

| Event: | | | Hammer | | | Shot Put | | | Discus | | | Javelin | | | Weight | | | Total | Place |
|--------|---------------------|-----|--------|-------|--------|----------|-------|--------|--------|-------|--------|---------|-------|--------|--------|-------|--------|-------|-------|
| Grp | Name | Age | Dist | % | Points | Dist | % | Points | Dist | % | Points | Dist | % | Points | Dist | % | Points | Total | Place |
| M30 | Warren Jones | 33 | 34.12 | 40.98 | 417 | 9.32 | 41.98 | 445 | 26.32 | 37.01 | 393 | 27.51 | 29.74 | 264 | 10.52 | 42.42 | 481 | 2000 | 1 |
| M35 | Anatoly Kirievsky | 35 | 28.87 | 34.67 | 346 | 8.75 | 39.41 | 430 | 31.54 | 44.35 | 504 | 31.57 | 35.40 | 327 | 9.80 | 40.73 | 451 | 2058 | 2 |
| | Jamie Muscat | 37 | 40.79 | 51.10 | 545 | 13.18 | 59.37 | 708 | 42.78 | 60.15 | 734 | 34.63 | 40.37 | 371 | 12.40 | 53.20 | 601 | 2959 | 1 |
| M40 | Rodney Watson | 40 | 32.15 | 42.83 | 450 | 10.47 | 50.00 | 586 | 30.65 | 43.10 | 539 | 37.32 | 45.98 | 450 | 10.05 | 45.13 | 505 | 2530 | 1 |
| M45 | Matt Stenning | 47 | 34.66 | 53.49 | 561 | 7.82 | 43.52 | 450 | 27.41 | 44.14 | 524 | 7.80 | 10.98 | 22 | 10.99 | 55.06 | 613 | 2170 | 1 |
| M55 | Lajos Joni | 58 | 40.57 | 71.59 | 731 | 9.77 | 62.67 | 631 | 32.80 | 59.28 | 592 | 23.78 | 41.19 | 325 | 14.15 | 71.07 | 785 | 3064 | 2 |
| | Gavin Murray | 59 | 36.52 | 65.78 | 643 | 11.35 | 74.38 | 754 | 38.56 | 71.18 | 722 | 31.08 | 54.84 | 465 | 13.71 | 69.91 | 757 | 3341 | 1 |
| M60 | Mark Johnston | 60 | 39.20 | 65.75 | 698 | 10.39 | 63.47 | 665 | 40.02 | 62.88 | 716 | 20.73 | 34.32 | 290 | 13.71 | 63.47 | 694 | 3063 | 1 |
| | Tim Needham (guest) | 61 | 30.69 | 52.61 | 515 | 8.48 | 52.97 | 521 | 31.20 | 50.14 | 527 | 19.40 | 32.75 | 263 | 11.70 | 55.03 | 575 | 2401 | 2 |
| | Bob Jones | 63 | 15.49 | 27.12 | 196 | 5.19 | 33.14 | 276 | 15.55 | 25.55 | 208 | 11.99 | 20.63 | 121 | 5.38 | 25.70 | 210 | 1011 | 4 |
| | Dave Ross | 63 | 27.17 | 48.58 | 440 | 8.17 | 53.33 | 497 | 29.03 | 48.75 | 481 | 22.11 | 38.78 | 317 | 11.48 | 55.73 | 562 | 2297 | 3 |
| M65 | Raminder Singh | 67 | 18.98 | 36.89 | 315 | 7.20 | 51.25 | 473 | 25.09 | 45.96 | 449 | 20.63 | 39.01 | 331 | 7.79 | 40.24 | 379 | 1947 | 1 |
| M75 | Ron Simcock | 78 | 32.64 | 71.36 | 782 | 9.37 | 75.58 | 719 | 23.19 | 53.96 | 528 | 28.52 | 66.37 | 648 | 12.31 | 67.42 | 742 | 3419 | 1 |
| M90 | Max McKay | 90 | 17.82 | 61.30 | 690 | 5.27 | 68.18 | 554 | 9.93 | 37.09 | 352 | 9.10 | 31.85 | 250 | 6.31 | 41.76 | 482 | 2328 | 1 |

| Event: | | | Hammer | | | Shot Put | | | Discus | | | Javelin | | | Weight | | | Total | Place |
|--------|--------------------|-----|--------|-------|--------|----------|-------|--------|--------|-------|--------|---------|-------|--------|--------|--------|--------|-------|-------|
| Grp | Name | Age | Dist | % | Points | Dist | % | Points | Dist | % | Points | Dist | % | Points | Dist | % | Points | Total | Place |
| W30 | Melissa Holihan | 30 | 46.39 | 77.32 | 865 | 10.15 | 47.32 | 539 | 26.69 | 36.13 | 400 | 23.24 | 29.79 | 349 | 13.22 | 83.57 | 830 | 2983 | 1 |
| | Audrey Thomson | 34 | 27.39 | 45.65 | 444 | 9.52 | 44.38 | 498 | 28.15 | 38.11 | 428 | 13.09 | 18.61 | 162 | 9.05 | 60.74 | 528 | 2060 | 2 |
| W40 | Kellie Watson | 40 | 23.62 | 43.85 | 445 | 7.45 | 37.12 | 416 | 18.70 | 26.83 | 293 | 16.11 | 26.67 | 261 | 8.50 | 62.3 | 497 | 1912 | 3 |
| | Alice Bohdan | 41 | 18.28 | 34.65 | 311 | 7.80 | 40.00 | 441 | 23.24 | 34.21 | 386 | 20.66 | 35.14 | 358 | 7.57 | 56.32 | 430 | 1926 | 2 |
| | Samantha Latanis | 41 | 25.89 | 49.08 | 503 | 9.87 | 50.62 | 592 | 30.59 | 45.03 | 540 | 21.84 | 37.14 | 383 | 9.36 | 69.64 | 559 | 2577 | 1 |
| | Maria Cimino | 42 | 13.92 | 26.93 | 204 | 6.47 | 34.12 | 347 | 17.38 | 26.23 | 266 | 17.39 | 30.36 | 288 | 6.09 | 46.03 | 324 | 1429 | 4 |
| W45 | Gabrielle Watts | 47 | 35.38 | 75.61 | 821 | 10.47 | 63.34 | 694 | 36.14 | 61.63 | 724 | 21.90 | 43.48 | 426 | 12.47 | 101.46 | 873 | 3538 | 1 |
| | Caroline Layt | 48 | 31.37 | 68.39 | 709 | 10.05 | 62.50 | 661 | 27.46 | 47.98 | 521 | 15.60 | 31.81 | 279 | 11.51 | 95.05 | 796 | 2966 | 2 |
| W50 | Wendy Hord | 53 | 36.45 | 76.03 | 861 | 8.78 | 54.23 | 599 | 14.99 | 29.60 | 272 | 18.08 | 35.56 | 359 | 8.18 | 58.10 | 473 | 2564 | 2 |
| | Christine Shaw | 54 | 28.15 | 59.87 | 626 | 9.17 | 58.19 | 632 | 23.80 | 48.12 | 486 | 24.85 | 50.11 | 527 | 9.18 | 66.14 | 545 | 2816 | 1 |
| W55 | Ellena Cubban | 56 | 21.02 | 46.53 | 480 | 7.86 | 52.68 | 580 | 20.41 | 43.34 | 451 | 18.80 | 39.91 | 424 | 7.30 | 54.19 | 458 | 2393 | 2 |
| | Jill Taylor | 58 | 35.58 | 81.98 | 927 | 9.01 | 63.81 | 684 | 23.57 | 52.59 | 537 | 15.96 | 35.67 | 347 | 10.36 | 79.27 | 701 | 3196 | 1 |
| | Margaret Holihan | 58 | 24.57 | 57.73 | 587 | 6.77 | 49.24 | 482 | 14.13 | 32.28 | 284 | 15.43 | 35.36 | 332 | 6.43 | 49.88 | 390 | 2075 | 3 |
| W60 | Karen Jones | 61 | 15.96 | 38.23 | 375 | 4.18 | 31.22 | 288 | 9.79 | 22.90 | 200 | 5.75 | 13.50 | 86 | 6.24 | 39.72 | 345 | 1294 | 4 |
| | Adriana van Bockel | 61 | 21.74 | 53.15 | 566 | 5.63 | 43.27 | 428 | 16.22 | 38.92 | 385 | 11.70 | 28.22 | 252 | 7.87 | 50.84 | 464 | 2095 | 3 |
| | Kate Clarke | 61 | 22.19 | 55.38 | 581 | 7.55 | 59.68 | 617 | 21.44 | 52.74 | 543 | 18.82 | 46.60 | 457 | 9.86 | 64.70 | 611 | 2809 | 1 |
| | Jillian Senior | 62 | 21.76 | 55.38 | 567 | 6.08 | 49.37 | 472 | 14.49 | 36.53 | 334 | 11.10 | 28.19 | 235 | 8.93 | 59.45 | 542 | 2150 | 2 |
| W65 | Mary Thomas | 69 | 25.24 | 72.38 | 777 | 7.66 | 73.30 | 708 | 21.84 | 63.71 | 638 | 20.67 | 61.17 | 585 | 9.33 | 67.85 | 638 | 3346 | 1 |

| Age | WOMEN | 56lb | 100lb |
|-----|------------------|------|-------|
| 30 | Melissa Holihan | 4.01 | 2.12 |
| 34 | Audrey Thompson | 3.37 | 1.58 |
| 40 | Kellie Watson | 3.65 | 2.11 |
| 41 | Samantha Latanis | 3.77 | 2.10 |
| 48 | Caroline Layt | 3.94 | 2.14 |
| 45 | Lisa Mumberson | 3.52 | 1.88 |
| 54 | Christine Shaw | 3.51 | 1.56 |
| 58 | Jill Taylor | 3.09 | 1.35 |
| 62 | Jillian Senior | 2.65 | 1.22 |
| | | | |
| Age | MEN | 56lb | 100lb |
| 33 | Warren Jones | 6.01 | 2.5 |
| 37 | Jamie Muscat | 8.39 | 4.14 |
| 40 | Rodney Watson | 6.39 | 3.03 |
| 58 | Lajos Joni | 6.12 | 2.32 |
| 59 | Gavin Murray | 5.97 | x |
| 60 | Mark Johnston | 4.73 | x |
| 63 | Dave Ross | 4.04 | x |