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| **Name** | **Stroke** | **Time** | **comparison** |
| Louise Norris | FR50 | 46.62 | inaugural |
| Louise Norris | BR50 | 51.55 | Best since’18. 2nd best time ever |
| Louise Norris | BR100 | 1:54.02 | PAB/Best since’16/2nd best time ever |
| Louise Norris | BR200 | 4:01.47 | Best since’18. 2nd best time ever |
| Cas Brown | FR50 | 58.53 | Best since’18 |
| Cas Brown | FR100 | 2:11.54 | Best since’18 |
| Cas Brown | FR200 | 4:57.73 |  |
| Cas Brown | BR200 | 5:58.18 |  |
| Helen Green | FR50 | 52.22 | PAB/best since ‘17/CR |
| Audrey Bullough | FR50 | 1:01.20 | - |
| Audrey Bullough | FR100 | 2:16.66 | best since ‘17 |
| Audrey Bullough | FR200 | 4:56.15 | Best since’18 |
| Audrey Bullough | BA50 | 1:16.91 | Best since’16 |
| Craig Barnard | FR50 | 38.43 | PB |
| Bill Woodhouse | FR50 | 40.15 | - |
| Peter Lyster | FR50 | 41.70 | -  |
| Peter Lyster | FR100 | 1:38.55 | PAB/best since ‘17/2nd best time ever |
| Peter Lyster | BA50 | 1:03.43 | -  |
| Anne Edmondson | BA50 | 52.49 | Best since’18 |
| Anne Edmondson | BA100 | 1:56.63 | Best since’18 |
| Anne Edmondson | BA200 | 4:08.33 | Best since’18 |
| Anne Edmondson | BR100 | 2:11.07 | PAB/Best since’16 |
| Anne Edmondson | FR200 | 3:26.60 | Best since’18 |
| Merilyn Burbidge | BA50 | 1:00.95 | - |
| Merilyn Burbidge | BA100 | 2:14.54 | - |
| Merilyn Burbidge | BA200 | 4:41.31 | - |
| Merilyn Burbidge | BR50 | 1:06.89 | - |
| Merilyn Burbidge | BR100 | 2:23.58 | - |
| Merilyn Burbidge | BR200 | 4:59.01 | Best since’18 |
| Barry Green | BA50 | 53.88 | Best since’18 |
| Barry Green | BA100 | 1:59.56 | Best since’16 |
| Barry Green | BA200 | 4:27.78 | Best since’18 |
| Barry Green | BR50 | 56.33 | - |
| Barry Green | BR100 | 2:11.71 | Best since’17 |
| Barry Green | BR200 | 4:52.17 | PAB/Best since’14 |
| Sara Cann | BR50 | 1:11.08 | Best since’16 |
| Sara Cann | BR100 | 2:45.71 | PB |
| Pamela Walter | BR50 | 54.66 | Best since’18 |
| Pamela Walter | BR100 | 2:01.45 | Best since’17 |
| Pamela Walter | BR200 | 4:21.53 | Best since’18 |
| Pamela Walter | BA100 | 1:57.35 | - |
| Pamela Walter | BA200 | 4:12.69 | - |
| Pamela Walter | IM200 | 4:07.68 | Best since’18 |
| Chandra Veliath | BR50 | 53.06 | PB |
| Chandra Veliath | BR100 | 1:58.17 | PB |
| Margaret Smithson | FR100 | 2:20.61 | inaugural |
| Deirdre Stephenson | FR100 | 2:42.96 | - |
| Deirdre Stephenson | FR200 | 6:04.10 | PAB/Best since’14 |