

MENS THROWS PENTATHLON SCORING SHEETS (WMA 2010 FACTORS)

M30

Number	Name	7.26kg hammer		7.26kg shot		2kg discus		800gm javelin		15.88kg (35lbs) weight		Total
	Michael Laws	30.28	355	8.15	375	34.35	551	26.49	250	11.44	533	2064
	Amandeep Malik	26.12	289	9.36	447	23.55	339	38.08	414	7.75	327	1816

M35

Number	Name	7.26kg hammer		7.26kg shot		2kg discus		800gm javelin		15.88kg (35lbs) weight		Total
	Warren Jones	35.33	453	8.97	444	25.67	387	18.96	151	10.51	493	1928
	Anatoly Kirievsky	33.07	416	9.27	463	30.99	493	31.32	323	10.01	464	2159

M40

Number	Name	7.26kg hammer		7.26kg shot		2kg discus		800gm javelin		15.88kg (35lbs) weight		Total
	Stephen Henry	28.21	378	9.52	522	21.23	336	13.57	92	8.84	432	1760

M50

Number	Name	6kg hammer		6kg shot		1.5kg discus		700gm javelin		11.34kg (25lbs) weight		Total
	Phil Frikovic	42.87	691	12.25	750	34.72	573	29.75	392	15.38	800	3206
	Stephen Liggins	28.25	407	11.80	718	38.45	650	39.69	570	11.27	554	2899
	Jim Fassolis	43.19	697	11.46	694	27.11	419	25.29	314	13.86	709	2833
	Robert Clark	32.96	498	9.62	563	30.09	479	26.08	328	12.03	599	2467

M55

Number	Name	6kg hammer		6kg shot		1.5kg discus		700gm javelin		11.34kg (25lbs) weight		Total
	Rob Hanbury-Brown	29.01	482	10.04	652	31.30	559	29.75	439	12.88	704	2836

M60

Number	Name	5kg hammer		5kg shot		1kg discus		600gm javelin		9.08kg (20lbs) weight		Total
	Lajos Joni	37.37	658	10.86	701	34.57	599	23.27	340	15.22	785	3083

M65

Number	Name	5kg hammer		5kg shot		1kg discus		600gm javelin		9.08kg (20lbs) weight		Total
	Miet Dlugolecki	17.44	280	9.99	703	29.89	559	22.51	372	7.40	355	2269
	Bob Jones	14.48	211	5.39	327	13.28	188	11.09	126	6.06	273	1125
	David Ross	28.90	551	7.88	529	31.19	590	23.44	393	12.47	673	2736
	Raminder Singh	20.25	345	7.43	492	24.86	443	19.19	299	7.92	387	1966
	Richard ward	31.26	607	7.30	482	25.73	463	9.90	101	12.22	657	2310
	john west	17.94	291	7.36	487	23.21	406	25.85	448	8.82	443	2075

M70

Number	Name	4kg hammer		4kg shot		1kg discus		500gm javelin		7.26kg (16lbs) weight		Total
	Ken Stubbs	20.79	354	8.69	554	22.36	437	19.80	345	9.50	499	2189

M80

Number	Name	3kg hammer		3kg shot		1kg discus		400gm javelin		5.48kg (12lbs) weight		Total
	Ron Simcock	40.54	1105	10.49	838	23.87	649	28.71	740	15.01	999	4331