



## New South Wales Masters Athletics Heavy Weight Weekend Summary Result Sheet

Competition: 2016 NSWMA 56lb Weight, 100lb Weight & Weight for Distance Championships

Date: Sunday Feb 07, 2016

Venue: Kerryn McCann Athletics Centre, Beaton Park, Wollongong

Name	Age Group	56lb Weight	100lb Weight	Weight for Distance	WfD Weight		
Michael Laws	M30	5.87	3.21	12.85	25lb		
Jamie Muscat	M35	8.84	4.64	13.02	25lb		
Stephen Henry	M40	6.20	3.32	16.14	25lb		
Rodney Watson	M40	6.89	3.77	14.23	25lb		
Dave Ross	M65	DNS	DNS	14.75	16lb		
Noel Donohoe	M75	4.14	2.22	11.11	12lb		
Melissa Holahan	W30	5.90	2.34	14.99	16lb		
Audrey Muscat	W35	4.29	1.92	12.89	16lb		
Jill Taylor	W60	2.75	1.59	15.83	4kg		
Adriana van Bockel	W60	2.12	1.00	11.19	4kg		
Mary Thomas	W70	2.38	0.96	11.00	4kg		