**Event 127 Girls U 14 - 800 Metre Run (5)****Sunday 15/12/2019 - 11:58 AM****Zone: 2:21.80 14/12/2014 Shenay Edwards**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37571 Olivia Wishart		Albion Park	_____
3	37617 Charli Ryan		Lake Illawarra	_____
4	37577 Tayissa Buchanan		Albion Park	_____
5	37719 Laylah Connelly		St Georges Basin	_____
6	37547 Abby Eldridge		Albion Park	_____

**Event 128 Boys U 14 - 800 Metre Run (3)****Sunday 15/12/2019 - 12:03 PM****Zone: 2:16.80 09/12/2012 Kade Szakacs**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	44785 Kade Dhu		Shoalhaven	_____
3	37559 Byron Ling		Albion Park	_____
4	44378 Vaughn Gilligan		Euro Coast	_____

**Event 129 Girls U 15 - 800 Metre Run (5)****Sunday 15/12/2019 - 12:09 PM****Zone: 2:19.50 09/12/2012 Susie Seitaridis**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	44783 Emma Whitehouse		Shoalhaven	_____
3	37556 Calany Meyers		Albion Park	_____
4	37632 Emily Strecker		Lake Illawarra	_____
5	37531 Jordyn Martin		Albion Park	_____
6	37668 Akala Miller		Shoalhaven	_____

**Event 130 Girls U 15-17 800 Metre Multi Class Run (1)****Sunday 15/12/2019 - 12:09 PM**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37536 Ashleigh Ryder (T/F37)		Albion Park	_____

**Event 131 Girls U 17 - 800 Metre Run (3)****Sunday 15/12/2019 - 12:14 PM****Zone: 2:15.30 09/12/2012 Jessica Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37535 Ruby McPhillips		Albion Park	_____
3	37598 Georgia Richards		Kiama	_____
4	37554 Keira-Lee Meyers		Albion Park	_____

**Event 132 Boys U 17 - 800 Metre Run (2)****Sunday 15/12/2019 - 12:20 PM****Zone: 2:01.70 13/12/2015 Kade Szakacs**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37570 Isaac Shaw		Albion Park	_____
3	37615 Tyson Schillert		Lake Illawarra	_____

**Event 133 Girls U 10 - 800 Metre Run (8)****Sunday 15/12/2019 - 12:25 PM****Zone: 2:42.10 26/01/1986 Kylie Watkins**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	8215 Maddysen Tramantano		Lake Illawarra	_____
2	8309 Myra Betts		Shoalhaven	_____
3	8191 Layla Markovski		Lake Illawarra	_____
4	8330 Elizabeth Davis		Shoalhaven	_____
5	8009 Josie Cunningham		Kiama	_____
6	7878 Chelsea Nicol		Albion Park	_____
7	8335 Elsie Proctor		Shoalhaven	_____
8	26551 Taylor Traacey		Euro Coast	_____

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**Event 134 Boys U 10 - 800 Metre Run (4)****Sunday 15/12/2019 - 12:31 PM****Zone: 2:32.10 27/01/1980 Simon Hull**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7967 Austin Craig		Albion Park	_____
3	8160 Ryder Haines		Lake Illawarra	_____
4	7881 Tyson Ling		Albion Park	_____
5	7907 Liam Green		Albion Park	_____

**Event 135 Girls U 9 - 800 Metre Run (5)****Sunday 15/12/2019 - 12:36 PM****Zone: 2:43.00 30/01/1983 Lisa Baldwin**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	7897 Ella-Rae McGregor		Albion Park	_____
3	8319 Victoria Hill		Shoalhaven	_____
4	7887 Ruby Owen		Albion Park	_____
5	8307 Airlie Stevens		Shoalhaven	_____
6	7892 Sidney Bartle		Albion Park	_____

**Event 136 Boys U 9 - 800 Metre Run (7)****Sunday 15/12/2019 - 12:42 PM****Zone: 2:42.10 25/01/1998 Guy Cuttill**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8167 Zak Schillert		Lake Illawarra	_____
3	8383 Ryan Sharpe		Shoalhaven	_____
4	8239 Sonny Cocksedge		Lake Illawarra	_____
5	8068 Jayce Watters		Kiama	_____
6	8147 Thomas Gowans		Lake Illawarra	_____
7	7870 Jackson Fraser		Albion Park	_____
8	8082 Peter Gallenca		Kiama	_____

**Event 137 Girls U 8 - 200 Metre Sprint (3)****Sunday 15/12/2019 - 12:47 PM****Zone: 33.10 29/01/1984 S Gown**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8200 Starr Cooper		Lake Illawarra	_____
3	26598 Harper Lasscock		Euro Coast	_____
4	8387 Sophie Bull		Shoalhaven	_____

**Event 138 Boys U 8 - 200 Metre Sprint (6)****Sunday 15/12/2019 - 12:50 PM****Zone: 32.10 31/01/1982 Matthew Dalby**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8542 Lachlan Wallace		St Georges Basin	_____
3	7873 Gianni Oiteirinho		Albion Park	_____
4	8351 Zai Roberts		Shoalhaven	_____
5	8252 Harley Dibden		Lake Illawarra	_____
6	7936 Xavier Wilson		Albion Park	_____
7	8331 Macarthur Davis		Shoalhaven	_____

**Event 139 Girls U 7 - 200 Metre Sprint (5)****Sunday 15/12/2019 - 12:53 PM****Zone: 34.10 30/01/1982 Belinda Ruiz**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8580 Evalyn Norris		St Georges Basin	_____
3	8188 Brooklyn McWilliams		Lake Illawarra	_____
4	7889 Macey Owen		Albion Park	_____
5	8382 Ahliya Sharpe		Shoalhaven	_____
6	8151 Ayla York		Lake Illawarra	_____

**Event 140 Boys U 7 - 200 Metre Sprint (7)****Sunday 15/12/2019 - 12:56 PM****Zone: 33.10 13/12/2015 Gabriel Lombardi**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8305 Christian Mastroanna		Lake Illawarra	_____
3	8329 Ryan Mayhaireh		Shoalhaven	_____
4	7836 Lucas Gill-Gomes		Albion Park	_____
5	8131 Cale Deegan		Kiama	_____
6	7899 Jackson Hutchinson		Albion Park	_____
7	8233 Izaak Wells		Lake Illawarra	_____
8	7837 William Gorrie		Albion Park	_____

**Event 142 Boys U 11 - 200 Metre Sprint (3)****Sunday 15/12/2019 - 1:02 PM****Zone: 28.00 30/01/2000 Kane Linnett**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	8256 Aidan Williams		Lake Illawarra	_____
3	7902 Harrison Leavesley		Albion Park	_____
4	8460 Asher Chapman		Shoalhaven	_____

**Event 143 Boys U 11-12 200 Metre Multi Class Run (1)****Sunday 15/12/2019 - 1:02 PM**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37670 Kynan Miller (T/F44)		Shoalhaven	_____

**Event 144 Girls U 12 - 200 Metre Sprint (4)****Sunday 15/12/2019 - 1:05 PM****Zone: 26.10 28/01/1979 Kim Wilson**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37697 Ella Post		Shoalhaven	_____
3	37544 Jessica Kable		Albion Park	_____
4	37579 Lily Bell		Kiama	_____
5	37532 Charlotte Kerr		Albion Park	_____

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**Event 145 Boys U 12 - 200 Metre Sprint (4)****Sunday 15/12/2019 - 1:08 PM****Zone: 26.60 29/01/2006 Caine Trindall**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37681 Jeremiah Galvin		Shoalhaven	_____
3	37550 Germaine Wright		Albion Park	_____
4	37652 Jack Andersen		Lake Illawarra	_____
5	37687 Jett Goddard		Shoalhaven	_____

**Event 146 Girls U 13 - 200 Metre Sprint (7)****Sunday 15/12/2019 - 1:11 PM****Zone: 26.26 02/12/2018 Chelsea Ezeoke**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37540 Ava Power		Albion Park	_____
3	37605 Isabelle Hodgson		Kiama	_____
4	37663 Mia Stevens		Shoalhaven	_____
5	37606 Ella Hewitt		Kiama	_____
6	44527 Ella Colusso		Milton-Ulladulla	_____
7	37560 Krystal Ezeoke		Albion Park	_____
8	37607 Zoe Haylen		Kiama	_____

**Event 148 Girls U 14 - 200 Metre Sprint (6)****Sunday 15/12/2019 - 1:17 PM****Zone: 26.40 14/12/2014 Jenna Bentley**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37562 Lauren Clancy		Albion Park	_____
3	37719 Laylah Connelly		St Georges Basin	_____
4	37561 Chelsea Ezeoke		Albion Park	_____
5	37693 Nakita Boatswain		Shoalhaven	_____
6	37571 Olivia Wishart		Albion Park	_____
7	37547 Abby Eldridge		Albion Park	_____

**Event 149 Boys U 14 - 200 Metre Sprint (2)****Sunday 15/12/2019 - 1:20 PM****Zone: 24.20 30/01/2000 Johnny Finkernagel**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37567 Lucas Campbell		Albion Park	_____
3	37706 Oscar Tunney-Roberts		Shoalhaven	_____

**Event 150 Girls U 15 - 200 Metre Sprint (7)****Sunday 15/12/2019 - 1:23 PM****Zone: 26.30 13/12/2009 Skye Ryan**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37581 Eliza Schweitzer		Kiama	_____
3	37717 Reilly Carey		St Georges Basin	_____
4	37632 Emily Strecker		Lake Illawarra	_____
5	37580 Sienna Bell		Kiama	_____
6	37628 Hannah Hosking		Lake Illawarra	_____
7	37668 Akala Miller		Shoalhaven	_____
8	37458 Imogen Harrison		Albion Park	_____

**Event 151 Girls U 15-17 200 Metre Multi Class Run (1)****Sunday 15/12/2019 - 1:23 PM**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37536 Ashleigh Ryder (T/F37)		Albion Park	_____

**Event 152 Boys U 15 - 200 Metre Sprint (2)****Sunday 15/12/2019 - 1:26 PM****Zone: 23.30 13/12/2009 Brodie Leeson**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37716 Louis Losurdo		St Georges Basin	_____
3	45322 Cohen Deegan		Kiama	_____

**Event 153 Boys U 15-17 200 Metre Multi Class Run (1)****Sunday 15/12/2019 - 1:26 PM**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37674 Brock Miller (T/F20)		Shoalhaven	_____

**Event 154 Girls U 17 - 200 Metre Sprint (4)****Sunday 15/12/2019 - 1:29 PM****Zone: 25.30 13/12/2009 Talissa Scott****Zone: 25.30 13/12/2015 Kiara White**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37569 Ashleigh Goncalves		Albion Park	_____
3	37634 Taylah Hurst		Lake Illawarra	_____
4	37573 Abby Cox		Albion Park	_____
5	44526 Lauren Percival		Milton-Ulladulla	_____

**Event 155 Boys U 17 - 200 Metre Sprint (2)****Sunday 15/12/2019 - 1:32 PM****Zone: 22.60 11/12/2011 Brodie Leeson**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
2	37564 Dylan Clarke		Albion Park	_____
3	37614 Joshua Gamble		Lake Illawarra	_____

**Event 157 Boys U 10 - 200 Metre Sprint (8)****Sunday 15/12/2019 - 1:38 PM****Zone: 28.20 28/01/2007 Luke Watts**

Lane	Name	Age	Centre	Seed Time
<b>Section 1 of 1 Final</b>				
1	8160 Ryder Haines		Lake Illawarra	_____
2	7996 Stephen Alfano		Kiama	_____
3	26546 Jacob Borg		Euro Coast	_____
4	8356 Dean Austin		Shoalhaven	_____
5	7967 Austin Craig		Albion Park	_____
6	28973 Tyler Davis		Milton-Ulladulla	_____
7	8417 Taj Goddard		Shoalhaven	_____
8	7881 Tyson Ling		Albion Park	_____



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**Event 158 Girls U 9 - 200 Metre Sprint (4)****Sunday 15/12/2019 - 1:41 PM****Zone: 31.80 27/01/2002 Paige Fenech**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Centre</b>	<b>Seed Time</b>
<b>Section 1 of 1 Final</b>				
2	8428 Hallie Knowles		Shoalhaven	_____
3	7887 Ruby Owen		Albion Park	_____
4	8187 Maddison McWilliams		Lake Illawarra	_____
5	7897 Ella-Rae McGregor		Albion Park	_____

**Event 159 Boys U 9 - 200 Metre Sprint (5)****Sunday 15/12/2019 - 1:44 PM****Zone: 30.10 26/01/1986 Steven Russo**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Centre</b>	<b>Seed Time</b>
<b>Section 1 of 1 Final</b>				
2	8245 Malachi Kirchberg		Lake Illawarra	_____
3	7856 Jake Witt		Albion Park	_____
4	27108 Kyle Smith		Milton-Ulladulla	_____
5	8239 Sonny Cocksedge		Lake Illawarra	_____
6	8383 Ryan Sharpe		Shoalhaven	_____

**Event 160 Girls U 12-17 4x100 Metre Relay (Snr) (7)****Sunday 15/12/2019 - 1:47 PM****Zone: 52.10 14/12/2008 Albion Park**

<b>Lane</b>	<b>Centre</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Section 1 of 1 Final</b>			
2	Albion Park		_____
3	Lake Illawarra		_____
4	Shoalhaven		_____
5	Milton-Ulladulla		_____
6	Kiama		_____
7	Euro Coast		_____
8	St Georges Basin		_____

**Event 161 Boys U 12-17 4x100 Metre Relay (Snr) (7)****Sunday 15/12/2019 - 1:55 PM****Zone: 48.50 14/12/2008 Albion Park**

<b>Lane</b>	<b>Centre</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Section 1 of 1 Final</b>			
2	Kiama		_____
3	Albion Park		_____
4	St Georges Basin		_____
5	Lake Illawarra		_____
6	Euro Coast		_____
7	Shoalhaven		_____
8	Milton-Ulladulla		_____

**Event 162 Girls U 9-12 4x100 Metre Relay (Jnr) (7)****Sunday 15/12/2019 - 2:03 PM****Zone: 57.90 13/12/2009 Lake Illawarra**

<b>Lane</b>	<b>Centre</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Section 1 of 1 Final</b>			
2	Milton-Ulladulla		_____
3	St Georges Basin		_____
4	Euro Coast		_____
5	Albion Park		_____
6	Lake Illawarra		_____
7	Kiama		_____
8	Shoalhaven		_____

**Event 163 Boys U 9-12 4x100 Metre Relay (Jnr) (7)****Sunday 15/12/2019 - 2:11 PM****Zone: 57.20 14/12/2008 Albion Park**

<b>Lane</b>	<b>Centre</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Section 1 of 1 Final</b>			
2	Shoalhaven		_____
3	Kiama		_____
4	Lake Illawarra		_____
5	Euro Coast		_____
6	Milton-Ulladulla		_____
7	St Georges Basin		_____
8	Albion Park		_____

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Session: 4 Sunday Field Events  
Day 2 - Sunday 15/12/2019 - Starts at 09:00 AM

	<b>Event</b>	<b>Round</b>
9:00 AM	#56 Girls U 10 - High Jump (S/H 0.90m)	Final
9:42 AM	#57 Girls U 14 - High Jump (S/H 1.20m)	Final
9:00 AM	#58 Boys U 10 - Long Jump	Final
9:00 AM	#59 Girls U 15 - Long Jump	Final
9:00 AM	#60 Girls U 15-17 Multi Class Long Jump	Final
9:42 AM	#61 Boys U 17 - Triple Jump	Final
9:00 AM	#62 Girls U 9 - Discus (500 Gram)	Final
9:00 AM	#63 Girls U 13 - Discus (750 Gram)	Final
9:00 AM	#64 Girls U 13-14 Multi Class Discus	Final
9:00 AM	#65 Boys U 14 - Shot Put (3.0 Kg)	Final
9:06 AM	#66 Girls U 17 - Shot Put (3.0 Kg)	Final
9:49 AM	#67 Boys U 9 - High Jump (S/H 0.85m)	Final
10:24 AM	#68 Boys U 13 - High Jump (S/H 1.20m)	Final
9:56 AM	#69 Girls U 7 - Long Jump	Final
9:49 AM	#70 Girls U 11 - Long Jump	Final
10:31 AM	#71 Boys U 11 - Triple Jump	Final
10:00 AM	#72 Boys U 8 - Discus (500 Gram)	Final
9:40 AM	#73 Boys U 15 - Discus (1.0 Kg)	Final
9:40 AM	#74 Boys U 15-17 Multi Class Discus	Final
9:12 AM	#75 Boys U 7 - Shot Put (1.0 Kg)	Final
9:30 AM	#76 Girls U 8 - Shot Put (1.5 Kg)	Final
9:42 AM	#77 Girls U 12 - Javelin (400 Gram)	Final
11:13 AM	#78 Boys U 17 - High Jump (S/H 1.30m)	Final
11:06 AM	#79 Boys U 7 - Long Jump	Final
11:13 AM	#80 Girls U 9 - Long Jump	Final
11:48 AM	#81 Girls U 13 - Triple Jump	Final
11:20 AM	#82 Girls U 7 - Discus (350 Gram)	Final
10:10 AM	#83 Boys U 10 - Discus (500 Gram)	Final
10:24 AM	#84 Boys U 12 - Shot Put (2.0 Kg)	Final
10:33 AM	#85 Girls U 10 - Shot Put (2.0 Kg)	Final
11:41 AM	#86 Boys U 12 - High Jump (S/H 1.15m)	Final
12:23 PM	#87 Boys U 15 - High Jump (S/H 1.25m)	Final
12:16 PM	#88 Girls U 12 - Long Jump	Final
12:37 PM	#89 Boys U 13 - Long Jump	Final
1:19 PM	#90 Girls U 14 - Triple Jump	Final
11:40 AM	#91 Girls U 11 - Discus (500 Gram)	Final
10:50 AM	#92 Girls U 14 - Discus (1.0 Kg)	Final
10:51 AM	#93 Girls U 15 - Shot Put (3.0 Kg)	Final
10:51 AM	#94 Girls U 15-17 Multi Class Shot Put	Final
11:06 AM	#95 Boys U 9 - Shot Put (2.0 Kg)	Final
11:21 AM	#96 Boys U 14 - Javelin (600 Gram)	Final
11:28 AM	#97 Girls U 17 - Javelin (500 Gram)	Final
12:44 PM	#98 Boys U 11 - High Jump (S/H 1.05m)	Final
1:54 PM	#99 Boys U 14 - Long Jump	Final
1:33 PM	#100 Girls U 17 - Long Jump	Final
2:15 PM	#101 Boys U 15 - Triple Jump	Final

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Session: 4 Sunday Field Events  
Day 2 - Sunday 15/12/2019 - Starts at 09:00 AM

<b>Event</b>		<b>Round</b>
12:40 PM	#102 Boys U 17 - Discus (1.5 Kg)	Final
11:49 AM	#103 Boys U 11 - Shot Put (2.0 Kg)	Final
11:49 AM	#104 Boys U 11-12 Multi Class Shot Put	Final
11:58 AM	#105 Boys U 13 - Shot Put (3.0 Kg)	Final
12:25 PM	#106 Girls U 13 - Javelin (400 Gram)	Final
1:00 PM	#107 Girls U 15 - Javelin (500 Gram)	Final
1:47 PM	#108 Boys U 12 - Triple Jump	Final
11:20 AM	#109 Girls U 12 - Discus (750 Gram)	Final
1:21 PM	#110 Girls U 11 - Javelin (400 Gram)	Final

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**Event 56 Girls U 10 - High Jump (S/H 0.90m) (6)****Sunday 15/12/2019 - 9:00 AM****Zone:** 1.32m 02/12/2018 Mia Davis**Zone:** 1.25m 14/12/2014 Ella Hendrick

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	7878 Chelsea Nicol		Albion Park		_____
2	8162 Sophie Grono		Lake Illawarra		_____
3	7975 Amelia Bongiorno		Albion Park		_____
4	8244 Isabella Clowes		Lake Illawarra		_____
5	8501 Shilah Soens		St Georges Basin		_____
6	26551 Taylor Traacey		Euro Coast		_____

**Event 57 Girls U 14 - High Jump (S/H 1.20m) (1)****Sunday 15/12/2019 - 9:42 AM****Zone:** 1.61m 27/01/2008 Tayla King

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37665 Olivia Davis		Shoalhaven		_____

**Event 58 Boys U 10 - Long Jump (6)****Sunday 15/12/2019 - 9:00 AM****Zone:** 4.75m 26/01/1980 David Carter

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	7996 Stephen Alfano		Kiama		_____
2	26546 Jacob Borg		Euro Coast		_____
3	28973 Tyler Davis		Milton-Ulladulla		_____
4	7907 Liam Green		Albion Park		_____
5	8160 Ryder Haines		Lake Illawarra		_____
6	7900 Jack Colwell		Albion Park		_____

**Event 59 Girls U 15 - Long Jump (7)****Sunday 15/12/2019 - 9:00 AM****Zone:** 5.72m 13/12/2008 Tayla King

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37628 Hannah Hosking		Lake Illawarra		_____
2	37581 Eliza Schweitzer		Kiama		_____
3	37668 Akala Miller		Shoalhaven		_____
4	37632 Emily Strecker		Lake Illawarra		_____
5	37458 Imogen Harrison		Albion Park		_____
6	37616 Jada Schillert		Lake Illawarra		_____
7	37717 Reilly Carey		St Georges Basin		_____

**Event 60 Girls U 15-17 Multi Class Long Jump (1)****Sunday 15/12/2019 - 9:00 AM**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37536 Ashleigh Ryder (T/F37		Albion Park		_____

**Event 61 Boys U 17 - Triple Jump (1)****Sunday 15/12/2019 - 9:42 AM****Zone:** 12.31m 13/12/2009 Dean Invernon

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37644 Jonathon Carmody		Lake Illawarra		_____

**Event 62 Girls U 9 - Discus (500 Gram) (6)****Sunday 15/12/2019 - 9:00 AM****Zone:** 24.07m 27/01/2002 Talissa Scott

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8409 Indigo Price		Shoalhaven		_____
2	8454 Layla Beck		Shoalhaven		_____
3	8396 Lilly Moore		Shoalhaven		_____
4	7892 Sidney Bartle		Albion Park		_____
5	8148 Calai Dach		Lake Illawarra		_____
6	8180 Liarna Peters		Lake Illawarra		_____

**Event 63 Girls U 13 - Discus (750 Gram) (4)****Sunday 15/12/2019 - 9:00 AM****Zone:** 39.35m 02/12/2018 Chelsea Ezeoke

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37560 Krystal Ezeoke		Albion Park		_____
2	37607 Zoe Haylen		Kiama		_____
3	37704 Chloe Daniel		Shoalhaven		_____
4	37593 Audrey Terry		Kiama		_____

**Event 64 Girls U 13-14 Multi Class Discus (1)****Sunday 15/12/2019 - 9:00 AM**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37537 Charlize Colwell (T/F3		Albion Park		_____

**Event 65 Boys U 14 - Shot Put (3.0 Kg) (2)****Sunday 15/12/2019 - 9:00 AM****Zone:** 14.07m 02/12/2018 Ryan Keen

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	44378 Vaughn Gilligan		Euro Coast		_____
2	37695 Max Beck		Shoalhaven		_____

**Event 66 Girls U 17 - Shot Put (3.0 Kg) (2)****Sunday 15/12/2019 - 9:06 AM****Zone:** 13.12m 11/12/2011 Rachelle Grozde

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37634 Taylah Hurst		Lake Illawarra		_____
2	37640 Madison Callaway		Lake Illawarra		_____

**Event 67 Boys U 9 - High Jump (S/H 0.85m) (5)****Sunday 15/12/2019 - 9:49 AM****Zone:** 1.25m 29/01/1983 Matthew Dalby

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8383 Ryan Sharpe		Shoalhaven		_____
2	7870 Jackson Fraser		Albion Park		_____
3	8262 Khoen Hands		Lake Illawarra		_____
4	27108 Kyle Smith		Milton-Ulladulla		_____
5	8079 Riley Wells		Kiama		_____

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**Event 68 Boys U 13 - High Jump (S/H 1.20m) (7)****Sunday 15/12/2019 - 10:24 AM****Zone: 1.66m 11/12/2011 Jake Rallings**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37541 Izak Van De Merwe		Albion Park		_____
2	37592 Joshua Bender		Kiama		_____
3	37718 Tyler Carey		St Georges Basin		_____
4	37629 Joshua Hosking		Lake Illawarra		_____
5	37742 Jett Kingma		St Georges Basin		_____
6	37114 Brooklyn Mandavy		St Georges Basin		_____
7	37630 Dylan Hardy		Lake Illawarra		_____

**Event 69 Girls U 7 - Long Jump (5)****Sunday 15/12/2019 - 9:56 AM****Zone: 3.33m 26/01/2001 Tayla King**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	7889 Macey Owen		Albion Park		_____
2	7932 Amelia Elphick		Albion Park		_____
3	8382 Ahliya Sharpe		Shoalhaven		_____
4	8188 Brooklyn McWilliams		Lake Illawarra		_____
5	8580 Evalyn Norris		St Georges Basin		_____

**Event 70 Girls U 11 - Long Jump (11)****Sunday 15/12/2019 - 9:49 AM****Zone: 4.78m 26/01/2002 Teresa Garcia**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8028 Evey Hokin		Kiama		_____
2	8347 Bronte Galvin		Shoalhaven		_____
3	28972 Mia Davis		Milton-Ulladulla		_____
4	8201 Indie Cooper		Lake Illawarra		_____
5	8343 Mia O'Mullane		Shoalhaven		_____
6	8027 Maiya Hewitt		Kiama		_____
7	8163 Madison Oscroft		Lake Illawarra		_____
8	8078 Zara Wells		Kiama		_____
9	7952 Sienna Allitt		Albion Park		_____
10	8318 Evelyn Hill		Shoalhaven		_____
11	27111 Jessica Kann		Milton-Ulladulla		_____

**Event 71 Boys U 11 - Triple Jump (6)****Sunday 15/12/2019 - 10:31 AM****Zone: 9.96m 26/01/2003 Kevin Orgaz****Zone: 9.96m 28/01/2006 Joshua Bingham**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8548 Riley Haig		St Georges Basin		_____
2	8097 Isaac Oldfield		Kiama		_____
3	8543 Jordan Wallace		St Georges Basin		_____
4	8256 Aidan Williams		Lake Illawarra		_____
5	8308 Tynan Caswell		Shoalhaven		_____
6	27124 Phoenix Williams		Milton-Ulladulla		_____

**Event 72 Boys U 8 - Discus (500 Gram) (8)****Sunday 15/12/2019 - 10:00 AM****Zone: 25.34m 30/01/2000 S Harris**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8170 Rory Brownlee		Lake Illawarra		_____
2	8542 Lachlan Wallace		St Georges Basin		_____
3	8189 William Tebbutt		Lake Illawarra		_____
4	7914 Jacob Lakeman		Albion Park		_____
5	8235 Ashton Jones		Lake Illawarra		_____
6	8366 Aidan McLaren		Shoalhaven		_____
7	7873 Gianni Oiteirinho		Albion Park		_____
8	8386 Jackson Turner		Shoalhaven		_____

**Event 73 Boys U 15 - Discus (1.0 Kg) (3)****Sunday 15/12/2019 - 9:40 AM****Zone: 42.84m 09/12/2012 Brock Nichols**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	45321 Jack Cordell		Kiama		_____
2	45322 Cohen Deegan		Kiama		_____
3	37641 Ryan Keen		Lake Illawarra		_____

**Event 74 Boys U 15-17 Multi Class Discus (1)****Sunday 15/12/2019 - 9:40 AM**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37674 Brock Miller (T/F20)		Shoalhaven		_____

**Event 75 Boys U 7 - Shot Put (1.0 Kg) (6)****Sunday 15/12/2019 - 9:12 AM****Zone: 7.52m 13/12/2014 Noah Jackson**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	7837 William Gorrie		Albion Park		_____
2	7899 Jackson Hutchinson		Albion Park		_____
3	8385 Riley Bertholini		Shoalhaven		_____
4	7929 Oscar Van Der Merwe		Albion Park		_____
5	7915 Justin Lakeman		Albion Park		_____
6	8131 Cale Deegan		Kiama		_____

**Event 76 Girls U 8 - Shot Put (1.5 Kg) (4)****Sunday 15/12/2019 - 9:30 AM****Zone: 6.39m 30/01/2000 Kendall Vaughan**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	7888 Peyton Thompson		Albion Park		_____
2	8212 Charlotte O'Neill		Lake Illawarra		_____
3	8168 Paige King		Lake Illawarra		_____
4	8546 Asher Haig		St Georges Basin		_____

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**Event 77 Girls U 12 - Javelin (400 Gram) (6)****Sunday 15/12/2019 - 9:42 AM****Zone: 27.93m 10/12/2011 Shaye-Lee Frier**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37626 Aleisha McGarry		Lake Illawarra		_____
2	37683 Emily McLaren		Shoalhaven		_____
3	37553 Zoe Meyers		Albion Park		_____
4	37590 Malia Cummins		Kiama		_____
5	37666 Elysha Davis		Shoalhaven		_____
6	37692 Aurora Boatswain		Shoalhaven		_____

**Event 78 Boys U 17 - High Jump (S/H 1.30m) (4)****Sunday 15/12/2019 - 11:13 AM****Zone: 1.90m 10/12/2016 Jye Shumack**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	45320 Matt Cordell		Kiama		_____
2	37644 Jonathon Carmody		Lake Illawarra		_____
3	37614 Joshua Gamble		Lake Illawarra		_____
4	37570 Isaac Shaw		Albion Park		_____

**Event 79 Boys U 7 - Long Jump (6)****Sunday 15/12/2019 - 11:06 AM****Zone: 3.50m 13/12/2015 Germaine Wright**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	7915 Justin Lakeman		Albion Park		_____
2	7837 William Gorrie		Albion Park		_____
3	8336 Flynn O'Mullane		Shoalhaven		_____
4	8313 Riley Sandstrom		Shoalhaven		_____
5	7929 Oscar Van Der Merwe		Albion Park		_____
6	27505 Brax Betts		Shoalhaven		_____

**Event 80 Girls U 9 - Long Jump (9)****Sunday 15/12/2019 - 11:13 AM****Zone: 4.22m 27/01/1985 S Gown**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8319 Victoria Hill		Shoalhaven		_____
2	8409 Indigo Price		Shoalhaven		_____
3	8396 Lilly Moore		Shoalhaven		_____
4	7887 Ruby Owen		Albion Park		_____
5	8180 Liarna Peters		Lake Illawarra		_____
6	7942 Chelsea Allit		Albion Park		_____
7	8454 Layla Beck		Shoalhaven		_____
8	8187 Maddison McWilliams		Lake Illawarra		_____
9	8428 Hallie Knowles		Shoalhaven		_____

**Event 81 Girls U 13 - Triple Jump (7)****Sunday 15/12/2019 - 11:48 AM****Zone: 10.56m 02/12/2018 Chelsea Ezeoke**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37607 Zoe Haylen		Kiama		_____
2	37606 Ella Hewitt		Kiama		_____
3	37605 Isabelle Hodgson		Kiama		_____
4	37596 Amelia Weatherlake		Kiama		_____
5	37593 Audrey Terry		Kiama		_____
6	37631 Sienna Strecker		Lake Illawarra		_____
7	37625 Olivia O'Neill		Lake Illawarra		_____

**Event 82 Girls U 7 - Discus (350 Gram) (2)****Sunday 15/12/2019 - 11:20 AM****Zone: 14.83m 29/01/2000 Talissa Scott**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8382 Ahliya Sharpe		Shoalhaven		_____
2	8204 Hannah Lidbetter		Lake Illawarra		_____

**Event 83 Boys U 10 - Discus (500 Gram) (4)****Sunday 15/12/2019 - 10:10 AM****Zone: 34.09m 12/12/2015 Ryan Keen**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	7907 Liam Green		Albion Park		_____
2	7900 Jack Colwell		Albion Park		_____
3	8417 Taj Goddard		Shoalhaven		_____
4	8356 Dean Austin		Shoalhaven		_____

**Event 84 Boys U 12 - Shot Put (2.0 Kg) (3)****Sunday 15/12/2019 - 10:24 AM****Zone: 9.86m 02/12/2018 Jordan Poole**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37523 Scott Colwell		Albion Park		_____
2	37620 Parker Ivanovski		Lake Illawarra		_____
3	37652 Jack Andersen		Lake Illawarra		_____

**Event 85 Girls U 10 - Shot Put (2.0 Kg) (6)****Sunday 15/12/2019 - 10:33 AM****Zone: 8.90m 13/12/2015 Chelsea Ezeoke**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	7975 Amelia Bongiorno		Albion Park		_____
2	8309 Myra Betts		Shoalhaven		_____
3	8230 Tauris Ivanovski		Lake Illawarra		_____
4	7841 Aroua Bray		Albion Park		_____
5	8330 Elizabeth Davis		Shoalhaven		_____
6	8009 Josie Cunningham		Kiama		_____

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**Event 86 Boys U 12 - High Jump (S/H 1.15m) (6)****Sunday 15/12/2019 - 11:41 AM****Zone: 1.67m 31/01/1982 Mineo Bonetig**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37565 Harry Fraser		Albion Park		_____
2	37652 Jack Andersen		Lake Illawarra		_____
3	37546 Aaron Eldridge		Albion Park		_____
4	37681 Jeremiah Galvin		Shoalhaven		_____
5	37651 Harry Andersen		Lake Illawarra		_____
6	37610 Max Boniface		Kiama		_____

**Event 87 Boys U 15 - High Jump (S/H 1.25m) (3)****Sunday 15/12/2019 - 12:23 PM****Zone: 1.76m 13/12/2015 Jye Shumack**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37716 Louis Losurdo		St Georges Basin		_____
2	37641 Ryan Keen		Lake Illawarra		_____
3	37713 Tsar Mandavy		St Georges Basin		_____

**Event 88 Girls U 12 - Long Jump (9)****Sunday 15/12/2019 - 12:16 PM****Zone: 4.93m 12/12/2009 Chloe Docker**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37613 Abby Quick		Lake Illawarra		_____
2	37532 Charlotte Kerr		Albion Park		_____
3	37579 Lily Bell		Kiama		_____
4	37544 Jessica Kable		Albion Park		_____
5	37590 Malia Cummins		Kiama		_____
6	37697 Ella Post		Shoalhaven		_____
7	37576 Sabellah Nankivell		Albion Park		_____
8	37626 Aleisha McGarry		Lake Illawarra		_____
9	37115 Natarsha Mandavy		St Georges Basin		_____

**Event 89 Boys U 13 - Long Jump (11)****Sunday 15/12/2019 - 12:37 PM****Zone: 5.41m 29/01/1989 Che Wicks**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37664 Reilly Caswell		Shoalhaven		_____
2	44525 Lane Williams		Milton-Ulladulla		_____
3	37538 Mackay Jones		Albion Park		_____
4	37742 Jett Kingma		St Georges Basin		_____
5	37630 Dylan Hardy		Lake Illawarra		_____
6	37718 Tyler Carey		St Georges Basin		_____
7	37539 Macleay Kesby		Albion Park		_____
8	37568 Riley Witt		Albion Park		_____
9	37541 Izak Van De Merwe		Albion Park		_____
10	37592 Joshua Bender		Kiama		_____
11	45323 Cooper Deegan		Kiama		_____

**Event 90 Girls U 14 - Triple Jump (2)****Sunday 15/12/2019 - 1:19 PM****Zone: 11.20m 27/01/2008 Tayla King**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37665 Olivia Davis		Shoalhaven		_____
2	37562 Lauren Clancy		Albion Park		_____

**Event 91 Girls U 11 - Discus (500 Gram) (6)****Sunday 15/12/2019 - 11:40 AM****Zone: 17.75m 02/12/2018 Aleisha McGarry**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8078 Zara Wells		Kiama		_____
2	8343 Mia O'Mullane		Shoalhaven		_____
3	8499 Isabelle Reader		St Georges Basin		_____
4	7909 Kalani Green		Albion Park		_____
5	8427 Olivia Knowles		Shoalhaven		_____
6	8493 Kadance Naylor		St Georges Basin		_____

**Event 92 Girls U 14 - Discus (1.0 Kg) (3)****Sunday 15/12/2019 - 10:50 AM****Zone: 42.03m 09/12/2012 Samantha Peace**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37693 Nakita Boatswain		Shoalhaven		_____
2	37669 Talea Miller		Shoalhaven		_____
3	37654 Alana McGarry		Lake Illawarra		_____

**Event 93 Girls U 15 - Shot Put (3.0 Kg) (4)****Sunday 15/12/2019 - 10:51 AM****Zone: 13.02m 13/12/2009 Rachelle Grozde**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37668 Akala Miller		Shoalhaven		_____
2	37556 Calany Meyers		Albion Park		_____
3	37736 Keira Watt		St Georges Basin		_____
4	37580 Sienna Bell		Kiama		_____

**Event 94 Girls U 15-17 Multi Class Shot Put (1)****Sunday 15/12/2019 - 10:51 AM**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37536 Ashleigh Ryder (T/F37)		Albion Park		_____

**Event 95 Boys U 9 - Shot Put (2.0 Kg) (5)****Sunday 15/12/2019 - 11:06 AM****Zone: 8.79m 26/01/1991 Bradley Jackson**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8079 Riley Wells		Kiama		_____
2	8167 Zak Schillert		Lake Illawarra		_____
3	8205 Beau Lidbetter		Lake Illawarra		_____
4	8262 Khoen Hands		Lake Illawarra		_____
5	8147 Thomas Gowans		Lake Illawarra		_____

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**Event 96 Boys U 14 - Javelin (600 Gram) (1)****Sunday 15/12/2019 - 11:21 AM****Zone: 41.08m 29/01/2005 Michael Baillie**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37695 Max Beck		Shoalhaven		_____

**Event 97 Girls U 17 - Javelin (500 Gram) (3)****Sunday 15/12/2019 - 11:28 AM****Zone: 34.11m 10/12/2011 Rachelle Grozde**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37640 Madison Callaway		Lake Illawarra		_____
2	37554 Keira-Lee Meyers		Albion Park		_____
3	37686 Emeilia Matthews		Shoalhaven		_____

**Event 98 Boys U 11 - High Jump (S/H 1.05m) (6)****Sunday 15/12/2019 - 12:44 PM****Zone: 1.50m 24/01/1981 Mineo Bonetig**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8190 James Tebbutt		Lake Illawarra		_____
2	7886 Connor Owen		Albion Park		_____
3	8548 Riley Haig		St Georges Basin		_____
4	8543 Jordan Wallace		St Georges Basin		_____
5	7890 Tyler Campbell		Albion Park		_____
6	7953 Max Van Der Merwe		Albion Park		_____

**Event 99 Boys U 14 - Long Jump (3)****Sunday 15/12/2019 - 1:54 PM****Zone: 5.83m 30/01/2011 Jye Brooker**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	44785 Kade Dhu		Shoalhaven		_____
2	37706 Oscar Tunney-Roberts		Shoalhaven		_____
3	37567 Lucas Campbell		Albion Park		_____

**Event 100 Girls U 17 - Long Jump (2)****Sunday 15/12/2019 - 1:33 PM****Zone: 5.75m 13/12/2008 Talissa Scott**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37640 Madison Callaway		Lake Illawarra		_____
2	37598 Georgia Richards		Kiama		_____

**Event 101 Boys U 15 - Triple Jump (3)****Sunday 15/12/2019 - 2:15 PM****Zone: 12.54m 28/01/2007 Kevin Orgaz**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37641 Ryan Keen		Lake Illawarra		_____
2	37713 Tsar Mandavy		St Georges Basin		_____
3	45322 Cohen Deegan		Kiama		_____

**Event 102 Boys U 17 - Discus (1.5 Kg) (4)****Sunday 15/12/2019 - 12:40 PM****Zone: 38.76m 14/12/2014 Brock Nichols**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37612 Jude Basnet		Kiama		_____
2	37618 Mathew Hutchison		Lake Illawarra		_____
3	37614 Joshua Gamble		Lake Illawarra		_____
4	37644 Jonathon Carmody		Lake Illawarra		_____

**Event 103 Boys U 11 - Shot Put (2.0 Kg) (2)****Sunday 15/12/2019 - 11:49 AM****Zone: 12.08m 27/01/1996 Alex Cabanas**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	8502 Addison Kingma		St Georges Basin		_____
2	8395 Riley Moore		Shoalhaven		_____

**Event 104 Boys U 11-12 Multi Class Shot Put (1)****Sunday 15/12/2019 - 11:49 AM**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37670 Kynan Miller (T/F44)		Shoalhaven		_____

**Event 105 Boys U 13 - Shot Put (3.0 Kg) (9)****Sunday 15/12/2019 - 11:58 AM****Zone: 14.29m 30/01/1983 Paul Kaiserfield**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37676 Darcy Davis		Shoalhaven		_____
2	37699 Cade Chapman		Shoalhaven		_____
3	37629 Joshua Hosking		Lake Illawarra		_____
4	37575 Rhys O'Dea		Albion Park		_____
5	37534 Lexin O'Dea		Albion Park		_____
6	37114 Brooklyn Mandavy		St Georges Basin		_____
7	37568 Riley Witt		Albion Park		_____
8	44525 Lane Williams		Milton-Ulladulla		_____
9	37684 Hamish McLaren		Shoalhaven		_____

**Event 106 Girls U 13 - Javelin (400 Gram) (5)****Sunday 15/12/2019 - 12:25 PM****Zone: 31.62m 09/12/2012 Shayee-Lee Frier**

Pos	Name	Age	Centre	Seed	Mark
<b>Flight 1 of 1 Final</b>					
1	37605 Isabelle Hodgson		Kiama		_____
2	37704 Chloe Daniel		Shoalhaven		_____
3	37593 Audrey Terry		Kiama		_____
4	37596 Amelia Weatherlake		Kiama		_____
5	37607 Zoe Haylen		Kiama		_____



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**Event 107 Girls U 15 - Javelin (500 Gram) (3)****Sunday 15/12/2019 - 1:00 PM****Zone: 33.03m 09/12/2012 Susie Seitaridis**

<b>Pos</b>	<b>Name</b>	<b>Age</b>	<b>Centre</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Final</b>				
1	37736 Keira Watt		St Georges Basin	_____
2	37628 Hannah Hosking		Lake Illawarra	_____
3	37556 Calany Meyers		Albion Park	_____

**Event 108 Boys U 12 - Triple Jump (5)****Sunday 15/12/2019 - 1:47 PM****Zone: 10.68m 30/01/2011 Jake Rallings**

<b>Pos</b>	<b>Name</b>	<b>Age</b>	<b>Centre</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Final</b>				
1	37620 Parker Ivanovski		Lake Illawarra	_____
2	37550 Germaine Wright		Albion Park	_____
3	37523 Scott Colwell		Albion Park	_____
4	37687 Jett Goddard		Shoalhaven	_____
5	37565 Harry Fraser		Albion Park	_____

**Event 109 Girls U 12 - Discus (750 Gram) (7)****Sunday 15/12/2019 - 11:20 AM****Zone: 33.96m 29/01/2011 Samantha Peace**

<b>Pos</b>	<b>Name</b>	<b>Age</b>	<b>Centre</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Final</b>				
1	37544 Jessica Kable		Albion Park	_____
2	37576 Sabellah Nankivell		Albion Park	_____
3	37692 Aurora Boatswain		Shoalhaven	_____
4	37626 Aleisha McGarry		Lake Illawarra	_____
5	37683 Emily McLaren		Shoalhaven	_____
6	37115 Natarsha Mandavy		St Georges Basin	_____
7	37553 Zoe Meyers		Albion Park	_____

**Event 110 Girls U 11 - Javelin (400 Gram) (4)****Sunday 15/12/2019 - 1:21 PM****Zone: 16.87m 09/12/2017 Olivia Davis**

<b>Pos</b>	<b>Name</b>	<b>Age</b>	<b>Centre</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Final</b>				
1	7910 Amber Potts		Albion Park	_____
2	8343 Mia O'Mullane		Shoalhaven	_____
3	8499 Isabelle Reader		St Georges Basin	_____
4	8059 Claire Vogelaar		Kiama	_____

# Ground Layout

