



Relay Team Conditions & Selection Process Season 2016-2017

As relays are the only opportunity for athletes to compete as a team, FLAC are involved in relays for the purpose of giving each athlete the opportunity to compete.

1. To be considered for selection process each athlete must be a registered FLAC athlete and complete and submit entrance form by due date.
2. Athletes must be available for all relay dates.
3. Regional & State Relays are open to Athletes U9 to U15. U8 athletes are able to enter and compete at Mentone relays only.
4. All athletes competing in relays must wear a current FLAC Centre Uniform on competition days. (FLAC Centre Top, black bottoms – no pockets or logos)
5. Every athlete who registers for relays will be given the opportunity to compete if possible.
6. FLAC relay co-ordinator compiles entries and sends entered athletes list/proposed teams to Age Group Managers who are responsible for initial team selection
7. Relay teams consist of four athletes and one emergency (optional) and can be over same age, same sex, mixed sex and multi age events.
8. Mixed Age Teams are the responsibility of the oldest competing age AGM and the FLAC Relay Committee to select & organise team in conjunction with AGM's from younger age groups.
9. Mixed sex teams are selected and organised in conjunction by AGM's from boy & girl groups and the FLAC Relay Committee.
10. Selecting teams.
 - o Where an age group has in-excess of 4 entered athletes, FLAC will attempt to recruit additional athletes to fill multiple teams.
 - o Where multiple teams are involved the AGM and the FLAC Relay Committee has the discretion to mix athletes over teams to provide an even mix of athlete's ability per team, or to choose teams based on team strength ie. A team, B Team, C Team.
11. When a team is selected on strength the purpose is to ensure the best team possible is selected to compete for FLAC. The team is chosen initially based upon the results of the first three weeks of FLAC Saturday competition with the fastest four athletes in each event chosen in the A team. ie. the first 4 X 200meter runners in week one entering relays may be chosen as 4 X 200 meter relay team. Changes to selection criteria can be made for reasons including but not limited to:
 - o Athlete's commitment and availability to attend FLAC sanctioned competitions and training sessions
 - o Athlete's attitude and training performance
 - o Injury, illness or unavailability of an athlete to compete at FLAC over weeks 1 - 3
 - o Athletes relay ability including baton changing and receiving
 - o History of performance for FLAC
12. AGM's will provide team selections to the FLAC Relay Coordinator, to be lodged with FLAC relay committee to verify, no later than Wednesday 26 October. Relay committee members who have children competing for selection will not be involved in the selection process for teams containing their own children. Teams will be announced on verification of relay committee.
13. In the instance of an AGM unable to commit to relay selection, the selection duty will revert to the FLAC Relay Coordinator and Relay Selection committee.
14. FLAC will attempt to publish selected teams two weeks in advance of event via an email to all entered athletes. All Athletes have the right to query team selection. The process of query is to email Frankston President with the details of the query within two days of teams being published. The Frankston President has the right to review selection and ratify or change selection at their discretion. To ensure minimal team disruption, the Frankston President will make a decision and respond to athlete's querying selection within 2 days of receipt.
15. On finalising teams FLAC Relay Coordinator or Team Manager to lodge with LAVic or associated event.
16. Only the 4 athletes competing at regional relays + the listed emergency are able to progress to State relay competition should the team qualify. Note: Athletes may only be entered into a maximum of 3 events (this includes if they are listed as an emergency).
17. Parents of competing athletes must be available to complete a rostered duty as required at Regional and/or State Relays.
- 18. All AGM's & FLAC Relay committee will abide by the principal of fair play and will attempt to provide every athlete to compete to the best of their ability and most importantly enjoy this team event**