

Coming Events: STATE TRACK AND FIELD CHAMPIONSHIPS

14 & 15 MARCH 2020

- SOPAC

AUSTRALAN LITTLE ATHLETICS CHAMPIONSHIPS

- CANBERRA

18 & 19 APRIL 2020

<u>Welcome</u>

It is my pleasure, on behalf of Albion Park Little Athletics, to welcome everyone to the Mid South Coast Zone Championships for the 2019-20 season.

The success of our zone championships is dependent upon the hard work of many volunteers in the lead up to the weekend and during the carnival. I would like to sincerely thank all of the members and committee of Albion Park Little Athletics who have worked hard to get our track, facilities and athletes ready for this carnival. This weekend sees us welcome athletes from as far as the ACT border. I would like to thank all the clubs who have registered athletes for the carnival and the parents and friends who are here to support them.

The championships could not be held without the support of our officials who will be working throughout the weekend. These officials deserve a special mention and we hope all competitors, families and supporters show them the upmost respect.

Security will be on site on Friday night and Saturday night. However, Albion Park Little Athletics Centre and the Mid South Coast Zone accepts no responsibility for items left on site. Should you choose to leave items overnight you do so at your own risk.

I hope to see all athletes compete with sportsmanship as they strive to do their best this weekend. Many athletes will progress to the regional carnival, hosted by Mid South Coast Zone, at Myimbarr Community Park in February but it is important to remember that success can be measured in many ways, from personal bests achieved to friendships made and experience gained.

Yours in Sport Crystal Woll President Albion Park Little Athletics



Mid South Coast Zone Championships



The Carnival Manager shall have the right to combine events where necessary, but separate results shall be recorded for each event so combined.

All athletes at the Zone Championships will receive certificates. The first three (3) place getters in the Under 7 events will receive State medals. The first three (3) place getters in all other age groups will receive Zone medals. Only the Under 7 medals will be presented at the Zone Championships. The remaining medals and certificates will be distributed to Centres after the Carnival.

The first three (3) place getters in all Under 8 to Under 17 finals will progress to the Region 4 Championships at Myimbarr Community Park, Wattle Road, Flinders on Saturday 1st and Sunday 2nd February 2020. In addition, the next best four (4) performances in each event across Region 4 will also qualify for the Region 4 Championships. The first two (2) place getters in the Relays will progress to the Region 4 Championships.

Should an athlete, for any reason, be unable to attend the Region 4 Championships, the Information Officer should be informed immediately. This will be the only opportunity for replacements to be considered. No further withdrawals/replacements will be accepted/designated after the completion of the Zone Championships.

At the Region 4 Championships the first two (2) place getters in all Under 9 to Under 17 finals will progress to the State Track And Field Championships at Sydney Olympic Park Athletic Centre, Homebush on Saturday 14th and Sunday 15th March 2020. In addition, the next best eight (8) performances in each event across all Regions will also qualify for the State Track And Field Championships.

No State records, either track or field, are recognized at the Zone Championships.

On the track, if insufficient athletes turn up when an event is called for heats to be run, then the final will be run instead of the heats and the final listed later in the program will be cancelled.

During heats <u>all</u> straight lanes will be used. If finals are run where heats should be then all lanes could be used. If finals are run after heats then <u>only</u> eight (8) lanes will be used.

Program Of Events

This season we are trialling a timed program and there are a few things we would like everyone to be aware of:

- 1. It's advised that athletes be at the venue at least 30 minutes prior to the proposed start time.
- 2. As this is our first year running a timed program, we need your patience. Events will not start before the allocated time, but we may run behind time and announcements will be made during the day.
- 3. We will still make traditional calls for events. There will be a marshal time and a start time listed in the program.





SPONSORS

- BlueScope
- Kelly + Partners Chartered Accountants

SPECIAL GUESTS

Mrs Joan Blair Mrs Evelyn Rickards

FIRST AID

Katie Dent Matt Williams Scott McLaren Crystal Woll Patrick McPhillips Sharon Wright

LIVE RESULTS

Live Results are available at <u>www.littlearesults.com</u>. Use the QR Code below to access event results.





Centre Information

Centre	Abbrev.	No.	Uniform	Team Manager	
Albion Park	ALB	71	White with red & blue trim.	Katie Dent	
	NED	, 1	Red shorts.	Crystal Woll	
Euro Coast	EUR	258	Teal and navy blue with navy blue trim.	Jo Borg	
Euro Coasi	EUK	200	Navy blue shorts.	Suzy Gilligan	
Kiama	KIA 114		Lime green with black & white trim.		Taryn Hodgson
Nunu	KI A	114	Black shorts.	rai yn Floagson	
Lake			Royal blue, black panels with black and		
Illawarra	LKI	LKI 10	white contoured striping.	Kellie Keen	
Indwarra			Royal blue or black shorts.		
Milton	MIL	185	Black with two white diagonal stripes.	Angela Colusso	
Ulladulla	MIL	105	Black shorts.	Angela Colusso	
Shoalhaven	SHO	120	Red with royal blue & white diagonal.	Deenen Melenen	
Srioainaven	340	120	Royal blue shorts.	Doonan McLaren	
St Georges	SGB	167	Red with black & white trim	Simone Losurdo	
Basin	398	107	Black shorts.	Simone Losurdo	

Uniform Requirements

Athletes must compete in correct Centre uniform. All U7 to U11 athletes wear the McDonald's registration number which **MUST** have the **FULL** red border clearly visible. Athletes in the U12 to U17 age groups have been allocated a ONE SPORT registration number. If this number is too large for the girls' crop top it may be folded at the top ONLY. The Coles patch MUST be placed on the front right shoulder and the Age patch on the front left hand side of the uniform. No part of the clothing shall extend beyond the top of the knee for any walk event.

<u>Dean Blair Registration Numbers</u> <u>Under 7 To Under 17</u>

Albion Park	155	Milton Ulladulla	34
Euro Coast	110	Shoalhaven	217
Kiama	147	St Georges Basin	113
Lake Illawarra	158		

Mid South Coast Zone - Life Members

Howard McGarry - Lake Illawarra (1999) Peter Cotter - St Georges Basin (2000) Sonja Schofield - Shoalhaven (2001) Heather Jimenez - Lake Illawarra (2001) Carol McGarry - Lake Illawarra (2003) Janet Poppett - Kiama (2004)

Gary Poppett -	Kiama (2004)
Jan Cotter -	St Georges Basin (2006)
Paul Joines –	St Georges Basin (2009)
Craig Scott -	Kiama (2009)
Stacey Scott -	Kiama (2009)

<u>Officials For Mid South</u> <u>Coast Zone Championships</u> <u>Held at John O'Dwyer Oval,</u> <u>14th and 15th December, 2019</u>

Host Centre		Albion Park	
Carnival Manager	Howard McGarry	Zone Coordinator	
Assist. Carnival Manager	Crystal Woll	Albion Park	
Timing Gate Operator		Albion Park	
Starting Panel	Ann Crooks TBA	Lake Illawarra TBA	
Announcer	Patrick McPhillips	Albion Park	
Information Officer	Carol McGarry	Lake Illawarra	
Safety Officer	Patrick McPhillips	Albion Park	
Multi Class Coordinator	Crystal Woll	Albion Park	
	Rachel Callaway	Lake Illawarra	
	Tracy Mandavy	St Georges Basin	
Walks Panel	Carol McGarry	Lake Illawarra	
	Kevin McGarry	Lake Illawarra	
Recording	Tracy Mandavy	St Georges Basin	
Computer Coordinator	Craig Scott	Kiama	
Medal Presentations (Under 7's Only)		Albion Park	
Medical Officer	Scott McLaren	Shoalhaven	
Dean Blair Trophy Compiler	Craig Scott	Kiama	
Track Marshalling	<u> </u>	Milton Ulladulla	
Shot Put Chief	Kevin McGarry	Lake Illawarra	
Discus Chief - 1	Ron Cox/Jakki Peace	Shoalhaven	
Discus Chief - 2	TBA	ТВА	
Long/Triple Jump Chief - 1	Michael McKay	St Georges Basin	
Long/Triple Jump Chief - 2		Euro Coast	
High Jump Chief	James Cordell/ Craig Scott	Kiama	
Javelin Chief	Kevin McGarry	Lake Illawarra	

- We require assistance to run events. Each centre has been allocated a duty. Even though this is a timed program we ask that centre's, and their members, assist us by fulfilling their allocated duties. There will be delays if there are insufficient personnel available to run events.
- 2. Parents are asked to wear enclosed shoes when assisting at events.
- 3. Parent helpers are not permitted to coach or assist athletes at events. Any athlete receiving assistance from within the competition area during an event will be cautioned and warned that for any repetition, he/she will be disqualified.
- 4. Parent helpers are to refrain from cheering athletes from the inside of the track.
- 5. Parent helpers are to sign on for the event.
- 6. The competition area is only for athletes, officials and parent helpers. No spectators are permitted inside the fence at any time without prior consent from the Carnival Manager.

Starting Times

<u>Saturday</u>

- 8:00am First call for Officials
- 8:15am First call for March Past
- 8:30am March Past commences
- 8:45am Official Opening
- 9:00am First call for Events
- 9:15am First Events commence

Opening Ceremony

- 1. March Past winner's trophy presented by the Rickard family.
- 2. Presentation of replica trophy to last year's March Past winners.
- 3. Mrs Blair to address guests and athletes.
- 4. Hand over Dean Blair trophy to Zone Coordinator by Mrs Blair.
- 5. Official Opening.

<u>Sunday</u>

- 8:30am First call for Officials
- 8:45am First call for Events
- 9:00am First Events commence

Relay Teams

The first two (2) place getters in the Relays will progress to the Region 4 Championships.

Team Composition

Junior Relay

4 athletes (one athlete from U9, U10, U11 & U12) U12 may be replaced by an U9, U10 or U11 U11 may be replaced by an U9 or U10

U10 may be replaced by an U9

Senior Relay

4 athletes (one athlete from U13, U14, U15 & U17)

U17 may be replaced by an U15, U14 or U13

U15 may be replaced by an U14 or U13

U14 may be replaced by an U13

U13 may be replaced by an U12 (Note: a maximum of $1 \times U12$ athlete may be used in a senior relay team. If an U12 is used in the Senior Relay team the same athlete cannot be a member of the Junior Relay team).

Athletes may compete in any order in Relays.

Dean Blair Memorial Trophy

Dean Blair was a member of Kiama Little Athletics Centre from September to December 1980. During his short but exceptionally progressive membership he excelled in both track and field events. Having not been coached he was a "natural" little athlete.

Joining at the age of nine (9) he broke fifteen (15) records in three (3) months, a testimony to his natural ability.

Among his achievements were:

100m	14.6 secs	1500m	5 mins 31.3 secs
200m	29.8 secs	60m/h	10.3 secs
400m	1 min 6.8 secs	Discus	23.90m
800m	2 mins 42.1 secs	Long Jump	4.35m

He displayed a great degree of enthusiasm, sportsmanship and co-operation, which is a necessary ingredient to be given in order to gain from athletics. His one aim was to be good enough to compete at the Olympics.

Tragically, Dean died on the 5th of December 1980 as a result of a playground accident at school. At the time he had been looking forward to, and preparing for, the Zone Championships and had entered into his four (4) events. He died the day before the Championships were to begin.

As a result of this the idea of a perpetual memorial trophy for these Championships came into being. Exclusively through the thoughtfulness of Mr Bill Young and Mr John May, from Lake Illawarra Little Athletics Centre. Mr John May crafted the original trophy and it was first presented in 1982.

The inscription on the base reads:

"This trophy is in memory of a little boy who gave so much. May his love of athletics be an inspiration and enjoyment for all young, dedicated athletes to follow. May their efforts fulfil his dreams."

His parents dedicated this inscription.

He is a little boy now, so sadly missed.

My encouragement goes out to all young athletes competing in the Zone Championships each year. The spirit of team effort and loyalty to each other is quite evident.

Good luck to all, Mrs Joan Blair

Dean Blair Memorial Trophy

Previous Winners

1982-83	Lake Illawarra
1983-84	Kiama
1984-85	Lake Illawarra
1985-86	Lake Illawarra
1986-87	Lake Illawarra
1987-88	Albion Park
1988-89	Albion Park
1989-90	Albion Park
1990-91	Albion Park
1991-92	Albion Park
1992-93	Albion Park
1993-94	Lake Illawarra
1994-95	Albion Park
1995-96	St Georges Basin
1996-97	Kiama
1997-98	Lake Illawarra
1998-99	St Georges Basin
1999-00	Albion Park
2000-01	Lake Illawarra



2001-02 St Georges Basin 2002-03 Lake Illawarra 2003-04 Albion Park 2004-05 Albion Park Albion Park 2005-06 Lake Illawarra 2006-07 2007-08 Albion Park 2008-09 Albion Park Albion Park 2009-10 2010-11 Albion Park 2011-12 Albion Park 2012-13 Albion Park 2013-14 Albion Park 2014-15 Albion Park 2015-16 Albion Park 2016-17 Albion Park 2017-2018 Albion Park 2018-2019 Albion Park

The Dean Blair Memorial Trophy is calculated on a Centre point score system. The system used to determine the winning Centre is set out below.

<u>Points</u> : The points for the calculation of the Dean Blair Memorial Trophy are gained in the following manner:

5 points for 1st 4 points for 2nd 3 points for 3rd 1 point for each other place

The above points are awarded to place getters in <u>ALL</u> track and field events in finals only with the exception of the relays.

- <u>Registrations</u> : The number of athletes registered at each Centre from Under 7 to Under 17 as at the cut off date for Zone nominations.
- <u>Calculation</u>: The following formula is used to calculate the points score for each Centre. The Centre with the highest points score being the winner.

Points x 100 Registrations

Registration number, age patch and sponsor patch placement for athletes in the Tiny Tots to U11 is as per the picture below



Registration number, age patch and sponsor patch placement for athletes in the U12 to U17 is as per the pictures below. Girls who wear crop tops ONLY can fold their number down if too large.



Registration Number

All Tiny Tots to U11 wear the McDonald's registration number which **MUST** have the **FULL** red border showing including the year, and be placed in the centre of the uniform top (see above left)

Athletes in the U12 to U17 age groups have been allocated a OneSport registration number. This number must be affixed to the centre of the uniform top. If the number is too large for the girls' crop top it may be folded at the top ONLY (see above right)

Age Patch

For <u>all</u> ages the age patch **MUST** be placed on the front left hand side of the uniform. This can be on the shoulder or shorts

Sponsor Patch

Coles sponsors patch (as above) **MUST** be placed on the front right shoulder of all uniforms, for the Tiny Tots to U11 it can be placed over the red border of the number, but must not cover the McDonald's logo or registration number





FOR THE PURPOSES OF DETERMINING THE NEXT BEST PERFORMANCES TO REGION AND STATE

(USING MANUAL TIMING)

In an attempt to make sure that all times taken at the various Little Athletics NSW championship carnivals are processed as consistently as possible, it has been agreed to make adjustments as follows:-

- Any times for events up to and including 400m, taken with stopwatches, will have an adjustment made to the time.
- This will be an addition of 0.24sec for all track events up to and including 200m.
- For events over 200m and up to and including 400m, an addition of 0.14sec will be added.

Please note that the time published on the results at the Zone and/or Region Championships will be the time shown by the stopwatch, with the time shown in 10th of a second. This is only for events that have been started using manual timing. The official results published on the LANSW website will show 'h' next to track events started manually, ie. by stopwatch and timing gates triggered by the gates operator.

The additional time adjustment detailed above will be added when the progressions are processed at the Little Athletics NSW office.

Any timing gates that are used that have the start not triggered by the gun (ie. triggered manually by the gates operator) will also have the same adjustment made.

In explanation for the process—times taken manually with the stopwatch are quicker as there is a reaction time not picked up by the timekeeper.





PROGRESSION FROM ZONE TO REGION AND REGION TO STATE

Region	What zones are in this region?	What places automatically progress to region from zone? <u>Please note that any</u> <u>places not filled by</u> <u>automatic progression</u> <u>will not be filled by</u> <u>additional next best</u> <u>performances</u>	What is maximum number of next best qualifiers that will progress to region from across all zone results in the region?	What places automatically progress to state from region? <u>Please note that any</u> <u>places not filled by</u> <u>automatic progression</u> <u>will not be filled by</u> <u>additional next best</u> <u>performances</u>	What is maximum number of next best qualifiers that will progress to state from across all region results?	What number of relays progress from zone to region?	What number of relays progress from region to state?
1	New England, Northern Rivers and Mid North Coast	First 4 Places	4	First 2 Places	8	First 2 Places	First Place
2	Central Coast, Lake Macquarie, Hunter, and Port Hunter	First 3 Places	4	First 2 Places	8	First 2 Places	First Place
3	Western Plains and Western Ranges	First 6 Places	4	First 2 Places	8	First 3 Places	First Place
4	Eastern Riverina, Western Riverina, Mid South Coast and South Coast Highlands	First 3 Places	4	First 2 Places	8	First 2 Places	First Place
5	Northern Metropolitan and North East Metropolitan	First 6 Places	4	First 2 Places	8	First 3 Places	First Place
6	West Metropolitan, Outer West Metropolitan and North West Metropolitan	First 4 Places	4	First 2 Places	8	First 2 Places	First Place
7	Central West Metropolitan, South West Metropolitan and Mid West Metropolitan	First 4 Places	4	First 2 Places	8	First 2 Places	First Place
8	Inner City and Southern Metropolitan	First 6 Places	4	First 2 Places	8	First 3 Places	First Place

Region 3, 5 and 8.

These 3 regions have 2 zones in each region. In those Zone Championships (ie Western Plains, Western Ranges, Northern Metropolitan, North East Metropolitan, Southern Metropolitan, Inner City) finals in laned track events are to be made up of **8 athletes**, except in the following cases.

- If only 9 athletes arrive at the call room from entries to heats then the heats may be collapsed to a final of a maximum of 9 athletes.
- If after resolving a protest in an earlier heat an additional athlete is added to the final then this can result in 9 athletes being in the final.

Selection of next best performances

- Performances in heats cannot be considered in selection of next best performances.
- Performances from all competitors in a field event will be assessed for next best performances. This means that an athlete who does not reach the second round (or final 3 trials) may still perform a next best performance.
- Performances from all competitors in all events from 800 metres upwards will be assessed for next best performances.

T:\Competition & Volunteer\Champs\Progression from Zone to Region to State - update 2017.docx

MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS John O'Dwyer Oval - 14/12/2019 to 15/12/2019 Session Report

Session: 1 Saturday Track Events Day 1 - Saturday 14/12/2019 - Starts at 09:15 AM

	Event	Round
9:15 AM	#1 Girls U 7 - 500 Metre Run Pack Start	Final
9:15 AM	#2 Boys U 7 - 500 Metre Run Pack Start	Final
9:19 AM	#3 Girls U 11 - 1500 Metre Run	Final
9:30 AM	#4 Boys U 11 - 1500 Metre Run	Final
9:19 AM	#5 Girls U 12 - 1500 Metre Run	Final
9:30 AM	#6 Boys U 12 - 1500 Metre Run	Final
9:19 AM	#7 Girls U 13 - 1500 Metre Run	Final
9:52 AM	#8 Boys U 13 - 1500 Metre Run	Final
9:41 AM	#9 Girls U 14 - 1500 Metre Run	Final
9:52 AM	#10 Boys U 14 - 1500 Metre Run	Final
9:41 AM	#11 Girls U 15 - 1500 Metre Run	Final
9:41 AM 9:52 AM	#12 Girls U 17 - 1500 Metre Run #13 Pous U 17 - 1500 Metre Run	Final Final
9.32 AM 10:03 AM	#13 Boys U 17 - 1500 Metre Run#14 Girls U 13 - 200 Metre Hurdles (68cm)	Final
10:03 AM 10:07 AM	#14 Onis 0 13 - 200 Metre Hurdles (08cm) #15 Boys U 13 - 200 Metre Hurdles (68cm)	Final
10:11 AM	#16 Girls U 14 - 200 Metre Hurdles (06cm)	Final
10:15 AM	#17 Boys U 14 - 200 Metre Hurdles (76cm)	Final
10:19 AM	#18 Girls U 15 - 300 Metre Hurdles (76cm)	Final
10:23 AM	#19 Boys U 15 - 300 Metre Hurdles (76cm)	Final
10:27 AM	#20 Girls U 17 - 300 Metre Hurdles (76cm)	Final
10:31 AM	#21 Boys U 17 - 300 Metre Hurdles (76cm)	Final
10:35 AM	#22 Girls U 8 - 60 Metre Hurdles (45cm)	Final
10:39 AM	#23 Boys U 8 - 60 Metre Hurdles (45cm)	Final
10:43 AM	#24 Girls U 9 - 60 Metre Hurdles (45cm)	Final
10:47 AM	#25 Boys U 9 - 60 Metre Hurdles (45cm)	Final
10:51 AM	#26 Girls U 10 - 60 Metre Hurdles (60cm)	Final
10:55 AM	#27 Boys U 10 - 60 Metre Hurdles (60cm)	Final
11:03 AM	#28 Boys U 7 - 100 Metre Sprint	Heats
11:11 AM	#29 Boys U 13 - 100 Metre Sprint	Heats
11:19 AM	#30 Boys U 10 - 100 Metre Sprint	Heats
11:27 AM	#31 Girls U 11 - 100 Metre Sprint	Heats
11:31 AM	#32 Girls U 13 - 400 Metre Sprint	Final
11:36 AM 11:41 AM	#33 Boys U 13 - 400 Metre Sprint #24 Cirls U 14 400 Metre Sprint	Final Final
11:41 AM 11:46 AM	#34 Girls U 14 - 400 Metre Sprint #35 Boys U 14 - 400 Metre Sprint	Final
11:40 AM 11:51 AM	#36 Girls U 15 - 400 Metre Sprint	Final
11:56 AM	#37 Boys U 15 - 400 Metre Sprint	Final
12:01 AM	#38 Girls U 17 - 400 Metre Sprint	Final
12:06 AM	#39 Boys U 17 - 400 Metre Sprint	Final
12:11 AM	#40 Girls U 8 - 400 Metre Sprint	Final
12:16 AM	#41 Boys U 8 - 400 Metre Sprint	Final
12:21 AM	#42 Girls U 9 - 400 Metre Sprint	Final
12:26 AM	#43 Boys U 9 - 400 Metre Sprint	Final
12:31 AM	#44 Girls U 10 - 400 Metre Sprint	Final
12:36 AM	#45 Boys U 10 - 400 Metre Sprint	Final
12:46 AM	#46 Girls U 11 - 400 Metre Sprint	Final

MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS John O'Dwyer Oval - 14/12/2019 to 15/12/2019 Session Report

Session: 1 Saturday Track Events Day 1 - Saturday 14/12/2019 - Starts at 09:15 AM

	Event	Round
12:51 AM	#47 Boys U 11 - 400 Metre Sprint	Final
12:56 AM	#48 Girls U 12 - 400 Metre Sprint	Final
1:01 PM	#49 Boys U 12 - 400 Metre Sprint	Final
1:06 PM	#50 Girls U 7 - 100 Metre Sprint	Final
1:09 PM	#51 Boys U 7 - 100 Metre Sprint	Final
1:12 PM	#52 Girls U 13 - 100 Metre Sprint	Final
1:15 PM	#53 Boys U 13 - 100 Metre Sprint	Final
1:18 PM	#54 Girls U 14 - 100 Metre Sprint	Final
1:21 PM	#55 Boys U 14 - 100 Metre Sprint	Final
1:24 PM	#56 Girls U 15 - 100 Metre Sprint	Final
1:24 PM	#57 Girls U 15-17 100 Metre Multi Class Run	Final
1:27 PM	#58 Boys U 15 - 100 Metre Sprint	Final
1:27 PM	#59 Boys U 15-17 100 Metre Multi Class Run	Final
1:30 PM	#60 Girls U 17 - 100 Metre Sprint	Final
1:33 PM	#61 Boys U 17 - 100 Metre Sprint	Final
1:36 PM	#62 Girls U 8 - 100 Metre Sprint	Final
1:39 PM	#63 Boys U 8 - 100 Metre Sprint	Final
1:42 PM	#64 Girls U 9 - 100 Metre Sprint	Final
1:45 PM	#65 Boys U 9 - 100 Metre Sprint	Final
1:48 PM	#66 Girls U 10 - 100 Metre Sprint	Final
1:51 PM	#67 Boys U 10 - 100 Metre Sprint	Final
1:54 PM	#68 Girls U 11 - 100 Metre Sprint	Final
1:57 PM	#69 Boys U 11 - 100 Metre Sprint	Final
1:57 PM	#70 Boys U 11-12 100 Metre Multi Class Run	Final
2:00 PM	#71 Girls U 12 - 100 Metre Sprint	Final
2:03 PM	#72 Boys U 12 - 100 Metre Sprint	Final
2:06 PM	#73 Girls U 7 - 50 Metre Sprint	Final
2:09 PM	#74 Boys U 7 - 50 Metre Sprint	Final
2:11 PM	#75 Girls U 13 - 3000 Metre Run	Final
2:26 PM	#76 Boys U 13 - 3000 Metre Run	Final
2:11 PM	#77 Girls U 14 - 3000 Metre Run	Final
2:26 PM	#78 Boys U 14 - 3000 Metre Run	Final
2:11 PM	#79 Girls U 15 - 3000 Metre Run	Final
2:26 PM	#80 Boys U 15 - 3000 Metre Run	Final
2:11 PM	#81 Girls U 17 - 3000 Metre Run	Final
2:26 PM	#82 Boys U 17 - 3000 Metre Run	Final

	Event 1 Girls U 7 - 500 Metre Run Pack Start (5)				
Saturday 14/12/2019 - 9:15 AM					
	Zone: 1:49.10 30/01	/2000	Paige Fenech		
Lane	Name	Age	Centre	Seed Time	
Sectio	on 1 of 1 Final				
2	8547 Avani Swan		St Georges Basin	l	
3	8384 Kenzie Robinson		Shoalhaven		
4	8151 Ayla York		Lake Illawarra		
5	8504 Mia Borghi		St Georges Basin	L	
6	8188 Brooklyn McWilliams		Lake Illawarra		
Event	2 Boys U 7 - 500 Metre	Run F	Pack Start (5)		
Satu	ırday 14/12/2019 - 9:15 AN	Л			
	Zone: 1:46.70 27/01	1/2008	Mitchell Potts		
Lane	Name	Age	Centre	Seed Time	
Sectio	on 1 of 1 Final				
2	7836 Lucas Gill-Gomes		Albion Park		
3	8131 Cale Deegan		Kiama		
4	7875 Kai Miller		Albion Park		
5	7929 Oscar Van Der Merwe		Albion Park		
6	7915 Justin Lakeman		Albion Park		
Event	a 3 Girls U 11 - 1500 Met	re Ru	n (3)		
Satu	ırday 14/12/2019 - 9:19 AN				
	Zone: 4:54.00 29/01		3		
-	Name	Age	Centre	Seed Time	
	on 1 of 1 Final		* 1 *11		
2	· · · · · · · · · · · · · · · · · · ·		Lake Illawarra		
3	••••••j•••j••••		Shoalhaven		
4	8163 Madison Oscroft		Lake Illawarra		
	t 4 Boys U 11 - 1500 Met		n (4)		
Satu	ırday 14/12/2019 - 9:30 AN				
_	Zone: 4:56.10 24/01		Simon Hull		
Lane	Name	Age	Centre	Seed Time	
		50	Centre	Seeu Thire	
	on 1 of 1 Final			<u>seeu mile</u>	
2	7886 Connor Owen		Albion Park	Seeu Time	
2 3	7886 Connor Owen 8308 Tynan Caswell		Albion Park Shoalhaven	Securime	
2 3 4	7886 Connor Owen 8308 Tynan Caswell 26568 Selby Johnston		Albion Park Shoalhaven Euro Coast		
2 3	7886 Connor Owen 8308 Tynan Caswell		Albion Park Shoalhaven		
2 3 4 5 Event	 7886 Connor Owen 8308 Tynan Caswell 26568 Selby Johnston 7902 Harrison Leavesley 5 Girls U 12 - 1500 Met 	re Ru	Albion Park Shoalhaven Euro Coast Albion Park		
2 3 4 5 Event	7886 Connor Owen 8308 Tynan Caswell 26568 Selby Johnston 7902 Harrison Leavesley 5 Girls U 12 - 1500 Met urday 14/12/2019 - 9:19 AN	re Ru	Albion Park Shoalhaven Euro Coast Albion Park n (4)		
2 3 4 5 Event Satu	7886 Connor Owen 8308 Tynan Caswell 26568 Selby Johnston 7902 Harrison Leavesley 5 Girls U 12 - 1500 Met urday 14/12/2019 - 9:19 AM Zone: 5:01.10 29/01	re Ru 1 1/1983	Albion Park Shoalhaven Euro Coast Albion Park n (4) K Tieck		
2 3 4 5 Event Satu	7886 Connor Owen 8308 Tynan Caswell 26568 Selby Johnston 7902 Harrison Leavesley 5 Girls U 12 - 1500 Met 1rday 14/12/2019 - 9:19 AM Zone: 5:01.10 29/01 Name	re Ru 1 1/1983	Albion Park Shoalhaven Euro Coast Albion Park n (4)	Seed Time	
2 3 4 5 <u>Event</u> Satu <u>Lane</u> Section	7886 Connor Owen 8308 Tynan Caswell 26568 Selby Johnston 7902 Harrison Leavesley 5 Girls U 12 - 1500 Met urday 14/12/2019 - 9:19 AN Zone: 5:01.10 29/01 Name n 1 of 1 Final	re Ru 1 1/1983	Albion Park Shoalhaven Euro Coast Albion Park n (4) K Tieck Centre		
2 3 4 5 Event Satu <u>Lane</u> Section 2	7886 Connor Owen 8308 Tynan Caswell 26568 Selby Johnston 7902 Harrison Leavesley 5 Girls U 12 - 1500 Met urday 14/12/2019 - 9:19 AN Zone: 5:01.10 29/01 Name n 1 of 1 Final 37613 Abby Quick	re Ru 1 1/1983	Albion Park Shoalhaven Euro Coast Albion Park n (4) K Tieck Centre Lake Illawarra		
2 3 4 5 Event Satu Lane 2 3	7886 Connor Owen 8308 Tynan Caswell 26568 Selby Johnston 7902 Harrison Leavesley 5 Girls U 12 - 1500 Met arday 14/12/2019 - 9:19 AN Zone: 5:01.10 29/01 Name on 1 of 1 Final 37613 Abby Quick 37692 Aurora Boatswain	re Ru 1 1/1983	Albion Park Shoalhaven Euro Coast Albion Park n (4) K Tieck Centre Lake Illawarra Shoalhaven		
2 3 4 5 Event Satu Lane Section 2	7886 Connor Owen 8308 Tynan Caswell 26568 Selby Johnston 7902 Harrison Leavesley 5 Girls U 12 - 1500 Met urday 14/12/2019 - 9:19 AN Zone: 5:01.10 29/01 Name n 1 of 1 Final 37613 Abby Quick	re Ru 1 1/1983	Albion Park Shoalhaven Euro Coast Albion Park n (4) K Tieck Centre Lake Illawarra		

Event 6 Boys U 12 - 1500 Metre Run (8)

Satu	ırday 14/12/2019 - 9:30 AN	4	
	Zone: 4:46.10 30/01	/1982 Simon Hull	
Lane	Name	Age Centre	Seed Time
Sectio	on 1 of 1 Final		
2	37687 Jett Goddard	Shoalhaven	
3	37651 Harry Andersen	Lake Illawarra	
4	37565 Harry Fraser	Albion Park	
5	37681 Jeremiah Galvin	Shoalhaven	
6	37546 Aaron Eldridge	Albion Park	
7	37680 Joel Harlor	Shoalhaven	
8	45317 Zander Robinson	Kiama	
9	37548 Joshua Lakeman	Albion Park	
Event	7 Girls U 13 - 1500 Met	re Run (5)	

Saturday 14/12/2019 - 9:19 AM Zone: 5:06.10 29/01/1994 T Moxham Age Centre Seed Time Lane Name Section 1 of 1 Final 2 37555 Lara Thompson Albion Park 3 37734 Kara Heckenberg St Georges Basin 4 37530 Kyra Martin Albion Park 5 37631 Sienna Strecker Lake Illawarra 6 44527 Ella Colusso Milton-Ulladulla

Event 8 Boys U 13 - 1500 Metre Run (6)

Saturday 14/12/2019 - 9:52 AM					
	Zone: 4:39.10	29/01/1983	Simon Hull		
Lane	Name	Age	Centre	Seed Time	
Sectio	on 1 of 1 Final				
2	37678 Micah Proctor		Shoalhaven		
3	37534 Lexin O'Dea		Albion Park		
4	37684 Hamish McLaren	n	Shoalhaven		
5	37539 Macleay Kesby		Albion Park		
6	37676 Darcy Davis		Shoalhaven		
7	37575 Rhys O'Dea		Albion Park		

Event 9 Girls U 14 - 1500 Metre Run (4)

	()							
Saturday 14/12/2019 - 9:41 AM								
Zone: 5:06.50 29/0	1/2011 Jessica Hull							
Name	Age Centre	Seed Time						
n 1 of 1 Final								
37547 Abby Eldridge	Albion Park							
37693 Nakita Boatswain	Shoalhaven							
37617 Charli Ryan	Lake Illawarra							
37571 Olivia Wishart	Albion Park							
		Zone:5:06.5029/01/2011Jessica HullNameAgeCentren1 of 1Final37547Abby EldridgeAlbion Park37693Nakita BoatswainShoalhaven37617Charli RyanLake Illawarra						

Event 10 Boys U 14 - 1500 Metre Run (3)

Saturday 14/12/2019 - 9:52 AM							
	Zone: 4:46.80	28/01/2006	Jason Inver	non			
Lane	Name	Age	Centre	Seed Time			
Sectio	on 1 of 1 Final						
2	44785 Kade Dhu		Shoalhaven				
3	37559 Byron Ling		Albion Park				
4	44378 Vaughn Gilligan		Euro Coast				

	t 11 Girls U 15 - 150 urday 14/12/2019 - 9:				
Sau	v	41 ANI 10/12/2011	Jessica Hull		
Lana	Name		Centre	Seed Time	
	on 1 of 1 Final	Agt	Centre	Seeu Thile	
2	37531 Jordyn Martin		Albion Park		
3	37632 Emily Strecker		Lake Illawarra		
4	37556 Calany Meyers		Albion Park		
4	57550 Calally Meyers		Albioli I alk		<u> </u>
Even	t 12 Girls U 17 - 15	00 Metre R	un (4)		
Sat	urday 14/12/2019 - 9:		I		
Lana	Zone: 4:37.40 Name		Centre	Seed Time	
	on 1 of 1 Final	Age	Centre	Seeu Thile	
2	37598 Georgia Richard	10	Kiama		
2	-				
	37535 Ruby McPhillip 37648 Ruby Keen	3	Albion Park Lake Illawarra		····
4 5	37554 Keira-Lee Meye	NF G	Albion Park		·····
Э	57554 Keira-Lee Meye	215	AIDIOII PAIK		·····
Even	t 13 Boys U 17 - 150	00 Metre Ri	ın (2)		
Sat	urday 14/12/2019 - 9:				
	Zone: 4:21.10				
	Name	Age	Centre	Seed Time	
	on 1 of 1 Final				
2	37570 Isaac Shaw		Albion Park		
3	37615 Tyson Schillert		Lake Illawarra		
	t 14 Girls U 13 - 200		rdles (68cm) (3)	
Sat	urday 14/12/2019 - 10 Zone: 29.70	0:03 AM 12/12/2015	Zoe Chater	-	
Satı Lane	urday 14/12/2019 - 10 Zone: 29.70 Name	0:03 AM 12/12/2015) Seed Time	
Satu Lane Sectio	urday 14/12/2019 - 10 Zone: 29.70 <u>Name</u> on 1 of 1 Final	0:03 AM 12/12/2015 Age	Zoe Chater Centre	-	
Satu Lane Section 2	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso	0:03 AM 12/12/2015 Age	Zoe Chater Centre Kiama	-	
Satı <u>Lane</u> Sectio	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather	0:03 AM 12/12/2015 Age	Zoe Chater Centre	-	
Satu Lane Section 2	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso	0:03 AM 12/12/2015 Age	Zoe Chater Centre Kiama	-	
Satu Lane Section 2 3 4	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather	0:03 AM 12/12/2015 Age on dake	Zoe Chater Centre Kiama Kiama Kiama	Seed Time	
Sate Lane Section 2 3 4 Even	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10	0:03 AM 12/12/2015 Age on lake 0 Metre Hum 0:07 AM	Zoe Chater Centre Kiama Kiama Kiama	Seed Time	
Sate Lane Section 2 3 4 Even	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200	2:03 AM 12/12/2015 Age on lake) Metre Hui 2:07 AM 12/12/2009	Zoe Chater <u>Centre</u> Kiama Kiama rdles (68cm) (4) Jye Brooker	Seed Time	
Sature Lane Section 2 3 4 Even Sature Lane	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name	2:03 AM 12/12/2015 Age on lake) Metre Hui 2:07 AM 12/12/2009	Zoe Chater Centre Kiama Kiama Kiama rdles (68cm) (4)	Seed Time	
Satu Lane Section 2 3 4 Even Satu Lane Section	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final	2:03 AM 12/12/2015 Age on lake) Metre Hui 2:07 AM 12/12/2009	Zoe Chater Centre Kiama Kiama rdles (68cm) (4 Jye Brooker Centre	Seed Time	
Sature Lane Section 3 4 Even Sature Section 2	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final 37664 Reilly Caswell	2:03 AM 12/12/2015 Age on lake) Metre Hui 2:07 AM 12/12/2009	Zoe Chater Centre Kiama Kiama rdles (68cm) (4 Jye Brooker Centre Shoalhaven	Seed Time	
Satu Lane Sectid 2 3 4 Even Satu Lane Sectid 2 3	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final 37664 Reilly Caswell 37585 Elias Oldfield	2:03 AM 12/12/2015 Age on lake) Metre Hui 2:07 AM 12/12/2009	Zoe Chater Centre Kiama Kiama rdles (68cm) (4) Jye Brooker Centre Shoalhaven Kiama	Seed Time	
Satu Lane Section 2 3 4 Even Satu Satu 2 3 4	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final 37664 Reilly Caswell 37585 Elias Oldfield 37575 Rhys O'Dea	2:03 AM 12/12/2015 Age on lake) Metre Hui 2:07 AM 12/12/2009	Zoe Chater Centre Kiama Kiama rdles (68cm) (4 Jye Brooker Centre Shoalhaven	Seed Time	
Satu Lane Sectid 2 3 4 Even Satu Lane Sectid 2 3	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final 37664 Reilly Caswell 37585 Elias Oldfield	2:03 AM 12/12/2015 Age on lake) Metre Hui 2:07 AM 12/12/2009	Zoe Chater Centre Kiama Kiama rdles (68cm) (4) Jye Brooker Centre Shoalhaven Kiama	Seed Time	
Satu Lane Section 2 3 4 Even Satu Satu 2 3 4 5	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final 37664 Reilly Caswell 37585 Elias Oldfield 37575 Rhys O'Dea 37592 Joshua Bender	9:03 AM 12/12/2015 Age on dake 9 Metre Hun 9:07 AM 12/12/2009 Age	Zoe Chater Centre Kiama Kiama rdles (68cm) (4) Jye Brooker Centre Shoalhaven Kiama Albion Park Kiama	Seed Time	
Satu Lane Section 2 3 4 Even Satu 2 3 4 5 Even	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final 37664 Reilly Caswell 37585 Elias Oldfield 37575 Rhys O'Dea 37592 Joshua Bender t 16 Girls U 14 - 200	0:03 AM 12/12/2015 Age on lake 0 Metre Hu 0:07 AM 12/12/2009 Age 0 Metre Hu	Zoe Chater Centre Kiama Kiama rdles (68cm) (4) Jye Brooker Centre Shoalhaven Kiama Albion Park Kiama	Seed Time	
Satu Lane Section 2 3 4 Even Satu 2 3 4 5 Even	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final 37664 Reilly Caswell 37585 Elias Oldfield 37575 Rhys O'Dea 37592 Joshua Bender t 16 Girls U 14 - 200 urday 14/12/2019 - 10	0:03 AM 12/12/2015 Age on lake 0 Metre Hu 0:07 AM 12/12/2009 Age 0 Metre Hu	Zoe Chater Centre Kiama Kiama rdles (68cm) (4) Jye Brooker Centre Shoalhaven Kiama Albion Park Kiama	Seed Time	
Satu Lane Section 2 3 4 Even Satu 5 Even Satu Satu	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final 37664 Reilly Caswell 37585 Elias Oldfield 37575 Rhys O'Dea 37592 Joshua Bender t 16 Girls U 14 - 200 urday 14/12/2019 - 10	0:03 AM 12/12/2015 Age an lake 0 Metre Hu 0:07 AM 12/12/2009 Age 0 Metre Hu 0:11 AM 28/01/2006	Zoe Chater Centre Kiama Kiama rdles (68cm) (4) Jye Brooker Centre Shoalhaven Kiama Albion Park Kiama rdles (76cm) (3	Seed Time	
Satu Lane Section 2 3 4 Even Satu 5 Even Satu 5 Even Satu Satu	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final 37664 Reilly Caswell 37585 Elias Oldfield 37575 Rhys O'Dea 37592 Joshua Bender t 16 Girls U 14 - 200 urday 14/12/2019 - 10 Zone: 28.50	0:03 AM 12/12/2015 Age an lake 0 Metre Hu 0:07 AM 12/12/2009 Age 0 Metre Hu 0:11 AM 28/01/2006	Zoe Chater Centre Kiama Kiama rdles (68cm) (4) Jye Brooker Centre Shoalhaven Kiama Albion Park Kiama rdles (76cm) (3 Janaya Zivko	Seed Time) Seed Time) vic	
Satu Lane Section 2 3 4 Even Satu 5 Even Satu 5 Even Satu Lane	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final 37664 Reilly Caswell 37585 Elias Oldfield 37575 Rhys O'Dea 37592 Joshua Bender t 16 Girls U 14 - 200 urday 14/12/2019 - 10 Zone: 28.50	0:03 AM 12/12/2015 Age an lake 0 Metre Hu 0:07 AM 12/12/2009 Age 0 Metre Hu 0:11 AM 28/01/2006	Zoe Chater Centre Kiama Kiama rdles (68cm) (4) Jye Brooker Centre Shoalhaven Kiama Albion Park Kiama rdles (76cm) (3 Janaya Zivko	Seed Time) Seed Time) vic	
Satu Lane Section 2 3 4 Even Satu Satu Satu Lane Section	urday 14/12/2019 - 10 Zone: 29.70 Name on 1 of 1 Final 37605 Isabelle Hodgso 37596 Amelia Weather 37606 Ella Hewitt t 15 Boys U 13 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final 37664 Reilly Caswell 37585 Elias Oldfield 37575 Rhys O'Dea 37592 Joshua Bender t 16 Girls U 14 - 200 urday 14/12/2019 - 10 Zone: 28.50 Name on 1 of 1 Final	0:03 AM 12/12/2015 Age on dake 0 Metre Hu 0:07 AM 12/12/2009 Age 0 Metre Hu 0:11 AM 28/01/2006 Age	Zoe Chater Centre Kiama Kiama rdles (68cm) (4) Jye Brooker Centre Shoalhaven Kiama Albion Park Kiama rdles (76cm) (3 Janaya Zivko Centre	Seed Time Seed Time) vic Seed Time	

Sati	urday 14/12/2019 - 10:15	AM		
	Zone: 27.10 29/0		Jye Brooker	
Lane	Name	Age	Centre	Seed Time
Sectio	on 1 of 1 Final			
2	37567 Lucas Campbell		Albion Park	
vent	t 18 Girls U 15 - 300 Me	etre Hu	rdles (76cm) (2)
	urday 14/12/2019 - 10:19			,
Sau	Zone: 51.20 10/1		Teagan Berry	
lane	Name			
	on 1 of 1 Final			
2			Albion Park	
3	e		Lake Illawarra	
-				
	t 19 Boys U 15 - 300 Me		rdles (76cm) (1))
sati	urday 14/12/2019 - 10:23 Zone: 48.30 10/1		Thomas Powe	er
lane	Name		Centre	-
	on 1 of 1 Final	5*		
2			St Georges Basin	n
	t 20 Girls U 17 - 300 Me		rdles (76cm) (3)
Satı	urday 14/12/2019 - 10:27 .			
			Georgia Richa	
		Age	Centre	Seed Time
	on 1 of 1 Final			
2			Albion Park	
3			Lake Illawarra	
4	37598 Georgia Richards		Kiama	
vent	t 21 Boys U 17 - 300 Me	tre Hu	rdles (76cm) (3))
	urday 14/12/2019 - 10:31			
	Zone: 43.10 10/1		Luke Hunter	
ane	Name	Age	Centre	Seed Time
Sectio	on 1 of 1 Final			
2	37615 Tyson Schillert		Lake Illawarra	
3			Albion Park	
4	37614 Joshua Gamble		Lake Illawarra	
Event	t 22 Girls U 8 - 60 Metr	e Hurd	lles (45cm) (8)	
	urday 14/12/2019 - 10:35			
Jail	Zone: 11.70 13/1		Shenay Edwa	rds
ane	Name		Centre	Seed Time
	on 1 of 1 Final	1150		See mit
1	8183 Violet Ellington		Lake Illawarra	
2	8492 Layla Bishop		St Georges Basin	n
3	8440 Emerson Boatswain		Shoalhaven	
4	8168 Paige King		Lake Illawarra	
	0 0			
5	8387 Sophie Bull		Shoainaven	
5 6	8387 Sophie Bull 8212 Charlotte O'Neill		Shoalhaven Lake Illawarra	
5 6 7	8387 Sophie Bull 8212 Charlotte O'Neill 7867 Savannah Apps		Lake Illawarra	

St Georges Basin

8 8546 Asher Haig

Event 23	Rovs II 8.	. 60 Metre	Hurdles	(45 cm)(8)

Sati	urday 14/12/20	19 - 10	:39 AM			
	Zone:	11.10	28/01/2006	Hayden N	loon	
	Zone:	11.10	13/12/2008	Jarrod Co	oomby	
Lane	Name		Age	Centre	Seed Time	
Sectio	on 1 of 1 Fi	ıal				
1	8252 Harley D	ibden		Lake Illawa	rra	_
2	8386 Jackson T	urner		Shoalhaven		_
3	7936 Xaivier W	Vilson		Albion Park		
4	8551 Rory Swa	ın		St Georges I	Basin	
5	8235 Ashton Jo	ones		Lake Illawa	rra	_
6	8491 Tye Bisho	op		St Georges l	Basin	_
7	8366 Aidan Mo	Laren		Shoalhaven		_
8	7873 Gianni O	iteirinho	1	Albion Park		

Event 24 Girls U 9 - 60 Metre Hurdles (45cm) (4)

Satu	ırday 14/12/2019 - 10):43 AM			
	Zone: 10.30	13/12/2014	Delta Amidzo	vski	
Lane	Name	Age	Centre	Seed Time	
Sectio	on 1 of 1 Final				
2	8319 Victoria Hill		Shoalhaven		
3	7942 Chelsea Allit		Albion Park		
4	8148 Calai Dach		Lake Illawarra		
5	26580 Maizi Minihan		Euro Coast		

Event 25 Boys U 9 - 60 Metre Hurdles (45cm) (7)

Saturday 14/12/2019 - 10:47 AM

	Zone: 10.00	24/01/1998	Kane Linnett		
Lane	Name	Age	Centre	Seed Time	
Sectio	n 1 of 1 Final				
2	8067 Riley Bender		Kiama		
3	8245 Malachi Kirchberg	ş	Lake Illawarra		
4	8082 Peter Gallenca		Kiama		
5	26547 Lucas Borg		Euro Coast		
6	8262 Khoen Hands		Lake Illawarra		
7	8010 Benji Davis		Kiama		
8	7874 Taj Miller		Albion Park		

Event 26 Girls U 10 - 60 Metre Hurdles (60cm) (6)

Saturday 14/12/2019 - 10:51 AM

	Zone:	10.60	12/12/2015	Delta Amidzo	vski	
Lane	Name		Age	Centre	Seed Time	
Sectio	n 1 of 1 Fin	nal				
2	7975 Amelia Bo	ongiorno)	Albion Park		
3	8162 Sophie Gr	rono		Lake Illawarra		
4	7950 Ella Powe	er		Albion Park		
5	8215 Maddysor	n Tramai	ntano	Lake Illawarra		
6	7841 Aroura Br	ay		Albion Park		
7	8244 Isabella C	lowes		Lake Illawarra		

Event 27 Boys U 10 - 60 Metre Hurdles (60cm) (3)

Satu	rday 14/12/2019 - 10):55 AM			
	Zone: 10.40	12/12/2009	Tristan 1	Brazilaitis	
Lane	Name	Age	Centre	Seed Time	
Sectio	n 1 of 1 Final				
2	8550 Jake Swan		St Georges	Basin	
3	8417 Taj Goddard		Shoalhave	n	
4	8503 Jayden Borghi		St Georges	Basin	

Event 28 Boys U 7 - 100 Metre Sprint (9)

	lvance: Top 3 Each Heat plus N rday 14/12/2019 - 11:03 AM	ext 2 Best Times	i
	Zone: 15.60 12/12/2015	Germaine Wrig	ght
Lane	Name Age	Centre	Seed Time
Heat	1 of 2 Heats		
2	8305 Christian Mastroanna	Lake Illawarra	
3	8313 Riley Sandstrom	Shoalhaven	
4	7899 Jackson Hutchinson	Albion Park	
5	8329 Ryan Mayhaireh	Shoalhaven	
6	7875 Kai Miller	Albion Park	
Heat	2 of 2 Heats		
2	27505 Brax Betts	Shoalhaven	
3	7836 Lucas Gill-Gomes	Albion Park	
4	8336 Flynn O'Mullane	Shoalhaven	
5	8233 Izaak Wells	Lake Illawarra	

Event 29 Boys U 13 - 100 Metre Sprint (12)

8 Advance: Top 3 Each Heat plus Next 2 Best Times Saturday 14/12/2019 - 11:11 AM

Satu	11 UAY 14/12/2	017-11	• 11 / NIVI			
	Zone:	12.50	28/01/1995	Henderson Mo	:Cue	
	Zone:	12.50	10/12/2011	Zachary Hava	djia	
Lane	Name		Age	Centre	Seed Time	
Heat	1 of 2 Heat	ts				
2	37592 Joshua	Bender		Kiama		
3	37538 Mackay	y Jones		Albion Park		
4	37629 Joshua	Hosking		Lake Illawarra		
5	37585 Elias O	ldfield		Kiama		
6	37568 Riley W	Vitt		Albion Park		
7	37699 Cade C	hapman		Shoalhaven		
Heat	2 of 2 Heat	ts				
2	37630 Dylan I	Hardy		Lake Illawarra		
3	37742 Jett Kir	ngma		St Georges Basin	l	
4	37678 Micah	Proctor		Shoalhaven		
5	45323 Cooper	Deegan		Kiama		
6	37534 Lexin (D'Dea		Albion Park		
7	37718 Tyler C	arey		St Georges Basin	L	

Event 30 Boys U 10 - 100 Metre Sprint (9)

8 Advance: Top 3 Each Heat plus Next 2 Best Times Saturday 14/12/2019 - 11:19 AM						
Lana		26/01/1980		Soud Time		
	Name 1 of 2 Heats	Age	Centre	Seed Time		
2	7881 Tyson Ling		Albion Park			
3	28973 Tyler Davis		Milton-Ulladulla			
4	26546 Jacob Borg		Euro Coast			
5	7970 Daniel Martin		Albion Park			
6	7996 Stephen Alfano		Kiama			
Heat	2 of 2 Heats					
2	7967 Austin Craig		Albion Park			
3	8503 Jayden Borghi		St Georges Basir	1		
4	8356 Dean Austin		Shoalhaven			
5	8550 Jake Swan		St Georges Basir	1		

Event 31 Girls U 11 - 100 Metre Sprint (9)

8 Advance: Top 3 Each Heat plus Next 2 Best Times Saturday 14/12/2019 - 11:27 AM Zone: 13.10 26/01/1980 Kerry Reko Lane Name Age Centre Seed Time Heat 1 of 2 Heats 2 8306 Grace Stevens Shoalhaven 7987 Sian Heidtman Albion Park 3 Lake Illawarra 4 8214 Naomi Miller 5 8059 Claire Vogelaar Kiama 6 28972 Mia Davis Milton-Ulladulla Heat 2 of 2 Heats 2 8213 Lily O'Neill Lake Illawarra 3 8427 Olivia Knowles Shoalhaven 4 8518 Haylee Connelly St Georges Basin 7952 Sienna Allitt Albion Park 5

Event 32 Girls U 13 - 400 Metre Sprint (7)

Saturday 14/12/2019 - 11:31 AM

	Zone: 1:01.23	01/12/2018 Chelsea Ezeok	e
Lane	Name	Age Centre	Seed Time
Sectio	n 1 of 1 Final		
2	37734 Kara Heckenberg	g St Georges Basin	L
3	37530 Kyra Martin	Albion Park	
4	37591 Tanna Watters	Kiama	
5	37555 Lara Thompson	Albion Park	
6	44527 Ella Colusso	Milton-Ulladulla	
7	37540 Ava Power	Albion Park	
8	37663 Mia Stevens	Shoalhaven	

Event 33 Boys U 13 - 400 Metre Sprint (8)

Satu	ırday 14/12	/2019 - 11:	:36 AM		
	Zone:	59.80	10/12/2011	Zachary H	Iavadjia
Lane	Name		Age	Centre	Seed Time
Sectio	n 1 of 1	Final			
1	37629 Josh	ua Hosking		Lake Illawar	ra
2	37534 Lexi	n O'Dea		Albion Park	
3	37585 Elias	Oldfield		Kiama	
4	37539 Mac	leay Kesby		Albion Park	
5	37664 Reill	y Caswell		Shoalhaven	
6	37538 Macl	kay Jones		Albion Park	
7	37718 Tyler	Carey		St Georges E	Basin
8	37541 Izak	Van De Mei	rwe	Albion Park	
Event	34 Girls	U 14 - 400	Metre Sp	rint (5)	
Satu	ırday 14/12				
	Zone:		10/12/2011		
	Name		Age	Centre	Seed Time
	on 1 of 1				
2	37577 Tayis	ssa Buchana	n	Albion Park	
3	37693 Naki	ta Boatswai	n	Shoalhaven	
4	37561 Chel	sea Ezeoke		Albion Park	
5	37719 Layla	ah Connelly		St Georges E	Basin
6	37571 Olivi	ia Wishart		Albion Park	
Event	35 Boys	U 14 - 400	Metre Spi	rint (5)	
Satu	ırday 14/12				
	Zone:	55.50	08/12/2012	Zachary H	•
	Name		Age	Centre	Seed Time
	on 1 of 1				
2	37706 Osca	•	oberts	Shoalhaven	
3	37559 Byro	-		Albion Park	
4	44785 Kade	e Dhu		Shoalhaven	
5	44378 Vaug	hn Gilligan		Euro Coast	
6	37567 Luca	s Campbell		Albion Park	
Event	36 Girls	U 15 - 400	Metre Sp	rint (7)	
Satu	ırday 14/12	/2019 - 11:	:51 AM		
	Zone:	59.90	08/12/2012	Susie Seita	aridis
Lane	Name		Age	Centre	Seed Time
	n 1 of 1	Final			
2	37632 Emil			Lake Illawar	ra
3	37531 Jordy	yn Martin		Albion Park	
4	37717 Reill			St Georges E	Basin
5	44783 Emm		ise	Shoalhaven	

Event 37 Boys U 15 - 400 Metre Sprint (2)

37581 Eliza Schweitzer

7 37616 Jada Schillert

8 37458 Imogen Harrison

6

			i i i i	.()				
Saturday 14/12/2019 - 11:56 AM								
	Zone:	55.10	14/12/2013	Zachary	Havadjia			
Lane	Name		Age	Centre	Seed Time			
Sectio	on 1 of 1 F	inal						
2	45322 Cohen	Deegan		Kiama				
3	37716 Louis I	Losurdo		St Georges	Basin			

Kiama

Lake Illawarra

Albion Park

Event 38 Girls U 17 - 400 Metre Sprint (4)							
Saturday 14/12/2019 - 12:01 AM							
	Zone: 1:00.30 12/12	/2015	Kiara White				
Lane	Name	Age	Centre	Seed Time			
Sectio	on 1 of 1 Final						
2	37554 Keira-Lee Meyers		Albion Park				
3	37598 Georgia Richards		Kiama	-			
4	37535 Ruby McPhillips		Albion Park	-			
5	37569 Ashleigh Goncalves		Albion Park				
Even	t 39 Boys U 17 - 400 Metr	e Spr	-int (2)				
Sati	urday 14/12/2019 - 12:06 A	М					
-	Zone: 52.70 08/12		Billy Wallingto				
	Name	Age	Centre	Seed Time			
	on 1 of 1 Final		x 1 x11				
2	37615 Tyson Schillert		Lake Illawarra	-			
3	37644 Jonathon Carmody		Lake Illawarra	-			
Even	t 40 Girls U 8 - 400 Metre	e Spri	nt (5)				
Sati	urday 14/12/2019 - 12:11 A	М					
	Zone: 1:17.40 27/01	/2001	Paige Fenech				
Lane	Name	Age	Centre	Seed Time			
Sectio	on 1 of 1 Final						
2	8546 Asher Haig		St Georges Basir	۱ <u> </u>			
3	7973 Madelynne Dowel		Albion Park				
4	8183 Violet Ellington		Lake Illawarra	-			
5	7867 Savannah Apps		Albion Park				
6	7888 Peyton Thompson		Albion Park				
	t 41 Boys U 8 - 400 Metre	Spri					
Even		-					
Even	t 41 Boys U 8 - 400 Metre	М		-			
Even Satu	t 41 Boys U 8 - 400 Metre urday 14/12/2019 - 12:16 A	M /2008	nt (8)	Seed Time			
Even Satu Lane	t 41 Boys U 8 - 400 Metre urday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12	M /2008	nt (8) Mitchell Potts	Seed Time			
Even Satu Lane	t 41 Boys U 8 - 400 Metre urday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name	M /2008	nt (8) Mitchell Potts	Seed Time			
Event Satur Lane Section 1 2	t 41 Boys U 8 - 400 Metre urday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho	M /2008	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park	Seed Time			
Event Satur Lane Section 1 2 3	t 41 Boys U 8 - 400 Metre arday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis	M /2008	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven	Seed Time			
Event Satur Lane Section 1 2 3 4	t 41 Boys U 8 - 400 Metre urday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho	M /2008	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra	Seed Time			
Event Satur Lane Section 1 2 3	t 41 Boys U 8 - 400 Metre arday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman	M /2008	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park	Seed Time			
Event Satur Lane Section 1 2 3 4	t 41 Boys U 8 - 400 Metre arday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones	M /2008	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra	Seed Time			
Even Satur Lane Section 1 2 3 4 5	t 41 Boys U 8 - 400 Metre arday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman	M /2008	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park	Seed Time			
Event Satur Lane Section 1 2 3 4 5 6	t 41 Boys U 8 - 400 Metre urday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman 8351 Zai Roberts	M /2008	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park Shoalhaven	<u>Seed Time</u> - - - - - -			
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Even Satu Satu 1 2 3 4 5 6 7 8 Even	t 41 Boys U 8 - 400 Metre arday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name Dn 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman 8351 Zai Roberts 8170 Rory Brownlee 7936 Xaivier Wilson	M /2008 Age	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park	Seed Time			
Even Satu Satu 1 2 3 4 5 6 7 8 Even	t 41 Boys U 8 - 400 Metre urday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman 8351 Zai Roberts 8170 Rory Brownlee 7936 Xaivier Wilson t 42 Girls U 9 - 400 Metre	M /2008 Age e Spri M	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park	Seed Time			
Even Satu Satu Section 1 2 3 4 5 6 7 8 Even Satu	t 41 Boys U 8 - 400 Metre urday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman 8351 Zai Roberts 8170 Rory Brownlee 7936 Xaivier Wilson t 42 Girls U 9 - 400 Metre urday 14/12/2019 - 12:21 A	M /2008 <u>Age</u> e Spri M /1983	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park nt (6)	Seed Time			
Event Satu Lane Section 1 2 3 4 5 6 7 8 Event Satu Lane	t 41 Boys U 8 - 400 Metre urday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman 8351 Zai Roberts 8170 Rory Brownlee 7936 Xaivier Wilson t 42 Girls U 9 - 400 Metre arday 14/12/2019 - 12:21 A Zone: 1:12.10 29/01	M /2008 <u>Age</u> e Spri M /1983	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park nt (6) Lisa Baldwin	-			
Event Satu Lane Section 1 2 3 4 5 6 7 8 Event Satu Lane	t 41 Boys U 8 - 400 Metre urday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman 8351 Zai Roberts 8170 Rory Brownlee 7936 Xaivier Wilson t 42 Girls U 9 - 400 Metre urday 14/12/2019 - 12:21 A Zone: 1:12.10 29/01 Name	M /2008 <u>Age</u> e Spri M /1983	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park nt (6) Lisa Baldwin	-			
Event Satu Satu Lane Section 1 2 3 4 5 6 7 8 Event Satu Satu	t 41 Boys U 8 - 400 Metre urday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman 8351 Zai Roberts 8170 Rory Brownlee 7936 Xaivier Wilson t 42 Girls U 9 - 400 Metre urday 14/12/2019 - 12:21 A Zone: 1:12.10 29/01 Name on 1 of 1 Final	M /2008 <u>Age</u> e Spri M /1983	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park nt (6) Lisa Baldwin Centre	-			
Event Satu Satu Section 1 2 3 4 5 6 7 8 Event Satu Satu Lane Section 2	t 41 Boys U 8 - 400 Metre arday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name on 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman 8351 Zai Roberts 8170 Rory Brownlee 7936 Xaivier Wilson t 42 Girls U 9 - 400 Metre arday 14/12/2019 - 12:21 A Zone: 1:12.10 29/01 Name on 1 of 1 Final 8187 Maddison McWilliams	M /2008 <u>Age</u> e Spri M /1983	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park nt (6) Lisa Baldwin Centre Lake Illawarra	-			
Event Satu Section 1 2 3 4 5 6 7 8 Event Satu Satu Lane Section 2 3	t 41 Boys U 8 - 400 Metre arday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name Dn 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman 8351 Zai Roberts 8170 Rory Brownlee 7936 Xaivier Wilson t 42 Girls U 9 - 400 Metre arday 14/12/2019 - 12:21 A Zone: 1:12.10 29/01 Name Dn 1 of 1 Final 8187 Maddison McWilliams 8307 Airlie Stevens	M /2008 <u>Age</u> e Spri M /1983	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park nt (6) Lisa Baldwin Centre Lake Illawarra Shoalhaven	-			
Event Satu Section 1 2 3 4 5 6 7 8 Event Satu Satu Satu Satu Satu Satu Satu	t 41 Boys U 8 - 400 Metre arday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name Dn 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman 8351 Zai Roberts 8170 Rory Brownlee 7936 Xaivier Wilson t 42 Girls U 9 - 400 Metre arday 14/12/2019 - 12:21 A Zone: 1:12.10 29/01 Name Dn 1 of 1 Final 8187 Maddison McWilliams 8307 Airlie Stevens 7892 Sidney Bartle	M /2008 <u>Age</u> e Spri M /1983	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park nt (6) Lisa Baldwin Centre Lake Illawarra Shoalhaven Albion Park	-			
Even Satu Sectio 1 2 3 4 5 6 7 8 Even Satu Satu Lane Sectio 2 3 4 5	t 41 Boys U 8 - 400 Metree urday 14/12/2019 - 12:16 A Zone: 1:16.10 13/12 Name 116.10 13/12 Name On 1 of 1 Final 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 8189 William Tebbutt 7873 Gianni Oiteirinho 8331 Macarthur Davis 8235 Ashton Jones 7914 Jacob Lakeman 8351 Zai Roberts 8170 Rory Brownlee 7936 Xaivier Wilson t 42 Girls U 9 - 400 Metree urday 14/12/2019 - 12:21 A Zone: 1:12.10 29/01 Name Name Name Maddison McWilliams 8307 Airlie Stevens 7892 Sidney Bartle 8319 Victoria Hill 11	M /2008 <u>Age</u> e Spri M /1983	nt (8) Mitchell Potts Centre Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park Shoalhaven Lake Illawarra Albion Park nt (6) Lisa Baldwin Centre Lake Illawarra Shoalhaven Albion Park Shoalhaven	-			

Event 43 Boys U 9 - 400 Metre Sprint (6)

Satu	rday 14/12/2019 - 12:	26 AM			
	Zone: 1:12.00	24/01/1984	Brett Stumble	s	
Lane	Name	Age	Centre	Seed Time	
Sectio	n 1 of 1 Final				
2	7870 Jackson Fraser		Albion Park		
3	27108 Kyle Smith		Milton-Ulladulla		
4	8068 Jayce Watters		Kiama		
5	8239 Sonny Cocksedge		Lake Illawarra		
6	8082 Peter Gallenca		Kiama		
7	8245 Malachi Kirchberg		Lake Illawarra		

Event 44 Girls U 10 - 400 Metre Sprint (8)

Lane		0.30	25/01/2003			
Lane			23/01/2003	Paige Fenech		
	Name		Age	Centre	Seed Time	
Sectio	n 1 of 1 Final	l				
1	8244 Isabella Clor	wes		Lake Illawarra		
2	8330 Elizabeth Da	avis		Shoalhaven		
3	7965 Ruby Kerr			Albion Park		
4	8335 Elsie Procto	r		Shoalhaven		
5	8191 Layla Marko	ovski		Lake Illawarra		
6	8309 Myra Betts			Shoalhaven		
7	7878 Chelsea Nic	ol		Albion Park		
8	8009 Josie Cunnii	nghan	n	Kiama		

Event 45 Boys U 10 - 400 Metre Sprint (6)

Satu	rday 14/12/2019 - 12	:36 AM			
	Zone: 1:06.10	24/01/1987	Steven Pusso		
Lane	Name	Age	Centre	Seed Time	
Sectio	n 1 of 1 Final				
2	7967 Austin Craig		Albion Park		
3	8503 Jayden Borghi		St Georges Basin		
4	7970 Daniel Martin		Albion Park		
5	28973 Tyler Davis		Milton-Ulladulla		
6	8160 Ryder Haines		Lake Illawarra		
7	7881 Tyson Ling		Albion Park		

Event 46 Girls U 11 - 400 Metre Sprint (9)

Saturday 14/12/2019 - 12:46 AM						
	v		ige Fenech			
Lane	Name	Age Cent	tre Seed Time			
Sectio	on 1 of 2 Final					
2	8163 Madison Oscroft	Lake	Illawarra			
3	8347 Bronte Galvin	Shoal	lhaven			
4	8214 Naomi Miller	Lake	Illawarra			
5	8027 Maiya Hewitt	Kiam	1a			
6	7910 Amber Potts	Albic	on Park			
Sectio	on 2 of 2 Final					
2	8518 Haylee Connelly	St Ge	eorges Basin			
3	8306 Grace Stevens	Shoal	lhaven			
4	7987 Sian Heidtman	Albic	on Park			
5	8318 Evelyn Hill	Shoal	lhaven			

urday 14/12/	2019 - 12	:51 AM						
•			Simon Hull					
				Seed Time				
		<u></u>						
			Albion Park					
5	1							
		ev						
		-						
Event 48 Girls U 12 - 400 Metre Sprint (3)								
•			Kolly Honnott					
			•					
	1.04.00		-	Seed Time				
	Final	<u> </u>	centre	Seeu Inne				
			Lake Illawarra					
5			Kiama					
			Albion Park					
	5							
-		-	rint (6)					
·			Simor Hall					
	1:03.10			Sood Time				
	Final	Age	Centre	Seed Time				
			Shaalbayan					
J / J TO JOSHU	a Lancinali		1 MOIOILL ALK					
37651 Harry	Andersen		Lake Illawarra					
37651 Harry 45317 Zande		1	Lake Illawarra Kiama					
45317 Zande	er Robinsoi		Kiama					
45317 Zande t 50 Girls I	er Robinson U 7 - 100 I	Metre Spri	Kiama					
45317 Zande t 50 Girls U urday 14/12/	er Robinson U 7 - 100 2 019 - 1: 0	Metre Spri)6 PM	Kiama nt (8)					
45317 Zande t 50 Girls U urday 14/12/ Zone:	er Robinson U 7 - 100 2 019 - 1: 0	Metre Spri)6 PM 30/01/1982	Kiama nt (8) Belinda Ruiz	Sood Time				
45317 Zande t 50 Girls I urday 14/12/ Zone: Name	er Robinson U 7 - 100 2019 - 1:(16.10	Metre Spri)6 PM 30/01/1982	Kiama nt (8)	Seed Time				
45317 Zande t 50 Girls U urday 14/12/ Zone: Name on 1 of 1 D	er Robinson U 7 - 100 2019 - 1:(16.10 Final	Metre Spri)6 PM 30/01/1982	Kiama nt (8) Belinda Ruiz Centre					
45317 Zande t 50 Girls U urday 14/12/ Zone: Name on 1 of 1 D 8580 Evalyn	er Robinson U 7 - 100 2019 - 1:0 16.10 Final	Metre Spri)6 PM 30/01/1982	Kiama nt (8) Belinda Ruiz Centre St Georges Basin					
45317 Zande t 50 Girls I urday 14/12/ Zone: Name on 1 of 1 I 8580 Evalyn 8384 Kenzie	er Robinson U 7 - 100 2019 - 1:(16.10 Final Norris Robinson	Metre Spri 06 PM 30/01/1982 Age	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven					
45317 Zande t 50 Girls I urday 14/12/ Zone: Name On 1 of 1 I 8580 Evalyn 8384 Kenzie 7932 Amelia	er Robinson U 7 - 100 2019 - 1:(16.10 Final Norris Robinson Elphick	Metre Spri 06 PM 30/01/1982 Age	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park					
45317 Zande t 50 Girls I urday 14/12/ Zone: Name on 1 of 1 I 8580 Evalyn 8384 Kenzie 7932 Amelia 8504 Mia Bo	er Robinson U 7 - 100 (2019 - 1:(16.10 Final Norris Robinson i Elphick orghi	Metre Spri 06 PM 30/01/1982 Age	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park St Georges Basin					
45317 Zande t 50 Girls I urday 14/12/ Zone: Name on 1 of 1 H 8580 Evalyn 8384 Kenzie 7932 Amelia 8504 Mia Bo 7845 Starlet	er Robinson U 7 - 100 2019 - 1:0 16.10 Final Norris Robinson Elphick orghi O'Dea	Metre Spri 06 PM 30/01/1982 Age	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park St Georges Basin Albion Park					
45317 Zande t 50 Girls U urday 14/12/ Zone: Name on 1 of 1 U 8580 Evalyn 8384 Kenzie 7932 Amelia 8504 Mia Bo 7845 Starlet 8547 Avani S	er Robinson U 7 - 100 (2019 - 1:0 16.10 Final Norris Robinson Elphick orghi O'Dea Swan	Metre Spri 06 PM 30/01/1982 Age	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park St Georges Basin					
45317 Zande t 50 Girls U urday 14/12/ Zone: Name on 1 of 1 D 8580 Evalyn 8384 Kenzie 7932 Amelia 8504 Mia Bo 7845 Starlet 8547 Avani S 8151 Ayla Yo	er Robinson U 7 - 100 (2019 - 1:0 16.10 Final Norris Robinson Elphick orghi O'Dea Swan ork	Metre Spri 06 PM 30/01/1982 Age	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park St Georges Basin Albion Park St Georges Basin					
45317 Zande t 50 Girls I urday 14/12/ Zone: Name on 1 of 1 L 8580 Evalyn 8384 Kenzie 7932 Amelia 8504 Mia Bo 7845 Starlet 8547 Avani S 8151 Ayla Yo 7889 Macey	er Robinson U 7 - 100 (2019 - 1:0 16.10 Final Norris Robinson Elphick orghi O'Dea Swan ork Owen	Metre Spri 06 PM 30/01/1982 Age	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park St Georges Basin Albion Park St Georges Basin Lake Illawarra Albion Park					
45317 Zanda t 50 Girls U urday 14/12/ Zone: Name on 1 of 1 I 8580 Evalyn 8384 Kenzie 7932 Amelia 8504 Mia Bo 7845 Starlet 8547 Avani S 8151 Ayla Yo 7889 Macey t 52 Girls U	er Robinson U 7 - 100 (2019 - 1:0 16.10 Final Norris Robinson Elphick orghi O'Dea Swan ork Owen U 13 - 100	Metre Spri 06 PM 30/01/1982 <u>Age</u>	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park St Georges Basin Albion Park St Georges Basin Lake Illawarra Albion Park					
45317 Zanda t 50 Girls U urday 14/12/ Zone: Name on 1 of 1 D 8580 Evalyn 8384 Kenzie 7932 Amelia 8504 Mia Bo 7845 Starlet 8547 Avani S 8151 Ayla Yo 7889 Macey t 52 Girls U urday 14/12/	er Robinson U 7 - 100 2019 - 1:0 16.10 Final Norris Robinson Elphick orghi O'Dea Swan ork Owen U 13 - 100 2019 - 1:1	Metre Spri 06 PM 30/01/1982 Age 0 Metre Spi 12 PM	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park St Georges Basin Albion Park St Georges Basin Lake Illawarra Albion Park :tint (4)					
45317 Zanda t 50 Girls U urday 14/12/ Zone: Name Dn 1 of 1 D 8580 Evalyn 8384 Kenzie 7932 Amelia 8504 Mia Bc 7845 Starlet 8504 Mia Bc 7845 Starlet 8547 Avani S 8151 Ayla Yc 7889 Macey t 52 Girls U urday 14/12/ Zone:	er Robinson U 7 - 100 2019 - 1:0 16.10 Final Norris Robinson Elphick orghi O'Dea Swan ork Owen U 13 - 100 2019 - 1:1	Metre Spri 06 PM 30/01/1982 Age 0 Metre Spri 12 PM 12/12/2015	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park St Georges Basin Albion Park St Georges Basin Lake Illawarra Albion Park trint (4) Zoe Chater					
45317 Zanda t 50 Girls U urday 14/12/ Zone: Name on 1 of 1 1 8580 Evalyn 8384 Kenzie 7932 Amelia 8504 Mia Bo 7845 Starlet 8504 Mia Bo 7845 Starlet 8547 Avani S 8151 Ayla Yo 7889 Macey t 52 Girls U urday 14/12/ Zone: Name	er Robinson U 7 - 100 2019 - 1:0 16.10 Final Norris Robinson Elphick orghi O'Dea Swan ork Owen U 13 - 100 2019 - 1:1 12.90	Metre Spri 06 PM 30/01/1982 Age 0 Metre Spri 12 PM 12/12/2015	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park St Georges Basin Albion Park St Georges Basin Lake Illawarra Albion Park :tint (4)					
45317 Zanda t 50 Girls I urday 14/12/ Zone: Name on 1 of 1 I 8580 Evalyn 8384 Kenzie 7932 Amelia 8504 Mia Bo 7845 Starlet 8504 Mia Bo 7845 Starlet 8547 Avani S 8151 Ayla Yo 7889 Macey t 52 Girls I urday 14/12/ Zone: Name on 1 of 1 I	er Robinson U 7 - 100 2019 - 1:0 16.10 Final Norris Robinson Elphick orghi O'Dea Swan ork Owen U 13 - 100 2019 - 1:1 12.90 Final	Metre Spri 36 PM 30/01/1982 Age 0 Metre Spi 12 PM 12/12/2015 Age	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park St Georges Basin Albion Park St Georges Basin Lake Illawarra Albion Park tint (4) Zoe Chater Centre					
45317 Zanda t 50 Girls I urday 14/12/ Zone: Name on 1 of 1 I 8580 Evalyn 8384 Kenzie 7932 Amelia 8504 Mia Bo 7845 Starlet 8547 Avani S 8151 Ayla Ya 7889 Macey t 52 Girls I urday 14/12/ Zone: Name on 1 of 1 I 37605 Isabel	er Robinson U 7 - 100 2019 - 1:0 16.10 Final Norris Robinson Elphick orghi O'Dea Swan ork Owen U 13 - 100 2019 - 1:1 12.90 Final Ile Hodgson	Metre Spri 36 PM 30/01/1982 Age 0 Metre Spi 12 PM 12/12/2015 Age	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park St Georges Basin Albion Park St Georges Basin Lake Illawarra Albion Park *int (4) Zoe Chater Centre Kiama					
45317 Zanda t 50 Girls I urday 14/12/ Zone: Name on 1 of 1 I 8580 Evalyn 8384 Kenzie 7932 Amelia 8504 Mia Bo 7845 Starlet 8504 Mia Bo 7845 Starlet 8547 Avani S 8151 Ayla Yo 7889 Macey t 52 Girls I urday 14/12/ Zone: Name on 1 of 1 I	er Robinson U 7 - 100 2019 - 1:0 16.10 Final Norris Robinson Elphick orghi O'Dea Swan ork Owen U 13 - 100 2019 - 1:1 12.90 Final Ile Hodgson al Ezeoke	Metre Spri 30/01/1982 Age 0 Metre Spri 12 PM 12/12/2015 Age n	Kiama nt (8) Belinda Ruiz Centre St Georges Basin Shoalhaven Albion Park St Georges Basin Albion Park St Georges Basin Lake Illawarra Albion Park tint (4) Zoe Chater Centre					
	Zone: Name n 1 of 1 1 7890 Tyler C 8097 Isaac C 7902 Harrisc t 48 Girls 1 irday 14/12/ Zone: Zone: Name n 1 of 1 1 37613 Abby 37590 Malia 37553 Zoe N t 49 Boys I irday 14/12/ Zone: Name n 1 of 1 1 37613 Abby 37597 Malia 37557 Zoe N t 49 Boys I 10 a 1 a 1 37687 Jett G 37565 Harry 37610 Max 1	Zone: 1:04.10 Name n 1 of 1 Final 7890 Tyler Campbell 8097 Isaac Oldfield 7902 Harrison Leavesle 48 Girls U 12 - 400 rrday 14/12/2019 - 12 Zone: 1:04.80 Zone: 1:04.80 Name n 1 of 1 Final 37613 Abby Quick 37590 Malia Cummins 37553 Zoe Meyers 49 Boys U 12 - 400 rrday 14/12/2019 - 1:0 Zone: 1:03.10 Name n 1 of 1 Final 37687 Jett Goddard 37565 Harry Fraser 37610 Max Boniface	Name Age on 1 of 1 Final 7890 Tyler Campbell 7890 Tyler Campbell 8097 Isaac Oldfield 8097 Isaac Oldfield 7902 Harrison Leavesley # 48 Girls U 12 - 400 Metre Spin 1012-56 AM Irday 14/12/2019 - 12:56 AM 20/01/2005 Name Age on 1 of 1 Final 37613 Abby Quick 37590 Malia Cummins 37553 Zoe Meyers # 49 Boys U 12 - 400 Metre Spin 1rday 14/12/2019 - 1:01 PM Irday 14/12/2019 - 1:03.10 30/01/1982 Name Mane Age on 1 of 1 Final 37687 Jett Goddard 37565 Harry Fraser 37565 Harry Fraser	Zone:1:04.1024/01/1981Simon HullNameAgeCentreon1 of 1Final7890Tyler CampbellAlbion Park8097Isaac OldfieldKiama7902Harrison LeavesleyAlbion Parkat 48Girls U 12 - 400Metre Sprint (3)orday 14/12/2019 - 12:56AMZone:1:04.8020/01/2005Paige FenechNameAgeCentreon1 of 1SindaSinda37613Abby QuickLake Illawarra37590Malia CumminsXiamaKiama37553Zoe MeyersAlbion Park49Boys U 12 - 400Metre Sprint (6)orday 14/12/2019 - 1:01PMZone:1:03.1030/01/1982Simon HullNameAgeCentreon1 of 1Final3768737687Jett Goddard37667Shoalhaven37565Harry FraserAlbion Park37610Max BonifaceKiama	Zone:1:04.1024/01/1981Simon HullNameAgeCentreSeed Timeon1 of 1Final78907917890Tyler CampbellAlbion Park809715aac Oldfield8097Isaac OldfieldKiama7902Harrison LeavesleyAlbion Park7902Harrison LeavesleyAlbion Park48Girls U 12 - 400 Metre Sprint (3)trday14/12/2019 - 12:56 AMZone:1:04.8030/01/1993Zone:1:04.8030/01/1993Kelly HannettZone:1:04.8029/01/2005Paige FenechNameAgeCentreSeed Timeon1 of 1Final37613Abby QuickLake Illawarra37590Malia CumminsKiama37553Zoe MeyersAlbion Park49Boys U 12 - 400Metre Sprint (6)trday14/12/2019 - 1:01PMZone:1:03.1030/01/1982simon HullNameAgeNameAgeCentreSeed TimeShoalhaven37687Jett Goddard376687Jett Goddard37610Max BonifaceXiamaKiama			

Event 54 Girls U 14 - 100 Metre Sprint (5) Saturday 14/12/2019 - 1:18 PM

Sati	1rday 14/12/2			Zee Chester				
т	Zone:	12.90	10/12/2016	Zoe Chater	C LT			
-	Name		Age	Centre	Seed Time			
	on 1 of 1 F			Ch 11				
2	37665 Olivia			Shoalhaven				
3	37562 Lauren	2		Albion Park				
4	37611 Misch			Kiama				
5	37571 Olivia			Albion Park				
6	37561 Chelse	ea Ezeoke		Albion Park				
Event 55 Boys U 14 - 100 Metre Sprint (1)								
Saturday 14/12/2019 - 1:21 PM								
	Zone:	11.80	29/01/2011	Jye Brooke	r			
Lane	Name		Age	Centre	Seed Time			
Sectio	on 1 of 1 F	Final						
2	37567 Lucas	Campbell		Albion Park				
				•				
	t 56 Girls U		_	rint (7)				
Satı	urday 14/12/2							
	Zone:		28/01/1995	•				
	Zone:	12.50	29/01/2000	Lianna Bra				
	Name		Age	Centre	Seed Time			
Sectio	on 1 of 1 F	Final						
2	37581 Eliza S	Schweitzer		Kiama				
3	37717 Reilly	Carey		St Georges Ba	sin			
4	37616 Jada S	chillert		Lake Illawarra	ı			
5	37458 Imoge	n Harrisor	ı	Albion Park				
6	37668 Akala	Miller		Shoalhaven				
7	37580 Sienna	a Bell		Kiama				
8	37736 Keira	Watt		St Georges Ba	sin			
Event	t 57 Girls U	15-171	00 Metre N	Iulti Class Ru	in (1)			
	urday 14/12/2	2019 - 1:2						
Lane	Name		Age	Centre	Seed Time			
Sectio	on 1 of 1 F	Final						
2	37536 Ashlei	gh Ryder ((T/F37	Albion Park				
Event	Event 58 Boys U 15 - 100 Metre Sprint (2)							
	urday 14/12/2		_					
Jatt	Zone:			Brodie Lees	on			
Lane	Name			Centre				
	n 1 of 1 F		50		Seen inter			
2	45322 Cohen			Kiama				
3	43322 Collen 37716 Louis	-		St Georges Ba				
3	57710 Louis	Losuluo		St Georges Da	.5111			

Event 59 Boys U 15-17 100 Metre Multi Class Run (1)

Saturday 14/12/2019 - 1:27 PM							
Lane Name	Age Centre	Seed Time					
Section 1 of 1 Final							
2 37674 Brock Miller (T/F20)	Shoalhaven						

Saturday 14/12/2019 - 1:30 PM										
	Zone:	12.00	12/12/2009	Talissa Scott						
Lane	Name		Age	Centre	Seed Time					
Secti	on 1 of 1 F	inal								
2	37569 Ashleig	gh Gonca	lves	Albion Park						
3	44526 Lauren	Percival		Milton-Ulladull	a	-				
4	37573 Abby C	Cox		Albion Park						
Even	nt 61 Boys U	17 - 100	Metre Spi	int (1)						
Sat	urday 14/12/2	019 - 1:	33 PM							
	Zone:		12/12/2015		an					
	Zone:	11.10	29/01/2011	Brodie Leeso	n					
Lane	e Name		Age	Centre	Seed Time					
Secti	on 1 of 1 F	inal								
2	37564 Dylan	Clarke		Albion Park						
Even	nt 62 Girls U	8 - 100	Metre Spri	nt (5)						
Sat	urday 14/12/2	019 - 1:	36 PM							
	Zone:	16.00	26/01/1980	K Taylor						
Lane	e Name		Age	Centre	Seed Time					
Secti	on 1 of 1 F	inal								
2	7867 Savanna	h Apps		Albion Park						
3	8183 Violet E	llington		Lake Illawarra						
4	8387 Sophie I	Bull		Shoalhaven						
5	8492 Layla B	ishop		St Georges Bas	in					
6	8200 Starr Co	oper		Lake Illawarra						
Even	nt 63 Boys U	8 - 100	Metre Spri	nt (4)						
Sat	urday 14/12/2	019 - 1:	39 PM							
	Zone:	15.10	30/01/1982	Matthew Dal	by					
Lane	Name		Age	Centre	Seed Time					
Secti	on 1 of 1 F	inal								
2	8551 Rory Sw	/an		St Georges Bas	in					
3	8252 Harley I	Dibden		Lake Illawarra						
	8351 Zai Rob	erts		Shoalhaven						
4		non		St Georges Bas	in					
4 5	8491 Tye Bisł	lop	Event 64 Girls U 9 - 100 Metre Sprint (4)							
5			Metre Spri	nt (4)						
5 Even	nt 64 Girls U	9 - 100		nt (4)						
5 Even		9 - 100 019 - 1:								
5 Even Sat	nt 64 Girls U Turday 14/12/2	9 - 100 019 - 1:	42 PM 28/01/1984		Seed Time					
5 Even Sat Lane	nt 64 Girls U Turday 14/12/2 Zone:	9 - 100 019 - 1: 15.10	42 PM 28/01/1984	Belinda Ruiz						
5 Even Sat Lane	nt 64 Girls U urday 14/12/2 Zone: e Name	9 - 100 019 - 1: 15.10 inal	42 PM 28/01/1984 Age	Belinda Ruiz						
5 Even Sat Lane Secti	t 64 Girls U urday 14/12/2 Zone: Name on 1 of 1 F 8187 Maddiso	9 - 100 019 - 1: 15.10 inal	42 PM 28/01/1984 Age	Belinda Ruiz Centre						
5 Even Sat Lane Secti 2	t 64 Girls U urday 14/12/2 Zone: Name on 1 of 1 F 8187 Maddisc 8428 Hallie K	9 - 100 019 - 1: 15.10 inal on McWil nowles	42 PM 28/01/1984 Age	Belinda Ruiz Centre Lake Illawarra						

Event 65 Boys U 9 - 100 Metre Sprint (8)

Saturday 14/12/2019 - 1:45 PM								
	Zone:	14.10	30/01/1982	David Gillis				
	Zone:	14.10	25/01/1986	Steven Russo				
Lane	Name		Age	Centre	Seed Time			
Section 1 of 1 Final								
1	7874 Taj Miller	r		Albion Park				
2	8167 Zak Schil	lert		Lake Illawarra				
3	8067 Riley Ber	nder		Kiama				
4	7856 Jake Witt			Albion Park				
5	26547 Lucas B	org		Euro Coast				
6	8262 Khoen Ha	ands		Lake Illawarra				
7	8010 Benji Dav	vis		Kiama				
8	8205 Beau Lid	better		Lake Illawarra				

Event 66 Girls U 10 - 100 Metre Sprint (7)

Satu	rday 14/12/2	2019 - 1:4	48 PM			
Surt	Zone: Zone:	14.10	25/01/1986 28/01/2006	S Gown Shayna Wilso	n	
Lane	Name		Age	Centre	Seed Time	
Sectio	on 1 of 1 F	Final				
2	7898 Macker	nzie Hutch	inson	Albion Park		
3	8377 Amarli	Robinson		Shoalhaven		
4	7965 Ruby K	lerr		Albion Park		
5	8169 Ellie Ki	ing		Lake Illawarra		
6	8367 Heidi M	1cLaren		Shoalhaven		
7	7950 Ella Po	wer		Albion Park		
8	8358 Rose A	tkins		Shoalhaven		

Event 69 Boys U 11 - 100 Metre Sprint (3)

	Zone: 13.00	29/01/2000	Kane Lini	nett
Lane	Name	Age	Centre	Seed Time
Sectio	on 1 of 1 Final			
2	8548 Riley Haig		St Georges H	Basin
3	8460 Asher Chapman		Shoalhaven	
4	8256 Aidan Williams		Lake Illawar	та

Event 70 Boys U 11-12 100 Metre Multi Class Run (1)

Saturday 14/12/2019 - 1:57 PM							
Lane Name	Age Centre	Seed Time					
Section 1 of 1 Final							
2 37670 Kynan Miller (T/F44)	Shoalhaven						

Event 71 Girls U 12 - 100 Metre Sprint (5)

Satu	ırday 14/12/2	019 - 2:	00 PM			
	Zone:	13.10	27/01/1979	Kim Wilson		
	Zone:	13.10	28/01/2006	Abbie Taddeo)	
Lane	Name		Age	Centre	Seed Time	
Sectio	n 1 of 1 F	inal				
2	37544 Jessica	Kable		Albion Park		
3	37666 Elysha	Davis		Shoalhaven		
4	37579 Lily Be	ell		Kiama		
5	37697 Ella Po	st		Shoalhaven		
6	37532 Charlot	tta Karr		Albion Park		

Event 72 Boys U 12 - 100 Metre Sprint (6) Saturday 14/12/2019 - 2:03 PM Zone: 12.70 28/01/2006 **Caine Trindall** Lane Name Age Centre Seed Time Section 1 of 1 Final 2 37651 Harry Andersen Lake Illawarra 3 44523 Ryan Farr Milton-Ulladulla 4 37681 Jeremiah Galvin Shoalhaven 5 37548 Joshua Lakeman Albion Park 6 37652 Jack Andersen Lake Illawarra 7 37550 Germaine Wright Albion Park Event 73 Girls U 7 - 50 Metre Sprint (6) Saturday 14/12/2019 - 2:06 PM Zone: 9.00 12/12/2015 Lilv Bell 9.00 09/12/2017 Zone: **Ginger Siasat** Lane Name Age Centre Seed Time Section 1 of 1 Final 2 7845 Starlet O'Dea Albion Park 3 8504 Mia Borghi St Georges Basin Shoalhaven 4 8384 Kenzie Robinson 5 7932 Amelia Elphick Albion Park 6 8204 Hannah Lidbetter Lake Illawarra 7 8547 Avani Swan St Georges Basin Event 74 Boys U 7 - 50 Metre Sprint (7) Saturday 14/12/2019 - 2:09 PM Zone: 8.60 12/12/2015 Asher Chapman Seed Time Lane Name Age Centre Section 1 of 1 Final 2 8233 Izaak Wells Lake Illawarra 3 8329 Ryan Mayhaireh Shoalhaven 4 Albion Park 7875 Kai Miller 5 Shoalhaven 8336 Flynn O'Mullane 6 7929 Oscar Van Der Merwe Albion Park 7 8385 Riley Bertholini Shoalhaven 8 Lake Illawarra 8305 Christian Mastroanna Event 75 Girls U 13 - 3000 Metre Run (3) Saturday 14/12/2019 - 2:11 PM Zone: 10:58.30 12/12/2009 Jessica Hull Age Centre Seed Time Lane Name Section 1 of 1 Final 2 37530 Kyra Martin Albion Park 37631 Sienna Strecker Lake Illawarra 3 4 37734 Kara Heckenberg St Georges Basin

Event 76 Boys U 13 - 3000 Metre Run (4)

Satu	rday 14/12/2019 - 2:2	26 PM			
	Zone: 10:28.20	08/12/2012	Troy Whitt	ington	
Lane	Name	Age	Centre	Seed Time	
Sectio	n 1 of 1 Final				
2	37539 Macleay Kesby		Albion Park		
3	37676 Darcy Davis		Shoalhaven		
4	45323 Cooper Deegan		Kiama		
5	37684 Hamish McLare	n	Shoalhaven		

Saturday 14/12/2019 - 2	:11 PM		
Zone: 11:02.20		T Moxham	
Lane Name		entre	Seed Time
Section 1 of 1 Final			
2 37617 Charli Ryan	La	ike Illawarra	
Event 78 Boys U 14 - 30	00 Matra Dun	(1)	
Saturday 14/12/2019 - 2		(2)	
Zone: 10:00.80		Rvan Gregsor	
Lane Name		entre	
Section 1 of 1 Final	Age Co	intre	Secu Thire
2 37559 Byron Ling	Δ	bion Park	
2 37337 Byron Enig 3 44785 Kade Dhu		noalhaven	
5 44/85 Kade Dhu	51	loamaven	
Event 79 Girls U 15 - 30	00 Metre Run	(2)	
Saturday 14/12/2019 - 2			
Zone: 10:31.00		Jessica Hull	
Lane Name	Age Co	entre	Seed Time
Section 1 of 1 Final			
2 37556 Calany Meyers	A	lbion Park	
3 37531 Jordyn Martin	A	lbion Park	
Saturday 14/12/2019 - 2		Ryan Gregsor	
Zone: 9:57.00	29/01/2005	Ryan Oregsor	
		entre	
Lane Name		• •	
Lane Name	Age Co	• •	
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan	Age Co	entre	
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan	Age Co K 00 Metre Run	entre	
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30	<u>Age</u> Co K 00 Metre Run :11 PM	iama (3)	
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: 10:01.50	<u>Age</u> Co K 00 Metre Run :11 PM	entre iama (3) Jessica Hull	Seed Time
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: 10:01.50 Lane Name	Age Co K 00 Metre Run 11 PM 14/12/2013	entre iama (3) Jessica Hull	Seed Time
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: 10:01.50 Lane Name	Age Co K 00 Metre Run :11 PM 14/12/2013 Age Co	entre iama (3) Jessica Hull	Seed Time
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: 10:01.50 Lane Name Section 1 of 1 Final 2 37535 Ruby McPhillip	Age Co K 00 Metre Run :11 PM 14/12/2013 Age Co DS A	entre iama (3) Jessica Hull entre	Seed Time
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: Zone: 10:01.50 Lane Name Section 1 of 1 2 37535 3 37648	Age Co K 00 Metre Run 11 PM 14/12/2013 Age Co DS A La	entre iama (3) Jessica Hull entre	Seed Time
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: 10:01.50 Lane Name Section 1 of 1 Final 2 37535 Ruby McPhillip 3 37648 Ruby Keen 4 37554 Keira-Lee Mey	Age Constraint 00 Metre Run 11 PM 14/12/2013 Age Constraint Constraint Dos A La errs A Constraint	entre iama (3) Jessica Hull entre Ibion Park ake Illawarra Ibion Park	Seed Time
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: Zone: 10:01.50 Lane Name Section 1 of 1 2 37535 Ruby McPhillip 3 37648 Ruby Keen 4 37554 Keira-Lee Mey Event 82 Boys U 17 - 30	Age Constraint 00 Metre Run 11 PM 14/12/2013 Age Constraint Age Constraint Age Constraint La bis A La La errs A Dos Dos	entre iama (3) Jessica Hull entre Ibion Park ake Illawarra Ibion Park	Seed Time
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: Zone: 10:01.50 Lane Name Section 1 of 1 2 37535 Ruby McPhillig 3 37648 Ruby Keen 4 37554 Keira-Lee Mey Event 82 Boys U 17 - 30 Saturday 14/12/2019 - 2	Age Co K 00 Metre Run 14/12/2013 Age Co DS A Ers A 00 Metre Run 26 PM	entre iama (3) Jessica Hull entre Ibion Park ike Illawarra Ibion Park (3)	Seed Time
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: 10:01.50 Lane Name Section 1 of 1 Final 2 37535 Ruby McPhillig 3 7648 Ruby Keen 4 37554 Keira-Lee Mey Event 82 Boys U 17 - 30 Saturday 14/12/2019 - 2 Zone: 9:33.50 Secone: 9:33.50	Age Co K 00 Metre Run 14/12/2013 Age Co DS A Ers A 00 Metre Run 12/12/2015	entre iama (3) Jessica Hull entre Ibion Park ike Illawarra Ibion Park (3) James Seal	Seed Time
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: 10:01.50 Lane Name Section 1 of 1 Final 2 37535 Ruby McPhillij 3 37648 Ruby Keen 4 37554 Keira-Lee Mey Event 82 Boys U 17 - 30 Saturday 14/12/2019 - 2 Zone: 9:33.50 Lane Name Saturday 14/12/2019 - 2 Saturday 14/12/2019 - 2 Saturday 14/12/2019 - 2	Age Co K 00 Metre Run 14/12/2013 Age Co DS A Ers A 00 Metre Run 26 PM	entre iama (3) Jessica Hull entre Ibion Park ike Illawarra Ibion Park (3) James Seal	Seed Time
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: 10:01.50 Lane Name Section 1 of 1 Final 2 37535 Ruby McPhillij 3 37648 Ruby Keen 4 37554 Keira-Lee Mey Event 82 Boys U 17 - 30 Saturday 14/12/2019 - 2 Zone: 9:33.50 Lane Name Section 1 of 1 Final	Age Constraints 00 Metre Run 11 PM 14/12/2013 Age Constraints Constraints 205 A La cers A Constraints 00 Metre Run 226 PM 12/12/2015 Age Constraints Constraints	entre iama (3) Jessica Hull entre Ibion Park ake Illawarra Ibion Park (3) James Seal entre	Seed Time
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: 10:01.50 Lane Name Section 1 of 1 Final 2 37535 Ruby McPhillip 3 37648 Ruby Keen 4 37554 Keira-Lee Mey Event 82 Boys U 17 - 30 Saturday 14/12/2019 - 2 Zone: 9:33.50 Lane Name Section 1 of 1 Final 2 37615 Tyson Schillert 2 37615 Tyson Schillert	Age Constraints 00 Metre Run 11 PM 14/12/2013 14/12/2013 Age Constraints Dos A La errs A 00 00 Metre Run 26 PM 12/12/2015 Age Constraints Constraints	entre iama (3) Jessica Hull entre Ibion Park ake Illawarra (3) James Seal entre	Seed Time
Lane Name Section 1 of 1 Final 2 45322 Cohen Deegan Event 81 Girls U 17 - 30 Saturday 14/12/2019 - 2 Zone: 10:01.50 Lane Name Section 1 of 1 Final 2 37535 Ruby McPhillij 3 37648 Ruby Keen 4 37554 Keira-Lee Mey Event 82 Boys U 17 - 30 Saturday 14/12/2019 - 2 Zone: 9:33.50 Lane Name Section 1 of 1 Final 1 Section 1 Sectio	Age Co K 00 Metre Run 14/12/2013 Age Co os A La ers A 00 Metre Run 12/12/2015 Age Co La A	entre iama (3) Jessica Hull entre Ibion Park ake Illawarra Ibion Park (3) James Seal entre	Seed Time

MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS John O'Dwyer Oval - 14/12/2019 to 15/12/2019 Session Report

Session: 2 Saturday Field Events Day 1 - Saturday 14/12/2019 - Starts at 09:15 AM

	Event	Round
9:15 AM	#1 Girls U 9 - High Jump (S/H 0.80m)	Final
9:43 AM	#2 Girls U 15 - High Jump (S/H 1.20m)	Final
9:15 AM	#3 Boys U 15 - Long Jump	Final
9:15 AM	#4 Boys U 15-17 Multi Class Long Jump	Final
9:15 AM	#5 Girls U 14 - Long Jump	Final
9:43 AM	#6 Girls U 17 - Triple Jump	Final
9:15 AM	#7 Boys U 9 - Discus (500 Gram)	Final
9:15 AM	#8 Boys U 14 - Discus (1.0 Kg)	Final
9:15 AM	#9 Girls U 11 - Shot Put (2.0 Kg)	Final
9:24 AM	#10 Boys U 17 - Shot Put (5.0 Kg)	Final
9:57 AM	#11 Boys U 10 - High Jump (S/H 0.95m)	Final
10:25 AM	#12 Girls U 13 - High Jump (S/H 1.15m)	Final
9:36 AM	#13 Girls U 10 - Long Jump	Final
10:01 AM	#14 Boys U 11 - Long Jump	Final
10:01 AM	#15 Boys U 11-12 Multi Class Long Jump	Final
10:32 AM	#16 Girls U 12 - Triple Jump	Final
10:15 AM	#17 Boys U 12 - Discus (750 Gram)	Final
9:35 AM	#18 Girls U 8 - Discus (500 Gram)	Final
9:33 AM	#19 Girls U 7 - Shot Put (1.0 Kg)	Final
9:51 AM	#20 Boys U 8 - Shot Put (1.5 Kg)	Final
10:09 AM	#21 Boys U 13 - Javelin (600 Gram)	Final
11:00 AM	#22 Girls U 17 - High Jump (S/H 1.25m)	Final
11:21 AM	#23 Girls U 11 - High Jump (S/H 1.00m)	Final
10:57 AM	#24 Boys U 9 - Long Jump	Final
10:56 AM	#25 Boys U 17 - Long Jump	Final
12:07 PM	#26 Boys U 14 - Triple Jump	Final
10:45 AM	#27 Boys U 7 - Discus (350 Gram)	Final
10:35 AM	#28 Girls U 15 - Discus (1.0 Kg)	Final
10:35 AM	#29 Girls U 15-17 Multi Class Discus	Final
10:58 AM	#30 Girls U 9 - Shot Put (2.0 Kg)	Final
11:16 AM	#31 Boys U 15 - Shot Put (4.0 Kg)	Final
11:16 AM	#32 Boys U 15-17 Multi Class Shot Put	Final
11:19 AM	#33 Girls U 14 - Javelin (400 Gram)	Final
11:42 AM	#34 Girls U 12 - High Jump (S/H 1.10m)	Final
11:10 AM	#35 Girls U 8 - Long Jump	Final
12:13 PM	#36 Boys U 12 - Long Jump	Final
12:20 PM	#37 Boys U 13 - Triple Jump	Final
11:55 AM	#38 Girls U 10 - Discus (500 Gram)	Final
11:47 AM	#39 Boys U 10 - Shot Put (2.0 Kg)	Final
12:02 PM	#40 Girls U 13 - Shot Put (3.0 Kg) #41 Cirls U 13 14 Multi Close Shot Put	Final
12:02 PM	#41 Girls U 13-14 Multi Class Shot Put	Final
12:05 PM	#42 Boys U 11 - Javelin (400 Gram)	Final
1:09 PM	#43 Boys U 8 - Long Jump #44 Cirls U 13 Long Jump	Final
1:26 PM	#44 Girls U 13 - Long Jump #45 Girls U 15 Triple Jump	Final
1:51 PM	#45 Girls U 15 - Triple Jump #46 Cirls U 17 Diagus (10 Kg)	Final
11:15 AM	#46 Girls U 17 - Discus (1.0 Kg)	Final

MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS John O'Dwyer Oval - 14/12/2019 to 15/12/2019 Session Report

Session: 2 Saturday Field Events Day 1 - Saturday 14/12/2019 - Starts at 09:15 AM

	Event	Round
1:08 PM	#47 Girls U 14 - Shot Put (3.0 Kg)	Final
1:17 PM	#48 Boys U 15 - Javelin (700 Gram)	Final
2:29 PM	#49 Girls U 11 - Triple Jump	Final
1:25 PM	#50 Boys U 11 - Discus 500 Gram)	Final
1:25 PM	#51 Boys U 11-12 Multi Class Discus	Final
1:38 PM	#52 Girls U 12 - Shot Put (2.0 Kg)	Final
1:59 PM	#53 Boys U 17 - Javelin (700 Gram)	Final
11:45 AM	#54 Boys U 13 - Discus (750 Gram)	Final
2:27 PM	#55 Boys U 12 - Javelin (400 Gram)	Final

		-		I 0.80m) (4)	
Sau	urday 14/12/2 Zone:		15 ANI 30/01/1982	Davlana Mul	lan or
	Zone:		01/12/2018		-
Pos	Name	1,1411		Centre	Seed Mark
	t 1 of 1 Fi	nal		centre	Seeu Mark
1	26580 Maizi			Euro Coast	
2	8409 Indigo			Shoalhaven	
3	8307 Airlie S			Shoalhaven	
4	7942 Chelsea			Albion Park	
		-		H 1.20m) (2)	
Sati	urday 14/12/2 Zone:		43 ANI 13/12/2008	Tayla Ving	
			13/12/2008	. 8	aval:
n	Zone:	1.05m			·
Pos	Name	•	Age	Centre	Seed Mark
0	t 1 of 1 Fi			<i>V</i> :	
1 2	37580 Sienna			Kiama	
2	37628 Hanna	in Hosking	3	Lake Illawarra	
ven	t 3 Boys U	15 - Long	g Jump (3)		
Satı	urday 14/12/2	2019 - 9:	15 AM		
	Zone:	6.11m	27/01/2007	Kevin Orgaz	
os	Name		Age	Centre	Seed Mark
ligh	t 1 of 1 Fi	nal			
1	37716 Louis	Losurdo		St Georges Bas	in
2	37641 Ryan I	Keen		Lake Illawarra	
3	37713 Tsar N	landavy		St Georges Bas	in
		15 15 14		I (1)	
ven	14 DOYSU	15-17 MI		Long Jump (1)	
	1 14/10/	3010 0	1		
Satı	urday 14/12/2	2019 - 9:		Contro	Sood Mark
Satı Pos	Name			Centre	Seed Mark
Satu Pos Flight	Name t 1 of 1 Fi	nal	Age		Seed Mark
Satı Pos	Name	nal	Age	Centre Shoalhaven	Seed Mark
Satu Pos Flight 1	Name t 1 of 1 Fi	nal Miller (T/	Age (F20)	Shoalhaven	Seed Mark
Satu Pos Flight 1 Event	Name t 1 of 1 Fi 37674 Brock	nal Miller (T/ 14 - Lon	Age /F20) g Jump (3)	Shoalhaven	Seed Mark
Satu <u>Pos</u> Flight 1 Event	Name t 1 of 1 Fi 37674 Brock t 5 Girls U	nal Miller (T/ 14 - Lon 2019 - 9:	Age /F20) g Jump (3)	Shoalhaven	Seed Mark
Satu Pos Flight 1 Event Satu	Name t 1 of 1 Fi 37674 Brock t 5 Girls U urday 14/12/2	nal Miller (T/ 14 - Lon 2019 - 9:	Age /F20) g Jump (3) 15 AM 26/01/2008	Shoalhaven	
Satu Pos Flight 1 Event Satu Pos	Name t 1 of 1 Fi 37674 Brock t 5 Girls U 1rday 14/12/2 Zone:	nal Miller (T/ 14 - Lon 2019 - 9: 5.39m	Age /F20) g Jump (3) 15 AM 26/01/2008	Shoalhaven Tayla King	
Satu Pos Flight 1 Event Satu Pos	Name t 1 of 1 Fi 37674 Brock t 5 Girls U urday 14/12/2 Zone: Name	nal Miller (T/ 14 - Lon 2019 - 9: 5.39m nal	Age /F20) g Jump (3) 15 AM 26/01/2008	Shoalhaven Tayla King	
Satu Pos Flight 1 Event Satu Pos Flight	Name t 1 of 1 Fi 37674 Brock t 5 Girls U urday 14/12/2 Zone: Name t 1 of 1 Fi	nal Miller (T/ 14 - Lon 2019 - 9: 5.39m nal n Clancy	Age /F20) g Jump (3) 15 AM 26/01/2008	Shoalhaven Tayla King Centre	
Satu Pos Flight 1 Event Satu Pos Flight 1	Name t 1 of 1 Fi 37674 Brock t 5 Girls U urday 14/12/2 Zone: Name t 1 of 1 t 1 of 1 Fi 37562 Lauren	nal Miller (T/ 14 - Lon 2019 - 9: 5.39m nal n Clancy ea Ezeoke	Age (F20) g Jump (3) 15 AM 26/01/2008 Age	Shoalhaven Tayla King Centre Albion Park	
Satu Pos Flight 1 Event Satu Pos Flight 1 2 3	Name t 1 of 1 Fi 37674 Brock t 5 Girls U Irday 14/12/2 Zone: Name t 1 of 1 Fi 37562 Laurer 37561 Chelse 37611 Misch	nal Miller (T/ 14 - Lon 2019 - 9: 5.39m nal n Clancy ea Ezeoke a Boniface	Age (F20) g Jump (3) 15 AM 26/01/2008 Age	Shoalhaven Tayla King Centre Albion Park Albion Park Kiama	
Satu Pos Fligh 1 Event Satu Pos Fligh 1 2 3 Event	Name t 1 of 1 Fi 37674 Brock t 5 Girls U irday 14/12/2 Zone: Name t 1 of 1 Fi 37562 Laurer 37561 Chelse 37611 Misch t 6 Girls U	nal Miller (T/ 14 - Lon 2019 - 9: 5.39m nal n Clancy ea Ezeoke a Boniface 17 - Trip	Age (F20) g Jump (3) 15 AM 26/01/2008 Age	Shoalhaven Tayla King Centre Albion Park Albion Park Kiama	
Satu Pos Flight 1 Event Satu Pos Flight 1 2 3 Event	Name t 1 of 1 Fi 37674 Brock t 5 Girls U urday 14/12/2 Zone: Name t 1 of 1 Fi 37562 Laurer 37561 Chelse 37611 Misch t 6 Girls U urday 14/12/2	nal Miller (T/ 14 - Lon 2019 - 9:: 5.39m nal n Clancy ea Ezeoke a Boniface 17 - Trip 2019 - 9:6	Age (F20) g Jump (3) 15 AM 26/01/2008 Age e le Jump (3) 43 AM	Shoalhaven Tayla King Centre Albion Park Albion Park Kiama	
Satu Pos Flight 1 Event Satu 2 3 Event Satu	Name t 1 of 1 Fi 37674 Brock t 5 Girls U urday 14/12/2 Zone: Name t 1 of 1 t 1 of 1 Fi 37562 Laurer 37561 Chelse 37611 Misch t 6 Girls U urday 14/12/2 Zone:	nal Miller (T/ 14 - Lon 2019 - 9:: 5.39m nal n Clancy ea Ezeoke a Boniface 17 - Trip 2019 - 9:6	Age (F20) g Jump (3) 15 AM 26/01/2008 Age e le Jump (3) 43 AM 14/12/2008	Shoalhaven Tayla King Centre Albion Park Albion Park Kiama D Talissa Scott	Seed Mark
Satu Pos Flight 1 Event Satu 2 3 Event Satu Pos	Name t 1 of 1 Fi 37674 Brock t 5 Girls U irday 14/12/2 Zone: Name t 1 of 1 Fi 37562 Laurei 37561 Chelsei 37611 Misch t 6 Girls U irday 14/12/2 Zone: Name	nal Miller (T/ 14 - Lon 2019 - 9: 5.39m nal n Clancy ea Ezeoke a Boniface 17 - Trip 2019 - 9: 11.39m	Age (F20) g Jump (3) 15 AM 26/01/2008 Age e le Jump (3) 43 AM 14/12/2008	Shoalhaven Tayla King Centre Albion Park Albion Park Kiama	
Satu Pos Flighi 1 Eventi Satu 2 3 Eventi Satu Pos Flighi	Name 1 of 1 Fi 37674 Brock t 5 Girls U urday 14/12/2 Zone: Name t 1 of 1 Fi 37562 Laurer 37561 Chelse 37611 Misch t 6 Girls U urday 14/12/2 Zone: Name t 1 of 1 Fi	nal Miller (T/ 14 - Lon 2019 - 9: 5.39m nal n Clancy ea Ezeoke a Boniface 17 - Trip 2019 - 9: 11.39m nal	Age (F20) g Jump (3) 15 AM 26/01/2008 Age de Jump (3) 43 AM 14/12/2008 Age	Shoalhaven Tayla King Centre Albion Park Albion Park Kiama D Talissa Scott Centre	Seed Mark
Satu Pos Flighi 1 Eventi Satu 2 3 Eventi Satu Satu Pos Flighi 1	Name 1 of 1 Fi 37674 Brock 5 Girls U urday 14/12/2 Zone: Name t 1 of 1 Fi 37562 Laurer 37561 Chelse 37611 Misch t 6 Girls U urday 14/12/2 Zone: Name t 1 of 1 Fi 37598 Georg	nal Miller (T/ 14 - Lon 2019 - 9: 5.39m nal n Clancy ea Ezeoke a Boniface 17 - Trip 2019 - 9: 11.39m nal ia Richard	Age (F20) g Jump (3) 15 AM 26/01/2008 Age de Jump (3) 43 AM 14/12/2008 Age	Shoalhaven Tayla King Centre Albion Park Albion Park Kiama Talissa Scott Centre Kiama	Seed Mark
Satu Pos Flight 1 Event Satu 2 3 Event Satu Pos Flight	Name 1 of 1 Fi 37674 Brock t 5 Girls U urday 14/12/2 Zone: Name t 1 of 1 Fi 37562 Laurer 37561 Chelse 37611 Misch t 6 Girls U urday 14/12/2 Zone: Name t 1 of 1 Fi	nal Miller (T/ 14 - Lon 2019 - 9: 5.39m nal n Clancy ea Ezeoke a Boniface 17 - Trip 2019 - 9: 11.39m nal ia Richard Keen	Age (F20) g Jump (3) 15 AM 26/01/2008 Age ble Jump (3) 43 AM 14/12/2008 Age bs	Shoalhaven Tayla King Centre Albion Park Albion Park Kiama D Talissa Scott Centre	Seed Mark

Event 7 Boys U 9 - Discus (500 Gram) (6)

Saturday 14/12/2019 - 9:15 AM							
	Zone: 29	.67m	14/12/2014	Ryan Keen			
Pos	Name		Age	Centre	Seed Mark		
Flight 1 of 1 Final							
1	8245 Malachi Ki	rchber	g	Lake Illawarra			
2	8010 Benji Davis			Kiama			
3	8068 Jayce Watte	ers		Kiama			
4	8147 Thomas Go	wans		Lake Illawarra			
5	7874 Taj Miller			Albion Park			
6	8205 Beau Lidbe	tter		Lake Illawarra			
Even	• 9 Dava II 14	Dias	us (10 Va)	(2)			

Event 8 Boys U 14 - Discus (1.0 Kg) (2)

Satu	Saturday 14/12/2019 - 9:15 AM								
	Zone:	45.23m	08/12/2012	Connar Gi	rozde				
Pos	Name		Age	Centre	Seed Mark				
Flight	t 1 of 1 Fin	al							
1	37695 Max Be	eck		Shoalhaven					
2	44785 Kade D	hu		Shoalhaven					

Event 9 Girls U 11 - Shot Put (2.0 Kg) (6)

Satu	rday 14/12/2019 - 9:	15 AM			
	Zone: 11.47m	10/12/2016	Chelsea Eze	oke	
Pos	Name	Age	Centre	Seed Mark	
Flight	1 of 1 Final				
1	8499 Isabelle Reader		St Georges Bas	sin	
2	8213 Lily O'Neill		Lake Illawarra		
3	8493 Kadance Naylor		St Georges Bas	sin	
4	8343 Mia O'Mullane		Shoalhaven		
5	7909 Kalani Green		Albion Park		
6	7910 Amber Potts		Albion Park		

Event 10 Boys U 17 - Shot Put (5.0 Kg) (3)

Satu	urday 14/12/	2019 - 9:	24 AM			
	Zone:	13.18m	08/12/2012	Joshua Fern	andes	
Pos	Name		Age	Centre	Seed Mark	
Flight	t 1 of 1 Fi	nal				
1	37618 Mathe	w Hutchis	son	Lake Illawarra		
2	37564 Dylan	Clarke		Albion Park		
3	37612 Jude H	Basnet		Kiama		

Event 11 Boys U 10 - High Jump (S/H 0.95m) (4)

Saturday 14/12/2019 - 9:57 AM								
	Zone: 1.42m	31/01/1982	Glen Mo	rante				
Pos	Name	Age	Centre	Seed Mark				
Flight	t 1 of 1 Final							
1	7996 Stephen Alfano		Kiama					
2	8503 Jayden Borghi		St Georges	Basin				
3	7970 Daniel Martin		Albion Parl	c				
4	8550 Jake Swan		St Georges	Basin				

Sat	urday 14/12/2019 - 10:2	25 AM
		27/01/2007 Tayla King
Pos	Name	Age Centre Seed Mar
ligh	t 1 of 1 Final	
1	37591 Tanna Watters	Kiama
2	37540 Ava Power	Albion Park
3	37593 Audrey Terry	Kiama
4	37625 Olivia O'Neill	Lake Illawarra
5	37663 Mia Stevens	Shoalhaven
	t 13 Girls U 10 - Lon	
Sat	urday 14/12/2019 - 9:30 Zone: 4.31m	6 AM 12/12/2015 Delta Amidzovski
05	Name	Age Centre Seed Mai
	t 1 of 1 Final	Age Centre Seeu Mai
1 1	8162 Sophie Grono	Lake Illawarra
2	8102 Sopine Grono 8230 Tauris Ivanovski	Lake Illawarra
3	8377 Amarli Robinson	Shoalhaven
4	8169 Ellie King	Lake Illawarra
5	8358 Rose Atkins	Shoalhaven
6	7841 Aroura Bray	Albion Park
7	8335 Elsie Proctor	Shoalhaven
	8333 Eiste Froctor 8244 Isabella Clowes	Lake Illawarra
	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0	g Jump (7) 01 AM
ven Sat	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0	g Jump (7)
ven Sat os ligh	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final	g Jump (7) D1 AM 25/01/2003 Kevin Orgaz Age Centre Seed Mar
en Sat Sat	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams	g Jump (7) 01 AM 25/01/2003 Kevin Orgaz <u>Age Centre Seed Man</u> Lake Illawarra
sat	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore	g Jump (7) D1 AM 25/01/2003 Kevin Orgaz <u>Age Centre Seed Man</u> Lake Illawarra Shoalhaven
ven Sat os ligh 1 2 3	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams	g Jump (7) 01 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Milton-Ulladulla
ven Sat os ligh 1 2 3 4	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston	g Jump (7) 01 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Milton-Ulladulla Euro Coast
ven Sat iigh 1 2 3 4 5	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv	g Jump (7) 01 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Milton-Ulladulla Euro Coast ve Albion Park
ven Sat Ds ligh 1 2 3 4 5 6	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv 8460 Asher Chapman	g Jump (7) 01 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Milton-Ulladulla Euro Coast ve Albion Park Shoalhaven
ven Sat Sat ligh 1 2 3 4 5	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv	g Jump (7) 01 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Milton-Ulladulla Euro Coast ve Albion Park
ven Sat os ligh 1 2 3 4 5 6 7 ven	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv 8460 Asher Chapman 8190 James Tebbutt t 15 Boys U 11-12 Mu	z Jump (7) D1 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Euro Coast ve Albion Park Shoalhaven Lake Illawarra Shoalhaven Lake Illawarra
Even Sat Pos Tiligh 1 2 3 4 5 6 7 Even Sat	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv 8460 Asher Chapman 8190 James Tebbutt	z Jump (7) D1 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Euro Coast ve Albion Park Shoalhaven Lake Illawarra Ilti Class Long Jump (1) D1 AM
Even Sat Pos Tligh 1 2 3 4 5 6 7 Even Sat Pos	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv 8460 Asher Chapman 8190 James Tebbutt t 15 Boys U 11-12 Mu urday 14/12/2019 - 10:0 Name	z Jump (7) D1 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Euro Coast ve Albion Park Shoalhaven Lake Illawarra Ilti Class Long Jump (1) D1 AM
Even Sat Pos Fligh 1 2 3 4 5 6 7 Even Sat Pos	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv 8460 Asher Chapman 8190 James Tebbutt t 15 Boys U 11-12 Mu urday 14/12/2019 - 10:0	z Jump (7) 01 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Milton-Ulladulla Euro Coast ve Albion Park Shoalhaven Lake Illawarra shoalhaven Lake Illawarra biti Class Long Jump (1) 01 AM Age Centre Seed Man
Even Sat Pos Fligh 1 2 3 4 5 6 7 Even Sat Pos Fligh 1	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv 8460 Asher Chapman 8190 James Tebbutt t 15 Boys U 11-12 Mu urday 14/12/2019 - 10:0 Name t 1 of 1 Final	z Jump (7) D1 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Milton-Ulladulla Euro Coast ve Albion Park Shoalhaven Lake Illawarra Ilti Class Long Jump (1) D1 AM Age Centre Seed Man F44) Shoalhaven
Even Sat Pos Fligh 1 2 3 4 5 6 7 Even Sat Pos Fligh 1 Even	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv 8460 Asher Chapman 8190 James Tebbutt t 15 Boys U 11-12 Mu urday 14/12/2019 - 10:0 Name t 1 of 1 Final 37670 Kynan Miller (T/I t 16 Girls U 12 - Trip urday 14/12/2019 - 10:0	g Jump (7) D1 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Milton-Ulladulla Euro Coast we Albion Park Shoalhaven Lake Illawarra Hti Class Long Jump (1) D1 AM Age Centre Seed Man F44) Shoalhaven Laka Illawarra
ven Sat 1 2 3 4 5 6 7 ven Sat 1 1 ven Sat	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv 8460 Asher Chapman 8190 James Tebbutt t 15 Boys U 11-12 Mu urday 14/12/2019 - 10:0 Name t 1 of 1 Final 37670 Kynan Miller (T/I t 16 Girls U 12 - Trip urday 14/12/2019 - 10:0 Zone: 10.52m 1	g Jump (7) D1 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Milton-Ulladulla Euro Coast we Albion Park Shoalhaven Lake Illawarra Uti Class Long Jump (1) D1 AM Age Centre Seed Man F44) Shoalhaven le Jump (4) 32 AM I3/12/2009 Chloe Docker
Even Sat Digh 1 2 3 4 5 6 7 Even Sat Cven 1 Even Sat Sat	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv 8460 Asher Chapman 8190 James Tebbutt t 15 Boys U 11-12 Mu urday 14/12/2019 - 10:0 Name t 1 of 1 Final 37670 Kynan Miller (T/I t 16 Girls U 12 - Trip urday 14/12/2019 - 10:0 Zone: 10.52m 10	g Jump (7) D1 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Milton-Ulladulla Euro Coast we Albion Park Shoalhaven Lake Illawarra Hti Class Long Jump (1) D1 AM Age Centre Seed Man F44) Shoalhaven Laka Illawarra
Even Sat Pos Tigh 1 2 3 4 5 6 7 Even Sat Cven Sat Sat Sat	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv 8460 Asher Chapman 8190 James Tebbutt t 15 Boys U 11-12 Mu urday 14/12/2019 - 10:0 Name t 1 of 1 Final 37670 Kynan Miller (T/1) t 16 Girls U 12 - Trip urday 14/12/2019 - 10:1 Zone: 10.52m 1 Name t 1 of 1 Final	z Jump (7) D1 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Milton-Ulladulla Euro Coast ve Albion Park Shoalhaven Lake Illawarra Iti Class Long Jump (1) D1 AM Age Centre Seed Man F44) Shoalhaven Is Jump (4) 32 AM 13/12/2009 Chloe Docker Age Centre Seed Man
Even Sat Sat Cligh 1 2 3 4 5 6 7 Sat Cven Sat Cven Sat Cven Sat	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv 8460 Asher Chapman 8190 James Tebbutt t 15 Boys U 11-12 Mu urday 14/12/2019 - 10:0 Name t 1 of 1 Final 37670 Kynan Miller (T/I t 16 Girls U 12 - Trip urday 14/12/2019 - 10:1 Zone: 10.52m 1 Name t 1 of 1 Final 37590 Malia Cummins	z Jump (7) D1 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Milton-Ulladulla Euro Coast ve Albion Park Shoalhaven Lake Illawarra Ilti Class Long Jump (1) D1 AM Age Centre Seed Man F44) Shoalhaven Ide Jump (4) 32 AM I3/12/2009 Chloe Docker Age Centre Seed Man Kiama
Even Sat Sat Cos ligh 1 2 3 4 5 6 7 Sat Cven Sat Sat Sat Sat	t 14 Boys U 11 - Long urday 14/12/2019 - 10:0 Zone: 4.89m 2 Name t 1 of 1 Final 8256 Aidan Williams 8395 Riley Moore 27124 Phoenix Williams 26568 Selby Johnston 7953 Max Van Der Merv 8460 Asher Chapman 8190 James Tebbutt t 15 Boys U 11-12 Mu urday 14/12/2019 - 10:0 Name t 1 of 1 Final 37670 Kynan Miller (T/1) t 16 Girls U 12 - Trip urday 14/12/2019 - 10:1 Zone: 10.52m 1 Name t 1 of 1 Final	z Jump (7) D1 AM 25/01/2003 Kevin Orgaz Age Centre Seed Man Lake Illawarra Shoalhaven Lake Illawarra Milton-Ulladulla Euro Coast ve Albion Park Shoalhaven Lake Illawarra Iti Class Long Jump (1) D1 AM Age Centre Seed Man F44) Shoalhaven Lake Jump (4) 32 AM 13/12/2009 Chloe Docker Age Centre Seed Man

Event 17 Boys U 12 - Discus (750 Gram) (3)

Saturday 14/12/2019 - 10:15 AM								
	Zone: 40.39m	13/12/2014	Trey Barlow					
Pos	Name	Age	Centre	Seed Mark				
Flight	t 1 of 1 Final							
1	37620 Parker Ivanovski		Lake Illawarra					
2	37523 Scott Colwell		Albion Park					
3	37548 Joshua Lakeman		Albion Park					

Event 18 Girls U 8 - Discus (500 Gram) (6)

Satı	urday 14/12/2019 - 9:35 A	М			
	Zone: 20.00m 27/	01/2001	Talissa Scott		
Pos	Name	Age	Centre	Seed Mark	
Flight	t 1 of 1 Final				
1	7973 Madelynne Dowel		Albion Park		
2	8440 Emerson Boatswain		Shoalhaven		
3	8492 Layla Bishop		St Georges Basi	n	
4	26598 Harper Lasscock		Euro Coast		
5	8212 Charlotte O'Neill		Lake Illawarra		
6	8168 Paige King		Lake Illawarra		

Event 19 Girls U 7 - Shot Put (1.0 Kg) (6)

Satu	rday 14/12/2019 - 9:33 AN	1			
	Zone: 6.97m 27/01	/1991	Belinda Jac	kson	
Pos	Name	Age	Centre	Seed Mark	
Flight	1 of 1 Final				
1	8188 Brooklyn McWilliams		Lake Illawarra	L	
2	8504 Mia Borghi		St Georges Ba	sin	
3	8384 Kenzie Robinson		Shoalhaven		
4	7845 Starlet O'Dea		Albion Park		
5	8547 Avani Swan		St Georges Ba	sin	
6	8204 Hannah Lidbetter		Lake Illawarra	l	

Event 20 Boys U 8 - Shot Put (1.5 Kg) (6)

Saturday 14/12/2019 - 9:51 AM								
	Zone: 8.98m	27/01/2001	Joel Fitness					
Pos	Name	Age	Centre	Seed Mark				
Flight	1 of 1 Final							
1	8366 Aidan McLaren		Shoalhaven					
2	8331 Macarthur Davis		Shoalhaven					
3	8491 Tye Bishop		St Georges Basi	n				
4	8386 Jackson Turner		Shoalhaven					
5	8551 Rory Swan		St Georges Basi	n				
6	7914 Jacob Lakeman		Albion Park					

Event 21 Boys U 13 - Javelin (600 Gram) (7)

Saturday 14/12/2019 - 10:09 AM							
	Zone: 40.44m 2	28/01/2006	Justin Webb				
Pos	Name	Age	Centre	Seed Mark			
Flight	1 of 1 Final						
1	37541 Izak Van De Merv	ve	Albion Park				
2	37699 Cade Chapman		Shoalhaven				
3	37114 Brooklyn Mandav	у	St Georges Basi	n			
4	37742 Jett Kingma		St Georges Basi	n			
5	37585 Elias Oldfield		Kiama				
6	37568 Riley Witt		Albion Park				
7	37684 Hamish McLaren		Shoalhaven				

Sati	urday 14/12/2019 - 11	:00 AM		
	Zone: 1.56m	14/12/2014	Celeste Suler	zyski
Pos	Name	Age	Centre	Seed Mark
Fligh	t 1 of 1 Final			
1	37535 Ruby McPhillip	S	Albion Park	
2	37648 Ruby Keen		Lake Illawarra	
3	37634 Taylah Hurst		Lake Illawarra	
Friend		ah Juma (G	(11.1.00m) (3)	
	t 23 Girls U 11 - Hig		/H 1.00III) (3)	
Sati	urday 14/12/2019 - 11		T) <i>V</i>	
D		29/01/2005		C.J.M.J
Pos	Name	Age	Centre	Seed Mark
0	t 1 of 1 Final			
1	28972 Mia Davis		Milton-Ulladull	а
2	8213 Lily O'Neill		Lake Illawarra	
3	8306 Grace Stevens		Shoalhaven	
Even	t 24 Boys U 9 - Lon	g Jump (10)	
	urday 14/12/2019 - 10		,	
Sau	U	14/12/2008	Aron Cox	
Pos	Name	Age	Centre	Seed Mark
	t 1 of 1 Final	8'		
1	27108 Kyle Smith		Milton-Ulladull	a
2	8147 Thomas Gowans		Lake Illawarra	-
3	26547 Lucas Borg		Euro Coast	
4	8082 Peter Gallenca		Kiama	
5	7856 Jake Witt		Albion Park	
6	7874 Taj Miller		Albion Park	
7	8067 Riley Bender		Kiama	
8	7870 Jackson Fraser		Albion Park	
9	8167 Zak Schillert		Lake Illawarra	
10	8010 Benji Davis		Kiama	
10	Coro Donji Duvis			
Even	t 25 Boys U 17 - Lo	ng Jump (2)	
Sati	urday 14/12/2019 - 10	:56 AM		
	Zone: 6.18m	08/12/2012	Billy Walling	ton
Pos	Name	Age	Centre	Seed Mark
Fligh	t 1 of 1 Final			
1	37570 Isaac Shaw		Albion Park	
2	37614 Joshua Gamble		Lake Illawarra	
			• `	
Even	t 26 Boys U 14 - Tri	pie Jump (1	1)	
Sati	urday 14/12/2019 - 12	:07 PM		
	Zone: 12.80m	28/01/2006	Kevin Orgaz	
Pos	Name	Age	Centre	Seed Mark
	t 1 of 1 Final			
Fligh	t I UI I I'mai			

Event 27 Boys U 7 - Discus (350 Gram) (7)

Satu	rday 14/12/	/2019 - 10	:45 AM			
	Zone:	22.41m	30/01/2000	Joel Fitness		
Pos	Name		Age	Centre	Seed Mark	
Flight	1 of 1 F	inal				
1	27505 Brax	Betts		Shoalhaven		
2	8131 Cale D	eegan		Kiama		
3	8385 Riley I	Bertholini		Shoalhaven		
4	7915 Justin	Lakeman		Albion Park		
5	7836 Lucas	Gill-Gome	8	Albion Park		
6	8313 Riley 8	Sandstrom		Shoalhaven		
7	7875 Kai Mi	iller		Albion Park		

Event 28 Girls U 15 - Discus (1.0 Kg) (4)

Satu	ırday 14/12/2019 - 10	:35 AM			
	Zone: 39.07m	14/12/2013	Samant	ha Peace	
Pos	Name	Age	Centre	Seed Mark	
Flight	t 1 of 1 Final				
1	37736 Keira Watt		St George	s Basin	
2	37556 Calany Meyers		Albion Pa	rk	
3	37628 Hannah Hosking		Lake Illaw	arra	
4	37668 Akala Miller		Shoalhave	en	

Event 29 Girls U 15-17 Multi Class Discus (1)

Satu	urday 14/12/2019 - 10:35 A	М		
Pos	Name	Age Centre	Seed Mark	
Flight	t 1 of 1 Final			
1	37536 Ashleigh Ryder (T/F37	Albion Park		

Event 30 Girls U 9 - Shot Put (2.0 Kg) (6)

Satu	urday 14/12/2019 - 10	:58 AM			
	Zone: 7.18m	27/01/2001	Kendall Vaug	ghan	
Pos	Name	Age	Centre	Seed Mark	
Flight	t 1 of 1 Final				
1	7892 Sidney Bartle		Albion Park		
2	26580 Maizi Minihan		Euro Coast		
3	8396 Lilly Moore		Shoalhaven		
4	8148 Calai Dach		Lake Illawarra		
5	8454 Layla Beck		Shoalhaven		
6	8409 Indigo Price		Shoalhaven		

Event 31 Boys U 15 - Shot Put (4.0 Kg) (1)

Zone: 13.75m	24/01/1998 Luke Single	eton
Pos Name	Age Centre	Seed Mark
Flight 1 of 1 Final		
1 37641 Ryan Keen	Lake Illawarr	a
vent 32 Boys U 15-17 M		

Saturuay 14/12/2017 11.1011	171	
Pos Name	Age Centre	Seed Mark
Flight 1 of 1 Final		
1 37674 Brock Miller (T/F20)	Shoalhaven	

Sat	urday 14/12/2	2019 - 11	:19 AM		
	Zone:	36.38m	10/12/2011	Susie Seitar	idis
Pos	Name		Age	Centre	Seed Mark
Fligh	t 1 of 1 Fi	nal			
1	37665 Olivia	Davis		Shoalhaven	
2	37693 Nakita	1 Boatswai	in	Shoalhaven	
3	37547 Abby	Eldridge		Albion Park	
4	37562 Laurer	n Clancy		Albion Park	
Even	t 34 Girls U	J 12 - Hi ş	gh Jump (S	/H 1.10m) (5)	
	t 34 Girls U urday 14/12/2 Zone:	2019 - 11		, ()	
Sat	urday 14/12/2	2019 - 11	:42 AM 10/12/2017	, ()	zovski
Sat Pos	urday 14/12/2 Zone:	2019 - 11 1.57m	:42 AM 10/12/2017	Delta Amidz	zovski
Sat Pos	urday 14/12/2 Zone: Name	2019 - 11 1.57m nal	:42 AM 10/12/2017 Age	Delta Amidz	zovski
Sat <u>Pos</u> Fligh	urday 14/12/2 Zone: Name t 1 of 1 Fi	2019 - 11 1.57m nal Cummins	:42 AM 10/12/2017 Age	Delta Amidz Centre	zovski Seed Mark
Sat <u>Pos</u> Fligh	urday 14/12/2 Zone: Name t 1 of 1 Fi 37590 Malia	2019 - 11 1.57m nal Cummins iha Manda	:42 AM 10/12/2017 Age	Delta Amidz Centre Kiama	zovski Seed Mark
Sat Pos Fligh 1 2	urday 14/12/2 Zone: Name t 1 of 1 Fi 37590 Malia 37115 Natars	2019 - 11 1.57m nal Cummins iha Manda Quick	:42 AM 10/12/2017 Age	Delta Amida Centre Kiama St Georges Ba	zovski Seed Mark
Sat Pos Fligh 1 2 3	urday 14/12/2 Zone: Name t 1 of 1 Fi 37590 Malia 37115 Natars 37613 Abby 9	2019 - 11 1.57m nal Cummins tha Manda Quick a Kable	:42 AM 10/12/2017 Age	Delta Amidz Centre Kiama St Georges Ba Lake Illawarra	zovski Seed Mark

Event 35 Girls U 8 - Long Jump (10)

Satu	rday 14/12/2019 - 11:10 Al	Μ	
	Zone: 3.80m 26/01	/1985 Karen Dean	
Pos	Name	Age Centre	Seed Mark
Flight	1 of 1 Final		
1	8212 Charlotte O'Neill	Lake Illawarra	
2	8440 Emerson Boatswain	Shoalhaven	
3	8183 Violet Ellington	Lake Illawarra	
4	8492 Layla Bishop	St Georges Basin	L
5	7888 Peyton Thompson	Albion Park	
6	7973 Madelynne Dowel	Albion Park	
7	8168 Paige King	Lake Illawarra	
8	8200 Starr Cooper	Lake Illawarra	
9	8546 Asher Haig	St Georges Basin	L
10	7867 Savannah Apps	Albion Park	

Event 36 Boys U 12 - Long Jump (8)

Sat	urday 14/12/2	2019 - 12	:13 PM			
	Zone:	5.31m	30/01/1982	David Carter		
Pos	Name		Age	Centre	Seed Mark	
Fligh	t 1 of 1 Fi	nal				
1	37523 Scott (Colwell		Albion Park		
2	37548 Joshua	Lakemar	ı	Albion Park		
3	37565 Harry	Fraser		Albion Park		
4	37620 Parker	Ivanovsk	i	Lake Illawarra		
5	37651 Harry	Andersen		Lake Illawarra		
6	37550 Germa	ine Wrigł	nt	Albion Park		
7	37681 Jeremi	ah Galvin	L	Shoalhaven		
8	37652 Jack A	ndersen		Lake Illawarra		

Event 37 Boys U 13 - Triple Jump (11)

Satu	rday 14/12/2019 - 12:2	0 PM			
	Zone: 11.07m 25	5/01/1997	C Costello		
Pos	Name	Age	Centre	Seed Mark	
Flight	1 of 1 Final				
1	37629 Joshua Hosking		Lake Illawarra		
2	37568 Riley Witt		Albion Park		
3	37630 Dylan Hardy		Lake Illawarra		
4	37541 Izak Van De Merw	e	Albion Park		
5	37742 Jett Kingma		St Georges Basin	n	
6	37538 Mackay Jones		Albion Park		
7	37592 Joshua Bender		Kiama		
8	37114 Brooklyn Mandavy	7	St Georges Basin	n	
9	37585 Elias Oldfield		Kiama		
10	37539 Macleay Kesby		Albion Park		
11	44525 Lane Williams		Milton-Ulladulla	ì	

Event 38 Girls U 10 - Discus (500 Gram) (9)

Satu	rday 14/12/2019 - 11:55 Al	M	
	Zone: 26.05m 29/01	/2000 Emma Cooke	
Pos	Name	Age Centre	Seed Mark
Flight	1 of 1 Final		
1	7975 Amelia Bongiorno	Albion Park	
2	8215 Maddyson Tramantano	Lake Illawarra	
3	8191 Layla Markovski	Lake Illawarra	
4	8309 Myra Betts	Shoalhaven	
5	8230 Tauris Ivanovski	Lake Illawarra	
6	8009 Josie Cunningham	Kiama	
7	8367 Heidi McLaren	Shoalhaven	
8	7841 Aroura Bray	Albion Park	
9	7898 Mackenzie Hutchinson	Albion Park	

Event 39 Boys U 10 - Shot Put (2.0 Kg) (5)

Sat	urday 14/12/2019 - 1	1:47 AM			
	Zone: 10.44m	27/01/1991	Bradley Ja	ckson	
Pos	Name	Age	Centre	Seed Mark	
Fligh	t 1 of 1 Final				
1	7907 Liam Green		Albion Park		
2	8356 Dean Austin		Shoalhaven		
3	8550 Jake Swan		St Georges B	asin	
4	7900 Jack Colwell		Albion Park		
5	8417 Taj Goddard		Shoalhaven		

Event 40 Girls U 13 - Shot Put (3.0 Kg) (4)

Satı	urday 14/12/2019 - 12	:02 PM	
	Zone: 11.84m	01/12/2018 Chelsea Ez	zeoke
Pos	Name	Age Centre	Seed Mark
Flight	t 1 of 1 Final		
1	37593 Audrey Terry	Kiama	
2	37625 Olivia O'Neill	Lake Illawari	ra
3	37560 Krystal Ezeoke	Albion Park	
4	37704 Chloe Daniel	Shoalhaven	

Saturday 14/12/2019 - 12:02 PM				
Pos	Name	Age Cen	tre	Seed Mark
ligh	t 1 of 1 Final			
1	37537 Charlize Colwell (T/F.	3 Alb	ion Park	
Even	t 42 Boys U 11 - Javelin (400 Gram) (9)	
Saturday 14/12/2019 - 12:05 PM				
	Zone: 26.40m 11/12		rew Langdo	on
Pos	Name	Age Cen	tre	Seed Mark
ligh	t 1 of 1 Final			
1	8502 Addison Kingma	St C	eorges Bas	in
2	7886 Connor Owen	Alb	ion Park	
3	26568 Selby Johnston	Euro	o Coast	
4	7953 Max Van Der Merwe	Alb	ion Park	
5	8395 Riley Moore	Sho	alhaven	
6	8097 Isaac Oldfield	Kia	ma	
7	8548 Riley Haig	St C	eorges Bas	in
8	27124 Phoenix Williams	Milt	on-Ulladull	a
9	7890 Tyler Campbell	Alb	ion Park	
Even	t 43 Boys U 8 - Long Jun	ıp (6)		
Sat	urday 14/12/2019 - 1:09 PN			
	Zone: 4.19m 26/01		even Russo	
Pos	Name	Age Cen	tre	Seed Mark

Pos	Name	Age Centre	Seed Mark
Flight	1 of 1 Final		
1	7914 Jacob Lakeman	Albion Park	
2	8491 Tye Bishop	St Georges Basi	in
3	8170 Rory Brownlee	Lake Illawarra	
4	8351 Zai Roberts	Shoalhaven	
5	8189 William Tebbutt	Lake Illawarra	
6	8551 Rory Swan	St Georges Basi	in

Event 44 Girls U 13 - Long Jump (9)

Satı	ırday 14/12/2019 - 1:26 PN	1	
	Zone: 5.15m 14/12	2/2008 Rowenn Turv	vey
Pos	Name	Age Centre	Seed Mark
Flight	t 1 of 1 Final		
1	37605 Isabelle Hodgson	Kiama	
2	37540 Ava Power	Albion Park	
3	37631 Sienna Strecker	Lake Illawarra	
4	37593 Audrey Terry	Kiama	
5	37704 Chloe Daniel	Shoalhaven	
6	37663 Mia Stevens	Shoalhaven	
7	37606 Ella Hewitt	Kiama	
8	37625 Olivia O'Neill	Lake Illawarra	
9	37596 Amelia Weatherlake	Kiama	

Event 45 Girls U 15 - Triple Jump (5)

Satu	urday 14/12/2019 - 1:	51 PM		
	Zone: 11.23m	14/12/2008	Tayla King	
Pos	Name	Age	Centre	Seed Mark
Flight	t 1 of 1 Final			
1	37628 Hannah Hosking	g	Lake Illawarra	
2	37458 Imogen Harrison	n	Albion Park	
3	44783 Emma Whitehow	use	Shoalhaven	
4	37616 Jada Schillert		Lake Illawarra	
5	37581 Eliza Schweitze	r	Kiama	
Event	t 46 Girls U 17 - Dis	scus (1.0 Kg	g) (3)	
Satu	urday 14/12/2019 - 11	:15 AM		
	Zone: 48.42m	12/12/2015	Samantha Pe	eace
Pos	Name	Age	Centre	Seed Mark

1 00	1 (4110	inge comme	Secu man
Fligh	nt 1 of 1 Final		
1	37554 Keira-Lee Meyers	Albion Park	
2	37640 Madison Callaway	Lake Illawarra	
3	37648 Ruby Keen	Lake Illawarra	

Event 47 Girls U 14 - Shot Put (3.0 Kg) (3)

Satu	ırday 14/12/2019 - 1:0)8 PM			
	Zone: 12.77m	13/12/2008	Rachelle Gro	zde	
Pos	Name	Age	Centre	Seed Mark	
Flight	t 1 of 1 Final				
1	37669 Talea Miller		Shoalhaven		
2	37654 Alana McGarry		Lake Illawarra		
3	37561 Chelsea Ezeoke		Albion Park		

Event 48 Boys U 15 - Javelin (700 Gram) (3)

	Zone: 42.03m	14/12/2013 Connar	Grozde
Pos	Name	Age Centre	Seed Mark
Fligh	t 1 of 1 Final		
1	37713 Tsar Mandavy	St George	s Basin
2	37716 Louis Losurdo	St George	s Basin
3	37641 Ryan Keen	Lake Illaw	10,000

Event 49 Girls U 11 - Triple Jump (4)

Satu	ırday 14/12/2019 - 2	:29 PM			
	Zone: 8.99m	27/01/1996	Katie W	agner	
Pos	Name	Age	Centre	Seed Mark	
Flight	t 1 of 1 Final				
1	8499 Isabelle Reader		St George	s Basin	
2	8027 Maiya Hewitt		Kiama		
3	7952 Sienna Allitt		Albion Pa	rk	
4	8059 Claire Vogelaar		Kiama		

Event 50 Boys U 11 - Discus 500 Gram) (6)

Sati	urday 14/12/2019 - 1:2	25 PM			
	Zone: 28.90m	02/12/2018	Tai Barrett		
Pos	Name	Age	Centre	Seed Mark	
Fligh	t 1 of 1 Final				
1	8502 Addison Kingma		St Georges Bas	in	
2	8190 James Tebbutt		Lake Illawarra		
3	26568 Selby Johnston		Euro Coast		
4	7886 Connor Owen		Albion Park		
5	8395 Riley Moore		Shoalhaven		
6	27124 Phoenix William	IS	Milton-Ulladul	la	

Event 51 Boys U 11-12 Multi Class Discus (1)

Sat	urday 14/12/2019 - 1:25 PN	1	
Pos	Name	Age Centre	Seed Mark
Fligh	nt 1 of 1 Final		
1	37670 Kynan Miller (T/F44)	Shoalhaven	

Event 52 Girls U 12 - Shot Put (2.0 Kg) (7)

Satu	ırday 14/12/2019 - 1:38 PN	1	
	Zone: 12.48m 28/01	/2007 Rachelle Gr	ozde
Pos	Name	Age Centre	Seed Mark
Flight	t 1 of 1 Final		
1	37553 Zoe Meyers	Albion Park	
2	37626 Aleisha McGarry	Lake Illawarra	
3	37683 Emily McLaren	Shoalhaven	
4	37666 Elysha Davis	Shoalhaven	
5	37115 Natarsha Mandavy	St Georges Bas	sin
6	37576 Sabellah Nankivell	Albion Park	
7	37532 Charlotte Kerr	Albion Park	

Event 53 Boys U 17 - Javelin (700 Gram) (4)

Satu	ırday 14/12/2019 - 1:5	59 PM			
	Zone: 47.57m	13/12/2008	Chris Joines		
Pos	Name	Age	Centre	Seed Mark	
Flight	t 1 of 1 Final				
1	37614 Joshua Gamble		Lake Illawarra		
2	37618 Mathew Hutchis	on	Lake Illawarra		
3	37644 Jonathon Carmo	dy	Lake Illawarra		
4	37612 Jude Basnet		Kiama		

Event 54 Boys U 13 - Discus (750 Gram) (8)

Satu	rday 14/12/2019 - 11:45	AM	
	Zone: 34.35m 01/	2/2018 Isaac V	Valchli
Pos	Name	Age Centre	Seed Mark
Flight	1 of 1 Final		
1	37575 Rhys O'Dea	Albion Pa	ark
2	37684 Hamish McLaren	Shoalhav	en
3	45323 Cooper Deegan	Kiama	
4	37568 Riley Witt	Albion Pa	ark
5	44525 Lane Williams	Milton-U	lladulla
6	37699 Cade Chapman	Shoalhav	en
7	37534 Lexin O'Dea	Albion Pa	ark
8	37676 Darcy Davis	Shoalhav	en

Event 55 Boys U 12 - Javelin (400 Gram) (6)

Saturday 14/12/2019 - 2:27 PM								
	Zone: 33.10m	10/12/2017	Ryan Keen					
Pos	Name	Age	Centre	Seed Mark				
Flight	t 1 of 1 Final							
1	37620 Parker Ivanovski		Lake Illawarra					
2	45317 Zander Robinson	l	Kiama					
3	37548 Joshua Lakeman		Albion Park					
4	37523 Scott Colwell		Albion Park					
5	44523 Ryan Farr		Milton-Ulladul	la				
6	37687 Jett Goddard		Shoalhaven					

Bill Young - A Man Who Loved Kids

Bill Young had a simple philosophy.

"If kids are interested in sport, they will not be walking the streets, and getting into trouble."

Bill maintained this philosophy throughout his long association with Little Athletics. The love of children and athletics lasted for more than twenty (20) years. During this time he came into contact with thousands of children from all over the state.

Bill learnt to be a Starter when he first became associated with Little Athletics in Cowra. Lake Illawarra's association with Bill and his family started when they moved from Cowra to the Illawarra.

During his years with Lake Illawarra he helped out in many ways. He became Head Starter of Lake Illawarra Little Athletics Centre in 1979. This position he held until he hung up his gun in 1990.

Besides being Head Starter for Lake Illawarra he was the official Starter for the Mid South Coast Zone and Monaro region. He was often called upon to start at School Carnivals held at King Memorial Oval.

Over the years he became affectionately known as Pop, Grand Pop, Uncle Bill or Mr Young. This affection was well deserved by a man who encouraged all athletes. His aim was to bring Little Athletics to as many children as possible.

Bill was an unassuming man who gave freely of himself whilst striving to uphold his philosophy. He touched the hearts of so many people during his time with Lake Illawarra Little Athletics. He gave so much to the sport he loved.

Previous March Past Winners

1990-91 Kiama
1991-92 Lake Illawarra
1992-93 St Georges Basin
1993-94 St Georges Basin
1994-95 Shoalhaven
1995-96 St Georges Basin
1996-97 Milton Ulladulla
1997-98 Huskisson
1998-99 Lake Illawarra
1999-00 St Georges Basin
2000-01 Kiama
2001-02 Lake Illawarra
2002-03 Milton Ulladulla
2003-04 St Georges Basin
2004-05 Kiama



2005-06 Milton Ulladulla
2006-07 Kiama
2007-08 Lake Illawarra
2008-09 Kiama
2009-10 Milton Ulladulla
2010-11 Shoalhaven
2011-12 Shoalhaven
2012-13 Kiama
2013-14 Lake Illawarra
2014-15 Milton Ulladulla
2015-16 St Georges Basin
2016-17 Kiama
2017-18 St Georges Basin
2018-19 Albion Park

"ON YOUR MARKS! SET! GO!"

MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS John O'Dwyer Oval - 14/12/2019 to 15/12/2019 Session Report

Session: 3 Sunday Track Events Day 2 - Sunday 15/12/2019 - Starts at 09:00 AM

	Event	Round
9:00 AM	#83 Girls U 11 - 1100 Metre Walk	Final
9:00 AM	#84 Boys U 11 - 1100 Metre Walk	Final
9:00 AM	#85 Girls U 10 - 1100 Metre Walk	Final
9:10 AM	#86 Girls U 9 - 700 Metre Walk	Final
9:10 AM	#87 Boys U 9 - 700 Metre Walk	Final
9:18 AM	#88 Girls U 8 - 700 Metre Run Pack Start	Final
9:23 AM	#89 Boys U 8 - 700 Metre Run Pack Start	Final
9:37 AM	#90 Girls U 12 - 1500 Metre Walk	Final
9:37 AM	#91 Boys U 12 - 1500 Metre Walk	Final
9:37 AM	#92 Boys U 13 - 1500 Metre Walk	Final
9:37 AM 9:37 AM	#93 Girls U 14 - 1500 Metre Walk#94 Boys U 14 - 1500 Metre Walk	Final Final
9:37 AM 9:37 AM	#94 Boys 0 14 - 1500 Metre Walk #95 Girls U 15 - 1500 Metre Walk	Final
9:37 AM	#96 Girls U 17 - 1500 Metre Walk	Final
9:37 AM	#97 Boys U 17 - 1500 Metre Walk	Final
9:51 AM	#98 Girls U 11 - 80 Metre Hurdles (60cm)	Final
9:55 AM	#99 Boys U 11 - 80 Metre Hurdles (60cm)	Final
9:59 AM	#100 Girls U 12 - 80 Metre Hurdles (68cm)	Final
10:03 AM	#101 Boys U 12 - 80 Metre Hurdles (68cm)	Final
10:07 AM	#102 Girls U 13 - 80 Metre Hurdles (76cm)	Final
10:11 AM	#103 Boys U 13 - 80 Metre Hurdles (76cm)	Final
10:15 AM	#104 Girls U 14 - 80 Metre Hurdles (76cm)	Final
10:19 AM	#105 Boys U 14 - 90 Metre Hurdles (76cm)	Final
10:23 AM	#106 Girls U 15 - 90 Metre Hurdles (76cm)	Final
10:27 AM	#107 Boys U 15 - 100 Metre Hurdles (76cm)	Final
10:31 AM	#108 Girls U 17 - 100 Metre Hurdles (76cm)	Final
10:35 AM	#109 Boys U 17 - 110 Metre Hurdles (76cm)	Final
10:43 AM	#110 Girls U 11 - 200 Metre Sprint	Heats
10:51 AM 10:59 AM	#111 Boys U 13 - 200 Metre Sprint #112 Girls U 10 - 200 Metre Sprint	Heats Heats
10:39 AM 11:03 AM	#112 Girls U 10 - 70 Metre Sprint	Final
11:05 AM	#114 Boys U 10 - 70 Metre Sprint	Final
11:08 AM	#115 Girls U 9 - 70 Metre Sprint	Final
11:11 AM	#116 Boys U 9 - 70 Metre Sprint	Final
11:14 AM	#117 Girls U 8 - 70 Metre Sprint	Final
11:16 AM	#118 Boys U 8 - 70 Metre Sprint	Final
11:19 AM	#119 Girls U 7 - 70 Metre Sprint	Final
11:22 AM	#120 Boys U 7 - 70 Metre Sprint	Final
11:25 AM	#121 Girls U 11 - 800 Metre Run	Final
11:30 AM	#122 Boys U 11 - 800 Metre Run	Final
11:36 AM	#123 Girls U 12 - 800 Metre Run	Final
11:41 AM	#124 Boys U 12 - 800 Metre Run	Final
11:47 AM	#125 Girls U 13 - 800 Metre Run	Final
11:52 AM	#126 Boys U 13 - 800 Metre Run	Final
11:58 AM	#127 Girls U 14 - 800 Metre Run	Final
12:03 PM	#128 Boys U 14 - 800 Metre Run	Final

MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS John O'Dwyer Oval - 14/12/2019 to 15/12/2019 Session Report

Session: 3 Sunday Track Events Day 2 - Sunday 15/12/2019 - Starts at 09:00 AM

	Event	Round
12:09 PM	#129 Girls U 15 - 800 Metre Run	Final
12:09 PM	#130 Girls U 15-17 800 Metre Multi Class Run	Final
12:14 PM	#131 Girls U 17 - 800 Metre Run	Final
12:20 PM	#132 Boys U 17 - 800 Metre Run	Final
12:25 PM	#133 Girls U 10 - 800 Metre Run	Final
12:31 PM	#134 Boys U 10 - 800 Metre Run	Final
12:36 PM	#135 Girls U 9 - 800 Metre Run	Final
12:42 PM	#136 Boys U 9 - 800 Metre Run	Final
12:47 PM	#137 Girls U 8 - 200 Metre Sprint	Final
12:50 PM	#138 Boys U 8 - 200 Metre Sprint	Final
12:53 PM	#139 Girls U 7 - 200 Metre Sprint	Final
12:56 PM	#140 Boys U 7 - 200 Metre Sprint	Final
12:59 PM	#141 Girls U 11 - 200 Metre Sprint	Final
1:02 PM	#142 Boys U 11 - 200 Metre Sprint	Final
1:02 PM	#143 Boys U 11-12 200 Metre Multi Class Run	Final
1:05 PM	#144 Girls U 12 - 200 Metre Sprint	Final
1:08 PM	#145 Boys U 12 - 200 Metre Sprint	Final
1:11 PM	#146 Girls U 13 - 200 Metre Sprint	Final
1:14 PM	#147 Boys U 13 - 200 Metre Sprint	Final
1:17 PM	#148 Girls U 14 - 200 Metre Sprint	Final
1:20 PM	#149 Boys U 14 - 200 Metre Sprint	Final
1:23 PM	#150 Girls U 15 - 200 Metre Sprint	Final
1:23 PM	#151 Girls U 15-17 200 Metre Multi Class Run	Final
1:26 PM	#152 Boys U 15 - 200 Metre Sprint	Final
1:26 PM	#153 Boys U 15-17 200 Metre Multi Class Run	Final
1:29 PM	#154 Girls U 17 - 200 Metre Sprint	Final
1:32 PM	#155 Boys U 17 - 200 Metre Sprint	Final
1:35 PM	#156 Girls U 10 - 200 Metre Sprint	Final
1:38 PM	#157 Boys U 10 - 200 Metre Sprint	Final
1:41 PM	#158 Girls U 9 - 200 Metre Sprint	Final
1:44 PM	#159 Boys U 9 - 200 Metre Sprint	Final
1:47 PM	#160 Girls U 12-17 4x100 Metre Relay (Snr)	Final
1:55 PM	#161 Boys U 12-17 4x100 Metre Relay (Snr)	Final
2:03 PM	#162 Girls U 9-12 4x100 Metre Relay (Jnr)	Final
2:11 PM	#163 Boys U 9-12 4x100 Metre Relay (Jnr)	Final

Even	t 83 Girls U	11 - 1100 M	letre W	alk (2)		
	day 15/12/201			()		
Sun	•	6:12.40 25/		Chantelle Cor	·ish	
Lane	Name	0.12.10 20/			Seed Time	
	on 1 of 1 Fi	nal	nsu	Centre	Seeu Time	
2				St Georges Basin	1	
3	8201 Indie Co	•		Lake Illawarra	1	
5	8201 male Co	oper				
	t 84 Boys U			alk (3)		
Sun	day 15/12/201					
		6:03.50 01/				
	Name		Age	Centre	Seed Time	
Section	on 1 of 1 Fi	nal				
2	8502 Addison	Kingma		St Georges Basin	1	
3	8190 James Te	bbutt		Lake Illawarra		
4	8543 Jordan W	allace		St Georges Basin	1	
Errow	4 95 Cinla II	10 1100 M	[atua W	(all) (7)		
	t 85 Girls U			aik (7)		
Sun	15/12/201			Mr an		
		6:43.20 15/			•	
	Name		Age	Centre	Seed Time	
	on 1 of 1 Fi					
2	8230 Tauris Iv			Lake Illawarra		
3	26551 Taylor	Ггаесеу		Euro Coast		
4	8191 Layla Ma	arkovski		Lake Illawarra		
5	8501 Shilah So	oens		St Georges Basin	1	
6	8169 Ellie Kin	g		Lake Illawarra		
7	8367 Heidi Mo	Laren		Shoalhaven		
8	8215 Maddysc	n Tramantan	0	Lake Illawarra		
_						
Even	t 86 Girls U	9 - 700 Met	re Wal	k (3)		
Sun	day 15/12/201					
_		4:23.30 25/		Jacinta Kelly		
Lane	Name		Age	Centre	Seed Time	
Section	on 1 of 1 Fi	nal				
2	8148 Calai Da	ch		Lake Illawarra		
3	7897 Ella-Rae	McGregor		Albion Park		
4	8180 Liarna Pe	eters		Lake Illawarra		
Б	(07 P T)	0 700 17	***	(1)		
	t 87 Boys U			(I)		
Sun	day 15/12/201					
		4:29.40 01/		Timothy Adar		
	Name		Age	Centre	Seed Time	
	on 1 of 1 Fi					
2	8239 Sonny Co	ocksedge		Lake Illawarra		
E	4 99 (1-1-11	0 700 17 4		Deals Start (=)		
				Pack Start (5)		
Sun	day 15/12/201					
	Zone:	2:31.10 26/	01/2003	Caitlin Foord		
Lane	Name		Age	Centre	Seed Time	
Section	on 1 of 1 Fi	nal				
2	26598 Harper	Lasscock		Euro Coast		
	7973 Madelyn			Albion Park		
3	1915 Widuciyii					
3 4	-			Lake Illawarra		
4	8200 Starr Coo 8440 Emerson	oper		Lake Illawarra Shoalhaven		
	8200 Starr Coo	oper Boatswain				

Event 89 Boys U 8 - 700 Metre Run Pack Start (6)

Sun	day 15/12/2019 - 9:23	AM			
	Zone: 2:23.80	14/12/2008	Mitchell Potts		
Lane	Name	Age	Centre	Seed Time	
Sectio	n 1 of 1 Final				
2	8170 Rory Brownlee		Lake Illawarra		
3	8331 Macarthur Davis		Shoalhaven		
4	8189 William Tebbutt		Lake Illawarra		
5	8542 Lachlan Wallace		St Georges Basin		
6	8235 Ashton Jones		Lake Illawarra		
7	7936 Xaivier Wilson		Albion Park		

Event 90 Girls U 12 - 1500 Metre Walk (3)

Sunday 15/12/2019 - 9:37 AM								
	Zone: 8:09.10	26/01/1986	Leanne Wilfor	·d				
Lane	Name	Age	Centre	Seed Time				
Sectio	n 1 of 1 Final							
2	37692 Aurora Boatswai	in	Shoalhaven					
3	37115 Natarsha Manda	vy	St Georges Basir	ı				
4	37626 Aleisha McGarry	y	Lake Illawarra					

Event 91 Boys U 12 - 1500 Metre Walk (2)

Sunday 15/12/2019 - 9:37 AM								
	Zone: 8:	29.10 30)/01/1983	B Hall				
Lane	Name		Age	Centre	Seed Time			
Sectio	on 1 of 1 Fina	al						
2	37652 Jack Ande	ersen		Lake Illawarra	a			
3	37620 Parker Iva	anovski		Lake Illawarra	ı			

Event 92 Boys U 13 - 1500 Metre Walk (2)

Sunday 15/12/2019 - 9:37 AM							
	Zone:	8:16.10	29/01/1984	B Hall			
Lane	Name		Age	Centre	Seed Time		
Sectio	n 1 of 1 I	Final					
2	44525 Lane	Williams		Milton-Ull	ladulla		
3	37114 Brook	lyn Manda	avy	St Georges	s Basin		

Event 93 Girls U 14 - 1500 Metre Walk (2)

Sunday 15/12/2019 - 9:37 AM									
	Zone: 7:37.50	29/01/2006	Tanya Poppe	tt					
Lane	Name	Age	Centre	Seed Time					
Sectio	on 1 of 1 Final								
2	37693 Nakita Boatswair	ı	Shoalhaven						
3	37617 Charli Ryan		Lake Illawarra						

Event 94 Boys U 14 - 1500 Metre Walk (1)

Sunday 15/12/2019 - 9:37 AM								
	Zone:	7:34.40	29/01/2006	John Tilden				
Lane	Name		Age	Centre	Seed Time			
Section 1 of 1 Final								
2	37706 Oscar	Tunney-R	oberts	Shoalhaven				

Even	t 95 Girls U 15 - 15(00 Metre W	/alk (1)		
Sun	day 15/12/2019 - 9:37	7 AM			
	Zone: 7:25.70		Tanya Poppett		
Lane	Name	Age	Centre	Seed Time	
Sectio	on 1 of 1 Final				
2	37736 Keira Watt		St Georges Basin		
Even	t 96 Girls U 17 - 15	00 Metre W	/alk (2)		
	day 15/12/2019 - 9:37		aik (2)		
Sun	U	11/12/2011	Emily Warden		
Lane	Name			Seed Time	
	on 1 of 1 Final	- ige	Centre	Secu Time	
2	37634 Taylah Hurst		Lake Illawarra		
3	37640 Madison Callaw	av	Lake Illawarra		
Even	t 97 Boys U 17 - 150		alk (1)		
	day 15/12/2019 - 9:37				
Sul	-	14/12/2014	James Clay		
Lane	Name	Age	Centre	Seed Time	
-	on 1 of 1 Final			-	
2	37612 Jude Basnet		Kiama		
г			11 (7.6) (2)		
	t 98 Girls U 11 - 80		dles (60cm) (8)		
Sun	day 15/12/2019 - 9:51				
		21/11/2019		a 1 5	
	Name	Age	Centre	Seed Time	
	on 1 of 1 Final		***		
1	8059 Claire Vogelaar		Kiama		
2	8213 Lily O'Neill		Lake Illawarra		
3	8028 Evey Hokin		Kiama		
4	8427 Olivia Knowles		Shoalhaven		
5	8493 Kadance Naylor		St Georges Basin		
6	7952 Sienna Allitt 8347 Bronte Galvin		Albion Park		
7 8	27111 Jessica Kann		Shoalhaven Milton-Ulladulla		
, in the second s					
	t 99 Boys U 11 - 80		dles (60cm) (3)		
Sun	day 15/12/2019 - 9:55				
-		21/11/2019		~	
	Name	Age	Centre	Seed Time	
	on 1 of 1 Final		CI 11		
2	8460 Asher Chapman		Shoalhaven		
3	8097 Isaac Oldfield		Kiama		
4	8543 Jordan Wallace		St Georges Basin		
	t 100 Girls U 12 - 8		rdles (68cm) (7)		
Sun	day 15/12/2019 - 9:59				
		21/11/2019	New Event	0.177	
	Name	Age	Centre	Seed Time	
	on 1 of 1 Final		CI 11		
2	37683 Emily McLaren		Shoalhaven		
3	37115 Natarsha Manda		St Georges Basin		
4	37590 Malia Cummins		Kiama		
5	37697 Ella Post		Shoalhaven		
6	37613 Abby Quick		Lake Illawarra		
7	37666 Elysha Davis	11	Shoalhaven		
8	37576 Sabellah Nankiv	/ell	Albion Park		

Event 101 Boys U 12 - 80 Metre Hurdles (68cm) (5)

Sunday 15/12/2019 - 10:03 AM								
	Zone:	45.00	21/11/2019	New Event				
Lane	Name		Age	Centre	Seed Time			
Sectio	n 1 of 1 I	Final						
2	37610 Max H	Boniface		Kiama				
3	37546 Aaron	Eldridge		Albion Park				
4	37550 Germa	aine Wrigh	ıt	Albion Park				
5	45317 Zande	r Robinso	n	Kiama				
6	37523 Scott	Colwell		Albion Park				
		1142 0						
				rdles (76cm) (3	5)			
Sun	day 15/12/2(
	Zone:	12.60	30/01/2011	Susie Seitario	lis			
Lane	Name		Age	Centre	Seed Time			
Sectio	n 1 of 1 l	Final						
2	37607 Zoe H	laylen		Kiama				
3	37540 Ava P	ower		Albion Park				
4	37596 Ameli	a Weather	lake	Kiama				
F (102 D	1112 00			n			
	-			rdles (76cm) (7)			
Sun	day 15/12/2(
	Zone:		29/01/2006	Jack Doyle				
	Zone:	12.90	13/12/2009	Jye Brooker				
	Name		Age	Centre	Seed Time			
Sectio	n 1 of 1 l	Final						
2	37718 Tyler	Carey		St Georges Basi	in			
3	37630 Dylan	Hardy		Lake Illawarra				
4	37114 Brook	lyn Manda	avy	St Georges Basi	in			
5	37664 Reilly	Caswell		Shoalhaven				
6	37592 Joshua	a Bender		Kiama				

Event 104 Girls U 14 - 80 Metre Hurdles (76cm) (4)

7 37742 Jett Kingma

8 37575 Rhys O'Dea

			()(/				
Sunday 15/12/2019 - 10:15 AM								
	Zone: 12.50	11/12/2011	Susie Seitarid	lis				
Lane	Name	Age	Centre	Seed Time				
Sectio	n 1 of 1 Final							
2	37665 Olivia Davis		Shoalhaven					
3	37617 Charli Ryan		Lake Illawarra					
4	37562 Lauren Clancy		Albion Park					
5	37611 Mischa Boniface	e	Kiama					

St Georges Basin

Albion Park

Event 105 Boys U 14 - 90 Metre Hurdles (76cm) (2)

Sunday 15/12/2019 - 10:19 AM								
	Zone:	12.60	30/01/2011	Jye Brooker				
Lane	Name		Age	Centre	Seed Time			
Sectio	on 1 of 1 Fi	nal						
2	37567 Lucas C	ampbell		Albion Park				
3	37706 Oscar T	unnev-R	oberts	Shoalhaven				

Event 106 Girls U 15 - 90 Metre Hurdles (76cm) (3)							
Sunday 15/12/2019 - 10:23 AM							
	Zone: 13.60	09/12/2012	Susie Seitarid	is			
Lane	Name	Age	Centre	Seed Time			
Sectio	on 1 of 1 Final						
2	37616 Jada Schillert		Lake Illawarra				
3	37581 Eliza Schweitze	r	Kiama				
4	37717 Reilly Carey		St Georges Basi	n			
Evon	t 107 Boys U 15 - 1(0 Matra U	undles (76 cm) (0			
	day 15/12/2019 - 10:2		ur ules (70cm) (1)			
Sun	U		Henderson M	cCue			
Lane			Centre				
	on 1 of 1 Final	1150	contro	Secu Time			
2	37713 Tsar Mandavy		St Georges Basi	n			
2	57715 Isur Munduvy		St Georges Dasi	·····			
Event	t 108 Girls U 17 - 10	00 Metre H	urdles (76cm) (1)			
Sun	day 15/12/2019 - 10:3	31 AM					
	Zone: 14.40	13/12/2009	Talissa Scott				
Lane	Name	Age	Centre	Seed Time			
Sectio	on 1 of 1 Final						
2	37634 Taylah Hurst		Lake Illawarra				
E	100 D II17 11						
Even	t 109 Boys U 17 - 11	0 Metre H	urdles (76cm) (1)			
	day 15/12/2019 - 10:3		urdles (76cm) (1)			
	day 15/12/2019 - 10:3	35 AM	urdles (76cm) (1	-			
Sun	day 15/12/2019 - 10:3	35 AM 30/01/2011		n			
Sun Lane	day 15/12/2019 - 10:3 Zone: 14.50	35 AM 30/01/2011	Dean Inverno	n			
Sun Lane	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final	35 AM 30/01/2011 Age	Dean Inverno	n			
Sun <u>Lane</u> Sectio 2	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke	35 AM 30/01/2011 Age	Dean Inverno Centre Albion Park	n			
Sun <u>Lane</u> Sectio 2	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final	35 AM 30/01/2011 Age	Dean Inverno Centre Albion Park	n			
Sun Lane Sectio 2 Event 8 Ac	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 dvance: Top 3 Each	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N	Dean Inverno Centre Albion Park print (9)	n Seed Time			
Sun Lane Sectio 2 Event 8 Ac	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 Ivance: Top 3 Each day 15/12/2019 - 10:4	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 43 AM	Dean Inverno Centre Albion Park print (9) Jext 2 Best Time	n Seed Time			
Sun Lane Sectio 2 Event 8 Ac	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 Ivance: Top 3 Each day 15/12/2019 - 10:4	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 13 AM 27/01/1991	Dean Inverno Centre Albion Park print (9) Text 2 Best Time Skye Richard	n Seed Time es			
Sun Lane Sectio 2 Event 8 Ao Sun	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 Ivance: Top 3 Each day 15/12/2019 - 10:4	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 13 AM 27/01/1991	Dean Inverno Centre Albion Park print (9) Jext 2 Best Time	n Seed Time es			
Sun Lane Sectic 2 Event 8 Ac Sun Lane	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 Ivance: Top 3 Each day 15/12/2019 - 10:4 Zone: 29.10	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 13 AM 27/01/1991	Dean Inverno Centre Albion Park print (9) Text 2 Best Time Skye Richard	n Seed Time es			
Sun Lane Sectic 2 Event 8 Ac Sun Lane	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 dvance: Top 3 Each day 15/12/2019 - 10:4 Zone: 29.10 Name	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 13 AM 27/01/1991	Dean Inverno Centre Albion Park print (9) Text 2 Best Time Skye Richard	n Seed Time es son Seed Time			
Sun Lane Sectic 2 Event 8 Ac Sun Lane Heat	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 day 15/12/2019 - 10:4 Zone: 29.10 Name 1 of 2 Heats	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 13 AM 27/01/1991	Dean Inverno Centre Albion Park print (9) Jext 2 Best Time Skye Richard Centre	n Seed Time es son Seed Time			
Sun Lane Sectic 2 Event 8 Ac Sun Lane Heat 2	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 tvance: Top 3 Each day 15/12/2019 - 10:4 Zone: 29.10 Name 1 of 2 Heats 27111 Jessica Kann	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 13 AM 27/01/1991	Dean Inverno Centre Albion Park orint (9) Vext 2 Best Time Skye Richard Centre Milton-Ulladulla	n Seed Time es son Seed Time			
Sun Lane Sectio 2 Event 8 Ao Sun Lane Heat 2 3	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 day 15/12/2019 - 10:4 Zone: 29.10 Name 1 of 2 Heats 27111 Jessica Kann 8427 Olivia Knowles	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 13 AM 27/01/1991	Dean Inverno Centre Albion Park print (9) Next 2 Best Time Skye Richard Centre Milton-Ulladulla Shoalhaven	n Seed Time es son Seed Time			
Sun Lane Sectic 2 Event 8 Ac Sun Lane Heat 2 3 4	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 day 15/12/2019 - 10:4 Zone: 29.10 Name 1 of 2 Heats 27111 Jessica Kann 8427 Olivia Knowles 7987 Sian Heidtman	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 43 AM 27/01/1991 Age	Dean Inverno Centre Albion Park print (9) fext 2 Best Time Skye Richard Centre Milton-Ulladulla Shoalhaven Albion Park	n			
Sun Lane Sectic 2 Event 8 Ac Sun Lane Heat 2 3 4 5 6	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 dvance: Top 3 Each day 15/12/2019 - 10:4 Zone: 29.10 Name 1 of 2 Heats 27111 Jessica Kann 8427 Olivia Knowles 7987 Sian Heidtman 8027 Maiya Hewitt	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 43 AM 27/01/1991 Age	Dean Inverno Centre Albion Park print (9) Kext 2 Best Time Skye Richard Centre Milton-Ulladulla Shoalhaven Albion Park Kiama	n			
Sun Lane Sectic 2 Event 8 Ac Sun Lane Heat 2 3 4 5 6	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 day 15/12/2019 - 10:4 Zone: 29.10 Name 1 of 2 Heats 27111 Jessica Kann 8427 Olivia Knowles 7987 Sian Heidtman 8027 Maiya Hewitt 8518 Haylee Connelly	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 43 AM 27/01/1991 Age	Dean Inverno Centre Albion Park print (9) Kext 2 Best Time Skye Richard Centre Milton-Ulladulla Shoalhaven Albion Park Kiama	n			
Sun Lane Sectio 2 Event 8 Ao Sun Lane Heat 2 3 4 5 6 Heat	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 day 15/12/2019 - 10:4 Zone: 29.10 Name 1 of 2 Heats 27111 Jessica Kann 8427 Olivia Knowles 7987 Sian Heidtman 8027 Maiya Hewitt 8518 Haylee Connelly 2 of 2 Heats	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 43 AM 27/01/1991 Age	Dean Inverno Centre Albion Park orint (9) lext 2 Best Time Skye Richard Centre Milton-Ulladulla Shoalhaven Albion Park Kiama St Georges Basi	n <u>Seed Time</u> es son <u>Seed Time</u> a n			
Sun Lane Sectio 2 Event 8 Ao Sun Lane Heat 2 3 4 5 6 Heat 2	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 tvance: Top 3 Each day 15/12/2019 - 10:4 Zone: 29.10 Name 1 of 2 Heats 27111 Jessica Kann 8427 Olivia Knowles 7987 Sian Heidtman 8027 Maiya Hewitt 8518 Haylee Connelly 2 of 2 Heats 8028 Evey Hokin	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 43 AM 27/01/1991 Age	Dean Inverno Centre Albion Park orint (9) Wext 2 Best Time Skye Richard Centre Milton-Ulladulla Shoalhaven Albion Park Kiama St Georges Basi Kiama	n <u>Seed Time</u> es son <u>Seed Time</u> a n			
Sun Lane Sectic 2 Event 8 Ad Sun Lane Heat 2 3 4 5 6 Heat 2 3	day 15/12/2019 - 10:3 Zone: 14.50 Name on 1 of 1 Final 37564 Dylan Clarke t 110 Girls U 11 - 20 tday 15/12/2019 - 10:4 Zone: 29.10 Name 1 of 2 Heats 27111 Jessica Kann 8427 Olivia Knowles 7987 Sian Heidtman 8027 Maiya Hewitt 8518 Haylee Connelly 2 of 2 Heats 8028 Evey Hokin 28972 Mia Davis	35 AM 30/01/2011 Age 00 Metre Sp Heat plus N 43 AM 27/01/1991 Age	Dean Inverno Centre Albion Park orint (9) dext 2 Best Time Skye Richard Centre Milton-Ulladulla Shoalhaven Albion Park Kiama St Georges Basi Kiama Milton-Ulladulla	n <u>Seed Time</u> es son <u>Seed Time</u> a n			

Event 111 Boys U 13 - 200 Metre Sprint (9)

	8 Advance: Top 3 Each Heat plus Next 2 Best Times Sunday 15/12/2019 - 10:51 AM								
	Zone: 25.40	28/01/2007	Caine Trindal	l					
Lane	Name	Age	Centre	Seed Time					
Heat	1 of 2 Heats								
2	37629 Joshua Hosking		Lake Illawarra						
3	37534 Lexin O'Dea		Albion Park						
4	37664 Reilly Caswell		Shoalhaven						
5	45323 Cooper Deegan		Kiama						
6	37538 Mackay Jones		Albion Park						
Heat	2 of 2 Heats								
2	37630 Dylan Hardy		Lake Illawarra						
3	37585 Elias Oldfield		Kiama						
4	37678 Micah Proctor		Shoalhaven						
5	37718 Tyler Carey		St Georges Basin	l					

Event 112 Girls U 10 - 200 Metre Sprint (10)

8 Advance: Top 3 Each Heat plus Next 2 Best Times								
Sun	day 15/12/2019 - 10:59 AN	N						
	Zone: 29.10 26/0	1/1986	S Gown					
Lane	Name	Age (Centre	Seed Time				
Heat	1 of 2 Heats							
2	8377 Amarli Robinson	5	Shoalhaven					
3	7965 Ruby Kerr	L	Albion Park					
4	26551 Taylor Traecey]	Euro Coast					
5	7878 Chelsea Nicol		Albion Park					
6	8501 Shilah Soens	5	St Georges Basin					
Heat	2 of 2 Heats							
2	7898 Mackenzie Hutchinson	1	Albion Park					
3	8335 Elsie Proctor	5	Shoalhaven					
4	8169 Ellie King]	Lake Illawarra					
5	7950 Ella Power		Albion Park					
6	8358 Rose Atkins	1	Shoalhaven					

Event 113 Girls U 10 - 70 Metre Sprint (8)

Sun	Sunday 15/12/2019 - 11:03 AM							
	Zone: 10.20	29/01/2006	Shayna Wilsor	1				
Lane	Name	Age	Centre	Seed Time				
Sectio	n 1 of 1 Final							
1	8358 Rose Atkins		Shoalhaven					
2	7950 Ella Power		Albion Park					
3	8367 Heidi McLaren		Shoalhaven					
4	8501 Shilah Soens		St Georges Basin					
5	7965 Ruby Kerr		Albion Park					
6	8162 Sophie Grono		Lake Illawarra					
7	8377 Amarli Robinson		Shoalhaven					
8	7898 Mackenzie Hutch	inson	Albion Park					

Event 114 Boys U 10 - 70 Metre Sprint (2)

Sunday 15/12/2019 - 11:05 AM							
	Zone:	9.40	13/12/2009	Tristan Bra	azulaitis		
Lane	Name		Age	Centre	Seed Time		
Sectio	Section 1 of 1 Final						
2	26546 Jacob Bo	rg		Euro Coast			
3	7900 Jack Colw	ell		Albion Park			

						8
	115 Girls U		-	rint (3)		
Sunda	ay 15/12/2019			4	· ·	
Lana	Zone: Namo	10.80	14/12/2014	4 Delta Amidzo e Centre		
Lane Section	1 of 1 Fir		Ag	e Centre	Seed Time	
	3180 Liarna Pe			Lake Illawarra		
_ ,	7887 Ruby Ow			Albion Park		
	307 Airlie Ste			Shoalhaven		
	5507 Anne Ste	vens		Shoamaven		
Event	116 Boys U	9 - 70 I	Metre Spr	int (5)		
Sunda	ay 15/12/2019	9 - 11:1	1 AM			
	Zone:	10.40	13/12/2015	5 Riley Moran		
	Zone:	10.40	13/12/2009			
Lane			Ag	e Centre	Seed Time	
	1 of 1 Fir					
	3205 Beau Lidl	oetter		Lake Illawarra		
	7856 Jake Witt			Albion Park		
	26547 Lucas B	-		Euro Coast		
	8067 Riley Ber			Kiama		
6 8	8383 Ryan Sha	rpe		Shoalhaven		
Event	117 Girls U	8 - 70	Metre Spi	rint (2)		
	av 15/12/2019		_			
~ and	Zone:		31/01/1982	2 Rachel Dean		
Lane	Name		Ag	e Centre	Seed Time	
	1 of 1 Fir	nal				
2 8	3387 Sophie Bi	ıll		Shoalhaven		
3 2	26598 Harper I	Lasscock	2	Euro Coast		
F 4	110 D U	0 701		•		
	118 Boys U		_	int (4)		
Sunda	ay 15/12/2019			D C · 11 ·		
T	Zone:	10.10	30/01/198.		6	
Lane		1	Ag	e Centre	Seed Time	
	1 of 1 Fit			Lake Illawarra		
	8252 Harley Di 8366 Aidan Mc			Lake Illawarra Shoalhaven		
	8566 Aldan Mc 8542 Lachlan V			Shoainaven St Georges Basi	'n	
	8342 Lachian V 8386 Jackson T			Shoalhaven		
5 (5500 Jack5011 1	uniti		Silvaillavell		
Event	119 Girls U	7 - 70	Metre Spi	int (7)		
Sunda	ay 15/12/2019	9 - 11:1	9 AM			
	Zone:	11.10	31/01/1982	2 Belinda Ruiz		
Lane	Name		Ag	e Centre	Seed Time	
Section	1 of 1 Fir	nal				
2 7	7889 Macey Ov	wen		Albion Park		-
3 8	3204 Hannah L	idbetter		Lake Illawarra		-
4 7	7932 Amelia E	lphick		Albion Park		-
5 8	8580 Evalyn N	orris		St Georges Basi	in	-
6 8	3382 Ahliya Sh	arpe		Shoalhaven		
7 7	7845 Starlet O'	Dea		Albion Park		-
8 8	8151 Ayla York			Lake Illawarra		

Event 120 Boys U 7 - 70 Metre Sprint (8)

Sun	day 15/12/2019 - 11:22 AN	I	
	Zone: 11.10 30/01	l/1983 LO'Connor	
Lane	Name	Age Centre	Seed Time
Sectio	on 1 of 1 Final		
1	8329 Ryan Mayhaireh	Shoalhaven	
2	8233 Izaak Wells	Lake Illawarra	
3	8313 Riley Sandstrom	Shoalhaven	
4	7899 Jackson Hutchinson	Albion Park	
5	8385 Riley Bertholini	Shoalhaven	
6	7837 William Gorrie	Albion Park	
7	27505 Brax Betts	Shoalhaven	
8	8305 Christian Mastroanna	Lake Illawarra	

Event 121 Girls U 11 - 800 Metre Run (7)

Sun	day 15/12/20	19 - 11:2	5 AM			
	Zone:	2:29.10	31/01/1982	K Tiech		
Lane	Name		Age	Centre	Seed Time	
Sectio	n 1of 1 F	inal				
2	8028 Evey H	okin		Kiama		
3	8318 Evelyn	Hill		Shoalhaven		
4	8163 Madisor	n Oscroft		Lake Illawarra		
5	8518 Haylee	Connelly		St Georges Basi	n	
6	8201 Indie C	ooper		Lake Illawarra		
7	27111 Jessica	Kann		Milton-Ulladull	a	
8	8306 Grace S	tevens		Shoalhaven		

Event 122 Boys U 11 - 800 Metre Run (4)

Sun	day 15/12/2019 - 11:30 AN Zone: 2:29.00 25/0		
Lane	Name	Age Centre	Seed Time
Sectio	on 1 of 1 Final		
2	7890 Tyler Campbell	Albion Park	
3	8308 Tynan Caswell	Shoalhaven	
4	7953 Max Van Der Merwe	Albion Park	
5	7902 Harrison Leavesley	Albion Park	

Event 123 Girls U 12 - 800 Metre Run (4)

Suno	day 15/12/2019 - 11:36 AN	1	
	Zone: 2:29.10 30/0	1/1983 K Tieck	
Lane	Name	Age Centre	Seed Time
Sectio	n 1 of 1 Final		
2	37576 Sabellah Nankivell	Albion Park	
3	37613 Abby Quick	Lake Illawarra	
4	37553 Zoe Meyers	Albion Park	
5	37683 Emily McLaren	Shoalhaven	

Event 124 Boys U 12 - 800 Metre Run (6)

Sund	day 15/12/2019 - 11:4	1 AM			
	Zone: 2:23.00	31/01/1982	Simon Hull		
Lane	Name	Age	Centre	Seed Time	
Sectio	n 1 of 1 Final				
2	37680 Joel Harlor		Shoalhaven		
3	37565 Harry Fraser		Albion Park		
4	37651 Harry Andersen		Lake Illawarra		
5	37681 Jeremiah Galvin		Shoalhaven		
6	37610 Max Boniface		Kiama		
7	37687 Jett Goddard		Shoalhaven		

Event 125 Girls U 13 - 800 Metre Run (5)

Sun	day 15/12/2019 - 11:4	7 AM			
	Zone: 2:24.40	30/01/2000	Cian Maciejev	wski	
Lane	Name	Age	Centre	Seed Time	
Sectio	on 1 of 1 Final				
2	44527 Ella Colusso		Milton-Ulladulla	ι	
3	37591 Tanna Watters		Kiama		
4	37631 Sienna Strecker		Lake Illawarra		
5	37663 Mia Stevens		Shoalhaven		
6	37555 Lara Thompson		Albion Park		<u> </u>

Event 126 Boys U 13 - 800 Metre Run (10)

Sune	day 15/12/2019 - 11:52 AM		
	Zone: 2:16.50 09/12	/2012 Troy Whittin	ngton
Lane	Name	Age Centre	Seed Time
Sectio	n 1 of 1 Final		
1	44525 Lane Williams	Milton-Ulladul	lla
2	37541 Izak Van De Merwe	Albion Park	
3	37676 Darcy Davis	Shoalhaven	
4	37575 Rhys O'Dea	Albion Park	
5	37684 Hamish McLaren	Shoalhaven	
6	45323 Cooper Deegan	Kiama	
7	37678 Micah Proctor	Shoalhaven	
8	37538 Mackay Jones	Albion Park	
9	37664 Reilly Caswell	Shoalhaven	
10	37539 Macleay Kesby	Albion Park	

Event 127 Girls U 14 - 800 Metre Run (5)

Sun	day 15/12/2019 - 11:58	8 AM			
	Zone: 2:21.80	14/12/2014	Shenay Edwar	ds	
Lane	Name	Age	Centre	Seed Time	
Sectio	on 1 of 1 Final				
2	37571 Olivia Wishart		Albion Park		
3	37617 Charli Ryan		Lake Illawarra		
4	37577 Tayissa Buchanar	n	Albion Park		
5	37719 Laylah Connelly		St Georges Basin		
6	37547 Abby Eldridge		Albion Park		

Event 128 Boys U 14 - 800 Metre Run (3)

Sun	day 15/12/2019 - 12:0	3 PM		
	Zone: 2:16.80	09/12/2012 Kade Szakacs		
Lane	Name	Age Centre	Seed Time	
Sectio	n 1 of 1 Final			
2	44785 Kade Dhu	Shoalhaven		
3	37559 Byron Ling	Albion Park		
4	44378 Vaughn Gilligan	Euro Coast		

Event 129 Girls U 15 - 800 Metre Run (5)

Sund	day 15/12/2019 - 12:09 Pl	M			
	Zone: 2:19.50 09/1	12/2012	Susie Seitarid	is	
Lane	Name	Age	Centre	Seed Time	
Sectio	n 1 of 1 Final				
2	44783 Emma Whitehouse		Shoalhaven		
3	37556 Calany Meyers		Albion Park		
4	37632 Emily Strecker		Lake Illawarra		
5	37531 Jordyn Martin		Albion Park		
6	37668 Akala Miller		Shoalhaven		

Event 130 Girls U 15-17 800 Metre Multi Class Run (1)

Sun	day 15/12/2019 - 12:09) PM	
Lane	Name	Age Centre	Seed Time
Sectio	on 1 of 1 Final		
2	37536 Ashleigh Ryder (7	T/F37 Albion Park	
	t 131 Girls U 17 - 800	()	
	t 131 Girls U 17 - 800 day 15/12/2019 - 12:14	()	
	day 15/12/2019 - 12:14	()	
Sun	day 15/12/2019 - 12:14	4 PM	Seed Time
Sun Lane	day 15/12/2019 - 12:14 Zone: 2:15.30	4 PM 09/12/2012 Jessica Hull	

Kiama

Albion Park

Event 132 Boys II 17 - 800 Metre Run (2)

3 37598 Georgia Richards

4 37554 Keira-Lee Meyers

Even	Event 152 Boys $0.17 - 800$ Whether Kun (2)					
Sun	Sunday 15/12/2019 - 12:20 PM					
	Zone: 2:01.70	13/12/2015 Kade Szakacs				
Lane	Name	Age Centre	Seed Time			
Sectio	on 1 of 1 Final					
2	37570 Isaac Shaw	Albion Park				
3	37615 Tyson Schillert	Lake Illawarra				

Event 133 Girls U 10 - 800 Metre Run (8)

Sunday 15/12/2019 - 12:25 PM					
	Zone: 2:42.10	26/01/1986	Kylie Watkins		
Lane	Name	Age	Centre	Seed Time	
Sectio	n 1 of 1 Final				
1	8215 Maddyson Trama	ntano	Lake Illawarra		
2	8309 Myra Betts		Shoalhaven		
3	8191 Layla Markovski		Lake Illawarra		
4	8330 Elizabeth Davis		Shoalhaven		
5	8009 Josie Cunninghar	n	Kiama		
6	7878 Chelsea Nicol		Albion Park		
7	8335 Elsie Proctor		Shoalhaven		
8	26551 Taylor Traecey		Euro Coast		

Event 134 Boys U 10 - 800 Metre Run (4)						
Sunday 15/12/2019 - 12:31 PM						
	Zone: 2:32.10	27/01/1980	Simon Hull			
Lane	Name	Age	Centre	Seed Time		
Sectio	on 1 of 1 Final					
2	7967 Austin Craig		Albion Park			
3	8160 Ryder Haines		Lake Illawarra			
4	7881 Tyson Ling		Albion Park			
5	7907 Liam Green		Albion Park			
Event	t 135 Girls U 9 - 800	Metre Ru	n (5)			
Sun	day 15/12/2019 - 12:3	6 PM				
	Zone: 2:43.00	30/01/1983	Lisa Baldwin			
Lane	Name	Age	Centre	Seed Time		
Sectio	on 1 of 1 Final					
2	7897 Ella-Rae McGrege	or	Albion Park			
3	8319 Victoria Hill		Shoalhaven			
4	7887 Ruby Owen		Albion Park			
5	8307 Airlie Stevens		Shoalhaven			
6	7892 Sidney Bartle		Albion Park			
Б.	126 D 110 000	M (D				
	t 136 Boys U 9 - 800		n (/)			
Sun	day 15/12/2019 - 12:4 Zone: 2:42.10	2 PM 25/01/1998	Guy Cuttil			
Lane	Name		Centre	Seed Time		
	on 1 of 1 Final		contro	Seeu Inne		
2	8167 Zak Schillert		Lake Illawarra			
3	8383 Ryan Sharpe		Shoalhaven			
4	8239 Sonny Cocksedge		Lake Illawarra			
5	8068 Jayce Watters		Kiama			
6	8147 Thomas Gowans		Lake Illawarra			
7	7870 Jackson Fraser		Albion Park			
8	8082 Peter Gallenca		Kiama			
	t 137 Girls U 8 - 200		rint (3)			
Sun	day 15/12/2019 - 12:4					
Ŧ		29/01/1984	S Gown	C LT		
-	Name	Age	Centre	Seed Time		
	on 1 of 1 Final		Lake Illawarra			
2	8200 Starr Cooper					
3 4	26598 Harper Lasscock		Euro Coast Shoalhaven			
	8387 Sophie Bull					
	t 138 Boys U 8 - 200	-	rint (6)			
Sun	day 15/12/2019 - 12:5					
		31/01/1982	Matthew Dall	•		
-	Name	Age	Centre	Seed Time		
	on 1 of 1 Final					
2	8542 Lachlan Wallace		St Georges Basin	n		
3	7873 Gianni Oiteirinho		Albion Park			
4	8351 Zai Roberts		Shoalhaven			
5	8252 Harley Dibden		Lake Illawarra			
6	7936 Xaivier Wilson		Albion Park			
7	8331 Macarthur Davis		Shoalhaven			

Event 139 Girls U 7 - 200 Metre Sprint (5)

Sun	day 15/12/2019 - 12:53 PM	I			
	Zone: 34.10 30/01	1/1982	Belinda Ruiz		
Lane	Name	Age	Centre	Seed Time	
Sectio	n 1 of 1 Final				
2	8580 Evalyn Norris		St Georges Basin	l	
3	8188 Brooklyn McWilliams		Lake Illawarra		
4	7889 Macey Owen		Albion Park		
5	8382 Ahliya Sharpe		Shoalhaven		
6	8151 Ayla York		Lake Illawarra		

Event 140 Boys U 7 - 200 Metre Sprint (7)

Sunday 15/12/2019 - 12:56 PM						
	Zone: 33.10	13/12/2015	Gabriel Lom	bardi		
Lane	Name	Age	Centre	Seed Time		
Sectio	n 1 of 1 Final					
2	8305 Christian Mastro	oanna	Lake Illawarra			
3	8329 Ryan Mayhaireh		Shoalhaven			
4	7836 Lucas Gill-Gom	es	Albion Park			
5	8131 Cale Deegan		Kiama			
6	7899 Jackson Hutchin	son	Albion Park			
7	8233 Izaak Wells		Lake Illawarra			
8	7837 William Gorrie		Albion Park			

Event 142 Boys U 11 - 200 Metre Sprint (3)

Sunday 15/12/2019 - 1:02 PM						
	Zone: 2	8.00 30/01	/2000	Kane Linnett		
Lane	Name		Age	Centre	Seed Time	
Section 1 of 1 Final						
2	8256 Aidan Willia	ams		Lake Illawarra		
3	7902 Harrison Lea	avesley		Albion Park		
4	8460 Asher Chapi	man		Shoalhaven		
	*					

Event 143 Boys U 11-12 200 Metre Multi Class Run (1)

Sunday 15/12/2019 - 1:02 PM						
Lane Name	Age Centre	Seed Time				
Section 1 of 1 Final	Section 1 of 1 Final					
2 37670 Kynan Miller (T/F44)	Shoalhaven					

Event 144 Girls U 12 - 200 Metre Sprint (4)

Sunday 15/12/2019 - 1:05 PM						
	Zone: 26.10	28/01/1979 Kim Wilson				
Lane	Name	Age Centre	Seed Time			
Section	on 1 of 1 Final					
2	37697 Ella Post	Shoalhaven				
3	37544 Jessica Kable	Albion Park				
4	37579 Lily Bell	Kiama				
5	37532 Charlotte Kerr	Albion Park				

T

Event 145 Boys U 12 - 200 Metre Sprint (4)					
Sun	day 15/12/2019 - 1:08	PM			
	•	29/01/2006	Caine Trindall		
Lane	Name	Age	Centre	Seed Time	
Sectio	on 1 of 1 Final				
2	37681 Jeremiah Galvin		Shoalhaven		
3	37550 Germaine Wright		Albion Park		
4	37652 Jack Andersen		Lake Illawarra		
5	37687 Jett Goddard		Shoalhaven		
Event	t 146 Girls U 13 - 20	0 Metre Sp	orint (7)		
Sun	day 15/12/2019 - 1:11	PM			
	Zone: 26.26	02/12/2018	Chelsea Ezeok	e	
Lane	Name	Age	Centre	Seed Time	
Sectio	on 1 of 1 Final				
2	37540 Ava Power		Albion Park		
3	37605 Isabelle Hodgson		Kiama		
4	37663 Mia Stevens		Shoalhaven		
5	37606 Ella Hewitt		Kiama		
6	44527 Ella Colusso		Milton-Ulladulla		
7	37560 Krystal Ezeoke		Albion Park		
8	37607 Zoe Haylen		Kiama		
Event	t 148 Girls U 14 - 20	0 Metre Sp	orint (6)		
Sun	day 15/12/2019 - 1:17	PM 14/12/2014	I		
Lana				Soud Time	
-	<u>Name</u> on 1 of 1 Final	Age	Centre	Seed Time	
2			Albion Park		
_	37562 Lauren Clancy		AIDIOII Park		
	27710 Laulah Canadia		St Common Dania		
3	37719 Laylah Connelly		St Georges Basin		
4	37561 Chelsea Ezeoke		Albion Park		
4 5	37561 Chelsea Ezeoke 37693 Nakita Boatswain		Albion Park Shoalhaven		
4	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart		Albion Park		
4 5 6 7	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge	1	Albion Park Shoalhaven Albion Park Albion Park		
4 5 6 7 Event	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200) Metre Sp	Albion Park Shoalhaven Albion Park Albion Park		
4 5 6 7 Event	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20)) Metre Sp PM	Albion Park Shoalhaven Albion Park Albion Park rint (2)		
4 5 7 Event Sun	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20)) Metre Sp PM 30/01/2000	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker	nagel	
4 5 6 7 Event Sun	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name)) Metre Sp PM 30/01/2000	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker		
4 5 6 7 Event Sun Sun	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final)) Metre Sp PM 30/01/2000	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre	nagel	
4 5 6 7 <u>Event</u> Sun	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name) Metre Sp PM 30/01/2000 Age	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker	nagel	
4 5 6 7 Event Sun Sun Section 2 3	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro) Metre Sp PM 30/01/2000 Age	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven	nagel	
4 5 6 7 Event Sun Lane Sectio 2 3 Even	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro t 150 Girls U 15 - 200) Metre Sp PM 30/01/2000 Age oberts 0 Metre Sp	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven	nagel	
4 5 6 7 Event Sun Lane Sectio 2 3 Even	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro t 150 Girls U 15 - 200 day 15/12/2019 - 1:23) Metre Sp PM 30/01/2000 Age oberts 0 Metre Sp PM	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven print (7)	nagel	
4 5 6 7 Event Sun Section 2 3 Event Sun	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro t 150 Girls U 15 - 200 day 15/12/2019 - 1:23 Zone: 26.30	1 D Metre Sp PM 30/01/2000 Age oberts 0 Metre Sp PM 13/12/2009	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven orint (7) Skye Ryan	nagel Seed Time	
4 5 6 7 Event Sun Section 2 3 Event Sun Lane	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro t 150 Girls U 15 - 200 day 15/12/2019 - 1:23 Zone: 26.30 Name	1 D Metre Sp PM 30/01/2000 Age oberts 0 Metre Sp PM 13/12/2009	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven orint (7) Skye Ryan	nagel	
4 5 6 7 Event Sun Lane Section 2 3 Event Sun Lane Section	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro t 150 Girls U 15 - 200 day 15/12/2019 - 1:23 Zone: 26.30 Name on 1 of 1 Final	1 D Metre Sp PM 30/01/2000 Age oberts 0 Metre Sp PM 13/12/2009	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven print (7) Skye Ryan Centre	nagel Seed Time	
4 5 6 7 Event Sun Lane Section 2 3 Event Sun Lane Section 2	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro t 150 Girls U 15 - 200 day 15/12/2019 - 1:23 Zone: 26.30 Name on 1 of 1 Final 37581 Eliza Schweitzer	1 D Metre Sp PM 30/01/2000 Age oberts 0 Metre Sp PM 13/12/2009	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven print (7) Skye Ryan Centre Kiama	nagel Seed Time Seed Time	
4 5 6 7 Event Sun Lane Sectio 2 3 Event Sun Lane Sectio 2 3	37561 Chelsea Ezeoke 37693 Nakita Boatswair 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro t 150 Girls U 15 - 200 day 15/12/2019 - 1:23 Zone: 26.30 Name on 1 of 1 Final 37581 Eliza Schweitzer 37717 Reilly Carey	1 D Metre Sp PM 30/01/2000 Age oberts 0 Metre Sp PM 13/12/2009	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven orint (7) Skye Ryan Centre Kiama St Georges Basin	nagel Seed Time Seed Time	
4 5 6 7 Event Sun Lane Sectio 2 3 Event Sun Lane Sectio 2 3 4	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro t 150 Girls U 15 - 200 day 15/12/2019 - 1:23 Zone: 26.30 Name on 1 of 1 Final 37581 Eliza Schweitzer 37717 Reilly Carey 37632 Emily Strecker	1 D Metre Sp PM 30/01/2000 Age oberts 0 Metre Sp PM 13/12/2009	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven orint (7) Skye Ryan Centre Kiama St Georges Basin Lake Illawarra	nagel Seed Time Seed Time	
4 5 6 7 Event Sun Section 2 3 Event Sun Lane Section 2 3 4 5	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro t 150 Girls U 15 - 200 day 15/12/2019 - 1:23 Zone: 26.30 Name on 1 of 1 Final 37581 Eliza Schweitzer 37717 Reilly Carey 37632 Emily Strecker 37580 Sienna Bell	1 D Metre Sp PM 30/01/2000 Age oberts 0 Metre Sp PM 13/12/2009	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven orint (7) Skye Ryan Centre Kiama St Georges Basin Lake Illawarra Kiama	nagel Seed Time Seed Time	
4 5 6 7 Event Sun Sectio 2 3 Event Sun Lane Sectio 2 3 4 5 6	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro t 150 Girls U 15 - 200 day 15/12/2019 - 1:23 Zone: 26.30 Name on 1 of 1 Final 37581 Eliza Schweitzer 37717 Reilly Carey 37632 Emily Strecker 37580 Sienna Bell 37628 Hannah Hosking	1 D Metre Sp PM 30/01/2000 Age oberts 0 Metre Sp PM 13/12/2009	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven orint (7) Skye Ryan Centre Kiama St Georges Basin Lake Illawarra Kiama Lake Illawarra	nagel Seed Time Seed Time	
4 5 6 7 Event Sun Sectio 2 3 Event Sun Lane Sectio 2 3 4 5 6 7	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro t 150 Girls U 15 - 200 day 15/12/2019 - 1:23 Zone: 26.30 Name on 1 of 1 Final 37581 Eliza Schweitzer 37717 Reilly Carey 37632 Emily Strecker 37580 Sienna Bell 37628 Hannah Hosking 37668 Akala Miller	1 0 Metre Sp PM 30/01/2000 Age 0 Metre Sp PM 13/12/2009 Age	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven orint (7) Skye Ryan Centre Kiama St Georges Basin Lake Illawarra Kiama Lake Illawarra Shoalhaven	nagel Seed Time Seed Time	
4 5 6 7 Event Sun <u>Lane</u> Sectio 2 3 Event Sun Lane Sectio 2 3 4 5 6	37561 Chelsea Ezeoke 37693 Nakita Boatswain 37571 Olivia Wishart 37547 Abby Eldridge t 149 Boys U 14 - 200 day 15/12/2019 - 1:20 Zone: 24.20 Name on 1 of 1 Final 37567 Lucas Campbell 37706 Oscar Tunney-Ro t 150 Girls U 15 - 200 day 15/12/2019 - 1:23 Zone: 26.30 Name on 1 of 1 Final 37581 Eliza Schweitzer 37717 Reilly Carey 37632 Emily Strecker 37580 Sienna Bell 37628 Hannah Hosking	1 0 Metre Sp PM 30/01/2000 Age 0 Metre Sp PM 13/12/2009 Age	Albion Park Shoalhaven Albion Park Albion Park rint (2) Johnny Finker Centre Albion Park Shoalhaven orint (7) Skye Ryan Centre Kiama St Georges Basin Lake Illawarra Kiama Lake Illawarra	nagel Seed Time Seed Time	

Event 151 Girls U 15-17 200 Metre Multi Class Run (1) Sunday 15/12/2019 - 1:23 PM Lane Name Seed Time Age Centre Section 1 of 1 Final 2 37536 Ashleigh Ryder (T/F37 Albion Park Event 152 Boys U 15 - 200 Metre Sprint (2) Sunday 15/12/2019 - 1:26 PM Zone: 23.30 13/12/2009 **Brodie Leeson** Age Centre Lane Name Seed Time Section 1 of 1 Final 2 37716 Louis Losurdo St Georges Basin 3 45322 Cohen Deegan Kiama Event 153 Boys U 15-17 200 Metre Multi Class Run (1) Sunday 15/12/2019 - 1:26 PM Lane Name Age Centre Seed Time Section 1 of 1 Final 2 37674 Brock Miller (T/F20) Shoalhaven Event 154 Girls U 17 - 200 Metre Sprint (4) Sunday 15/12/2019 - 1:29 PM Zone: 25.30 13/12/2009 Talissa Scott Zone: 25.30 13/12/2015 Kiara White Lane Name Age Centre Seed Time Section 1 of 1 Final 2 37569 Ashleigh Goncalves Albion Park T11

3	37634 Taylah Hurst	Lake Illawarra	
4	37573 Abby Cox	Albion Park	
5	44526 Lauren Percival	Milton-Ulladulla	

Event 155 Boys U 17 - 200 Metre Sprint (2)

Sun	Sunday 15/12/2019 - 1:32 PM						
	Zone: 22.60	11/12/2011	Brodie Leeso	n			
Lane	Name	Age	Centre	Seed Time			
Sectio	on 1 of 1 Final						
2	37564 Dylan Clarke		Albion Park				
3	37614 Joshua Gamble		Lake Illawarra				

Event 157 Boys U 10 - 200 Metre Sprint (8)

Sun	Sunday 15/12/2019 - 1:38 PM					
	Zone: 28.20	28/01/2007	Luke Watts			
Lane	Name	Age	Centre	Seed Time		
Sectio	on 1 of 1 Final					
1	8160 Ryder Haines		Lake Illawarra			
2	7996 Stephen Alfano		Kiama			
3	26546 Jacob Borg		Euro Coast			
4	8356 Dean Austin		Shoalhaven			
5	7967 Austin Craig		Albion Park			
6	28973 Tyler Davis		Milton-Ulladulla			
7	8417 Taj Goddard		Shoalhaven			
8	7881 Tyson Ling		Albion Park			

5 Lake Illawarra

Euro Coast

Shoalhaven

Milton-Ulladulla

6

7

8

MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS John O'Dwyer Oval - 14/12/2019 to 15/12/2019 Meet Program - Sunday Track Events

Event 158 Girls U 9 - 200 Metre Sprint (4)						
Sun	day 15/12/2019 - 1:41					
		27/01/		Paige Fenech		
	Name		Age	Centre	Seed Time	
	on 1 of 1 Final					
2	8428 Hallie Knowles			Shoalhaven		
3	7887 Ruby Owen			Albion Park		
4	8187 Maddison McWil			Lake Illawarra		
5	7897 Ella-Rae McGreg	or		Albion Park		
Event	: 159 Boys U 9 - 200	Metro	e Spr	int (5)		
Sunday 15/12/2019 - 1:44 PM						
	•	26/01/	1986	Steven Russo		
Lane	Name		Age	Centre	Seed Time	
Sectio	on 1 of 1 Final					
2	8245 Malachi Kirchber	g		Lake Illawarra		
3	7856 Jake Witt			Albion Park		
4	27108 Kyle Smith			Milton-Ulladulla		
5	8239 Sonny Cocksedge	;		Lake Illawarra		
6	8383 Ryan Sharpe			Shoalhaven		
Even	160 Cinla II 12 17	4-100	Mate	n Doloy (Suu) (7)	
	160 Girls U 12-17		wieu	e Kelay (SIII) (/)	
Sun	day 15/12/2019 - 1:47 Zone: 52.10	' PNI 14/12/	2000	Albion Park		
Iana	Centre 32.10	14/12/		Relay	Seed Time	
	on 1 of 1 Final			Xelay	Secu Thire	
2	Albion Park					
3	Lake Illawarra					
4	Shoalhaven					
5	Milton-Ulladulla					
6	Kiama					
7	Euro Coast					
8	St Georges Basin					
	-					
Event	161 Boys U 12-17	4x100	Metr	e Relay (Snr) (7	7)	
Sun	day 15/12/2019 - 1:55					
		14/12/				
	Centre]	Relay	Seed Time	
Sectio	on 1 of 1 Final					
-						
2	Kiama					
3	Albion Park					
_						

Event 162 Girls U 9-12 4x100 Metre Relay (Jnr) (7)

	day 15/12/2019 - 2:03 F Zone: 57.90 1	3/12/2009 Lake Illav	varra
Lane	Centre	Relay	Seed Time
Sectio	on 1 of 1 Final		
2	Milton-Ulladulla		
3	St Georges Basin		
4	Euro Coast		
5	Albion Park		
6	Lake Illawarra		
7	Kiama		
8	Shoalhaven		

Event 163 Boys U 9-12 4x100 Metre Relay (Jnr) (7)

Sun	Sunday 15/12/2019 - 2:11 PM							
	Zone: 57.20	14/12/2008 Albion Park						
Lane	Centre	Relay	Seed Time					
Sectio	on 1 of 1 Final							
2	Shoalhaven							
3	Kiama							
4	Lake Illawarra							
5	Euro Coast							
6	Milton-Ulladulla							
7	St Georges Basin							
8	Albion Park							

MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS John O'Dwyer Oval - 14/12/2019 to 15/12/2019 Session Report

Session: 4 Sunday Field Events Day 2 - Sunday 15/12/2019 - Starts at 09:00 AM

	Event	Round
9:00 AM	#56 Girls U 10 - High Jump (S/H 0.90m)	Final
9:42 AM	#57 Girls U 14 - High Jump (S/H 1.20m)	Final
9:00 AM	#58 Boys U 10 - Long Jump	Final
9:00 AM	#59 Girls U 15 - Long Jump	Final
9:00 AM	#60 Girls U 15-17 Multi Class Long Jump	Final
9:42 AM	#61 Boys U 17 - Triple Jump	Final
9:00 AM	#62 Girls U 9 - Discus (500 Gram)	Final
9:00 AM	#63 Girls U 13 - Discus (750 Gram)	Final
9:00 AM	#64 Girls U 13-14 Multi Class Discus	Final
9:00 AM	#65 Boys U 14 - Shot Put (3.0 Kg)	Final
9:06 AM	#66 Girls U 17 - Shot Put (3.0 Kg)	Final
9:49 AM	#67 Boys U 9 - High Jump (S/H 0.85m)	Final
10:24 AM 9:56 AM	#68 Boys U 13 - High Jump (S/H 1.20m)	Final
9.36 AM 9:49 AM	#69 Girls U 7 - Long Jump #70 Girls U 11 - Long Jump	Final Final
10:31 AM	#70 Boys U 11 - Triple Jump	Final
10:00 AM	#72 Boys U 8 - Discus (500 Gram)	Final
9:40 AM	#72 Boys U 15 - Discus (500 Gram) #73 Boys U 15 - Discus (1.0 Kg)	Final
9:40 AM	#74 Boys U 15-17 Multi Class Discus	Final
9:12 AM	#75 Boys U 7 - Shot Put (1.0 Kg)	Final
9:30 AM	#76 Girls U 8 - Shot Put (1.5 Kg)	Final
9:42 AM	#77 Girls U 12 - Javelin (400 Gram)	Final
11:13 AM	#78 Boys U 17 - High Jump (S/H 1.30m)	Final
11:06 AM	#79 Boys U 7 - Long Jump	Final
11:13 AM	#80 Girls U 9 - Long Jump	Final
11:48 AM	#81 Girls U 13 - Triple Jump	Final
11:20 AM	#82 Girls U 7 - Discus (350 Gram)	Final
10:10 AM	#83 Boys U 10 - Discus (500 Gram)	Final
10:24 AM	#84 Boys U 12 - Shot Put (2.0 Kg)	Final
10:33 AM	#85 Girls U 10 - Shot Put (2.0 Kg)	Final
11:41 AM	#86 Boys U 12 - High Jump (S/H 1.15m)	Final
12:23 PM	#87 Boys U 15 - High Jump (S/H 1.25m)	Final
12:16 PM	#88 Girls U 12 - Long Jump	Final
12:37 PM	#89 Boys U 13 - Long Jump	Final
1:19 PM	#90 Girls U 14 - Triple Jump	Final
11:40 AM	#91 Girls U 11 - Discus (500 Gram)	Final
10:50 AM	#92 Girls U 14 - Discus (1.0 Kg) #02 Cirls U 15 Shot But (2.0 Kg)	Final Final
10:51 AM 10:51 AM	#93 Girls U 15 - Shot Put (3.0 Kg)#94 Girls U 15-17 Multi Class Shot Put	Final
10.31 AM 11:06 AM	#94 Onis 0 15-17 Multi Class Shot Fut #95 Boys U 9 - Shot Put (2.0 Kg)	Final
11:21 AM	#95 Boys U 9 - Shot Put (2.0 Kg) #96 Boys U 14 - Javelin (600 Gram)	Final
11:21 AM 11:28 AM	#97 Girls U 17 - Javelin (500 Gram)	Final
12:44 PM	#98 Boys U 11 - High Jump (S/H 1.05m)	Final
1:54 PM	#99 Boys U 14 - Long Jump	Final
1:33 PM	#100 Girls U 17 - Long Jump	Final
2:15 PM	#101 Boys U 15 - Triple Jump	Final
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MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS John O'Dwyer Oval - 14/12/2019 to 15/12/2019 Session Report

Session: 4 Sunday Field Events Day 2 - Sunday 15/12/2019 - Starts at 09:00 AM

	Event	Round
12:40 PM	#102 Boys U 17 - Discus (1.5 Kg)	Final
11:49 AM	#103 Boys U 11 - Shot Put (2.0 Kg)	Final
11:49 AM	#104 Boys U 11-12 Multi Class Shot Put	Final
11:58 AM	#105 Boys U 13 - Shot Put (3.0 Kg)	Final
12:25 PM	#106 Girls U 13 - Javelin (400 Gram)	Final
1:00 PM	#107 Girls U 15 - Javelin (500 Gram)	Final
1:47 PM	#108 Boys U 12 - Triple Jump	Final
11:20 AM	#109 Girls U 12 - Discus (750 Gram)	Final
1:21 PM	#110 Girls U 11 - Javelin (400 Gram)	Final

	nday 15/12/20	19 - 9:00	AM			
	Zone:		02/12/2018			
	Zone:	1.25m	14/12/2014			
S	Name		Age	Centre	Seed Mark	
0	t 1 of 1 Fi					
1 2	7878 Chelsea			Albion Park Lake Illawarra		
2	8162 Sophie 7975 Amelia		.	Albion Park		
4	8244 Isabella	•	0	Lake Illawarra		
5	8501 Shilah S			St Georges Basi	n	
6	26551 Taylor			Euro Coast		
en		-	rh Jumn (S	/H 1.20m) (1)		
	10 ay 15/12/20			(11 1.2011) (1)		
	Zone:		27/01/2008	Tayla King		
S	Name		Age	Centre	Seed Mark	
igh	t 1 of 1 Fin	ıal				
1	37665 Olivia	Davis		Shoalhaven		
en	t 58 Boys U	10 - Lor	ng Jump (6)		
	15/12/20					
	Zone:	4.75m	26/01/1980	David Carter		
S	Name		Age	Centre	Seed Mark	
0	t 1 of 1 Fi					
1	7996 Stephen			Kiama		
2	26546 Jacob	-		Euro Coast		
3	28973 Tyler I	Davis		Milton-Ulladull	a	·
4	7907 Liam G	reen		Albion Park		
5	8160 Ryder H	laines		Lake Illawarra		
6	7900 Jack Co	lwell		Albion Park		
en	t 59 Girls U	15 - Lo	ng Jump (7)		
Sun	nday 15/12/20					
	Zone:	5.72m	13/12/2008	Tayla King	6 IN I	
s .	Name		Age	Centre	Seed Mark	
0	t 1 of 1 Fi			T -1 TI1		
1	37628 Hanna		-	Lake Illawarra		
r	37581 Eliza S		L	Kiama Shoalhaven		
2	37668 Akala					
3		Strecker				
3 4	37632 Emily			Lake Illawarra		
3	37458 Imoger	n Harrisor	1	Albion Park		
3 4	37458 Imoger 37616 Jada S	n Harrisor chillert	1			
3 4 5	37458 Imoger	n Harrisor chillert	1	Albion Park	n	
3 4 5 6 7	37458 Imoger 37616 Jada S 37717 Reilly	n Harrisor chillert Carey		Albion Park Lake Illawarra		
3 4 5 6 7	37458 Imoger 37616 Jada S 37717 Reilly	n Harrisor chillert Carey 1 15-17 N	fulti Class	Albion Park Lake Illawarra St Georges Basi		
3 4 5 6 7	37458 Imoger 37616 Jada S 37717 Reilly t 60 Girls U	n Harrisor chillert Carey 1 15-17 N	Iulti Class	Albion Park Lake Illawarra St Georges Basi		
3 4 5 6 7 7 7 7 7	37458 Imoger 37616 Jada S 37717 Reilly t 60 Girls U nday 15/12/20	n Harrisor chillert Carey 1 15-17 N 19 - 9:00	Iulti Class	Albion Park Lake Illawarra St Georges Basi Long Jump (1)		
3 4 5 6 7 7 7 7 7	37458 Imoget 37616 Jada S 37717 Reilly t 60 Girls U day 15/12/20 Name	n Harrisor chillert Carey 1 15-17 N 19 - 9:00 nal	Iulti Class AM Age	Albion Park Lake Illawarra St Georges Basi Long Jump (1)		
3 4 5 6 7 ven Sun 5 1	37458 Imoger 37616 Jada S 37717 Reilly t 60 Girls U iday 15/12/20 Name t 1 of 1 Fin	n Harrison chillert Carey 1 15-17 N 19 - 9:00 nal gh Ryder (Aulti Class AM Age (T/F37)	Albion Park Lake Illawarra St Georges Basi Long Jump (1) Centre Albion Park		
3 4 5 6 7 ven Sun 5 igh 1 ven	37458 Imoget 37616 Jada S 37717 Reilly t 60 Girls U day 15/12/20 Name t 1 of 1 Fin 37536 Ashlein	n Harrison chillert Carey 15-17 M 19 - 9:00 nal gh Ryder (17 - Tri	Iulti Class AM Age (T/F37 ple Jump (1	Albion Park Lake Illawarra St Georges Basi Long Jump (1) Centre Albion Park		
3 4 5 6 7 ven Sun 5 igh 1 ven	37458 Imoger 37616 Jada S 37717 Reilly t 60 Girls U iday 15/12/20 Name t 1 of 1 Fin 37536 Ashlein t 61 Boys U	n Harrisor chillert Carey 15-17 N 19 - 9:00 nal gh Ryder (17 - Tri 19 - 9:42	Iulti Class AM Age (T/F37 ple Jump (1	Albion Park Lake Illawarra St Georges Basi Long Jump (1) Centre Albion Park	Seed Mark	
3 4 5 6 7 ven Sun 5 igh 1 ven	37458 Imoger 37616 Jada S 37717 Reilly t 60 Girls U iday 15/12/20 Name t 1 of 1 Fin 37536 Ashlein t 61 Boys U iday 15/12/20	n Harrisor chillert Carey 15-17 N 19 - 9:00 nal gh Ryder (17 - Tri 19 - 9:42	Aulti Class AM Age (T/F37 ple Jump (1 AM 13/12/2009	Albion Park Lake Illawarra St Georges Basi Long Jump (1) <u>Centre</u> Albion Park	Seed Mark	
3 4 5 7 7 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	37458 Imoger 37616 Jada S 37717 Reilly t 60 Girls U iday 15/12/20 Name t 1 of 1 Fin 37536 Ashlein t 61 Boys U iday 15/12/20 Zone:	n Harrisor chillert Carey 15-17 N 19 - 9:00 nal gh Ryder (17 - Tri 19 - 9:42 12.31m nal	Aulti Class AM Age (T/F37 ple Jump (12) AM 13/12/2009 Age	Albion Park Lake Illawarra St Georges Basi Long Jump (1) Centre Albion Park I) Dean Inverne	Seed Mark	

Event 62 Girls U 9 - Discus (500 Gram) (6)

Sun	day 15/12/2019) - 9:00	AM			
	Zone: 2	4.07m	27/01/2002	Talissa Scott		
Pos	Name		Age	Centre	Seed Mark	
Flight	t 1 of 1 Fina	l				
1	8409 Indigo Pri	ce		Shoalhaven		
2	8454 Layla Bec	k		Shoalhaven		
3	8396 Lilly Moo	ore		Shoalhaven		
4	7892 Sidney Ba	ırtle		Albion Park		
5	8148 Calai Dac	h		Lake Illawarra		
6	8180 Liarna Pet	ters		Lake Illawarra		

Event 63 Girls U 13 - Discus (750 Gram) (4)

Sun	day 15/12/2019 - 9:00	AM	
	Zone: 39.35m	02/12/2018 Chelsea Ezec	oke
Pos	Name	Age Centre	Seed Mark
Flight	t 1 of 1 Final		
1	37560 Krystal Ezeoke	Albion Park	
2	37607 Zoe Haylen	Kiama	
3	37704 Chloe Daniel	Shoalhaven	
4	37593 Audrey Terry	Kiama	

Event 64 Girls U 13-14 Multi Class Discus (1)

Sun	day 15/12/2019 - 9:00 AM	l I		
Pos	Name	Age	Centre	Seed Mark
ligh	t 1 of 1 Final			
1	37537 Charlize Colwell (T/I	F3	Albion Park	
Event	t 65 Boys U 14 - Shot Pu	ıt (3.0 1	Kg) (2)	
Sun	day 15/12/2019 - 9:00 AM	(
	Zone: 14.07m 02/1	2/2018	Ryan Keen	
Pos	Name	Age	Centre	Seed Mark
Flight	t 1 of 1 Final			
1	44378 Vaughn Gilligan		Euro Coast	
2	37695 Max Beck		Shoalhaven	
	t 66 Girls U 17 - Shot Pu day 15/12/2019 - 9:06 AM Zone: 13.12m 11/1	[Kg) (2) Rachelle Gro	
Dec				
		Age	Centre	Seed Mark
ligh	t 1 of 1 Final			Seed Mark
ligh 1	t 1 of 1 Final 37634 Taylah Hurst		Lake Illawarra	Seed Mark
ligh	t 1 of 1 Final 37634 Taylah Hurst			Seed Mark
Fligh 1 2	t 1 of 1 Final 37634 Taylah Hurst		Lake Illawarra Lake Illawarra	Seed Mark
1 2 Event	t 1 of 1 Final 37634 Taylah Hurst 37640 Madison Callaway	mp (S/I	Lake Illawarra Lake Illawarra	Seed Mark
ligh 1 2 vent	t 1 of 1 Final 37634 Taylah Hurst 37640 Madison Callaway t 67 Boys U 9 - High Jun day 15/12/2019 - 9:49 AM	mp (S/I I	Lake Illawarra Lake Illawarra	

	Lone: 1.25m	29/01/1983	Matthew Dal	by	
Pos	Name	Age	Centre	Seed Mark	
Fligh	t 1 of 1 Final				
1	8383 Ryan Sharpe		Shoalhaven		
2	7870 Jackson Fraser		Albion Park		
3	8262 Khoen Hands		Lake Illawarra		
4	27108 Kyle Smith		Milton-Ulladull	a	
5	8079 Riley Wells		Kiama		

Event 68 Boys U 13 - High Jump (S/H 1.20m) (7)

Sun	day 15/12/2019 - 10:24 AN	Л			
	Zone: 1.66m 11/1	2/2011	Jake Rallings		
Pos	Name	Age	Centre	Seed Mark	
Fligh	t 1 of 1 Final				
1	37541 Izak Van De Merwe		Albion Park		
2	37592 Joshua Bender		Kiama		
3	37718 Tyler Carey		St Georges Basin	n	
4	37629 Joshua Hosking		Lake Illawarra		
5	37742 Jett Kingma		St Georges Basin	n	
6	37114 Brooklyn Mandavy		St Georges Basin	n	
7	37630 Dylan Hardy		Lake Illawarra		

Event 69 Girls U 7 - Long Jump (5)

Sunday 15/12/2019 - 9:56 AM					
	Zone: 3.33m	26/01/2001	Tayla King		
Pos	Name	Age	Centre	Seed Mark	
Flight	1 of 1 Final				
1	7889 Macey Owen		Albion Park		
2	7932 Amelia Elphick		Albion Park		
3	8382 Ahliya Sharpe		Shoalhaven		
4	8188 Brooklyn McWillia	ams	Lake Illawarra		
5	8580 Evalyn Norris		St Georges Basi	n	

Event 70 Girls U 11 - Long Jump (11)

Sun	day 15/12/2019 - 9:49	AM			
	Zone: 4.78m	26/01/2002	Teresa Garcia		
Pos	Name	Age	Centre	Seed Mark	
Flight	t 1 of 1 Final				
1	8028 Evey Hokin		Kiama		
2	8347 Bronte Galvin		Shoalhaven		
3	28972 Mia Davis		Milton-Ulladulla	l	
4	8201 Indie Cooper		Lake Illawarra		
5	8343 Mia O'Mullane		Shoalhaven		
6	8027 Maiya Hewitt		Kiama		
7	8163 Madison Oscroft		Lake Illawarra		
8	8078 Zara Wells		Kiama		
9	7952 Sienna Allitt		Albion Park		
10	8318 Evelyn Hill		Shoalhaven		
11	27111 Jessica Kann		Milton-Ulladulla	l	

Event 71 Boys U 11 - Triple Jump (6)

Sun	day 15/12/20	19 - 10:3	AM			
	Zone:	9.96m	26/01/2003	Kevin O	rgaz	
	Zone:	9.96m	28/01/2006	Joshua B	Singham	
Pos	Name		Age	Centre	Seed Mark	
Flight	t 1 of 1 Fin	nal				
1	8548 Riley H	aig		St Georges	Basin	
2	8097 Isaac Ol	ldfield		Kiama		
3	8543 Jordan V	Wallace		St Georges	Basin	
4	8256 Aidan W	Villiams		Lake Illawa	arra	
5	8308 Tynan C	Caswell		Shoalhaven	l	
6	27124 Phoeni	x Willian	15	Milton-Ulla	adulla	

Event 72 Boys U 8 - Discus (500 Gram) (8)

Sund	lay 15/12/201	19 - 10:0	0 AM			
	Zone:	25.34m	30/01/2000	S Harris		
Pos	Name		Age	Centre	Seed Mark	
Flight	1 of 1 Fin	nal				
1	8170 Rory Bro	ownlee		Lake Illawarra		
2	8542 Lachlan	Wallace		St Georges Bas	in	
3	8189 William	Tebbutt		Lake Illawarra		
4	7914 Jacob La	akeman		Albion Park		
5	8235 Ashton J	lones		Lake Illawarra		
6	8366 Aidan M	IcLaren		Shoalhaven		
7	7873 Gianni C	Diteirinho		Albion Park		
8	8386 Jackson	Turner		Shoalhaven		

Event 73 Boys U 15 - Discus (1.0 Kg) (3)

Sunday 15/12/2019 - 9:40 AM								
	Zone: 42.84m	09/12/2012	Brock Nicho	ls				
Pos	Name	Age	Centre	Seed Mark				
Fligh	t 1 of 1 Final							
1	45321 Jack Cordell		Kiama					
2	45322 Cohen Deegan		Kiama					
3	37641 Ryan Keen		Lake Illawarra					

Event 74 Boys U 15-17 Multi Class Discus (1)

Sun	day 15/12/2019 - 9:40 AM		
Pos	Name	Age Centre	Seed Mark
Flight	t 1 of 1 Final		
1	37674 Brock Miller (T/F20)	Shoalhaven	

Event 75 Boys U 7 - Shot Put (1.0 Kg) (6)

Sun	day 15/12/20	19 - 9:12	AM			
	Zone:	7.52m	13/12/2014	Noah Jackso	n	
Pos	Name		Age	Centre	Seed Mark	
Flight	t 1 of 1 Fir	nal				
1	7837 William	Gorrie		Albion Park		
2	7899 Jackson	Hutchins	on	Albion Park		
3	8385 Riley Be	ertholini		Shoalhaven		
4	7929 Oscar Va	an Der Me	erwe	Albion Park		
5	7915 Justin L	akeman		Albion Park		
6	8131 Cale De	egan		Kiama		

Event 76 Girls U 8 - Shot Put (1.5 Kg) (4)

Sund	day 15/12/2019 - 9:30	AM			
	Zone: 6.39m	30/01/2000	Kendall Vaug	ghan	
Pos	Name	Age	Centre	Seed Mark	
Flight	1 of 1 Final				
1	7888 Peyton Thompson	l	Albion Park		
2	8212 Charlotte O'Neill		Lake Illawarra		
3	8168 Paige King		Lake Illawarra		
4	8546 Asher Haig		St Georges Bas	in	

Sur	day 15/12/2019 - 9:42 AM				
	Zone: 27.93m 10/12	2/2011	Shaye-Lee Fi	ier	
Pos	Name	Age	Centre	Seed Mark	
Fligh	t 1 of 1 Final	•			
1	37626 Aleisha McGarry		Lake Illawarra		
2	37683 Emily McLaren		Shoalhaven		
3	37553 Zoe Meyers		Albion Park		
4	37590 Malia Cummins		Kiama		
5	37666 Elysha Davis		Shoalhaven		
6	37692 Aurora Boatswain		Shoalhaven		
Even	t 78 Boys U 17 - High Jur	np (S/	H 1.30m) (4)		
Sur	nday 15/12/2019 - 11:13 AM	[
	Zone: 1.90m 10/12		•	Σ.	
Pos	Name	Age	Centre	Seed Mark	
0	t 1 of 1 Final				
1	45320 Matt Cordell		Kiama		-
2	37644 Jonathon Carmody		Lake Illawarra		
3	37614 Joshua Gamble		Lake Illawarra		
4	37570 Isaac Shaw		Albion Park		
Even	t 79 Bovs U 7 - Long Jum	1D (6)			
	t 79 Boys U 7 - Long Jum day 15/12/2019 - 11:06 AM				
	t 79 Boys U 7 - Long Jum iday 15/12/2019 - 11:06 AM Zone: 3.50m 13/12	[Germaine W	right	
Sur	nday 15/12/2019 - 11:06 AM	[2/2015	Germaine W Centre	right Seed Mark	
Sur Pos	nday 15/12/2019 - 11:06 AM Zone: 3.50m 13/12	[2/2015	Germaine W Centre		
Sur Pos	nday 15/12/2019 - 11:06 AM Zone: 3.50m 13/12 Name	[2/2015			
Sur <u>Pos</u> Fligh	uday 15/12/2019 - 11:06 AM Zone: 3.50m 13/12 Name t 1 of 1 Final	[2/2015	Centre		
Sur <u>Pos</u> Fligh	nday 15/12/2019 - 11:06 AM Zone: 3.50m 13/12 Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie	[2/2015	Centre Albion Park		-
Sur Pos Fligh 1 2	uday 15/12/2019 - 11:06 AM Zone: 3.50m 13/12 Name t 1 of 1 Final 7915 Justin Lakeman	[2/2015	Centre Albion Park Albion Park		-
Sur Pos Fligh 1 2 3	nday 15/12/2019 - 11:06 AM Zone: 3.50m 13/12 Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane	[2/2015	Centre Albion Park Albion Park Shoalhaven		
Sur Pos Fligh 1 2 3 4	iday 15/12/2019 - 11:06 AM Zone: 3.50m 13/12 Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom	[2/2015	Centre Albion Park Albion Park Shoalhaven Shoalhaven		-
Sur Pos Fligh 1 2 3 4 5 6	hday 15/12/2019 - 11:06 AM Zone: 3.50m 13/12 Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom 7929 Oscar Van Der Merwe 27505 Brax Betts	2/2015 Age	Centre Albion Park Albion Park Shoalhaven Shoalhaven Albion Park		-
Sur Pos Fligh 1 2 3 4 5 6 Even	day 15/12/2019 - 11:06 AM Zone: 3.50m 13/12 Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom 7929 Oscar Van Der Merwe 27505 Brax Betts t 80 Girls U 9 - Long Jun	2/2015 Age 1p (9)	Centre Albion Park Albion Park Shoalhaven Shoalhaven Albion Park		-
Sur Pos Fligh 1 2 3 4 5 6 Even	uday 15/12/2019 - 11:06 AM Zone: 3.50m Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom 7929 Oscar Van Der Merwe 27505 Brax Betts t 80 Girls U 9 - Long Jun uday 15/12/2019 - 11:13 AM	2/2015 Age 1p (9)	Centre Albion Park Albion Park Shoalhaven Albion Park Shoalhaven		-
Sur Pos Fligh 1 2 3 4 5 6 Even Sur	uday 15/12/2019 - 11:06 AM Zone: 3.50m Name t 1 of 1 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom 7929 Oscar Van Der Merwe 27505 Brax Betts t 80 Girls U 9 - Long Jun uday 15/12/2019 - 11:13 AM Zone: 4.22m	2/2015 Age np (9)	Centre Albion Park Albion Park Shoalhaven Albion Park Shoalhaven Shoalhaven	Seed Mark	-
Sur Pos Fligh 1 2 3 4 5 6 Even Sur Pos	uday 15/12/2019 - 11:06 AM Zone: 3.50m Name t 1 of 1 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom 7929 Oscar Van Der Merwe 27505 Brax Betts t 80 Girls U 9 - Long Jun uday 15/12/2019 - 11:13 AM Zone: 4.22m Name	2/2015 Age np (9)	Centre Albion Park Albion Park Shoalhaven Albion Park Shoalhaven		-
Sur Pos Fligh 1 2 3 4 5 6 Even Sur Pos Fligh	uday 15/12/2019 - 11:06 AM Zone: 3.50m Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom 7929 Oscar Van Der Merwe 27505 Brax Betts t 80 Girls U 9 - Long Jun uday 15/12/2019 - 11:13 AM Zone: 4.22m Name t 1 of 1 Final	2/2015 Age np (9)	Centre Albion Park Albion Park Shoalhaven Albion Park Shoalhaven Shoalhaven S Gown Centre	Seed Mark	-
Sur Pos Fligh 1 2 3 4 5 6 Even Sur Pos Fligh 1	uday 15/12/2019 - 11:06 AM Zone: 3.50m Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom 7929 Oscar Van Der Merwe 27505 Brax Betts t 80 Girls U 9 - Long Jun uday 15/12/2019 - 11:13 AM Zone: 4.22m Name t 1 of 1 Final 8319 Victoria Hill	2/2015 Age np (9)	Centre Albion Park Albion Park Shoalhaven Albion Park Shoalhaven Shoalhaven Shoalhaven Shoalhaven Shoalhaven Shoalhaven	Seed Mark	-
Sur Pos Fligh 1 2 3 4 5 6 Even Sur Pos Fligh 1 2	Iday 15/12/2019 - 11:06 AMZone: 3.50m 13/12Namet 1 of 1 Final7915 Justin Lakeman7837 William Gorrie8336 Flynn O'Mullane8313 Riley Sandstrom7929 Oscar Van Der Merwe27505 Brax Bettst 80 Girls U 9 - Long JunIday 15/12/2019 - 11:13 AMZone: 4.22m 27/01Namet 1 of 1 Final8319 Victoria Hill8409 Indigo Price	2/2015 Age np (9)	Centre Albion Park Albion Park Shoalhaven Albion Park Shoalhaven Shoalhaven Shoalhaven Shoalhaven Shoalhaven	Seed Mark	
Sur Pos Fligh 1 2 3 4 5 6 Even Sur Pos Fligh 1 2 3	Iday 15/12/2019 - 11:06 AMZone: 3.50m 13/12Namet 1 of 1 Final7915 Justin Lakeman7837 William Gorrie8336 Flynn O'Mullane8313 Riley Sandstrom7929 Oscar Van Der Merwe27505 Brax Bettst 80 Girls U 9 - Long JunIday 15/12/2019 - 11:13 AMZone: 4.22m 27/01Namet 1 of 1 Final8319 Victoria Hill8409 Indigo Price8396 Lilly Moore	2/2015 Age np (9)	Centre Albion Park Albion Park Shoalhaven Albion Park Shoalhaven Shoalhaven Shoalhaven Shoalhaven Shoalhaven Shoalhaven Shoalhaven	Seed Mark	
Sur Pos Fligh 1 2 3 4 5 6 Even Sur Pos Fligh 1 2 3 4	uday 15/12/2019 - 11:06 AM Zone: 3.50m Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom 7929 Oscar Van Der Merwe 27505 Brax Betts t 80 Girls U 9 - Long Jun uday 15/12/2019 - 11:13 AM Zone: 4.22m 8319 Victoria Hill 8409 Indigo Price 8396 Lilly Moore 7887 Ruby Owen	2/2015 Age np (9)	Centre Albion Park Albion Park Shoalhaven Albion Park Shoalhaven Shoalhaven Shoalhaven Shoalhaven Shoalhaven Albion Park	Seed Mark	-
Sur Pos Fligh 1 2 3 4 5 6 Even Sur Pos Fligh 1 2 3 4 5	uday 15/12/2019 - 11:06 AM Zone: 3.50m Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom 7929 Oscar Van Der Merwe 27505 Brax Betts t 80 Girls U 9 - Long Jun uday 15/12/2019 - 11:13 AM Zone: 4.22m t 1 of 1 Saligo Victoria Hill 8409 Indigo Price 8396 Lilly Moore 7887 Ruby Owen 8180 Liarna Peters	2/2015 Age np (9)	Centre Albion Park Albion Park Shoalhaven Albion Park Shoalhaven Shoalhaven Shoalhaven Shoalhaven Shoalhaven Shoalhaven Albion Park Lake Illawarra	Seed Mark	-
Sur Pos Fligh 1 2 3 4 5 6 Even Sur Pos Fligh 1 2 3 4 5 6	Iday 15/12/2019 - 11:06 AM Zone: 3.50m Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom 7929 Oscar Van Der Merwe 27505 Brax Betts t 80 Girls U 9 - Long Jun Iday 15/12/2019 - 11:13 AM Zone: 4.22m 8319 Victoria Hill 8409 Indigo Price 8396 Lilly Moore 7887 Ruby Owen 8180 Liarna Peters 7942 Chelsea Allit	2/2015 Age np (9)	Centre Albion Park Albion Park Shoalhaven Albion Park Shoalhaven Albion Park Shoalhaven Shoalhaven Shoalhaven Shoalhaven Albion Park Lake Illawarra Albion Park	Seed Mark	-
Sur Pos Fligh 1 2 3 4 5 6 Even Sur Pos Fligh 1 2 3 4 5 6 7	uday 15/12/2019 - 11:06 AM Zone: 3.50m Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom 7929 Oscar Van Der Merwe 27505 Brax Betts t 80 Girls U 9 - Long Jun rday 15/12/2019 - 11:13 AM Zone: 4.22m 8319 Victoria Hill 8409 Indigo Price 8396 Lilly Moore 7887 Ruby Owen 8180 Liarna Peters 7942 Chelsea Allit 8454 Layla Beck	2/2015 Age np (9)	Centre Albion Park Albion Park Shoalhaven Albion Park Shoalhaven Albion Park Shoalhaven Shoalhaven Shoalhaven Shoalhaven Shoalhaven Albion Park Lake Illawarra Albion Park Shoalhaven	Seed Mark	
Sur Pos Fligh 1 2 3 4 5 6 Even Sur Pos Fligh 1 2 3 4 5 6	Iday 15/12/2019 - 11:06 AM Zone: 3.50m Name t 1 of 1 Final 7915 Justin Lakeman 7837 William Gorrie 8336 Flynn O'Mullane 8313 Riley Sandstrom 7929 Oscar Van Der Merwe 27505 Brax Betts t 80 Girls U 9 - Long Jun Iday 15/12/2019 - 11:13 AM Zone: 4.22m 8319 Victoria Hill 8409 Indigo Price 8396 Lilly Moore 7887 Ruby Owen 8180 Liarna Peters 7942 Chelsea Allit	2/2015 Age np (9)	Centre Albion Park Albion Park Shoalhaven Albion Park Shoalhaven Albion Park Shoalhaven Shoalhaven Shoalhaven Shoalhaven Albion Park Lake Illawarra Albion Park	Seed Mark	

Event 81 Girls U 13 - Triple Jump (7) Sunday 15/12/2019 - 11:48 AM Zone: 10.56m 02/12/2018 Chelsea Ezeoke

Pos	Name	Age Centre	Seed Mark	
Fligh	t 1 of 1 Final			
1	37607 Zoe Haylen	Kiama		
2	37606 Ella Hewitt	Kiama		
3	37605 Isabelle Hodgson	Kiama		
4	37596 Amelia Weatherlake	Kiama		
5	37593 Audrey Terry	Kiama		
6	37631 Sienna Strecker	Lake Illawarra		
7	37625 Olivia O'Neill	Lake Illawarra		

Suno	Sunday 15/12/2019 - 11:20 AM							
	Zone: 14.83m	29/01/2000	Talissa Scott					
Pos	Name	Age	Centre	Seed Mark				
Flight	1 of 1 Final							
1	8382 Ahliya Sharpe		Shoalhaven					
2	8204 Hannah Lidbetter		Lake Illawarra					

Event 83 Boys U 10 - Discus (500 Gram) (4)

Sun	Sunday 15/12/2019 - 10:10 AM								
	Zone: 34.09m	12/12/2015 Ryan Keen							
Pos	Name	Age Centre	Seed Mark						
Fligh	t 1 of 1 Final								
1	7907 Liam Green	Albion Park							
2	7900 Jack Colwell	Albion Park							
3	8417 Taj Goddard	Shoalhaven							
4	8356 Dean Austin	Shoalhaven							

Event 84 Boys U 12 - Shot Put (2.0 Kg) (3)

Sunday 15/12/2019 - 10:24 AM								
	Zone: 9.86m	02/12/2018	Jordan Poole					
Pos	Name	Age	Centre	Seed Mark				
Flight	t 1 of 1 Final							
1	37523 Scott Colwell		Albion Park					
2	37620 Parker Ivanovsl	ci	Lake Illawarra					
3	37652 Jack Andersen		Lake Illawarra					

Event 85 Girls U 10 - Shot Put (2.0 Kg) (6)

Sun	day 15/12/2019 - 10:33 Al	М	
	Zone: 8.90m 13/1	12/2015 Chelsea Ezeo	ke
Pos	Name	Age Centre	Seed Mark
Fligh	t 1 of 1 Final		
1	7975 Amelia Bongiorno	Albion Park	
2	8309 Myra Betts	Shoalhaven	
3	8230 Tauris Ivanovski	Lake Illawarra	
4	7841 Aroura Bray	Albion Park	
5	8330 Elizabeth Davis	Shoalhaven	
6	8009 Josie Cunningham	Kiama	

Sun	day 15/12/2019 - 11:4	A1 AM		
	Zone: 1.67m	31/01/1982	Mineo Bonet	ig
Pos	Name	Age	Centre	Seed Mark
Fligh	t 1 of 1 Final			
1	37565 Harry Fraser		Albion Park	
2	37652 Jack Andersen		Lake Illawarra	
3	37546 Aaron Eldridge		Albion Park	
4	37681 Jeremiah Galvir	1	Shoalhaven	
5	37651 Harry Andersen		Lake Illawarra	
6	37610 Max Boniface		Kiama	

Event 87 Boys U 15 - High Jump (S/H 1.25m) (3)

Liven	1 07 Doys 0 13	- Ingn Ju	mh (p)	II 1.25III)	(5)	
Sunday 15/12/2019 - 12:23 PM						
	Zone: 1	.76m 13/12	2/2015	Jye Shu	mack	
Pos	Name		Age	Centre	Seed Mar	k 📃
Fligh	t 1 of 1 Final					
1	37716 Louis Los	urdo		St Georges	Basin	
2	37641 Ryan Keer	n		Lake Illaw	arra	
3	37713 Tsar Mand	lavy		St Georges	Basin	

Event 88 Girls U 12 - Long Jump (9)

Sun	day 15/12/20	19 - 12:1	6 PM			
	Zone:	4.93m	12/12/2009	Chloe Docker		
Pos	Name		Age	Centre	Seed Mark	
Flight	t 1 of 1 Fin	nal				
1	37613 Abby (Quick		Lake Illawarra		
2	37532 Charlo	tte Kerr		Albion Park		
3	37579 Lily B	ell		Kiama		
4	37544 Jessica	ı Kable		Albion Park		
5	37590 Malia	Cummins		Kiama		
6	37697 Ella Po	ost		Shoalhaven		
7	37576 Sabella	ah Nankiv	ell	Albion Park		
8	37626 Aleisha	a McGarr	у	Lake Illawarra		
9	37115 Natars	ha Manda	vy	St Georges Basi	n	

Event 89 Boys U 13 - Long Jump (11)

Sun	day 15/12/2019 - 12:37 PN	М	
	Zone: 5.41m 29/0	01/1989 Che Wicks	
Pos	Name	Age Centre Seed Mark	
Flight	t 1 of 1 Final		
1	37664 Reilly Caswell	Shoalhaven	
2	44525 Lane Williams	Milton-Ulladulla	
3	37538 Mackay Jones	Albion Park	
4	37742 Jett Kingma	St Georges Basin	
5	37630 Dylan Hardy	Lake Illawarra	
6	37718 Tyler Carey	St Georges Basin	
7	37539 Macleay Kesby	Albion Park	
8	37568 Riley Witt	Albion Park	
9	37541 Izak Van De Merwe	Albion Park	
10	37592 Joshua Bender	Kiama	
11	45323 Cooper Deegan	Kiama	

Event 90 Girls U 14 - Triple Jump (2) Sunday 15/12/2019 - 1:19 PM Zone: 11 20m 27/01/2008 Tayla King

	Zone: 11.20m	27/01/2008 Tayla King	
Pos	Name	Age Centre	Seed Mark
Flight	t 1 of 1 Final		
1	37665 Olivia Davis	Shoalhaven	
2	37562 Lauren Clancy	Albion Park	
Event	t 91 Girls U 11 - Dis	scus (500 Gram) (6)	

Sun	day 15/12/2019 - 11:4	40 AM			
	Zone: 17.75m	02/12/2018	Aleisha	McGarry	
Pos	Name	Age	Centre	Seed Mark	
Flight	t 1 of 1 Final				
1	8078 Zara Wells		Kiama		
2	8343 Mia O'Mullane		Shoalhave	n	
3	8499 Isabelle Reader		St Georges	Basin	
4	7909 Kalani Green		Albion Par	k	
5	8427 Olivia Knowles		Shoalhave	n	
6	8493 Kadance Naylor		St Georges	Basin	

Event 92 Girls U 14 - Discus (1.0 Kg) (3)

Suno	day 15/12/2019 - 10:50	0 AM			
	Zone: 42.03m	09/12/2012	Samantha Pe	eace	
Pos	Name	Age	Centre	Seed Mark	
Flight	1 of 1 Final				
1	37693 Nakita Boatswain	1	Shoalhaven		
2	37669 Talea Miller		Shoalhaven		
3	37654 Alana McGarry		Lake Illawarra		

Event 93 Girls U 15 - Shot Put (3.0 Kg) (4)

	Zone: 13.02m	13/12/2009	Rachelle Gr	ozde	
Pos	Name	Age	Centre	Seed Mark	
Flight	t 1 of 1 Final				
1	37668 Akala Miller		Shoalhaven		
2	37556 Calany Meyers		Albion Park		
3	37736 Keira Watt		St Georges Ba	sin	
4	37580 Sienna Bell		Kiama		

Event 94 Girls U 15-17 Multi Class Shot Put (1)

Sun	day 15/12/2019 - 10:51 AM			
Pos	Name	Age Cent	re Seed Mark	
Flight	1 of 1 Final			
1	37536 Ashleigh Ryder (T/F37	Albie	on Park	

Event 95 Boys U 9 - Shot Put (2.0 Kg) (5)

	5		
Sun	day 15/12/2019 - 11:0	6 AM	
	Zone: 8.79m	26/01/1991 Bradle	ey Jackson
Pos	Name	Age Centre	Seed Mark
Fligh	t 1 of 1 Final		
1	8079 Riley Wells	Kiama	
2	8167 Zak Schillert	Lake Illa	awarra
3	8205 Beau Lidbetter	Lake Illa	awarra
4	8262 Khoen Hands	Lake Illa	awarra
5	8147 Thomas Gowans	Lake Illa	awarra

Even	t 96 Boys U 14 - Javelin	(600 G	ram) (1)		
Sun	day 15/12/2019 - 11:21 AN	1			
	Zone: 41.08m 29/0				
	Name	Age	Centre	Seed Mark	
Fligh	t 1 of 1 Final				
1	37695 Max Beck		Shoalhaven		
Even	t 97 Girls U 17 - Javelin	(500 G	Gram) (3)		
Sun	day 15/12/2019 - 11:28 AN	1			
	Zone: 34.11m 10/1	2/2011	Rachelle Gro	zde	
Pos		Age	Centre	Seed Mark	
Fligh	t 1 of 1 Final				
1	37640 Madison Callaway		Lake Illawarra		
2			Albion Park		
3	37686 Emeilia Matthews		Shoalhaven		
Even	t 98 Boys U 11 - High Ju	mp (S/	/H 1.05m) (6)		
Sun	day 15/12/2019 - 12:44 PM				
Doc	Zone: 1.50m 24/0			0	
	Name t 1 of 1 Final	Age	Centre	Seeu Mark	
Fligh 1	t 1 of 1 Final 8190 James Tebbutt		Lake Illawarra		
2	7886 Connor Owen		Albion Park		
2				-	
3 4	8548 Riley Haig 8543 Jordan Wallace		St Georges Basi St Georges Basi		
4 5	7890 Tyler Campbell		Albion Park	11	
6	7953 Max Van Der Merwe		Albion Park		
0	7955 Wax Vali Dei Weiwe		Albion I alk		
Even	t 99 Boys U 14 - Long Ju	ımp (3)		
Sun	day 15/12/2019 - 1:54 PM				
-	Zone: 5.83m 30/0		•	~	
Pos	Name	Age	Centre	Seed Mark	
0	t 1 of 1 Final		CI 11		
1	44785 Kade Dhu		Shoalhaven		
2		S	Shoalhaven		
3	37567 Lucas Campbell		Albion Park		
Even	t 100 Girls U 17 - Long J	Jump (2)		
	day 15/12/2019 - 1:33 PM	_			
Juli	Zone: 5.75m 13/1		Talissa Scott		
Pos	Name		Centre	Seed Mark	
	t 1 of 1 Final				
1	37640 Madison Callaway		Lake Illawarra		
2	37598 Georgia Richards		Kiama		
	-				
	t 101 Boys U 15 - Triple	_	(3)		
Sun	iday 15/12/2019 - 2:15 PM Zone: 12.54m 28/0		Kevin Orgaz		
Pos	Zone: 12.54m 28/0 Name		8	Sood Mart	
		Age	Centre	Seed Mark	
0	t 1 of 1 Final		Laka Illar		
1	37641 Ryan Keen		Lake Illawarra	n	
2 3	37713 Tsar Mandavy		St Georges Basi Kiama	11	
3	45322 Cohen Deegan		Niailla		

Event 102 Boys U 17 - Discus (1.5 Kg) (4) Sunday 15/12/2019 - 12:40 PM Zone: 38.76m 14/12/2014 Brock Nichols Pos Name Age Centre Seed Mark Flight 1 of 1 Final 1 37612 Jude Basnet Kiama 2 37618 Mathew Hutchison Lake Illawarra 3 37614 Joshua Gamble Lake Illawarra 4 37644 Jonathon Carmody Lake Illawarra Event 103 Boys U 11 - Shot Put (2.0 Kg) (2) Sunday 15/12/2019 - 11:49 AM Zone: 12.08m 27/01/1996 Alex Cabanas Pos Name Age Centre Seed Mark Flight 1 of 1 Final 1 8502 Addison Kingma St Georges Basin 2 8395 Riley Moore Shoalhaven Event 104 Boys U 11-12 Multi Class Shot Put (1) Sunday 15/12/2019 - 11:49 AM

Pos Name Age Centre Seed Mark Flight 1 of 1 Final 1 37670 Kynan Miller (T/F44) Shoalhaven

Event 105 Boys U 13 - Shot Put (3.0 Kg) (9)

Sunday 15/12/2019 - 11:58 AM

Sunday 15/12/2019 11:50 ANI									
	Zone: 14.29m 30/01	/1983	Paul Kaiserfie	eld					
Pos	Name	Age	Centre	Seed Mark					
Flight	t 1 of 1 Final								
1	37676 Darcy Davis		Shoalhaven						
2	37699 Cade Chapman		Shoalhaven						
3	37629 Joshua Hosking		Lake Illawarra						
4	37575 Rhys O'Dea		Albion Park						
5	37534 Lexin O'Dea		Albion Park						
6	37114 Brooklyn Mandavy		St Georges Basin	n					
7	37568 Riley Witt		Albion Park						
8	44525 Lane Williams		Milton-Ulladulla	ı					
9	37684 Hamish McLaren		Shoalhaven						

Event 106 Girls U 13 - Javelin (400 Gram) (5)

Sunday 15/12/2019 - 12:25 PM									
	Zone: 31.62m 09/12	2/2012 Shaye-Lee l	Frier						
Pos	Name	Age Centre	Seed Mark						
Flight	1 of 1 Final								
1	37605 Isabelle Hodgson	Kiama							
2	37704 Chloe Daniel	Shoalhaven							
3	37593 Audrey Terry	Kiama							
4	37596 Amelia Weatherlake	Kiama							
5	37607 Zoe Haylen	Kiama							

8499 Isabelle Reader

8059 Claire Vogelaar

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MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS John O'Dwyer Oval - 14/12/2019 to 15/12/2019 Meet Program - Sunday Field Events

Event	t 107 Girls U 1	5 - Javeli	n (500	Gram) (3)		
Sun	day 15/12/2019 -	1:00 PM	[
	Zone: 33.	03m 09/1	2/2012	Susie Seitario	lis	
Pos	Name		Age	Centre	Seed Mark	
Fligh	t 1 of 1 Final					
1	37736 Keira Watt			St Georges Basi	in	
2	37628 Hannah Ho	osking		Lake Illawarra		
3	37556 Calany Me	yers		Albion Park		
Event	t 108 Boys U 12	2 - Triple	Jump	(5)		
Sun	day 15/12/2019 -	1:47 PM	[
	Zone: 10.	68m 30/0	01/2011	Jake Rallings	6	
Pos	Name		Age	Centre	Seed Mark	
Fligh	t 1 of 1 Final					
1	37620 Parker Ivan	novski		Lake Illawarra		
2	37550 Germaine	Wright		Albion Park		
3	37523 Scott Colw	ell		Albion Park		
4	37687 Jett Godda	rd		Shoalhaven		
5	37565 Harry Fras	er		Albion Park		
Event	t 109 Girls U 12	2 - Discu	s (750 C	Gram) (7)		
Sun	day 15/12/2019 -	11:20 A	М			
	Zone: 33.	96m 29/0	01/2011	Samantha Pe	ace	
Pos	Name		Age	Centre	Seed Mark	
Fligh	t 1 of 1 Final					
1	37544 Jessica Kal	ole		Albion Park		
2	37576 Sabellah N	ankivell		Albion Park		
3	37692 Aurora Boa	atswain		Shoalhaven		
4	37626 Aleisha Mo	Garry		Lake Illawarra		
5	37683 Emily McI	Laren		Shoalhaven		
6	37115 Natarsha M			St Georges Basi	in	
7	37553 Zoe Meyer	s		Albion Park		
Event	t 110 Girls U 11	l - Javeli	n (400 (Gram) (4)		
Sun	day 15/12/2019 -	1:21 PM	[
	•	87m 09/1		Olivia Davis		
Pos	Name		Age	Centre	Seed Mark	
Flight	t 1 of 1 Final					
1	7910 Amber Potts			Albion Park		
2	8343 Mia O'Mulla	ane		Shoalhaven		

St Georges Basin

Kiama

Ground Layout

