



# Woy Woy Peninsula Little Athletics

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## YEAR BOOK 2014/2015



Major sponsor 2014/2015:

ETTALONG  
BOWLING CLUB

Ettalong Beach  
**Community Bank®** Branch



WOY WOY PENINSULA LITTLE ATHLETICS - PO Box 481, WOY WOY NSW 2256

Website [www.woywoyplac.org](http://www.woywoyplac.org)

Email [woywoylittleathletics@gmail.com](mailto:woywoylittleathletics@gmail.com)

Facebook <https://www.facebook.com/#!/WoyWoyPeninsularLittleAthletics>

**Woy Woy Peninsula Little Athletics Centre Inc-  
Office Bearers for 2015/2016 Season**

**Contact Details**

|  |  |   |
|--|--|---|
| <b>President</b><br>Helen Rousell  | 0415 810 981   | jhrousell@hotmail.com   |
| <b>Vice-President</b><br>Steve Collins   | 0415 156 223   | bronzwhaler64@bigpond.com   |
| <b>Treasurer</b><br>Belinda Healey   | 0410 445 319   | belinda.healey6@bigpond.com   |
| <b>Secretary</b><br>Kylie Brown  | 0433 117 280   | kylieandpete@optusnet.com.au<br>or arrow8871@gmail.com  |
| <b>Registrar</b><br>Sylvia Turnbull  | 0414 093 045   | sylvia.turnbull68@yahoo.com   |
| <b>Records &amp; Rankings Officers</b><br>Lisa Holt  | 0404 885 306   | holtyfamily@gmail.com   |
| <b>Officer for Championships</b><br>Lesa White   | 0421 968 542   | lesa.white@det.nsw.edu.au   |
| <b>Officer for Organisation of Officials</b><br>Helen Rousell  | 0415 810 981   | jhrousell@hotmail.com   |
| <b>Officer for Age Managers</b><br>Vacant  |  |   |
| <b>Office for Public Relations &amp; Publicity</b><br>Kylie Brown  | 0433 117 280   | arrow8871@gmail.com   |
| <b>Officer for Trophy and Encouragement</b><br>Maeve Mitchell  | 0421 021 769   | destinkiah@hotmail.com  |
| <b>Officer for Coaching and Education</b><br>Mark Wilson<br>Robyn Brown<br>Phil Burgess<br>Mark Tucker<br>Karen Tucker | 0478 785 013<br>0422 600 348<br>0404 830 870<br>0417 442 290<br>0418 415 871 | marwil99@gmail.com<br>robyn-brown@bigpond.com<br>support@vikingstrength.com<br>mkkctucker@bigpond.com<br>mkkctucker@bigpond.com |
| <b>Officer for Technical and Equipment</b><br>Peter Brown  | 0403 339 988   | vectra72@optusnet.com.au  |

**Officer for Track and Field Co-ordination**

Vacant

**Officer for Catering (Canteen)**Vanessa Van Aalderen  
Linda Denning0410 436 262  
0424 140 240gvva2305@bigpond.net.au  
maddog1975@bigpond.com.au**Uniform Officers**Fiona Wadeson  
Belinda Barwell0425 275 858  
0411 435 491sfwadeson@optusnet.com.au  
bindyb7@optusnet.com.au**Officers for Sponsorship**

Vacant

**Officer for First Aid**Fiona Wadeson  
Tiffany Leggett0425 275 858  
0428 866 078sfwadeson@optusnet.com.au  
davitiff@exemail.com.au**General Committee Members**Vanessa Van Aalderen  
Linda Denning0410 436 262  
0424 140 240gvva2305@bigpond.net.au  
maddog1975@bigpond.com.au

## Woy Woy Peninsula Little Athletics Centre

Woy Woy Peninsula Little Athletics Centre welcomes you to the 2015/2016 season of Little Athletics. A warm welcome to all those who join us for the first time, and to those returning for another season.

Woy Woy Peninsula Little Athletics Centre commenced in 1983/1984. The first competition night was held on 23 September 1983 at Rogers Park, Woy Woy. Activities were relocated to McEvoy Oval, Umina in the 1986/1987 season, its current home apart from brief relocations to Ettalong Oval during oval refurbishment.

In 2015/2016 we welcome back our major sponsors, Ettalong Beach Community Bank Branch of Bendigo Bank and Ettalong Bowling Club. Their support assists financing our club trophies and awards. Please let them know when using their services that you attend Woy Woy Little Athletics Centre.

All the best for an enjoyable season ahead, keeping in mind that Little Athletics motto is **...FOR...FAMILY....FUN...and...FITNESS.**

### General Club Information

#### Volunteering your help

Little Athletics is run solely by volunteers - parents, families, past and present, who give their time enthusiastically to help run the evening successfully. Please do not leave all the work to other people, put up your hand and help.

Many of the duties such as timekeeping, recording, measuring, helping with setup / packup, etc are not as difficult as many parents believe. If you need help please speak to a member of the Committee who will be only be too happy to assist you.

This year it is a requirement that a parent/carer must offer their time to help at the Central Coast Zone Championships, Regional Championships and NSW State Championships if their child is competing at any of these events. An athletes entry form will not be accepted unless these terms are agreed to by a parent.

#### Fundraising

Fundraising is paramount to the sustainability of a non-profit organisation such as our Club. Unfortunately we do not have a Fundraising Officer appointed to the Committee for the 2015/16 Season. We have therefore had to continue with a Fundraising Levy of \$20 per athlete (incorporated into your registration fees) which will assist with the purchasing of new and maintenance of old equipment. Please be aware that a large proportion of your registration fees does not go directly to Woy Woy Little Athletics and what we have left is put towards trophies and end of season gifts for our athletes. Hence why it is so important we fundraise to ensure our athletes have the resources available to successfully and safely compete in Little Athletics.

## **Weather Cancellations**

As McEvoy oval drains quickly after rain, the committee make a decision by 4pm on a Friday as to whether competition will commence that evening. **Please check the website or Facebook** page for up to date information in the event of cancellation. Please do not try and contact committee members for an answer as we are all busy with our paid employment.

Lightening in outdoor sport is dangerous. We will appoint a weather watcher to monitor the weather forecasts and look for signs of developing local thunderstorms such as high winds, darkening clouds and any lightning or thunder. Our centre is guided by the Little Athletics Policy.

In the event of extreme heat it is important for athletes to carry extra water. Please look at our website for cancellations due to extreme heat.

## **Behaviour**

All competitors are expected to behave in a sportsman like manner. The use of foul or abusive language is not acceptable. Age Managers can exclude a competitor from an event or a night if behaviour is unsuitable. Continued misbehaviour or violent actions could lead to suspension and notification to the association. Parents and officials are reminded that they must set an example for the children. All families are asked to familiarise themselves with the Code of Conduct policy that is found on our website.

## **Uniforms**

The following must be worn on Friday nights to receive competition points:

- Official Woy Woy Peninsula Little A's centre uniform
- McDonalds Registration Number securely affixed to the front of the uniform top
- Jetstar Age Patch securely affixed to the left-hand side of your uniform either top or bottoms
- Jetstar Logo Badge securely affixed to the front right-hand side of the uniform top.

All members should compete in approved club uniform. All athletes must now be clothed in the new uniform design that was introduced 2 seasons ago. All uniforms can be ordered from the Uniform Officer on a Friday night. Orders will be placed if we do not have your size in stock. That may take 3 to 4 weeks. Children waiting for uniforms to arrive must compete with their Registration Number and Age Patch pinned on the front of their clothing. With the exception of those children waiting for uniform orders to arrive, **points will not be awarded to any children competing out of club uniform.**

## ***Age Patch***

Age Patches must be worn by all competitors on the front left hand side of the uniform, either the top or bottom. If you happen to lose or misplace your age patch please see the Registrar for a replacement.

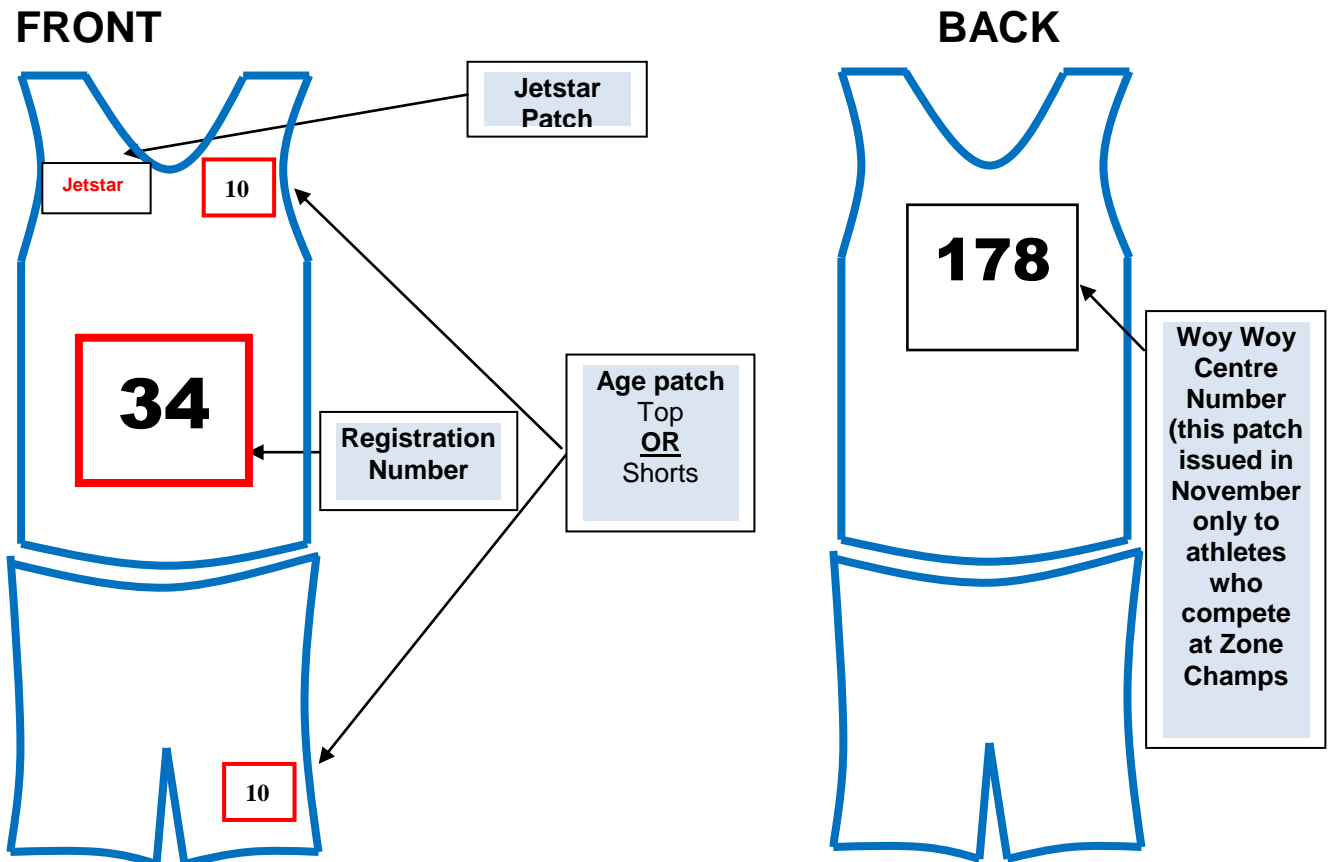
## Registration and Centre Numbers

Registration numbers must be worn on the front of the uniform top. **Please ensure that the red border around this number is visible.**

Our Centre Number is 178 and is worn on the back of the uniform top. This is an Association number and must be worn at all Association Events such as the Central Coast Zone Championships, Regional Championships, NSW State Championships, NSW State Multi Championships etc and other association and club carnival events. If any athlete decides to compete at any event outside our Friday competition nights please see the Registrar to obtain a 178 number, otherwise you may not be able to compete. Our Championships Officer will issue this patch to athletes closer to the time of the Central Coast Zone Championships.

All numbers must be visible while you are competing in an event. Jackets, jumpers, track pants etc must be removed while you are competing. In field events after you have completed your throw or jump you may replace jackets etc to keep warm before your next competition jump/throw. If registration numbers are lost there is a replacement fee of \$5.00. **An athlete must have the registration number attached to their shirt by the second week of competition, otherwise no competition points will be allocated.**

### Uniform Patch Diagram



## **Meetings**

Club committee meetings are currently held on the first Wednesday every month at 7.00pm at Ettalong Bowling Club. Any change to this time and venue will be published on the website. If you feel there is something that needs attention, please bring it to a committee member's attention. Any complaints should be given or posted to the Secretary in writing, or via email [woywoylittleathletics@gmail.com](mailto:woywoylittleathletics@gmail.com) There is a 20 day turnround, we aim to respond sooner.

## **Problems/Queries**

Please let the officials/age managers keep the night moving. If you have a problem on competition nights please direct them to the President. Any general queries can be directed to a committee member (a parent in blue shirt/fluro vest) who will do their best to help you.

## **Coaching**

Training by five qualified coaches who give their time generously is available to all members from the Under 6 age group and above and is free of charge.

- Mark Wilson –LAANSW Accredited - Basic Events - all ages and including field events and high jump.
- Robyn Brown – LAANSW Accredited – Basic Events – all ages and specialising in Long Jump / Triple Jump.
- Phil Burgess – LAANSW Accredited – Basic Events – all ages and specialising in Shot Put and Discus.
- Mark / Karen Tucker – all ages and specialising in sprints and long distance

Summer training will be held on Tuesdays at McEvoy Oval. Please check our website for up to date information, times, etc.

## Special Events

### Zone Championships

Every child from U7's up is eligible and encouraged to compete at the Central Coast Zone Little Athletics Carnival which is on the weekend of 11, 12 and 13 December 2015 at the Mingara Athletics Centre. (U7's don't compete past Zone). A maximum of 4 events can be entered except for U13 to U17's who can now compete in up to 6 events (no more than 4 in one day). Applications for entry will be handed out in early October and **must** be returned by **Friday 6<sup>th</sup> November 2014**. No late entries will be accepted. Details and program can be found on the following web site: [www.centralcoastathletics.com](http://www.centralcoastathletics.com).

With the exception of the U7's, those who finish 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> qualify for the Regional Championships which will be held at Glendale Sports Complex in February 2016.

2014/2015 saw a record number of athletes compete at Zone. We encourage any interested athletes to compete for the experience.

### Regional Championships

To enter the Regional Championships you must qualify through the Zone Carnival by placing in the first 3 in a final. The next 6 best times across all zones within our region are also taken.

Once again in 2014/2015 our athletes performed very well at the Regional Championships held at Glendale Sports Centre and should be proud of their achievements. Well done and congratulations to:

|                    |                        |                 |                   |
|--------------------|------------------------|-----------------|-------------------|
| Caitlin Allan      | Leisel Collins         | India Duguid    | Jesse Quinell     |
| Tahnee Ball        | Brock Van Alderen      | Zane Smith      | Charlotte Rousell |
| Lara Beer          | Daisy Duguid           | Ava Healey      | Lachlan Rousell   |
| Kala Bennett       | Luke Brown             | Zac Healey      | Mikayla Sonter    |
| Ryan Brown         | Kayleigh Hanna         | Bailey Holt     | Kyla Tucker       |
| Jessica Brown-Hall | Jed Hoyland            | Isabella Holt   | Alina Watson      |
| Ellena Grey        | Amber Leggett          | Jackson Quinell | Emily Yannis      |
| Abigail Grimes     | Charlize LloydPhillips | Cameron Steer   | Lewis Pratt       |
| Dylan Ryan         | Joshua Wadeson         | Damian Storey   | Sophie Pratt      |
| Iona Snape         | Heather Snape          | Zachary Straker |                   |



## **NSW Little Athletics State Championships – Track & Field**

In the 2014/2015 season we had a record number 9 people represent at the State Track and Field Championships at Sydney Olympic Stadium. We are extremely proud of the following athletes:

- Lachlan Rousell – 800m, 1500m & 3000m
- Charlotte Rousell – 400m & 800m
- Mikayla Sonter – 200m Hurdles
- Abigail Grimes – 1500m
- Kyla Tucker – 3000m
- Heather Snape – 1500m
- Tahnee Ball – 60m Hurdles
- Leisel Collins - Discus
- Luke Brown – 200m Hurdles

### **Dual Athletes**

Under a recent agreement with Little Athletics NSW and NSW Athletics, U12 to U17 athletes can also register with NSW Athletics at no extra cost (there may be a small charge at some clubs). This means older athletes can also compete in the NSW Country Championships within age groupings (held at Glendale near Newcastle in January 2016), and other Athletics NSW events, for that extra challenge, and, as in some cases, along with their whole family.

### **Club Pentathlon**

The Club Pentathlon is held every year on the first week back after the Christmas break. All competitors receive an engraved medal with their point score.

### **Weekly Results**

Little Athletics is committed to reducing our carbon footprint. The weekly results for all athletes will be available for viewing on the Results HQ website – [www.resultshq.com.au](http://www.resultshq.com.au). You will be asked to enter your email address and password that was emailed to you at the start of the season. If you have forgotten your password, you have the option of clicking on the “I’ve Forgotten my Password” link where you will be emailed it again.

There will be no tickets printed with results. Results can be handwritten into the athletes achievement booklets or printed off the website.

We will always endeavour to have the weekly results published prior to the following Friday night competition however please be mindful and patient as this is a large task and at times may be difficult to reach that timeframe.

The onus is on all parents/guardians/carers to log onto the website and check the results are correct. Any queries can be emailed to the Records and Ranking Officers, via our website.

## Awards

### Eunice Harris Memorial Award

This is the club's highest award. The criteria for recipients are Current Year Age Champion, Sportsmanship, Training at Club, representation at various carnivals outside club level, represent at the NSW State Championships. It is awarded to both a boy and girl. An athlete can only win the award once. The decision is made by the Committee at the end of the season.

### *Previous Award Winners*

| <u>Season</u> | <u>Boy</u>       | <u>Girl</u>       |
|---------------|------------------|-------------------|
| 1988-1989     | Raymond Hall     | Megan Underhill   |
| 1991-1992     | Joshua Ross      | Angela Murphy     |
| 1992-1993     | Jamie McMaster   | Kylie Coombes     |
| 1993-1994     | Adam Lovie       | Danielle Edwards  |
| 1994-1995     | Sean Heath       | Tracie Shackleton |
| 1995-1996     | Dean McGoldrick  | Kara Shackleton   |
| 1996-1997     | No award winner  | Katherine Peksis  |
| 1997-1998     | Chris Wood       | Sarah Walkley     |
| 1998-1999     | Aaron Hamstra    | Jessica Morrell   |
| 1999-2000     | Luke Peat        | Susan Sobczsak    |
| 2000-2001     | John Crocker     | Corrine Edwards   |
| 2001-2002     | Luke Donahue     | Samantha Tomlin   |
| 2002-2003     | Brayden Williame | Amanda Thorpe     |
| 2003-2004     | No award winner  | Elle Peters       |
| 2004-2005     | No award winner  | Amanda Bartrim    |
| 2005-2006     | Dylan Buhagiar   | Jenna Chapman     |
| 2006-2007     | No award winner  | No award winner   |
| 2007-2008     | No award winner  | No award winner   |
| 2008-2009     | No award winner  | No award winner   |
| 2009-2010     | No award winner  | Mikhali Clune     |
| 2010-2011     | No award winner  | Mikayla Sonter    |
| 2011-2012     | No award winner  | No award winner   |
| 2012-2013     | Lachlan Rousell  | No award winner   |
| 2013-2014     | No award winner  | No award winner   |
| 2014-2015     | No award winner  | No award winner   |

### Bob Walkley Highest Point Scorer Perpetual Award

This trophy is awarded to the highest overall point score. Points are awarded 5 for 1<sup>st</sup>, 4 for 2<sup>nd</sup>, 3 for 3<sup>rd</sup>, 2 for 4<sup>th</sup>, 1 for 5<sup>th</sup> in each event competed in. As the age groups have a differing number of events, averaging is used to assess the points equally, however for an age group to be considered there must be more than 5 athletes registered in that age group.

## **Keith Wilmot Award**

This award is calculated using the athlete's improved personal performance over the season. The recipients of other trophies are excluded from this award.

### ***Previous Award Winners***

| <b><u>Season</u></b> | <b><u>Boy</u></b> | <b><u>Girl</u></b>  |
|----------------------|-------------------|---------------------|
| 1992-1993            | No award winner   | Kara Shackleton     |
| 1993-1994            | Daniel Heilbron   | No award winner     |
| 1994-1995            | Jason Wright      | No award winner     |
| 1995-1996            | Jonathon Mark     | Katherine Peksis    |
| 1996-1997            | Grant Quick       | Charmaine Samsley   |
| 1997-1998            | Michael Paterson  | Rachel Woods        |
| 1998-1999            | Adam Rosenburg    | Hannah Leslie       |
| 1999-2000            | Jay Duckworth     | Samantha Mainwaring |
| 2000-2001            | Mitchell McAskill | Tamara Mainwaring   |
| 2001-2002            | Reece Jones       | Elise Cansdale      |
| 2002-2003            | Bryden Leach      | Melissa Ford        |
| 2003-2004            | Nicholas Car      | Rebecca Dick        |
| 2004-2005            | Jordan O'Donnell  | Rochelle Martin     |
| 2005-2006            | Luke Boxsell      | Morgan Thorndyke    |
| 2006-2007            | William Bishop    | Danielle Ross       |
| 2007-2008            | Riley Shipton     | Neve Parsons        |
| 2008-2009            | Benjamin Rogers   | Kayla Sutherland    |
| 2009-2010            | Kane Silman       | Sophie Williamson   |
| 2010-2011            | Luke Brown        | Tahlia Makepeace    |
| 2011-2012            | Calan Tucker      | Zali McGann         |
| 2012-2013            | Benjamin Rogers   | Emily Yannis        |
| 2013-2014            | Benjamin Rogers   | Alina Watson        |
| 2014-2015            | Lachlan Rousell   | Heather Snape       |

## **Age Champions**

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> in both Boys and Girls in each age group. Points are awarded the as the Bob Walkley Perpetual Award.

## **Encouragement Awards**

Age managers nominate those who they feel have made considerable effort etc to have a go on competition nights. Usually one per age group.

## **Year Awards**

Five and ten year awards are issued for five and ten year continuous membership.

### **Ron Finlayson Encouragement Award**

Ron Finlayson has been a strong supporter of the Club for many years through his role on the Board of the Ettalong Beach club and wanted to personally donate an award. Ron requested that the encouragement award be made to both an Under 12 Girl and Boy who have attempted their best throughout the season and all other recipients of the trophies are excluded. The Committee decides the Award winners after taking into account the recommendations made by the Under 12 Age Managers for their encouragement awards.

### ***Previous Award Winners***

| <b>Season</b> | <b>Boy</b>       | <b>Girl</b>       |
|---------------|------------------|-------------------|
| 2000-2001     | Paul Steel       | Sally Whatnall    |
| 2001-2002     | Matt Kennedy     | Rachael Leslie    |
| 2002-2003     | Timothy Alderson | Jessica O'Keeffe  |
| 2003-2004     | Craig Wilcox     | Katie Wood        |
| 2004-2005     | Jay Duckworth    | No award winner   |
| 2005-2006     | Sean O'Keeffe    | Sharni Williams   |
| 2006-2007     | no award winner  | no award winner   |
| 2007-2008     | Jacob Smith      | no award winner   |
| 2008-2009     | no award winner  | Jessamy King      |
| 2009-2010     | no award winner  | Danielle Ross     |
| 2010-2011     | no award winner  | Shallee Robertson |
| 2011-2012     | no award winner  | Abbey Johnson     |
| 2012-2013     | Rory Channon     | Emma Crocker      |
| 2013-2014     | Luke Brown       | Isabella Holt     |
| 2014-2015     | Jack Wilson      | Jasmine Jones     |

**CLUB AWARDS FOR 2013/2014 ATHLETIC SEASON**

**The Eunice Harris Memorial Award**

No Award Recipients

**Keith Wilmot Improved Personal Performance  
Award**

Girl - Heather Snape (U10)

Boy - Lachlan Rousell (U13)

**Bob Walkley Highest Point Scorer Award**

Sophie Pratt (U8)

**Ron Finlayson U/12 Encouragement Award**

Girl - Jasmine Jones

Boy - Jack Wilson

## Age Champions

### Girls

- Under 6**      1<sup>st</sup> Elka McGann  
                  2<sup>nd</sup> Isabella Nicolussi  
                  3<sup>rd</sup> Bridget Broome
- Encouragement** – Evie Marshall
- Under 7**      1<sup>st</sup> Elizabeth Rodham  
                  2<sup>nd</sup> Sophia Grey  
                  3<sup>rd</sup> Eva Lynch
- Encouragement** – Abbigail Grimish
- Under 8**      1<sup>st</sup> Sophie Pratt  
                  2<sup>nd</sup> Laura Reeves  
                  3<sup>rd</sup> Ruby Wilson
- Encouragement** – Gemma Montalbano
- Under 9**      1<sup>st</sup> Charlotte Rousell  
                  2<sup>nd</sup> Leilani Mitchell  
                  3<sup>rd</sup> Bella Hann
- Encouragement** – Millie Armstrong
- Under 10**     1<sup>st</sup> Heather Snape  
                  2<sup>nd</sup> Leisel Collins  
                  3<sup>rd</sup> India Duguid
- Encouragement** – Sarah Johnston-Patterson
- Under 11**     1<sup>st</sup> Kloe Bible  
                  2<sup>nd</sup> Daisy Duguid  
                  3<sup>rd</sup> Isabella Dodsworth
- Encouragement** – Mayah Armstrong
- Under 12**     1<sup>st</sup> Iona Snape  
                  2<sup>nd</sup> Charlize Lloyd-Phillips  
                  3<sup>rd</sup> Tahnee Ball
- Encouragement** – Jasmine Jones
- Under 13**     1<sup>st</sup> Emily Yannis  
                  2<sup>nd</sup> Kyla Tucker  
                  3<sup>rd</sup> Alina Watson
- Encouragement** – Samantha Smith
- Under 14**     1<sup>st</sup> Abigail Grimes  
                  2<sup>nd</sup> Sally Mislov  
                  3<sup>rd</sup> Laura Cooper
- Encouragement** – Jessica Johnston-Patterson
- Under 15**     1<sup>st</sup> Kiara Kelly  
                  2<sup>nd</sup> Caitlin Allen  
                  3<sup>rd</sup> Alesha Ball
- Encouragement** – Britney Thompson
- Under 17**     1<sup>st</sup> Mikayla Sonter

### Boys

- Under 6**      1<sup>st</sup> Hugh Argent  
                  2<sup>nd</sup> Brayden Ramsay  
                  3<sup>rd</sup> Edward Dehe
- Encouragement** – Jack Ellis
- Under 7**      1<sup>st</sup> Alex McCombe-Lopez  
                  2<sup>nd</sup> Kadin Mitchell  
                  3<sup>rd</sup> Raj Sharma
- Encouragement** – James Bowmaker
- Under 8**      1<sup>st</sup> Jake Argent  
                  2<sup>nd</sup> Mason Taylor  
                  3<sup>rd</sup> William Bruce Wallace
- Encouragement** – Damian Storey
- Under 9**      1<sup>st</sup> Dylan Ryan  
                  2<sup>nd</sup> Riley Holt  
                  3<sup>rd</sup> Zane Smith
- Encouragement** – Henri Dehe
- Under 10**     1<sup>st</sup> Lewis Pratt  
                  2<sup>nd</sup> Osker McCombe-Lopez  
                  3<sup>rd</sup> Kieran Diamond
- Encouragement** – Luka Szymanski
- Under 11**     1<sup>st</sup> Bailey Holt  
                  2<sup>nd</sup> Thomas Rodham  
                  3<sup>rd</sup> Ryan Brown
- Encouragement** – Cameron Cox
- Under 12**     1<sup>st</sup> Jamie Fussell  
                  2<sup>nd</sup> Cameron Steer  
                  3<sup>rd</sup> Israel Dedeigbo
- Encouragement** – Jack Wilson
- Under 13**     1<sup>st</sup> Luke Brown  
                  2<sup>nd</sup> Lachlan Rousell  
                  3<sup>rd</sup> Cameron Mills
- Encouragement** – Brock Van Aalderen
- Under 14**     1<sup>st</sup> Jackson Boyd
- Under 15**     1<sup>st</sup> Benjamin Rogers
- Under 17**     1<sup>st</sup> Jesse Quinell

### **Five year Continuous Membership Award Medals**

- ❖ Georgie Clun
- ❖ Lewis Pratt
- ❖ Calan tucker
- ❖ Logan Radford
- ❖ Sebastian Lovell
- ❖ Bailey Holt
- ❖ Shaun Turnbull
- ❖ Kyla Wadeson
- ❖ Lara Beer
- ❖ Courtney Diggelmann
- ❖ Britney Thompson

### **Ten year Continuous Membership Award Medals**

- ❖ Benjamin Rogers

### **100% Attendance Awards**

- ❖ Bridget Broome
- ❖ Edward Dehe
- ❖ Adam Cooper
- ❖ Kadin Mitchell
- ❖ Ruby Wilson
- ❖ Miriam Knox
- ❖ Damian Storey
- ❖ Leilani Mitchell
- ❖ Connor Conijn
- ❖ Logan Knox
- ❖ Bailey Chislett
- ❖ Henri Dehe
- ❖ Riley Holt
- ❖ Dylan Ryan
- ❖ Georgie Clune
- ❖ Sarah Johnston-Paterson
- ❖ Mathew Jenkins
- ❖ Kloe Bible
- ❖ Tallara Sonter
- ❖ Shaun Turnbull
- ❖ Bailey Holt
- ❖ Ryan Brown
- ❖ Jamie Fussell
- ❖ Jack Wilson
- ❖ Luke Brown
- ❖ Joshua Wadeson
- ❖ Laura Cooper
- ❖ Jessica Johnston-Paterson
- ❖ Abigail Grimes
- ❖ Caitlin Allan
- ❖ Kiara Kelly
- ❖ Benjamin Rogers
- ❖ Mikayla Sonter

### **Woy Woy Peninsula Little Athletics Centre Life Members**

- ❖ Graeme Hutch
- ❖ Pat Hutch
- ❖ Sam Sammut
- ❖ Lyn Sammut
- ❖ Ken Petersen
- ❖ Frank Underhill
- ❖ Denise Underhill
- ❖ Peter Maxwell-Coghlan
- ❖ Lorraine Maxwell-Coghlan
- ❖ Julie Peksis
- ❖ Robert Walkley
- ❖ Mirelle Edwards
- ❖ Suzanne Shackleton
- ❖ Graham Morrell
- ❖ Joy Morrell
- ❖ Brian Wildman
- ❖ Jamie O'Donnell
- ❖ Stephen Dwyer

## Woy Woy Peninsula Little Athletics Club Pentathlon Results

Our Club Pentathlon was held on 16 January 2015. Congratulations to everyone that competed on the night. The following is a list of the top 3 Places in each group.

### Girls

| <b>Under 6</b>                 | <b>Points</b> |
|--------------------------------|---------------|
| 1 <sup>st</sup> Elka McGann    | 2133          |
| 2 <sup>nd</sup> Bridget Broome | 1768          |
| 3 <sup>rd</sup> Harmony Mahon  | 1747          |

| <b>Under 7</b>                   | <b>Points</b> |
|----------------------------------|---------------|
| 1 <sup>st</sup> Elizabeth Rodham | 2848          |
| 2 <sup>nd</sup> Sophia Grey      | 2803          |
| 3 <sup>rd</sup> Alyssa Haremaker | 2768          |

| <b>Under 8</b>               | <b>Points</b> |
|------------------------------|---------------|
| 1 <sup>st</sup> Sophie Pratt | 3128          |
| 2 <sup>nd</sup> Laura Reeves | 2434          |
| 3 <sup>rd</sup> Ruby Wilson  | 2222          |

| <b>Under 9</b>                    | <b>Points</b> |
|-----------------------------------|---------------|
| 1 <sup>st</sup> Charlotte Rousell | 2992          |
| 2 <sup>nd</sup> Bella Hann        | 2636          |
| 3 <sup>rd</sup> Zali McGann       | 2475          |

| <b>Under 10</b>                | <b>Points</b> |
|--------------------------------|---------------|
| 1 <sup>st</sup> Leisel Collins | 3065          |
| 2 <sup>nd</sup> Taleia Rawling | 2757          |
| 3 <sup>rd</sup> Ava Healey     | 2663          |

| <b>Under 11</b>                    | <b>Points</b> |
|------------------------------------|---------------|
| 1 <sup>st</sup> Daisy Duguid       | 3232          |
| 2 <sup>nd</sup> Kloe Bible         | 2932          |
| 3 <sup>rd</sup> Isabella Dodsworth | 2870          |

| <b>Under 12</b>                 | <b>Points</b> |
|---------------------------------|---------------|
| 1 <sup>st</sup> Tahnee Ball     | 3386          |
| 2 <sup>nd</sup> Shannon Spencer | 2672          |
| 3 <sup>rd</sup> Lara Beer       | 2096          |

| <b>Under 13</b>                    | <b>Points</b> |
|------------------------------------|---------------|
| 1 <sup>st</sup> Kyla Tucker        | 2623          |
| 2 <sup>nd</sup> Alina Watson       | 2449          |
| 3 <sup>rd</sup> Jessica Brown-Hall | 2018          |

| <b>Under 14</b>                | <b>Points</b> |
|--------------------------------|---------------|
| 1 <sup>st</sup> Abigail Grimes | 3197          |
| 2 <sup>nd</sup> Sally Mislov   | 3062          |
| 3 <sup>rd</sup> Amber Leggett  | 2423          |

| <b>Under 15</b>               | <b>Points</b> |
|-------------------------------|---------------|
| 1 <sup>st</sup> Alesha Ball   | 2923          |
| 2 <sup>nd</sup> Kiara Kelly   | 2728          |
| 3 <sup>rd</sup> Caitlin Allan | 2425          |

| <b>Under 16</b>                | <b>Points</b> |
|--------------------------------|---------------|
| 1 <sup>st</sup> Mikayla Sonter | 2656          |

### Boys

| <b>Under 6</b>                 | <b>Points</b> |
|--------------------------------|---------------|
| 1 <sup>st</sup> Brayden Ramsay | 2394          |
| 2 <sup>nd</sup> Hugh Argent    | 2263          |
| 3 <sup>rd</sup> Jack Ellis     | 1902          |

| <b>Under 7</b>                      | <b>Points</b> |
|-------------------------------------|---------------|
| 1 <sup>st</sup> Alex McCoombe-Lopez | 2982          |
| 2 <sup>nd</sup> Kadin Mitchell      | 2793          |
| 3 <sup>rd</sup> Luke Ramirez        | 2639          |

| <b>Under 8</b>                         | <b>Points</b> |
|--|---------------|
| 1 <sup>st</sup> Jake Argent            | 2645          |
| 2 <sup>nd</sup> William Bruton Wallace | 2541          |
| 3 <sup>rd</sup> Ben Willoughby         | 2425          |

| <b>Under 9</b>              | <b>Points</b> |
|-----------------------------|---------------|
| 1 <sup>st</sup> Dylan Ryan  | 3390          |
| 2 <sup>nd</sup> Henri Dehe  | 3347          |
| 3 <sup>rd</sup> Jed Hoyland | 3168          |

| <b>Under 10</b>                      | <b>Points</b> |
|--------------------------------------|---------------|
| 1 <sup>st</sup> Kieran Diamond       | 3341          |
| 2 <sup>nd</sup> Lewis Pratt          | 3161          |
| 3 <sup>rd</sup> Oscar McCoombe-Lopez | 2986          |

| <b>Under 11</b>                | <b>Points</b> |
|--------------------------------|---------------|
| 1 <sup>st</sup> Bailey Holt    | 3637          |
| 2 <sup>nd</sup> Ryan Brown     | 3290          |
| 3 <sup>rd</sup> Shaun Turnbull | 3269          |

| <b>Under 12</b>                     | <b>Points</b> |
|-------------------------------------|---------------|
| 1 <sup>st</sup> Israel Dedeigbo     | 3384          |
| 2 <sup>nd</sup> Jamie Fussell       | 3322          |
| 3 <sup>rd</sup> Cooper-Jay Staunton | 3009          |

| <b>Under 13</b>                 | <b>Points</b> |
|---------------------------------|---------------|
| 1 <sup>st</sup> Lachlan Rousell | 2910          |
| 2 <sup>nd</sup> Cameron Mills   | 2535          |
| 3 <sup>rd</sup> Zac Healey      | 2420          |

| <b>Under 15</b>                 | <b>Points</b> |
|---------------------------------|---------------|
| 1 <sup>st</sup> Benjamin Rogers | 2965          |



## 2014/2015 Centre Results and Records

### Centre Records

Centre Records can only be set on our Friday Competition Nights at McEvoy Oval. This has always been the policy since the centre commenced back in 1983/1984. Records for all events are displayed on the front of the Age Manager's folder.

In all running events the official timers will have the sole responsibility in the timing of the events and it will only be from this source that records will be recognised by the Committee. Please note that parents and coaches who separately time an event will do so for their own purposes. Any time from this source will not be recognised by the Committee as a centre Record. Sometimes problems do occur with the timing device etc. but this only happens on the rare occasion.

In all field events the Age Manager has the responsibility to ensure that the athlete completes a throw or jump in accordance with the rules for that event. If an Age Manager believes that a Record has been broken they must stop the event (especially in High Jump, Long and Triple Jump) and get a Committee Member to verify the distance, height etc. before the record can be recognised. The committee Member will re-measure the throw or jump, check the implement being used is correct for that age group and in Long Jump for U/6 to U/12 the imprint on the takeoff area.

In respect to High Jump, the Committee Member must measure the height of the bar, prior to the athlete attempting the Record, not after the Jump. Please find a Committee Member for this if a record is about to be attempted.

**Field Event Records will not be recognised unless a Committee Member has verified the record and signed the Field Event Sheet on the night.**

All records broken will be presented at the next Committee meeting by the Records and Ranking Officer for ratification. Once ratified the Record will be confirmed and an Award issued to the Athlete on Presentation Day in recognition of their achievement.

### The following Records were broken during the 2013-2014 season:

|                  |          |              |         |          |
|------------------|----------|--------------|---------|----------|
| ▪ Mikayla Sonter | U17 Girl | 60m          | 8.86    | 30/01/15 |
| ▪ Mikayla Sonter | U17 Girl | 100m         | 12.76   | 24/10/14 |
| ▪ Mikayla Sonter | U17 Girl | 100m Hurdles | 17.97   | 24/10/14 |
| ▪ Mikayla Sonter | U17 Girl | 200m         | 28.19   | 27/02/15 |
| ▪ Mikayla Sonter | U17 Girl | 400m         | 1-10.30 | 20/02/15 |
| ▪ Mikayla Sonter | U17 Girl | 800m         | 3-20.21 | 16/01/15 |
| ▪ Mikayla Sonter | U17 Girl | 200m Hurdles | 32.51   | 20/02/15 |
| ▪ Mikayla Sonter | U17 Girl | Triple Jump  | 9.38    | 20/02/15 |
| ▪ Mikayla Sonter | U17 Girl | Long Jump    | 4.80    | 27/02/15 |
| ▪ Cameron Steer  | U12 Boy  | Javelin      | 25.35   | 30/01/15 |
| ▪ Kala Bennett   | U12 Girl | Javelin      | 16.62   | 30/01/15 |
| ▪ Daisy Duguid   | U11 Girl | 1500m        | 5:37.93 | 07/11/14 |

\*U16/U17's records began in 2007/2008 season. Up to and including the 2009-2010, season the under U16/U17's used U15 equipment specifications. From 2010/2011 new equipment to reflect LAA NSW guidelines.

## 2014 / 2015 Centre Results

### UNDER 6 GIRLS

| 2014 / 2015 CENTRE EVENT RESULTS |                   |         | CENTRE EVENT RECORDS |                   |         |               |
|----------------------------------|-------------------|---------|----------------------|-------------------|---------|---------------|
| EVENT                            | NAME              | RESULT  | EVENT                | NAME              | RESULT  | DATE ACHIEVED |
| 50M                              | Isabella Nicolusi | 10.84   | 50M                  | K Coombes         | 9.42    | 01/11/1990    |
| 70M                              | Elka McGann       | 15.17   | 70M                  | L Dunn            | 12.05   | 01/03/1985    |
| 100M                             | Elka McGann       | 21.14   | 100M                 | Kylie Coombes     | 18.73   | 01/03/1991    |
| 200M                             | Elka McGann       | 43.53   | 200M                 | Charlotte Rousell | 41.87   | 06/01/2012    |
| 300M (Pack)                      | Elka McGann       | 1-13.65 | 300M (Pack)          | Charlotte Rousell | 1-10.55 | 16/12/2011    |
| Long Jump                        | Elka McGann       | 2.51    | Long Jump            | Georgia Gordon    | 2.85    | 19/12/2003    |
| Shot Put                         | Allira Lowe       | 4.35    | Shot Put             | Amara Pilson      | 4.41    | 27/02/2009    |
| Discus                           | Allira Lowe       | 9.99    | Discus               | Rebecca Dick      | 11.40   | 27/02/2004    |

### UNDER 6 BOYS

| 2014 / 2015 CENTRE EVENT RESULTS |                |         | CENTRE EVENT RECORDS |                       |        |               |
|----------------------------------|----------------|---------|----------------------|-----------------------|--------|---------------|
| EVENT                            | NAME           | RESULT  | EVENT                | NAME                  | RESULT | DATE ACHIEVED |
| 50M                              | Joshua Dearing | 9.84    | 50M                  | Trent Buhagiar        | 8.86   | 02/02/2007    |
| 70M                              | Jack Ellis     | 13.70   | 70M                  | Tim Bell              | 12.56  | 01/03/1992    |
| 100M                             | Hugh Argent    | 19.81   | 100M                 | S Dixon               | 17.91  | 01/03/1990    |
| 200M                             | Brayden Ramsey | 42.54   | 200M                 | A Myles               | 39.49  | 01/02/1990    |
| 300M (Pack)                      | Hugh Argent    | 1-12.57 | 300M (Pack)          | J O'Donnell           | 1-07.4 | 02/03/2001    |
| Long Jump                        | Brayden Ramsey | 2.54    | Long Jump            | T Buhagiar            | 2.96   | 05/03/2004    |
| Shot Put                         | William Dabin  | 4.26    | Shot Put             | T Buhagiar & L Podnar | 5.38   | 05/03/2004    |
| Discus                           | Hugh Argent    | 11.97   | Discus               | T Buhagiar            | 14.54  | 31/10/2003    |

### UNDER 7 GIRLS

| 2014 / 2015 CENTRE EVENT RESULTS |                  |         | CENTRE EVENT RECORDS |                |         |               |
|----------------------------------|------------------|---------|----------------------|----------------|---------|---------------|
| EVENT                            | NAME             | RESULT  | EVENT                | NAME           | RESULT  | DATE ACHIEVED |
| 50M                              | Alyssa Haremaker | 9.95    | 50M                  | Kristy Knight  | 8.91    | 01/01/1994    |
| 70M                              | Eva Lynch        | 12.45   | 70M                  | A Peters       | 11.51   | 01/03/1991    |
| 100M                             | Elizabeth Rodham | 19.41   | 100M                 | A Peters       | 17.3    | 01/03/1991    |
| 200m                             | Sophia Grey      | 40.28   | 200m                 | M O'Connor     | 38.12   | 22/11/1991    |
| 500M (Pack)                      | Sophia Grey      | 2-03.30 | 500M (Pack)          | Kylie Coombes  | 1-59.36 | 06/03/1992    |
| Long Jump                        | Sophia Grey      | 2.74    | Long Jump            | Georgia Gordon | 2.99    | 17/12/2004    |
| Discus                           | Abigail Grimmish | 10.14   | Discus               | Emily Diaz     | 14.35   | 14/01/2005    |
| Shot Put                         | Elizabeth Rodham | 5.10    | Shot Put             | K Reilly       | 8.92    | 01/11/1987    |

## UNDER 7 BOYS

| 2014 / 2015 CENTRE EVENT RESULTS |                |         | CENTRE EVENT RECORDS |             |         |               |
|----------------------------------|----------------|---------|----------------------|-------------|---------|---------------|
| EVENT                            | NAME           | RESULT  | EVENT                | NAME        | RESULT  | DATE ACHIEVED |
| 50M                              | Noah Constable | 9.27    | 50M                  | L Cornish   | 8.7     | 24/03/2000    |
| 70M                              | Raj Sharma     | 12.54   | 70M                  | Tim Bell    | 11.37   | 01/03/1993    |
| 100M                             | Raj Sharma     | 17.84   | 100M                 | J Moore     | 16.54   | 01/03/1990    |
| 200M                             | Raj Sharma     | 38.62   | 200M                 | R Hall      | 35.85   | 01/03/1998    |
| 500M (Pack)                      | Raj Sharma     | 1-53.35 | 500M (Pack)          | R Hall      | 1-44.49 | 01/02/1988    |
| Long Jump                        | Noah Constable | 2.82    | Long Jump            | T Buhagiar  | 3.32    | 28/01/2005    |
| Shot Put                         | Raj Sharma     | 6.67    | Shot Put             | D Whitehead | 7.3     | 01/02/1984    |
| Discus                           | Raj Sharma     | 16.24   | Discus               | T Buhagiar  | 16.77   | 11/03/2005    |

## UNDER 8 GIRLS

| 2014 / 2015 CENTRE EVENT RESULTS |              |         | CENTRE EVENT RECORDS |                |         |               |
|----------------------------------|--------------|---------|----------------------|----------------|---------|---------------|
| EVENT                            | NAME         | RESULT  | EVENT                | NAME           | RESULT  | DATE ACHIEVED |
| 70M                              | Sophie Pratt | 12.38   | 70M                  | A Beauchamp    | 11.17   | 01/01/1991    |
| 100M                             | Sophie Pratt | 17.24   | 100M                 | L Dunn         | 16.22   | 01/03/1987    |
| 200M                             | Laura Reeves | 40.20   | 200M                 | Kylie Coombes  | 36.50   | 05/03/1993    |
| 400M                             | Sophie Pratt | 1-38.45 | 400M                 | A Murphy       | 1-22.33 | 07/02/1992    |
| 60M hurdles                      | Sophie Pratt | 12.21   | 60M hurdles          | C Hardwick     | 12.20   | 20/03/1998    |
| Long Jump                        | Sophie Pratt | 3.48    | Long Jump            | Leisel Collins | 3.56    | 19/10/2012    |
| Shot Put                         | Sophie Pratt | 6.09    | Shot Put             | S Hudson       | 6.81    | 01/01/1990    |
| Discus                           | Sophie Pratt | 12.38   | Discus               | S Hudson       | 16.03   | 01/01/1990    |
| (700M) Pack                      | Sophie Pratt | 3-06.84 | (700M) Pack          | A Murphy       | 2-38.40 | 13/03/1992    |

## UNDER 8 BOYS

| 2014 / 2015 CENTRE EVENT RESULTS |                        |         | CENTRE EVENT RECORDS |              |         |               |
|----------------------------------|------------------------|---------|----------------------|--------------|---------|---------------|
| EVENT                            | NAME                   | RESULT  | EVENT                | NAME         | RESULT  | DATE ACHIEVED |
| 70M                              | Damian Storey          | 12.43   | 70M                  | T McDonald   | 11.10   | 07/01/2000    |
| 100M                             | Jake Argent            | 17.87   | 100M                 | R Hall       | 15.78   | 01/03/1989    |
| 200M                             | William Bruton-Wallace | 40.41   | 200M                 | R Hall       | 33.92   | 01/03/1989    |
| 400M                             | Mason Taylor           | 1-34.57 | 400M                 | R Hall       | 1-16.66 | 01/12/1988    |
| 60M hurdles                      | William Bruton-Wallace | 13.01   | 60M hurdles          | Luke Donahue | 11.40   | 05/12/1997    |
| Long Jump                        | Jake Argent            | 2.94    | Long Jump            | Luke Podnar  | 3.69    | 10/03/2006    |
| Shot Put                         | Jake Argent            | 5.20    | Shot Put             | N Coffey     | 9.72    | 01/11/1987    |
| Discus                           | Jake Argent            | 11.54   | Discus               | C Currie     | 22.92   | 31/12/1993    |
| (700M) Pack                      | Mason Taylor           | 2-56.92 | (700M) Pack          | R Hall       | 2-27.18 | 01/12/1988    |

## UNDER 9 GIRLS

| 2014 / 2015 CENTRE EVENT RESULTS |                                  |         | CENTRE EVENT RECORDS |                 |         |               |
|----------------------------------|----------------------------------|---------|----------------------|-----------------|---------|---------------|
| EVENT                            | NAME                             | RESULT  | EVENT                | NAME            | RESULT  | DATE ACHIEVED |
| 70M                              | Charlotte Rousell                | 12.47   | 70M                  | K Rowbotham     | 10.59   | 01/03/2002    |
| 100M                             | Charlotte Rousell                | 17.53   | 100M                 | Shellie Wilkes  | 15.30   | 26/03/1999    |
| 200M                             | Charlotte Rousell                | 36.92   | 200M                 | Shellie Wilkes  | 32.70   | 26/03/1999    |
| 400M                             | Charlotte Rousell                | 1-20.06 | 400M                 | Emily Mullen    | 1-15.60 | 27/03/1998    |
| 800M                             | Charlotte Rousell                | 3-09.53 | 800M                 | Emily Mullen    | 2-52.7  | 27/03/1998    |
| 700M Walk                        |                                  |         | 700M Walk            | Samantha Tomlin | 4-07.50 | 14/03/1997    |
| 60M hurdles                      | Charlotte Rousell                | 12.84   | 60M hurdles          | Shellie Wilkes  | 11.00   | 26/03/1999    |
| Long Jump                        | Charlotte Rousell                | 3.13    | Long Jump            | T Miller        | 3.57    | 11/03/2005    |
| High Jump                        | Charlotte Rousell / Ellie Towill | 0.97    | High Jump            | B Whitehead     | 1.15    | 01/12/1996    |
| Shot Put                         | Charlotte Rousell                | 5.75    | Shot Put             | E Cansdale      | 7.35    | 15/03/2002    |
| Discus                           | Leilani Mitchell                 | 12.70   | Discus               | Emily Diaz      | 21.49   | 23/02/2007    |

## UNDER 9 BOYS

| 2014 / 2015 CENTRE EVENT RESULTS |                 |         | CENTRE EVENT RECORDS |                         |         |               |
|----------------------------------|-----------------|---------|----------------------|-------------------------|---------|---------------|
| EVENT                            | NAME            | RESULT  | EVENT                | NAME                    | RESULT  | DATE ACHIEVED |
| 70M                              | Jed Hoyland     | 11.59   | 70M                  | Luke Podnar             | 10.87   | 10/11/2006    |
| 100M                             | Jed Hoyland     | 16.70   | 100M                 | J Ross & D Whitehead    | 14.61   | 01/01/1990    |
| 200M                             | Dylan Ryan      | 34.90   | 200M                 | D Whitehead             | 31.70   | 01/03/1986    |
| 400M                             | Dylan Ryan      | 1-18.63 | 400M                 | R Hall                  | 1-12.04 | 01/10/1989    |
| 800M                             | Zachary Straker | 3-00.48 | 800M                 | R Hall                  | 2-41.79 | 01/03/1990    |
| 700M Walk                        |                 |         | 700M Walk            | D Booth                 | 3-52.52 | 27/02/1997    |
| 60M hurdles                      | Bailey Chislett | 11.84   | 60M hurdles          | Joshua Ross             | 10.09   | 01/11/1989    |
| Long Jump                        | Zachary Straker | 3.51    | Long Jump            | Trent Buhagiar          | 4.10    | 09/03/2007    |
| High Jump                        | Cade Hatfield   | 1.10    | High Jump            | R Hall, J Ross, D Booth | 1.25    | 01/03/1990    |
| Shot Put                         | Zane Smith      | 6.51    | Shot Put             | J McMaster              | 10.23   | 08/11/1991    |
| Discus                           | Zane Smith      | 16.77   | Discus               | C Currie                | 25.74   | 24/02/1995    |

## UNDER 10 GIRLS

| 2014 / 2015 CENTRE EVENT RESULTS |                |         | CENTRE EVENT RECORDS |                 |         |               |
|----------------------------------|----------------|---------|----------------------|-----------------|---------|---------------|
| EVENT                            | NAME           | RESULT  | EVENT                | NAME            | RESULT  | DATE ACHIEVED |
| 70M                              | Heather Snape  | 11.72   | 70M                  | Shellie Wilkes  | 10.70   | 17/03/2000    |
| 100M                             | Heather Snape  | 16.20   | 100M                 | J Peterson      | 14.56   | 01/02/1987    |
| 200M                             | Heather Snape  | 32.96   | 200M                 | Shellie Wilkes  | 31.30   | 17/03/2000    |
| 400M                             | Heather Snape  | 1-15.08 | 400M                 | Amanda Morris   | 1-11.20 | 13/02/1998    |
| 800M                             | Heather Snape  | 2-49.39 | 800M                 | K Dent          | 2-46.40 | 01/02/1990    |
| 1500M                            | Heather Snape  | 5-56.40 | 1500M                | Emily Mullen    | 5-47.80 | 26/02/1999    |
| 1100M Walk                       |                |         | 1100M Walk           | Samantha Tomlin | 6-02.50 | 13/03/1998    |
| 60M Hurdles                      | Heather Snape  | 12.75   | 60M Hurdles          | J Peterson      | 10.62   | 01/02/1987    |
| Long Jump                        | Leisel Collins | 3.72    | Long Jump            | Teigan Miller   | 4.17    | 10/03/2006    |
| High Jump                        | Leisel Collins | 1.10    | High Jump            | Samantha Tomlin | 1.22    | 07/11/1997    |
| Shot Put                         | Madison Dabin  | 6.39    | Shot Put             | E Cansdale      | 8.22    | 03/01/2003    |
| Discus                           | Leisel Collins | 19.24   | Discus               | A Brady         | 21.35   | 24/03/2000    |

## UNDER 10 BOYS

| 2014 / 2015 CENTRE EVENT RESULTS |                      |         | CENTRE EVENT RECORDS |                |         |               |
|----------------------------------|----------------------|---------|----------------------|----------------|---------|---------------|
| EVENT                            | NAME                 | RESULT  | EVENT                | NAME           | RESULT  | DATE ACHIEVED |
| 70M                              | Lewis Pratt          | 11.44   | 70M                  | Luke Donahue   | 10.30   | 24/03/2000    |
| 100M                             | Lewis Pratt          | 15.95   | 100M                 | D Whitehead    | 13.22   | 01/03/1987    |
| 200M                             | Oscar McCoombe-Lopez | 31.33   | 200M                 | R Hall         | 30.40   | 01/02/1991    |
| 400M                             | Kieran Diamond       | 1-16.63 | 400M                 | R Hall         | 1-12.05 | 01/02/1991    |
| 800M                             | Keiran Diamond       | 2-49.40 | 800M                 | R Hall         | 2-43.08 | 01/03/1991    |
| 1500M                            | Keiran Diamond       | 5-37.62 | 1500M                | M Taylor       | 5-29.11 | 01/02/1998    |
| 1100M Walk                       |                      |         | 1100M Walk           | D Booth        | 6-14.00 | 27/03/1998    |
| 60M Hurdles                      | Luka Szymanski       | 12.55   | 60M Hurdles          | P Haime        | 10.31   | 01/10/1986    |
| Long Jump                        | Lewis Pratt          | 3.72    | Long Jump            | Trent Buhagiar | 4.28    | 29/02/2008    |
| High Jump                        | Logan Radford        | 1.14    | High Jump            | D Whitehead    | 1.38    | 01/10/1986    |
| Shot Put                         | Logan Radford        | 7.07    | Shot Put             | T Arnold       | 8.76    | 01/12/1985    |
| Discus                           | Keiran Diamond       | 17.40   | Discus               | L Crutcher     | 32.80   | 01/02/1985    |

## UNDER 11 GIRLS

| 2014 / 2015 CENTRE EVENT RESULTS |                    |         | CENTRE EVENT RECORDS |                 |         |               |
|----------------------------------|--------------------|---------|----------------------|-----------------|---------|---------------|
| EVENT                            | NAME               | RESULT  | EVENT                | NAME            | RESULT  | DATE ACHIEVED |
| 100M                             | Zali Fulton        | 16.49   | 100M                 | B Martin        | 14.07   | 01/03/1991    |
| 200M                             | Isabella Dodsworth | 35.29   | 200M                 | Shellie Wilkes  | 30.00   | 23/03/2001    |
| 400M                             | Daisy Duguid       | 1:18.72 | 400M                 | Shellie Wilkes  | 1-06.50 | 23/03/2001    |
| 800M                             | Daisy Duguid       | 2-49.30 | 800M                 | Emily Mullen    | 2-44.60 | 19/11/1999    |
| 1500M                            | Daisy Duguid       | 5-37.92 | 1500M                | Daisy Duguid    | 5-37.92 | 07/11/2014    |
| 1100M Walk                       |                    |         | 1100M Walk           | Samantha Tomlin | 6-07.10 | 30/10/1998    |
| 60M Hurdles                      | Isabella Dodsworth | 12.79   | 60M Hurdles          | Hayley Oliver   | 10.62   | 31/12/1993    |
| Long Jump                        | Sophie Boyd        | 3.62    | Long Jump            | Amanda Thorpe   | 4.27    | 07/03/2003    |
| High Jump                        | Sophie Boyd        | 1.12    | High Jump            | Samantha Tomlin | 1.33    | 05/03/1999    |
| Triple Jump                      | Daisy Duguid       | 7.13    | Triple Jump          | Amanda Thorpe   | 9.08    | 31/01/2003    |
| Shot Put                         | Grace Atchison     | 6.10    | Shot Put             | V Lovie         | 8.86    | 05/11/1995    |
| Discus                           | Zoe Williamson     | 11.72   | Discus               | V Lovie         | 22.86   | 08/12/1995    |

## UNDER 11 BOYS

| 2014 / 2015 CENTRE EVENT RESULTS |               |         | CENTRE EVENT RECORDS |              |         |               |
|----------------------------------|---------------|---------|----------------------|--------------|---------|---------------|
| EVENT                            | NAME          | RESULT  | EVENT                | NAME         | RESULT  | DATE ACHIEVED |
| 100M                             | Bailey Holt   | 15.17   | 100M                 | Joshua Ross  | 13.41   | 06/03/1992    |
| 200M                             | Bailey Holt   | 31.05   | 200M                 | Luke Donahue | 30.00   | 17/11/2000    |
| 400M                             | Bailey Holt   | 1-15.82 | 400M                 | P McInerney  | 1-08.00 | 01/03/1990    |
| 800M                             | Bailey Holt   | 2-51.74 | 800M                 | R Hall       | 2-34.36 | 08/11/1991    |
| 1500M                            | Bailey Holt   | 6-09.89 | 1500M                | J Stratton   | 5-26.2  | 23/03/2001    |
| 1100M Walk                       |               |         | 1100M Walk           | D Booth      | 6-11.7  | 02/10/1998    |
| 60M Hurdles                      | Bailey Holt   | 11.89   | 60M Hurdles          | Luke Donahue | 10.30   | 23/03/2001    |
| Long Jump                        | Bailey Holt   | 4.12    | Long Jump            | Luke Podnar  | 4.92    | 06/02/2009    |
| High Jump                        | Thomas Rodham | 1.30    | High Jump            | D Whitehead  | 1.45    | 01/12/1987    |
| Triple Jump                      | Bailey Holt   | 7.96    | Triple Jump          | B Williame   | 9.14    | 28/11/2003    |
| Shot Put                         | Ryan Brown    | 8.87    | Shot Put             | B Rogers     | 10.18   | 11/02/2011    |
| Discus                           | Ryan Brown    | 20.00   | Discus               | D Whitehead  | 33.13   | 01/11/1987    |

## UNDER 12 GIRLS

| 2014 / 2015 CENTRE EVENT RESULTS |                         |         | CENTRE EVENT RECORDS |                  |         |               |
|----------------------------------|-------------------------|---------|----------------------|------------------|---------|---------------|
| EVENT                            | NAME                    | RESULT  | EVENT                | NAME             | RESULT  | DATE ACHIEVED |
| 100M                             | Iona Snape              | 14.96   | 100M                 | Cassandra Webber | 13.47   | 12/01/2007    |
| 200M                             | Iona Snape              | 31.92   | 200M                 | Cassandra Webber | 28.70   | 09/03/2007    |
| 400M                             | Iona Snape              | 1-12.96 | 400M                 | Cassandra Webber | 1-07.64 | 08/12/2006    |
| 800M                             | Iona Snape              | 2-46.16 | 800M                 | Megan Underhill  | 2-32.77 | 01/02/1989    |
| 1500M                            | Iona Snape              | 5-49.23 | 1500M                | Megan Underhill  | 5-00.15 | 01/02/1989    |
| 1500M Walk                       |                         |         | 1500M Walk           | Samantha Tomlin  | 8-43.70 | 24/03/2000    |
| 60M Hurdles                      | Tahnee Ball             | 11.66   | 60M Hurdles          | Tracy Shackleton | 10.20   | 05/03/1993    |
| Long Jump                        | Charlize Lloyd-Phillips | 4.08    | Long Jump            | Amanda Thorpe    | 5.15    | 05/03/2004    |
| High Jump                        | Charlize Lloyd-Phillips | 1.35    | High Jump            | J Peterson       | 1.45    | 01/03/1989    |
| Triple Jump                      | Charlize Lloyd-Phillips | 8.82    | Triple Jump          | Amanda Thorpe    | 10.35   | 05/03/2004    |
| Shot Put                         | Charlize Lloyd-Phillips | 8.32    | Shot Put             | A McMaster       | 10.48   | 24/01/1997    |
| Javelin                          | Kala Bennett            | 16.62   | Javelin              | Kala Bennett     | 16.62   | 30/01/2015    |
| Discus                           | Iona Snape              | 17.24   | Discus               | E Cansdale       | 23.65   | 11/03/2005    |
|                                  |                         |         |                      |                  |         |               |

## UNDER 12 BOYS

| 2014 / 2015 CENTRE EVENT RESULTS |                 |         | CENTRE EVENT RECORDS |               |         |               |
|----------------------------------|-----------------|---------|----------------------|---------------|---------|---------------|
| EVENT                            | NAME            | RESULT  | EVENT                | NAME          | RESULT  | DATE ACHIEVED |
| 100M                             | Cameron Steer   | 14.40   | 100M                 | Bradman Best  | 13.37   | 11/01/2013    |
| 200M                             | Cameron Steer   | 29.44   | 200M                 | Bradman Best  | 28.05   | 02/11/2012    |
| 400M                             | Israel Dedeigbo | 1-10.58 | 400M                 | R Hall        | 1-04.54 | 11/12/1992    |
| 800M                             | Tom Herbert     | 2-44.77 | 800M                 | M Barron      | 2-31.38 | 01/02/1987    |
| 1500M                            | Tom Herbert     | 5-45.58 | 1500M                | R Hall        | 5-10.58 | 26/02/1993    |
| 1500M Walk                       |                 |         | 1500M Walk           | R Ryan        | 8-56.31 | 15/02/2002    |
| 60M Hurdles                      | Cameron Steer   | 11.26   | 60M Hurdles          | Joshua Ross   | 9.43    | 05/03/1993    |
| Long Jump                        | Jamie Fussell   | 4.18    | Long Jump            | B Williame    | 4.82    | 11/03/2005    |
| High Jump                        | Cameron Steer   | 1.28    | High Jump            | D Whitehead   | 1.51    | 01/02/1989    |
| Triple Jump                      | Jamie Fussell   | 8.28    | Triple Jump          | B Williame    | 10.22   | 15/10/2004    |
| Shot Put                         | Cameron Steer   | 7.63    | Shot Put             | A Lovie       | 10.66   | 01/01/1991    |
| Javelin                          | Cameron Steer   | 25.35   | Javelin              | Cameron Steer | 25.35   | 30/01/2015    |
| Discus                           | Lachlan Spencer | 17.86   | Discus               | B Lovie       | 34.48   | 01/03/1989    |
|                                  |                 |         |                      |               |         |               |

## UNDER 13 GIRLS

| 2014 / 2015 CENTRE EVENT RESULTS |                    |          | CENTRE EVENT RECORDS |                  |          |               |
|----------------------------------|--------------------|----------|----------------------|------------------|----------|---------------|
| EVENT                            | NAME               | RESULT   | EVENT                | NAME             | RESULT   | DATE ACHIEVED |
| 100M                             | Alina Watson       | 14.63    | 100M                 | Hayley Oliver    | 13.10    | 02/10/1995    |
| 200M                             | Alina Watson       | 29.36    | 200M                 | Kylie Wildman    | 27.80    | 26/03/1999    |
| 400M                             | Alina Watson       | 1-10.76  | 400M                 | Katherine Peksis | 1-02.60  | 07/03/1997    |
| 800M                             | Emily Yannis       | 2-48.89  | 800M                 | Katherine Peksis | 2-27.55  | 01/11/1996    |
| 1500M                            | Kyla Tucker        | 6-04.83  | 1500M                | Megan Underhill  | 4-55.34  | 01/11/1989    |
| 3000M                            | Kyla Tucker        | 12-42.44 | 3000M                | Holly Speerin    | 12-01.26 | 14/03/2003    |
| 1500M Walk                       |                    |          | 1500M Walk           | K Hall           | 8-00.01  | 01/12/1988    |
| 80M H                            | Kyla Tucker        | 17.66    | 80M H                | Kylie Wildman    | 13.50    | 26/03/1999    |
| 200M H                           | Alina Watson       | 34.83    | 200M H               | Kylie Wildman    | 29.90    | 26/03/1999    |
| Long Jump                        | Jessica Brown-Hall | 4.12     | Long Jump            | Amanda Thorpe    | 4.95     | 04/03/2005    |
| High Jump                        | Isabella DeVivo    | 1.38     | High Jump            | J Peterson       | 1.50     | 01/02/1990    |
| Triple Jump                      | Isabella Holt      | 8.79     | Triple Jump          | Amanda Thorpe    | 10.61    | 12/11/2004    |
| Shot Put                         | Isabella DeVivo    | 6.81     | Shot Put             | D Searston       | 9.36     | 03/02/1995    |
| Discus                           | Jessica Brown-Hall | 19.14    | Discus               | Elise Cansdale   | 31.63    | 10/03/2006    |
| Javelin                          | Emily Yannis       | 18.58    | Javelin              | Susan Sobczak    | 26.18    | 26/02/1999    |
| 60M Run                          | Alina Watson       | 9.17     | 60M Run              | Cassandra Webber | 8.16     | 21/12/2007    |

## UNDER 13 BOYS

| 2014 / 2015 CENTRE EVENT RESULTS |                   |          | CENTRE EVENT RECORDS |                  |          |               |
|----------------------------------|-------------------|----------|----------------------|------------------|----------|---------------|
| EVENT                            | NAME              | RESULT   | EVENT                | NAME             | RESULT   | DATE ACHIEVED |
| 100M                             | Luke Brown        | 13.52    | 100M                 | Chris Marshall   | 12.22    | 01/02/1987    |
| 200M                             | Luke Brown        | 27.93    | 200M                 | K Moore          | 27.43    | 04/10/2002    |
| 400M                             | Lachlan Rousell   | 1-10.74  | 400M                 | Chris Marshall   | 1-01.66  | 01/12/1986    |
| 800M                             | Lachlan Rousell   | 2-37.09  | 800M                 | N Tiko           | 2-27.04  | 07/03/2003    |
| 1500M                            | Lachlan Rousell   | 5-15.04  | 1500M                | Chris Marshall   | 4-55.94  | 01/12/1986    |
| 3000M                            | Lachlan Rousell   | 11-18.16 | 3000M                | J Stratton       | 10-29.82 | 07/03/2003    |
| 1500M Walk                       |                   |          | 1500M Walk           | David Mainwaring | 7-55.97  | 28/02/2003    |
| 80M Hurdles                      | Luke Brown        | 15.02    | 80M Hurdles          | Chris Wood       | 13.30    | 27/03/1998    |
| 200M H                           | Luke Brown        | 33.39    | 200M H               | Chris Woods      | 30.80    | 27/03/1998    |
| Long Jump                        | Luke Brown        | 4.50     | Long Jump            | Brayden Williame | 4.90     | 03/03/2006    |
| High Jump                        | Zac Healey        | 1.40     | High Jump            | D Whitehead      | 1.60     | 01/12/1989    |
| Triple Jump                      | Luke Brown        | 9.36     | Triple Jump          | Luke Donahue     | 10.45    | 06/12/2002    |
| Shot Put                         | Luke Brown        | 8.35     | Shot Put             | A Lovie          | 13.03    | 20/03/1992    |
| Discus                           | Luke Brown        | 18.20    | Discus               | Aaron Hamstra    | 35.80    | 13/03/1998    |
| Javelin                          | Harrison Marshall | 25.57    | Javelin              | Aaron Hamstra    | 32.35    | 06/03/1998    |
| 60M Run                          | Jackson Quinell   | 9.09     | 60M Run              | Luke Donahue     | 8.10     | 20/02/2003    |



## UNDER 14 GIRLS

| 2014 / 2015 CENTRE EVENT RESULTS |                           |          | CENTRE EVENT RECORDS |                  |          |               |
|----------------------------------|---------------------------|----------|----------------------|------------------|----------|---------------|
| EVENT                            | NAME                      | RESULT   | EVENT                | NAME             | RESULT   | DATE ACHIEVED |
| 100M                             | Abigail Grimes            | 12.95    | 100M                 | Hayley Oliver    | 13.20    | 08/11/1996    |
| 200M                             | Abigail Grimes            | 29.10    | 200M                 | K Shackleton     | 27.60    | 27/02/1998    |
| 400M                             | Abigail Grimes            | 1-10.53  | 400M                 | Katherine Peksis | 1-02.50  | 06/02/1998    |
| 800M                             | Abigail Grimes            | 2-48.99  | 800M                 | Katherine Peksis | 2-29.00  | 27/02/1998    |
| 1500M                            | Abigail Grimes            | 6-09.35  | 1500M                | Megan Underhill  | 5-03.45  | 01/03/1991    |
| 3000M                            | Abigail Grimes            | 12-56.47 | 3000M                | Holly Speerin    | 12-47.50 | 01/11/2002    |
| 1500M Walk                       |                           |          | 1500M Walk           | K Hall           | 8-14.82  | 01/01/1990    |
| 80M Hurdles                      | Laura Cooper              | 16.47    | 80M Hurdles          | Kylie Wildman    | 13.10    | 03/12/1999    |
| 200M H                           | Abigail Grimes            | 34.36    | 200M H               | Kylie Wildman    | 31.40    | 11/02/2000    |
| Long Jump                        | Amber Leggett             | 4.25     | Long Jump            | Shellie Wilkes   | 5.10     | 24/10/2003    |
| High Jump                        | Abigail Grimes            | 1.46     | High Jump            | Tara Shackleton  | 1.62     | 03/03/1995    |
| Triple Jump                      | Abigail Grimes            | 8.70     | Triple Jump          | Amanda Thorpe    | 10.69    | 18/11/2005    |
| Shot Put                         | Sally Mislov              | 7.68     | Shot Put             | D Searston       | 9.64     | 20/10/1995    |
| Discus                           | Sally Mislov              | 19.12    | Discus               | C Edwards        | 24.77    | 16/02/2001    |
| Javelin                          | Jessica Johnston Paterson | 15.99    | Javelin              | Susan Sobczak    | 21.66    | 17/03/2000    |
| 60M Run                          | Sally Mislov              | 9.08     | 60M Run              | Jenna Chapman    | 8.40     | 23/11/2007    |

## UNDER 14 BOYS

| 2014 / 2015 CENTRE EVENT RESULTS |              |         | CENTRE EVENT RECORDS |                       |          |               |
|----------------------------------|--------------|---------|----------------------|-----------------------|----------|---------------|
| EVENT                            | NAME         | RESULT  | EVENT                | NAME                  | RESULT   | DATE ACHIEVED |
| 100M                             | Jackson Boyd | 15.34   | 100M                 | T Edwards             | 12.15    | 01/10/1989    |
| 200M                             | Jackson Boyd | 33.46   | 200M                 | P Steel               | 24.96    | 18/10/2002    |
| 400M                             | Jackson Boyd | 1-14.10 | 400M                 | C Marshall, A Hamstra | 59.80    | 01/02/1998    |
| 800M                             | Jackson Boyd | 2-49.86 | 800M                 | Dylan Buhagiar        | 2-28.85  | 14/03/2008    |
| 1500M                            | Jackson Boyd | 5-44.92 | 1500M                | J Stratton            | 4-58.66  | 15/03/2004    |
| 3000M                            |              |         | 3000M                | J Stratton            | 10-22.26 | 26/03/2004    |
| 1500M Walk                       |              |         | 1500M Walk           | D Mainwaring          | 7-28.86  | 28/11/2003    |
| 90M Hurdles                      | Jackson Boyd | 19.16   | 90M Hurdles          | C Wood                | 13.50    | 30/10/1998    |
| 200M H                           | Jackson Boyd | 38.26   | 200M H               | Aaron Hamstra         | 27.50    | 27/11/1998    |
| Long Jump                        | Jackson Boyd | 4.06    | Long Jump            | D Manuelle            | 5.54     | 07/03/2003    |
| High Jump                        | Jackson Boyd | 1.40    | High Jump            | D Manuelle            | 1.75     | 28/02/2003    |
| Triple Jump                      |              |         | Triple Jump          | Luke Donahue          | 11.19    | 30/01/2004    |
| Shot Put                         | Jackson Boyd | 6.19    | Shot Put             | Aaron Hamstra         | 12.93    | 26/03/1999    |
| Discus                           | Jackson Boyd | 12.04   | Discus               | Aaron Hamstra         | 49.26    | 26/03/1999    |
| Javelin                          | Jackson Boyd | 13.23   | Javelin              | Aaron Hamstra         | 47.50    | 12/03/1999    |
| 60M Run                          | Jackson Boyd | 9.90    | 60M Run              | Kevin Moore           | 7.83     | 26/09/2003    |

## UNDER 15 GIRLS

| 2014 / 2015 CENTRE EVENT RESULTS |               |         | CENTRE EVENT RECORDS |                                      |          |               |
|----------------------------------|---------------|---------|----------------------|--------------------------------------|----------|---------------|
| EVENT                            | NAME          | RESULT  | EVENT                | NAME                                 | RESULT   | DATE ACHIEVED |
| 100M                             | Kiara Kelly   | 13.10   | 100M                 | D Taylor, D Edwards,<br>K Shackleton | 13.20    | 01/10/1988    |
| 200M                             | Kiara Kelly   | 29.19   | 200M                 | Kara Shackleton                      | 26.60    | 26/03/1999    |
| 400M                             | Kiara Kelly   | 1-12.22 | 400M                 | Katherine Peksis                     | 1-08.80  | 27/11/1998    |
| 800M                             | Kiara Kelly   | 2-55.27 | 800M                 | Katherine Peksis                     | 2-26.70  | 05/03/1999    |
| 1500M                            |               |         | 1500M                | Katherine Peksis                     | 5-34.40  | 13/11/1998    |
| 3000M                            |               |         | 3000M                | Katherine Peksis                     | 11-47.90 | 13/11/1998    |
| 1500M Walk                       |               |         | 1500M Walk           | Sarah Walkley                        | 8-13.80  | 27/02/1998    |
| 90M Hurdles                      | Alesha Ball   | 18.09   | 90M Hurdles          | Jessica Morrell                      | 14.50    | 26/03/1999    |
| 200M H                           | Alesha Ball   | 32.90   | 200M H               | Shellie Wilkes                       | 30.83    | 08/10/2004    |
| Long Jump                        | Kiara Kelly   | 4.18    | Long Jump            | Samantha Tomlin                      | 5.08     | 14/03/2003    |
| High Jump                        | Alesha Ball   | 1.30    | High Jump            | Tara Shackleton                      | 1.66     | 05/01/1996    |
| Triple Jump                      | Alesha Ball   | 8.88    | Triple Jump          | Samantha Tomlin                      | 9.69     | 06/12/2002    |
| Shot Put                         | Alesha Ball   | 7.32    | Shot Put             | Susan Sobczak                        | 10.11    | 23/03/2001    |
| Discus                           | Caitlin Allen | 17.09   | Discus               | Amanda Bartrim                       | 26.60    | 10/03/2006    |
| Javelin                          | Caitlin Allen | 17.62   | Javelin              | Susan Sobczak                        | 28.07    | 23/03/2001    |
| 60M Run                          | Kiara Kelly   | 8.80    | 60M Run              | Mikayla Sonter                       | 8.32     | 08/02/2013    |

## UNDER 15 BOYS

| 2014 / 2015 CENTRE EVENT RESULTS |                 |          | CENTRE EVENT RECORDS |               |          |               |
|----------------------------------|-----------------|----------|----------------------|---------------|----------|---------------|
| EVENT                            | NAME            | RESULT   | EVENT                | NAME          | RESULT   | DATE ACHIEVED |
| 100M                             | Benjamin Rogers | 12.41    | 100M                 | T Edwards     | 11.83    | 01/02/1991    |
| 200M                             | Benjamin Rogers | 32.37    | 200M                 | Aaron Hamstra | 25.50    | 24/10/1999    |
| 400M                             | Benjamin Rogers | 1-12.90  | 400M                 | C Marshall    | 55.86    | 01/03/1989    |
| 800M                             | Benjamin Rogers | 2-47.86  | 800M                 | C Marshall    | 2-20.65  | 01/01/1989    |
| 1500M                            | Benjamin Rogers | 6-03.65  | 1500M                | J Stratton    | 4-47.59  | 26/11/2004    |
| 3000M                            | Benjamin Rogers | 15-05.74 | 3000M                | J Stratton    | 10-26.37 | 19/11/2004    |
| 1500M Walk                       |                 |          | 1500M Walk           | Cameron Bruce | 8-24.58  | 03/03/2006    |
| 100m H                           | Benjamin Rogers | 18.97    | 100m H               | C Wood        | 14.80    | 08/10/1999    |
| 200M H                           | Benjamin Rogers | 36.30    | 200M H               | Aaron Hamstra | 28.00    | 29/10/1999    |
| Long Jump                        | Benjamin Rogers | 4.05     | Long Jump            | Robert Cross  | 5.90     | 14/03/2008    |
| High Jump                        | Benjamin Rogers | 1.17     | High Jump            | D Manuelle    | 1.70     | 09/12/2003    |
| Triple Jump                      | Benjamin Rogers | 8.75     | Triple Jump          | Luke Donahue  | 11.80    | 18/02/2005    |
| Shot Put                         | Benjamin Rogers | 8.32     | Shot Put             | Aaron Hamstra | 14.62    | 24/03/2000    |
| Discus                           | Benjamin Rogers | 23.24    | Discus               | Aaron Hamstra | 54.79    | 15/03/2000    |
| Javelin                          | Benjamin Rogers | 16.15    | Javelin              | Aaron Hamstra | 55.91    | 04/02/2000    |
| 60M Run                          | Benjamin Rogers | 9.62     | 60M Run              | Robert Cross  | 7.87     | 14/03/2008    |

## UNDER 16 GIRLS

| 2014 / 2015 CENTRE EVENT RESULTS |      |        | CENTRE EVENT RECORDS |                 |         |               |
|----------------------------------|------|--------|----------------------|-----------------|---------|---------------|
| EVENT                            | NAME | RESULT | EVENT                | NAME            | RESULT  | DATE ACHIEVED |
| 100M                             | n/a  |        | 100M                 | Mikayla Sonter  | 13.77   | 17/01/2014    |
| 200M                             |      |        | 200M                 | Mikayla Sonter  | 28.96   | 14/02/2014    |
| 400M                             |      |        | 400M                 | Mikayla Sonter  | 1-05.26 | 07/02/2014    |
| 800M                             |      |        | 800M                 | Georgia Gordon  | 2-55.22 | 06/12/2013    |
| 1500M                            |      |        | 1500M                | Georgia Gordon  | 6-25.55 | 18/10/2013    |
| 3000M                            |      |        | 3000M                |                 |         |               |
| 1500M Walk                       |      |        | 1500M Walk           |                 |         |               |
| 90M H                            |      |        | 90M H                | Elle Carr       | 57.00   | 25/01/2008    |
| 100M H                           |      |        | 100M H               | Mikayla Sonter  | 18.28   | 07/02/2014    |
| 200M H                           |      |        | 200M H               | Mikayla Sonter  | 32.23   | 11/10/2013    |
| Long Jump                        |      |        | Long Jump            | Mikayla Sonter  | 4.69    | 14/02/2014    |
| High Jump                        |      |        | High Jump            | Georgia Gordon  | 1.36    | 18/10/2013    |
| Triple Jump                      |      |        | Triple Jump          | Georgia Gordon  | 9.47    | 15/11/2013    |
| Shot Put                         |      |        | Shot Put             | Georgia Gordon  | 8.75    | 07/02/2014    |
| Discus                           |      |        | Discus               | Rochelle Martin | 26.87   | 19/03/2010    |
| Javelin                          |      |        | Javelin              | Rochelle Martin | 21.30   | 20/11/2009    |
| 60M Run                          |      |        | 60M Run              | Mikayla Sonter  | 8.91    | 14/02/2014    |

## UNDER 16 BOYS

| 2014 / 2015 CENTRE EVENT RESULTS |      |        | CENTRE EVENT RECORDS |               |          |               |
|----------------------------------|------|--------|----------------------|---------------|----------|---------------|
| EVENT                            | NAME | RESULT | EVENT                | NAME          | RESULT   | DATE ACHIEVED |
| 100M                             | n/a  |        | 100M                 | Robert Cross  | 12.71    | 10/10/2008    |
| 200M                             |      |        | 200M                 | Mathew Isok   | 26.95    | 16/11/2007    |
| 400M                             |      |        | 400M                 | Mathew Isok   | 1-00.99  | 16/11/2007    |
| 800M                             |      |        | 800M                 | Mathew Isok   | 2-21.39  | 11/01/2008    |
| 1500M                            |      |        | 1500M                | Luke Martin   | 11-03.88 | 01/01/2010    |
| 3000M                            |      |        | 3000M                | Mathew Isok   | 13-00.45 | 23/11/2007    |
| 1500M Walk                       |      |        | 1500M Walk           |               |          |               |
| 100 H                            |      |        | 100 H                | Mathew Isok   | 20.63    | 25/01/2008    |
| 200M H                           |      |        | 200M H               | Mathew Isok   | 30.06    | 19/10/2007    |
| Long Jump                        |      |        | Long Jump            | Robert Cross  | 5.90     | 30/01/2009    |
| High Jump                        |      |        | High Jump            | Robert Cross  | 1.80     | 30/01/2009    |
| Triple Jump                      |      |        | Triple Jump          | Luke Martin   | 9.45     | 15/01/2010    |
| Shot Put                         |      |        | Shot Put             | Jesse Quinell | 11.17    | 01/11/2013    |
| Discus                           |      |        | Discus               | Luke Martin   | 27.10    | 05/02/2010    |
| Javelin                          |      |        | Javelin              | Robert Cross  | 27.40    | 07/11/2008    |
| 60M Run                          |      |        | 60M Run              | Mathew Isok   | 7.97     | 14/03/2008    |

## UNDER 17 GIRLS

| 2014 / 2015 CENTRE EVENT RESULTS |                |         | CENTRE EVENT RECORDS |                 |         |               |
|----------------------------------|----------------|---------|----------------------|-----------------|---------|---------------|
| EVENT                            | NAME           | RESULT  | EVENT                | NAME            | RESULT  | DATE ACHIEVED |
| 100M                             | Mikayla Sonter | 12.76   | 100M                 | Mikayla Sonter  | 12.76   | 24/10/2014    |
| 200M                             | Mikayla Sonter | 28.19   | 200M                 | Mikayla Sonter  | 28.19   | 27/02/2015    |
| 400M                             | Mikayla Sonter | 1-10.28 | 400M                 | Mikayla Sonter  | 1-10.28 | 20/02/2015    |
| 800M                             | Mikayla Sonter | 3-20.21 | 800M                 | Mikayla Sonter  | 3-20.21 | 16/01/2015    |
| 1500M                            |                |         | 1500M                |                 |         |               |
| 3000M                            |                |         | 3000M                |                 |         |               |
| 1500M Walk                       |                |         | 1500M Walk           |                 |         |               |
| 100 H                            | Mikayla Sonter | 17.97   | 100 H                | Mikayla Sonter  | 17.97   | 24/10/14      |
| 200M H                           | Mikayla Sonter | 32.51   | 200M H               | Mikayla Sonter  | 32.51   | 20/02/2015    |
| Long Jump                        | Mikayla Sonter | 4.80    | Long Jump            | Mikayla Sonter  | 4.80    | 27/02/2015    |
| High Jump                        | Mikayla Sonter | 1.05    | High Jump            | Mikhali Clune   | 1.35    | 16/12/2011    |
| Triple Jump                      | Mikayla Sonter | 9.38    | Triple Jump          | Mikayla Sonter  | 9.38    | 20/02/2015    |
| Shot Put                         | Mikayla Sonter | 5.74    | Shot Put             | Rochelle Martin | 11.00   | 14/01/2011    |
| Discus                           | Mikayla Sonter | 13.45   | Discus               | Rochelle Martin | 27.80   | 21/01/2011    |
| Javelin                          | Mikayla Sonter | 11.15   | Javelin              | Rochelle Martin | 29.50   | 28/01/2011    |
| 60M Run                          | Mikayla Sonter | 8.86    | 60M Run              | Mikayla Sonter  | 8.86    | 30/01/2015    |

## UNDER 17 BOYS

| 2014 / 2015 CENTRE EVENT RESULTS |               |         | CENTRE EVENT RECORDS |                |         |               |
|----------------------------------|---------------|---------|----------------------|----------------|---------|---------------|
| EVENT                            | NAME          | RESULT  | EVENT                | NAME           | RESULT  | DATE ACHIEVED |
| 100M                             | Jesse Quinell | 13.97   | 100M                 | Michael Pain   | 12.69   | 08/02/2013    |
| 200M                             | Jesse Quinell | 32.93   | 200M                 | Michael Pain   | 26.62   | 02/11/2012    |
| 400M                             | Jesse Quinell | 1-16.29 | 400M                 | Michael Pain   | 1-05.46 | 09/11/2012    |
| 800M                             | Jesse Quinell | 3-23.49 | 800M                 | Michael Pain   | 2-32.01 | 02/11/2012    |
| 1500M                            | Jesse Quinell |         | 1500M                | Michael Pain   | 5-47.42 | 15/02/2013    |
| 3000M                            | Jesse Quinell |         | 3000M                |                |         |               |
| 1500M Walk                       | Jesse Quinell |         | 1500M Walk           |                |         |               |
| 100 H                            | Jesse Quinell |         | 100 H                | Luke Martin    | 18.27   | 04/10/2010    |
| 200M H                           | Jesse Quinell |         | 200M H               | Michael Pain   | 30.25   | 19/10/2012    |
| Long Jump                        | Jesse Quinell | 3.95    | Long Jump            | Michael Pain   | 5.06    | 08/03/2013    |
| High Jump                        | Jesse Quinell |         | High Jump            | Blayden Butler | 1.54    | 01/11/2013    |
| Triple Jump                      | Jesse Quinell |         | Triple Jump          | Blayden Butler | 9.94    | 01/11/2013    |
| Shot Put                         | Jesse Quinell | 10.66   | Shot Put             | Luke Martin    | 11.69   | 14/01/2011    |
| Discus                           | Jesse Quinell | 20.89   | Discus               | Luke Martin    | 34.14   | 11/02/2011    |
| Javelin                          | Jesse Quinell | 20.26   | Javelin              | Luke Martin    | 35.18   | 14/01/2011    |
| 60M Run                          | Jesse Quinell |         | 60M Run              | Michael Pain   | 7.96    | 08/02/2013    |

## Club Rules and Regulations

In order for our events to be conducted in a safe and efficient manner, it is necessary to have some basic rules and regulations. It is in the interests of all our competitors that we ask everyone to cooperate and adhere to the following:

1. Spiked shoes can only be worn from **Under 11's** up, and should only be worn at the actual start of an event (track or field). Upon completion of that event PLEASE REMOVE the spiked shoes and wear joggers or other non-spiked shoes.

Wearers of spiked shoes should remain alert to the presence of other competitors or spectators who may be sitting or standing in their vicinity. Athletes can wear spikes for all track events and on the following field events: Long Jump, High Jump and Triple Jump.

### N.B. SPIKE LENGTH ON SYNTHETIC TRACKS '-

When competing on these tracks, strict rules apply on the length of spikes used. The following usually applies:

For track events 7mm synthetic track spikes are used. For starting blocks: 10mm spikes are allowed, Field events 9mm spikes.

2. Athletes from Under 11 up are permitted to use starting blocks in the following events:- 70m, 100m, 200m, 400m, Hurdles and Relays (the first leg-runner only) (Starting blocks are of course optional equipment for athletes).
3. Shoes must be worn at all times at Mc Evoy Oval.
4. No field event implements (shot put, discus) should be handled by anyone except a competitor in the circle about to compete. While waiting for your turn, do not handle any equipment in the bucket which will be under the supervision of your team manager.

Anyone assisting with the placement of position markers for throwing events should ensure that they have their eyes on the competitor at all times until the throw is executed.

5. Athletes in the Under 9 age group must use the Scissor Kick technique for high jump and not the Fosbury Flop.
6. Nobody should pass in front of a competitor who is about to execute a throw in the discus, shot put or javelin event.
7. Please obey any instructions given by an official or team manager.

## 2015/2016 Season Dates

|                                  |  |
|----------------------------------|--|
| Friday 9 October 2015            | 1st Competition Night                                |
| Friday 16 October 2015           | Competition Night                                    |
| Friday 23 October 2015           | Competition Night                                    |
| Friday 30 October 2015           | Competition Night                                    |
| Friday 6 November 2015           | Competition Night (zone entries in)                  |
| Friday 13 November 2015          | Competition Night                                    |
| Friday 20 November 2015          | Competition Night                                    |
| Friday 27 November 2015          | Competition Night                                    |
| Friday 4 December 2015           | Competition Night                                    |
| Friday 11 December 2015          | <b>NO CLUB COMPETITION</b>                           |
| <i>Friday 11 December 2015</i>   | <i>Central Coast Zone Carnival Mingara</i>           |
| <i>Saturday 12 December 2015</i> | <i>Central Coast Zone Carnival Mingara</i>           |
| <i>Sunday 13 December 2015</i>   | <i>Central Coast Zone Carnival Mingara</i>           |
| Friday 18 December 2015          | Last competition Night for 2015                      |
| Friday 15 January 2016           | Club Pentathlon                                      |
| Friday 22 January 2016           | Competition Night (TBA)                              |
| Friday 29 January 2016           | Competition Night                                    |
| Friday 5 February 2016           | Competition Night                                    |
| Friday 12 February 2016          | Competition Night                                    |
| <i>13 Saturday February 2016</i> | <i>Regional Carnival - Glendale Athletics Centre</i> |
| <i>14 Sunday February 2016</i>   | <i>Regional Carnival - Glendale Athletics Centre</i> |
| Friday 19 February 2016          | Competition Night                                    |
| Friday 26 February 2016          | Competition Night                                    |
| Friday 4 March 2016              | Competition Night                                    |
| Friday 11 March 2016             | Competition Night                                    |
| Date TBA                         | Club Presentation – Ettalong Bowling Club            |

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